

# Good Online Hygiene

## ➔ Good password security

- Enable multi-factor authentication (MFA)
  - Combination of any of the factors of authentication.  
Often
    - *Something you know + Something you ( are | have )*
  - Last line of defence against compromised credentials
- Build apps that support MFA
- Do not give/send MFA codes (often 6-digits) to ANYONE!

# Good Online Hygiene

## ➔ Secure online communication/interaction

- Ensures web of trust is not abused for compromise and data theft
- Applies to all forms of non-physical communication: ***calls, direct messages, SMS, email, voice-messages*** etc
- Re-authenticate and verify sender whenever via out-of-band
  - An actionable or downloadable information is received
  - A request or prompt is made (incl. links)