

Noah's manifestation method

Greetings! Thank you for obtaining a copy of Noah's manifestation method. I have developed a system of perspective, a manifestation system—a way to look at reality, that will dramatically alter your perception of life and give you full control over it, along with a great stress relief and inner peace.

This booklet is intended for those who are already familiar with the teachings of Neville Goddard or similar teachers. You should know that you create your reality, that everything you see is your consciousness, and that what you feel and imagine is reflected onto the outer world. If you are not familiar with these concepts yet, I suggest you start reading some of Neville Goddard's works, for instance "The Law & The Promise" which can be found as a free PDF on the web (just google it).

My hope is that this system that I have developed will help you stop struggling with "living in the end," stop struggling with doubts, stop having anxiety about your manifestation progress, and experience more inner peace and joy in life as you go about your journeys. This system came to me as an epiphany one day when I was walking. I realized that even the most fundamental aspects of living that we were taught (or figured out ourselves) as kids are wrong. The very reality that you are experiencing on a day-to-day basis is fake. It is a hallucination. It is a dream. I will talk more about this in a moment.

I've probably created a spark of curiosity and intrigue within you now; at least I hope I have. So let me get straight to the real deal. This system is a prototype and might use some further tune-up in the future, but it is fully functional and effective (and provided) as-is.

So let's start.

YOU ARE DREAMING. AS YOU ARE READING THIS, YOU ARE IN A DREAM.

This is one of the most important things to realize. You need to start viewing your reality as a dream. Because it is. And this is one of the hardest things to accept being a human being that has been programmed by society, and by our own conclusions, for our entire lifetimes. **THE REALITY THAT YOU ARE IN RIGHT NOW, WHAT YOU ARE SEEING RIGHT NOW, WHAT YOU ARE (YOUR BODY) RIGHT NOW-----IS A DREAM!**

You need to start experiencing your waking life and reality as a dream. I cannot provide any evidence for you that your life and reality is a dream. What I can say and use is analogies. If you don't think that your consciousness is capable of generating an entire reality on its own, you are wrong. Every night when you dream you are generating a reality. The only difference then is that you are not conscious of it. You are unaware of your dreams at night. But you ARE aware of this dream that you are in right now. In fact, there is no such thing as "dream" or "real." It's all generated by your consciousness. There is only one true power that is real—one true remote control—one true experience: that is your human imagination. When you sit with closed eyes, imagining and feeling, you are no longer dreaming but rather experiencing the most true and real experience you can ever experience. Your human imagination is real—it controls everything—it is your soul. This outer reality...NO, this DREAM that you are in is merely a fake reflection—a shadow—of your soul (your human imagination)—and it is not real. It is a dream that you are hallucinating, it is a hallucination made by your consciousness. I can't emphasize enough that **YOU NEED TO START LOOKING AT THIS REALITY AS A DREAM. IT IS A DREAM. YOU ARE LUCID DREAMING!** Simply start experiencing life from the standpoint of a dreamer. Whatever happens in this reality is not real. It

does not affect you. It does not give you pleasure, anxiety or anything—since it is just a dream. You are not a part of it; rather you are observing it. You are not IN it, the same way that you are not physically in your dreams at night. The seat of your consciousness is not within this waking dream you're in now; rather it is eternal, it is everywhere, it is everything. That means that WHATEVER happens in this waking dream—it is not going to hurt you, it is not going to affect you. Unless you choose it to, which you won't unless it's pleasurable—believe me.

The point I am trying to make is that you need to experience life from an observing perspective. Keep in mind as often as you can—remember as often as you can—that the reality you are in is a lucid dream that you are hallucinating.

Do this.

From now on.

Thank you.

THE ONLY REAL AND TRUE POWER—EXPERIENCE—IS YOUR HUMAN IMAGINATION. YOUR HUMAN IMAGINATION IS YOUR SOUL, AND IT IS REAL. THE OUTER REALITY IS A FAKE REFLECTION—A SHADOW. IT IS A LUCID DREAM. YOU ARE DREAMING!

The only true power and experience is your human imagination. Your human imagination is your soul. It is your only true being, it is YOU. Your human imagination is YOU. Your soul consists of nothing but your wonderful human imagination. What you can imagine determines who you are. Your identity is that which you can imagine. You have no sins, you have no conscience, you have no personality—you have your own, unique human imagination that no other soul possesses. It is you, your godly divine self, your human imagination. Your identity is not your name but rather your imagination. Your name is God, your name is Divine, your name is Imagination. Your name is [insert all that you can imagine here].

When you close your eyes and feel and imagine, you are not dreaming anymore. You are accessing your human imagination, you are accessing your soul—you are experiencing the REAL reality.

YOU ARE WAKING UP FROM THE DREAM. Finally I'm awake! Finally I can experience, control, enjoy. Your imagination is full of wonder and enjoyment and pleasure and peace. It is divine. It is real. It is THE only real thing you can experience. It is YOU. It is your soul.

Now, since you know that your reality is fake and your imagination is real, what does this mean?

It means that you do not imagine to manifest. You imagine to experience. The only true experience is the one that is imagined with your eyes closed, or felt. When you feel and imagine you connect to your soul, you wake up from the dream and experience your Soul, your true body...your true nature...like escaping from the Matrix!

