

Medical

Company contribution

Your company contributes separately to employees' and dependents' premiums. • Employee: Your company covers up to 99% of the premium of Blue Shield Gold HMO 0 (Trio). Employee pays the difference in premium if they select a more expensive plan.

• Dependents: Your company covers up to 50% of the premium of Blue Shield Gold HMO 0 (Trio). Employee pays the difference in premium if they select a more expensive plan.

New hire waiting period

1st of the month after hire

Effective dates

1 year from 1st of month after hire

Dental

Company contribution

Your company contributes separately to employees' and dependents' premiums. ! Employee: Your company covers 99% of the premium.

! Dependents: Your company covers 50% of the premium.

New hire waiting period

1st of the month after hire

Effective dates

1 year from 1st of month after hire

Vision

Company contribution

Overview

Your company contributes separately to employees' and dependents' premiums. ! Employee: Your company covers 99% of the premium.
! Dependents: Your company covers 50% of the premium.

New hire waiting period

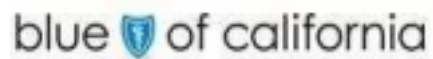
1st of the month after hire

Effective dates

1 year from 1st of month after hire

Overview

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services



Coverage Period: Beginning On or After 1/1/2019 Gold Full PPO 0/20 OffEx Coverage for: Individual + Family | Plan

Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE:** Information about the cost of this plan (called the premium) will be provided separately. This is only a **summary**. For more information about your coverage, or to get a copy of the complete terms of coverage, visit bsca.com/policies/M0016492_EOC.pdf or call 1-888-319-5999. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at healthcare.gov/sbc-glossary or call 1-866-444-3272 to request a copy.


| Important Questions | Answers | Why This Matters: |
|--|--|---|
| What is the overall deductible? | \$0 per individual / \$0 per family for <u>participating providers</u> and <u>non participating providers</u> . | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family deductible. |
| Are there services covered before you meet your deductible? | Yes. <u>Preventive care</u> and services listed in your complete terms of coverage. | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at healthcare.gov/coverage/preventive-care-benefits . |
| Are there other deductibles for specific services? | No. | You don't have to meet <u>deductibles</u> for specific services. |
| What is the out-of-pocket limit for this plan? | \$7,000 per individual / \$14,000 per family for <u>participating providers</u> ; \$12,550 per individual / \$25,100 per family for non-participating providers. | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met. |
| What is not included in the out-of-pocket limit? | <u>Copayments</u> for certain services, <u>premiums</u> , <u>balance-billing</u> charges, and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . |
| Will you pay less if you use a network provider? | Yes. See blueshieldca.com/fap or call 1-888-319-5999 for a list of <u>network providers</u> . | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an |

| | | |
|--|-----|--|
| | | <u>out-of-network provider</u> for some services (such as lab work). Check with your provider before you get services. |
| Do you need a <u>referral</u> to see a specialist? | No. | You can see the <u>specialist</u> you choose without a <u>referral</u> . |

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**PENDING REGULATORY
APPROVAL**

1 of 8

|  All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies. | | | |
|--|---|-------------------|--|
| Common Medical Event | Services You May Need | What You Will Pay | Limitations, Exceptions, & Other Important Information |
| <p>If you visit a health care <u>provider's office</u> or clinic</p> | <p>Primary care visit to treat an <u>injury or illness</u></p> <p><u>Specialist visit</u></p> <p><u>Preventive care/screening</u> /immunization</p> | | <p>-----None-----</p> <p>You may have to pay for services that aren't <u>preventive</u>. Ask your <u>provider</u> if the services needed are <u>preventive</u>. <u>Then check what your plan will pay for.</u></p> |
| <p>If you have a test</p> | <p><u>Diagnostic test</u> (x-ray, blood work)</p> | | <p>The services listed are at a freestanding location.</p> |
| <p>If you need drugs to treat your</p> | <p>Imaging (CT/PET scans, MRIs)</p> <p>Tier 1</p> | | <p><u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.</p> <p><u>Preauthorization</u> is required for select drugs. Failure to obtain</p> |

| | | | | |
|---|-----------------------------|---|--|--|
| <p>illness or condition More information about prescription drug coverage is available at blueshieldca.com/</p> | <p>Tier 2</p> <p>Tier 3</p> | <p>Participating Provider (You will pay the least) \$20/visit</p> <p>\$50/visit</p> <p>No Charge</p> <p><i>Lab & Path:</i> \$20/visit <i>X-Ray & Imaging:</i> \$50/visit <i>Other Diagnostic Examination:</i> \$50/visit</p> <p><i>Outpatient Radiology Center:</i> 30% coinsurance <i>Outpatient Hospital:</i> \$100/visit+ 30% coinsurance</p> <p><i>Retail:</i> \$15/prescription <i>Mail Service:</i> \$30/prescription <i>Retail:</i> \$40/prescription <i>Mail Service:</i> \$80/prescription <i>Retail:</i> \$60/prescription <i>Mail Service:</i> \$120/prescription</p> | <p>Non-Participating Provider (You will pay the most)</p> <p>40% coinsurance</p> <p>40% coinsurance</p> <p>Not Covered</p> <p><i>Lab & Path:</i> 40% coinsurance <i>X-Ray & Imaging:</i> 40% coinsurance <i>Other Diagnostic Examination:</i> 40% coinsurance <i>Outpatient Radiology Center:</i> 40% coinsurance <i>Outpatient Hospital:</i> 40% coinsurance up to \$350/day plus 100% of additional charges <i>Retail:</i> Not Covered <i>Mail Service:</i> Not Covered <i>Retail:</i> Not Covered Covered <i>Mail Service:</i> Not Covered</p> <p><i>Retail:</i> Not Covered <i>Mail Service:</i> Not Covered</p> | <p>preauthorization may result in non payment of benefits. <i>Retail:</i> Covers up to a 30-day supply; <i>Mail Service:</i> Covers up to a 90-day supply.</p> |
|---|-----------------------------|---|--|--|

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**PENDING REGULATORY
APPROVAL**

2 of 8

| Common Medical Event | Services You May | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|---|---|--|--|
| | | Participating Provider (You will pay the least) | Non-Participating Provider (You will pay the most) | |
| formulary | Need Tier 4 | Retail and Network Specialty Pharmacies: 30% coinsurance up to \$250/prescription Mail Service: 30% coinsurance up to \$500/prescription | Retail: Not Covered Mail Service: Not Covered | Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits. Retail and Network Specialty Pharmacies: Covers up to a 30-day supply; Specialty Drugs must be obtained at a Network Specialty Pharmacy. Mail Service: Covers up to a 90-day supply. |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | Ambulatory Surgery Center: 30% coinsurance Outpatient Hospital: \$150/surgery+ 30% coinsurance | Ambulatory Surgery Center: 40% coinsurance up to \$350/day plus 100% of additional charges Outpatient Hospital: 40% coinsurance up to \$350/day plus 100% of additional charges | -----None----- |
| If you need immediate medical attention | Physician/surgeon fees | 30% coinsurance | 40% coinsurance | -----None----- |
| | Emergency room care | Facility Fee: \$250/visit+ 30% coinsurance Physician Fee: 30% coinsurance | Facility Fee: \$250/visit+ 30% coinsurance Physician Fee: 30% coinsurance | -----None----- |
| | Emergency medical transportation | 30% coinsurance | 30% coinsurance | --- |
| | Urgent care | 30% coinsurance | 30% coinsurance | --- |
| If you have a hospital stay | Facility fee (e.g., hospital room) Physician/surgeon fees | \$20/visit 30% coinsurance 30% coinsurance | 30% coinsurance 40% coinsurance 40% coinsurance up to \$2,000/day plus 100% of additional charges 40% coinsurance | This payment is for emergency or authorized transport. -----None----- --- Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits. -----None----- |

