My Examples of me using Schmitt's tactics

Example 1, Debt:

I would use this tactic when I needed to reinforce another co-workers willingness to be involved. I would remind lackadaisical employee's of how I've assisted them in the past without a need to be told to. Also keeping up on everyone equally helping each other will keep a positive team dynamic and equal dispersal of labor.

Example 2, Positive Expertise:

I would continually advise in proper inventory placement and work-flow. Giving positive guidance on rewarding possibilities that are achieved through positive work-flow.

My Examples of Schmitt's tactics used on me

Example 1, Debt:

I had a co worker that would continually call in sick or late, and a lot of the time this same individual would make other employees feel uncomfortable by consistently reminding them of maybe one time the person covered a shift.

Example 2, Gifting Pre-giving:

My former manager was very good at this tactic and saw amazing results out of myself and other coworkers. It feels very nice to get a simple gift from your higher up in the work place, this shows great appreciation and something I can look to admire.