



## Hiking the Kerry Way

Hey, friends! Welcome to my guide to hiking the Kerry Way. I'm Josh, and I'm the dude who has prepared this guide. I hope you find it useful.

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## Overview

### Where is the Kerry Way?

The Kerry Way is in Kerry.

### What is the Kerry Way?

The Kerry Way is a 200+ km hike around the Iveragh Peninsula.

## Why should you hike the Kerry Way?

You will summit peaks, paddle in sparkling bays, and forage in forests, all the time marvelling at spectacular Irish countryside. The only downside is that you start and end in Killarney.

## When is the best time to hike the Kerry Way?

Daytime is the best time to hike the Kerry Way.

## In what direction should you hike the Kerry Way?

It all depends on your orientation. If you're a clockwise dude, then it's better for you to drive the Ring of Kerry; if you swing the other way, then hiking the Kerry Way is for you.

## Route

<b>Day 1</b>	Killarney	Glencar	30 km	8 hours	810 m
	Through the Gap of Dunloe.				
<b>Day 2</b>	Glencar	Glenbeigh	18 km	7 hours	410 m
	Through Lickeen Forest and around Seefin mountain.				
<b>Day 3</b>	Glenbeigh	Foilmore	20 km	5 hours	425 m
	Paddle at Rossbeigh Strand, around Drung Hill, into Fearta River Valley.				
<b>Day 4</b>	Foilmore	Waterville	22 km	6 hours	850 m
	Strenuous hiking to see Charlie Chaplin.				
<b>Day 5</b>	Option 1				
	Waterville	Caherdaniel	16 km	5 hours	350 m
	A lovely coastal walk.				
	Option 2				
	Waterville	Caherdaniel	28 km	10 hours	960 m
	Climb to the Windy Gap				
<b>Day 6</b>	Caherdaniel	Sneem	17 km	6 hours	440 m
	An old butter route.				
<b>Day 7</b>	Sneem	Kenmare	32 km	10 hours	690 m
	Down to the shore of Kenmare Bay.				
<b>Day 8</b>	Kenmare	Killarney	24 km	6 hours	657 m
	Follow the Old Kenmare Road.				

## Safety

What to watch out for!

Walking has its dangers:

- **Bears!** Bears are mammals with large bodies, shaggy hair, short tails, sharp claws, and bad teeth. Most are omnivores, which means they enjoy fresh hiker with a side order of vegetable matter. However, there are *no* bears in Ireland.
- **Snakes!** Snakes are limbless reptiles, found on all continents except for Antarctica. A snake can swallow prey that is larger than its head, which is worrying for small hikers. However, there are *no* snakes in Ireland.
- **Wolves!** Wolves are like big, devil-eyed dogs. They hunt hikers in packs, encircling any laggards in your party and tearing them limb from limb. However, there are *no* wolves in Ireland.

No bears, no snakes, no wolves. I'm not sure why I included this section.

## Do's and don'ts

- Do's
  - Pack out what you pack in.
  - **You must tell someone of your plans.**
- Don'ts
  - Don't wear denim or flip flops or clashing colours.
  - Don't disturb the wildlife, including the locals.

## Culture

*Star Wars* fans will know that *The Last Jedi* features shots of the Skellig Islands, which can be seen during your hike.

Less well known is that the hotel in *The Lobster* is the *Parknasilla Resort and Spa*, just outside of Sneem village.

Finally, Lough Leanne is the place where Oisín fell in love with Niamh. After 300 ageless loved-up years together in *Tír na nÓg*, Oisín returned in search of his family. But, on touching Irish soil, he aged in an instant and died soon after, buried by St. Patrick. So let that be a lesson to you.

## Reviews

### Dane Letchworth, Wolverhampton, UK

"I hiked the Kerry Way in October 2018. I didn't expect to do so much walking. This should be made clearer in descriptions of this hike."

## **Benedicte Jørgensen, Bergen, Norway**

“The wife and I feasted our eyes and pummelled our feet on Ireland’s beautiful Kerry Way last Summer. Hearty breakfasts sustained us through the long days. Sure, it rained non-stop. But it deepened our love for this country and for each other.”

## **Heidi J. Knopp, Ohio, USA**

“Disappointed! No bears, no snakes, no wolves. No leprechauns. No *Dunkin’ Donuts*, *Starbucks* or *Dairy Queen*. No wi-fi on the mountains. You guys should make Ireland great again.”

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Contact me: [josh.carter@fakemail.com](mailto:josh.carter@fakemail.com)