SBS

# Grammatical analysis of SBS Pāli-English Recitations

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#### HOMAGE TO THE TRIPLE GEM

#### **DEDICATION OF OFFERINGS**

yo so bhagavā araham sammāsambuddho

yo	pron.	m.n.s	which, that which, who, one who
SO	pron.	m.n.s	he
bhagavā	n	m.n.s	Sublime One, Blessed One, Fortunate One,
			the Buddha
arahaṁ	n	m.n.s	enlightened being, 4th stage of the path,
			lit. worthy one
sammā-	ind		completely, thoroughly, fully, totally
			perfectly, rightly, correctly
sambuddho	n	m.n.s	one who has thoroughly understood, being
			enlightened, a Buddha, fully awakened one

# he, who is the Blessed One, the Worthy One, perfectly awakened one,

svākkhāto yena bhagavatā dhammo

svākkhāto	adj	m.n.s	well taught, well explained
yena	pron	m.ins.s	by which, that which, who, one who
bhagavatā	n	m.ins.s	by Sublime One, Blessed One, Fortunate
			One, the Buddha
dhammo	n	m.n.s	the Teaching, Doctrine

# the Teaching, well explained by the Blessed One

supațipanno yassa bhagavato sāvakasangho

supaṭipanno	adj	m.n.s	going the right way, practiced well
yassa	pron	m.gen.s	of which, that which, who, one who
bhagavato	n	m.gen.s	of Sublime One, Blessed One, Fortunate
			One, the Buddha
sāvaka-	n		disciple, pupil, lit. hearer

saṅgho	n	m.n.s	Community, assembly
Saligilo	11	111.11.5	Community, assembl

# the Community of disciples of the Blessed One, who practiced well.

tam-mayam bhagavantam sadhammam sasangham

tam-	pn	m.ac.s	that
mayaṁ	pn	1.n.s	we
bhagavantaṁ	n	m.ac.s	the Blessed One
sa-	pn		one's own, his own
dhammaṁ	n	m.ac.s	the Teaching
sa-	pn		one's own, his own
saṅghaṁ	n	m.ac.s	Community, assembly

# to the Blessed One, his teaching and his Community, we

imehi sakkārehi yathāraham āropitehi abhipūjayāma

imehi	pn	m.ins.pl	with/by these
sakkārehi	n	m.ins.pl	with/by honour, accolade, respect, offerings
yath'ārahaṁ	ind	adv	as is fit, proper, suitable
āropitehi	pp	m.ins.pl	put on top, placed, prepared
abhipūjayāma	V	pr.1.pl	we strongly worship, highly respect, honour

# we highly worship by these prepared offerings, as is suitable

sādhu no bhante bhagavā sucira-parinibbuto'pi

sādhu	ind		it is good
no	pron	1.dat.pl	for us
bhante	n	m.voc.s	o sir, lord, reverend!
bhagavā	n	m.n.s	Sublime One, Blessed One, Fortunate One,
			the Buddha
sucira-	adj		after a very long time, eventually
parinibbuto-	pp	m.n.s	who is completely extinguished, who's fire is
			out; gone out, attained liberation

#### o lord! it is good for us that the Blessed One eventually attained liberation, yet

pacchimā-janatānukampa-mānasā

pacchimā-	adj		latest , later
janatā-	n		the people, generation, populace
anukampa-	n		compassion, pity; lit: trembling with
mānasā	n	nt.abl.s	from(with) mind, intention

#### having a mind full of compassion for the later generations.

ime sakkāre duggata-paṇṇākāra-bhūte paṭiggaṇhātu

pn	m.ac.pl	these
n	m.ac.pl	honour, accolade, respect, offerings
adj		poor, miserable, inferior, humble
n		gift, present
pp	m.ac.pl	that have come to be, became
V	imp.3.s	may he takes, accepts, receives
	n adj n pp	n m.ac.pl adj n pp m.ac.pl

## may he accept these humble offerings that have come to be as a gift

amhākam dīgharattam hitāya sukhāya

amhākaṁ	pn	1.gen.pl	of us, ours
dīgharattaṁ	ind	adv	for a long time, a long time
hitāya	n	nt.dat.s	for welfare, good, benefit, blessing
sukhāya	n	nt.dat.s	for ease, comfort, happiness, pleasure

# for our benefit and happiness for a long time

araham sammāsambuddho bhagavā

arahaṁ	n	m.n.s	enlightened being, 4th stage of the path,
			lit. worthy one

sammā-	ind		completely, thoroughly, fully, totally
			perfectly, rightly, correctly
sambuddho	n	m.n.s	awakened one, Buddha, who is wide awake
bhagavā	n	m.n.s	Sublime One, Blessed One, Fortunate One,
			the Buddha

# the Blessed One, the worthy one, perfectly awakened one,

# buddham bhagavantam abhivādemi

buddhaṁ	n	m.ac.s	the Buddha
bhagavantaṁ	n	m.ac.s	the Blessed One
abhivādemi	V	pr.1.s	I bow down, pay respect to

# I pay respect to the Buddha, the Blessed One

# svākkhāto bhagavatā dhammo

svākkhāto	adj	m.n.s	well taught, well explained
bhagavatā	n	m.ins.s	by Sublime One, Blessed One, fortunate
			one, the Buddha
dhammo	n	m.n.s	the Teaching, Doctrine

# the Teaching, well explained by the Blessed One

#### dhammam namassāmi

dhammaṁ	n	m.ac.s	the Teaching, Doctrine
namassāmi	V	pr.1.s	I worship, venerate, honour, pay honour

## I venerate to the Teaching.

#### supațipanno bhagavato sāvakasangho

supaṭipanno	adj	m.n.s	going the right way, practiced well
bhagavato	n	m.gen.s	of Sublime One, Blessed One, fortunate
			one, the Buddha
sāvaka-	n		disciple, pupil, lit. hearer

saṅgho	n	m.n.s	the Community, assembly
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# the Community of disciples of the Blessed One, who practiced well.

