

Metric Embedding Theory and its Algorithms (67720) – Exercise 2

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1. (a) We will define $Y, Z = \mathbb{R}^n, X = \{e_1, \dots, e_n\}$, $d_X = d_Y = d_Z = l_\infty$. define the following linear function: $\forall i \in [n], f(e_i) = g(e_i) = \begin{cases} n \cdot e_i & i = 1 \\ e_i & \text{else} \end{cases}$, notice that it is enough to define the entire function, f and g .

Notice that $f, g, g \circ f$ are non contracting and therefore we can replace $dist(u, v)$ with $expans(u, v)$ in the calculations later.

Notice that $\forall u, v \in X \setminus \{e_1\}$, $\frac{d_Y(f(u), f(v))}{d_X(u, v)} = \frac{d_Y(u, v)}{d_X(u, v)} = \frac{1}{1} = 1$ and if $u = e_1$, then $\frac{d_Y(f(u), f(v))}{d_X(u, v)} = \frac{d_Y(n \cdot u, v)}{d_X(u, v)} = \frac{n}{1} = n$, therefore:

$$\begin{aligned} l_1 - dist(f) &\stackrel{\text{def}}{=} \left(\frac{\sum_{u \neq v \in X} dist_f(u, v)^1}{\binom{n}{2}} \right)^{\frac{1}{1}} = \frac{\sum_{u \neq v \in X} expans_f(u, v)}{\binom{n}{2}} = \frac{\sum_{u \neq v \in X} \frac{d_Y(f(u), f(v))}{d_X(u, v)}}{\binom{n}{2}} \\ &= \frac{\sum_{u \neq v \in X \setminus \{e_1\}} \frac{d_Y(f(u), f(v))}{d_X(u, v)} + \sum_{(u=e_1 \vee v=e_1) \wedge u \neq v} \frac{d_Y(f(u), f(v))}{d_X(u, v)}}{\binom{n}{2}} \\ &= \frac{\sum_{u \neq v \in X \setminus \{e_1\}} 1 + \sum_{(u=e_1 \vee v=e_1) \wedge u \neq v} n}{\binom{n}{2}} = \frac{\binom{n-1}{2} + n \cdot 2 \cdot (n-1)}{\binom{n}{2}} = \Theta(1) \end{aligned}$$

Notice that $\forall u, v \in f(X) \setminus \{n \cdot e_1\}$, $\frac{d_Z(g(u), g(v))}{d_Y(u, v)} = \frac{d_Z(u, v)}{d_Y(u, v)} = \frac{1}{1} = 1$ and if $u = n \cdot e_1$, then $\frac{d_Z(g(u), g(v))}{d_Y(u, v)} = \frac{d_Z(n \cdot u, v)}{d_Y(u, v)} = \frac{n}{1} = n$, therefore:

$$\begin{aligned} l_1 - dist(g) &\stackrel{\text{def}}{=} \left(\frac{\sum_{u \neq v \in f(X)} dist_g(u, v)^1}{\binom{n}{2}} \right)^{\frac{1}{1}} = \frac{\sum_{u \neq v \in f(X)} expans_g(u, v)}{\binom{n}{2}} = \frac{\sum_{u \neq v \in f(X)} \frac{d_Z(g(u), g(v))}{d_Y(u, v)}}{\binom{n}{2}} \\ &= \frac{\sum_{u \neq v \in f(X) \setminus \{n \cdot e_1\}} \frac{d_Z(g(u), g(v))}{d_Y(u, v)} + \sum_{(u=n \cdot e_1 \vee v=n \cdot e_1) \wedge u \neq v} \frac{d_Z(g(u), g(v))}{d_Y(u, v)}}{\binom{n}{2}} \\ &= \frac{\sum_{u \neq v \in f(X) \setminus \{n \cdot e_1\}} 1 + \sum_{(u=n \cdot e_1 \vee v=n \cdot e_1) \wedge u \neq v} n}{\binom{n}{2}} = \frac{\binom{n-1}{2} + n \cdot 2 \cdot (n-1)}{\binom{n}{2}} = \Theta(1) \end{aligned}$$