**PENDING REGULATORY
APPROVAL****3 of 8**

| Common Medical Event | Services You May | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|--|---|---|--|
| | | Participating Provider (You will pay the least) | Non-Participating Provider (You will pay the most) | |
| If you need mental health, behavioral health, or substance abuse services | Need Outpatient services | Office Visit: \$20/visit Other Outpatient Services: 30% coinsurance Partial Hospitalization: 30% coinsurance Psychological Testing: 30% coinsurance | Office Visit: 40% coinsurance Other Outpatient Services: 40% coinsurance Partial Hospitalization: 40% coinsurance up to \$350/day plus 100% of additional charges Psychological Testing: 40% coinsurance Physician Inpatient Services: 40% coinsurance | Preauthorization is required except for office visits, electroconvulsive therapy, and psychological testing. Failure to obtain preauthorization may result in non-payment of benefits. |
| | Inpatient services | Physician Inpatient Services: 30% coinsurance Hospital Services: 30% coinsurance Residential Care: 30% coinsurance | Hospital Services: 40% coinsurance up to \$2,000/day plus 100% of additional charges Residential Care: 40% coinsurance up to \$2,000/day plus 100% of additional charges | Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits. |
| | Office visits Childbirth/delivery professional services | No Charge | 40% coinsurance | -----None----- |
| If you are pregnant | Childbirth/delivery facility services | 30% coinsurance | 40% coinsurance | -----None----- |
| If you need help recovering or have other | Home health care | 30% coinsurance | 40% coinsurance up to \$2,000/day plus 100% of additional charges | Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits. Coverage limited to 100 visits per |

| | | | | |
|----------------------|--|-----------------|-------------|---------------------------|
| special health needs | | 30% coinsurance | Not Covered | member per calendar year. |
|----------------------|--|-----------------|-------------|---------------------------|

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PENDING REGULATORY
APPROVAL

4 of 8

| Common Medical Event | Services You May | What You Will Pay | Limitations, Exceptions, & Other Important Information |
|----------------------|---|-------------------|---|
| | <div>Need <u>Rehabilitation services</u></div> <div><u>Habilitation services</u></div> <div><u>Skilled nursing care</u></div> <div><u>Durable medical equipment</u></div> | | <div>-----None-----</div> <div><u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits. Coverage limited to 100 days per member per benefit period.</div> <div><u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits. <u>Preauthorization</u> is required except for pre-hospice consultation. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.</div> |

| | | <u>Participating Provider</u> <u>(You will pay the least)</u> | <u>Non-Participating</u> <u>Provider (You will pay</u> <u>the most)</u> <i>Office Visit:</i> | Coverage limited to one exam per <u>member per calendar year</u> . Coverage is limited to one eyeglass frame and eyeglass lenses or contact lenses instead of eyeglasses, up to the <u>benefit per</u> <u>calendar year</u> . The cost listed is for Single Vision. |
|--|-------------------------|--|---|--|
| If your child needs dental or eye care | <u>Hospice services</u> | <i>Office Visit:</i> 30% <u>coinsurance</u> <i>Outpatient Hospital:</i> 30% <u>coinsurance</u> | 40% <u>coinsurance</u> <i>Outpatient Hospital:</i> 40% <u>coinsurance</u> up to \$350/day plus 100% of <u>additional charges</u> <i>Office Visit:</i> 40% <u>coinsurance</u> <i>Outpatient Hospital:</i> 40% <u>coinsurance</u> up to \$350/day plus 100% of <u>additional charges</u> <i>Freestanding SNF:</i> 30% <u>coinsurance</u> <i>Hospital-based SNF:</i> 40% <u>coinsurance</u> up to \$2,000/day plus 100% of <u>additional charges</u> | |
| | Children's eye exam | | | |
| | Children's glasses | <i>Office Visit:</i> 30% <u>coinsurance</u> <i>Outpatient Hospital:</i> 30% <u>coinsurance</u> | | |
| | | <i>Freestanding SNF:</i> 30% <u>coinsurance</u> <i>Hospital-based SNF:</i> 30% <u>coinsurance</u> | | |
| | | 50% <u>coinsurance</u> | Not Covered | |
| | | No Charge | Not Covered | |
| | | No Charge | Coverage up to a maximum <u>allowance of</u> \$30 | |
| | | No Charge | Coverage up to a maximum <u>allowance of</u> \$25 | |

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|----------------------|----------------------------|---|--|--|
| | | Participating Provider (You will pay the least) | Non-Participating Provider (You will pay the most) | |
| | Children's dental check-up | No Charge | 20% coinsurance | Coverage for prophylaxis services (cleaning) is limited to once in a six month period. |

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery • Infertility Treatment • Private-duty nursing • Routine foot care • Dental care (Adult) • Long-term care • Routine eye care (Adult) • Weight loss programs • Hearing Aids • Non-emergency care when traveling outside the U.S.

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture • Bariatric surgery • Chiropractic Care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice or assistance, contact: Blue Shield Customer Service at 1-888-319-5999 or the Department of Labor's Employee Benefits Security Administration at **1-866-444-EBSA (3272)** or dol.gov/ebsa/healthreform. Additionally, you can contact the California Department of Managed Health Care Help at 1-888-466-2219 or visit helpline@dmhc.ca.gov or visit <http://www.healthhelp.ca.gov>.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the

Marketplace. Blue Shield of California is an independent member of the Blue Shield Association.

PENDING REGULATORY
APPROVAL

6 of 8

Language Access Services:

English: For assistance in English at no cost, call 1-866-346-7198.

Spanish (Español): Para obtener asistencia en Español sin cargo, llame 1-866-346-7198.

Tagalog (Tagalog): Kung kailanganninyo ang libreng tulong sa Tagal tumawag sa 1-866-346-7198.

Chinese (中文): 如果需要中文的免费帮助, 请拨打这个号码 1-866-346-7

Navajo (Dine): Diné k'ehjí doo bąąh ilínígó shika' a'óowol nínízingo, kwij 1-866-346-7198.

Vietnamese (Tiếng Việt): Để được hỗ trợ miễn phí tiếng Việt, vui lòng gọi 1-866-346-7198.

Korean (한국어): 한국어도움이 필요하시면, 1-866-346-7198 무료전화 로전

Armenian (Հայերեն): Հայերենի եզրկոմպլեքսն անհատական աջակցություն է 1-866-346-7198.

Russian (Русский): если нужна бесплатная помощь на русском я то позвоните 1-866-346-7198.

