

Brighton Ski Patrol - Annual Refresher - October 2nd & 3rd 2004

This year's annual refresher will focus on "Cycle C" of the OEC. The refresher will begin at 7:50 am **October 2nd, and October 3rd, 2004 at the Brighton Ski Resort.** There will be 8 stations for this year's refresher. Each station will be 45 minutes in length with a 5 minute break between. The following information will be a general outline of the week-end's events.

Saturday - October 3rd

7:15 - 7:45 am Registration
7:50 - 8:05 am Welcome
8:05 - 8:20 am Awards
8:20 - 9:20 am General Patrol Meeting (new computer system)
9:20 - 9:40 am Break

Stations - Rotation Schedules:

1st rotation 9:45 - 10:30
2nd rotation 10:35 - 11:20
3rd rotation 11:25 - 12:10
Lunch 12:15 - 12:45 – Review of Forms–Tim Bachman
4th rotation 12:50 - 1:35
5th rotation 1:40 - 2:25
6th rotation 2:30 - 3:15
7th rotation 3:20 - 4:05
8th rotation 4:10 - 4:55

Station "A"

Instructors: Nancy Pitstick, Steve Achelis, Sheila Leeds, Larry Semmler

Topics: **Patient Assessment and Shock Management**

- Chapters 7 and 30

This will include a performance demonstration of your skills

Station "B"

Instructors: Jeb McCandless, Gary Ren, Mike Wardle

Topics: **Cold Injury and Common Injury Management**

- Chapters 2 and 15
- Chapters 14, 24 and 25

This will include a performance demonstration of your skills

Station "C"

Instructors: Julie Semans, Sarah Malin – Craft, Laurie Jess

Topics: **Transportation and Extrication**

Bridging - Multiple – Person Direct from the Ground - Lift into the toboggan

This will include a performance demonstration of your skills

Station "D"

Instructors: Jessica Simpson, Kevin Larsen, Herb Lloyd

Topics: **Neurological Injury Mgt.**

- Chapter 26

This will include a performance demonstration of your skills

Station "E"

Instructors: David Lund, Jennifer Miya, Lisa Woolever
Kristen Barlage

Topics: **Specific Injuries**

Chest - Mass Casualty - Face, Eyes, Throat Injuries - Body Substance Isolation - Pediatric Considerations - Adaptive / Special Population

This will include a performance demonstration of your skills

Station "F"

Instructors: Laura Hoar, Bill Simms, Ashley McKinney

Topics: **Environmental and Medical Emergencies Common Medical Complaints - Obstetrical Emergencies - Poisoning – All types**

This will include a performance demonstration of your skills

Station "G"

Instructors: Pat Wyche, Larry Barlage, Patrick Eibs, George Felis

Topics: **Orthopedic Trauma**

Lower Extremity Injuries - General Management of Fractures - Ski Boot removal

This will include a performance demonstration of your skills

Station "H"

Instructors: Lelan Daines, Eileen Barlage, Jeff Belnap

Topics: **Assessment, Airway Mgt.**

This will include a performance demonstration of your skills and sign off

Sunday - October 3rd

(Lunch will be as you can during the day)

7:15 - 8:10 am Patrol pictures – please bring patrol coat – Pictures by Steve Gledhill
8:15 - 8:30 am House keeping issues
8:40 - 9:25 am Review of Brighton Forms / Crest top /Aid room procedures-Tim Bachman
9:25 -10:25 am Greg / Ginger
10:25 -10:40 am Break
10:45 -11:30 am Lift Evacuation presentation class room portion - Pro-Director Patrick Eibs and Staff
11:45 – Balance of day – **Lift Evacuation** from chair lift Patrick Eibs and staff

Remember to bring a lunch on both days

Dress for the Weather

****It can be cold sitting on the lift****

Brighton Ski Patrol Refresher

2004

It is that time of the year again to think about all the different ways we provide emergency care, to help and support the skiing public at Brighton. With the passing of each ski year into the next, we have grown and gained more knowledge and experience in the methods in which we can provide outdoor emergency care to the injured skier, boarder, or visitor. Last year the medical techniques and methods expanded and changed to provide new and better ways of offering outdoor emergency care

NEW – New – NEW – New – NEW – New – NEW

This year the CPR / AED recertification will be prior to the refresher. The following session dates have been selected – September 29th (Wednesday), September 30th (Thursday). Location – Salt Lake City Police Department – Pioneer Precinct – 700 South and 10th West. Each date will have a sign up sheet available on the Brighton Ski Patrol Web Site. The sessions will be divided into 3 distinct blocks of time. Each block will have 7 stations (instructors) and each station will have two patrollers working together to complete the various components (please refer to the informational sheets listed below for a listing of the various components). The two patrollers will role play several different parts of the station and demonstrate other skills on mannequins.