Notice that $\forall u, v \in X \setminus \{e_1\}$, $\frac{d_Z(g(f(u)), g(f(v)))}{d_X(u, v)} = \frac{d_Z(g(u), g(v))}{d_X(u, v)} = \frac{d_Z(u, v)}{d_X(u, v)} = \frac{1}{1} = 1$ and if $u = e_1$, then $\frac{d_Z(g(f(u)), g(f(v)))}{d_X(u, v)} = \frac{d_Z(g(n \cdot u), g(v))}{d_X(u, v)} = \frac{d_Z(n^2 \cdot u, v)}{d_X(u, v)} = \frac{n^2}{1} = n^2$, therefore:

$$\begin{aligned} l_1 - dist(g \circ f) &\stackrel{\text{def}}{=} \left(\frac{\sum_{u \neq v \in X} dist_{(g \circ f)}(u, v)^1}{\binom{n}{2}} \right)^{\frac{1}{1}} = \frac{\sum_{u \neq v \in X} expans_{(g \circ f)}(u, v)}{\binom{n}{2}} = \frac{\sum_{u \neq v \in X} \frac{d_Z(g(f(u)), g(f(v)))}{d_X(u, v)}}{\binom{n}{2}} \\ &= \frac{\sum_{u \neq v \in X \setminus \{e_1\}} \frac{d_Z(g(u), g(v))}{d_X(u, v)} + \sum_{(u=e_1 \vee v=e_1) \wedge u \neq v} \frac{d_Z(g(u), g(v))}{d_X(u, v)}}{\binom{n}{2}} \\ &= \frac{\sum_{u \neq v \in X \setminus \{e_1\}} 1 + \sum_{(u=e_1 \vee v=e_1) \wedge u \neq v} n^2}{\binom{n}{2}} = \frac{\binom{n-1}{2} + n^2 \cdot 2 \cdot (n-1)}{\binom{n}{2}} = \Theta(n) \end{aligned}$$

Therefore we showed that $l_1 - dist(g \circ f) = \Theta(n)$, and $l_1 - dist(f) = l_1 - dist(g) = \Theta(1)$, therefore $l_1 - dist(f) \cdot l_1 - dist(g) = \Theta(1)$. We got that $l_1 - dist(g \circ f) = \Theta(n)$ and $l_1 - dist(f) \cdot l_1 - dist(g) = \Theta(1)$ and therefore due to the definition of the Θ notation, $\lim_{n \rightarrow \infty} \frac{l_1 - dist(g \circ f)}{l_1 - dist(f) \cdot l_1 - dist(g)} = \infty$. In class it was stated that it is enough to show that the inequality $l_1 - dist(g \circ f) > l_1 - dist(f) \cdot l_1 - dist(g)$ is true from some N and not for all $n \geq 2$ and it follows immediately from the limit.

(b) denote $|X| = n$

Define $\forall u \neq v \in X, y_{u,v} \stackrel{\text{def}}{=} \text{dist}_f(u, v)^q, x_{u,v} \stackrel{\text{def}}{=} \text{dist}_g(f(u), f(v))^q$. Notice that:

$$\begin{aligned} \|x\|_s^{\frac{1}{q}} &= \left(\left(\sum_{u \neq v \in X} (\text{dist}_g(f(u), f(v))^q)^s \right)^{\frac{1}{s}} \right)^{\frac{1}{q}} = \left(\sum_{u \neq v \in X} \text{dist}_g(f(u), f(v))^{qs} \right)^{\frac{1}{qs}} \\ &= \left(\frac{\sum_{u \neq v \in X} \text{dist}_g(f(u), f(v))^{qs}}{\binom{n}{2}} \cdot \binom{n}{2} \right)^{\frac{1}{qs}} = \left(\frac{\sum_{u \neq v \in X} \text{dist}_g(f(u), f(v))^{qs}}{\binom{n}{2}} \right)^{\frac{1}{qs}} \cdot \binom{n}{2}^{\frac{1}{qs}} \\ &= \left(\frac{\sum_{u \neq v \in f(X)} \text{dist}_g(u, v)^{qs}}{\binom{n}{2}} \right)^{\frac{1}{qs}} \cdot \binom{n}{2}^{\frac{1}{qs}} \stackrel{\text{def}}{=} l_{qs} - \text{dist}(g) \cdot \binom{n}{2}^{\frac{1}{qs}} \end{aligned}$$