Japanese (日本語): 日本語支援が必要な場合、1-866-346-7198 に電話を、無料で提供します。

Persian (فارسی): مک را به گان زبان فارسی. لطفاً با شماره تلفن 1-866-346-7198 تماس بگیرید. (فارسی)

Punjabi (ਪੰਜਾਬੀ): ਪੰਜਾਬੀ ਓ ਚ ਮਨਦ ਲੈ ਮੇਰੀ ਕਰ ਕੇ 1-866-346-7198 ਨੇ ਮਫਤ ਕਾਲ ਕਰੋ. (ਪੰਜਾਬੀ)

Khmer (ភាសាខ្មែរ): អ្នកចង់ទទួលបានការជួយឥតគិតថ្លៃ អ្នកអាចទទួលបាន 1-866-346-7198.

Arabic (العربية): اعد في اللغة العربية مجاناً . تفضل باتصال على هذا الرقم: 1-866-346-7198 . (العربية)

Hmong (Hmoob): Xav tau kev pab dawb lub Hmoob, thov hu rau 1-8

Hindi (हिन्दी): हिन्दीमेंबिना खर्च केसहायताकेलिए, 1-866-346-7198 परकॉलकरें।.

Thai (ไทย): สำหรับความช่วยเหลือเป็นภาษาไทยโดยไม่เสียค่าใช้จ่ายโปรดโทร 1-866-346-7198.

—————To see example of how this s plan might cover costs for a sample medical situation .section nextthe , see —————

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

is \$3,880

■ The plan's overall deductible \$0 ■ Specialist copayment \$50 ■ Hospital (facility) coinsurance 30% ■ Other copayment \$20

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Total Example Cost \$12,800

In this example, Peg would pay:

Cost Sharing

Deductibles \$0 Copayments \$350 Coinsurance
\$3,470 *What isn't covered*

Limits or exclusions \$60 **The total Peg would pay**

■ The plan's overall deductible \$0 ■ Specialist copayment \$50 ■ Hospital (facility) coinsurance 30% ■ Other copayment \$20

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*glucose meter*)

Total Example Cost \$7,400

In this example, Joe would pay:

Cost Sharing

Deductibles \$0 Copayments \$1,510 Coinsurance
\$940 *What isn't covered*

Limits or exclusions \$60 **The total Joe would pay**
is \$2,510

■ The plan's overall deductible \$0 ■ Specialist copayment \$50 ■ Hospital (facility) coinsurance 30% ■ Other copayment \$50

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
Diagnostic test (*x-ray*)
Durable medical equipment (*crutches*)
Rehabilitation services (*physical therapy*)

Total Example Cost \$2,500

In this example, Mia would pay:

Cost Sharing

Deductibles \$0 Copayments \$70 Coinsurance \$560

What isn't covered

Limits or exclusions \$0 **The total Mia would pay is**
\$630

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PENDING REGULATORY APPROVAL

The plan would be responsible for the other costs of these EXAMPLE covered services. **8 of 8**

**Notice Informing Individuals about Nondiscrimination
and Accessibility Requirements**

Discrimination is against the law

Blue Shield of California complies with applicable state laws and federal civil rights laws, and does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age or disability. Blue Shield of California does not exclude people or treat them differently because of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability.

Blue Shield of California:

- Provides aids and services at no cost to people with disabilities to communicate effectively with us such as:
 - Qualified sign language interpreters
 - Written information in other formats (including large print, audio, accessible electronic formats and other formats) •
- Provides language services at no cost to people whose primary language is not English such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact the Blue Shield of California Civil Rights Coordinator.

If you believe that Blue Shield of California has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability, you can file a grievance with:

Blue Shield of California
Civil Rights Coordinator
P.O. Box 629007
El Dorado Hills, CA 95762-9007
Phone: (844) 831-4133 (TTY: 711)

Fax: (844) 696-6070

Email: BlueShieldCivilRightsCoordinator@blueshieldca.com

You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW.

Room 509F, HHH Building

Washington, DC 20201

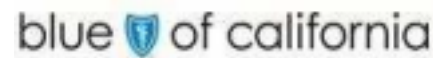
(800) 368-1019; TTY: (800) 537-7697

Complaint forms are available at

Blue Shield of California

50 Beale Street, San Francisco, CA 94105 blueshieldca.com

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services



Coverage Period: Beginning On or After 1/1/2019 Gold Access+ HMO® 0/30 OffEx Coverage for: Individual + Family |

Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit bsca.com/policies/M0016470_EOC.pdf or call **1-888-319-5999**. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at healthcare.gov/sbc-glossary or call **1-866-444-3272** to request a copy.


| Important Questions | Answers | Why This Matters: |
|---|---|---|
| What is the overall deductible? | \$0. | See the Common Medical Events chart below for your costs for services this <u>plan</u> covers. |
| Are there services covered before you meet your deductible? | Yes. <u>Preventive care</u> and services listed in your complete terms of coverage. | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at healthcare.gov/coverage/preventive-care-benefits . |

| | | |
|---|---|---|
| Are there other deductibles for specific services? | No. | You don't have to meet deductibles for specific services. |
| What is the out-of-pocket limit for this plan? | \$5,750 per individual / \$11,500 per family for participating providers. | The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, the overall family out-of-pocket limit must be met. |
| What is not included in the out-of-pocket limit ? | Copayments for certain services, premiums , and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the out-of-pocket limit . |
| Will you pay less if you use a network provider ? | Yes. See blueshieldca.com/fap or call 1-888-319-5999 for a list of network providers . | This plan uses a provider network . You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services. |
| Do you need a referral to see a specialist? | Yes. | This plan will pay some or all of the costs to see a specialist for covered services but only if you have a referral before you see the specialist. |

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**PENDING REGULATORY
APPROVAL**

1 of 8

|  All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies. | | | |
|--|---|-------------------|---|
| Common Medical Event | Services You May Need | What You Will Pay | Limitations, Exceptions, & Other Important Information |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | | Self-referral is available for Access+ Specialist visits. |
| | Specialist visit | | You may have to pay for services that |

| | | Participating Provider (You will pay the | Non-Participating Provider (You will pay | |
|--|--|---|---|---|
| If you have a test | Preventive care/screening/immunization | least) \$30/visit Access+ Specialist: \$55/visit Other Specialist: \$55/visit | the most) Not Covered | aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. |
| | Diagnostic test (x-ray, blood work) | No Charge | Not Covered | Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits. The services listed are at a freestanding location. |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at blueshieldca.com/ | Imaging (CT/PET scans, MRIs) | Lab & Path: \$30/visit X-Ray & Imaging: \$50/visit Other Diagnostic Examination: \$50/visit | Lab & Path: Not Covered X-Ray & Imaging: Not Covered Other Diagnostic Examination: Not Covered | Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits. |
| | Tier 1 | | | |
| | Tier 2 | Outpatient Radiology Center: \$50/visit Outpatient Hospital: \$250/visit | Outpatient Radiology Center: Not Covered Outpatient Hospital: Not Covered | Preauthorization is required for select drugs. Failure to obtain preauthorization may result in non payment of benefits. |
| | Tier 3 | Retail: \$15/prescription Mail Service: \$30/prescription Retail: \$30/prescription Mail Service: \$60/prescription Retail: \$50/prescription Mail Service: \$100/prescription | Not Covered Retail: Not Covered Mail Service: Not Covered Retail: Not Covered Mail Service: Not Covered | Retail: Covers up to a 30-day supply; Mail Service: Covers up to a 90-day supply. |

