Here is some longer blurb in case we need it for Facebook:   
  
Nine Star Ki (pronounced 'key' – the Japanese word for life-force) is possibly the oldest form of astrology in the world. It has its origins in China, coming from the 4000 year-old Book of Changes, known as the I Ching. The ancient principles set out in the I Ching are the foundations of Feng Shui, traditional Chinese medicine and acupuncture. Nine Star Ki is a simple yet profound system, which helps us to understand ourselves and our relationships with others.

Ancient civilisations understood life in terms of yin and yang energy: feminine, dark, passive energy on the one hand; masculine, light, active energy on the other. They believed that the yang energy of the universe was channelled to earth via nine stars: Vega, Polaris and the seven stars of the Big Dipper (part of the Great Bear). They also believed that these stars gave the universal energy a different quality at different times, affecting our climate and giving rise to the concept of seasons. Ancient peoples also understood that the yin energies emanating from the earth shaped our physical environment. It is the interaction between the energy of the universe and the energy of the earth that was believed to influence the energetic dynamic of the year and month in which we were born, thus influencing our character.

Nine Star Ki underpins Feng Shui and as such is rooted in the natural environment. Sometimes referred to as Feng Shui Astrology, Nine Star Ki was developed by people in tune with nature, its forces and patterns. So, for those who cannot accept that our nature in pre-determined by stars and planets alone, Nine Star Ki offers a more grounded approach. In nature, the sages observed nine distinctive stages that occurred in a cycle of nine years, with smaller cycles of nine months and nine days within this. Each stage observed was seen to affect humans in specific ways – physiologically and psychologically, giving rise to nine different personality archetypes, represented by the numbers 1 to 9. Each personality type not only depicts our personality traits, but also reveals our inherent potential – our natural strengths and weaknesses and therefore what we are truly capable of being.