Spicy Foods Higher consumption of plain (non-spicy) foods

More Cancer

Fewer Cancer Diagnoses

Less plain Diet

Diagnoses

Spicy Foods

is associated with a higher risk of certain types of cancer.

Higher consumption of plain (non-spicy) foods

is associated with a higher risk of certain types of cancer.

More Cance Diagnoses

Fewer Cancer Diagnoses

More plain Diet

Less plain Diet

More plain Diet

Source: NHS England

Standard Scatterplot

Source: NHS England Alternative Scatterplot