| Common Medical Event | Services You May | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|---|--|--|--|
| | | Participating Provider (You will pay the least) | Non-Participating Provider (You will pay the most) | |
| <p><u>formulary</u></p> <p>If you have outpatient surgery</p> <p>If you need immediate medical attention</p> <p>If you have a hospital stay</p> | <p>Need Tier 4</p> | <p><i>Retail and Network Specialty Pharmacies: 20% coinsurance up to \$250/prescription</i></p> <p><i>Mail Service: 20% coinsurance up to \$500/prescription</i></p> | <p><i>Retail: Not Covered</i></p> <p><i>Mail Service: Not Covered</i></p> | <p><u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.</p> <p><i>Retail and Network Specialty Pharmacies:</i></p> <p>Covers up to a 30-day supply; <u>Specialty Drugs</u> must be obtained at a Network Specialty Pharmacy.</p> <p><i>Mail Service:</i> Covers up to a 90-day <u>supply</u>.</p> |
| | <p>Facility fee (e.g., ambulatory surgery center)</p> <p><u>Physician/surgeon fees</u></p> <p><u>Emergency room care</u></p> <p><u>Emergency medical transportation</u></p> <p><u>Urgent care</u></p> | <p><i>Ambulatory Surgery Center: \$150/surgery</i></p> <p><i>Outpatient Hospital: \$300/surgery</i></p> <p><u>No Charge</u></p> <p><i>Facility Fee: \$250/visit</i></p> <p><i>Physician Fee: No Charge</i></p> <p><u>\$100/transport</u></p> <p><i>Within Plan Service Area: \$30/visit</i></p> <p><i>Outside Plan Service Area: \$30/visit</i></p> <p><u>\$600/day up to 5 days/admission</u></p> <p><u>No Charge</u></p> | <p><i>Ambulatory Surgery Center: Not Covered</i></p> <p><i>Outpatient Hospital: Not Covered</i></p> <p><u>Not Covered</u></p> <p><i>Facility Fee: \$250/visit</i></p> <p><i>Physician Fee: No Charge</i></p> <p><u>\$100/transport</u></p> <p><i>Within Plan Service Area: Not Covered</i></p> <p><i>Outside Plan Service Area: \$30/visit</i></p> <p><u>Not Covered</u></p> <p><u>Not Covered</u></p> | <p>-----None-----</p> <p>---</p> <p>-----None-----</p> <p>---</p> <p>-----None-----</p> <p>---</p> |
| | <p>Facility fee (e.g., hospital room) Physician/surgeon fees</p> | <p><u>No Charge</u></p> | <p><u>Not Covered</u></p> | <p>This payment is for emergency or <u>authorized transport</u>.</p> <p>-----None-----</p> <p><u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in <u>non-payment of benefits</u>.</p> |

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PENDING REGULATORY
APPROVAL

3 of 8

| Common Medical Event | Services You May | What You Will Pay | Limitations, Exceptions, & Other Important Information |
|---|---|-------------------|--|
| If you need mental health, behavioral health, or substance abuse services | <div>Need</div> Outpatient services | | <div>Preauthorization</div> is required except for office visits, electroconvulsive therapy, and psychological testing. Failure to obtain <div>preauthorization</div> may result in non-payment of benefits. |
| | Inpatient services | | <div>Preauthorization</div> is required. Failure to obtain <div>preauthorization</div> may result in non-payment of benefits. |
| If you are pregnant | <div>Office visits</div> Childbirth/delivery professional servicesChildbirth/delivery facility services | | -----None----- |
| | Home health care | | -----None----- |
| If you need help recovering or | Rehabilitation services | | <div>Preauthorization</div> is required. Failure to obtain <div>preauthorization</div> may result in non-payment of benefits. Coverage limited to 100 visits per member per <div>calendar year</div> . |

| <p>have other special health needs</p> | <p><u>Habilitation services</u></p> | <p>Participating Provider (You will pay the least) <i>Office Visit:</i> \$30/visit <i>Other Outpatient Services:</i> No Charge <i>Partial Hospitalization:</i> No Charge <i>Psychological Testing:</i> <u>No Charge</u> <i>Physician Inpatient Services:</i> No Charge <i>Hospital Services:</i> \$600/day up to 5 days/admission <i>Residential Care:</i> \$600/day up to 5 days/admission <u>No Charge</u> No Charge \$600/day up to 5 days/admission \$30/visit <i>Office Visit:</i> \$30/visit <i>Outpatient Hospital:</i> <u>\$30/visit</u> <i>Office Visit:</i> \$30/visit <i>Outpatient Hospital:</i> \$30/visit</p> | <p>Non-Participating Provider (You will pay the most) <i>Office Visit:</i> Not Covered <i>Other Outpatient Services:</i> Not Covered <i>Partial Hospitalization:</i> Not Covered <i>Psychological Testing:</i> <u>Not Covered</u> <i>Physician Inpatient Services:</i> Not Covered <i>Hospital Services:</i> Not Covered <i>Residential Care:</i> Not Covered <u>Not Covered</u> Not Covered Not Covered Not Covered <i>Office Visit:</i> Not Covered <i>Outpatient Hospital:</i> <u>Not Covered</u> <i>Office Visit:</i> Not Covered <i>Outpatient Hospital:</i> Not Covered</p> | <p>-----None-----</p> |
|--|-------------------------------------|---|---|-----------------------|
|--|-------------------------------------|---|---|-----------------------|

**PENDING REGULATORY
APPROVAL****4 of 8**

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|--|----------------------------|--|--|---|
| | | Participating Provider (You will pay the least) | Non-Participating Provider (You will pay the most) | |
| If your child needs dental or eye care | Skilled nursing care | Freestanding SNF: \$300/day Hospital-based SNF: \$300/day | Freestanding SNF: Not Covered Hospital-based SNF: Not Covered | <p><u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits. Coverage limited to 100 days per member per <u>benefit period</u>.</p> <p><u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.</p> <p><u>Preauthorization</u> is required except for pre-hospice consultation. Failure to obtain <u>preauthorization</u> may result in non-payment of <u>benefits</u>.</p> <p>Coverage limited to one exam per <u>member per calendar year</u>. Coverage is limited to one eyeglass frame and eyeglass lenses or contact lenses instead of eyeglasses, up to the <u>benefit per calendar year</u>. The cost <u>listed is for Single Vision</u>.</p> <p>Coverage for prophylaxis services (cleaning) is limited to once in a six month period.</p> |
| | Durable medical equipment | 50% <u>coinsurance</u> | Not Covered | |
| | Hospice services | No Charge | Not Covered | |
| | Children's eye exam | No Charge | Not Covered | |
| | Children's glasses | No Charge | Not Covered | |
| | Children's dental check-up | No Charge | Not Covered | |

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery • Long-term care • Private-duty nursing • Routine foot care • Dental care (Adult) • Non-emergency care when traveling outside the U.S. • Routine eye care (Adult) • Weight loss programs
- Hearing Aids

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture • Bariatric surgery • Chiropractic Care • Infertility Treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and

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**PENDING REGULATORY
APPROVAL** **5 of 8**

Insurance Oversight, at 1-877-267-2323 x61565 or cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice or assistance, contact: Blue Shield Customer Service at 1-888-319-5999 or the Department of Labor's Employee Benefits Security Administration at **1-866-444-EBSA (3272)** or dol.gov/ebsa/healthreform. Additionally, you can contact the California Department of Managed Health Care Help at 1-888-466-2219 or visit helpline@dmhc.ca.gov or visit <http://www.healthhelp.ca.gov>.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the

Marketplace. Blue Shield of California is an independent member of the Blue Shield Association.

