Psychology of Violence

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Gabriel J. Merrin, Jordan P. Davis, Daniel Berry, and Dorothy L. Espelage Online First Publication, September 27, 2018. http://dx.doi.org/10.1037/vio0000207

CITATION

Merrin, G. J., Davis, J. P., Berry, D., & Espelage, D. L. (2018, September 27). Developmental Changes in Deviant and Violent Behaviors From Early to Late Adolescence: Associations With Parental Monitoring and Peer Deviance. *Psychology of Violence*. Advance online publication. http://dx.doi.org/10.1037/vio0000207



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Developmental Changes in Deviant and Violent Behaviors From Early to Late Adolescence: Associations With Parental Monitoring and Peer Deviance

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Objective: The continuity of adolescent deviant and violent behaviors has serious implications for engagement in criminal activities in adulthood. The current study examined the effect of parenting and peer ecologies on the development of deviant and violent behaviors during adolescence. Method: An accelerated longitudinal design was used to analyze the associations of parental monitoring and peer deviance with the trajectories of adolescent deviant and violent behaviors from the spring of Grade 5 through the spring of Grade 11 (N = 1,162). A series of multilevel models were fitted to the data. Between- and within-person associations were used to test the moderating effects of parental monitoring on the development of deviant and violent behaviors. Results: Changes in deviant and violent behaviors were evident across adolescence. Support for the moderating effect of between- and within-person parental monitoring on the development of deviant and violent behaviors in adolescence was found. Two cross-level interactions among within-person peer deviance and between-person parental monitoring and within-person parental monitoring and between-person peer deviance were found, suggesting support for the moderating effect of parental monitoring. Additionally, a significant interaction among betweenperson parental monitoring and between-person peer deviance indicated that individuals who reported lower levels of parental monitoring and higher levels of peer deviance reported the highest levels of deviant and violent behaviors, and adolescents who reported higher levels of parental monitoring and higher levels of peer deviance reported less positive growth. Conclusion: The findings underscore the important role parents play in offsetting the adverse outcomes of having deviant friends.

Keywords: deviant and violent behaviors, parental monitoring, peer deviance, adolescence, growth model

Supplemental materials: http://dx.doi.org/10.1037/vio0000207.supp

Adolescence is a developmental period marked by increased deviant and antisocial behaviors (Moffitt, 2006). For most, engagement in antisocial activity desists as adolescents become young adults; however, for some individuals, the continuity of deviant and violent behaviors during adolescence and young adulthood has significant implications for sustained engagement in criminal, violent, and delinquent behaviors in adulthood (Broidy et al., 2003; Moffitt, 1993, 2006). Several studies have examined socialecological risk and protective factors and long-term behavioral and health consequences related to adolescent deviant and violent behaviors (Brook, Lee, Finch, Brown, & Brook, 2013; Loeber & Farrington, 1998; Loeber et al., 2003; Loeber, Farrington, Stouthamer-Loeber, & Van Kammen, 1998; Moffitt, 1993).

Family and peer ecologies are two prominent social domains that are often examined to understand the role of social-ecological risk and protective factors in the development of adolescent deviant and violent behaviors (Fletcher, Steinberg, & Williams-Wheeler, 2004; Trudeau, Mason, Randall, Spoth, & Ralston, 2012). Several studies find parental monitoring efforts to be an important buffer against peer influences on individual rates of

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The author(s) declared receipt of the following financial support for the research, authorship, and/or publication of this article: Funded by Centers

for Disease Control and Prevention 1U01/CE001677 (Espelage, principal investigator). The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

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deviant and violent behaviors (Galambos, Barker, & Almeida, 2003; Laird, Criss, Pettit, Dodge, & Bates, 2008; Trucco, Colder, & Wieczorek, 2011). The current study seeks to clarify and extend the existing parental monitoring literature by examining the moderating role of parental monitoring at both the within- and between-person levels of analysis from early to late adolescence. Partitioning variance at both the between- and within-person levels of analysis allows for a more detailed examination of the role parental monitoring and peer deviance play in the development of deviant and violent behaviors across adolescent development. Further, unlike most studies that focus on average differences between people, a within-person approach examines the extent to which individuals deviate from their own average levels over time, which is arguably a more meaningful level of analysis for studying developmental changes within individuals (Hoffman, 2015). A more robust understanding of the factors associated with the development and stability of deviant and violent behaviors during adolescence can inform intervention and prevention efforts.

Parental Monitoring, Peer Deviance, and Deviant and Violent Behaviors

The family context is an important social ecology within which individuals develop, learn, and model behaviors taught and reinforced by parents and other family members (Dishion & Patterson, 2006). One construct that has received much attention in the literature is parental monitoring. Parental monitoring is typically defined as knowing the whereabouts and activities of one's child and fostering positive communication to reduce the risk of deviant and antisocial behaviors (Stattin & Kerr, 2000). Parental monitoring has been found to be one of the strongest parenting practices associated with lower rates of adolescent deviant and violent behaviors (Hoeve et al., 2009). Research has shown that parental monitoring practices can buffer the development of various individual outcomes including substance use and deviant and violent behaviors (Fosco, Stormshak, Dishion, & Winter, 2012; Hirschi, 2002; Kiesner, Poulin, & Dishion, 2010; Li, Feigelman, & Stanton, 2000).

The association between parental monitoring and deviant or aggressive behavior is not unidirectional in nature but involves a dynamic and reciprocal association between the parent and the child. Studies that examine the transactional relations among parental monitoring and deviant and violent behaviors find that low monitoring habits are associated with increases in deviant and violent behaviors, whereas higher rates of deviant and violent behaviors are associated with decreases in parental knowledge and monitoring practices (Gault-Sherman, 2012; Laird et al., 2008; Patterson, Reid, & Dishion, 1992). Further, early forms of deviant and violent behaviors have been found to undermine ongoing parental monitoring efforts (Bullock & Dishion, 2002). Several studies have also examined the longitudinal associations between parental monitoring practices and the development of deviant and violent behaviors during adolescence. Barnes, Hoffman, Welte, Farrell, and Dintcheff (2006) found that adolescents with higher levels of parental monitoring had lower initial levels and a slower rate of change in alcohol misuse and delinquency. These findings highlight the dynamic nature of parental monitoring and deviant and violent behaviors across adolescence.