saṅghaṁ namāmi

saṅghaṁ n m.ac.s Community, assembly namāmi v pr.1.s I bend, bow down

# I bow down to the Community

# **PRELIMINARY HOMAGE**

handa mayam buddhassa bhagavato pubbabhāga-namakāram karomase

handa	ind		well then; now
mayaṁ	pn	1.n.pl	we
buddhassa	n	m.dat.s	to the Buddha, awakened one
bhagavato	n	m.dat.s	to Sublime One, Blessed One, Fortunate One
pubbabhāga-	adj		former part, preliminary
>pubba-	adj		previous, earlier, before, former
>bhāga	n		part, portion, share
namakāraṁ	n	nt.ac.s	action of homage, act of veneration, homage-
			paying
>nama	n		homage, veneration
>kāraṁ	n	nt.ac.s	deed, action, service
karomase	V	ref.imp.1.pl	we should do, let us make, act, perform

# now let us make preliminary act of veneration to the Buddha, the Blessed One

namo tassa bhagavato arahato sammāsambuddhassa

namo	ind		reverence to, veneration, homage
tassa	pn	m.gen.s	to him
bhagavato	n	m.dat.s	to Sublime One, Blessed One, Fortunate One
arahato	n	m.dat.s	to enlightened being, 4th stage of the path,
			lit. worthy one
sammā-	ind		completely, thoroughly, fully, totally
			perfectly, rightly, correctly
sambuddhassa	n	m.dat.s	to one who has thoroughly understood, being
			enlightened, a Buddha, fully awakened one

homage to him, to the Blessed One, the worthy one, perfectly awakened one

#### **HOMAGE TO THE BUDDHA**

# handa mayam buddhābhitthutim karomase

handa	ind		well then; now
mayaṁ	pn	1.n.pl	we
buddha-	n		the Buddha
abhitthutiṁ	n	f.ac.s	high praise
karomase	V	ref.pr.1.pl	we do, make, act, perform

# now we make high praise to the Buddha

yo so tathāgato araham sammāsambuddho

yo	pron.	m.n.s	which, that which, who, one who
SO	pron.	m.n.s	he
tathāgato	n	m.n.s	such become, realised, being in such a state,
			such gone or such came
arahaṁ	n	m.n.s	enlightened being, 4th stage of the path,
			lit. worthy one
sammā-	ind		completely, thoroughly, fully, totally
			perfectly, rightly, correctly
sambuddho	n	m.n.s	one who has thoroughly understood, being
			enlightened, a Buddha, fully awakened one

# he, who is the realised, the worthy one, perfectly awakened one,

vijjācaraṇa-sampanno, sugato, lokavidū, anuttaro purisadamma-sārathi satthā devamanussānaṁ buddho bhagavā

vijjā-	n		knowledge, wisdom, understanding
caraṇa-	n		behaviour, conduct
sampanno,	pp	m.n.s	accomplished, fulfilled, completed, become,
			endowed with
sugato,	adj	m.n.s	epithet of the Buddha, lit. well gone
lokavidū,	n	m.n.s	knower of the world (epithet of the Buddha)

anuttaro	adj	m.n.s	highest, unsurpassed, unexcelled, superior
purisadamma-	n		trainable people, persons to be tamed, tamable
sārathi	n	m.n.s	charioteer, driver
satthā	n	m.n.s	master, teacher
deva-	n		deity(s), god(s)
manussānaṁ	n	m.gen.pl	of humans
buddho	adj	m.n.s	awakened, woke up, understood
bhagavā	adj	m.n.s	fortunate, illustrious, sublime, blessed, happy,
			glorious, auspicious

accomplished in wisdom and behaviour, well gone, knower of the world, unsurpassed driver of the tamable people, teacher of the gods and men, awakened one, the Fortunate One.

yo imam lokam sadevakam samārakam sabrahmakam

yo	pron.	m.n.s	which, that which, who, one who
imaṁ	pn	m.ac.s	this
lokaṁ	n	m.ac.s	world
sadevakaṁ	adj	m.ac.s	with devas, with gods
samārakaṁ	adj	m.ac.s	with mara(s)
sabrahmakaṁ	adj	m.ac.s	including gods, with Brahma(s)

one who in this world, with devas, maras and brahmas

sassamaṇa-brāhmaṇim pajam sadeva-manussam sayam abhiññā sacchikatvā pavedesi

sassamaṇabrāhmaṇiṁ		f.ac.s	with recluse(s) and priest(s)
pajaṁ	n	f.ac.s	people, population, generation, mankind
sadevamanussam	adj	m.ac.s	with kings and commoners, with gods and
			men
sayaṁ	ind	adv	by oneself
abhiññā	n	f.ac.s	direct knowledge, higher understanding
sacchikatvā	V	abs	having personally experienced, having
			realized for oneself
pavedesi	V	aor.3.s	taught, made known, proclaimed

# with it population of recluses and priests, with kings and commoners, having personally experienced higher understanding, proclaimed (the Dhamma)

yo dhammam desesi ādi-kalyāṇam majjhe-kalyāṇam pariyosāṇa-kalyāṇam

yo	pron.	m.n.s	which, that which, who, one who
dhammaṁ	n	m.ac.s	the Teaching, Doctrine
desesi	V	aor.3.s	preached, taught, explained
ādi-kalyāṇaṁ	adj	m.ac.s	good in the beginning, beneficial in the
			beginning
majjhe-kalyāṇaṁ	adj	m.ac.s	good in the middle, beneficial in the middle
pariyosāna-kalyāņ	nam adj	m.ac.s	good at the end, beneficial at the conclusion

# one who taught the Teaching beneficial in the beginning, beneficial in the middle and beneficial at the end.

sāttham sabyanjanam kevala-paripunnam parisuddham brahmacariyam pakāsesi

sātthaṁ	adj	m.ac.s	in meaning, in spirit
sabyañjanaṁ	adj	m.ac.s	in letter
kevala-	adj		whole, altogether, totally
paripuṇṇaṁ	pp	m.ac.s	completed, perfected, fulfilled, accomplished
parisuddhaṁ	adj	m.ac.s	clean, pure, bright
brahmacariyaṁ	n	nt.ac.s	spiritual path, holy life, celibacy
pakāsesi	V	aor.3.s	made known, showed, illustrated, illuminated

# he illustrated completely perfect in meaning and letters, pure spiritual path

tam-aham bhagavantam abhipūjayāmi tam-aham bhagavantam sirasā namāmi

tam-	pn	m.ac.s	that
ahaṁ	pn	1.n.s	I
bhagavantam	n	m.ac.s	the Blessed One
abhipūjayāmi	V	pr.1.s	I strongly worship, highly respect, honour
tam-	pn	m.ac.s	this

ahaṁ	pn	1.n.s	I
bhagavantaṁ	n	m.ac.s	the Blessed One
sirasā	n	m.ins.s	with head
namāmi	V	pr.1.s	I bend, bow down

I highly worship the Blessed One, I bow down with head to the Blessed One.