Language Access Services:

PENDING REGULATORY
APPROVAL

6 of 8

English: For assistance in English at no cost, call 1-866-346-7198.

Spanish (Español): Para obtener asistencia en Español sin cargo, llame 1-866-346-7198.

Tagalog (Tagalog): Kung kailanganninyo ang libreng tulong sa Tagal tumawag sa 1-866-346-7198.

Chinese (中文): 如果需要中文的免费帮助, 请拨打这个号码 1-866-346-7

Navajo (Dine): Diné k'ehjí doo bąąh ilínígó shika' a'óowol nínízingo, kwij 1-866-346-7198.

Vietnamese (Tiếng Việt): Để được hỗ trợ miễn phí tiếng Việt, vui lòng gọi 1-866-346-7198.

Korean (한국어): 한국어도움이 필요하시면, 1-866-346-7198 무료전화 로전

Armenian (Հայերեն): Հայերենի եզրվա նվաճման և օգնության արդյունաբերական էնթալթանը 1-866-346-7198.

Russian (Русский): если нужна бесплатная помощь на русском я то позвоните 1-866-346-7198.

Japanese (日本語): 日本語支援が必要な場合、1-866-346-7198 に電話を、無料で提供します。

Persian (فارسی): مک را به گان زبان فارسی. لطفاً با شماره تلفن 1-866-346-7198 تماس بگیرید. (فارسی)

Punjabi (ਪੰਜਾਬੀ): ਪੰਜਾਬੀ ਚ ਮਦਦ ਲੈਂਦੀ ਮਹਿਰਾਜੀ ਕਰ ਕੇ 1-866-346-7198 ਨੂੰ ਮੁਫਤ ਕਾਲ ਕਰੋ. (ਪੰਜਾਬੀ)

Khmer (ភាសាខ្មែរ): អ្នកចង់ទទួលបានការជួយឥតគិតថ្លៃ អ្នកអាចទទួលបាន 1-866-346-7198.

Arabic (العربية): اعد في اللغة العربية مجاناً . تفضل باتصال على هذا الرقم: 1-866-346-7198 . (العربية)

Hmong (Hmoob): Xav tau kev pab dawb lub Hmoob, thov hu rau 1-8

Hindi (हिन्दी): हिन्दीमेंबिना खर्च केसहायताकेलिए, 1-866-346-7198 परकॉलकरें।.

Thai (ไทย): สำหรับความช่วยเหลือเป็นภาษาไทยโดยไม่เสียค่าใช้จ่ายโปรดโทร 1-866-346-7198.

—————To see example s of how this [plan](#) might cover costs for a sample medical situation, see the next section.—————

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

is \$1,730

■ The plan's overall deductible \$0 ■ Specialist copayment \$55 ■ Hospital (facility) copayment \$600 ■ Other copayment \$30

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Total Example Cost \$12,800

In this example, Peg would pay:

Cost Sharing

Deductibles \$0 Copayments \$1,670 Coinsurance
\$0 *What isn't covered*

Limits or exclusions \$60 **The total Peg would pay**

■ The plan's overall deductible \$0 ■ Specialist copayment \$55 ■ Hospital (facility) copayment \$600 ■ Other copayment \$30

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*glucose meter*)

Total Example Cost \$7,400

In this example, Joe would pay:

Cost Sharing

Deductibles \$0 Copayments \$1,580 Coinsurance
\$860 *What isn't covered*

Limits or exclusions \$60 **The total Joe would pay**
is \$2,500

■ The plan's overall deductible \$0 ■ Specialist copayment \$55 ■ Hospital (facility) copayment \$600 ■ Other copayment \$50

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
Diagnostic test (*x-ray*)
Durable medical equipment (*crutches*)
Rehabilitation services (*physical therapy*)

Total Example Cost \$2,500

In this example, Mia would pay:

Cost Sharing

Deductibles \$0 Copayments \$400 Coinsurance \$40

What isn't covered

Limits or exclusions \$0 **The total Mia would pay is**
\$440

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PENDING REGULATORY APPROVAL

The plan would be responsible for the other costs of these EXAMPLE covered services. **8 of 8**

**Notice Informing Individuals about Nondiscrimination
and Accessibility Requirements**

Discrimination is against the law

Blue Shield of California complies with applicable state laws and federal civil rights laws, and does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age or disability. Blue Shield of California does not exclude people or treat them differently because of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability.

Blue Shield of California:

- Provides aids and services at no cost to people with disabilities to communicate effectively with us such as:
 - Qualified sign language interpreters
 - Written information in other formats (including large print, audio, accessible electronic formats and other formats) •
- Provides language services at no cost to people whose primary language is not English such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact the Blue Shield of California Civil Rights Coordinator.

If you believe that Blue Shield of California has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability, you can file a grievance with:

Blue Shield of California
Civil Rights Coordinator
P.O. Box 629007
El Dorado Hills, CA 95762-9007
Phone: (844) 831-4133 (TTY: 711)

Fax: (844) 696-6070

Email: BlueShieldCivilRightsCoordinator@blueshieldca.com

You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW.

Room 509F, HHH Building

Washington, DC 20201

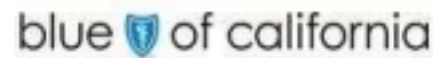
(800) 368-1019; TTY: (800) 537-7697

Complaint forms are available at

Blue Shield of California

50 Beale Street, San Francisco, CA 94105 blueshieldca.com

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services



Coverage Period: Beginning On or After 1/1/2019 Gold Trio HMO 0/30 OffEx Coverage for: Individual + Family | Plan

Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit bsca.com/policies/M0016484_EOC.pdf or call **1-888-319-5999**. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at healthcare.gov/sbc-glossary or call **1-866-444-3272** to request a copy.


| Important Questions | Answers | Why This Matters: |
|---|---|---|
| What is the overall deductible? | \$0. | See the Common Medical Events chart below for your costs for services this <u>plan</u> covers. |
| Are there services covered before you meet your deductible? | Yes. <u>Preventive care</u> and services listed in your complete terms of coverage. | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at healthcare.gov/coverage/preventive-care-benefits . |

| | | |
|---|---|---|
| Are there other deductibles for specific services? | No. | You don't have to meet deductibles for specific services. |
| What is the out-of-pocket limit for this plan? | \$5,750 per individual / \$11,500 per family for participating providers. | The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, the overall family out-of-pocket limit must be met. |
| What is not included in the out-of-pocket limit ? | Copayments for certain services, premiums , and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the out-of-pocket limit . |
| Will you pay less if you use a network provider ? | Yes. See blueshieldca.com/fap or call 1-888-319-5999 for a list of network providers . | This plan uses a provider network . You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services. |
| Do you need a referral to see a specialist? | Yes. | This plan will pay some or all of the costs to see a specialist for covered services but only if you have a referral before you see the specialist. |

