

Using parametric splines and Fourier series for seasonal effects

2024-03-15

- Using parametric splines for piece-wise polynomial curves
- and Fourier series for seasonal effects

Data set simulates data from Statistics Canada NPHS from 1994 to 2011. Participants were surveyed every 2 years for up to 7 occasions.

Some participants happened to give birth during the study but since data was collected every two years there was little data on individual longitudinal sleep patterns before and after birth.

However, using mixed models with a parametric model for sleep behaviour before and after birth, it's possible to 'stitch' trajectories together to get a picture of individual predicted sleep trajectories.

```
library(spida2)
library(nlme)
```

Attaching package: 'nlme'

The following object is masked from 'package:spida2':

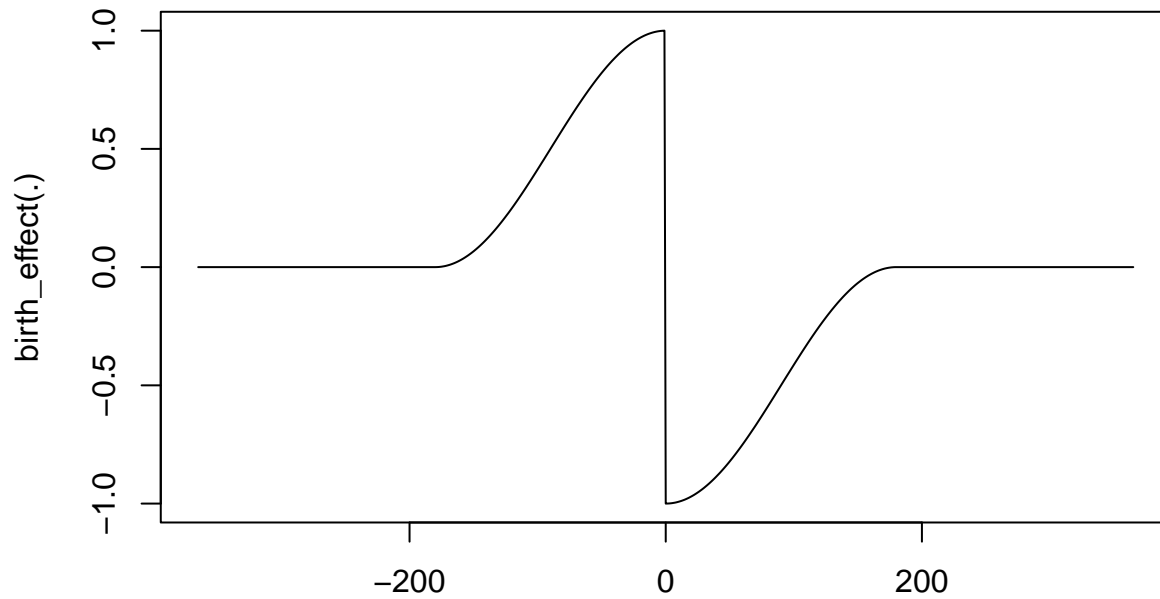
getData

```
library(latticeExtra)
```

Loading required package: lattice

Hypothetical perinatal 'birth effect' on maternal sleep relative to days before and after birth

```
birth_effect <- function(d, plus = 1, minus = 1) {
  ifelse(d < -180, 0,
    ifelse(d < 0, plus * (.5 -.5* cos(pi*(d+180)/180)),
      ifelse(d < 180, - minus * (.5 -.5* cos(pi*(d+180)/180)), 0)
    )
  )
}
# test
seq(-365,365) %>% plot(., birth_effect(., type = 'l')
```



Generate a data set

Note that many women in the NPHS gave birth more than once. Here there is only one birth recorded per person.

```
# sample(100000, 1)
{
  set.seed(4728)
  Nid <- 1000      # number of subjects
  Nobs <- 7        # observations per subject

  expand.grid(id = 1:Nid, obs = 1:Nobs) %>% # basic skeleton for data set
    within(
      {
        # date id registered
        reg_date <- sample(Nobs * 365, Nid, replace = TRUE)[id] # generating one value per id

        # dates id observed (approx every 2 years)
        date <- reg_date + obs*2*365 + sample(365, length(id), replace = TRUE) # generating one value per id

        birth_date <- reg_date + sample(365*14, Nid, replace = TRUE)[id] # date giving birth

        ..plus <- runif(Nid)[id]      # extra sleep pre birth
        ..minus <- runif(Nid)[id]     # less sleep after birth
        ..birth_effect <- birth_effect( date - birth_date, ..plus, ..minus)

        ..seasonal <- .5 * cos(2*pi*(date-30)/365)
        ..sd_between <- 1
        ..sd_within <- .5

        sleep <- 8 + ..sd_between * rnorm(Nid)[id] + ..sd_within * rnorm(id) +
          ..birth_effect + ..seasonal
      }
    )
}
```

```

    ..plus <- ..minus <- ..birth_effect <- ..seasonal <- ..sd_between <- ..sd_within <- NULL
  }
) %>%
  sortdf(~id/date)-> dd
}
head(dd)

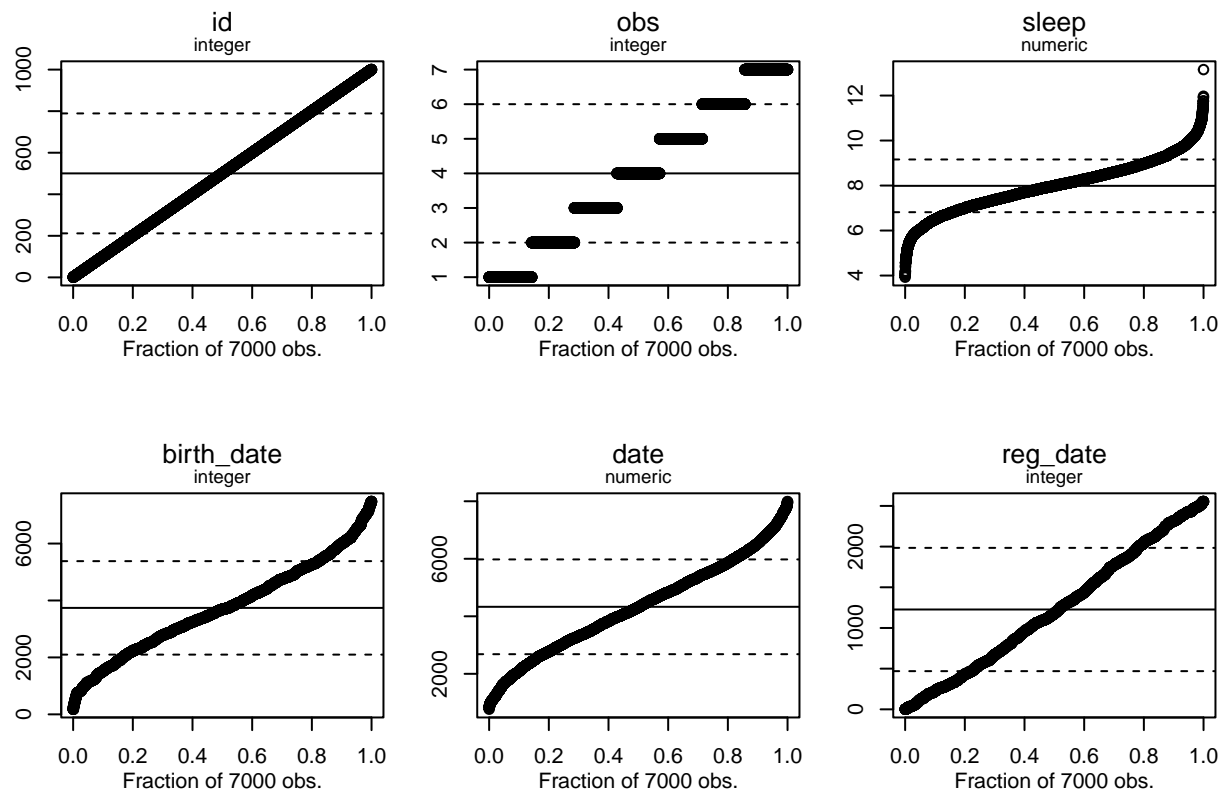
```