# **HOMAGE TO THE DHAMMA**

# handa mayam dhammābhitthutim karomase

handa	ind		well then; now
mayaṁ	pn	1.n.pl	we
dhamma-	n		the Teaching
abhitthutiṁ	n	f.ac.s	high praise
karomase	V	ref.pr.1.pl	we do, make, act, perform

# now we make hight praise to the Teaching

yo so svākkhāto bhagavatā dhammo

yo	pron.	m.n.s	which, that which, who, one who
SO	pron.	m.n.s	that
svākkhāto	adj	m.n.s	well taught, well explained
bhagavatā	n	m.ins.s	by Sublime One, Blessed One, fortunate
			one, the Buddha
dhammo	n	m.n.s	the Teaching, Doctrine

# that which well explained by the Blessed One, the Teaching,

sandiṭṭhiko akāliko ehipassiko opanayiko paccattaṁ veditabbo viññūhi

sandiṭṭhiko	adj	m.n.s	visible, evident, presently perceivable
akāliko	adj	m.n.s	immediate, timeless
ehipassiko	adj	m.n.s	open to inspection, lit. come! see!
opanayiko	adj	m.n.s	applicable, relevant, practical, useful, lit.
			leading towards (to the goal)
paccattaṁ	adv	ind	for oneself, individually, personally
veditabbo	ptp	m.n.s	can be known, should be understood, must be
			experienced
viññūhi	n	m.ins.pl	by wise people, sages, intelligent people

visible, timeless, open to inspection, relevant, can be known individually by wise people.

tam-ahaṁ dhammaṁ abhipūjayāmi tam-ahaṁ dhammaṁ sirasā namāmi

tam-	pn	m.ac.s	that
ahaṁ	pn	1.n.s	I
dhammaṁ	n	m.ac.s	the Teaching
abhipūjayāmi	V	pr.1.s	I strongly worship, highly respect, honour
tam-	pn	m.ac.s	this
ahaṁ	pn	1.n.s	I
dhammaṁ	n	m.ac.s	the Teaching
sirasā	n	m.ins.s	with head
namāmi	V	pr.1.s	I bend, bow down

I highly worship the Teaching, I bow down with head to the Teaching.

#### **HOMAGE TO THE SANGHA**

#### handa mayam sanghābhitthutim karomase

handa	ind		well then; now
mayaṁ	pn	1.n.pl	we
saṅgha-	n		the assembly
abhitthutiṁ	n	f.ac.s	high praise
karomase	V	ref.pr.1.pl	we do, make, act, perform

#### now we make hight praise to the assembly

yo so supatipanno bhagavato sāvakasangho

yo	pron.	m.n.s	which, that which, who, one who
SO	pron.	m.n.s	that
supațipanno	adj	m.n.s	going the right way, practiced well
bhagavato	n	m.gen.s	of Sublime One, Blessed One, Fortunate
			One, the Buddha
sāvaka-	n		disciple, pupil, lit. hearer
saṅgho	n	m.n.s	the Community, assembly

#### that which practiced well, the Community of disciples of the Blessed One,

ujupațipanno bhagavato sāvakasangho

ujupaṭipanno adj m.n.s practices straightly, living uprightly

#### the Community of disciples of the Blessed One, that practices straightly

ñāyapaṭipanno bhagavato sāvakasaṅgho

ñāyapaṭipanno adj m.n.s following the correct method, walking in the right path

the Community of disciples of the Blessed One, that following the correct method

sāmīcipațipanno bhagavato sāvakasangho

sāmīcipaṭipanno adj m.n.s following the right way, living correctly

# the Community of disciples of the Blessed One, that following the right way

yadidam cattāri purisayugāni aṭṭha purisapuggalā

yadidaṁ	adv	ind	namely, that is, lit. which this
cattāri	adj	m.n.pl	four (4)
purisayugāni	n	nt.n.pl	pairs of people
aṭṭha	adj	m.n.pl	eight (8)
purisapuggalā	n	m.n.pl	individuals, individual person

# that is - four pairs of people and eight individuals

esa bhagavato sāvakasangho

esa	pn	m.n.s	this
bhagavato	n	m.gen.s	of Sublime One, Blessed One, Fortunate
			One, the Buddha
sāvakasaṅgho	n	m.n.s	Community of disciples

# this is the Community of disciples of the Blessed One,

āhuņeyyo pāhuņeyyo dakkhiņeyyo añjali-karaņīyo anuttaram puññakkhettam lokassa

āhuneyyo	adj	m.n.s	worthy of offering, lit. should be offered to
pāhuneyyo	adj	m.n.s	worthy of hospitality, deserving to be a guest
dakkhiņeyyo	adj	m.n.s	worthy of gifts, worthy of offerings
añjali-karaṇīyo	adj	m.n.s	worthy of reverence, lit. should make anjali to
anuttaraṁ	adj	nt.n.s	highest, unsurpassed, unexcelled, superior
puññakkhettaṁ	n	nt.n.s	field of merit
lokassa	n	m.dat.s	for the world, universe, cosmos

# worthy of offering, worthy of hospitality, worthy of gifts, worthy of reverence, the highest field of merit for the world

tam-ahaṁ saṅghaṁ abhipūjayāmi tam-ahaṁ saṅghaṁ sirasā namāmi

tam-	pn	m.ac.s	that
ahaṁ	pn	1.n.s	i
saṅghaṁ	n	m.ac.s	the Community
abhipūjayāmi	V	pr.1.s	I strongly worship, highly respect, honour
tam-	pn	m.ac.s	this
ahaṁ	pn	1.n.s	i
saṅghaṁ	n	m.ac.s	the Community
sirasā	n	m.ins.s	with head
namāmi	V	pr.1.s	I bend, bow down

I highly worship the Community, I bow down with head to the Community.