Time blocks available on September 29th

- 6:30 pm – 7:15 pm – 7 stations – 14 patrollers
- 7:15 pm – 8:00 pm – 7 stations - 14 patrollers
- 8:00 pm – 8:45 pm - 7 stations - 14 patrollers
- Total number of patrollers completed each night – 42.

Time blocks available on September 30th

- 6:30 pm – 7:15 pm – 7 stations – 14 patrollers
- 7:15 pm – 8:00 pm – 7 stations - 14 patrollers
- 8:00 pm – 8:45 pm - 7 stations - 14 patrollers
- Total number of patrollers completed each night – 42.

Let me be the first to say – yup, you may not be working with a member of the patrol you have ever worked with before – this is a good thing – you get to interact with new people. The reality of the matter is, you may not always be with a person you know when providing aid to a patient or victim. With all that said, please select a date and a session time. This is definitely a new approach to completing the CPR / AED re-certification –

we have without a doubt jumped out of the box and our traditional comfort zone. We will be looking for input to help improve this new method. Again please be patient and support the instructors. I would like to suggest if somebody does have a particular issue / problem with a date and or session time, be proactive and call the patroller listed on that date and ask for a trade.

The following tests are available as PDF files from the Brighton Ski Patrol website – CPR and Infectious Disease Control

This should allow us all time to review the materials and complete the CPR and IDC tests. Please turn in your CPR and IDC answer sheets in the appropriate boxes located on the table in the check-in area Saturday morning. The CPR and IDC tests will be corrected during the day Saturday.

The following informational sheets are also available as PDF files from the patrol website.

➤ Conscious Choking

- 1 - Conscious Adult with an Airway Obstruction
- 2 - Conscious Child with an Airway Obstruction
- 3 - Conscious Infant with an Airway Obstruction

➤ Unconscious Choking

- 4 - Unconscious Adult with an Airway Obstruction
- 5 - Unconscious Child with an Airway Obstruction
- 6 - Unconscious Infant with an Airway Obstruction

➤ Rescue Breathing

- 7 - Adult Rescue Breathing
- 8 - Child Rescue Breathing
- 9 - Infant Rescue Breathing

➤ CPR – Individual

- 10 - CPR for an Adult
- 11 - CPR for a Child
- 12 - CPR for an Infant

➤ CPR – Two Rescuer

- 1 - Two - Rescuer CPR - Beginning CPR together
Adult, Child, Infant
- 2 - Two Rescuer CPR - Changing positions

➤ AED

To maintain Brighton's high OEC standards, the instructors will monitor the level of understanding and performance of your skills. During the OEC refresher and the CPR recertification, an instructor may mark the sign off sheet suggesting additional clarification and help on a particular skill or topic for an individual patroller. This referral by the instructor should not be taken as a negative comment. The referral could be as simple as reconfirming a technique in CPR or the OEC. This year the CPR instructors will not be teaching individual patrollers CPR or AED during the recertification sessions. If you do not demonstrate a basic understanding of CPR or the AED, the instructors will refer you to classes being held at a later date. This will help move the recertification process along (CPR / AED).

Special Thanks to the OEC instructors teaching this year

Steve Achelis	David Lund
Sheila Leeds	Jennifer Miya
Larry Semmler	Lisa Woolever
Jeb McCandless	Laura Hoar
Gary Ren	Tim Bachman
Mike Wardle	Pat Wyche
Julie Semans	Larry Barlage
Sarah Malin – Craft	Patrick Eibs
Laurie Jess	George Felis
Jessica Simpson	Lelan Daines
Kevin Larsen	Eileen Barlage
Nancy Pitstick	Jeff Belnap
Bill Simms	Ashley McKinney
Herb Lloyd	Tim Bachman

Special Thank you to the CPR / AED Instructors:

Eileen Barlage	Nancy Pitstick
Kristen Barlage	Jessica Simpson
Marc Barlage	Bill Sinykin
Jeff Belnap	Bob Swenson
George Felis	Bill Veenstra
Laurie Jess	Lisa Woolever
Stephanie Mitchell	
Miles Miya	
Andy Peterson	

Special Thank you to the Hill Training staff from last year:

Marc Barlage	Dave Kearns
Larry Barlage	Bill Sinykin
Eileen Barlage	David Tamowski
Mark Smith	Walt Jahries
Julie Semens	Scott Marland
Kevin Semens	Jen Marland
Rob Benda	Wolfgang Schwurack
Tom Hilton	

The "Thank You" list for 2004 refresher and candidate training program:

- Debbie Peterson and Stephanie Mitchell for handling registration.
- Joanne and her staff for handling the patrol benefits program.
- Miles Miya – OEC advisor
- Julie Semans – Assistant OEC advisor

Patrol Dues 2004 – 2005 Ski Season

- \$70.00
 - National Dues - \$35.00
 - Division Dues - \$12.00
 - Brighton Dues - \$18.00
 - RedCross / CPR \$ 5.00

- Total Dues \$70.00

Note: no pre-payment credit will be offered this year

Please mail payment to:
David Tamowski
8525 South 1000 East
Sandy, Utah 84094

During the patrol meeting a review of the budget will be presented.

Ski Periods 2004 – 2005

- First Period
 - November 13, 2004 – January 2, 2005
 - 8 weeks
- Second Period
 - January 3, 2005 – February 27, 2005
 - 8 weeks
- Third Period
 - February 28, 2005 – April 24, 2005
 - 8 weeks

Ski Requirements 2004 -2005 season

- Full time patroller
 - 16 days (shifts – weekends days only)
 - 15 am shifts (5 shifts per period)
 - 1 pm shifts (princess patrol)
 - 3 night shifts (assigned to teams)
- Part time patroller
 - 11 days (shifts – weekends days only)
 - 10 am shifts (3 shifts in period one and period two – 4 shifts in the third period)
 - 1 pm shift (princess)
 - 3 nights (assigned to teams)

Ski Requirement overview:

- If we all ski our required days the number of shifts will be covered. Again this is a modified / flexible coverage system which needs the support of all patrollers. Preplan your days (shifts) - If you have an issue with a particular day (shift) and the roster is full, be proactive give one of the patrollers who is signed up for that particular day and ask if they could possibly ski another day (shift).
- *We want all patrollers to please understand – Ski as many days as you want – Patrol until you drop – Ski 30 or 40 days...set a new patrolling record.*

Shift Descriptions

- Saturday – AM shift
 - 20 patrollers check in for AM shifts – check in by 7:40 am
 - 2 directors assist with AM sweeps or other duties
- Princess Patrol (Saturday PM shift)
 - Starting Date – December 11, 2004 through April 9, 2005
 - 5 patrollers check-in / log-in on Crest Top – 2:00 pm - ski until close
 - 3 basic patrollers
 - 2 auxiliary patrollers (if auxiliary position is not assigned a basic patroller may sign into the position.
- Sunday – AM shift only
 - 23 patrollers check in for shift assignments by 7:40 am
 - 2 directors assist with duties.
- Night shifts (team assignments)
 - 1 basic team member checks in on an early basis – 6:00 pm on Crest Top
 - 2 patrollers check in on a late basis – 6:45 pm on Crest top.
 - 1 basic patroller
 - 1 auxiliary patroller (can be a basic)
- Special shift
 - If a night patroller can check in by 3:00 pm on Crest top on their assigned shift - the shift will count as a day shift.

Full Time Patrollers

- Required to ski 5 weekend shifts each period
 - Only one back to back shift can be completed per period (Saturday (AM) / Sunday).
 - During the ski season the patroller must ski one princess patrol shift.

Part Time Patrollers

- Required to ski 3 weekend day shifts in period one and period two – 4 weekend day shifts in the third period.
 - During the ski season the patroller must ski one princess patrol shift
 -

Patrol Benefit Package

- Full Time
 - Season ski pass – patroller only
 - Pass will serve as a UTA bus pass
 - Package “A” Ski Credit
 - The full time patroller will receive 1 ski credit for each day patrolled.
 - A full time senior patroller will receive an extra ski credit for each third shift skied.
 - Package “B” Spouse and dependent passes
 - The patroller opts out of the ski credit program and purchases passes for their immediate family members.
 - Spouse \$75.00 season pass
 - Dependent (living at home) 11 years to & including 18 years. - \$125.00
 - Dependent children age 10 and under - \$5.00
 - Senior patrollers who participate in package “B” will receive senior credits.
 - Benefits extended to either program “A” or “B”
 - Discounts on ski lessons for the patroller and dependents.
 - 40% discount on food at the Alpine Rose
 - Discount can not be used for Alcoholic beverages
- Part Time
 - Season ski pass only
 - Pass will serve as a UTA bus pass
 - Senior patrollers will receive senior credits.
 - 40% discount on food at the Alpine Rose
 - Discount can not be used for Alcoholic beverages



