

13.1 Energy and Conservation of Energy

$$\Delta E = \Delta E_{\text{System}} + \Delta E_{\text{Surroundings}} = 0 \quad (\text{conservation of energy})$$

closed system: no chg in energy of surroundings $\Rightarrow \Delta E_{\text{System}} = 0$

13.2 Kinetic Energy

\rightarrow "energy assoc. w/ coherent motion of molecules that constitute a body of mass m"

Def (kinetic energy) kin. Energy of non-rotating body of mass m moving w/ speed v is $K \equiv \frac{1}{2}mv^2$

$$\text{SI unit: } \frac{\text{kgm}^2}{\text{s}^2} \cdot \text{J}$$

Example

From lab. frame of the ground or an observer on the ground

$$v_{A_1} = 10, v_{A_2} = 20$$

$$v_{B_1} = 50, v_{B_2} = 60$$

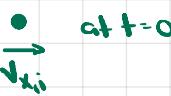
$$\frac{\Delta K_A}{\Delta m_B} = \frac{v_{A_2}^2 - v_{A_1}^2}{v_{B_2}^2 - v_{B_1}^2} = \frac{400 - 100}{3600 - 2500} = \frac{300}{1100} = \frac{3}{11}$$

From lab. frame of observer moving at v_A ,

$$\frac{\Delta K_A}{\Delta m_B} = \frac{100 - 0}{2500 - 1600} = \frac{100}{900} = \frac{1}{9}$$

13.3 Kinematics and Kinetic Energy in One Dimension

13.3.1 Constant Accelerated Motion

rigid body point mass  at $t=0$

$$\text{displacement} - \Delta x = v_{xi}t + \frac{1}{2}a_xt^2$$

$$a_x = \frac{\Delta v_x}{\Delta t} = \frac{v_{x,i} - v_{x,i}}{t}$$

$$a_x \Delta x = \frac{v_{x,i} - v_{x,i}}{t} \left(v_{x,i}t + \frac{1}{2}(v_{x,f} - v_{x,i}) \cdot t \right)$$

$$\therefore \dots = \frac{1}{2}(v_{x,f}^2 - v_{x,i}^2)$$

$$\Rightarrow m a_x \Delta x = \frac{1}{2}m(v_{x,f}^2 - v_{x,i}^2) = \Delta K$$

$$\Rightarrow F_x \Delta x = \Delta K$$

13.3.2 Non-constant Accel. Motion

\rightarrow Divide displacement into N intervals $j=1, \dots, N$

$$\sum_{j=1}^N (a_{x,j})_{\text{avg}} \Delta x_j$$


$$(a_{x,j})_{\text{avg}} = \frac{\Delta v_{x,j}}{\Delta t_j} = \frac{v_{x,j+1} - v_{x,j}}{\Delta t_j}$$

$$(a_{x,j})_{\text{avg}} \Delta x_j = (v_{x,j+1} - v_{x,j}) \frac{\Delta x_j}{\Delta t_j} =$$

$$\frac{v_{x,j} \Delta t_j + \frac{1}{2}(v_{x,j+1} - v_{x,j}) \Delta t_j}{\Delta t_j} \cdot (v_{x,j+1} - v_{x,j})$$

$$= v_{x,j} v_{x,i+1} - v_{x,j}^2 + \frac{(v_{x,j+1} - v_{x,j})^2}{2}$$

$$= \frac{2v_{x,j} v_{x,i+1} - 2v_{x,j}^2 + v_{x,i+1}^2 - 2v_{x,i} v_{x,i+1} + v_{x,i}^2}{2}$$

$$= \frac{v_{x,i+1}^2 - v_{x,i}^2}{2}$$

$$\sum_{i=1}^n (a_{x,j})_{\text{avg}} \Delta x_j = \frac{v_{x,2}^2 - v_{x,1}^2}{2} + \frac{v_{x,3}^2 - v_{x,2}^2}{2} + \dots + \frac{v_{x,n}^2 - v_{x,n-1}^2}{2}$$

$$= \frac{v_{x,n}^2 - v_{x,1}^2}{2}$$

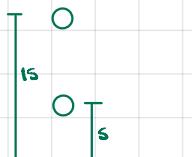
$$\lim_{n \rightarrow \infty} \sum_{j=1}^n (a_{x,j})_{\text{avg}} \Delta x_j = \int_{x_i}^{x_f} a_x(x) dx = \frac{1}{2}(v_{x,f}^2 - v_{x,i}^2)$$

$$\int_{x_i}^{x_f} m a_x dx = \frac{1}{2}m(v_{x,f}^2 - v_{x,i}^2) = \Delta K$$

$$\Rightarrow \int_{x_i}^{x_f} F_x dx = \Delta K$$

Note that this relationship applies for a point mass.
For extended bodies it applies to the center of mass.