Although increased parental monitoring has been found to be associated with lower rates of deviant and violent behaviors, there has been some debate in the parenting literature regarding the utility of active monitoring strategies compared with parental knowledge (Kerr & Stattin, 2003). Stattin and Kerr (2000) noted that child disclosure is one method used by parents to obtain knowledge about their child's activities and whereabouts. These authors argued that child disclosure is a stronger predictor of deviant and problem behaviors than parental monitoring. However, in some cases, particularly among delinquent youth, adolescents may refuse to disclose details concerning their personal activities, which limits the utility of child disclosure measures. Additionally, Stattin and Kerr's work has not been evaluated using a variety of samples like those youth at risk for deviancy. Further work is needed in this area to examine these differences among normative and at-risk samples. The current study uses a parental monitoring variable that includes several items that specifically assess behavioral indicators of active parental monitoring and items that assess parental knowledge.

The transition from middle to high school is a period when youth begin to spend less time with their parents and more time with their peers. This period is marked by increases in parentchild conflicts and adolescent engagement in antisocial and risktaking behaviors (Arnett, 1999; Moffitt, 1993). The change can create more opportunities for adolescents to interact with deviant peer groups and for peer groups to influence the development and behaviors of adolescents in turn (Snyder, 2002). Deviant peer affiliations have been linked to increases in individual rates of deviance including substance use (Galambos et al., 2003; Kiesner et al., 2010; Laird et al., 2008; Simons, Chao, Conger, & Elder, 2001) and aggression over time (Barnes et al., 2006; Benson & Buehler, 2012; Fergusson, Swain-Campbell, & Horwood, 2002). These deviant peer groups can create the context, norms, and opportunities for deviant and violent behaviors to play out (Farrell & Barnes, 2000; Haynie & Osgood, 2005), and in many cases, deviant adolescents may seek out or be sought after by deviant peer groups, further reinforcing individual engagement in deviant and violent behaviors (Scaramella, Conger, Spoth, & Simons, 2002; Vitaro, Tremblay, & Bukowski, 2001). Several studies have found that adolescents who engage in higher rates of deviant and violent behaviors typically spend large amounts of unsupervised time with friends who also engage in deviant and violent behaviors (Haynie & Osgood, 2005; Vitaro et al., 2001). Given the continuity and risk for continued engagement in deviancy, youth who exhibit high rates of deviant and violent behaviors and who remain affiliated with deviant peer groups warrant further investigation. Adolescents spend a great deal of time with both their parents and peers during this period of development, resulting in the potential for overlap between the family and peer contexts on the development of deviant and violent behaviors; so, it is important to consider the association between the development of parental monitoring and peer deviance together.

Disaggregating Within- and Between-Person Effects

Several studies have examined deviant peer affiliations and parental monitoring practices together and have found parental monitoring to be an important moderator against the positive association between deviant peer affiliations and the development of adolescent deviant and violent behaviors (Barnes, Reifman, Farrell, & Dintcheff, 2000; Bowman, Prelow, & Weaver, 2007; Galambos et al., 2003; Kiesner et al., 2010; Laird et al., 2008; Van Ryzin, Fosco, & Dishion, 2012). Despite previous evidence on the moderating role of parental monitoring, many of the longitudinal studies examine average differences between people or how individuals differ from each other in relation to a grand mean over time (i.e., between-person; Barnes et al., 2000; Harris-McKoy & Cui, 2013; Van Ryzin et al., 2012). Few studies have considered how individuals differ from their typical levels, that is, how individuals vary in relation to their own mean over time (i.e., within-person). Failure to consider within-person differences systematically ignores how individuals change over time with respect to their own trajectory, which is arguably the most meaningful level of analysis for development (Hoffman, 2015). Understanding how individual rates of deviant and violent behaviors change from an individual's typical level (state-like) and over time (trait-like) can provide more detailed information about the continuity and discontinuity in the development of deviant and violent behaviors. For example, we examined whether time-specific changes in parental monitoring were associated with concurrent decreases in deviant and violent behaviors (state-like) and, at the same time, examined whether individuals with higher average rates of parental monitoring had lower rates of deviant and violent behaviors over time (trait-like). Within- and between-person levels of analyses hold different substantive meanings, and when examined together can assess the development of deviant and violent behaviors across different levels of analysis. Further, because within- and between-person levels carry different substantive meanings, the magnitude and direction of the effects of the within- and between-person variables have the potential to be different. To date, no study has examined the moderating effect of parental monitoring on the development of deviant and violent behaviors using a multilevel framework that spans both middle school and high school.

Current Study and Hypotheses

The intersection of parenting and peer ecologies during adolescence occurs during a developmental stage in life where changes are frequent but normative. Although several studies have investigated how parental monitoring and deviancy are related, few have sought to understand how these constructs are related at both the within- and between-person levels of analysis. In the current study, we use a large sample of middle and high school students followed prospectively for 5 years to explore how parental monitoring may mitigate deviant peer affiliations' effect on individual levels of deviant and violent behaviors. Our hypotheses are as follows:

Hypothesis 1: Lower levels of between-person (e.g., one's typical level over time) parental monitoring will be predictive of higher initial levels and a higher rate of change in adolescent deviant and violent behaviors.

Hypothesis 2: Higher levels of between-person peer deviance will be predictive of higher initial levels and a higher rate of change in adolescent deviant and violent behaviors.

Hypothesis 3: On average, within-person (e.g., time-specific deviations from one's typical level) increases in parental mon-

itoring will be associated with contemporaneous decreases in adolescent deviant and violent behaviors.

Hypothesis 4: Increases in peer deviance will be associated with contemporaneous increases in adolescent deviant and violent behaviors.

Hypothesis 5: We expect to find that parental monitoring will moderate the effects of peer deviance on adolescent deviant and violent behaviors at various levels of analyses.

Method

Participants

Participants included 1,162 students sampled from four Midwestern middle schools in Grades 5, 6, and 7, subsequently followed longitudinally for 5 years. Schools were recruited from one school district in a Midwest city. Four principals were approached after district approval, and all four agreed to participate. The four middle schools selected for the study were the primary schools in the city; as such, they encompassed most of the students in the area. Further, these schools were racially diverse and included a range of socioeconomic statuses. The sample included 30.2% White, 55.6% African American, 3.8% Hispanic, and 10.4% other. The sample was 51.8% female and 48.2% male. At Wave 1, 30.5% were in Grade 5, 37.2% were in Grade 6, and 32.3% were in Grade 7. Student reports of mother and father education and free/reduced lunch were used as a proxy for socioeconomic characteristics of the sample. Approximately 42% of the mothers and 46% of fathers had a high school diploma or lower, and 40% of parents graduated college or higher. Free/reduced lunch rates ranged from 60% to 73% in the current sample.