Furthermore, notice that:

$$\begin{aligned} \|y\|_s^{\frac{1}{q}} &= \left(\left(\sum_{u \neq v \in X} (\text{dist}_f(u, v)^q)^p \right)^{\frac{1}{p}} \right)^{\frac{1}{q}} = \left(\sum_{u \neq v \in X} \text{dist}_f(u, v)^{qp} \right)^{\frac{1}{qp}} \\ &= \left(\frac{\sum_{u \neq v \in X} \text{dist}_f(u, v)^{qp}}{\binom{n}{2}} \cdot \binom{n}{2} \right)^{\frac{1}{qp}} = \left(\frac{\sum_{u \neq v \in X} \text{dist}_f(u, v)^{qp}}{\binom{n}{2}} \right)^{\frac{1}{qp}} \cdot \binom{n}{2}^{\frac{1}{qp}} \\ &\stackrel{\text{def}}{=} l_{qp} - \text{dist}(f) \cdot \binom{n}{2}^{\frac{1}{qp}} \end{aligned}$$

Then

$$\begin{aligned} l_q - \text{dist}(g \circ f) &\stackrel{\text{def}}{=} \left(\frac{\sum_{u \neq v \in X} \text{dist}_{g \circ f}(u, v)^q}{\binom{n}{2}} \right)^{\frac{1}{q}} = \left(\frac{\sum_{u \neq v \in X} \max\{\text{expans}_{g \circ f}(u, v), \text{contr}_{g \circ f}(u, v)\}^q}{\binom{n}{2}} \right)^{\frac{1}{q}} \\ &= \left(\frac{\sum_{u \neq v \in X} \max\left\{ \frac{d_Z(g(f(u)), g(f(v)))}{d_X(u, v)}, \frac{d_X(u, v)}{d_Z(g(f(u)), g(f(v)))} \right\}^q}{\binom{n}{2}} \right)^{\frac{1}{q}} \\ &= \left(\frac{\sum_{u \neq v \in X} \max\left\{ \frac{d_Z(g(f(u)), g(f(v)))}{d_Y(f(u), f(v))} \cdot \frac{d_Y(f(u), f(v))}{d_X(u, v)}, \frac{d_X(u, v)}{d_Y(f(u), f(v))} \cdot \frac{d_Y(f(u), f(v))}{d_Z(g(f(u)), g(f(v)))} \right\}^q}{\binom{n}{2}} \right)^{\frac{1}{q}} \\ &\leq \left(\frac{\sum_{u \neq v \in X} \left(\max\left\{ \frac{d_Y(f(u), f(v))}{d_X(u, v)}, \frac{d_X(u, v)}{d_Y(f(u), f(v))} \right\} \cdot \max\left\{ \frac{d_Z(g(f(u)), g(f(v)))}{d_Y(f(u), f(v))}, \frac{d_Y(f(u), f(v))}{d_Z(g(f(u)), g(f(v)))} \right\} \right)^q}{\binom{n}{2}} \right)^{\frac{1}{q}} \\ &= \left(\frac{\sum_{u \neq v \in X} \text{dist}_f(u, v)^q \cdot \text{dist}_g(f(u), f(v))^q}{\binom{n}{2}} \right)^{\frac{1}{q}} = \left(\frac{\langle x, y \rangle}{\binom{n}{2}} \right)^{\frac{1}{q}} \stackrel{\text{Holder-inequality}}{\leq} \left(\frac{\|x\|_s \cdot \|y\|_p}{\binom{n}{2}} \right)^{\frac{1}{q}} \\ &= \|x\|_s^{\frac{1}{q}} \cdot \|y\|_p^{\frac{1}{q}} \cdot \left(\frac{1}{\binom{n}{2}} \right)^{\frac{1}{q}} = l_{qp} - \text{dist}(f) \cdot \binom{n}{2}^{\frac{1}{qp}} \cdot l_{qs} - \text{dist}(g) \cdot \binom{n}{2}^{\frac{1}{qs}} \cdot \left(\frac{1}{\binom{n}{2}} \right)^{\frac{1}{q}} \\ &= l_{qp} - \text{dist}(f) \cdot l_{qs} - \text{dist}(g) \cdot \binom{n}{2}^{\frac{1}{q} \cdot (\frac{1}{p} + \frac{1}{s})} \cdot \left(\frac{1}{\binom{n}{2}} \right)^{\frac{1}{q}} \\ &= l_{qp} - \text{dist}(f) \cdot l_{qs} - \text{dist}(g) \cdot \binom{n}{2}^{\frac{1}{q}} \cdot \left(\frac{1}{\binom{n}{2}} \right)^{\frac{1}{q}} = l_{qp} - \text{dist}(f) \cdot l_{qs} - \text{dist}(g) \end{aligned}$$

We proved that $l_q - \text{dist}(g \circ f) \leq l_{qp} - \text{dist}(f) \cdot l_{qs} - \text{dist}(g)$ as required.

