Ask a Teacher: How to Learn More Words

名师答疑:如何提高词汇量

2018-12-20

In English, we have a saying that goes, "Use it or lose it." It means that if you do not continue to use a skill, you might lose the ability to do so.

在英语中，我们有句谚语说，"用进废退。"这意味着如果你不继续使用一项技能，你可能会失去这种能力。

We can say this about language learning, including learning new words. If you do not use the new words often, you might forget them.

我们可以这样说语言学习，包括学习新单词。如果你不经常使用新单词，你可能会忘记它们。

Our reader Banin has a question today. Here it is: Hi. How can I improve my vocabulary? Hello Banin,

今天的问题是我们的读者巴宁提出的。问题是:嗨。我怎样才能提高我的词汇量?你好，巴宁

Great question! The answer will help many English learners. Here are four things you can do:

好问题!这个问题答案将帮助许多英语学习者。你可以做一下四点:

Read...a lot! Look for news stories, websites, magazines and books on subjects that you enjoy. While reading, try to guess the meanings of new words from their context. Then, you can check the meanings in a paper dictionary or online.

经常阅读!找一些你喜欢的主题的新闻、网站、杂志和书籍。阅读时，试着从上下文猜测生词的意思。然后，你可以在纸质词典或网上查词义。

If there are television shows or films that you love in English, watch them with English subtitles to learn new words and hear how we say them.

如果有你喜欢的英语电视节目或电影，带着英文字幕观看以此来学习新单词并听听我们是怎么说的。

But, don't just read. Write! A great way to practice what you read is to write about it. For example, if you read a web story about the best fitness apps of 2018, write about it.

但是，不要只是阅读。写下来!练习你所读的东西的一个好方法就是把它写下来。例如，如果你读了一篇关于2018年最佳健身应用的网络报道，那就写下来。

Another thing you can write about what is you did today. If you spent time with a friend or family member, went to an event, had a delicious meal or did something else, write about it! Here's another great technique:

另一件事你可以写你今天做了什么。如果你花时间和朋友或家人在一起，去参加一个活动，吃了一顿美食或做了其他事情，请把它写下来!这是另一个很棒的技巧

When you learn a new word, learn its other forms. For example, the word "sleepy" is an adjective. But it has noun, verb and adverb forms. You can make a word form chart in a note book or wireless device and write a sentence example for each form.

学习一个新单词的时候，要学习它的其他形式。例如，单词"sleepy（困乏的）"是一个形容词。但它有名词、动词和副词的形式。你可以在笔记本或无线设备上做一个词型转换表格，并为每个形式造一个例句。

Another powerful memory tool is word association: using your imagination to create mental images linked to new words. For example, when I say, "tasty" what food image do you see in your mind? Keep that food image in your mind and always mentally connect it to the word "tasty." Then, the next time you try to remember the word "tasty," the mental image will appear.

另一种强大的记忆工具是单词联想:用你的想象力在脑海中创建与新单词相关的图像。例如，当我说"tasty（美味的）"时，你脑海中看到的食物形象是什么?记住这个食物的形象，并且把它和"tasty"这个词联系在一起。然后，下次你试着记住"tasty"这个词时，脑海里就会浮现出这幅图像。

And that's Ask a Teacher. I'm Alice Bryant.

以上是本期名师答疑的全部内容。爱丽丝·布莱恩特为您播报。

重点词汇:

vocabulary	n.词汇
context	n.上下文
subtitle	n.字幕
app	n.应用
chart	n.图表，表格

文章习题:

1. How many ways to improve your vocabulary?
A.two

B.three

C.four

D.five

2. What kind of word does "sleepy" belong to?

A.preposition

B.noun
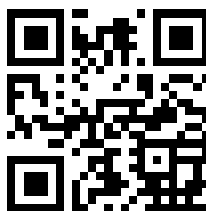
C.adjective

D.unknown

3. A great way to practice what you read is to _____ about it.

正确答案:

1. C

2. C

3. write

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