

The “NEW” Brighton Ski Patrol - Annual Refresher – Sept 30th, & Oct 1st 2006

This year's annual refresher will focus on "Cycle B" of the OEC. The refresher will begin at 7:50 am Sept 30th, and October 1st, 2006 – Brighton Ski Resort – The Apline Rose and Brighton Center Buildings. There will be 6 stations for this year's refresher. Two stations will be 95 minutes in length – 4 stations will be 45 minutes in length. The following information will be a general outline of the weekend's events.

Saturday – Sept. 30th

7:15 - 7:45 am Registration
7:50 - 8:05 am Welcome
8:05 - 8:20 am Awards
8:20 - 9:20 am General Patrol Meeting – Let's start the year
9:20 - 9:40 am Break
9:45 - 12:45 Stations
12:45 - 1:40 Lunch
1:45 - 4:30 Stations

Stations - Rotation Schedules: Please review attached schedule of time blocks assigned to stations.

Station "A" & "B" – 95 minutes

Instructors: Lead instructors: Nancy Pitstick, Steve Achelis, Patrick Eibs.

Station instructors: George Felis, Larry Semeler, Sheila Leeds, Dave Lund

Topics: Orthopedic, Specific Injuries, Transportation & Extraction

Demonstration of the devices that provide care for the following injuries: pelvis, hip, femur (include mid shaft and the differences when located above and below mid point), spinal, neck, abdominal and genitalia

Please note: this station is directed to device application – a very limited discussion of assessment will be given. Station E and F will provide an in-depth assessment component for the refresher

Chapters - 23, 24, 25, 26, 27

Station "C" – 45 minutes

Instructors: Gary Ren, Jeb McCandless,

Topics: Cold injury - Environmental & Medical emergencies.

Discuss signs, symptoms and assessment of:
Exposure to cold, frost bite, hypothermia, avalanche, ice and water issues, high altitude illness, heat exposure, lightning, drowning

Chapters - 2, 15

Station "D" – 45 minutes

Instructors: Lisa Woolever Jeff Belnap, Eileen Barlage

Topics: Common Outdoor Injury management

This station deals with the common / similar accidents that are associated with outdoor activities:

Skiing, snowboarding, swimming, tennis, soccer, bicycle riding, football, baseball, basketball. Similar injuries can be – but not limited to: ankle, knee, hip, and upper extremity, head chest

Devices – ankle hitch, sling and swathe, fore arm splint, jiffy splint, wrist splint. How to immobilize a leg, arm and finger if a splint is not available.

Chapters - 14, 24, 25

Station "E" & "F" – 95 minutes

Instructors: Lead instructors: Mike Wardle, Laurie Jess.

Station instructors: Sarah Malin – Craft, Pat Wyche, Larry Barlange, Lelean Daines, Scott Cheney.

The focus of this station will be a strong primary assessment that can be used any time and modified to the situation. (rapid body survey, focused history, physical exam, responsive trauma). The neurological injury portion of the station will focus on signs and symptoms. Understanding the mechanism of injury will play into the decision process. Anatomy and physiology of the skeletal system will be reviewed. Discuss of how the nervous system intertwines and what special considerations may develop because of the injury / mechanism of the injury.

The information gathered during the assessment will help develop / guide the patroller with the injury – accident management role playing required at the scene.

Example: scene safety, strong assessment, what assets or assistance is required, who do I contact, and will I need to give them information to initiate a larger support team - ALS, action by the clinic, mountain management. What transportation issues need to be considered (snowmobile, truck transportation from one side of the parking lot to the other?)

During the practical portion the patroller needs to call the appropriate top shack, identify location, request required supplies, additional patrollers, consider time issues, ALS decisions...what LZ (what if I had to talk to the helicopter – what do I say?). How do you explain your location to a helicopter?

Radios will be provided for simulated communications.

Chapters 7, 26, 30

Station "G" – 45 minutes

Instructors: Miles Miya, Laura Hoar, Terri Sazama

Topics: Bleeding and Shock Management

Patrollers to demonstrate various methods used to control bleeding. Patrollers need to understand the various types of shocks. How to determine what type of shock.

Demonstrate bandaging techniques.
What issues need to be considered when a patient has been bleeding?
Transportation issues for patients in shock.

Chapters - 8, 9

Station "G" – 45 minutes

Instructors: Julie Seamen, Kevin Seamen, Kristen Barlage, Jen Miya

Topics: Oxygen and Airway adjuncts

Patrollers to demonstrate how to properly set up an O2 bottle. Select the proper delivery device and explain why.

NEW: Review nasal and oral airways and insert into Rescue Mannequins.

Demonstrate suction device.

Chapters 6

Station Letter	Station A	Station B	Station C	Station D	Station E	Station F	Station G	Station H
Station Time Minutes	Extended station A & B 95 minutes		Standard 45 minutes	Standard 45 minutes	Extended station E & F 95 minutes		Standard 45 minutes	Standard 45 minutes
Location	Entire 3 floor of the Alpine Rose		Second Floor BC	Third Floor BC	Entire lower floor of the Alpine Rose		Public locker room BC	Bus loading area BC
9:45-10:30	Group 1	Group 2	Group 3	Group 4	Group 5	Group 6	Group 7	Group 8
10:35 – 11:20	Group 2	Group 1	Group 8	Group 7	Group 6	Group 5	Group 4	Group 3
11:25 – 12:10	Group 3	Group 4	Group 5	Group 6	Group 7	Group 8	Group 1	Group 2
12:15 – 12:45	Group 4	Group 3	Group 2	Group 1	Group 8	Group 7	Group 6	Group 5
Lunch 12:45 – 1:10								
1:15 – 2:00	Group 5	Group 6	Group 7	Group 8	Group 1	Group 2	Group 3	Group 4
2:05 – 2:50	Group 6	Group 5	Group 4	Group 3	Group 2	Group 1	Group 8	Group 7
2:55 – 3:40	Group 7	Group 8	Group 1	Group 2	Group 3	Group 4	Group 5	Group 6
3:45 – 4:30	Group 8	Group 7	Group 6	Group 5	Group 4	Group 3	Group 2	Group 1

Sunday - October 1st

(Lunch will be as you can during the day)

8:00 - 8:30 am Review of Saturday – Andy
8:30 - 9:30 am Review of “You are the Rescuer”
9:30 - 10:00 am Review of Accident Report / Forms
10:15 -11:15 am Lift Evacuation presentation class
room portion - Pro-Director Patrick Eibs and Staff
11:15 – Balance of day – **Lift Evacuation** from chair lift
Patrick Eibs and staff

Remember to bring a lunch on both days

Dress for the Weather

****It can be cold sitting on the lift****

CPR/AED recertification

CPR / AED recertification is still up in the air on dates and how we will make the transition to the new CPR standards. Information will be provided to the patrol within 45 – 60 days.

Special Thanks to the following:

- Stephanie Mitchell - registration.
- Joanne and her staff for handling the patrol benefits program.
- George Felis – CPR / AED and Awards
- Ed Manco - OEC advisor
- OEC Instructors
- CPR Instructors

Brighton Ski Patrol Refresher 2006

Yup, you’ve had several months off now...taken a vacation, worked on your tan, running the kids to all the summer activities, cleaned up the yard (ok still working on that one) ...so now we want you to start thinking about all the different ways we provide emergency care and support the skiing public at Brighton. Without a doubt the members of the Brighton patrol are among the best in the entire NSP system. We continue to grow and gain more knowledge and experience in the methods in which we provide outdoor emergency care to the injured skier, boarder, or visitor. I hope each of you are proud of the contribution you give to the patrol, the resort and the public.