(c) Denote $\alpha = \sqrt{\frac{l_q - \text{contr}(f)}{l_q - \text{expans}(f)}}$. We will look at $h(x) = f(x)$, where $h : (X, d_X) \rightarrow (f(X), d_{\alpha f(X)})$. Notice that

$$\begin{aligned} l_q - \text{expans}(h) &\stackrel{\text{def}}{=} \left(\frac{\sum_{u \neq v \in X} \text{expans}_h(u, v)^q}{\binom{n}{2}} \right)^{\frac{1}{q}} = \left(\frac{\sum_{u \neq v \in X} \left(\frac{d_{\alpha f(X)}(h(u), h(v))}{d_X(u, v)} \right)^q}{\binom{n}{2}} \right)^{\frac{1}{q}} = \left(\frac{\sum_{u \neq v \in X} \left(\frac{d_{\alpha f(X)}(u, v)}{d_X(u, v)} \right)^q}{\binom{n}{2}} \right)^{\frac{1}{q}} \\ &\stackrel{\text{f(X)-scalable-metric}}{=} \left(\frac{\sum_{u \neq v \in X} \left(\frac{\alpha \cdot d_X(u, v)}{d_X(u, v)} \right)^q}{\binom{n}{2}} \right)^{\frac{1}{q}} = \alpha \cdot \left(\frac{\sum_{u \neq v \in X} \text{expans}_f(u, v)^q}{\binom{n}{2}} \right)^{\frac{1}{q}} \\ &= \alpha \cdot l_q - \text{expans}(f) = \sqrt{\frac{l_q - \text{contr}(f)}{l_q - \text{expans}(f)}} \cdot l_q - \text{expans}(f) = \sqrt{l_q - \text{contr}(f)} \cdot \sqrt{l_q - \text{expans}(f)} \end{aligned}$$

Now notice that

$$\begin{aligned} l_q - \text{contr}(h) &\stackrel{\text{def}}{=} \left(\frac{\sum_{u \neq v \in X} \text{contr}_h(u, v)^q}{\binom{n}{2}} \right)^{\frac{1}{q}} = \left(\frac{\sum_{u \neq v \in X} \left(\frac{d_X(u, v)}{d_{\alpha f(X)}(h(u), h(v))} \right)^q}{\binom{n}{2}} \right)^{\frac{1}{q}} = \left(\frac{\sum_{u \neq v \in X} \left(\frac{d_X(u, v)}{d_{\alpha f(X)}(u, v)} \right)^q}{\binom{n}{2}} \right)^{\frac{1}{q}} \\ &\stackrel{\text{f(X)-scalable-metric}}{=} \left(\frac{\sum_{u \neq v \in X} \left(\frac{d_X(u, v)}{\alpha \cdot d_X(u, v)} \right)^q}{\binom{n}{2}} \right)^{\frac{1}{q}} = \alpha^{-1} \cdot \left(\frac{\sum_{u \neq v \in X} \text{contr}_f(u, v)^q}{\binom{n}{2}} \right)^{\frac{1}{q}} \\ &= \alpha^{-1} \cdot l_q - \text{contr}(f) = \sqrt{\frac{l_q - \text{expans}(f)}{l_q - \text{contr}(f)}} \cdot l_q - \text{contr}(f) = \sqrt{l_q - \text{contr}(f)} \cdot \sqrt{l_q - \text{expans}(f)} \end{aligned}$$

define $x_{u,v} = \frac{\text{contr}_h(u, v)}{\binom{n}{2}^{\frac{1}{q}}}$, $y_{u,v} = \frac{\text{expans}_h(u, v)}{\binom{n}{2}^{\frac{1}{q}}}$, $\forall u \neq v \in X$.