	id	obs	sleep	birth_date	date	reg_date
1	1	1	7.088871	5298	1197	288
1001	1	2	7.336316	5298	1891	288
2001	1	3	7.909879	5298	2655	288
3001	1	4	7.489981	5298	3441	288
4001	1	5	7.087731	5298	4084	288
5001	1	6	6.920117	5298	4893	288

```

xqplot(dd)

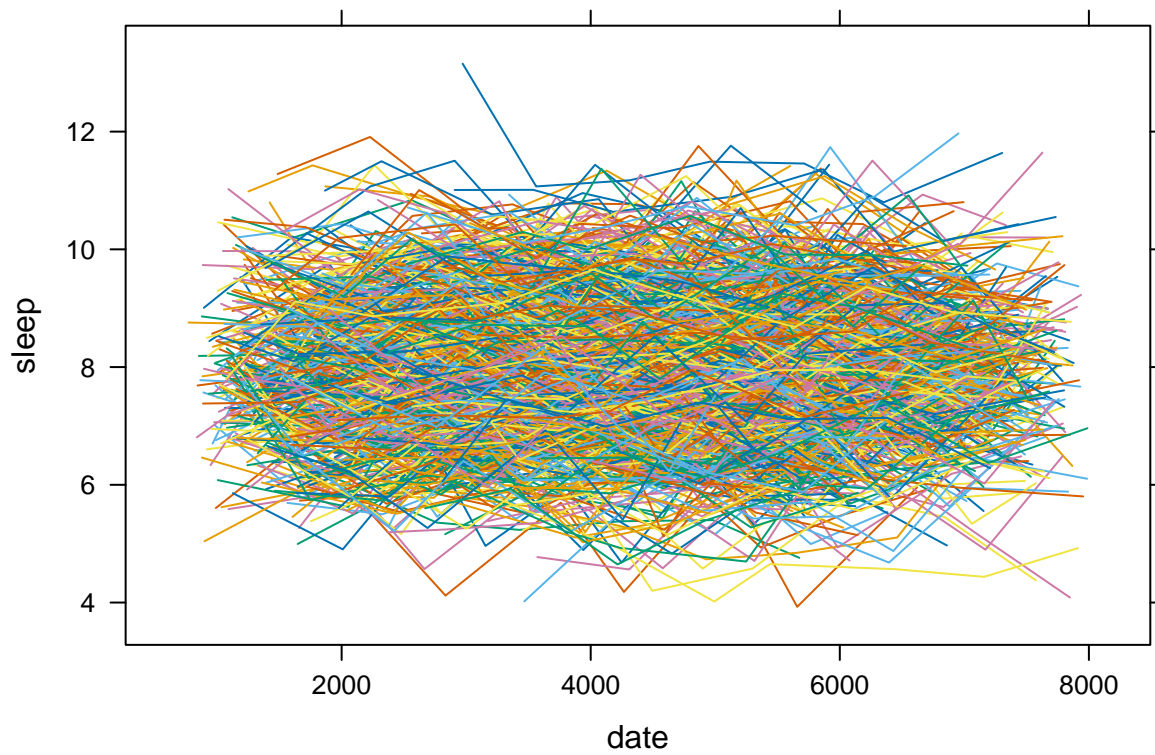
```



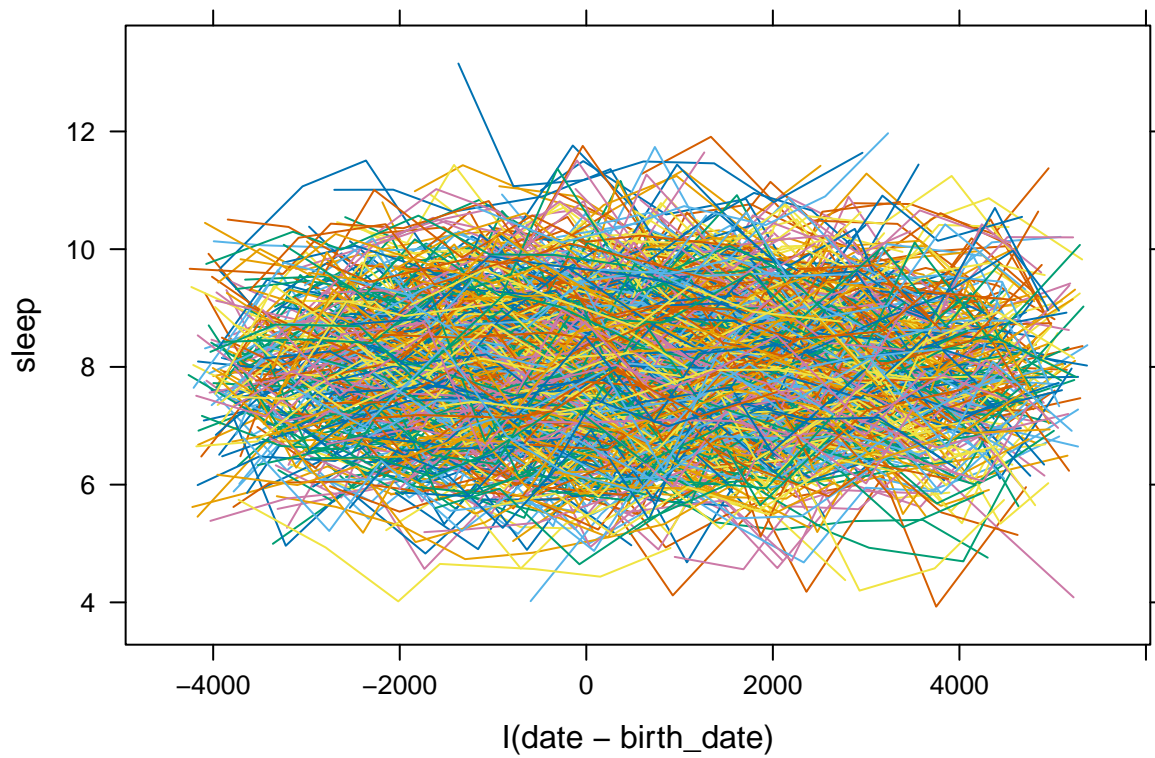
```

xyplot(sleep ~ date, dd, groups = id, type = 'l')

```



```
xyplot(sleep ~ I(date - birth_date), dd, groups = id, type = 'l')
```



Note: one observation every two years on each person

Between-person and within-person variation in sleep

```
fit <- lme(sleep ~ 1, dd, random = ~1 | id)
summary(fit)
```

Linear mixed-effects model fit by REML

Data: dd

	AIC	BIC	logLik
	16048.53	16069.09	-8021.267

Random effects:

Formula: ~1 | id

(Intercept) Residual

StdDev: 0.9974714 0.6156731

Fixed effects: sleep ~ 1

	Value	Std.Error	DF	t-value	p-value
(Intercept)	7.987087	0.03238981	6000	246.5926	0

Standardized Within-Group Residuals:

	Min	Q1	Med	Q3	Max
	-3.85320384	-0.64160961	0.00633589	0.63204103	3.68567783

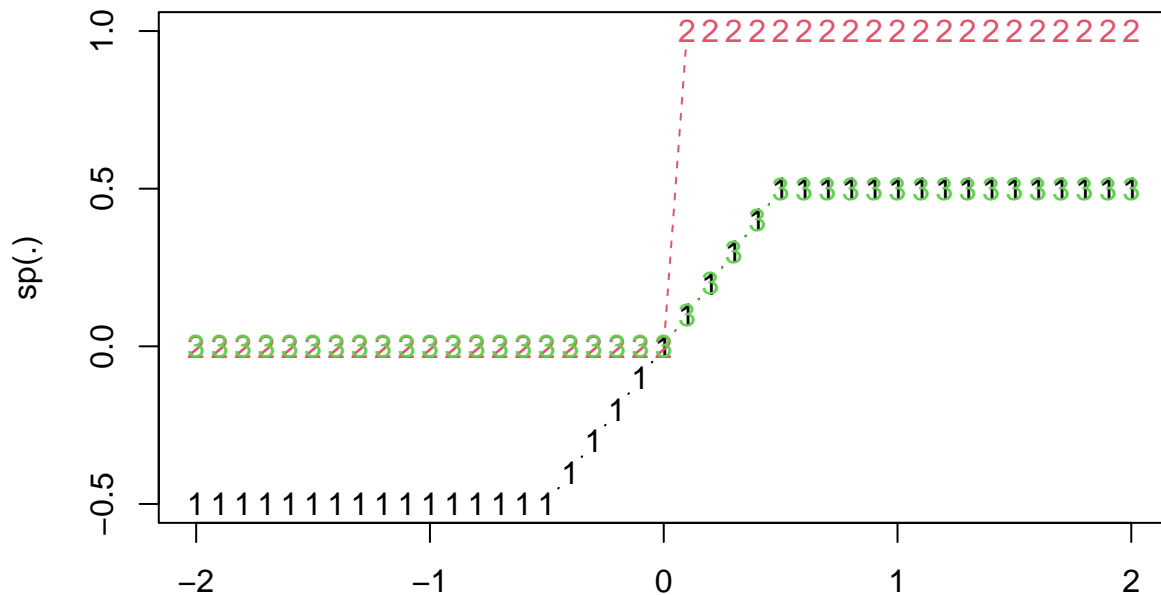
Number of Observations: 7000

Number of Groups: 1000

define a parametric spline using years as unit to avoid large numbers

```
sp <- function(y) {
  gsp(y, knots = c(-.5,0,.5), degree = c(0,1,1,0), c(0, -1, 0))
}

seq(-2,2,.1) %>% matplot(., sp(.), type = 'b')
```



```
sp(seq(-2,2,.1))
```

