

Brighton Ski Patrol - Annual Refresher - October 1st & 2nd 2005

Notice – Saturday - Due to a scheduling conflict the Brighton Refresher will be held in various portions of the Brighton Center (BC), Brighton Manor (Manor) and the Aid Room. Please move quickly between the buildings, this will assure we stay on schedule. The Saturday morning meeting will be held in the lobby area / bus waiting area of the BC. The meetings scheduled for Sunday will be held on the upper floor of the Alpine Rose Lodge.

This year's annual refresher will focus on "Cycle A" of the OEC. The refresher will begin at 7:50 am **October 1st, and October 2nd, 2005 – Brighton Ski Resort – Various Building.** There will be 8 stations for this year's refresher. Each station will be 45 minutes in length with a 5 minute break between. The following information will be a general outline of the weekend's events.

Saturday - October 2nd

7:15 - 7:45 am	Registration
7:50 - 8:05 am	Welcome
8:05 - 8:20 am	Awards
8:20 - 9:20 am	General Patrol Meeting – Let's start the year
9:20 - 9:40 am	Break

Stations - Rotation Schedules:

1st rotation 9:45 - 10:30	5th rotation 1:40 - 2:25
2nd rotation 10:35 - 11:20	6th rotation 2:30 - 3:15
3rd rotation 11:25 - 12:10	7th rotation 3:20 - 4:05
4th rotation 12:50 - 1:35	8th rotation 4:10 - 4:55
Lunch 12:15 - 12:45	

Station "A" – Location - Aid Room

Instructors: **George Felis, Terri Szama, Laurie Jess, Patrick Eibs, Larry Barlage**

Topics: Transportation and Extrication

Lifting techniques, long axis drag, extrication from difficult positions (jams & Pretzels) – Person Direct from the Ground - Lift into the toboggan accident scene, Transferring a patient out of the toboggan onto a movable bed in the aid room

This will include a performance demonstration of your skills

Station "B" – Location - Brown Bag Area Center floor Manor

Instructors: **Lelan Daines, Curt Griffin, Pat Wyche, Steve Achelis**

Topics: Neurological Injury Mgt.

- Chapter 26

Back boarding, log roll, review straps, use of head beds in the aid room

This will include a performance demonstration of your skills

Station "C" – Location – Conference Room Center floor Manor

Instructors: **Kevin Larsen, Tim Bachman**

Topics: Airway and Oxygen Management.

Chapter 6 – administration of oxygen, use of pocket mask for artificial ventilation, use of bag valve mask, suctioning of the oral cavity, oropharyngeal & nasopharyngeal airway
This will include a performance demonstration of your skills and sign off

Station "D" – Location – Lobby Area Sports Desk Top floor of the BC

Instructors: **Kristen Barlage, Julie Semans, Lee Moss**

Topics: Environmental and Medical Emergencies Including snow sports emergencies

Chapters 11, 12,13,14,16

This will include a performance demonstration of your skills

Station "E" – Location - Lobby area outside retail shop

Second floor of the BC

Instructors: **Noreen Brown, Sarah Malin–Craft, Catherine Dalley,**

Topics: Specific Injuries

Burns, bleeding, bandaging, BSI, pediatric considerations, adaptive / special populations

Chapters 2,8,19,30,31

This will include a performance demonstration of your skills

Station "F" – Location – Lobby area Ski Rental Shop Second floor BC

Instructors: **Dave Lund, Jenifer Miya**

Topics: Cold Injury and Common Injury Management

- Chapters 2 and 15

This will include a performance demonstration of your skills

Station "G" – Location – Main Entrance Lobby Ground level BC

Instructors: **Kari Taylor, Scott Cheney, Jeb McCandless, Gary Ren**

Topics: Orthopedic Trauma

Chapters 24, 25

Upper extremity injuries, injuries at or near joints, open fractures.