Procedures

Human subjects' approval was obtained by the university institutional review board. Consent was obtained before data collection. Parental consent forms were sent to all students and parents, and the parents were asked to sign and return the consent form only if they did not want their child to participate in the study. Student assent was obtained at each wave of data collection. Students completed the survey in school during standard school hours. Trained proctors obtained student assent, described the study, read the survey aloud (Waves 1–4 only; in Waves 5 and 6, students read to themselves), and answered all student questions. Data collection waves were approximately 6 months apart. The survey took approximately 30–40 min to complete.

The current study used an accelerated longitudinal growth model, that partitioned variance at the within- and between-person levels of analyses, to examine the association between parental monitoring and peer deviance with the development of adolescent deviant and violent behaviors across 10 waves (Grades 5–11). As such, we expected missing data at various points, given the planned missing design. This approach used six waves of data from three cohorts of students and treated them as 10 waves from a single cohort of students using semester grade as the variable for time (see Tables S1 and S2 in the online supplemental materials). That is, Grade 5 students contributed six waves of data beginning in the spring of Grade 5 and ending in the spring of Grade 9, Grade

6 students contributed six waves of data beginning in the spring of Grade 6 and ending in the spring of Grade 10, and Grade 7 students contributed five waves of data beginning in the spring of Grade 7 and ending in the spring of Grade 11 (see Tables S1 and S2 in the online supplemental materials). It should be noted that the fall of Grade 9 only had four individuals, given the planned missing design. Therefore, we did not use this wave in the final analysis due to the low sample size. The design approach provided several advantages and allowed us to (a) examine the continuity or discontinuity in the development of adolescent deviant and violent behaviors; (b) treat multiple cohorts as a single trajectory to model adolescent deviant and violent behaviors over a long period; (c) disaggregate predictors at the within- and between-person levels of analysis, which hold a different substantive meaning; and (d) test the extent to which parental monitoring behaviors moderate the association between peer deviance and adolescent deviant and violent behaviors at multiple levels of analysis (within-person, between-person, and across-level).

Missing Data

A 95% participation rate was achieved at Wave 1. Retention rates varied between the waves because students had six opportunities to participate in the study. For example, students who did not participate in Wave 2 were not excluded from subsequent waves of administration. Retention rates varied from 75% to 84% over time and across cohorts (Grades 5–7). Retention rates were not calculated for participants in Grade 8 at Wave 1 due to their single point of administration. The overall retention rate for the entire study was approximately 80%.

We used Little's missing completely at random (MCAR) test to examine missing data mechanisms and to determine whether the data were MCAR. The MCAR test was significant ($\chi^2 = 114.88$, df = 30, p < .001) and indicated that the data were not MCAR (Enders, 2010; Little, 1988). Although there is no explicit method to formally test the missing at random assumption without knowing the values of the missing dependent variable (e.g., deviant and violent behaviors scores), we took various steps to examine the missing data patterns (Enders, 2010). For example, male participants had more missing data than female participants on parental monitoring ($\chi^2 = 18.82$, df = 1, p < .001), peer deviance ($\chi^2 =$ 17.71, df = 1, p < .001), and deviant and violent behavior ($\chi^2 =$ 17.84, df = 1, p < .001) variables over time. We therefore included sex as well as age and race in our model to adjust for potential bias due to missingness (Enders, 2010). Bias introduced by missing data associated with these variables (and our main effects) is adjusted for in our models. All models were fitted using full information maximum likelihood to address missing data and the robust maximum likelihood estimator to address non-normality in Mplus 7.4 (Muthén & Muthén, 1998-2012).

Measures

Deviant and violent behaviors. This 8-item scale is based on Jessor and Jessor's (1977) General Deviant Behavior Scale and asks students to report how many behaviors listed on the measure they took part in during the past year. Strong discriminant and convergent validity have been shown and assessed in various studies (Jessor & Jessor, 1977). For example, as expected, the

Deviant Behavior Scale was positively associated with substance use and bullying behaviors and negatively associated with academic achievement and caring behaviors. The scale consists of items such as "Got into a physical fight," "Carried a knife or gun," and "Damaged school or other property that did not belong to you." Although several of the items assess general deviance, some items include aggressive acts like damaging school and other property, stealing from peers and stores, and getting into fights and carrying a weapon. Responses are recorded on a 5-point scale with options ranging from 1 (never) through 5 (10 or more times). Cronbach's α s ranged from .81 to .87 across the six waves.

Parental monitoring. The Parental Monitoring/Supervision subscale from the Seattle Social Development Project (Arthur, Hawkins, Pollard, Catalano, & Baglioni, 2002) was used to measure perceptions of established familial rules and perceived parental awareness regarding schoolwork and attendance, peer relationships, alcohol or drug use, and weapon possession. The current scale has been widely used to assess parenting behaviors and has shown strong discriminant and convergent validity (Arthur et al., 2002). The subscale included eight items measured on a 4-point Likert-type scale ranging from 0 (never) through 3 (always). Example items include "My family has clear rules about alcohol and drug use" and "My parents ask if I've gotten my homework done." In the current study, Cronbach's αs ranged from .86 to .93 across the six waves.

Peer deviance. This 7-item scale (Institute of Behavioral Science, 1987) asks students to report how many of their friends engaged in delinquent behaviors in the past year, including "Hit or threatened to hit someone," "Purposely damaged or destroyed property that did not belong to them," and "Used alcohol." Responses are recorded on a 5-point Likert-type scale with options ranging from 0 (*none of them*) through 4 (*all of them*). The Peer Deviance Scale has been widely used in past research and has shown strong discriminant and convergent validity (Institute of Behavioral Science, 1987). Cronbach's αs ranged from .86 to .90 across the six waves.

Demographic variables. Demographic characteristics were determined through self-reports of sex, race, and age. Sex was coded such that male was the reference group. Race was coded such that White was the reference group. The race variable included White, Black, and Other; all other races were included in the other category. Age was treated as a continuous variable.

Time and cohort variables. Time and cohort were also predictors in our model. Time was scaled as semester, centered on the spring of Grade 5. Semester grade was chosen for the measure of time because it conceptually reflects development in adolescent deviant and violent behaviors during the middle and high school years. Thus, the random intercept in our growth model represents variability in student levels of deviant and violent behaviors at the spring of Grade 5.