Finally notice that

$$\begin{aligned} l_q - \text{dist}(h) &\stackrel{\text{def}}{=} \left(\frac{\sum_{u \neq v \in X} \text{dist}_h(u, v)^q}{\binom{n}{2}} \right)^{\frac{1}{q}} = \left(\frac{\sum_{u \neq v \in X} \max\{\text{contr}_h(u, v), \text{expans}_h(u, v)\}^q}{\binom{n}{2}} \right)^{\frac{1}{q}} \\ &= \left(\frac{\sum_{u \neq v \in X} \max\{\text{contr}_h(u, v)^q, \text{expans}_h(u, v)^q\}}{\binom{n}{2}} \right)^{\frac{1}{q}} \leq \left(\frac{\sum_{u \neq v \in X} (\text{contr}_h(u, v) + \text{expans}_h(u, v))^q}{\binom{n}{2}} \right)^{\frac{1}{q}} \\ &= \left(\sum_{u \neq v \in X} (x_{u,v} + y_{u,v})^q \right)^{\frac{1}{q}} \stackrel{\text{Minkowski-inequality}}{\leq} \|x\|_q + \|y\|_q \\ &= \left(\frac{\sum_{u \neq v \in X} \text{contr}_h(u, v)^q}{\binom{n}{2}} \right)^{\frac{1}{q}} + \left(\frac{\sum_{u \neq v \in X} \text{expans}_h(u, v)^q}{\binom{n}{2}} \right)^{\frac{1}{q}} = l_q - \text{expans}(h) + l_q - \text{contr}(h) \\ &= 2 \cdot \sqrt{l_q - \text{contr}(f)} \cdot \sqrt{l_q - \text{expans}(f)} = O\left(\sqrt{l_q - \text{contr}(f)} \cdot \sqrt{l_q - \text{expans}(f)}\right) \end{aligned}$$

Now, we know that due to Y being a scaling space, there exists h_1 that embeds isometrically from $(\alpha f(X), d_{\alpha f(X)}) \rightarrow (f(X), d_{f(X)})$. Look at $\hat{h}(x) = h_1(h(x))$.

Notice that $\hat{h} : X \rightarrow f(X)$ and that $l_q - \text{dist}(\hat{h}) = l_q - \text{dist}(h) = O\left(\sqrt{l_q - \text{contr}(f)} \cdot \sqrt{l_q - \text{expans}(f)}\right)$ because h_1 is embeds isometrically and therefore doesn't change the distances.

Therefore, we showed there exists a function $\hat{h} : X \rightarrow Y$ with distortion $O\left(\sqrt{l_q - \text{contr}(f)} \cdot \sqrt{l_q - \text{expans}(f)}\right)$.

Now assume that f is non-contractive and g is non-expansive, notice that Y, Z are scaling spaces. Notice that f is non-contractive and therefore $l_q - \text{expans}(f) = l_q - \text{dist}(f)$ and g is non-expansive and therefore $l_q - \text{contr}(g) = l_q - \text{dist}(g)$.

Notice that $l_q - \text{expans}(g \circ f) \leq l_q - \text{expans}(f) = l_q - \text{expans}(f) = l_q - \text{dist}(f)$ because g is non-expansive, and $l_q - \text{contr}(g \circ f) \leq l_q - \text{contr}(g) = l_q - \text{contr}(g) = l_q - \text{dist}(g)$ because f is non-contractive. Notice that $g \circ f : X \rightarrow Z$ and Z is scaling space.

Therefore due to what we proved there exists $\hat{h} : X \rightarrow Z$ with $l_q - \text{dist}(\hat{h}) = O\left(\sqrt{l_q - \text{expans}(g \circ f)} \cdot \sqrt{l_q - \text{contr}(g \circ f)}\right) = O\left(\sqrt{l_q - \text{dist}(f)} \cdot \sqrt{l_q - \text{dist}(g)}\right)$, as required.

- (d) First notice that we saw in class that $\forall x$, s.t. $\|x\|_2 = 1$ it holds that $\text{expans}_g(x)^q = \left(\frac{Z}{k}\right)^{\frac{q}{2}}$, $\text{contr}_g(x)^q = \left(\frac{k}{Z}\right)^{\frac{q}{2}}$ when $Z \sim \chi_k^2$.

Notice that $\text{expans}_g(x), \text{contr}_g(x)$ are not functions of x , therefore $\max\{\text{expans}_g(x), \text{contr}_g(x)\}$ is also not a function of x .

Therefore, define $\forall x$ s.t. $\|x\|_2 = 1$, $\mathbb{E}[\text{dist}_g(x)] = E[\max\{\text{expans}_g(x), \text{contr}_g(x)\}] = c$.

