

# Group Comparisons: Perfectionism on Distress

A

Causal Effect of + 1 Perfactionism vs. Status Quo

Born in NZ Effects N = 11,381

Reliability  positive

born NZ: depression

0.145 (0.121–0.168) [EV 1.542/1.478]

born NZ: anxiety

0.113 (0.093–0.134) [EV 1.455/1.394]

–0.50

–0.25

0.00

0.25

0.50

B

Causal Effect of + 1 Perfactionism vs. Status Quo

Born Overseas Effects N = 2,949

Reliability  positive

born overseas: depression

0.143 (0.101–0.185) [EV 1.537/1.424]

born overseas: anxiety

0.113 (0.075–0.152) [EV 1.455/1.342]

–0.50

–0.25

0.00

0.25

0.50