

The USC campus has a lack of affordable healthy dining options available through meal swipes for students, while also having a small variety of choices with most restaurants serving similar meals.

If you want to use a meal swipe on the USC campus, the majority of options that you have serve mostly chicken-based meals. For instance, the first floor of Russell House has Chick-fil-a, Panera, Panda Express, Halal Shack, and QDOBA, all of which have several menu items including chicken. They all have very few healthy options, and the ones that are healthy cost more than one entire meal swipe, meaning you have to spend some of your meal plan dollars to get them. The dining halls also don't offer many healthy options, as their produce sections are very small, and they all have cheap, low-quality, unhealthy choices covering the majority of their menus.