Data Analytic Plan

An accelerated longitudinal design was employed using six waves of data from three cohorts and treated them as 10 waves from one cohort. As an initial step, we tested for cohort differences or linkage (Miyazaki & Raudenbush, 2000). Testing for cohort differences indicates whether it is suitable to treat each of the three cohorts as part of one single developmental trajectory. Cohort was dummy coded

such that Grade 5 was the reference category. Specifically, we tested two nested models (Table 1). The first included linear and quadratic effects for grade with random Level 2 intercept and slopes. We compared this with a model that included the Level 2 cohort coefficients and the interactions between linear and quadratic effects of grade by cohort. The Cohort \times Time interactions were not significant, suggesting that there were no cohort differences, indicating that it was suitable to proceed with the accelerated longitudinal design. In addition, using a likelihood ratio test, the cohort model did not fit the data significantly better than the model without cohort effects (Δ Likelihood Ratio = -420.0, df = 6, p = .99), so we opted to use the more parsimonious model without the cohort variables (Table 1). Estimates across the three cohorts are thus treated as one common developmental trajectory.

The Level 2 time-invariant predictors were grand-mean-centered and referred to average between-person differences. The Level 1 time-variant predictors were person-mean-centered and treated individuals as their own control, thereby adjusting for all observed and unobserved time-invariant confounds while allowing for the partitioning of within-person variance.

We fitted a taxonomy of multilevel growth curve models (Singer & Willett, 2003). In a series of unconditional and conditional models, we first established plausible growth models for individuals' deviant and violent behavior trajectories. In subsequent models, we tested our hypotheses by examining systematic groups of conditional growth models. We first tested the respective main effect relations between parental monitoring and peer deviance with adolescent deviant and violent behaviors. To test the

Table 1
Nested Growth and Cohort Models

	Parameter estimates (SE)			
Fixed and random effects	Model A	Model B		
Fixed effects				
Intercept	1.202*** (.028)	1.233*** (.037)		
Linear slope	.057*** (.014)	.030 (.022)		
Quadratic slope	$005^{***}(.001)$	001(.003)		
Cohort 6		.030 (.071)		
Cohort 7		.081 (.185)		
Time \times Cohort 6		015(.035)		
Time \times Cohort 7		005(.063)		
Time \times Time \times Cohort 6		.002 (.004)		
Time \times Time \times Cohort 7		001(.005)		
Random effects				
Intercept within	.092*** (.003)	.103*** (.004)		
Intercept between	.085*** (.022)	.103*** (.004)		
Linear slope	.039*** (.009)	.001 (.001)		
Quadratic slope	.001*** (.001)	.001 (.001)		
Contrasts				
Cohort 6 vs. Cohort 7		.05 (.191)		
Fit indices				
-2LL	3669.42	4089.42		
AIC	3989.412	4115.420		
BIC	4051.304	4195.881		

Note. The likelihood ratio test was not significant ($\Delta LR = -420.0, df = 6, p = .99$). The cohort model includes cohort coefficients at Level 2 and a Time \times Cohort interaction. Cohort effects were not significant. -2LL = -2 Log Likelihood; AIC = Akaike information criterion; BIC = Bayesian information criterion.

extent to which parental monitoring moderated the between- and within-person relations between peer deviance and deviant and violent behaviors, we subsequently added the respective within-level, between-level, and cross-level interaction terms to the model. Nonsignificant interactions were removed from the full model for parsimony. Nested models were evaluated for model fit using significant reductions in -2 log likelihood. Our final model is described in Equation 1.

Level 1:

$$\begin{aligned} Deviant/ViolentBehaviors_{ij} &= \beta_{0i} + \beta_{1i}(Time)_{ij} \\ &+ \beta_{2i}(Time)_{ij}^2 + \beta_{3i}(Monitor_{ij} - \overline{Monitor_{i}}) \\ &+ \beta_{4i}\left(PeerDeviance_{ij} - \overline{PeerDeviance_{i}}\right) + \varepsilon_{ij} \end{aligned} \tag{1}$$

$$\beta_{0i} = \gamma_{00} + \gamma_{01}(Sex)_i + \gamma_{02}(Age)_i + \gamma_{03}(Black)_i + \gamma_{04}(Other)_i$$

$$+ \gamma_{05}(\overline{Monitor})_i + \gamma_{06}(\overline{PeerDeviance})_i$$

$$+ \gamma_{07}(\overline{Monitor} * \overline{PeerDeviance})_i + \zeta_{0i}$$
(2)

$$\beta_{1i} = \gamma_{10} + \gamma_{11}(Sex)_i + \gamma_{12}(Age)_i + \gamma_{13}(Black)_i + \gamma_{14}(Other)_i$$

$$+ \gamma_{15}(\overline{Monitor})_i + \gamma_{16}(\overline{PeerDeviance})_i$$

$$+ \gamma_{17}(\overline{Monitor} * \overline{PeerDeviance})_i + \zeta_{1i}$$
(3)

$$\begin{split} \beta_{2i} &= \gamma_{20} + \gamma_{21}(Sex)_i + \gamma_{22}(Age)_i + \gamma_{23}(Black)_i + \gamma_{24}(Other)_i \\ &+ \gamma_{25}(\overline{Monitor})_i + \gamma_{26}(\overline{PeerDeviance})_i \end{split}$$

$$+ \gamma_{27} \overline{(Monitor * PeerDeviance)}_i + \zeta_{2i}$$
 (4)

$$\beta_{3i} = \gamma_{30} + \gamma_{31} \overline{(PeerDeviance)}_i + \zeta_{3i}$$
 (5)

$$\beta_{4i} = \gamma_{40} + \gamma_{41} \overline{(Monitor)}_i + \zeta_{4i} \tag{6}$$

$$\begin{bmatrix} \zeta_{0i} \\ \zeta_{1i} \\ \zeta_{2i} \\ \zeta_{3i} \\ \zeta_{4i} \end{bmatrix} \sim N \begin{bmatrix} 0 \\ 0 \\ 0 \\ 0 \\ 0 \end{bmatrix} \begin{bmatrix} \sigma_0^2 & \sigma_{01} & \sigma_{02} & \sigma_{03} & \sigma_{04} \\ \sigma_{10} & \sigma_1^2 & \sigma_{12} & \sigma_{13} & \sigma_{14} \\ \sigma_{20} & \sigma_{21} & \sigma_2^2 & \sigma_{23} & \sigma_{24} \\ \sigma_{30} & \sigma_{31} & \sigma_{32} & \sigma_3^2 & \sigma_{34} \\ \sigma_{40} & \sigma_{41} & \sigma_{42} & \sigma_{43} & \sigma_4^2 \end{bmatrix}, \quad \varepsilon_{ij} = \sim N(0, \sigma_{\varepsilon}^2)$$
(7)

Results

Descriptive Statistics

Means and standard deviations for deviant and violent behaviors, parental monitoring, and peer deviance for each semester grade are presented in Table 2. Growth in deviant and violent behaviors increased during middle school (Grades 5–8), peaking in Grade 8. In high school (Grades 9–11), average levels of deviant and violent behaviors decreased each consecutive year. Changes in average deviant and violent behaviors scores were consistent with a quadratic effect of growth in which levels of deviant and violent behaviors taper off by Grade 11. Parental monitoring showed fluctuating patterns over time showing the lowest average levels during Grades 8 and 11 and the highest levels during Grades 6 and 9. Consistent with quadratic growth, as

^{**} p < .001.