#### **SALUTATION TO THE TRIPLE GEM**

handa mayam ratanattaya-paṇāma-gāthāyo ceva samvegaparikittana-pāṭhañca bhaṇāmase

handa	ind		well then; now
mayaṁ	pn	1.n.pl	we
ratanattaya-	n		the triad of gems, triple gem (the Buddha, the
			Dhamma & the Saṅgha)
paṇāma-	n		salutation; bending; adoration; bowing down
gāthāyo	n	f.ac.pl	verses, poems, stanzas, lit. singing style
ceva	idiom		and even, as well as
saṁvega-	n		dismay, fear, anxiety, dread, shock,
			feeling of urgency
parikittana-	n		high praise, lit: praising all around
pāṭhaṁ	n	m.ac.s	reading, text, passage; lit: utterance
ca	ind		and
bhaṇāmase	verb	imp.reflx.1.pl	we should speak, say, tell, let us
			preach, proclaim

# now let us proclaim salutation verses of the triple-gem as well as passage of high praise of feeling of urgency

buddho susuddho karuṇāmahaṇṇavo

buddho	n	m.n.s	Buddha, awakened one
susuddho	adj	m.n.s	very clean, thoroughly pure
karuṇā-	n		compassion, sympathy, kindness (towards
			suffering beings), lit. an action, holy work
mahaṇṇavo	n	m.n.s	the great ocean

# the Buddha thoroughly pure, have the great ocean of compassion,

yoccanta-suddhabbara-ñāṇa-locano

yo-	pron.	m.n.s	which, that which, who, one who
accanta-	adj		complete, absolute, ultimate, lit. "up to the
			end"

suddha-	adj		clean, pure, white
vara>bara	adj		excellent, best, lit. select
ñāṇa-	n		knowledge, understanding, insight
locano	adj	m.n.s	having eyes, with vision

#### one who have pure excellent and ultimate vision of excellent understanding

# lokassa pāpūpakilesa-ghātako

lokassa	n	m.gen.s	of the world
pāpa-	n		evil, criminal, wrong, bad, vicious
upakilesa-	n		impurity, defilement, blemish, corruption
ghātako	n	m.n.s	killer, slayer, destroyer

# destroyer of the evil defilements of the world

#### vandāmi buddham aham-ādarena tam

vandāmi	V	pr.1.s	I pay respect, honour
buddhaṁ	n	m.ac.s	the Buddha
aham-	pn	1.n.s	I
ādarena	n	m.ins.s	with consideration of, esteem, regard, respect
			reverence, honour
taṁ	pn	m.ac.s	that, him

#### I pay respect to the Buddha, with regard to him

#### dhammo padīpo viya tassa satthuno

dhammo	n	m.n.s	the Teaching, Doctrine
padīpo	n	m.n.s	lamp, light, lighting
viya	ind		like, as
tassa	pn	m.gen.s	of him, his, that
satthuno	n	m.gen.s	of the master, teacher

# the Teaching of that master is like a lamp

#### yo maggapākāmata-bheda-bhinnako

yo	pron.	m.n.s	which, that which, who, one who
magga-	n		way, means, method, road, path
pāka-	n		effect, result; lit: ripening
amata-	n		deathless
bheda-	n		breaking, rending, breach, disunion,
			dissension
bhinnako	adj	m.n.s	broken, damaged, divided

# which divided on path and fruit of deathlessness

# lokuttaro yo ca tadattha-dīpano

lokuttaro	adj	m.n.s supra-mundane, transcendental,	
			lit. beyond the world
yo	pron.	m.n.s	which, that which, who, one who
ca	ind		and, but
tadattham-	ind	adv	for that purpose, for the sake of
dīpano	adj	m.n.s	illustrating, explaining

## and which is beyond the world, explaining for that purpose.

#### vandāmi dhammam aham-ādarena tam

vandāmi	V	pr.1.s	I pay respect, honour
dhammaṁ	n	m.ac.s	the Teaching
ahaṁ-	pn	1.n.s	I
ādarena	n	m.ins.s	with consideration of, esteem, regard, respect
			reverence, honour
taṁ	pn	m.ac.s	that, him

# I pay respect to the Teaching, with regard to that

saṅgho sukhettābhyati-khetta-saññito

saṅgho	n	m.n.s	Community, assembly
sukhetta-	n		a good soil, fertile land, field
abhyati-	ind	adv	passing over, getting through towards
khetta-	n		field, plot of land, suitable place
saññito	adj	m.n.s	so-called, named, so-to-speak, known,
			perceived

# the Community is known as a fertile field among all fields (lit: passing over all fields)

yo ditthasanto sugatānubodhako

yo	pron.	m.n.s	which, that which, who, one who
diṭṭha-	pp		seen, found, understood
santo	adj	m.n.s	still, calm, peaceful, tranquil
sugata-	n		epithet of the Buddha, lit. well gone
anubodhako	adj	m.n.s	having knowledge, understanding, awakening

# those who found a peace, understanding as well gone (understood)

lolappahīno ariyo sumedhaso

lola-	adj		restless, hyperactive, agitated, longing, eager
			greedy
pahīno	pp	m.n.s	abandoned, dispelled, eliminated, removed,
			given up
ariyo	adj	m.n.s	noble, distinguished
sumedhaso	adj	m.n.s	wise

# noble and wise, given up longing

vandāmi saṅghaṁ aham-ādarena taṁ

vandāmi	V	pr.1.s	I pay respect, honour
saṅghaṁ	n	m.ac.s	Community, assembly
aham-	pn	1.n.s	I

ādarena	n	m.ins.s	with consideration of, esteem, regard, respect
			reverence, honour

tam pn m.ac.s that, him

# I pay respect to the Community, with regard to that

icc'evam-ekant-abhipūjaneyyakam vatthuttayam vandayatābhisankhatam

icc' = iti	ind		thus
evaṁ-	ind		thus, this, like this, just as, such
ekanta-	adj		absolute, total, perfect, complete
abhipūjaneyyakaṁ		adj	to be highly worship, strongly venerate
vatthu-ttayaṁ	n	m.ac.s	triad of objects, three things (triple gem)
vandayata-	adj		respected, reverenced, worshipful, worthy

# this worthy perfect triad should be strongly venerated

abhisaṅkhataṁ	pp	m.ac.s	created, prepared,	fixed, made up, arranged,
			done	

## puññam mayā yam mama sabbupaddavā

puññaṁ	n	nt.ac.s	merit, good deed, lit. (mental) purity
mayā	pn	1.ins.s	by me, with me
yaṁ	ind		because, because of
mama	pn	1.dat.s	to me, for me
sabba-	adj		all, every, whole, entire, complete
upaddavā	n	m.n.pl	accident, misfortune, calamity

