

	400		50	100	150	200	250
Pete		0	42	01:30	02:20	03:09	03:59
Eduardo	minus 10		48	01:36	02:25	03:17	04:06
Laura	Minus 15		55	01:46	02:45	03:38	04:40
Bruce	Minus 20		60	01:51	02:43	03:41	04:37
Hannah			49	01:42	02:38	03:33	04:29
Duggie	Minus 5		53	01:47	02:42	03:41	04:40
Richard	Minus 10		58	01:59	03:00	04:02	05:07

	200		50	100	150	200
Eduardo			38	01:23	02:13	03:02
Pete	Minus 10		54	01:37	02:35	03:24
Bruce	Minus 15	01:01		01:53	02:49	03:46
Laura	Minus 25	01:08		02:02	02:58	03:55
Hannah		51		01:46	02:41	03:37
Duggie	Minus 10	01:04		01:56	02:55	03:50
Richard	Minus 20	01:14		02:13	03:18	04:20

300	350	400
04:42	05:37	06:28
04:58	05:52	06:39
05:36	06:44	07:31
05:34	06:48	07:43
05:25		07:18
05:36	06:44	07:36
06:13	07:48	08:49