

**play
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Free your mind



GTC Annual Winter Training Camp

Playitas, Fuerteventura // **20th - 27th February 2013**



Following the success of last years camp, we have decided to return to Playitas for a second year of sun, sea, sand and geriatric Scandanavian swingers.

Head Coach will once again be Neil Macpherson, with coached swims each morning, swim video analysis, run sessions, education sessions and more miles of smooth tarmac than you can dream of.



We have initially booked 24 places with 2 reserved for coaches so that only leaves 22 spaces. There is a possibility of increasing this if demands dictate but at present we are limited by transfer availability.

Cost - £240.00

Deposit - £75 due by 31st May and final payment (£165.00) due on the 30th November 2012.

If you are interested see the forum for sign up and payment details - **remember your only in once you have paid.**

To help with the organisation we are looking for someone to volunteer as a Social Convener for the trip, organising the group photo, coaches rota, final night dinner and Jamie's Karaoke revival party - let us know if you're willing to help!