#### mā hontu ve tassa pabhāvasiddhiyā

mā	ind		may not
hontu	V	imp.3.pl	may they be! they must be!
ve	ind		indeed, truly, really
tassa	pn	m.gen.s	of this

pabhāva-	n		might, power, strength, majesty, dignity
siddhiyā	n	f.ins.s	by/with accomplishment, success, prosperity

# because of merit created by me, may not be all misfortune to me, indeed of that powerful accomplishment

idha tathāgato loke uppanno araham sammāsambuddho

idha	ind	adv	here, now, in this world
tathāgato	n	m.n.s	such become, realised, being in such a state,
			such gone or such came
loke	n	m.loc.s	in the world
uppanno	pp	m.n.s	arisen, appeared, come into existence
arahaṁ	n	m.n.s	enlightened being, 4th stage of the path,
			lit. worthy one
sammā-	ind		completely, thoroughly, fully, totally
			perfectly, rightly, correctly
sambuddho	n	m.n.s	one who has thoroughly understood, being
			enlightened, a Buddha, fully awakened one

# here, in this world, tathāgata, come into existence, the worthy one, perfectly awakened one

dhammo ca desito niyyāniko upasamiko parinibbāniko sambodhagāmī sugatappavedito

dhammo	n	m.n.s	the Teaching
ca	ind		and
desito	pp	m.n.s	preached, taught, explained, instructed
niyyāniko	adj	m.n.s	leading out (of Samsāra), leading to salvation,
			salutary, sanctifying, saving profitable
upasamiko	adj	m.n.s	calming, bringing peace, tranquilizing
parinibbāniko	adj	m.n.s	that which leads to complete extinction,
			liberation
sambodhagāmī	adj	m.n.s	leading to enlightenment, full awakening
sugatappavedito	pp	m.n.s	explained, made known by the well gone

# and the explained teaching which leading out (of Samsāra), calming, leading to complete extinction, leading to enlightenment, made known by the well gone

mayantam dhammam sutvā evam jānāma

mayaṁ-	pn	1.n.pl	we
taṁ	pn	m.ac.s	that
dhammaṁ	n	m.ac.s	the Teaching
sutvā	V	abs	having heard, having listened to
evaṁ	ind		thus, this, like this, just as, such
jānāma	V	pr.3.pl	we know, understand

# having heard that teaching we understand this

jātipi dukkhā, jarāpi dukkhā, maraṇampi dukkhaṁ, soka-parideva-dukkha-domanassupāyāsāpi dukkha

jāti	n	f.n.s	birth, rebirth, conception
pi	ind		also, and also, even so
dukkhā,	adj	f.n.s	uncomfortable, painful, unpleasant, causing
			misery
jarā	n	f.n.s	old age, growing old, decay, ageing
pi	ind		also, and also, even so
dukkhā,	adj	f.n.s	uncomfortable, painful, unpleasant, causing
			misery; unsatisfactory
maraṇaṁ	n	nt.n.s	death
pi	ind		also, and also, even so
dukkhaṁ,	adj	nt.n.s	uncomfortable, painful, unpleasant;
			unsatisfactory
soka-	n		grief, sorrow, sadness
parideva-	n		mourning, lament, wail, cry
dukkha-	n		discomfort, suffering, pain, unease,
			something unsatisfactory, problem, trouble
domanassa-	n		(mental) suffering, distress, dissatisfaction
upāyāsā	n	m.n.pl	irritation, mental disturbance, mental
			affliction

pi	ind		also, and also, even so
dukkhā,	adj	f.n.s	uncomfortable, painful, unpleasant;
			unsatisfactory

# birth is unpleasant, ageing is unpleasant, death is painful, grief, mourning, pain, distress, mental affliction is unpleasant.

appiyehi sampayogo dukkho,

appiyehi	adj	m.ins.pl	with not dear, unloved, disliked
sampayogo	n	m.n.s	connection, contact with, association,
			affiliation, interaction
dukkho,	adj	m.n.s	uncomfortable, painful, unpleasant, causing
			misery; unsatisfactory

#### association with the disliked is uncomfortable

piyehi vippayogo dukkho

piyehi	adj	m.ins.pl	with dear, beloved, lovely
vippayogo	n	m.n.s	separation, detachment, breakup (of a
			relationship)
dukkho,	adj	m.n.s	uncomfortable, painful, unpleasant, causing
			misery; unsatisfactory

# separation with dears is uncomfortable

yampiccham na labhati tampi dukkham

yam-(p)-icchaṁ		m.ac.s	that with desiring
>yaṁ	pron.	m.ac.s	which, that which, who, one who
>iccham̈	adj	m.ac.s	wishing for, desiring, wanting
na	ind		not
labhati	V	pr.3.s	gets, receives, obtains
tam'pi	pn	m.ac.s	that too, even that, just that, that very thing

dukkhaṁ	adj	nt.n.s	uncomfortable, painful, unpleasant
			unsatisfactory

# not getting what is desiring is also uncomfortable

sankhittena pancupadanakkhandha dukkha

saṅkhittena	ind	adv	in brief, concisely, briefly
pañca-	adj		five (5)
upādāna-	n		acquisition, grasping, clinging; fuel (for fire)
khandhā	n	m.n.pl	aggregates, combinations, conglomerations
dukkhā	adj	f.n.s	uncomfortable, painful, unpleasant,
			unsatisfactory

# in brief the five aggregates of clinging are unsatisfactory

seyyathīdam rūpūpādānakkhandho vedanūpādānakkhandho saññūpādānakkhandho sankhārūpādānakkhandho viññānūpādānakkhandho

seyyathidam	ind	adv	i.e., as follows, lit. (like) that like this
rūpa-			form, matter, material thing, materiality
upādānakkhandho	)	m.n.s	aggregate of clinging
vedan-			experience, feeling, sensation
upādānakkhandho	)	m.n.s	aggregate of clinging
saññā-			perception, conception, recognition
upādānakkhandho	)	m.n.s	aggregate of clinging
saṅkhāra-			intention, volitional formation
upādānakkhandho	)	m.n.s	aggregate of clinging
viññāṇa-			consciousness, awareness, sentience,
			knowing
upādānakkhandho	)	m.n.s	aggregate of clinging

they are: form aggregate of clinging, feeling aggregate of clinging, perception aggregate of clinging, volitional formation aggregate of clinging, consciousness aggregate of clinging.

