

DAY 5: 90-DAY PROMOTION TRACKER

Alyssa Harper Pro Advice

"What Would Excellent Look Like?" Framework

The Question to Ask: "What would excellent look like in 90 days for me to be promoted/get this raise?"

Tracking Template:

Week 1-2: Define Success Metrics - ☐ Get specific metrics from manager - ☐ Document current baseline - ☐ Create weekly check-in schedule - ☐ Share plan with stakeholders

Week 3-4: Quick Wins - ☐ Deliver 2-3 easy wins to build momentum - ☐ Document progress with screenshots/data - ☐ Get initial feedback - ☐ Adjust plan if needed

Week 5-8: Core Deliverables - ☐ Hit 60% of target metrics - ☐ Send bi-weekly progress updates - ☐ Address any blockers - ☐ Collect testimonials from team

Week 9-10: Acceleration - ☐ Hit 80% of target metrics - ☐ Prepare case study format - ☐ Schedule mid-point review - ☐ Ask for additional responsibilities

Week 11-12: Final Push - ☐ Hit 100%+ of target metrics - ☐ Create one-page results summary - ☐ Schedule promotion conversation - ☐ Reference original "excellent" criteria




Week 13: The Ask - ☐ Present results vs. original goals - ☐ Show quantified impact - ☐ Ask for promotion/raise - ☐ If declined, get next 90-day plan

Metrics Tracking Sheet: | Metric | Baseline | Target | Week 4 | Week 8 | Week 12 | Status |

|-----|-----|-----|-----|-----|-----|-----| | [Metric 1] | | | | | | | [Metric 2] | | | | | | | [Metric 3] | | | | |

Want More?

This is Day 5 of our 10-day series.

Get all 10 days plus bonuses: -  Email: alyssaharperadvice@gmail.com -  TikTok:
@alyssaharperadvice -  Dashboard: [Your Link Here]

Next Steps: 1. Implement today's advice 2. Share your results with us 3. Check out tomorrow's content

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