Got it — **a large tree frog** 👍  
Those are strong jumpers and excellent climbers, but they’re still easy to handle safely with the right approach.

**🐸 Best Way to Catch a Large Tree Frog Indoors**

A green frog on a leaf wall

AI-generated content may be incorrect.

A frog on a box

AI-generated content may be incorrect.

A frog on a window

AI-generated content may be incorrect.

**✅ What Works Best (Tree-Frog Specific)**

**What you’ll need**

* A **deep bucket or tall container** (very important)
* A **towel or small sheet**
* **Cardboard** or stiff paper
* Optional: **gloves**

**Step-by-Step (Most Reliable Method)**

1. **Turn off bright lights**  
   Tree frogs calm down in dim light and jump less.
2. **Throw the towel over the frog**  
   This is the key step.
   * Gently toss the towel over it.
   * Frogs freeze when covered.
3. **Cup it through the towel**
   * Use both hands through the towel to gently secure the frog.
   * Don’t squeeze—just prevent jumping.
4. **Place it into the deep container**
   * Lower towel + frog into the bucket.
   * Quickly pull the towel out and cover the bucket with cardboard.
5. **Take it outside immediately**
   * Release it near **trees, bushes, or a garden**.
   * Best done **at night or early morning**.

**🧠 Extra Tips for Large Tree Frogs**

* They can **jump upward and sideways**, so avoid shallow bowls.
* If it’s on a **curtain or wall**, use the towel first—never chase.
* Close doors to other rooms before starting.

**❌ Avoid These Mistakes**

* ❌ Bare-hand grabbing (they’re slippery and can wriggle free)
* ❌ Using brooms (can injure legs)
* ❌ Spraying water mixed with anything (plain water only if needed)

**🌿 Reassurance**

Large tree frogs are:

* **Not aggressive**
* **Not poisonous**
* **Very beneficial** (mosquito control)

You’re doing the right thing by safely relocating it.