This means that if something does not look desirable in your outer reality dream, you can just close your eyes and go within and experience the true state. If your SP is not talking to you, you know it does not matter, because it is a dream. Close your eyes and imagine your SP talking to you. Heck, spend hours in this state, imagining days with your SP. Is this not real? Is this not what is truly real? It is. Because in your human imagination, in your very soul—natural state—you are spending quality time with your SP. THIS IS REAL. In your hallucinative dream that you call reality, she is not talking to you, but this is just a dream. You know that in your true reality (human imagination), your

SP is all over you. She loves you. Everything is the way you want it to be because you are imagining it.

When you start to imagine with your eyes closed that which you want to experience, you are experiencing it. There is no need for this to manifest in your dream. Why should it manifest in your dream???...you already have it! Each time you close your eyes and imagine you are experiencing it. When you open your eyes again you are dreaming a fake reality. Close your eyes again and imagine—you are experiencing REALITY! Open your eyes and you are dreaming again. It is as easy as that. Knowing that the outer reality is a dream, you can now go about your life with a peace of mind, knowing that whatever happens—it is not real, it is a hallucination—and you can WHENEVER YOU WANT, WHEREVER YOU WANT ACCESS YOUR SOUL AND IMAGINE WITH YOUR EYES CLOSED. YOU CAN WHENEVER YOU WANT CLOSE YOUR EYES AND EXPERIENCE WHATEVER YOU WANT. THIS IS WAKING UP FROM THE DREAM. YOU CAN WAKE UP FROM YOUR “REALITY” DREAM WHENEVER YOU WANT BY CLOSING YOUR EYES AND IMAGINING—EXPERIENCING! The goal with imagining is not to make it manifest in the outer reality dream. The goal is to get the experience. When you close your eyes and imagine, it is so real that you no longer desire it in your outer reality dream. Because you already have it—in your imagination—in your REAL reality—in your soul! Why do you want it in your dream too?? It is fake! Imagination is real!

This new realization means that you can go about your life knowing it is a dream, knowing that your imagination is real. If you imagine in the morning your dream life, then open your eyes and start dreaming outer reality—you can go about the dream knowing that your true state is that which you imagined this morning. There is no longer a need to “live in the end” because you know that your true state is what you imagined that morning. You know that what you are seeing is merely a dream, it is fake—and your true reality is that which you imagined this morning. It is as simple as that. Knowing this is better than living in the end because it requires no effort—you simply know it. No longer is there a need to deny what you are seeing in your outer reality dream because it is just that: a dream. Your true reality is your imagination, the state you were in this morning when you imagined is what you truly are. Know this in the back of your head as you go about your day (your dream).

EVEN SLEEP IS PART OF YOUR DREAM. SLEEP IS PART OF YOUR OUTER REALITY DREAM. IT IS TIED TO YOUR HUMAN BODY; AND IMAGINATION IS INDEPENDENT OF YOUR HUMAN BODY, HENCE SLEEP IS A DREAM. YOUR ONLY TRUE STATE IS YOUR IMAGINATION, THE ONLY TRUE EXPERIENCE IS THE IMAGINED ONE.

THE ONLY WAY TO WAKE UP IS BY CLOSING YOUR EYES AND LETTING YOUR IMAGINATION WANDER FREELY! THIS IS TRUE LIVING! EVERYTHING ELSE IS DREAMING!

Now, the same way that your thoughts during your day affect your sleep at night—your imagination also affects your OUTER REALITY DREAM. What you imagine (experience) will turn up in your outer reality dream. This is *the law* that Neville Goddard refers to. It is not an important law, because it only affects your outer reality dream. You already are everything you desire, you already have everything you desire, JUST IMAGINE IT, EXPERIENCE IT! The manifestation onto the outer

reality dream is a little side effect. It is not the point or the goal of imagining. The goal of imagining is to wake up from your dream and live, truly live. It just so happens that what you live in your imagination (your soul state) also turns up in your outer reality (your dream).

THAT'S THE END OF THIS SYSTEM. THIS IS ALL YOU NEED TO KNOW.

Mind you, this was quite a lot. So here's a review.

Your outer reality is not real. It is a lucid dream. The only true, real state is that which you are in when you close your eyes and imagine.

Since your imagination is your true, soul state—what you are imagining is the real experience, the real way of living—it is **TRULY** living. If you imagine yourself being rich and see this vividly, you know as you go about your day (your DREAM) that your true state is a rich man and **NOT** what you are seeing in your DREAM. This means “living in the end” is no longer relevant, because you **KNOW** that you are dreaming and that your true state is what you see when you imagine, with your eyes closed.

Then, as a side effect, this will appear in your outer reality DREAM as well. Because your soul—your true life: **YOUR IMAGINATION**-----affects the dream (outer reality!).

So, imagine as much as you wish! Whenever you want you can live your dream life. Just close your eyes and imagine and you are living it immediately. You are living it when you imagine it. Then you will later dream it—too—when it turns up in your **OUTER REALITY DREAM**—your little playground (sandbox) that you are hallucinating, hehe.

**HAVE FUN DREAMING,
BUT REMEMBER: IMAGINATION IS THE ONLY REALITY.**

**YOU ARE DREAMING. RIGHT NOW. WAKE UP—IMAGINE!
EXPERIENCE YOUR DREAM LIFE **RIGHT NOW!** WHAT
HAPPENS IN YOUR OUTER REALITY DREAM (ORD) IS
IRRELEVANT! WHENEVER YOU WANT YOU CAN LIVE
YOUR DREAM LIFE—ALL IT TAKES IS CLOSING YOUR
EYES! THE OUTER REALITY IS JUST A DREAM, A
SANDBOX, A PLAYGROUND. HAVE FUN!!!!!!!!!!**

/Noah Ydreskog.