

Questionnaire

*This document contains the items as presented to the participants of the study on religiosity and well-being. Note that the original questionnaires were translated into the dominant language of each included country and adjusted to its cultural context. For each item, the label corresponding to the datafile is given in bold and italics (e.g., **rel_1**). The numeric response values in round brackets (e.g., (1)) were not visible to participants.*

Religiosity

The following questions are about **religious behaviour and attitudes**.

rel_1 Apart from weddings and funerals, about how often do you attend religious services these days?

- ☐ More than once a week (1)
- ☐ Once a week (2)
- ☐ Once a month (3)
- ☐ Only on special holy days (4)
- ☐ Once a year (5)
- ☐ Less often (6)
- ☐ Never, practically never (7)

rel_2 How often do you pray?

- ☐ Several times a day (1)
- ☐ Once a day (2)
- ☐ Several times each week (3)
- ☐ Only when attending religious services (4)
- ☐ Only on special holy days (5)
- ☐ Once a year (6)
- ☐ Less often (7)
- ☐ Never, practically never (8)

rel_3 Independently of whether you attend religious services or not, would you say you are:

- ☐ A religious person (1)
- ☐ Not a religious person (2)
- ☐ An atheist (3)

rel_4 Do you belong to a religion or religious denomination?

- ☐ Yes (1)
- ☐ No (2)

If “Do you belong to a religion or religious denomination?” = Yes
denomination If so, which one?

Options differed per country. Overall, the following were possible:

- African religions
- Buddhist
- Christian
- Christian (Roman Catholic)
- Christian (Protestant)
- Christian (Orthodox - Russian/Greek/etc.)
- Druze
- Evangelical
- Hindu
- Jain
- Jewish
- Muslim
- Muslim (Sunni)
- Muslim (non-sectarian)
- Muslim (Azhari)
- Muslim (Alevi)
- Shinto
- Spiritist
- Taoist
- Other:

rel_5 To what extent do you believe in God?

- Not at all 1 (1)
- 2 (2)
- 3 (3)
- 4 (4)
- 5 (5)
- 6 (6)
- Very much 7 (7)

rel_6 To what extent do you believe in a life after death?

- Not at al 1 (1)
- 2 (2)
- 3 (3)
- 4 (4)
- 5 (5)
- 6 (6)
- Very much 7 (7)

attention_check In order to test that you are paying attention, please select "Not at all (1)":

- Not at all 1 (1)
- 2 (2)
- 3 (3)

- 4 (4)
- 5 (5)
- 6 (6)
- Very much 7 (7)

rel_7 To what extent do you consider yourself to be spiritual?

- Not at all 1 (1)
- 2 (2)
- 3 (3)
- 4 (4)
- 5 (5)
- 6 (6)
- Very much 7 (7)

In your life, how important is the following:

	Not at all important (1)	Slightly important (2)	Moderately important (3)	Very important (4)	Extremely important (5)
A religious lifestyle (rel_8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Belief in God (rel_9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Cultural Norms of Religiosity

For an average [NATIONALITY] citizen, how important would you say the following is:

	Not at all important (1)	Slightly important (2)	Moderately important (3)	Very important (4)	Extremely important (5)
A religious lifestyle (cnorm_1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Belief in God (cnorm_2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Well-being

The following questions are about your quality of life and health.

Please keep in mind your standards, hopes, pleasures and concerns. We ask that you think about your life **in the last two weeks**.

	Very poor (1)	Poor (2)	Neither poor nor good (3)	Good (4)	Very good (5)
How would you rate your quality of life? (wb_gen_1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Very dis- satisfied (1)	Dissatis- fied (2)	Neither satisfied nor dissatisfied (3)	Satis- fied (4)	Very satisfied (5)
How satisfied are you with your health? (wb_gen_2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The following questions ask about how much you have experienced certain things **in the last two weeks**.

	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	Extremely (5)
To what extent do you feel that physical pain prevents you from doing what you need to do? (wb_phys_1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How much do you need any medical treatment to function in your daily life? (wb_phys_2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How much do you enjoy life? (wb_psych_1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
To what extent do you feel your life to be meaningful? (wb_psych_2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How well are you able to concentrate? (**wb_psych_3**)

☐ ☐ ☐ ☐ ☐

The following questions ask about how completely you experience or were able to do certain things **in the last two weeks**.

	Not at all (1)	A little (2)	Moderately (3)	Mostly (4)	Completely (5)
Do you have enough energy for everyday life? (wb_phys_3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are you able to accept your bodily appearance? (wb_psych_4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Very poor (1)	Poor (2)	Neither poor nor good (3)	Good (4)	Very good (5)
How well are you able to get around? (wb_phys_4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The following questions ask you to say how good or satisfied you have felt about various aspects of your life **over the last two weeks**.

	Very dissatisfied (1)	Dissatisfied (2)	Neither satisfied nor dissatisfied (3)	Satisfied (4)	Very satisfied (5)
How satisfied are you with your sleep? (wb_phys_5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How satisfied are you with your ability to perform your daily living activities? (wb_phys_6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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	Never (1)	Seldom (2)	Quite often (3)	Very often (4)	Always (5)
How often do you have negative feelings such as blue mood, despair, anxiety, depression? (<i>wb_psych_6</i>)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Very dis- satisfied (1)	Dissatis- fied (2)	Neither satisfied nor dissatisfied (3)	Satis- fied (4)	Very satisfied (5)	I would rather not say (9)
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Demographics

Please answer the following questions.

age How old are you?

gender What is your gender?

- ☐ Male (1)
- ☐ Female (2)
- ☐ Other (3)

education What is the highest degree of education you have completed?

Note: the exact labels were tailored to the education system in each country

- ☐ Primary school/ primary school (1)
- ☐ Some high school (2)
- ☐ Completed high school or equivalent (3)
- ☐ Some university (4)
- ☐ Completed university (5)
- ☐ Some postgraduate work (6)
- ☐ Completed a postgraduate degree (7)

ses We are interested in how you perceive your life. Think of a ladder representing where people stand in [COUNTRY]. At the top of the ladder are the people who are the best off—those who have the most money, the most education, and the most respected jobs. At the bottom are the people who are the worst off—who have the least money, least education, and the least respected jobs or no job. The higher up you are on this ladder, the closer you are to the people at the very top. The lower you are, the closer you are to the people at the very bottom. Imagine this rating scale represents the ladder. Where would you place yourself, relative to other people in [COUNTRY]?

- ☐ 10 - Top (10)
- ☐ 9 (9)
- ☐ 8 (8)
- ☐ 7 (7)
- ☐ 6 (6)
- ☐ 5 (5)
- ☐ 4 (4)
- ☐ 3 (3)
- ☐ 2 (2)
- ☐ 1 - Bottom (1)

ethnicity What is your race/ethnicity?

Options differed per country, overall the following were possible:

- East Asian
- Caucasian/European
- South Asian
- Pacific Islander
- Middle-Eastern / Arab
- African
- Indigenous
- Latin-American
- Asian
- Chinese
- Malay
- Indian
- Turkish
- Kurdish
- Armenian
- Mixed / other
- I would rather not say