yesam pariññāya dharamāno so bhagavā evam bahulam sāvake vineti

yesaṁ	pn	m.gen.pl	of whoever, of whom, of which, of such and
			such, of that which
pariññāya	n	f.dat.s	for complete comprehension, full
			understanding
dharamāno	pr.p	m.n.s	lasting; continuing; living
SO	pn	m.n.s	he
bhagavā	n	m.n.s	the Blessed One
evaṁ	ind		thus, this, like this, just as, such, in this way
bahulaṁ	adv		mostly; frequently, often
sāvake	n	m.ac.pl	disciples, pupils, lit. hearers
vineti	V	pr.3.s	instructs

# for complete comprehension of that, the Blessed One during his live often instructs (his) disciples in this way

evam bhāgā ca panassa bhagavato sāvakesu anusāsanī bahulā pavattati

evaṁ	ind		thus, this, like this, just as, such, in this way
bhāgā	n	f.n.s	part, portion, share
ca	ind		and
pana-	ind		moreover, and now, but
assa	pn	m.gen.s	his, of him, of this
bhagavato	n	m.gen.s	of the Sublime One, Blessed One, fortunate
			one, Buddha
sāvakesu	n	m.loc.pl	among disciples, pupils, lit. hearers
anusāsanī	n	f.n.s	advice, instruction, teaching
bahulā	adj	f.n.s	abundant, full of
pavattati	V	pr.3.s	moves on, goes forward, proceed

# moreover this abundant part of advice moves on among disciples of the Blessed One

rūpam aniccam vedanā aniccā sannā aniccā sankhārā aniccā vinnāņam aniccam

rūpaṁ	n	nt.n.s	form, matter, mat	terial thing, materiality
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aniccaṁ	adj	nt.n.s	impermanent, unstable, unreliable
vedanā	n	f.n.s	experience, feeling, sensation
aniccā	adj	f.n.s	impermanent, unstable, unreliable
saññā	n	f.n.s	perception, conception, recognition
aniccā	adj	f.n.s	impermanent, unstable, unreliable
saṅkhārā	n	m.n.pl	intentions, volitional formations
aniccā	adj	f.n.s	impermanent, unstable, unreliable
viññāṇaṁ	n	nt.n.s	consciousness, awareness, sentience,
			knowing
aniccaṁ	adj	nt.n.s	impermanent, unstable, unreliable

# the form is impermanent, feeling is impermanent, perception is impermanent, volitional formations are impermanent, consciousness is impermanent

rūpam anattā vedanā anattā sannā anattā sankhārā anattā vinnāņam anattā

anattā m.n.pl impersonality, not self, non-subjectivity, n

not a soul

the form is non self, feeling is non self, perception is non self, volitional formations are non self, consciousness is non self.

sabbe sankhārā aniccā

sabbe adj m.n.pl all, every, whole, entire, complete saṅkhārā

m.n.plconditions, constructions, fabrications, n

conditional phenomena

aniccā adj m.n.pl impermanent, unstable, unreliable

#### all conditional phenomena are impermanent

sabbe dhammā anattā'ti

sabbe adj m.n.pl all, every, whole, entire, complete

things, phenomena dhammā m.n.pl n

anattā'ti	adj	m.n.pl	impersonal, without a self, non-subjective,
			without a soul

## all things without a self

te mayam otinnāmha-jātiyā jarāmaranena

te	pn	m.n.pl	those
mayaṁ	pn	1.n.pl	we
otiṇṇa-	pp		afflicted with, affected by, victim of, struck
			by, lit. crossed down
amhā-	V	pr.1.pl	we are
jātiyā	n	f.ins.s	by birth, rebirth, conception
jarāmaraņena	n	nt.ins.s	by aging and death

# we all are affected by birth, aging and death

sokehi paridevehi dukkhehi domanassehi upāyāsehi

sokehi	n	m.ins.pl	by griefs, sorrows, sadness
paridevehi	n	m.ins.pl	by mournings, laments, wails, cries
dukkhehi	n	nt.ins.pl	by discomforts, sufferings, pains, unease,
			something unsatisfactory, problems, troubles
domanassehi	n	nt.ins.pl	by (mental) sufferings, distresses,
			dissatisfaction
upāyāsehi	n	m.ins.pl	by irritations, mental disturbances, mental
			afflictions

## by griefs, mournings, pains, distresses, mental afflictions

dukkhotiṇṇā dukkhaparetā

dukkhotiṇṇā adj m.n.pl affected by suffering, victim of unsatisfactory, struck by misery

dukkhaparetā adj m.n.pl afflicted with suffering, overcome by unsatisfactory, attacked by misery, overwhelmed by dukkha

#### affected by suffering and afflicted by unsatisfactory

appevanāmimassa kevalassa dukkhakkhandhassa antakiriyā paññāyethā'ti

appeva'nāma-	ind		it would be good if, perhaps, hopefully, if
			only
imassa	pn	m.gen.s	of this
kevalassa	adj	m.gen.s	of whole, total
dukkhakkhandhassa	n	m.gen.s	of heap of suffering, mass of suffering
antakiriyā	n	f.n.s	relief, making an end, ending
paññāyethā'ti	V	opt.ref.3.s	it could be clearly known, it would be
			evident

#### it would be good if ending of whole this mass of suffering would be evident

ciraparinibbutampi tam bhagavantam uddissa arahantam sammāsambuddham

cira-	adj		having long since
parinibbutam'pi	pp	m.ac.s	who is completely extinguished, who's
			fire is out; gone out, attained liberation
taṁ	n	m.ac.s	that, he
bhagavantaṁ	n	m.ac.s	the Sublime One, Blessed One, fortunate
			one, the Buddha
uddissa	ger	ind	with reference to, on account of, for
arahantaṁ	n	m.ac.s	enlightened being, lit. worthy one
sammāsambuddhaṁ	n	m.ac.s	perfectly awakened one, fully enlightened
			being

with reference to the Blessed One, the worthy one, the perfectly enlightened one, having long since he was attained liberation.

saddhā agārasmā anagāriyam pabbajitā

saddhā	adj	m.n.pl	faithful, confident, believing, with faith
agārasmā	n	nt.abl.s	from household life, domestic life
anagāriyaṁ	n	nt.ac.s	homelessness
pabbajitā	рр	m.n.pl	ordained, renounced, gone forth