	D1(0)	C(0).0	C(0).1
f(-2)	-0.5	0	0.0
f(-1.9)	-0.5	0	0.0
f(-1.8)	-0.5	0	0.0
f(-1.7)	-0.5	0	0.0
f(-1.6)	-0.5	0	0.0
f(-1.5)	-0.5	0	0.0
f(-1.4)	-0.5	0	0.0
f(-1.3)	-0.5	0	0.0
f(-1.2)	-0.5	0	0.0
f(-1.1)	-0.5	0	0.0
f(-1)	-0.5	0	0.0
f(-0.9)	-0.5	0	0.0
f(-0.8)	-0.5	0	0.0
f(-0.7)	-0.5	0	0.0
f(-0.6)	-0.5	0	0.0
f(-0.5)	-0.5	0	0.0
f(-0.4)	-0.4	0	0.0
f(-0.3)	-0.3	0	0.0
f(-0.2)	-0.2	0	0.0
f(-0.1)	-0.1	0	0.0
f(0)	0.0	0	0.0
f(0.1)	0.1	1	0.1
f(0.2)	0.2	1	0.2
f(0.3)	0.3	1	0.3
f(0.4)	0.4	1	0.4
f(0.5)	0.5	1	0.5
f(0.6)	0.5	1	0.5
f(0.7)	0.5	1	0.5
f(0.8)	0.5	1	0.5
f(0.9)	0.5	1	0.5
f(1)	0.5	1	0.5
f(1.1)	0.5	1	0.5
f(1.2)	0.5	1	0.5
f(1.3)	0.5	1	0.5
f(1.4)	0.5	1	0.5
f(1.5)	0.5	1	0.5
f(1.6)	0.5	1	0.5
f(1.7)	0.5	1	0.5
f(1.8)	0.5	1	0.5
f(1.9)	0.5	1	0.5
f(2)	0.5	1	0.5

```

attr("spline.attr")
attr("spline.attr")$knots
[1] -0.5 0.0 0.5

attr("spline.attr")$degree
[1] 0 1 1 0

attr("spline.attr")$smoothness
[1] 0 -1 0

attr("spline.attr")$lin
NULL

```

```
attr("spline.attr")$intercept
[1] 0
```

```
attr("spline.attr")$signif
[1] 3
```

```
attr("class")
[1] "gsp"
```

Use years as time units

```
dd <- within(dd,
  {
    datey <- date / 365
    birthy <- birth_date / 365
  })
```

```
fit <- lme(sleep ~ sp(datey - birthy) , dd, random = ~ 1 | id)
summary(fit)
```

Linear mixed-effects model fit by REML

Data: dd

	AIC	BIC	logLik
	15985.45	16026.57	-7986.724

Random effects:

Formula: ~1 | id

	(Intercept)	Residual
--	-------------	----------

StdDev:	0.9970469	0.6118624
---------	-----------	-----------

Fixed effects: sleep ~ sp(datey - birthy)

	Value	Std.Error	DF	t-value	p-value
(Intercept)	8.465813	0.08105925	5997	104.43982	0.0000
sp(datey - birthy)D1(0)	0.987491	0.15450552	5997	6.39130	0.0000
sp(datey - birthy)C(0).0	-0.985077	0.11077282	5997	-8.89277	0.0000
sp(datey - birthy)C(0).1	0.040963	0.22128064	5997	0.18512	0.8531

Correlation:

	(Intr)	s(-b)D	s(-b)C(0).0
sp(datey - birthy)D1(0)	0.907		
sp(datey - birthy)C(0).0	-0.637	-0.682	
sp(datey - birthy)C(0).1	-0.617	-0.677	-0.063

Standardized Within-Group Residuals:

	Min	Q1	Med	Q3	Max
	-3.877379606	-0.646902798	0.002500854	0.631484893	3.660662143

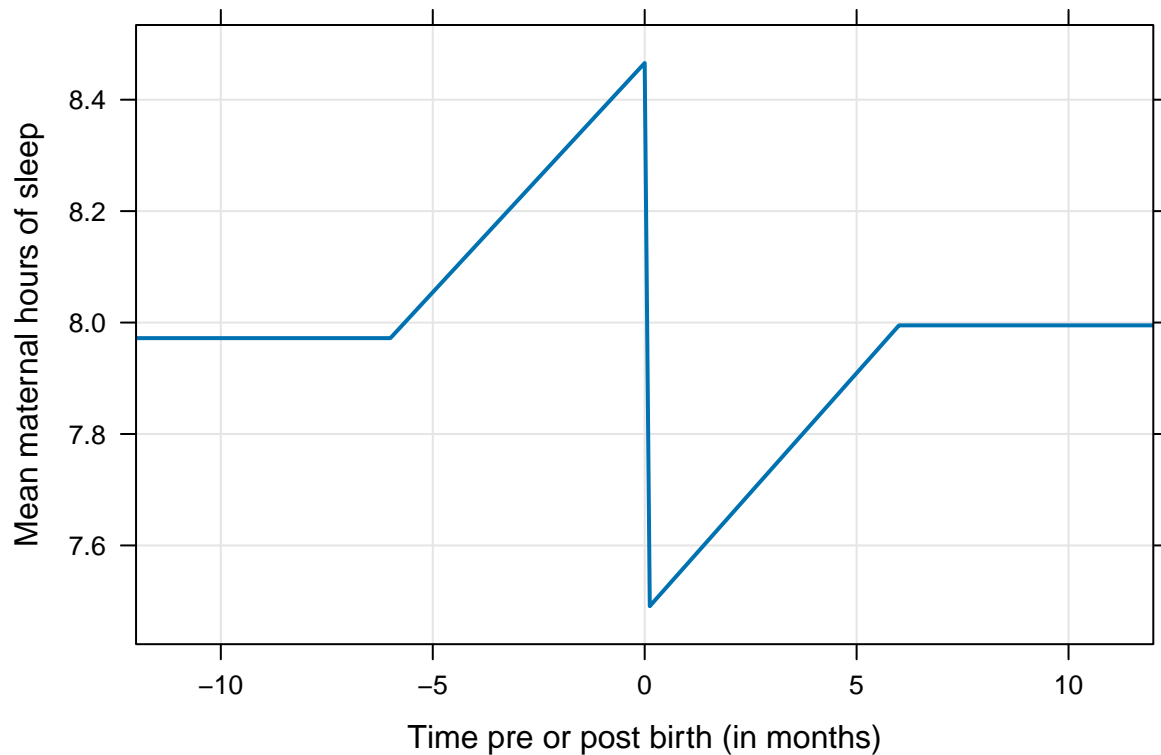
Number of Observations: 7000

Number of Groups: 1000

Create a prediction data frame to show model prediction

```
pred <- data.frame(datey = seq(-2,2,.01), birthy = 0)
pred$fit <- predict(fit, newdata = pred, level = 0)
```

```
xyplot(fit ~ I(12*datey), pred, type = 'l', lwd = 2,
       xlim = c(-12,12),
       ylab = "Mean maternal hours of sleep",
       xlab = "Time pre or post birth (in months)" +
       layer_(panel.grid(h=-1,v=-1))
```