Therefore, due to g being a linear function, $\forall u \neq v \in X$, $\mathbb{E}[\text{dist}_g(u, v)] = c$

Notice that

$$\mathbb{E}[l_q - \text{dist}(g)^q] \stackrel{\text{def}}{=} \mathbb{E}\left[\frac{\sum_{u \neq v \in X} \text{dist}_g(u, v)}{\binom{n}{2}}\right] = \frac{\sum_{u \neq v \in X} \mathbb{E}[\text{dist}_g(u, v)]}{\binom{n}{2}} = \frac{\sum_{u \neq v \in X} c}{\binom{n}{2}} = \frac{\binom{n}{2} \cdot c}{\binom{n}{2}} = c$$

Therefore, we got that $\forall u \neq v \in X$, $\mathbb{E}[\text{dist}_g(u, v)] = \mathbb{E}[l_q - \text{dist}(g)^q]$.

Notice that $f(x) = x^{\frac{1}{q}}$ is a concave function and therefore due to Jensen's inequality $\mathbb{E}[f(X)] \leq f(\mathbb{E}[X])$.

Therefore:

$$\begin{aligned} \mathbb{E}[l_q - \text{dist}(g \circ f)] &\stackrel{\text{def}}{=} \mathbb{E}\left[\left(\frac{\sum_{u \neq v \in X} \text{dist}_{g \circ f}(u, v)^q}{\binom{n}{2}}\right)^{\frac{1}{q}}\right] = \mathbb{E}\left[\left(\frac{\sum_{u \neq v \in X} \max\{\text{expans}_{g \circ f}(u, v), \text{contr}_{g \circ f}(u, v)\}^q}{\binom{n}{2}}\right)^{\frac{1}{q}}\right] \\ &= \mathbb{E}\left[\left(\frac{\sum_{u \neq v \in X} \max\{\text{expans}_{g \circ f}(u, v), \text{contr}_{g \circ f}(u, v)\}^q}{\binom{n}{2}}\right)^{\frac{1}{q}}\right] \\ &= \mathbb{E}\left[\left(\frac{\sum_{u \neq v \in X} \max\left\{\frac{d_Z(g(f(u)), g(f(v)))}{d_X(u, v)}, \frac{d_X(u, v)}{d_Z(g(f(u)), g(f(v)))}\right\}^q}{\binom{n}{2}}\right)^{\frac{1}{q}}\right] \\ &= \mathbb{E}\left[\left(\frac{\sum_{u \neq v \in X} \max\left\{\frac{d_Z(g(f(u)), g(f(v)))}{d_Y(f(u), f(v))} \cdot \frac{d_Y(f(u), f(v))}{d_X(u, v)}, \frac{d_X(u, v)}{d_Y(f(u), f(v))} \cdot \frac{d_Y(f(u), f(v))}{d_Z(g(f(u)), g(f(v)))}\right\}^q}{\binom{n}{2}}\right)^{\frac{1}{q}}\right] \\ &\leq \mathbb{E}\left[\left(\frac{\sum_{u \neq v \in X} \max\left\{\frac{d_Y(f(u), f(v))}{d_X(u, v)}, \frac{d_X(u, v)}{d_Y(f(u), f(v))}\right\}^q \cdot \max\left\{\frac{d_Z(g(f(u)), g(f(v)))}{d_Y(f(u), f(v))}, \frac{d_Y(f(u), f(v))}{d_Z(g(f(u)), g(f(v)))}\right\}^q}{\binom{n}{2}}\right)^{\frac{1}{q}}\right] \\ &= \mathbb{E}\left[\left(\frac{\sum_{u \neq v \in X} \text{dist}_f(u, v)^q \cdot \text{dist}_g(f(u), f(v))^q}{\binom{n}{2}}\right)^{\frac{1}{q}}\right] \\ &\stackrel{\text{Jensen's inequality}}{\leq} \left(\mathbb{E}\left[\frac{\sum_{u \neq v \in X} \text{dist}_f(u, v)^q \cdot \text{dist}_g(f(u), f(v))^q}{\binom{n}{2}}\right]\right)^{\frac{1}{q}} \\ &\stackrel{\text{f-is-not-random}}{=} \left(\frac{\sum_{u \neq v \in X} \text{dist}_f(u, v)^q \cdot \mathbb{E}[\text{dist}_g(f(u), f(v))^q]}{\binom{n}{2}}\right)^{\frac{1}{q}} \\ &= \left(\frac{\sum_{u \neq v \in X} \text{dist}_f(u, v)^q \cdot \mathbb{E}[l_q - \text{dist}(g)^q]}{\binom{n}{2}}\right)^{\frac{1}{q}} \\ &= \left(\frac{\sum_{u \neq v \in X} \text{dist}_f(u, v)^q}{\binom{n}{2}}\right)^{\frac{1}{q}} \cdot \mathbb{E}[l_q - \text{dist}(g)^q]^{\frac{1}{q}} \stackrel{\text{def}}{=} l_q - \text{dist}(f) \cdot \mathbb{E}[l_q - \text{dist}(g)^q]^{\frac{1}{q}} \end{aligned}$$

