

# Study Protocol

## Steps:

1. FB participant takes the POEM
  - a. ([https://upenn.co1.qualtrics.com/jfe/form/SV\\_cGaGfJ615UQUqHA](https://upenn.co1.qualtrics.com/jfe/form/SV_cGaGfJ615UQUqHA))
2. If participant is a candidate after the POEM, initiate email contact (email template 1.0)
  - a. If not a candidate, let them know (email template 1.1)
  - b. Note: All email correspondence must be through [gkaguirrelab@sas.upenn.edu](mailto:gkaguirrelab@sas.upenn.edu) and must have the "BLNK Subject Correspondence" label
  - c. Note: Gmail Templates doesn't let you save the original Subject line. Update Subject line, if needed.
3. If participant chooses to move forward, provide them with their Subject ID and the set of Google Forms (email template 2.0 for Mig / email template 2.1 for HaF)
  - a. Record Subject ID and any currently available information in Box
    - i. Box/BLNK\_protected/BLNK protected subject info.xlsx
  - b. Google forms
    - i. (BLNK) GAD-7
    - ii. (BLNK) HIT-6
    - iii. (BLNK) MIDAS
    - iv. (BLNK) Neurobehavioral Symptom Inventory (NSI)
    - v. (BLNK) OSDI
    - vi. (BLNK) PHQ9
    - vii. BLNK Demographics Form
    - viii. BLNK HA Medicine Questionnaire
    - ix. BLNK Medical History Questions
    - x. BLNK Sleep Quality Questionnaire
4. Fill out spreadsheet with Google Forms inclusion/exclusion information
  - a. Dropbox/Your\_Name/BLNK\_data/surveys/BLNK Inclusion Exclusion Criteria.xlsx
5. If eligible, ask for availability, provide consent form to read over, and ask them to keep a headache diary (email template 3.0 for Mig / email template 3.1 for HaF)
  - a. If not a candidate, let them know (email template 3.2)
  - b. Google voice number is included: (215) 278-9507
  - c. Attach consent form to email
    - i. Dropbox/Team Documents/IRBForms/Trigeminal sensitivity in migraine (852532)/2023/Modification June/Aguirre\_ICF.pdf
    - ii. Ensure it is IRB stamped
  - d. If Mig, attach headache diary template to email
    - i. Dropbox/Your\_Name/BLNK\_admin/Experimental design/Summer 2023/Headache Diary Template.docx
6. Schedule subject on GKAguirreLab Calendar and confirm 2-week period without contact lenses (email template 4.0)
7. Confirm schedule and remind them of consent form and headache diary before visit (email template 5.0 for Mig / email template 5.1 for HaF)
8. Follow "Day of Visit Protocol"

9. If Mig, email post-session Google Form 5 days after visit (email template 6.0)
  - a. BLNK Post-Session Questionnaire
  - b. Provide Subject ID and Session Number
  - c. If subject never completes post-session Google Form, make a note of it in the BLNK protected subject info.xlsx excel sheet
    - i. Box/BLNK\_protected/BLNK protected subject info.xlsx