Application – Traction splits, Flying Arm, Dislocation, Sling & Swathe,

This will include a performance demonstration of your skills

Station "H" – Location – Bus waiting area Ground level BC

Instructors: **Jeff Belnap, Lisa Woolever, Herb Lloyd**

Topics: Patient Assessment and Shock Management

- Chapter 6 - Shock Management
- Chapter 9 – Patient assessment, responsive medical patient, vital signs determination

Remember to bring a lunch on both days

Dress for the Weather

****It can be cold sitting on the lift****

Sunday - October 2nd

(Lunch will be as you can during the day)

8:00 - 8:45 am	Review Crest top – Nancy Pitstick – Andy Peterson- Patrick Eibs
8:45 - 9:30 am	Aid room procedures - Eileen Barlage Curt Griffin
9:30 - 10:00 am	Accident Report (take home) Andy Peterson
10:00 –10:45 am	Review of “You are the Rescuer” Nancy Pitstick -Eileen Barlage- Patrick Eibs
10:45 –11:00 am	Break
11:00 -11:45 am	Lift Evacuation presentation class room portion - Pro-Director Patrick Eibs and Staff
11:45 –	Balance of day – Lift Evacuation from chair lift Patrick Eibs and staff

Brighton Ski Patrol Refresher 2005

Yup, you’ve had several months off now...taken a vacation, worked on your tan, running the kids to all the summer activities, cleaned up the yard (ok still working on that one) ...so now we want you to start thinking about all the different ways we provide emergency care and support the skiing public at Brighton. With out a doubt the members of the Brighton patrol are among the best in the entire NSP system. We continue to grow and gain more knowledge and experience in the methods in which we can provide outdoor emergency care to the injured skier, boarder, or visitor. I hope each of you are proud of the contribution you give to the patrol, the resort and the public.

It worked so well last year, its back this year by popular request - CPR/AED recertification prior to the refresher.

CPR / AED recertification will be prior to the refresher again. The following session dates have been selected – September 19th and September 21st. Location – Salt Lake City Police Department – Pioneer Precinct – 700 South and 10th West. Each date will have a sign up sheet available on the Brighton Ski Patrol Web Site. The sessions will be divided into 3 distinct blocks of time. Each block will have 7 stations (instructors) and each station will have two patrollers working together to complete the various components (please refer to the informational sheets listed below for a listing of the various components). The two patrollers will role play several different parts of the station and demonstrate other skills on mannequins.

Time blocks available for September 19th

- 6:30 pm – 7:15 pm – 7 stations – 14 patrollers
- 7:15 pm – 8:00 pm – 7 stations - 14 patrollers

- 8:00 pm – 8:45 pm - 7 stations - 14 patrollers
- Total number of patrollers completed each night – 42.

Time blocks available for September 21st

- 6:30 pm – 7:15 pm – 7 stations – 14 patrollers
- 7:15 pm – 8:00 pm – 7 stations - 14 patrollers
- 8:00 pm – 8:45 pm - 7 stations - 14 patrollers
- Total number of patrollers completed each night – 42.

Let me be the first to say – yup, you may not be working with a member of the patrol you have ever worked with before – this is a good thing – you get to interact with new people. The reality of the matter is, you may not always be with a person you know when providing aid to a patient or victim. With all that said, please select a date and a session time.

Please be patient and supportive of the CPR / AED instructors, this is still a new adventure in teaching. I would like to suggest if somebody does have a particular issue / problem with a date and or session time, be proactive and call the patroller listed on that date and ask for a trade.

The following tests are available as PDF files from the Brighton Ski Patrol website – CPR and Infectious Disease Control. With the information available so early prior to recertification it should allow us all time to review the materials and complete the CPR and IDC tests. Please turn in your CPR and IDC answer sheets in the appropriate boxes located on the table in the check-in area Saturday morning. The CPR and IDC tests will be corrected during the day Saturday.

The following informational sheets are also available as PDF files from the patrol website.

➤ Conscious Choking

- 1 - Conscious Adult with an Airway Obstruction
- 2 - Conscious Child with an Airway Obstruction
- 3 - Conscious Infant with an Airway Obstruction

➤ Unconscious Choking

- 4 - Unconscious Adult with an Airway Obstruction
- 5 - Unconscious Child with an Airway Obstruction
- 6 - Unconscious Infant with an Airway Obstruction

➤ Rescue Breathing

- 7 - Adult Rescue Breathing
- 8 - Child Rescue Breathing
- 9 - Infant Rescue Breathing

➤ CPR – Individual

- 10 - CPR for an Adult
- 11 - CPR for a Child
- 12 - CPR for an Infant

- CPR – Two Rescuer
 - 1 - Two - Rescuer CPR - Beginning CPR together
Adult, Child, Infant
 - 2 - Two Rescuer CPR - Changing positions

