

Respiratory (Nose – Chest – Lungs – Asthma) (21)

Antihistamines (H1)

1st Gen

Diphenhydramine (Benadryl)

2nd Gen

Cetirizine (Zyrtec)

Loratadine (Claratin)

Loratadine-D (Claratin-D)

Decongestant

Pseudoephedrine (Sudafed)

Phenylephedrine (Neosynephrine) PE

Oxymetazoline (Afrin) avoid rebound, use only 3 days

Allergic Rhinitis

Triamcinolone (Nasacort)

Cough

Guaifenesin / Dextromethorphan (Robitussin DM)	OTC
Guaifenesin / Codeine (Cheratussin AC)	Rx

Steroids

Methylprednisolone (Medrol)
Prednisone (Deltasone)

Steroid + Beta2 agonist (Bronchodilator)

Budesonide / Formoterol (Symbicort)
Fluticasone / Balmeterol (Advair)

Nasal / Oral Steroid Beta2

Fluticasone (Flonase, Flovent Oral)
Alberterol (ProAir)

Anticholinergic Beta2

Ipratropium / Albuterol (DuoNeb)
Tiotropium (Spiriva long acting)

Leukotriene Inhibitor

Montelukast (Singulair)

Anti IGE Antibody

Omalizumab (Xolair)

Anaphyllaxis

Epinephrine (EpiPen) epi (above) neph (kidney)
Adrenal gland is above the kidneys