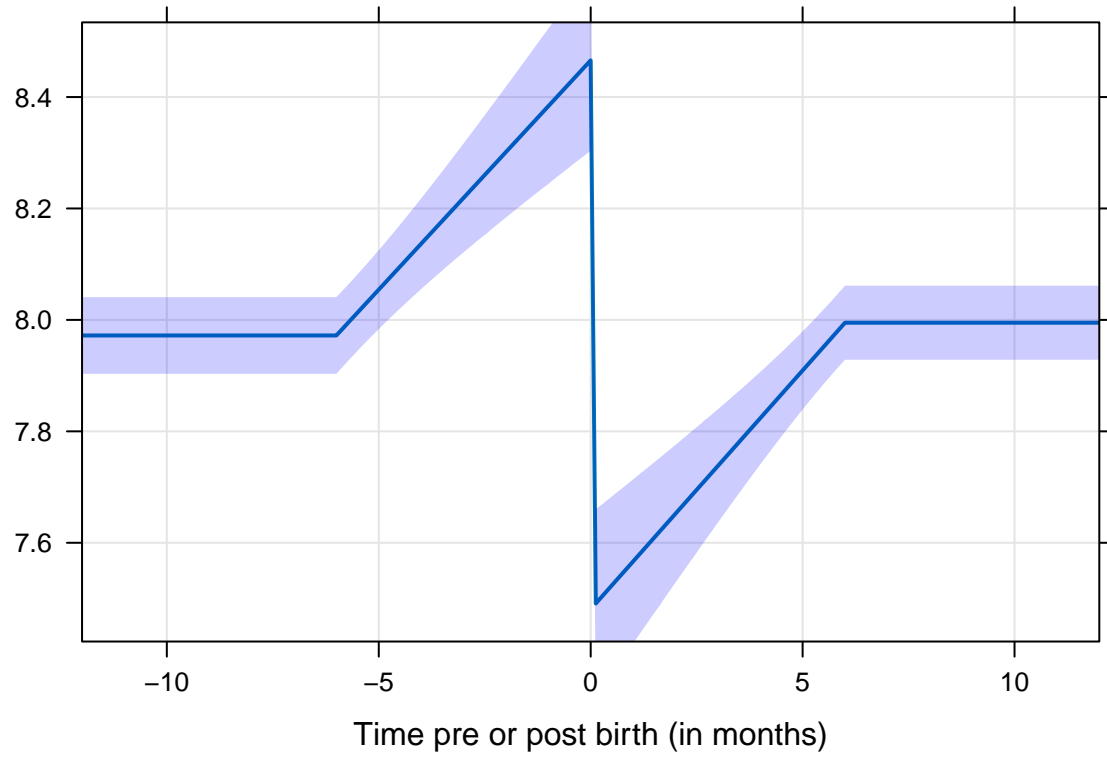


To add error bounds, since 'predict' won't provide them for 'lme' models

```
ww <- as.data.frame(wald(fit, pred = pred))

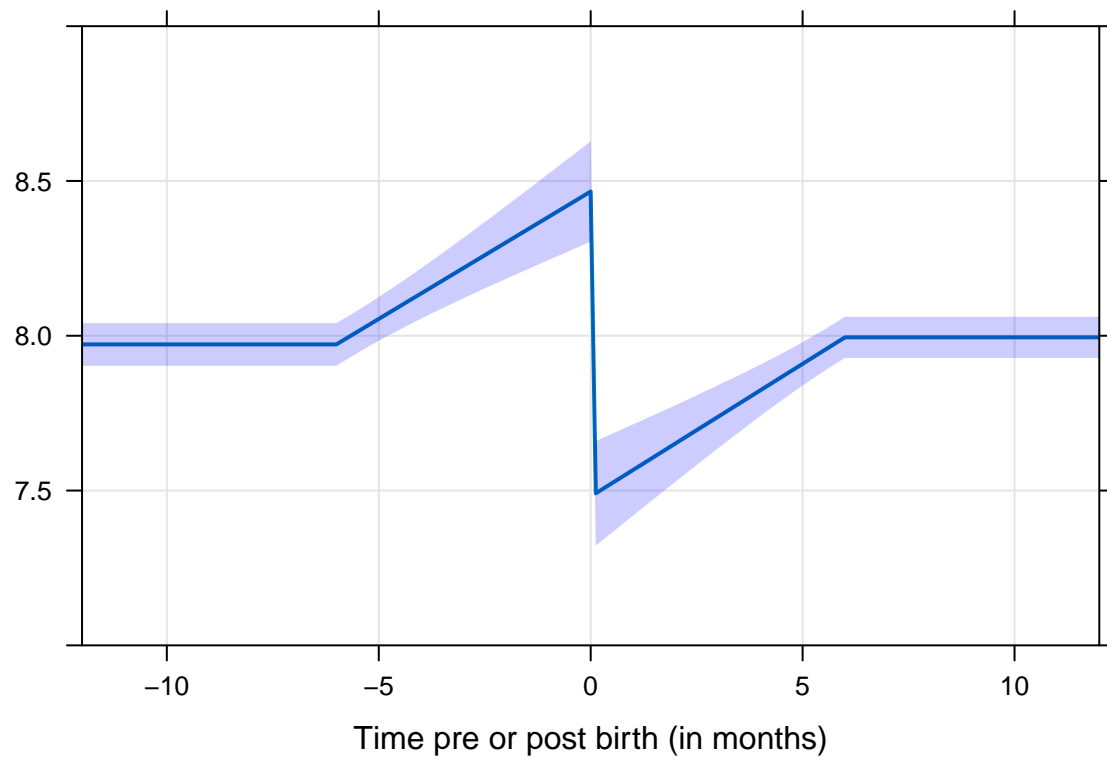
plotbands <- function(ww,...) {
  xyplot(coef ~ I(12*datey), ww, type = 'l', lwd = 2,
        xlim = c(-12,12),
        ...,
        lower = ww$L2,           # added for panel.fit
        upper = ww$U2,           # added for panel.fit
        subscripts = T,         # added for panel.fit
        ylab = "Mean maternal hours of sleep with 95% confidence bands",
        xlab = "Time pre or post birth (in months)" +
        layer_(panel.grid(h = -1, v = -1)) +
        layer(panel.fit(..., alpha = .2))
  }
plotbands(ww)
```


Mean maternal hours of sleep with 95% confidence bands



```
plotbands(ww, ylim = c(7,9))
```

Mean maternal hours of sleep with 95% confidence bands



Try a different spline

```
sp2 <- function(y) gsp(y, c(-1,-.5, 0, .5, 1), c(0,2,3,3,2,0), c(1,1,-1,1,1))

fit2 <- lme(sleep ~ sp2(datey - birthy) , dd, random = ~ 1 | id)
summary(fit2)
```

Linear mixed-effects model fit by REML

Data: dd

	AIC	BIC	logLik
	15967.9	16036.42	-7973.948

Random effects:

Formula: ~1 | id

(Intercept) Residual

StdDev: 0.9971542 0.6118803

Fixed effects: sleep ~ sp2(datey - birthy)

	Value	Std.Error	DF	t-value	p-value
(Intercept)	8.55861	0.15489	5993	55.25753	0.0000
sp2(datey - birthy)D1(0)	1.75659	2.02286	5993	0.86837	0.3852
sp2(datey - birthy)D2(0)	1.05499	14.57452	5993	0.07239	0.9423
sp2(datey - birthy)D3(0)	-8.98711	43.99968	5993	-0.20425	0.8382
sp2(datey - birthy)C(0).0	-1.01700	0.21748	5993	-4.67626	0.0000
sp2(datey - birthy)C(0).1	-2.64154	2.94118	5993	-0.89812	0.3692
sp2(datey - birthy)C(0).2	17.97831	21.12807	5993	0.85092	0.3948
sp2(datey - birthy)C(0).3	-60.95171	63.63423	5993	-0.95784	0.3382

Correlation:

	(Intr)	s2(-b)D1	s2(-b)D2	s2(-b)D3	s2(-b)C(0).0
sp2(datey - birthy)D1(0)	0.840				
sp2(datey - birthy)D2(0)	0.726	0.975			
sp2(datey - birthy)D3(0)	0.663	0.945	0.994		
sp2(datey - birthy)C(0).0	-0.685	-0.599	-0.518	-0.474	
sp2(datey - birthy)C(0).1	-0.577	-0.688	-0.671	-0.650	-0.031
sp2(datey - birthy)C(0).2	-0.502	-0.672	-0.689	-0.685	0.742
sp2(datey - birthy)C(0).3	-0.457	-0.654	-0.688	-0.692	-0.024
		s2(-b)C(0).1	s2(-b)C(0).2		
sp2(datey - birthy)D1(0)					
sp2(datey - birthy)D2(0)					
sp2(datey - birthy)D3(0)					
sp2(datey - birthy)C(0).0					
sp2(datey - birthy)C(0).1					
sp2(datey - birthy)C(0).2	-0.050				
sp2(datey - birthy)C(0).3	0.946	-0.046			

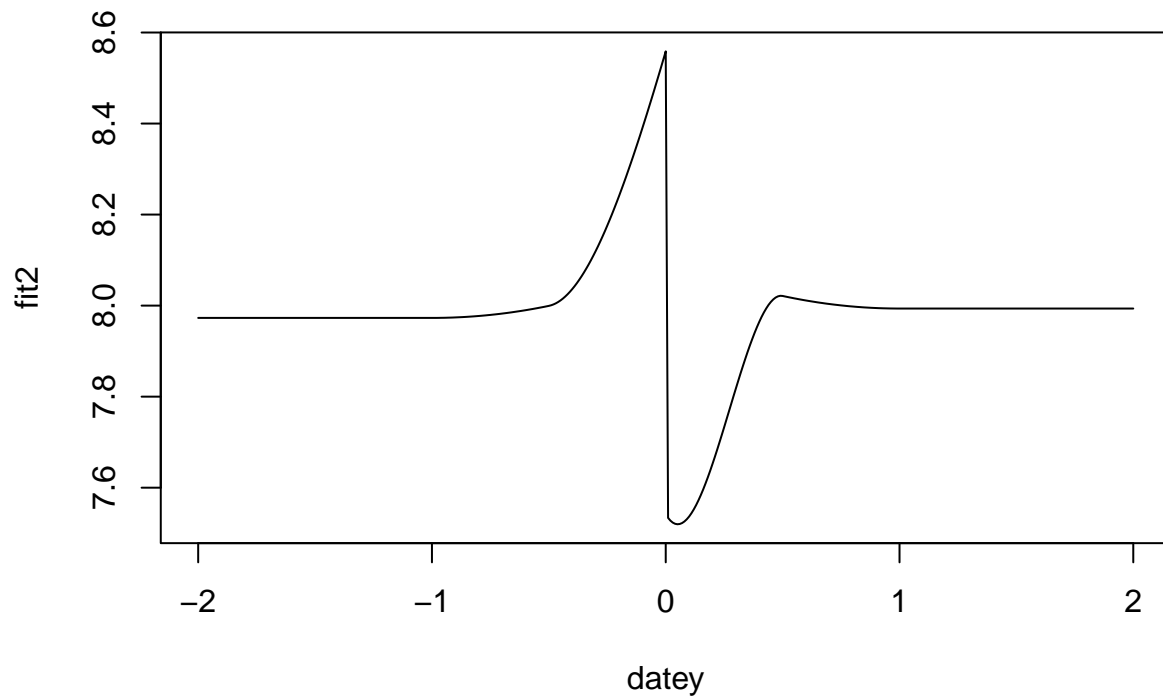
Standardized Within-Group Residuals:

