



Personal Protective Equipment (PPE)

Donning



Donning

- Identify and gather proper PPE
- Perform hand hygiene
- Put on isolation gown (if indicated) and tie all ties
- Put on mask
 - If mask has a nosepiece, fit to nose with both hands; do not pinch
 - Extend mask under chin (both nose and mouth should be protected)
- Put on eye protection
- Put on gloves
 - Gloves should cover the cuff of gown, if gown is used
- Enter patient care area

Saving Masks

- In the event that we reuse masks, be sure to have a clean dry bag to place your used mask in
- Be sure to label your bag with your name
- Also label the “front” and “back” to coincide with what direction you place your mask in the bag
- Place in and remove from bag by ear loops only, performing hand hygiene before and after touching mask

Doffing



Doffing

- Remove gloves
- Remove gown
- Exit patient care area
- Perform hand hygiene
- Remove eye protection
- Remove mask
- Perform hand hygiene

Eye Protection

- Use in patient care environment
- Should not interfere with mask fit or seal
- Don/doff by touching sides; do not touch front of eye protection
- Proper eye protection should wrap around the front and sides of your eyes
- Disinfect eye protection between uses and when soiled

Masks





N 95

- Use for:
 - Performing CPR
 - Treating confirmed or suspected COVID persons
 - Treating unmasked patients
 - Anytime the Patroller deems necessary
 - Anytime there are particulates airborne
- Will be located in trauma packs and First Aid room, and will be issued to each Patroller
- Fit
 - Over nose and under chin
 - Should be snug around entire perimeter
- Discard if soiled/damaged

Surgical Mask

- Use for:
 - Any patient contact
 - When in a patient care area
- Use in conjunction with eye protection
- Keep three to four masks in your pack/jacket at all times
- Unused masks must be stored in a plastic bag to protect from elements
- Keep masks flat to avoid damage
- Discard if soiled/damaged

Cloth Mask

- Use for:
 - Non patient care areas (e.g. base area, top shack, locker room)
 - Can be worn over surgical mask or N95
 - Anytime, as an added protection
 - Can preserve mask integrity by limiting exposure to the elements – filtration efficacy is decreased with wet masks versus dry masks

Duke University Mask Study

➤ Published 8.7.2020

- Out of 14 different masks, fleece neck gaiters came in last place for effectiveness
- The study suggests that fleece neck gaiters may be worse than wearing no mask at all as droplets are broken into smaller particles and can more easily be carried through the air
- Double layer cloth masks were among the most effective at preventing particle spread
- Link to publication:
 - <https://advances.sciencemag.org/content/early/2020/08/07/sciadv.abd3083>

Mask Up!