Therefore, we proved that $\mathbb{E}[l_q - \text{dist}(g \circ f)] \leq l_q - \text{dist}(f) \cdot \mathbb{E}[l_q - \text{dist}(g)^q]^{\frac{1}{q}}$ as required.

2. Denote the vertexes of K_n to be v_1, \dots, v_n . Define $c = d_X(v_1, v_2)$, notice that due to $X = K_n$, $\forall u \neq v \in X$, $d_X(u, v) = c$

Define $f : K_n \rightarrow \mathbb{R}$ in the following way: $\forall i \in [n], f(v_i) = \frac{c \cdot \log(n)}{n} \cdot i$. Define $X = K_n, Y = \mathbb{R}, d_Y = l_1$. Notice that:

$$\begin{aligned} l_1 - \text{expans}(f) &\stackrel{\text{def}}{=} \left(\frac{\sum_{u \neq v \in X} \text{expans}_f(u, v)^1}{\binom{n}{2}} \right)^{\frac{1}{1}} = \left(\frac{\sum_{u \neq v \in X} \left(\frac{d_Y(f(u), f(v))}{d_X(u, v)} \right)}{\binom{n}{2}} \right) = \left(\frac{\sum_{v_i \neq v_j \in X} \left(\frac{d_Y(f(v_i), f(v_j))}{d_X(v_i, v_j)} \right)}{\binom{n}{2}} \right) \\ &= \left(\frac{\sum_{v_i \neq v_j \in X} \left(\frac{d_Y\left(\frac{c \cdot \log(n)}{n} \cdot i, \frac{c \cdot \log(n)}{n} \cdot j\right)}{d_X(v_i, v_j)} \right)}{\binom{n}{2}} \right) = \left(\frac{\sum_{v_i \neq v_j \in X} \left(\frac{\frac{c \cdot \log(n)}{n} \cdot |i - j|}{c} \right)}{\binom{n}{2}} \right) \\ &\leq \left(\frac{\sum_{v_i \neq v_j \in X} \left(\frac{\frac{\log(n)}{n} \cdot n}{1} \right)}{\binom{n}{2}} \right) = \left(\frac{\sum_{v_i \neq v_j \in X} (\log(n))}{\binom{n}{2}} \right) = \left(\frac{\binom{n}{2} \cdot \log(n)}{\binom{n}{2}} \right) = \log(n) \end{aligned}$$

We saw in Infy and Dast that the following holds $\forall i < n$: $\sum_{j=i+1}^n \frac{1}{|i-j|} = \sum_{k=1}^{n-i} \frac{1}{k} = O(\log(n))$, Therefore:

$$\begin{aligned} l_1 - \text{contr}(f) &\stackrel{\text{def}}{=} \left(\frac{\sum_{u \neq v \in X} \text{contr}_f(u, v)^1}{\binom{n}{2}} \right)^{\frac{1}{1}} = \left(\frac{\sum_{u \neq v \in X} \left(\frac{d_X(u, v)}{d_Y(f(u), f(v))} \right)}{\binom{n}{2}} \right) = \left(\frac{\sum_{v_i \neq v_j \in X} \left(\frac{d_X(v_i, v_j)}{d_Y(f(v_i), f(v_j))} \right)}{\binom{n}{2}} \right) \\ &= \left(\frac{\sum_{v_i \neq v_j \in X} \left(\frac{d_X(v_i, v_j)}{d_Y\left(\frac{c \cdot \log(n)}{n} \cdot i, \frac{c \cdot \log(n)}{n} \cdot j\right)} \right)}{\binom{n}{2}} \right) = \left(\frac{\sum_{v_i \neq v_j \in X} \left(\frac{c}{\frac{c \cdot \log(n)}{n} \cdot |i - j|} \right)}{\binom{n}{2}} \right) \\ &= \frac{n}{\log(n)} \cdot \left(\frac{\sum_{v_i \neq v_j \in X} \left(\frac{1}{|i - j|} \right)}{\binom{n}{2}} \right) = \frac{n}{\log(n)} \cdot \left(\frac{2 \cdot \sum_{i=1}^n \sum_{j=i+1}^n \frac{1}{|i - j|}}{\binom{n}{2}} \right) \\ &\leq \frac{n}{\log(n)} \cdot \left(\frac{2 \cdot \sum_{i=1}^n O(\log(n))}{\binom{n}{2}} \right) \leq \frac{n}{\log(n)} \cdot \left(\frac{O(n \cdot \log(n))}{\binom{n}{2}} \right) = O\left(\frac{n \cdot n \cdot \log(n)}{\log(n) \cdot n^2}\right) = O(1) \end{aligned}$$