	Min	Q1	Med	Q3	Max
	-3.877143934	-0.645090676	0.001593104	0.629206506	3.666263366

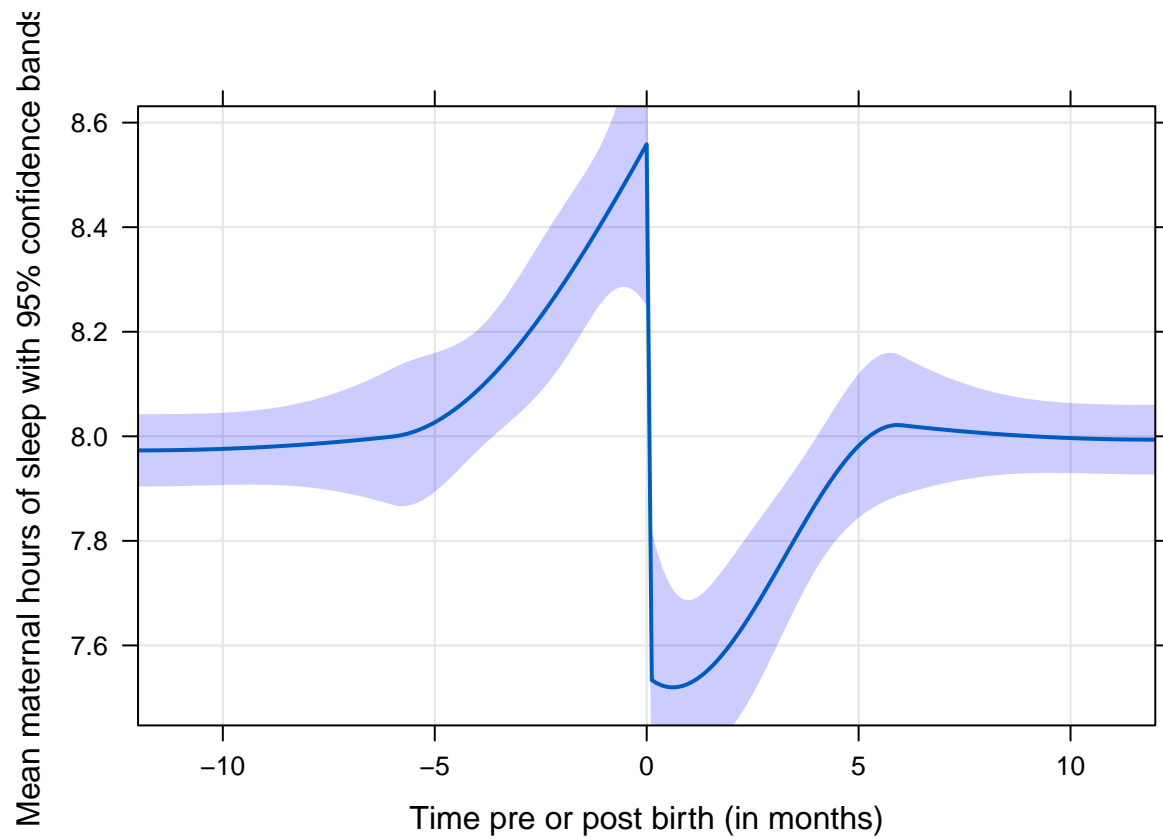
Number of Observations: 7000

Number of Groups: 1000

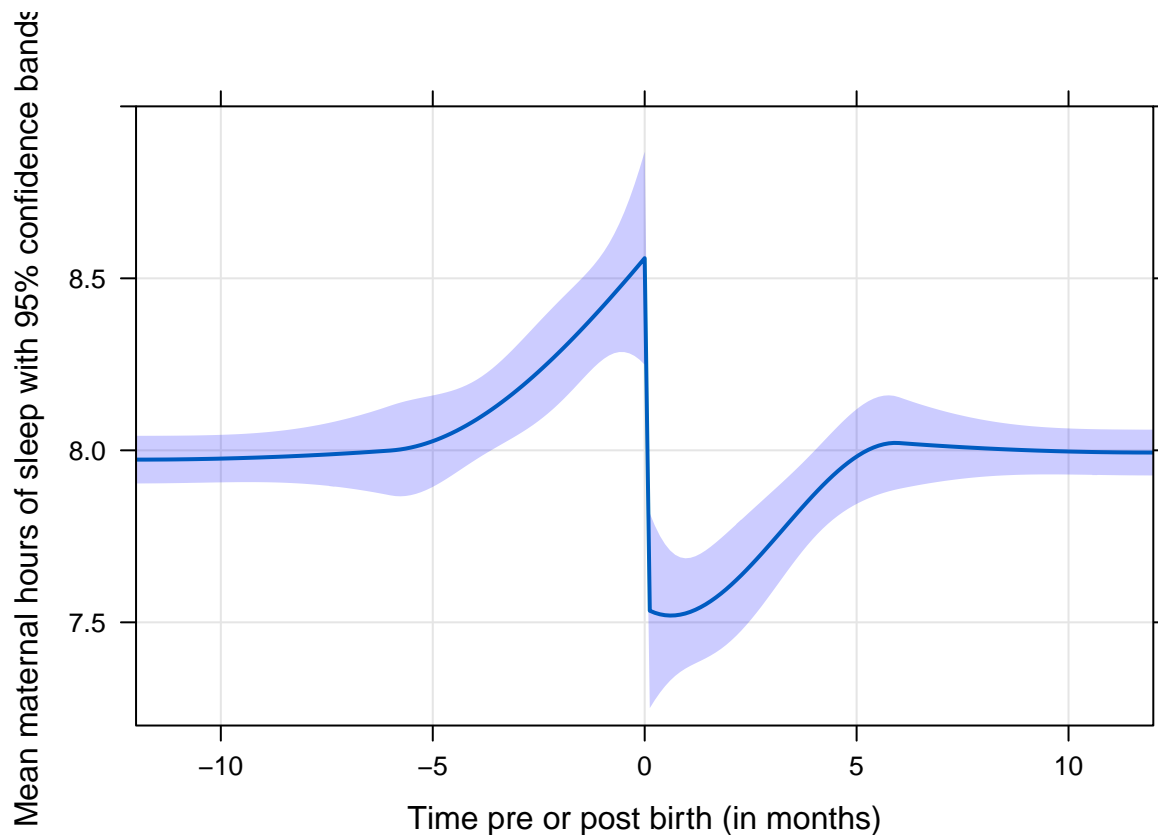
```
pred$fit2 <- predict(fit2, newdata = pred, level = 0)
with(pred, plot(datey, fit2, type = 'l'))
```



```
ww <- as.data.frame(wald(fit2, pred = pred))
plotbands(ww)
```



```
plotbands(ww, ylim = seq(7.2,9,.2))
```



fit and fit2 have different FE models so we must refit

We can compare these models with AIC or BIC but the p-value should not be interpreted since the neither model is nested in the other

```
anova(update(fit, method = "ML"), update(fit2, method = "ML"))
```

	Model	df	AIC	BIC	logLik	Test
update(fit, method = "ML")	1	6	15970.56	16011.68	-7979.281	
update(fit2, method = "ML")	2	10	15975.12	16043.65	-7977.558	1 vs 2
			L.Ratio	p-value		
update(fit, method = "ML")						
update(fit2, method = "ML")	3.446274		0.4861			

Results: AIC favours the smaller model

The positions of knots can be estimated by trial and error and could be estimated more formally using non-linear models, which we might take up later.

Adding seasonal effects with sin/cos pair harmonics

```
Sin <- function(x) cbind(sin(x), cos(x))
#
fit3 <- lme(sleep ~ sp2(datey - birthy) + Sin(2*pi*datey) , dd, random = ~ 1 | id)
```

```
Error in lme.formula(sleep ~ sp2(datey - birthy) + Sin(2 * pi * datey), : nlminb problem, convergence
message = false convergence (8)
```

We can force *lme* to return an object:

```
fit3 <- lme(sleep ~ sp2(datey - birthy) + Sin(2*pi*datey) , dd, random = ~ 1 | id,
            control = list(returnObject = TRUE))
```

```
Warning in lme.formula(sleep ~ sp2(datey - birthy) + Sin(2 * pi * datey), : nlminb problem, convergence = false message = false convergence (8)
```

but it's generally better to try an alternative optimizer

```
fit3o <- lme(sleep ~ sp2(datey - birthy) + Sin(2*pi*datey) , dd, random = ~ 1 | id,
  control = list(opt = 'optim', msVerbose = T, verbose = T, returnObject = T))
```

```
initial value 27836.131999
final value 27836.131999
converged
```

with the same result:

```
car::compareCoefs(fit3,fit3o)
```

Calls:

```
1: lme.formula(fixed = sleep ~ sp2(datey - birthy) + Sin(2 * pi * datey),
  data = dd, random = ~1 | id, control = list(returnObject = TRUE))
2: lme.formula(fixed = sleep ~ sp2(datey - birthy) + Sin(2 * pi * datey),
  data = dd, random = ~1 | id, control = list(opt = "optim", msVerbose = T,
  verbose = T, returnObject = T))
```

