

# Good Online Hygiene

## ➔ Secure online communication/interaction

- Ensures web of trust is not abused for compromise and data theft
- Applies to all forms of non-physical communication: ***calls, direct messages, SMS, email, voice-messages*** etc
- Re-authenticate and verify sender whenever via out-of-band
  - An actionable or downloadable information is received
  - A request or prompt is made (incl. links)

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## ➔ Secure online communication/interaction

- Be wary of electronic communication triggering heightened panic, fear, anger, joy, curiosity, urgency etc
- Avoid oversharing via text or images on social sites e.g containing personal spaces, device screenshots, secure facilities
- Avoid volunteering information
- Be wary of spelling mistakes and when communication cannot be verified