Table 2
Means and Standard Deviations of Deviant and Violent Behaviors,
Parental Monitoring, and Peer Deviance Across Time

Time	Deviant and violent behaviors		Parental monitoring		Peer deviance	
(grade level)	M	SD	M	SD	M	SD
Spring Grade 5	1.27	.53	.80	.30	1.46	.68
Fall Grade 6	1.25	.38	.84	.24	1.52	.61
Spring Grade 6	1.26	.40	.85	.25	1.55	.64
Fall Grade 7	1.29	.46	.81	.28	1.54	.66
Spring Grade 7	1.33	.49	.83	.26	1.65	.71
Fall Grade 8	1.33	.53	.76	.29	1.70	.79
Spring Grade 8	1.40	.53	.81	.27	1.82	.84
Spring Grade 9	1.32	.45	.86	.27	1.67	.79
Spring Grade 10	1.34	.44	.85	.29	1.69	.83
Spring Grade 11	1.26	.43	.72	.38	1.54	.80

students progressed through middle school, peer deviance increased, and during high school, peer deviance decreased. Correlations are presented in Table 3.

Preliminary Model Results

Preliminary models. Preliminary models suggested support for several of our hypotheses. Table 4 displays a taxonomy of six nested models and are labeled Models 1–6, respectively. We began by fitting a taxonomy of unconditional growth models to establish a plausible model for the population average deviant and violent behavior growth function. First, we fitted an unconditional means model or null model to the data and obtained an intraclass correlation of .50 that indicated that approximately 50% of the total variance in adolescent deviant and violent behavior was between people, with the remaining 50% of variance within people. In addition, using the final model, we rechecked whether there was a cohort effect between the three cohorts (Grades 5, 6, and 7) and again found no significant differences ($\Delta LR = 41.52$, df = 36, p = .243).

Between-person effects and deviant and violent behavior **trajectories.** Table 4 (Model 4) presents the between-person predictors and demographic covariates. Regarding sex, on average, female participants reported lower engagement in deviant and violent behaviors over time (b = -.079, p < .001). This corresponded to a .04 SD decrease in deviant and violent behaviors for female participants. Age (b = -.003, p = .84) and race variables of African American (b = .009, p = .87) and other (b = -.008, p = .71) were not significant. There was evidence that higher levels of average parental monitoring tended to show comparatively lower levels of deviant and violent behaviors over time (b = -.389, p < .001). This corresponded to a standardized effect of approximately -.20 and indicated that a 1 SD increase in parental monitoring was associated with a .20 SD decrease in deviant and violent behaviors. Individuals who reported higher levels of between-person peer deviance showed comparatively higher levels of deviant and violent behaviors over time (b = .385, p < .001). This corresponded to a standardized effect of .53, which indicated that a 1 SD increase in peer deviance was associated with a .53 SD increase in deviant and violent behaviors. There were also

significant interactions with between-person parental monitoring and quadratic time, suggesting the magnitude of the between-person relations varied across time (b = .015, p < .01).

A statistically significant interaction (Model 6) among betweenperson parental monitoring and between-person peer deviance provided evidence for the moderating effect of parental monitoring on individual rates of deviant and violent behaviors (b = -.570, p < .001). The interaction is most clearly displayed in Figure 1, which presents four prototypical trajectories of individuals in the sample with different combinations of high and low parental monitoring and peer deviance. Individuals who reported having both high (+1 SD) levels of peer deviance and parental monitoring had trajectories with lower rates of adolescent deviant and violent behaviors than individuals who reported low parental monitoring and high peer deviance. Individuals in the low (-1 SD) parental monitoring and low peer deviance groups had the second lowest initial rates of adolescent deviant and violent behaviors and growth over time, whereas individuals with high parental monitoring and low peer deviance had trajectories associated with the lowest initial rates of adolescent deviant and violent behaviors; however, rates for these individuals increased over time. The Level 2 interaction was not significant with linear or quadratic growth; thus, the effect of the interaction was constant across time and people. All four simple slopes were significant.

Within-person changes in parental monitoring, peer deviance, and deviant and violent behaviors. Preliminary models indicated that, on average, within-person increases in parental monitoring were associated with contemporaneous decreases in adolescent deviant and violent behavior (b = -.139, p < .001; Table 4, Model 4). That is, on average, when individuals reported higher parental monitoring than typical levels, they also reported lower rates of deviant and violent behaviors. A standardized effect of -.06 indicated that a 1 SD increase in within-person parental monitoring was associated with a .06 SD decrease in deviant and violent behaviors. Furthermore, main effects of within-person peer deviance indicated that at time points when individuals reported having more deviant peers than their typical amount, they also reported higher rates of deviant and violent behaviors (b = .142, p < .001; Table 4, Model 4). In standardized units, 1 SD increase in within-person

Table 3
Bivariate Correlations Among Predictors, Covariates, and
Deviant and Violent Behaviors Across Time

Variables	1	2	3	4	5	6	7
1. DVB	1	_	_		_		_
2. WPPM	04*	1	_	_	_	_	_
3. WPPD	.13**	.02	1	_	_	_	_
4. BPPM	28**	.00	.00	1	_	_	_
5. BPPD	.43**	.00	.00	22**	1	_	_
Female	09**	.00	.00	.13**	.2*	1	_
7. Age	.09**	.00	.00	13**	.17**	02^{*}	1

Note. Between-person and within-person variables are orthogonal and share no variance, thus correlations between the centered within- and between-person variables are zero. DVB = deviant and violent behaviors; WPPM = within-person parental monitoring; WPPD = within-person peer deviance; BPPM = between-person parental monitoring; BPPD = between-person peer deviance.

^{*} p < .05. ** p < .001.