	Model 1	Model 2
(Intercept)	8.500	8.500
SE	0.129	0.129
sp2(datey - birthy)D1(0)	1.10	1.10
SE	1.67	1.67
sp2(datey - birthy)D2(0)	-0.43	-0.43
SE	12.04	12.04
sp2(datey - birthy)D3(0)	-7.76	-7.76
SE	36.34	36.34
sp2(datey - birthy)C(0).0	-1.06	-1.06
SE	0.18	0.18
sp2(datey - birthy)C(0).1	-0.163	-0.163
SE	2.431	2.431
sp2(datey - birthy)C(0).2	7.62	7.62
SE	17.46	17.46
sp2(datey - birthy)C(0).3	-29.7	-29.7
SE	52.6	52.6
Sin(2 * pi * datey)1	0.25487	0.25487
SE	0.00925	0.00925
Sin(2 * pi * datey)2	0.4213	0.4213
SE	0.0092	0.0092

Also using 'ML' can give convergence:

```
fit3 <- lme(sleep ~ sp2(datey - birthy) + Sin(2*pi*datey) , dd, random = ~ 1 | id, method = 'ML')
```

Compare estimated models

```
summary(fit3)
```

Linear mixed-effects model fit by maximum likelihood

Data: dd

	AIC	BIC	logLik
	13645.35	13727.6	-6810.676

Random effects:

Formula: ~1 | id
(Intercept) Residual

StdDev: 0.9933905 0.504401

Fixed effects: sleep ~ sp2(datey - birthy) + Sin(2 * pi * datey)

	Value	Std.Error	DF	t-value	p-value
(Intercept)	8.500148	0.12914	5991	65.82083	0.0000
sp2(datey - birthy)D1(0)	1.095116	1.67092	5991	0.65540	0.5122
sp2(datey - birthy)D2(0)	-0.429970	12.03848	5991	-0.03572	0.9715
sp2(datey - birthy)D3(0)	-7.757804	36.34333	5991	-0.21346	0.8310
sp2(datey - birthy)C(0).0	-1.062551	0.17968	5991	-5.91358	0.0000
sp2(datey - birthy)C(0).1	-0.162555	2.43072	5991	-0.06688	0.9467
sp2(datey - birthy)C(0).2	7.623029	17.46120	5991	0.43657	0.6624
sp2(datey - birthy)C(0).3	-29.658111	52.58728	5991	-0.56398	0.5728
Sin(2 * pi * datey)1	0.254869	0.00925	5991	27.54351	0.0000
Sin(2 * pi * datey)2	0.421299	0.00920	5991	45.79646	0.0000

Correlation:

	(Intr)	s2(-b)D1	s2(-b)D2	s2(-b)D3	s2(-b)C(0).0
sp2(datey - birthy)D1(0)	0.832				
sp2(datey - birthy)D2(0)	0.719	0.975			
sp2(datey - birthy)D3(0)	0.657	0.945	0.994		
sp2(datey - birthy)C(0).0	-0.679	-0.599	-0.518	-0.474	
sp2(datey - birthy)C(0).1	-0.571	-0.688	-0.671	-0.650	-0.032
sp2(datey - birthy)C(0).2	-0.497	-0.672	-0.689	-0.685	0.742
sp2(datey - birthy)C(0).3	-0.453	-0.653	-0.687	-0.691	-0.025
Sin(2 * pi * datey)1	-0.005	-0.006	-0.003	-0.001	0.016
Sin(2 * pi * datey)2	-0.007	-0.005	-0.001	0.001	-0.015
		s2(-b)C(0).1	s2(-b)C(0).2	s2(-b)C(0).3	S(2*p*d)1
sp2(datey - birthy)D1(0)					
sp2(datey - birthy)D2(0)					
sp2(datey - birthy)D3(0)					
sp2(datey - birthy)C(0).0					
sp2(datey - birthy)C(0).1					
sp2(datey - birthy)C(0).2	-0.051				
sp2(datey - birthy)C(0).3	0.946	-0.047			
Sin(2 * pi * datey)1	-0.013	0.021	-0.020		
Sin(2 * pi * datey)2	0.030	-0.026	0.025	0.007	

Standardized Within-Group Residuals:

Min	Q1	Med	Q3	Max
-3.743602439	-0.633286792	-0.003526948	0.642603214	3.533283785

Number of Observations: 7000
Number of Groups: 1000

`summary(fit3o)`

Linear mixed-effects model fit by REML

Data: dd

AIC	BIC	logLik
13655.9	13738.12	-6815.948

Random effects:

Formula: ~1 | id
(Intercept) Residual

StdDev: 0.9939113 0.504777

Fixed effects: sleep ~ sp2(datey - birthy) + Sin(2 * pi * datey)

	Value	Std.Error	DF	t-value	p-value
(Intercept)	8.500148	0.12914	5991	65.81977	0.0000
sp2(datey - birthy)D1(0)	1.095123	1.67097	5991	0.65538	0.5122
sp2(datey - birthy)D2(0)	-0.429922	12.03884	5991	-0.03571	0.9715
sp2(datey - birthy)D3(0)	-7.757657	36.34439	5991	-0.21345	0.8310
sp2(datey - birthy)C(0).0	-1.062551	0.17969	5991	-5.91340	0.0000
sp2(datey - birthy)C(0).1	-0.162579	2.43079	5991	-0.06688	0.9467
sp2(datey - birthy)C(0).2	7.623092	17.46172	5991	0.43656	0.6624
sp2(datey - birthy)C(0).3	-29.658545	52.58882	5991	-0.56397	0.5728
Sin(2 * pi * datey)1	0.254869	0.00925	5991	27.54273	0.0000
Sin(2 * pi * datey)2	0.421299	0.00920	5991	45.79514	0.0000

Correlation:

	(Intr)	s2(-b)D1	s2(-b)D2	s2(-b)D3	s2(-b)C(0).0
sp2(datey - birthy)D1(0)	0.832				
sp2(datey - birthy)D2(0)	0.719	0.975			
sp2(datey - birthy)D3(0)	0.657	0.945	0.994		
sp2(datey - birthy)C(0).0	-0.679	-0.599	-0.518	-0.474	
sp2(datey - birthy)C(0).1	-0.571	-0.688	-0.671	-0.650	-0.032
sp2(datey - birthy)C(0).2	-0.497	-0.672	-0.689	-0.685	0.742
sp2(datey - birthy)C(0).3	-0.453	-0.653	-0.687	-0.691	-0.025
Sin(2 * pi * datey)1	-0.005	-0.006	-0.003	-0.001	0.016
Sin(2 * pi * datey)2	-0.007	-0.005	-0.001	0.001	-0.015
	s2(-b)C(0).1	s2(-b)C(0).2	s2(-b)C(0).3	S(2*p*d)1	
sp2(datey - birthy)D1(0)					
sp2(datey - birthy)D2(0)					
sp2(datey - birthy)D3(0)					
sp2(datey - birthy)C(0).0					
sp2(datey - birthy)C(0).1					
sp2(datey - birthy)C(0).2	-0.051				
sp2(datey - birthy)C(0).3	0.946	-0.047			
Sin(2 * pi * datey)1	-0.013	0.021	-0.020		
Sin(2 * pi * datey)2	0.030	-0.026	0.025	0.007	

Standardized Within-Group Residuals:

Min	Q1	Med	Q3	Max
-3.740828341	-0.632796684	-0.003509994	0.642116499	3.530681040

Number of Observations: 7000
Number of Groups: 1000

```
getG(fit3)
```

```
Random effects variance covariance matrix
      (Intercept)
(Intercept)    0.98682
Standard Deviations: 0.99339
```

```
getG(fit3o)
```

```
Random effects variance covariance matrix
      (Intercept)
(Intercept)    0.98786
Standard Deviations: 0.99391
```

```
getR(fit3)
```

```
id 1
Conditional variance covariance matrix
      1      2      3      4      5      6      7
1 0.25442 0.00000 0.00000 0.00000 0.00000 0.00000 0.00000
2 0.00000 0.25442 0.00000 0.00000 0.00000 0.00000 0.00000
3 0.00000 0.00000 0.25442 0.00000 0.00000 0.00000 0.00000
4 0.00000 0.00000 0.00000 0.25442 0.00000 0.00000 0.00000
5 0.00000 0.00000 0.00000 0.00000 0.25442 0.00000 0.00000
6 0.00000 0.00000 0.00000 0.00000 0.00000 0.25442 0.00000
7 0.00000 0.00000 0.00000 0.00000 0.00000 0.00000 0.25442
Standard Deviations: 0.5044 0.5044 0.5044 0.5044 0.5044 0.5044 0.5044
```

```
getR(fit3o)
```