Therefore, we found a function f s.t. $l_1 - \text{expans}(f) = \log(n), l_1 - \text{contr}(f) = O(1)$. Notice that \mathbb{R} is a norm space and therefore it is scalable metric space. Using the argument from the first part of 1c, there exists $h : K_n \rightarrow \mathbb{R}$ s.t. $l_1 - \text{dist}(h) = O\left(\sqrt{l_1 - \text{expans}(f)} \cdot \sqrt{l_1 - \text{contr}(f)}\right) = O\left(\sqrt{\log(n)} \cdot \sqrt{O(1)}\right) = O\left(\sqrt{\log(n)}\right)$, as required.

3. Note that $\forall i \in [n]$, every element of $f(e_i)$ is in U . Therefore $\forall i \in [n], f(e_i) \in U^k$.

Notice that due to the assumption that $|U| < d^{\frac{1}{k}}$, we get that $|U^k| < \left(d^{\frac{1}{k}}\right)^k = d = n$.

Notice that we have that $f(e_1), \dots, f(e_n) \in U^k$ and $|U^k| < n$, therefore due to the pigeon principle $\exists i \neq j \in [n]$ s.t. $f(e_i) = f(e_j)$. Therefore, $d_Y(e_i, e_j) = 0$ and due to the definitions of $l_q - \text{dist}(f), \text{REM}_q(f) = \infty$ (In $l_q - \text{dist}(f)$ we will sum the contr which will be infinity and in $\text{REM}_q(f)$ due to dividing by 0).

Therefore, We got that $l_q - \text{dist}(f) = \infty, \text{REM}_q(f) = \infty$, as required.

Bonus We will first prove that $d_X^\gamma(u, v)$ is a metric.

1. reflexivity: $\forall u, v \in X, d_X^\gamma(u, v) = 0 \iff (d_X(u, v))^\gamma = 0 \iff d_X(u, v) = 0 \xrightarrow{d_X - \text{is-a-metric}} u = v$
2. symmetry: $\forall u, v \in X, d_X^\gamma(u, v) = (d_X(u, v))^\gamma \stackrel{d_X - \text{is-a-metric}}{=} (d_X(v, u))^\gamma = d_X^\gamma(v, u)$
3. triangle inequality: Define $f(x, y) = (x + y)^\gamma - x^\gamma - y^\gamma$. Notice that $\frac{\partial f}{\partial x} = \gamma \cdot (x + y)^{\gamma-1} - x^{\gamma-1}$. Due to $\gamma - 1 \leq 0$ and $y \geq 0$ we get that $\forall y \geq 0, \frac{\partial f}{\partial x} \leq 0$. Due to symmetry we get that $\forall x, y \geq 0, \frac{\partial f}{\partial x} \leq 0 \wedge \frac{\partial f}{\partial y} \leq 0$. Notice that $f(0, 0) = 0$ therefore, $\forall x, y \geq 0, f(x, y) \leq 0$, therefore $(x + y)^\gamma \leq x^\gamma + y^\gamma$.

Therefore $\forall u, v, w \in X$, due to $d_X(u, v), d_X(v, w) \geq 0$, we get that:

$$d_X^\gamma(u, w) = (d_X(u, w))^\gamma \stackrel{d_X - \text{is-a-metric}}{\leq} (d_X(u, v) + d_X(v, w))^\gamma \leq (d_X(u, v))^\gamma + (d_X(v, w))^\gamma = d_X^\gamma(u, v) + d_X^\gamma(v, w)$$

Therefore, we proved that $d_X^\gamma(u, v)$ is a metric.