# with faith (we) gone forth from houshold life to homelessness

tasmim bhagavati brahma-cariyam carāma

tasmiṁ	pn	m.loc.s	in that (as that)
bhagavati	n	m.loc.s	in (as) the Blessed One
brahmacariyam	n	m.ac.s	spiritual path, holy life, celibacy
carāma	V	pr.1.pl	we live, lead (our life), conduct

# we live holy life, as the Blessed One

bhikkhūnam sikkhāsājīva-samāpannā

bhikkhūnaṁ	n	m.gen.pl	of monks, mendicants, lit. beggar
sikkhā-	n		training, practice
sājīva-	n		mode of living, lifestyle
samāpannā	pp	m.n.pl	undertaken, engaged in

# undertaken lifestyle with monks training

tam no brahma-cariyam imassa kevalassa dukkhakkhandhassa antakiriyāya samvattatu

pn	nt.n.s	that, this
pn	1.ac.pl	us
n	nt.n.s	spiritual path, holy life, celibacy
pn	m.gen.s	of this
adj	m.gen.s	of whole, total
n	m.gen.s	of heap of suffering, mass of suffering
n	f.dat.s	to relief, making an end, ending
	pn n pn adj n	pn 1.ac.pl n nt.n.s pn m.gen.s adj m.gen.s n m.gen.s

samvattatu v imp.3.s may lead to

May this Holy Life lead us to the end of this whole mass of suffering.

#### **VERSES**

#### **THE BUDDHA'S FIRST EXCLAMATION**

Buddha-paṭhama-bhāsita [Dhp 153]

aneka-jāti-saṁsāraṁ – sandhāvissaṁ anibbisaṁ gaha-kāraṁ gavesanto – dukkhā jāti punappunaṁ

aneka-	adj		many, various, countless, lit. not one
jāti-saṁsāraṁ	n	m.ac.s	cycle of rebirth, round of births
sandhāvissaṁ	V	aor.1.s	I transmigrated, ran through
anibbisaṁ	prp	m.n.s	not understanding, not penetrating, not finding
gaha-kāraṁ	n	m.ac.s	house builder, mason, carpenter
gavesanto	prp	m.n.s	seeking, searching (for), looking (for)
dukkhā	adj	f.n.s	uncomfortable, painful, unpleasant
jāti	n	f.n.s	birth, rebirth, conception
punappunaṁ	ind	adv	repeatedly, lit. again and again

# I ran through many cycles of rebirth, looking for the house builder and not finding (him). Painful is repeated rebirth.

# [Dhp 154]

gaha-kāraka diṭṭho'si — puna gehaṁ na kāhasi sabbā te phāsukā bhaggā — gaha-kūṭaṁ visaṅkhataṁ visaṅkhāra-gataṁ cittaṁ — taṇhānaṁ khayam-ajjhagā

gaha-kāraka	n	m.voc.s	house builder, mason, carpenter
diṭṭho'	pp	m.n.s	seen, found
asi	V	pr.2.s	you are
puna	ind		again, once more
gehaṁ	n	m.ac.s	house, dwelling
na	ind		not
kāhasi	V	fut.2.s	you will make, you will build
sabbā	adj	f.n.pl	all
te	pn	2.gen.s	your, of you

phāsukā	n	f.n.pl	ribs
bhaggā	pp	f.n.pl	broken, shattered, fractured
gaha-kūṭaṁ	n	nt.n.s	ridgepole, top beam, the peak of a house
visaṅkhataṁ	pp	nt.n.s	destroyed, lit. deconstructed
visaṅkhāra-	n		unconditioned, unconstructed, unfabricated
gataṁ	pp	nt.n.s	gone into (a state), become
cittaṁ	n	nt.n.s	mind
taṇhānaṁ	n	f.gen.pl	of cravings, wanting, desires, lit. thirst
khayam-	n	m.ac.s	exhaustion (of), extinction (of), depletion (of),
			annihilation (of), destruction (of)
ajjhagā	V	imper.3.s	got, obtained, achieved, experienced

House builder, you are seen! You will not build the house again! All your ribs are broken, the peak of a house is deconstructed. Mind gone into unconditioned state and achieved exhaustion of cravings.

#### **RESPECT FOR THE DHAMMA**

Dhamma-gārava [sn 6.2]

ye ca atītā sambuddhā — ye ca buddhā anāgatā yo c'etarahi sambuddho — bahunnaṁ soka-nāsano

ye	pn	m.n.pl	whoever, whatever, whichever, those who
ca	ind		and
atītā	pp	m.n.pl	past, gone past
sambuddhā	n	m.n.pl	Awakened Ones, Buddhas, who are wide awake
ye	pn	m.n.pl	whoever, whatever, whichever, those who
ca	ind		and
buddhā	n	m.n.pl	Buddhas, Awakened Ones
anāgatā	adj	m.n.pl	not come, future
yo	pn	m.n.s	whoever, whatever, whichever
c'etarahi	ind		and now, and at present
sambuddho	n	m.n.s	Awakened One, Buddha, who is wide awake
bahunnam	adj	m.gen.pl	of many, much, lots (of), a lot (of), great, large
soka-	n		grief, sorrow, sadness
nāsano	adj	m.n.s	destructing, abandoning, removing

## Whichever Buddhas of the past, whichever Buddhas of the future, and the present Buddha – removing grief of many (beings)

sabbe saddhamma-garuno — viharimsu viharanti ca ath'āpi viharissanti — esā buddhāna dhammatā

sabbe	pn	m.n.pl	all
saddhamma-	n		true Teaching, true doctrine, true nature of things
garuno	adj	m.n.pl	respecting, revering
vihariṁsu	V	aor.3.pl	they lived, dwelt
viharanti	V	pr.3.pl	they live, stay, remain, continue
ca	ind		and
atha-api	ind		and even
viharissanti	V	fut.3.pl	they will live, stay, remain, continue

esā	n	f.n.s this	
buddhānaṁ	n	m.gen.pl of Buddhas	
dhammatā	n	f.n.s nature, character, character	ristic, attribute

### All who lived, who living now and even who will live - all revering the true teaching - that is the nature of all Buddhas.

tasmā hi atta-kāmena — mahattam-abhikaṅkhatā saddhammo garu-kātabbo — saraṁ buddhāna sāsanaṁ

tasmā	ind		therefore, that is why, lit. from that
hi	ind		indeed, certainly, truly, definitely
atta-kāmena	n	m.ins.s	by wanting self-liberation, desiring one's own good,
			lit. wanting self
mahattam-	nt		greatness; illustriousness
abhikaṅkhatā	adj	m.n.pl	who longs, who wishes for, aspiring
saddhammo	n	m.n.s	true Teaching, true Doctrine, true nature of things
garu-kātabbo	ptp	m.n.s	should be respected. (adj), worthy of esteem.
saraṁ	prp	m.n.s	remembering; recollecting
buddhānaṁ	n	m.gen.pl	of Buddhas
sāsanaṁ	n	m.ac.s	teaching

### Therefore indeed those who desiring one's own welfare, aspiring for greatness, should respect the true Dhamma, recollecting the Buddhas' Teaching.

