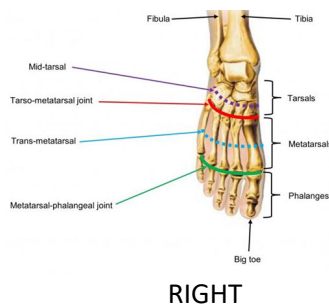
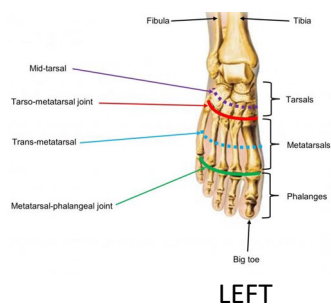


LOWER EXTREMITIES ASSESSMENT

Name:			
Country:		DOB:	

Hip	PROM Left	PROM Right	MMT Left	MMT Right	Primary MIC	Secondary MIC
Flexion	/120	/120				
Extension	/ 30	/ 30				
Abduction	/ 45	/ 45				
Adduction	/ 30	/ 30				
Internal Rotation	/ 45	/45				
External Rotation	/45	/ 45				
Knee						
Flexion	/140	/ 140				
Extension	/ 0	/ 0				
Ankle						
Plantar flexion	/ 50	/ 50				
Dorsi flexion	/ 20	/ 20				
Inversion						
Eversion						

LIMB DEFICIENCY



Right limb

cm



Left limb

cm

LEG LENGTH DIFFERENCE

Left leg (from ASIS to Medial Malleoli)	cm
Right leg (from ASIS to Medial Malleoli)	cm
Difference:	cm

MUSCLE TONE EVALUATION

Hypertonia MIC: minimal Grade 1 on 1 of 5 muscles/groups below		Ashworth Scale (put cross in box)				
		Grade 0	Grade 1	Grade 2	Grade 3	Grade 4
Hip Adductors	Left					
	Right					
Hamstrings	Left					
	Right					
Rectus Femoris	Left					
	Right					
Soleus	Left					
	Right					
Gastrocnemius	Left					
	Right					

Ataxia		SARA Scale of Assessing and Rating Ataxia (put cross in box)									
MIC: minimal Grade 2 on A and B and C		Grade 0		Grade 1		Grade 2		Grade 3		Grade 4	
A: Heel-shin slide 3 trials best trial rated	Left										
	Right										
Outcome heel-shin Slide Final grade		Left & right added together and divided by 2 = final grade (Left + Right) ÷ 2 = Grade									
B: Stance 3 trials allowed best trial rated		Grade 0	Grade 1	Grade 2		Grade 3	Grade 4	Grade 5	Grade 6		
C: Gait		Grade 0	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5	Grade 6	Grade 7	Grade 8	

Athetosis MIC: minimal grade 1 on both duration and amplitude for A or A+B			DIS Dyskenisia Impairment Scale (put cross in box)									
			DURATION					AMPLITUDE				
			0	1	2	3	4	0	1	2	3	4
A: Sitting	Leg proximal Flexion & Extension	Left										
		Right										
	Leg distal Plantar & Dorsi flexion	Left										
		Right										
B: Stand	Leg proximal	Left										
		Right										
	Leg distal	Left										
		Right										

EVALUATION OF FUNCTIONAL TEST

	Result (Y/N)	
	Right	Left
1 – VERTICAL PLANE	Yes No	Yes No
	Remarks:	Remarks:
2 – FORWARD PLANE	Yes No	
	Remarks:	
3 – SIDAWAY PLANE	Yes No	Yes No
	Remarks:	Remarks:
4 – DRIBBLING	Yes No	Yes No
	Remarks:	Remarks:
The player is eligible Yes No		

Classifier 1:	
Signature	
Classifier 2:	
Signature	
Date	

Player signature: _____