Table 4
Estimates of Fixed and Random Effects From a Series of Growth Models Using Parental Monitoring and Peer Deviance to Predict Adolescent Deviant and Violent Behaviors

	Parameter estimates (SE)					
Fixed and random effects	Model 1	Model 2	Model 3	Model 4	Model 5	Model 6
Fixed effects						
Intercept	1.20*** (.03)	1.22*** (.04)	1.24*** (.035)	1.34*** (.030)	1.34*** (.030)	1.30*** (.031)
Linear slope	0.057*** (.014)	0.046*** (.014)	.032** (.013)	.010 (.012)	.008 (.012)	.019 (.012)
Quadratic slope	-0.005^{***} (.001)	-0.004**(.001)	002(.001)	.001 (.001)	.001 (.001)	001 (.001)
Female		-0.097^{***} (.023)	101*** (.024)	079^{***} (.019)	079^{***} (.019)	076*** (.018)
Age		0.029** (.011)	.034** (.012)	003 (.010)	003 (.010)	002(.009)
African American		0.101*** (.027)	.116*** (.028)	.009 (.022)	.010 (.022)	.030 (.022)
Other		.019 (.036)	.028 (.038)	008(.029)	007(.029)	.004 (.028)
WP peer deviance			.136** (.015)	.142*** (.014)	.150*** (.014)	.146*** (.014)
WP monitoring			133*** (.038)	139*** (.038)	158*** (.038)	156*** (.038)
BP peer deviance				.385*** (.017)	.384*** (.017)	.316*** (.051)
BP monitoring				389*** (.045)	387*** (.045)	308** (.114)
WPMon \times BPPeerD					202**(.073)	176** (.072)
WPPeerD \times BPMon					462*** (.067)	448*** (.067)
$BPMon \times BPPeerD$						570*** (.163)
$BPMon \times Time$						097(.054)
$BPPeerD \times Time$.023 (.025)
$BPMon \times BPPeerD \times Time$.012 (.082)
$BPMon \times Time \times Time$.015** (.006)
$BPPeerD \times Time \times Time$						005 (.003)
$BPPeerD \times BPMon \times Time \times Time$						001 (.010)
Random effects						
Within-person intercept	.092*** (.003)	.092*** (.003)	.050*** (.003)	.052*** (.003)	.052*** (.003)	.053*** (.003)
Between-person intercept	.085*** (.022)	082*** (.022)	.108*** (.020)	.049*** (.14)	.047*** (.014)	.028* (.012)
Linear slope	.039*** (.009)	.039*** (.009)	.031*** (.008)	.018** (.006)	.018** (.006)	.010 (.005)
Quadratic slope	.001*** (.001)	.001*** (.000)	.001*** (.000)	.001*** (.000)	.001*** (.000)	.001** (.000)
WP peer deviance			.053*** (.007)	.052*** (.007)	.040*** (.006)	.040*** (.006)
WP monitor			.211*** (.047)	.216*** (.047)	.202*** (.045)	.200*** (.044)
Fit indices						
-2LL	3969.42	3926.73	3346.574	2788.56	2738.022	2617.978
AIC	3989.412	3419.344	3382.574	2828.56	2782.022	2675.978
BIC	4051.304	3461.010	3493.340	2951.633	2917.402	2854.434
DF	10	14	18	20	22	29

Note. Model 1 is a conditional growth model with linear and quadratic effects of growth that allows growth to vary randomly between people. Model 2 added the main effect of sex (male = reference), age, and race dummy variables of African American and other, with White as the reference group (M1 to M2; Δ LR = 42.69, Δ df = 4, p < .001). Model 3 added the main effects of within-person time-variant peer deviance and parental monitoring (M2 to M3; Δ LR = 580.16, Δ df = 4, p < .001). Model 4 added the main effects of between-person time invariant peer deviance and parental monitoring (M3 to M4; Δ LR = 558.01, Δ df = 2, p < .001). Model 5 added the interactions among within-person peer deviance and between-person parental monitoring and within-person peer deviance and between-person peer deviance (M4 to M5; Δ LR = 50.54, Δ df = 2, p < .001). Model 6 added the interactions among between-person peer deviance and between-person parental monitoring, (M5 to M6; Δ LR = 120.04, Δ df = 7, p < .001). Intercept, random linear slope, and quadratic slope were allowed to co-vary. Covariances are not shown for ease of reading. WP = within-person; BP = between-person; WPMon = within-person monitoring; BPPeerD = between-person peer deviance; WPPeerD = within-person peer deviance; BPMon = between-person monitoring; -2LL = -2 Log Likelihood; AIC = Akaike information criterion; BIC = Bayesian information criterion; DF = Degrees of Freedom.

* p < .05. ** p < .01. *** p < .001.

peer deviance was associated with a .16 SD increase in deviant and violent behaviors.

To further investigate our hypothesis of the moderating effect of parental monitoring, we conducted two cross-level interactions that included (a) within-person parental monitoring with between-person peer deviance and (b) within-person peer deviance with between-person parental monitoring. The interaction between within-person parental monitoring and between-person peer deviance (b=-.202, p<..01; Table 4, Model 5) indicated that the association among between-person peer deviance on adolescent deviant and violent behaviors decreases per unit increase in within-person parental monitoring. As depicted in Figure 2, individuals with high between-person peer deviance at low levels of within-person parental monitoring had the highest rates of deviant and

violent behaviors. That is, on average, at time points that individuals reported higher parental monitoring than their *typical* level, they reported lower rates of deviant and violent behaviors at the same occasion; however, this relationship was stronger among individuals with higher average levels of peer deviance (between-person). The simple slope of parental monitoring at high (b = -0.27, SE = 0.06, p < .001) levels of between-person peer deviance was significant, but not at low levels (b = -0.04, SE = 0.06, p = .447).

Figure 3 displays the cross-level interaction among within-person peer deviance and between-person parental monitoring (b = -.462, p < .001; Table 4, Model 5). This interaction indicated that the effect of within-person peer deviance becomes less positive per unit increase in between-person parental monitoring. However, the magnitude of

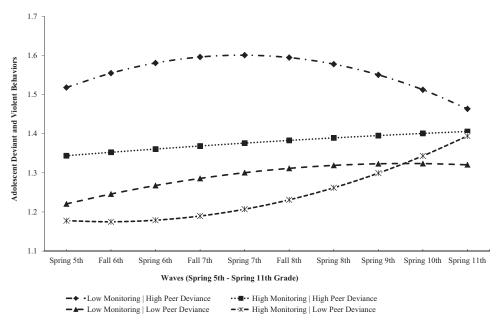


Figure 1. Effects of between-person parental monitoring and between-person peer deviance on adolescent deviant and violent behaviors. High = 1 SD above the mean; Low = 1 SD below the mean. Simple slope of between-person parental monitoring and peer deviance over time. The four groups included low monitoring and low peer deviance (b = 1.09, SE = 0.05, p < .001), low monitoring and high peer deviance (b = 1.66, SE = 0.05, p < .001), high monitoring and low peer deviance (b = 1.11, beta = 0.05, b

the within-person peer deviance effect on contemporaneous increases in deviant and violent behaviors was significantly less for the high parental monitoring group (b=.04, SE=0.02, p=.042) compared with the low parental monitoring group (b=0.25, SE=0.02, p<.001), though both simple slopes were significant. The two cross-level interactions provided evidence of a moderating effect of parental monitoring on the positive association between peer deviance and the development of adolescent deviant and violent behaviors.