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**PENDING REGULATORY
APPROVAL**

1 of 8

|  All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies. | | | |
|--|---|-------------------|---|
| Common Medical Event | Services You May Need | What You Will Pay | Limitations, Exceptions, & Other Important Information |
| <p>If you visit a health care provider's office or clinic</p> | <p>Primary care visit to treat an injury or illness</p> <p>Specialist visit</p> | | <p>Self-referral is available for Trio+ Specialist visits.</p> <p>You may have to pay for services that</p> |

| | | Participating Provider (You will pay the least) \$30/visit <i>Trio+ Specialist:</i> \$55/visit <i>Other Specialist:</i> \$55/visit No Charge <i>Lab & Path:</i> \$30/visit <i>X-Ray & Imaging:</i> \$50/visit <i>Other Diagnostic Examination:</i> \$50/visit <i>Outpatient Radiology Center:</i> \$50/visit <i>Outpatient Hospital:</i> \$250/visit <i>Retail:</i> Level A: \$15/prescription Level B: \$20/prescription <i>Mail Service:</i> \$30/prescription <i>Retail:</i> Level A: \$30/prescription Level B: \$50/prescription <i>Mail Service:</i> \$60/prescription | Non-Participating Provider (You will pay the most) Not Covered Not Covered Not Covered <i>Lab & Path:</i> Not Covered <i>X-Ray & Imaging:</i> Not Covered <i>Other Diagnostic Examination:</i> Not Covered <i>Outpatient Radiology Center:</i> Not Covered <i>Outpatient Hospital:</i> Not Covered <i>Retail:</i> Not Covered <i>Mail Service:</i> Not Covered <i>Retail:</i> Not Covered <i>Mail Service:</i> Not Covered | aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your plan will pay for. <u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits. The services listed are at a freestanding location. <u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits. <u>Preauthorization</u> is required for select drugs. Failure to obtain <u>preauthorization</u> may result in non payment of benefits. <i>Retail:</i> Covers up to a 30-day supply; <i>Mail Service:</i> Covers up to a 90-day supply. |
|---|--|---|---|--|
| If you have a test If you need drugs to treat your illness or condition More information about prescription drug coverage is available at blueshieldca.com/formulary | <u>Preventive care/screening</u> /immunization | | | |
| | <u>Diagnostic test</u> (x-ray, blood work) | | | |
| | Imaging (CT/PET scans, MRIs) Tier 1 | | | |
| | Tier 2 | | | |

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**PENDING REGULATORY
APPROVAL**

2 of 8

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|--|---|--|---|
| | | Participating Provider (You will pay the least) | Non-Participating Provider (You will pay the most) | |
| If you have outpatient surgery | Tier 3 | Retail: Level A: \$50/prescription Level B: \$80/prescription Mail Service: \$100/prescription | Retail: Not Covered Mail Service: Not Covered | <u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits. <u>Retail and Network Specialty Pharmacies</u> : Covers up to a 30-day supply; <u>Specialty Drugs</u> must be obtained at a Network Specialty Pharmacy. <u>Mail Service</u> : Covers up to a 90-day <u>supply</u> . -----None----- --- -----None----- --- -----None----- --- This payment is for emergency or <u>authorized transport</u> . -----None----- |
| | Tier 4 | <u>Retail and Network Specialty Pharmacies</u> : Level A: 20% <u>coinsurance</u> up to \$250/prescription Level B: 20% <u>coinsurance</u> up to \$250/prescription <u>Mail Service</u> : 20% <u>coinsurance</u> up to \$500/prescription | Retail: Not Covered Mail Service: Not Covered | |
| | Facility fee (e.g., ambulatory surgery center) | <u>Ambulatory Surgery Center</u> : \$150/surgery <u>Outpatient Hospital</u> : \$300/surgery <u>No Charge</u> | <u>Ambulatory Surgery Center</u> : Not Covered <u>Outpatient Hospital</u> : Not Covered <u>No Charge</u> | |
| | <u>Physician/surgeon fees</u> | <u>Facility Fee</u> : \$250/visit <u>Physician Fee</u> : <u>No Charge</u> | <u>Facility Fee</u> : \$250/visit <u>Physician Fee</u> : <u>No Charge</u> | |
| If you need immediate medical attention | <u>Emergency room care</u> | \$100/transport | \$100/transport | -----None----- --- -----None----- --- This payment is for emergency or <u>authorized transport</u> . -----None----- |
| | <u>Emergency medical transportation</u> | <u>Within Plan Service Area</u> : \$30/visit <u>Outside Plan Service Area</u> : \$30/visit | <u>Within Plan Service Area</u> : Not Covered <u>Outside Plan Service Area</u> : \$30/visit | |
| If you have a hospital stay | <u>Urgent care</u> | <u>Facility fee</u> (e.g., hospital room) Physician/surgeon | Not Covered | -----None----- |
| | Facility fee (e.g., hospital room) Physician/surgeon | \$600/day up to 5 days/admission | Not Covered | |

| | | | | |
|--|------|-----------|--|---|
| | fees | No Charge | | <u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in <u>non-payment of benefits</u> . -----None----- |
|--|------|-----------|--|---|

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| Common Medical Event | Services You May | What You Will Pay | Limitations, Exceptions, & Other Important Information |
|---|---|-------------------|--|
| <p>If you need mental health, behavioral health, or substance abuse services</p> <p>If you are pregnant</p> | <p>Need Outpatient services</p> <p>Inpatient services</p> <p><u>Office visits</u> Childbirth/delivery professional <u>services</u> Childbirth/delivery facility <u>services</u></p> <p><u>Home health care</u></p> | | <p><u>Preauthorization</u> is required except for office visits, electroconvulsive therapy, and psychological testing. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.</p> <p><u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.</p> <p>-----None-----</p> <p>-----None-----</p> <p><u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may</p> |

| | | | | |
|--|--------------------------------|--|---|---|
| If you need help recovering or have other special health needs | <u>Rehabilitation services</u> | <u>Participating Provider</u> <u>(You will pay the least)</u> <i>Office Visit:</i> \$30/visit <i>Other Outpatient Services:</i> No Charge <i>Partial Hospitalization:</i> No Charge <i>Psychological Testing:</i> No Charge <i>Physician Inpatient Services:</i> No Charge <i>Hospital Services:</i> \$600/day up to 5 days/admission <i>Residential Care:</i> \$600/day up to 5 days/admission <u>No Charge</u> No Charge \$600/day up to 5 days/admission \$30/visit <i>Office Visit:</i> \$30/visit <i>Outpatient Hospital:</i> \$30/visit <i>Office Visit:</i> \$30/visit <i>Outpatient Hospital:</i> \$30/visit | <u>Non-Participating Provider</u> <u>(You will pay the most)</u> <i>Office Visit:</i> Not Covered <i>Other Outpatient Services:</i> Not Covered <i>Partial Hospitalization:</i> Not Covered <i>Psychological Testing:</i> Not Covered <i>Physician Inpatient Services:</i> Not Covered <i>Hospital Services:</i> Not Covered <i>Residential Care:</i> Not Covered <u>Not Covered</u> Not Covered Not Covered Not Covered <i>Office Visit:</i> Not Covered <i>Outpatient Hospital:</i> Not Covered <i>Office Visit:</i> Not Covered <i>Outpatient Hospital:</i> Not Covered | result in non-payment of benefits. Coverage limited to 100 visits per member per <u>calendar year</u> . -----None----- |
| | <u>Habilitation services</u> | | | |

