

HOTLINE PAGE or GET HELP NOW or CRISIS INFORMATION

(Select appropriate name and Place a link or tab on every page of the website)



Get Help Now – Emergency Resources

If you are in danger or facing a life-threatening emergency, **please call 911 immediately** (or your local emergency number if outside the United States).

At times, faith and prayer need to be accompanied by professional help. If you or someone you love is in crisis, please reach out to one of the resources below right away.



Crisis Hotlines

Suicide and Mental Health

- **988 Suicide & Crisis Lifeline (USA)** – Call or text **988** anytime
- **National Alliance on Mental Illness (NAMI) HelpLine** – 1-800-950-NAMI (6264)

Self-Harm

- **Self-Injury Hotline** – 1-800-DONT CUT (366-8288)

Depression and Anxiety

- **SAMHSA National Helpline** – 1-800-662-HELP (4357) for mental health and substance use support
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Substance Abuse and Addiction

- **Drug Overdose Emergency** – Call **911** immediately

- **Poison Control Center** – 1-800-222-1222
 - **Alcohol & Drug Helpline** – 1-800-821-4357
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Violence and Abuse

- **National Domestic Violence Hotline** – 1-800-799-SAFE (7233)
 - **Childhelp National Child Abuse Hotline** – 1-800-4-A-CHILD (422-4453)
 - **Elder Abuse Hotline** – 1-800-677-1116
 - **National Sexual Assault Hotline (RAINN)** – 1-800-656-HOPE (4673)
 - **Human Trafficking Hotline** – 1-888-373-7888
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LGBTQ+ Support

- **The Trevor Project (Youth Crisis Line)** – 1-866-488-7386 or text **START** to 678678
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Youth and Teen Crisis

- **YouthLine (Teens helping teens)** – Call 1-877-968-8491 or text **teen2teen** to 839863
 - **StopBullying.gov** – Online chat support and resources
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Homelessness and Housing Crisis

- **National Call Center for Homeless Veterans** – 1-877-4AID-VET (424-3838)
- **211** – Call **211** for local housing, food, and utility assistance resources

Veterans

- **Veterans Crisis Line** – Call 988 then press 1, or text **838255**

Other Helplines

- **Eating Disorder Helpline (NEDA)** – 1-800-931-2237
- **Gambling Addiction Hotline** – 1-800-GAMBLER (426-2537)

Faith-Based Encouragement

“Cast all your anxiety on Him because He cares for you.” – 1 Peter 5:7

Important Disclaimer

This website offers spiritual encouragement and biblical guidance but is **not a crisis line or professional counseling service**. If you are in danger or at risk of harming yourself or others, please contact the emergency numbers listed above immediately.