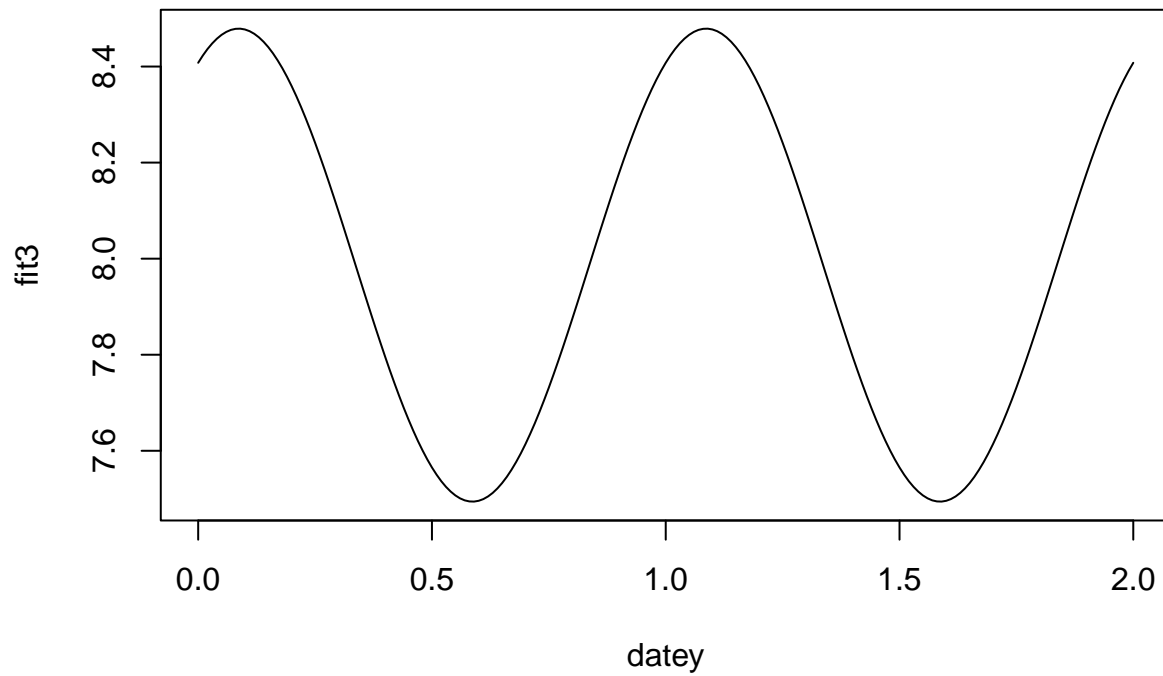
```
id 1
Conditional variance covariance matrix
      1      2      3      4      5      6      7
1 0.2548 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000
2 0.0000 0.2548 0.0000 0.0000 0.0000 0.0000 0.0000
3 0.0000 0.0000 0.2548 0.0000 0.0000 0.0000 0.0000
4 0.0000 0.0000 0.0000 0.2548 0.0000 0.0000 0.0000
5 0.0000 0.0000 0.0000 0.0000 0.2548 0.0000 0.0000
6 0.0000 0.0000 0.0000 0.0000 0.0000 0.2548 0.0000
7 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.2548
Standard Deviations: 0.50478 0.50478 0.50478 0.50478 0.50478 0.50478 0.50478
```

Estimating seasonal pattern:

```
preds <- data.frame(datey = seq(0,2,.01))
preds$birthy <- preds$datey - 2      # to move birth out of the way

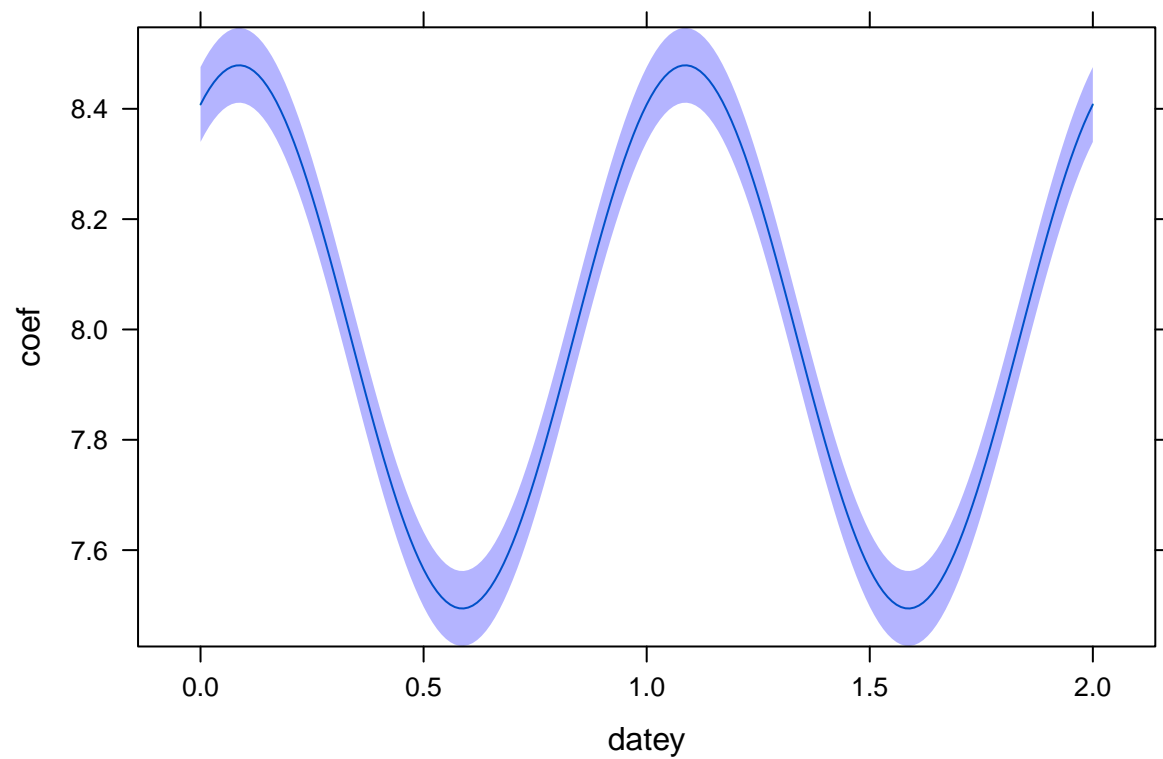
preds$fit3 <- predict(fit3, newdata = preds, level = 0)

with(preds, plot(datey, fit3, type = 'l'))
```

```
ww <- as.data.frame(wald(fit3o, pred = preds))
```

```
xyplot(coef ~ datey, ww, type = 'l',  
       lower = ww$L2,  
       upper = ww$U2,  
       subscripts = TRUE) +  
  layer(panel.fit(...))
```

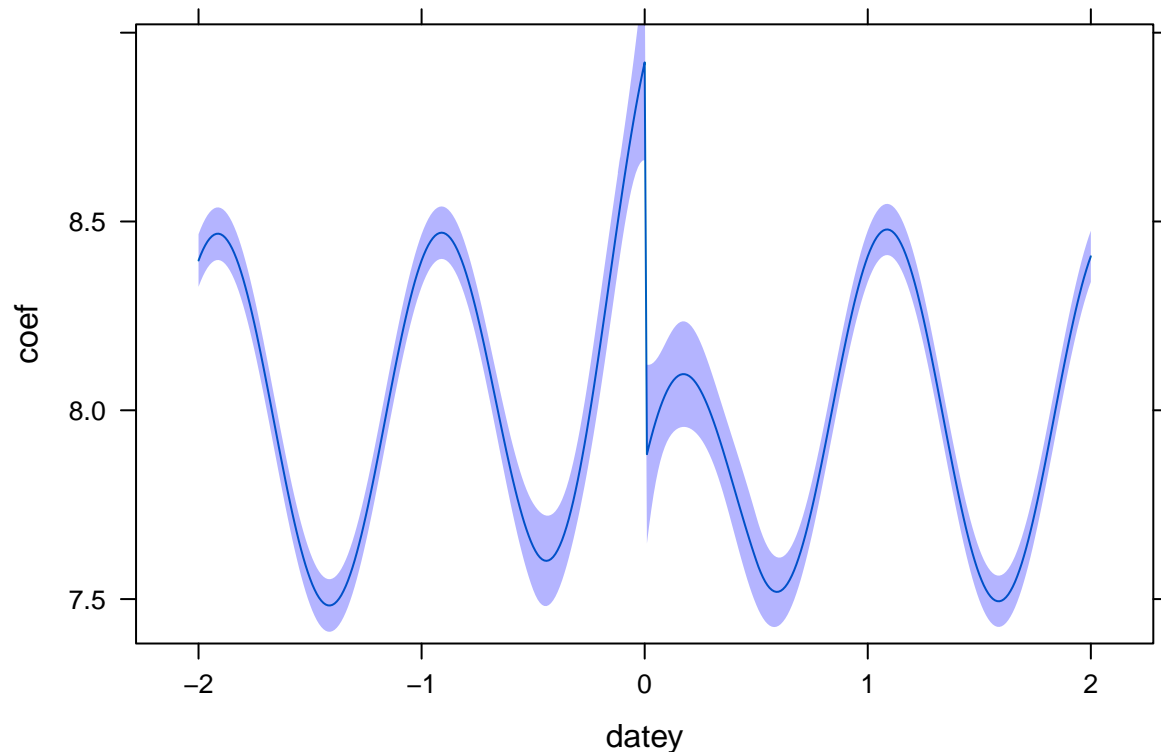


```

ww <- as.data.frame(wald(fit3o, pred = pred))

xyplot(coef ~ datey, ww, type = 'l',
       lower = ww$L2,
       upper = ww$U2,
       subscripts = TRUE) +
  layer(panel.fit(...))