**PENDING REGULATORY
APPROVAL****4 of 8**

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|--|----------------------------|--|--|---|
| | | Participating Provider (You will pay the least) | Non-Participating Provider (You will pay the most) | |
| If your child needs dental or eye care | Skilled nursing care | Freestanding SNF: \$300/day Hospital-based SNF: \$300/day | Freestanding SNF: Not Covered Hospital-based SNF: Not Covered | <p><u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits. Coverage limited to 100 days per member per <u>benefit period</u>.</p> <p><u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.</p> <p><u>Preauthorization</u> is required except for pre-hospice consultation. Failure to obtain <u>preauthorization</u> may result in non-payment of <u>benefits</u>.</p> <p>Coverage limited to one exam per <u>member per calendar year</u>. Coverage is limited to one eyeglass frame and eyeglass lenses or contact lenses instead of eyeglasses, up to the <u>benefit per calendar year</u>. The cost <u>listed is for Single Vision</u>.</p> <p>Coverage for prophylaxis services (cleaning) is limited to once in a six month period.</p> |
| | Durable medical equipment | 50% <u>coinsurance</u> | Not Covered | |
| | Hospice services | No Charge | Not Covered | |
| | Children's eye exam | No Charge | Not Covered | |
| | Children's glasses | No Charge | Not Covered | |
| | Children's dental check-up | No Charge | Not Covered | |

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery • Long-term care • Private-duty nursing • Routine foot care • Dental care (Adult) • Non-emergency care when traveling outside the U.S. • Routine eye care (Adult) • Weight loss programs
- Hearing Aids

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture • Bariatric surgery • Chiropractic Care • Infertility Treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or cciio.cms.gov. Other coverage

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**PENDING REGULATORY
APPROVAL**

5 of 8

options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice or assistance, contact: Blue Shield Customer Service at 1-888-319-5999 or the Department of Labor's Employee Benefits Security Administration at **1-866-444-EBSA (3272)** or dol.gov/ebsa/healthreform. Additionally, you can contact the California Department of Managed Health Care Help at 1-888-466-2219 or visit helpline@dmhc.ca.gov or visit <http://www.healthhelp.ca.gov>.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the

Marketplace. Blue Shield of California is an independent member of the Blue Shield Association.

Language Access Services:

PENDING REGULATORY
APPROVAL

6 of 8



—————To see example s of how this plan might cover costs for a sample medical situation, see the next section.—————

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

is \$1,730

■ The plan's overall deductible \$0 ■ Specialist copayment \$55 ■ Hospital (facility) copayment \$600 ■ Other copayment \$30

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (*ultrasounds and blood work*)
 Specialist visit (*anesthesia*)

Total Example Cost \$12,800

In this example, Peg would pay:

Cost Sharing

Deductibles \$0 Copayments \$1,670 Coinsurance \$0 *What isn't covered*

Limits or exclusions \$60 **The total Peg would pay**

■ The plan's overall deductible \$0 ■ Specialist copayment \$55 ■ Hospital (facility) copayment \$600 ■ Other copayment \$30

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
 Diagnostic tests (*blood work*)
 Prescription drugs
 Durable medical equipment (*glucose meter*)

Total Example Cost \$7,400

In this example, Joe would pay:

Cost Sharing

Deductibles \$0 Copayments \$1,580 Coinsurance \$860 *What isn't covered*

Limits or exclusions \$60 **The total Joe would pay is \$2,500**

■ The plan's overall deductible \$0 ■ Specialist copayment \$55 ■ Hospital (facility) copayment \$600 ■ Other copayment \$50

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
 Diagnostic test (*x-ray*)
 Durable medical equipment (*crutches*)
 Rehabilitation services (*physical therapy*)

Total Example Cost \$2,500

In this example, Mia would pay:

Cost Sharing

Deductibles \$0 Copayments \$400 Coinsurance \$40

What isn't covered

Limits or exclusions \$0 **The total Mia would pay is \$440**

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PENDING REGULATORY APPROVAL

The plan would be responsible for the other costs of these EXAMPLE covered services. **8 of 8**

**Notice Informing Individuals about Nondiscrimination
and Accessibility Requirements**

Discrimination is against the law

Blue Shield of California complies with applicable state laws and federal civil rights laws, and does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age or disability. Blue Shield of California does not exclude people or treat them differently because of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability.

Blue Shield of California:

- Provides aids and services at no cost to people with disabilities to communicate effectively with us such as:
 - Qualified sign language interpreters
 - Written information in other formats (including large print, audio, accessible electronic formats and other formats) •
- Provides language services at no cost to people whose primary language is not English such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact the Blue Shield of California Civil Rights Coordinator.

If you believe that Blue Shield of California has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability, you can file a grievance with:

Blue Shield of California
Civil Rights Coordinator
P.O. Box 629007
El Dorado Hills, CA 95762-9007
Phone: (844) 831-4133 (TTY: 711)

Fax: (844) 696-6070

Email: BlueShieldCivilRightsCoordinator@blueshieldca.com

You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW.

Room 509F, HHH Building

Washington, DC 20201

(800) 368-1019; TTY: (800) 537-7697

Complaint forms are available at

Blue Shield of California

50 Beale Street, San Francisco, CA 94105 blueshieldca.com

BENEFITS SUMMARY

VSP Choice Plan #2



www.hhs.gov/ocr/office/file/index.html.

EXAM EVERY LENSES EVERY FRAMES EVERY

Choice Network: 31,000 preferred providers | 57,000 access points

12 months

12 months

12 months

CONTACTS (IN LIEU OF GLASSES) 12 months COPAYMENTS

EXAM

\$10

MATERIALS

\$10

CONTACT LENS FITTING & EVALUATION

15% discount
(not to exceed \$60)

IN NETWORK ALLOWANCES

RETAIL FRAM VALUE 1,2,3

\$150 / 20% off overage \$150

ELECTIVE CONTACT LENSES

Low Vision & Polycarbonate for Children

COVERED LENS OPTIONS

VALUE ADDED PROGRAMS DIABETIC EYECARE PLUS PROGRAM HEARING AID DISCOUNTS

EYE HEALTH MANAGEMENT

DIABETIC EXAM REMINDER LETTERS

OUT-OF-NETWORK ALLOWANCES EXAMINATION, up to

SINGLE VISION LENSES, up to

BIFOCAL LENSES, up to

TRIFOCAL LENSES, up to

Included Included Included Included

\$45

\$30

\$50

\$65

LENTICULAR LENSES, up to \$100 FRAMES, up to \$70 ELECTIVE CONTACT LENSES, up to

\$105 NECESSARY CONTACT LENSES, up to \$210

EXTRA DISCOUNTS & SAVINGS

LENS ENHANCEMENTS

Most popular are covered with a copay, saving an average 20-25%

ADDITIONAL PAIR OF GLASSES

20% off

SUNGLASSES

20% off

LASER VISION CORRECTION (LVC)

15% discount avg.

