

# The Importance of Conscience and Moral Development for Our Next Generation

## What is Conscience?

It is the voice in your head, and the feeling in your heart, that tells you if something is right or wrong. You use it to guide your actions to do right.

If you had ever thought about doing something you knew wasn't ok, and a voice in your head said, "Maybe you shouldn't do that. You might get in trouble." That's your conscience!

Your conscience is your inner guide and it helps you figure out how to make good choices. As you grow up, you learn right from wrong. Your conscience is the thought and feeling you have that tells you whether something is a right or wrong thing to do or say. "Listen to your conscience" means you hear and feel the messages your conscience sends you, which you then use to make a good choice.



良知是我們靈魂的窗口；惡念是窗簾，使人心盲。

*Conscience is the window of our spirit, evil is the curtain.*

*- Douglas Horton*

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