

Good Online Hygiene

Passwords Are Like Underwear

Cyber Security Top Tips

mtechsystems 

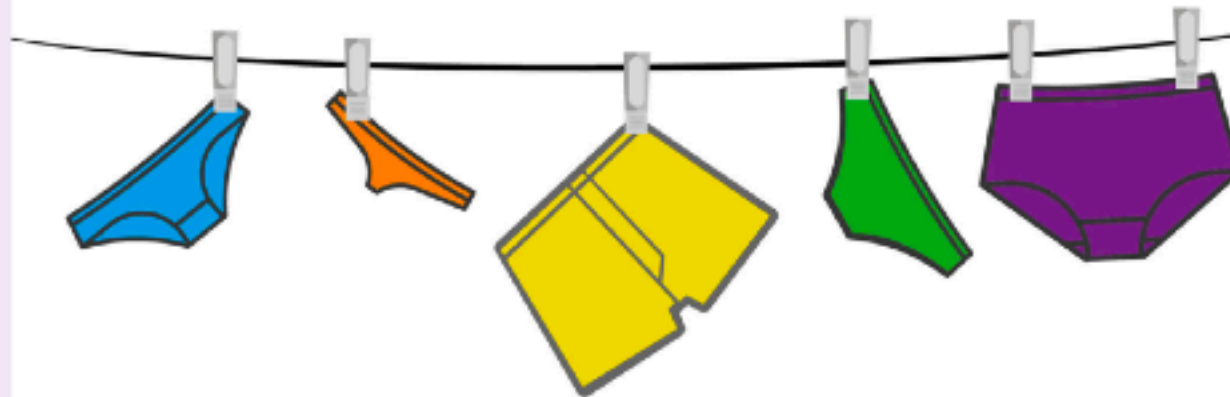
Proven Innovation

PASSWORDS

Passwords - when implemented correctly - are a free, easy and effective way to prevent unauthorised people from accessing your devices and data. Here are a few tips for looking after your passwords.

Don't pick a password that could be easy to guess
e.g. a family or pet name

Don't use the same password for more than one login



**Don't leave
them lying
around**

**Change
them
regularly**

**Don't share
them with
anyone**

Good Online Hygiene

➔ Good password security

- Enable multi-factor authentication (MFA)
 - Combination of any of the factors of authentication.
Often
 - *Something you know + Something you (are | have)*
 - Last line of defence against compromised credentials
- Build apps that support MFA
- Do not give/send MFA codes (often 6-digits) to ANYONE!