Spicy Foods Higher consumption of plain (non-spicy) foods

More Cancer

Fewer Cancer Diagnoses

Diagnoses

Spicy Foods

Higher consumption of plain (non-spicy) foods

is associated with a higher risk of certain types of cancer.

is associated with a higher risk of certain types of cancer.

More Cance Diagnoses

Fewer Cancer

Diagnoses

Less plain Diet

More plain Diet

Source: NHS England

Less plain Diet

More plain Diet

Typical Scatterplot

Source: NHS England Atypical Scatterplot