Ex 13.8 $m = 0.2 \text{ kg}$



$$W_g = \int_{f_i}^{f_s} -mg \, df = -mg(f_s - f_i) \\ = \Delta K = \frac{1}{2}mv_f^2$$

$$W_g = \Delta K \Rightarrow -mg(f_s - f_i) = \frac{1}{2}mv_f^2$$

$$\Rightarrow v_f = \pm \sqrt{-2g(f_s - f_i)}$$

$$a(t) = -g$$

$$v(t) = -gt$$

$$y(t) = f_0 - \frac{gt^2}{2}$$

$$y(t_s) = f_s \Rightarrow t_s = \pm \sqrt{\frac{-2(f_s - f_i)}{g}}$$

$$v_{avg} = \frac{f_s - f_i}{\Delta t} = \frac{f_s - f_i}{\sqrt{\frac{-2(f_s - f_i)}{g}}}$$

$$\Rightarrow P_{avg} = F_g \cdot v_{avg} = -mg \cdot \frac{\sqrt{-2g(f_s - f_i)} - v_i}{\sqrt{\frac{-2(f_s - f_i)}{g}}}$$

$$P = \frac{dW_g}{dt} = \frac{d}{dt} -mg(f_0 + \frac{gt^2}{2} - f_i) = -mg^2t$$

$$W_g = -0.2 \cdot 9.8(5 - 15) = 19.60 \text{ J}$$

$$v_f = \pm \sqrt{-2 \cdot 9.8 \cdot (-10)} = \pm 14 \text{ m/s}$$

$$t_s = \pm \sqrt{\frac{-2(-10)}{9.8}} = \pm 1.4285 \text{ s}$$

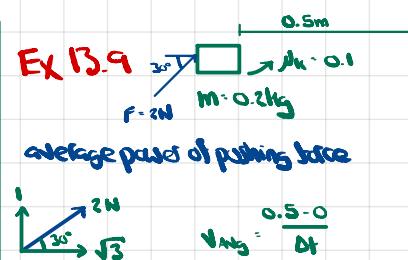
$$v_{avg} = \frac{14 - 0}{1.4285} = -6.99 \text{ m/s}$$

$$P_{avg} = -0.2 \cdot 9.8 \cdot (-6.99) = 13.72 \text{ W}$$

$$\text{altern.} = \frac{19.60 \text{ J}}{1.4285 \text{ s}} = 13.72 \text{ W}$$

$$P = -0.2 \cdot 9.8 \cdot 14 = 27.44 \text{ W}$$

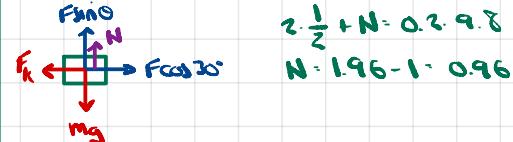
Note $P(t) = mg^2t$, power of grav. force linear in time



$$W_F = \sqrt{3} \cdot 0.5$$

$$P_{F,avg} = \frac{\Delta W_F}{\Delta t} = \frac{0.5\sqrt{3}}{0.5}$$

desired Δt



$$2 \cdot \frac{1}{2} + N = 0.2 \cdot 9.8 \\ N = 1.96 - 1 = 0.96$$

$$2 \cdot \frac{\sqrt{3}}{2} = 0.1 \cdot 0.96 = 0.2 \cdot a \Rightarrow a = 8.18 \text{ m/s}^2$$

$$a = 8.18$$

$$t = 8.18t$$

$$x = 4.09t^2$$

$$t_s = \sqrt{\frac{0.5}{4.09}} = 0.34 \text{ s} = \Delta t$$

$$\Rightarrow v_{avg} = 14.3 \text{ m/s}$$

$$P_{avg} = 2.47 \text{ W}$$

Avg Power Kinetic Friction Force

$$f_f = -0.1 \cdot 0.96$$

$$W_f = -0.1 \cdot 0.96 \cdot 0.5 = -0.048 \text{ J}$$

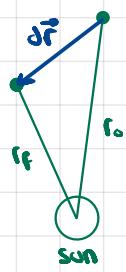
$$P_{avg} = \frac{\Delta W}{\Delta t} = \frac{0.048}{0.34} = -0.1372 \text{ W}$$

Ex 13.13

$$\vec{r} = r\hat{r}$$

$$\frac{d\vec{r}}{dt} = \frac{dr}{dt}\hat{r} + r\frac{d\hat{r}}{dt}$$

$$d\hat{r} = dr\hat{r} + r d\theta \hat{\theta}$$



$$\vec{F}_g \cdot \vec{F}_g \hat{r} = -\frac{Gmms}{r^2} \hat{r}$$

$$dW = \vec{F}_g \cdot d\vec{r} = F_g \hat{r} (dr \hat{r} + r d\theta \hat{\theta}) = F_g dr$$

$$W = \int_{r_i}^{r_f} \vec{F}_g \cdot d\vec{r} = \int_{r_i}^{r_f} F_g dr = -Gmms \int_{r_i}^{r_f} r^{-2} dr = -Gmms (-r^{-1}) \Big|_{r_i}^{r_f} \\ = Gmms \left(\frac{1}{r_f} - \frac{1}{r_i} \right)$$