WHY BEAM

DENTAL BENEFITS SUMMARY

SmartPremium Plus PLAN: 100/80/50/50-1500/1500a

Beam is the future of group dental insurance for employers large and small. We're pairing innovative

tech with personal service to deliver an insurance experience unlike any other.

No waiting periods

90th Percentile UCR OON

Digital implementation and admin

Beam Floss

50 yards of high
quality ribbon floss.

BEAM PERKS INCLUDED

Everything needed for great dental care
delivered right to member's doors every
6 months.

Beam Brush

Sonic powered, smart,
electric toothbrush.

Replacement heads

Soft bristle brush heads made
specifically for your brush.

Beam Paste

High-quality, custom
formulated toothpaste.

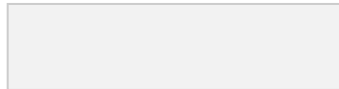
QUESTIONS?

We'd love to help! Or visit app.beam.dental and login to view more
info.

No downgrades on composites

Nationwide network

Beam Perks included



3 colors available!

Some Services require prior authorization.

BM-SOB-0001-201709

PLAN COVERAGE PREVENTIVE & DIAGNOSTIC

IN-NETWORK OUT-OF-NETWORK (PPO FEE) (90TH PERCENTILE UCR)

maintainers, x-rays, and sealants 100% 100% Diagnostic and preventive: exams, cleanings, fluoride, space

BASIC

Minor restorative: fillings

Prosthetic maintenance: relines and repairs to bridges, implants, and dentures

Emergency palliative treatment: to temporarily relieve pain ORTHODONTIA

Endodontics: root canals

Periodontics: to treat gum disease

Oral surgery: extractions and dental surgery

80% 80% 50% 50%

MAJOR

Major restorative: crowns, inlays, and onlays

Prosthodontics: dentures

Prosthetics: bridges

Implants:

Child Orthodontics: braces with age limit of 19 50% 50% Adult Orthodontics: braces over the age of 19

PLAN MAXES

Annual maximum applies to diagnostic & preventive, basic services, and major services. Lifetime maximum applies to orthodontic services.

Annual Max based on Calendar Year.

Benefit Period: Calendar Year \$1,500 /yr ANNUAL MAX

ORTHO LIFETIME MAX \$1,500 /lifetime

PLAN DEDUCTIBLE

The deductible is waived for diagnostic & preventive services.

INDIVIDUAL \$50.00 /yr FAMILY \$150.00 /yr

BM-SOB-0001-201709

FREQUENCIES & LIMITATIONS COVERAGE RULES

CODE

- D1110
- D0120
- D0140
- D0150
- D0210
- D0220, 0230 D0270 - 0277 D0330
- D1206, 1208 D1351, 1352 D2390 - 2394 D3330
- D4341, 4346 D4355
- D4381
- D4910
- D5110, 5120... D6010, 6056... D2740, 2950... D7140
- D7953
- D9110
- D9223, 9243 D9310
- D9940
- D0431

PROCEDURE

- Prophylaxis
- Periodic oral exam
- Limited oral exam
- Comprehensive oral exam Radiographs – FMX
- Radiographs – periapical
- Radiographs – bitewings
- Radiographs – panoramic Fluoride
- Sealants
- Fillings

Root canal (N, X2)

Periodontal root planing (N, P, X) Full mouth debridement (N) Localized antimicrobial delivery (P, H) Periodontal maintenance (H) Dentures (N, X, A)

Implants (N, X)

Crowns (N, X, A)

Simple extractions

Bone replacement graft (N, X) Emergency palliative treatment (N) General anesthesia (N)

Consultation

Occlusal mouthguards (N) Cancer screening

COVERED UNDER Preventive

Preventive

Preventive

Preventive

Preventive

Preventive

Preventive

Preventive

Preventive

Preventive

Minor Restorative Endodontics

Periodontics

Preventive

Periodontics

Periodontics

Major

Major

Major

Minor Restorative Oral surgery

Emergency Palliative Emergency Palliative Preventive

Periodontics

Preventive

FREQUENCY

Two per benefit period

Two per benefit period

Two per 12 months

One per 60 months per location One per 60 months

One per 6 months per location Every 6 months, to the date One per 60 months

One per 12 months

One per 48 months

One per 24 months, per surface One per lifetime, same tooth One per 24 months, per quadrant Once per lifetime

One per 24 months, per tooth One per 90 days

One per 60 months

One per 60 months

One per 60 months

No frequency restrictions One per 60 months

Three per 12 months

No frequency restrictions Two per 12 months per location One per 60 months

One per benefit period

NOTES

Shared frequency with D4910

No shared frequency with D0140

Can do treatment on same day

Shared frequency with D0160

Shared frequency with D0330, D0274

Can perform 6 months after D0210

Shared frequency with D0210

Covered through age 16

Covered through age 16, 1st & 2nd permanent molar s No downgrades on posterior composite

Can perform all 4 quads in one day, shared freq with D111 0 No exams within 5 days

Can perform 6 weeks after D4341

Shared frequency with D1110, covered 90 days after D434 1 Paid on seat date, not prep date

Paid on seat date, not prep date

No downgrades; build-up is covered separately

Only covered in conjunction with an implant Only medically necessary x-rays same day No tooth-specific guidelines

Can do treatment same day

For bruxism only

No age limit

Not covered: D0350, D0364, D0470, D1330, D1525, D2962, D3110, D3120,

D8093, D9230, D9248 **FREQUENTLY ASKED QUESTIONS**

REQUIRED DOCUMENTATION

Continuation of service?

Frequency of ortho payments?

Is pre-authorization mandatory?

Coordination of benefits?

Are prior extractions covered?

CLAIMS

Wisdom tooth coverage?

Timely filling limit?

INFORMATION

Covered starting on patient’s effective date
Standard – earlier effective date is primary
Send to medical first, then covered by Beam
Monthly – need claims for on-going treatment
Yes – no missing tooth clause
Yes – 12 months from date of service
No – but recommended for \$300+ claims
N = Narrative of medical necessity

Beam Insurance

Administrators PO Box 75372 form 2006 or later
Cincinnati, OH 45275
Electronic payer ID BEAM1
Fax number 844 688 4821
Phone number (800) 648-1179
Claim form accepted ADA

Beam Dental PPO Standard coverages, as of August 1, 2018

P = Perio charting
X = Dated, pre-op x-rays
X2 = Dated, pre-op and post-op x-rays
H = Periodontal history
A = Age of existing prosthetics, if applicable