Discussion

The current study examined the within-person (time-variant) and between-person (time-invariant) associations between parental monitoring and peer deviance and the development of adolescent deviant and violent behaviors from early to late adolescence. This study extends the current literature by using a multilevel framework that partitioned variance at the within- and between-person

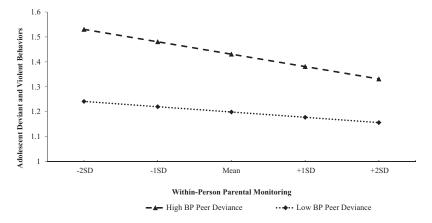


Figure 2. Effects of within-person parental monitoring and between-person peer deviance on adolescent deviant and problem behaviors. High = 1 SD above the mean; Low = 1 SD below the mean; BP = between-person. Simple slopes of within-person parental monitoring at high (b = -0.27, SE = 0.06, p < .001) and low (b = -0.04, SE = 0.06, p = .447) levels of between-person peer deviance, respectively. Deviant and violent behaviors range from 1 to 5.

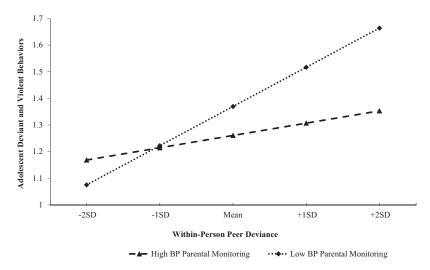


Figure 3. Effects of within-person peer deviance and between-person parental monitoring on adolescent deviant and violent behaviors. High = 1 SD above the mean; Low = 1 SD below the mean. Simple slope of within-person peer deviance at high (b = .04, SE = 0.02, p = .042) and low (b = 0.25, SE = 0.02, p < .001) levels of between-person parental monitoring, respectively. Deviant and violent behaviors range from 1 to 5.

levels of analyses, providing a more detailed examination of the moderating role of parental monitoring on the development of deviant and violent behaviors across adolescence.

Parental Monitoring, Peer Deviance, and Deviant and Violent Behaviors

As expected, and in line with the extant literature, average parental monitoring decreased over time as participants aged (Pettit, Keiley, Laird, Bates, & Dodge, 2007). Our findings showed that parental monitoring was associated with lower levels of deviant and violent behaviors. Consistent with our hypotheses, individuals who reported higher average rates of parental monitoring reported lower individual rates of deviant and violent behaviors during middle and high school. This finding supports past research that has found positive relations between parental monitoring and adolescent deviant and violent behaviors (Dishion & Patterson, 2006; Hoeve et al., 2009), and further extends this research by examining within-person associations. Controlling for one's average level of parental monitoring, within-person findings suggest that at time points when individuals reported higher rates of parental monitoring than their typical level, they reported lower levels of deviant and violent behaviors. This finding suggests that parents who increase monitoring habits respective to their child's typical levels may help reduce their children's engagement in deviant and violent behaviors. Similar findings have been reported in a study that examined the within-person associations between parental monitoring and time spent in criminogenic settings (Janssen, Deković, & Bruinsma, 2014).

Further, our findings suggest that individuals with more deviant peers engaged in more deviant and violent behaviors. Research has found similar positive associations between peer deviance and deviant and violent behaviors (Fergusson et al., 2002; Keenan, Loeber, Zhang, Stouthamer-Loeber, & Van Kammen, 1995). However, our study extended the current literature by examining the association at the within-person level, which carries a different

substantive meaning. That is, when individuals reported higher levels of peer deviance than their *typical* levels, they also reported higher levels of deviant and violent behaviors. Irrespective of the number of deviant friends, time-specific increases in deviant peer affiliations were associated with increases in deviant and violent behaviors. This finding suggests that reducing the number of deviant friends or addressing deviance within the peer group may also reduce individual rates of deviant and violent behaviors for individuals.

Parental Monitoring as a Moderating Construct

Our primary goal was to examine the extent to which parental monitoring moderated the association between peer deviance and deviant and violent behaviors. Our findings suggest that parental monitoring is an important moderator in the association between peer deviance and adolescent deviant and violent behaviors. The four trajectories highlight differences in varying levels of parental monitoring and peer deviance in the association of deviant and violent behaviors from the spring of Grade 5 to the spring of Grade 11. The trajectories with low levels of peer deviance reported the lowest rates of deviant and violent behaviors over time. Specifically, individuals with high parental monitoring and low peer deviance showed the lowest initial rates of deviant and violent behaviors; however, around Grade 8, the slope increased steadily, ending at similar levels as the high parental monitoring and high peer deviance trajectory. This finding suggests that high rates of parental monitoring may be associated with negative outcomes among individuals who do not engage with deviant peers. These individuals may interpret the monitoring behaviors as intrusive or unwarranted and may respond by engaging in higher rates of deviant and violent behaviors. This finding is in line with some previous research that has found parental monitoring to be associated with increases in deviant and violent behaviors (Barber, 1996; Barber & Olsen, 1997). The low parental monitoring and low peer deviance trajectory had the second lowest rates of deviant and violent behaviors, although by the spring of Grade 11, they reported the lowest rates of deviant and violent behaviors. This trajectory may characterize normative trends in engagement in deviant and violent behaviors that peak in Grade 8 and subsequently decline during high school. One of the more important findings from this study was the moderating role of parental monitoring in the context of high peer deviance. Individuals who reported lower levels of parental monitoring and higher levels of peer deviance reported the highest individual rates of deviant and violent behaviors across all four trajectories. Specifically, the low parental monitoring and high peer deviance trajectory reported the highest initial levels and growth over time in deviant and violent behaviors, with rates of deviant and violent behaviors peaking at the spring of Grade 7 and subsequently declining across high school. The moderating role of parental monitoring was most evident in the trajectory that included individuals who reported high parental monitoring and low peer deviance. These individuals reported the second highest rates of deviant and violent behaviors over time, although compared with the low parental monitoring and high peer deviance group, the rates of deviant and violent behaviors were significantly lower over time. These results support previous research that examines the moderating role of parental monitoring (Barnes et al., 2006; Van Ryzin et al., 2012) and extends it by testing the moderation at various levels of analysis (cross-level). The findings underscore the important role parents play in mitigating the development of deviant and violent behaviors, particularly in the context of high deviant peer affiliations.