➤ AED

To maintain Brighton's high OEC standards, the instructors will monitor the level of understanding and performance of your skills. During the OEC refresher and the CPR / AED re-certification, an instructor may mark the sign off sheet suggesting additional clarification and help on a particular skill or topic for an individual patroller. This referral by the instructor should not be taken as a negative comment. The referral could be as simple as reconfirming a technique in CPR/AED or the OEC. This year the CPR instructors will not be teaching individual patrollers CPR or AED during the recertification sessions. If you do not demonstrate a basic understanding of CPR or the AED, the instructors will refer you to classes being held at a later date. This will help move the recertification process along (CPR / AED).

Special Thanks to the OEC instructors teaching this year

Steve	Achelis	Kevin	Larsen
Tim	Bachman	Herb	Lloyd
Kristen	Barlage	Sarah	Malin-Craft
Larry	Barlage	Jeb	McCandless
Jeff	Belnap	Lee	Moss
Noreen	Brown	Gary	Ren
Robert	Brown	Terri	Sazama
Scott	Cheney	Julie	Semans
Lelan	Daines	Kari	Taylor
Patrick	Eibs	Lisa	W
George	Felis	Pat	Wyche
Curt	Griffin	Laurie	Jess
Laurie	Jess	Kevin	Larsen

Special Thank you to the CPR / AED Instructors:

Eileen Barlage	Miles Miya
Kristen Barlage	Andy Peterson
Marc Barlage	Nancy Pitstick
Jeff Belnap	Jessica Simpson
George Felis	Bill Veenstra
Laurie Jess	Lisa Woolever
Stephanie Mitchell	

The "Thank You" list for 2005 refresher and candidate training program:

- Stephanie Mitchell and Mike Wardle for handling registration.
- The OEC candidate class instructors
- Joanne and her staff for handling the patrol benefits program.
- Julie Semans - OEC advisor

Refresher Rotation Groups

The patrol is divided into 8 groups to establish an even class load for each refresher station. You have been pre - assigned to one of these groups. Please stay with the other members when you rotate from station to station. The rotation sign off sheets for the OEC stations and lift evacuation components will be available at the check in table.

Group 1

Marc Abplanalp	Ken Wyatt
Scott Marland	Wayne Reese
Raymond Hunt	James Jordan
Elliot Miya	

Group 2

Leslie Abplanalp	Kevin Semans
Clay Hutchinson	Eric Ren
Landon Wharton	Dan Ernst
Steve Smock	Laura Hoar

Group 3

Marc Barlage	John Tschaggeny
Greg Brown	Steve Ingram
James Grutta	Dave Okubo
Robyn Brown	Russ Sutherland

Group 4

Ross Tschaggeny	Rich Knickerbacher
Doug Johnson	Matthew Ostrander
Brian Grzybowski	Kevin Sommerdyke
Jamin Madsen	

Group 5

Dave Kearns	David Koenig
Todd Hanna	Keith Pfeleger
Ed Manco	Kevin Pikus
Kevin Stayner	Bill Veenstra

Robert Benda	Kelly Tuohig
Ed Derohanes	Doug Underwood
Fred Laurents	Jared Swenson
Ashley McKinney	Frank Ziebert

Robert Brown	Scott Quealy
Bonnie Dixon	Paul Van Harn
Ben Hilton	Rob Stutchbury
Jennifer Marland	Ron Hunt

Brian Simpson	Chip Thorpe
David Tamowski	Walt Jahries
Tom Hilton	Paul Rauterkus
Bill Simms	Tad Miya
Pat Peterson	Shelia Leeds

Notes:

Instructor Planning – July 27th – Wednesday – 6:30pm
Debbie's & Andy's - Dinner

OEC start – August 4th – Police station - Introduction

CPR/AED film for the patrol – August 10th 7:00 – 8:00 pm
– Police station – for patrollers who would like to review
the film

CPR/AED course – OEC Candidates - August 9th & 11th –
Police station

Instructor Refresher – September 18th – Sunday – 8:00 am
start – Alpine Rose, Brighton Ski Resort

CPR/AED Patrol Recertification - September 19th, 21st
Police station – see time blocks for available time

OEC Refresher – October 1st & 2nd Review attached overview and schedules.