This is a Refrigerator / Bulletin Board Friendly page –

Dates and items to Remember

Pictures – Pictures – Pictures – Pictures – Pictures

Season Pass pictures

- If you are happy with your current picture from last year – please mark the box on the picture form:
✓Will use current picture
- If you want a new picture – please mark the box on the picture form:
✓Need new picture ***

Package “B” Spouse and dependent passes – pictures

- All dependents must have a new picture taken at REI – please review schedule dates
- Dependents under 18 years old must have a parents signature to receive passes
- All passes must have application paperwork completed and signed

Bus Pass pictures

- Candidates (all) – must visit REI to have a picture taken – this will be for a Bus Pass Only.
- Dependents of full time and part time patrollers who are not part of package “B” and require a Bus Pass Only must visit REI to have a picture taken.

***** Picture location *****

- **Brighton Ski Resort sales area located within**
 - **REI**
3300 South 3300 East
Salt Lake City

Time: 11:00 am – 6:00 pm

Dates:

October 16th & 17th
October 23rd & 24th
October 30th & 31st

Special Notice:

- **If you require a picture, a dependents picture or a dependents pass and you do not visit**

REI on the dates stated above – there will be no other times offered – all items requiring a picture will be forfeited.

Ski Credit Math

To simplify the accounting of ski credits the reporting and redemption has changed:

- Each full shift will count as 2
- Each night shift will count as 1
- Senior patrollers will receive an extra credit after each third shift skied. The senior credit will count as 2

Redemption of credits for passes

- One day pass will use 2 ski credits
- One night pass will use 1 ski credit

This new accounting method eliminates the night exchange program - 2 night credits for 1 day credit.

How to redeem ski credits

- “A” - Escort your guest(s) to the sports desk and ask the staff member working for an exchange pass for your guest(s)
- “B” – Call ahead to the sports desk and arrange for your guest(s) to pick up an exchange pass.
 - Please remember you must identify (name) the person picking up the passes and the number of passes
 - The guest picking up the passes must present picture ID. If the guest cannot present picture ID the request will not be honored. Please note if a guest or family member becomes argumentative at the sports desk they will be asked to leave and your account closed.

How to check my ski credits

- Your personal information sheet located on the Brighton Patrol website will have the ski credits listed and the balance date.
- Questions with the ski credit or benefit programs – Please do not involve the sports desk or ticket office. Please contact Andy Peterson or Steve Gledhill.

Refresher Rotation Groups

The patrol is divided into 8 groups to establish an even class load for each refresher station. You have been pre - assigned to one of these groups. Please stay with the other members when you rotate from station to station. The rotation sign off sheets for the OEC stations and lift evacuation components will be available at the check in table.

Group 1

Marc Abplanalp	Ken Wyatt
Scott Marland	
Lee Moss	
Raymond Hunt	
Elliot Miya	
Wayne Reese	
James Jordan	

Group 2

Leslie Abplanalp	Kevin Semans
Jason Budge	
Curtis Griffin	
Clay Hutchinson	
Landon Wharton	
Eric Ren	
Bill Sinykin	

Group 3

Marc Barlage	John Tschaggeny
Scott Cheney	
James Grutta	
Steve Ingram	
Dave Okubo	
Bill Roeca	
Mark Smith	

Group 4

Ross Tschaggeny	Rich Knickerbacher
Doug Johnson	
Brian Grzybowski	
Jamin Madsen	
Matthew Ostrander	
Terri Sazama	
Kevin Sommerdyke	

Group 5

Dave Kearns	David Koenig
Catherine Dalley	
Todd Hanna	
Ed Manco	
Keith Pfeiffer	
Sam Schroyer	
Kevin Stayner	

Group 6

Robert Benda	Kelly Tuohig
Ed Derohanes	
Leisly Harmon	
Fred Laurents	
Mike Pickens	
Doug Underwood	
Jared Swenson	

Group 7

Robert Brown	Bob Swenson
Bonnie Dixon	
Ben Hilton	
Jennifer Marland	
Scott Quealy	
Paul Van Harn	
Rob Stutchbury	

Group 8

Cathy Brown	Chip Thorpe
Meissa Frost - Pfeleger	
David Tamowski	
Tom Hilton	
Walt Jahries	
Paul Rauterkus	
Brian Simpson	

Candidates will be assigned during the refresher

Notes:

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There is a small black rectangular mark at the top left corner, possibly a staple or a piece of tape. The paper appears to be from a notebook or a set of legal pads.