Across levels, we found that individuals who reported higher average levels of parental monitoring (between-person) were less affected by time-specific changes in peer deviance (within-person) on individual rates of deviant and violent behaviors. Said differently, when adolescents were in environments with more deviant peers than their *typical* levels, they reported higher individual rates of deviant and violent behaviors; however, this positive association was mitigated for adolescents who had parents who consistently monitored their behavior. Similarly, at time points when individuals reported higher parental monitoring than their typical levels, they also reported lower rates of deviant and violent behaviors. However, this association was particularly strong for individuals who reported higher average levels of peer deviance over time. Individuals who consistently affiliated with large numbers of deviant peers reported higher average rates of deviant and violent behaviors; however, at time points when they reported higher levels of parental monitoring than their own average levels, they reported lower levels of deviant and violent behaviors. This more nuanced examination suggests that high levels of parental monitoring over time help to moderate time-specific increases in peer deviance on increases in deviant and violent behaviors. As such, individuals with high levels of peer deviance over time may benefit more from time-specific increases in parental monitoring in reducing deviant and violent behaviors.

Limitations

The current study has several limitations that should be noted. First, the present study relied solely on self-report data with single reporters, which may have inflated the relations among the constructs (e.g., parental monitoring and deviant and violent behaviors). Multiple reporters would have provided a more robust ex-

amination of the development of deviant and violent behaviors during adolescence. Second, this study used a low-risk sample regarding average rates of deviant and violent behaviors. Current findings should be replicated with more high-risk samples that have higher average rates of adolescent deviant and violent behaviors. Third, the sample consisted of students from one Midwestern county; as such, the generalizability of the findings is geographically limited. Fourth, the reciprocal associations among parental monitoring, peer deviance, and deviant and violent behaviors were not assessed in the current study. It may be the case that deviant and violent behaviors are associated with changes in parental monitoring behaviors or peer deviance. For example, deviant and violent behaviors may be associated with increases in parental monitoring efforts. Accordingly, future research should further examine the directionality of these associations particularly at the within-person level using multilevel cross-lagged models like the auto-regressive latent trajectory model with structured residuals (Berry & Willoughby, 2017). Fifth, the current study only examined one dimension of parenting (e.g., parental monitoring) and does not examine other parenting constructs (e.g., parental warmth and attachment). Similarly, this study only examined the role of the parents in actively monitoring, setting limits, and seeking information about their child. Different combinations of parenting efforts make it difficult to tease apart differences between monitoring, limit setting, and knowledge. In addition, another dimension this study does not address is the extent to which child disclosure to parents may influence parental knowledge and monitoring habits (Kerr & Stattin, 2003).

Clinical and Policy Implications

Notwithstanding these limitations, the current study provides important insight into the relation between parenting and peer ecologies on the development of deviant and violent behaviors during adolescence that has implications for both practice and theory. In practice, the findings can influence prevention efforts by considering the role of parental monitoring to offset the effects of peer deviance on the development of deviant and violent behaviors. Our study found that parental monitoring strategies can moderate the development of deviant and violent behaviors in the context of high levels of deviant peer affiliations. Programs that focus on youth who are at risk may look to use parenting strategies as a way of reducing the influence of deviant peer groups as in the case of multisystemic therapy. Treatment models like multisystemic therapy that are designed to treat youth with extreme forms of antisocial behavior focus heavily on the role of parents and the family (Henggeler, 1997a; LaFavor & Randall, 2012). The homebased model leverages the role of parents to provide treatment in the individual's natural home environment. Interventions that focus on multiple domains like parents have found success in reducing delinquent and deviant and violent behaviors (Henggeler, 1997b). These efforts help youth disengage from deviant peer affiliations and reduce engagement in deviant and violent behaviors. Studies show that increased time spent with peers doing unstructured activities is associated with higher rates of deviant and violent behaviors (Haynie & Osgood, 2005). An important step for reducing the development of deviant and violent behaviors is to remove the deviant peer affiliations that are influencing the behavior of the individual. In addition, increased parental monitoring efforts, particularly in the context of high deviant peer affiliations, may find success in reducing individual engagement in deviant and violent behaviors.

Flexible frameworks, like the vigilant care framework, emphasize the need to adjust parental involvement based on the severity of the situation. The vigilant care framework teaches parents to identify warning signals based on their child's behaviors and increase or decrease involvement (Omer, Satran, & Driter, 2016). The different levels of the framework (e.g., open attention, focused attention, and active protection) provide a range of guidelines that help parents decide when to use caring attitudes versus taking an authoritative stance depending on the situation and its consequences. Our findings suggest that a dynamic framework like vigilant care may find success due to its flexibility. For example, individuals who have higher parental monitoring and low peer deviance showed increases in deviant and violent behaviors over time. This may indicate that these adolescents require more caring attitudes rather than authoritative strategies, whereas individuals with low parental monitoring and high peer deviance may require authoritative strategies that include active protection.

Research Implications

The examination of within- and between-person differences has implications for research and theory as well. The methodological approach contributes to our understanding of the influence of parenting and peer ecologies on the development of deviant and violent behaviors that is not possible with current methodological designs that focus solely on average differences between people over time. For example, we found that within-person peer deviance on adolescent deviant and violent behaviors varied as a function of between-person parental monitoring. If the magnitude of the relation among within-person peer deviance and deviant and violent behaviors is, in fact, stronger for individuals with lower average levels of parental monitoring, as this study suggests, then the underlying mechanism driving the development of deviant and violent behaviors during adolescence may be different for individuals with different levels of parental monitoring. The current results indicate that individuals with high levels of parental monitoring are less influenced by time-specific changes in peer deviance, as it relates to the development of their own deviant and violent behaviors.

Conclusions

The current study offers a unique glimpse into the relations between parental monitoring and peer deviance on the development of adolescent deviant and violent behaviors from early to late adolescence by examining both time-variant and time-invariant associations. Findings from this study show that parenting and peer ecologies are important contributors to the early development of deviant and violent behaviors among middle and high school students. This study adds to the conceptual understanding of deviant and violent behaviors and further informs risk in parenting and peer domains.

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Received June 5, 2017
Revision received May 18, 2018
Accepted May 30, 2018 ■