Comments on Heuristic 1	Comments on Heuristic 2	Comments on Heuristic 3	Comments on Heuristic 4	Comments on Heuristic 5	Comments Heuristic 6	Comments on Heuristic 7	Comments on Heuristic 8	Comments on Heuristic 9	Comments on Heuristic 10	Comments on sufficient reflection assistance	Comments on whether they could quickly make a note	Comments on continuing using the app	Comments on the recordings	Comments on the statistics	Changes suggested
The app was 100% clear and informative	I knew what everything meant throughout	The app was very intuitive and easy to follow	Very similar to other apps I use	No error whatsoever	Very easy to follow	Very easy and quick to navigate through	Clean and consise	Error messages were extremely similar to those found in apps I already own	The app did have extra useful descriptions which helped in navigating the app	The question mark buttons helped when I was not 100% sure and it was easy to identify them as extra help buttons	Again it was quick to make the note and easy to understand which helped with the speed	I found it useful, easy to understand and not too cluttered like many other apps can be	I believe they give a different dimension of note taking you cannot find in just words	It is useful to reflect on previous answers statistically	No. I thought it was perfect
It was clear to see which page you were on and also easy to see how to return to the home page	Very simplistic language	App was very easy to navigate	Like all my other notes apps	I could not hear the recording but I was assured it was just quiet	Buttons were clearly laid out	Due to the home button being placed in the same position every time it was easy to navigate the app	The app functioned very well	I encountered no errors	The teamwork suggestions were very helpful	I found these very helpful and required no external assistance to use the app	It was easy to just fill in the boxes	It could be useful for constructing a CV by collating all my experiences	It could be quicker to just make a voice note rather than type it	It can be interesting to see which skills could be further developed	none
It was really easy to use		It used familiar features from other apps, making it easier to use				It would be good if there was an option for it automatically going to a filtered display of notes when you selected one of the categories on the homepage				I liked that it had additional information to help you use it	It was intuitively designed				It would be good if you could go to a filtered view by selecting one of the categories

all very intuitive										I found the prompts helped me to think in a deeper way about the situation I was describing, it gave me time to think about my emotions/reactions.					very easy to use, would like to try it again!
Very clear and easy to use	Simple to understand for a technophobe like me		I am an android user		Clear to navigate				The prompts explained anything that was needed	The question mark button helped a lot		Easy to user and good idea		Stats aren't my strong point	No, it was simple to use
The layout was very clear and easy to understand. There wasn't too many nested levels which made it easy to keep track of where I was.	The language used in the app was explained on the home page and was able to be referred back to anytime which is useful for always knowing which attribute you are keeping track of.	As I said, there was a limited amount of levels which made it easy to navigate.	It made good use of recognisable IOS features, such as swiping to delete.		All of the explanations were clear and concise.		It was sparse without being empty. I felt there was just enough to keep my attention and interest (such as use of graphics and emojis) without overloading the screen.		I think this was particularly good in the notes section where each aspect of the note gave you the option of further explanation and help (the blue question mark icon).	The help features in the app allowed me to understand what kinds of things to track and how the app was intended to be used.	I used a real life example in my testing of the notes function and found that it was a very quick process. The questions and prompts helped my break down my thoughts easily.	I think it would be useful in allowing me to see the skills I have developed outside of the basics of my degree focus.	I think this is very useful for students who are likely to be busy and on the go. I think it would be particularly useful for making a quick note whilst travelling or in the passing time between classes.	Being able to reflect on the different skills and see which I focus on and which I need to work on would be very useful. The statistics page makes this quick and easy information to access and understand.	I think the app is very well designed and laid out. I have no specific changes, but if an update was offered whilst I had the app I would be interested to see what had been added or upgraded.
The central home page was clear and the back	The info pop-ups were very descriptive and would be helpful if	Again the back buttons to the home page made it clear how to navigate back	The app used a consistent colour scheme throughout	Error messages were clearly identifiable and distinguishab	This was easy to understand throughout. On the create note	Navigation was simple with clear buttons to new pages and back	Options to leave the app for other sites did not distract	Error messages were clearly identifiable and distinguishab	Info pop-ups were always available and	The app was encouraging to make use of its easy to use functions to help reflection	The add note and add recording functions were very	Reflection on what you are able to do and how you feel	Often saying how you are feeling can make it more	It could be encouraging to see what you have achieved	Be able to set a goal number of circumstances where you showed

buttons on the other pages made it easily understood that this was a page following on from that central page. The changing record button was intuitive and I understood its state and what it meant easily. The dots along the bottom of the sections on the homepage etc made it clear what slide you were currently looking at and when you got to the end.	anyone was in need of a further explanation .	to the home page and the dots along the bottom of the sliding sections made you feel in control of the apps state, as did the edit option at the bottom of various parts. There was also the option to change the theme which provided control and customizability.	and consistent and intuitive navigation options between and within the apps pages and sections. The settings page was also made to look similar to the operating systems main settings page. this consistency with other systems made it easy to understand its purpose.	le from the main flow of the app. They made clear what the problem was and how it could be resolved.	page I scrolled down to understand the full extent of the form and what was required of creating a note before completing it.	navigation buttons. The theme of the app was easily customisable in an intuitive location within the app and simple to revert to previous options. Searches were also simple to complete as you could search for various different attributes.	from the main purpose of the app while still being easily available.	le from the main flow of the app. They made clear what the problem was and how it could be resolved.	descriptive on forms.		simple to complete and add to the app. The recording section, in particular, took very little time and effort to add to and often saying how you are feeling can make it more memorable, enhancing its usefulness .	can be helpful for mental health and also inspire you in what you are currently doing.	memorable, enhancing its usefulness . It is possibly a more true reflection of what is on your mind and less formal than entering a form.	and areas that you could work on.	a particular skill with Milestone notification when u reach them.
Everything was extremely clear on the app and I could see	I understood everything very easily. The wording	It was very easy to navigate the app.				After going through the app once, I am confident that I could			The wee question marks above each section for the written	The '?'buttons helped a lot when I didn't know what to write.		It is a good way to record the skills you have for future	They are quick and easy to record.		No

where everything was. The settings part explained everything very clearly.	was really good.					use the app easily.			notes was particularly useful.			employment.			