```



Combines seasonal and birth effects showing predicted patterns for a birth on January 1.

To isolate seasonal and birth effects we would need to reparameterize the model to allow unlinking the variable used for calendar date from the variable used for time pre/post birth.

This is left as an exercise. (Challenge: medium)

Fitting higher harmonics

```

fit4 <- lme(sleep ~ sp2(datey - birthy) +
           Sin(1 * 2 * pi * datey) +
           Sin(2 * 2 * pi * datey) +
           Sin(3 * 2 * pi * datey)
           , dd, random = ~ 1 | id)
summary(fit4)

```

Linear mixed-effects model fit by REML

Data: dd

AIC	BIC	logLik
13690.76	13800.38	-6829.378

Random effects:

Formula: ~1 | id

(Intercept)	Residual
-------------	----------

StdDev: 0.9938603 0.5048109

Fixed effects: sleep ~ sp2(datey - birthy) + Sin(1 * 2 * pi * datey) + Sin(2 * 2 * pi * datey)

	Value	Std.Error	DF	t-value	p-value
(Intercept)	8.497015	0.12920	5987	65.76594	0.0000
sp2(datey - birthy)D1(0)	1.022949	1.67225	5987	0.61172	0.5407
sp2(datey - birthy)D2(0)	-0.993524	12.04851	5987	-0.08246	0.9343
sp2(datey - birthy)D3(0)	-9.476648	36.37328	5987	-0.26054	0.7945
sp2(datey - birthy)C(0).0	-1.061064	0.17975	5987	-5.90301	0.0000
sp2(datey - birthy)C(0).1	-0.067145	2.43268	5987	-0.02760	0.9780
sp2(datey - birthy)C(0).2	8.057741	17.47070	5987	0.46121	0.6447
sp2(datey - birthy)C(0).3	-27.625040	52.62973	5987	-0.52489	0.5997
Sin(1 * 2 * pi * datey)1	0.254924	0.00926	5987	27.54186	0.0000
Sin(1 * 2 * pi * datey)2	0.421517	0.00921	5987	45.78260	0.0000
Sin(2 * 2 * pi * datey)1	-0.010929	0.00932	5987	-1.17309	0.2408
Sin(2 * 2 * pi * datey)2	-0.001708	0.00913	5987	-0.18709	0.8516
Sin(3 * 2 * pi * datey)1	-0.009974	0.00922	5987	-1.08218	0.2792
Sin(3 * 2 * pi * datey)2	-0.007817	0.00918	5987	-0.85177	0.3944

Correlation:

	(Intr)	s2(-b)D1	s2(-b)D2	s2(-b)D3	s2(-b)C(0).0
sp2(datey - birthy)D1(0)	0.832				
sp2(datey - birthy)D2(0)	0.719	0.975			
sp2(datey - birthy)D3(0)	0.657	0.945	0.994		
sp2(datey - birthy)C(0).0	-0.679	-0.599	-0.518	-0.474	
sp2(datey - birthy)C(0).1	-0.571	-0.688	-0.671	-0.650	-0.031
sp2(datey - birthy)C(0).2	-0.497	-0.672	-0.689	-0.685	0.742
sp2(datey - birthy)C(0).3	-0.453	-0.654	-0.687	-0.691	-0.025
Sin(1 * 2 * pi * datey)1	-0.006	-0.006	-0.003	-0.001	0.016
Sin(1 * 2 * pi * datey)2	-0.007	-0.006	-0.002	0.000	-0.015
Sin(2 * 2 * pi * datey)1	0.019	0.029	0.030	0.030	-0.007
Sin(2 * 2 * pi * datey)2	0.012	0.015	0.013	0.012	-0.022
Sin(3 * 2 * pi * datey)1	-0.011	-0.007	-0.006	-0.006	0.006
Sin(3 * 2 * pi * datey)2	0.014	0.017	0.020	0.020	-0.003
	s2(-b)C(0).1	s2(-b)C(0).2	s2(-b)C(0).3	S(1*2*pi*d)1	
sp2(datey - birthy)D1(0)					
sp2(datey - birthy)D2(0)					
sp2(datey - birthy)D3(0)					
sp2(datey - birthy)C(0).0					
sp2(datey - birthy)C(0).1					
sp2(datey - birthy)C(0).2	-0.051				
sp2(datey - birthy)C(0).3	0.946	-0.047			
Sin(1 * 2 * pi * datey)1	-0.013	0.021	-0.019		
Sin(1 * 2 * pi * datey)2	0.031	-0.026	0.026	0.008	
Sin(2 * 2 * pi * datey)1	-0.030	-0.014	-0.026	-0.004	
Sin(2 * 2 * pi * datey)2	0.005	-0.026	0.010	0.013	
Sin(3 * 2 * pi * datey)1	0.011	-0.001	0.009	0.006	
Sin(3 * 2 * pi * datey)2	-0.021	-0.004	-0.024	-0.012	
	S(1*2*pi*d)2	S(2*2*pi*d)1	S(2*2*pi*d)2	S(3*2*pi*d)1	
sp2(datey - birthy)D1(0)					
sp2(datey - birthy)D2(0)					
sp2(datey - birthy)D3(0)					
sp2(datey - birthy)C(0).0					
sp2(datey - birthy)C(0).1					
sp2(datey - birthy)C(0).2					

```

sp2(datey - birthy)C(0).3
Sin(1 * 2 * pi * datey)1
Sin(1 * 2 * pi * datey)2
Sin(2 * 2 * pi * datey)1 -0.015
Sin(2 * 2 * pi * datey)2 0.017 -0.001
Sin(3 * 2 * pi * datey)1 0.012 -0.003 -0.017
Sin(3 * 2 * pi * datey)2 -0.028 0.020 0.013 -0.006

```

Standardized Within-Group Residuals:

	Min	Q1	Med	Q3	Max
	-3.749540694	-0.631159258	-0.004632081	0.641790295	3.523068562

Number of Observations: 7000

Number of Groups: 1000

We can test higher harmonics with a Wald test or with a LR test

```
wald(fit4, 'Sin\\(3')
```

	numDF	denDF	F-value	p-value
Sin\\(3	2	5987	0.9537905	0.38534
			Estimate	Std.Error
Sin(3 * 2 * pi * datey)1			-0.009974	0.009216
Sin(3 * 2 * pi * datey)2			-0.007817	0.009177
			Upper 0.95	
Sin(3 * 2 * pi * datey)1			0.008094	
Sin(3 * 2 * pi * datey)2			0.010173	

```
wald(fit4, 'Sin\\([23]')
```

	numDF	denDF	F-value	p-value
Sin\\([23]	4	5987	0.8226071	0.51051
			Estimate	Std.Error
Sin(2 * 2 * pi * datey)1			-0.010929	0.009316
Sin(2 * 2 * pi * datey)2			-0.001708	0.009129
Sin(3 * 2 * pi * datey)1			-0.009974	0.009216
Sin(3 * 2 * pi * datey)2			-0.007817	0.009177
			Upper 0.95	
Sin(2 * 2 * pi * datey)1			0.007335	
Sin(2 * 2 * pi * datey)2			0.016189	
Sin(3 * 2 * pi * datey)1			0.008094	
Sin(3 * 2 * pi * datey)2			0.010173	

```
wald(fit4, 'Sin\\([123]')
```

	numDF	denDF	F-value	p-value
Sin\\([123]	6	5987	473.4823	<.00001
			Estimate	Std.Error
Sin(1 * 2 * pi * datey)1			0.254924	0.009256
Sin(1 * 2 * pi * datey)2			0.421517	0.009207
Sin(2 * 2 * pi * datey)1			-0.010929	0.009316
Sin(2 * 2 * pi * datey)2			-0.001708	0.009129
Sin(3 * 2 * pi * datey)1			-0.009974	0.009216
Sin(3 * 2 * pi * datey)2			-0.007817	0.009177
			Upper 0.95	
Sin(1 * 2 * pi * datey)1			0.273069	
Sin(1 * 2 * pi * datey)2			0.439566	

```

Sin(2 * 2 * pi * datey)1 0.007335
Sin(2 * 2 * pi * datey)2 0.016189
Sin(3 * 2 * pi * datey)1 0.008094
Sin(3 * 2 * pi * datey)2 0.010173

```

```
anova(update(fit3, method = 'ML'), update(fit4, method = "ML"))
```

```

              Model df      AIC      BIC    logLik    Test L.Ratio
update(fit3, method = "ML")      1 12 13645.35 13727.59 -6810.676
update(fit4, method = "ML")      2 16 13650.06 13759.71 -6809.027 1 vs 2 3.29655
              p-value
update(fit3, method = "ML")
update(fit4, method = "ML") 0.5095

```

Note how close the p-values are from the two tests