Spicy Foods

More Cancer Diagnoses

Fewer Cancer

Diagnoses

Higher consumption of plain (non-spicy) foods

Spicy Foods

Higher consumption of plain (non-spicy) foods

is associated with a higher risk of certain types of cancer.

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More Cancel Diagnoses

Fewer Cancer

Diagnoses

Less plain Diet

More plain Diet

Less plain Diet More plain Diet

Source: NHS England

Standard Scatterplot Alternative Scatterplot

Source: NHS England