[TH 8.195] dhammika-theragāthā

na hi dhammo adhammo ca — ubho sama-vipākino adhammo nirayam neti — dhammo pāpeti suggatim

na	ind		not
hi	ind		indeed, certainly, truly, definitely
dhammo	n	m.n.s	the Teaching
adhammo	n	m.n.s	false teaching, against the Teaching
ca	ind		and
ubho	pn	m.n.s	both

sama-	adj		like, equal (to), same (as), identical (to)
vipākino	adj	m.n.s	ripening, resulting, having consequences
adhammo	n	m.n.s	false teaching, against the Teaching
nirayaṁ	n	m.ac.s	hell, lit. gone down
neti	V	pr.3.s	leads, carries away, takes away
dhammo	n	m.n.s	the Teaching
pāpeti	V	pr.3.s	helps (to), brings (to), leads (to), lit. causes to go (to)
suggatiṁ	n	f.ac.s	state of happiness, good destination, heaven,
			lit. going well

# The Dhamma and non-Dhamma – both have not the same result. False teaching leads to hell, the Dhamma leads to good destination.

dhammo have rakkhati dhamma-cārim dhammo suciṇṇo sukham-āvahāti esā'nisamso dhamme suciṇṇe, na duggatim gacchati dhammacārī.

dhammo	n	m.n.s	the Teaching
have	ind		indeed, surely
rakkhati	V	pr.3.s	protects, guards
dhammacāriṁ	n	m.ac.s	who lives the Dhamma, who practices the Teaching,
			who walks in truth
dhammo	n	m.n.s	the Teaching
suciņņo	adj	m.n.s	well practised, made a habit of
sukham-	n	nt.ac.s	ease, comfort, happiness, pleasure
āvahāti	V	pr.3.s	procures, brings, leads (to), is conducive (to)
esa-	pn	m.n.s	this, he, it
ānisaṁso	n	m.n.s	profit, benefit, advantage, good result
dhamme	n	m.loc.s	in the Teaching
suciņņe	adj	m.loc.s	in well practised, made a habit of
na	ind		not
duggatiṁ	n	f.ac.s	state of misery, bad destination, hell, lit. going badly
gacchati	V	pr.3.s	goes, walks, moves, wanders around
dhammacārī.	n	m.n.s	who lives the Dhamma, who practices the Teaching,
			who walks in truth

The Dhamma guards who lives in line with it, and leads to happiness when practised well. This is the benefit of well-practised Dhamma. Who practices the Dhamma does not go to the bad destination.

#### **GOING TO TRUE AND FALSE REFUGES**

Khemākhema-saraṇa-gamana

### [Dhp 188]

bahum ve saraṇam yanti — pabbatāni vanāni ca ārāma-rukkha-cetyāni — manussā bhaya-tajjitā

bahuṁ	adj	nt.ac.s	many, much, lots (of), a lot (of)
ve	ind		indeed, truly, really
saraṇaṁ	n	nt.ac.s	shelter, refuge, help, lit. protection
yanti	V	pr.3.pl	they go, go to, go forward, proceed, travel
pabbatāni	n	nt.ac.pl	mountains, hills
vanāni	n	nt.ac.pl	woods, forests, jungles
ca	ind		and
ārāma-	n		park, parkland, nature reserve
rukkha-	n		tree
cetyāni	n	nt.ac.pl	shrines
manussā	n	m.n.pl	human beings, men, people
bhayatajjitā	adj	m.n.pl	startled by fear, threatened by danger

# To many refuges they go - to mountains and forests, to parkland and tree shrines - people startled by fear.

### [Dhp 189]

n'etam kho saraṇam khemam – n'etam saraṇam-uttamam n'etam saraṇam-āgamma – sabba-dukkhā pamuccati

n'etaṁ	pn	nt.n.s	this not
kho	ind		indeed, surely, certainly, truly
saraṇaṁ	n	nt.n.s	shelter, refuge, help, lit. protection
khemaṁ	adj	nt.n.s	safe, secure
n'etaṁ	pn	nt.n.s	this not
saraṇaṁ-	n	nt.n.s	shelter, refuge, help, lit. protection
uttamaṁ	adj	nt.n.s	best, highest, ultimate, supreme, top
n'etaṁ	pn	nt.n.s	this not
saraṇaṁ-	n	nt.ac.s	shelter, refuge, help, lit. protection

āgamma	V	ger	coming (to), arriving (at), meeting (with)
sabbadukkhā	n	nt.abl.s	from all suffering, all pain, all stress, all discomfort
pamuccati	V	pr.3.s	is freed (from), is liberated (from)

## This refuge is not secure, this refuge is not supreme, arriving to this refuge one is not liberated from all suffering.

### [Dhp 190]

yo ca buddhañ-ca dhammañ-ca – saṅghañ-ca saraṇaṁ gato cattāri ariya-saccāni – sammappaññāya passati

yo	pn	m.n.s	whoever, whatever, whichever
ca	ind		but
buddhañ'ca	n	m.ac.s	and the Buddha
dhammañ'ca	n	m.ac.s	and the Dhamma, Teaching
saṅghañ'ca	n	m.ac.s	and the Saṅgha, Community
saraṇaṁ	n	nt.ac.s	shelter, refuge, help, lit. protection
gato	pp	m.n.s	has gone (to), went (for)
cattāri	adj	nt.ac.pl	four (4)
ariya-saccāni	n	nt.ac.pl	noble truth
sammappaññāya	n	f.ins.s	with correct understanding, with perfect wisdom
passati	V	pr.3.s	sees, finds, understands

## But whoever has gone for refuge to the Buddha, the Dhamma and the Saṅgha – he sees the four noble truths with perfect wisdom.

### [Dhp 191]

dukkham dukkha-samuppādam — dukkhassa ca atikkamam ariyañ-c'aṭṭh'aṅgikam maggam — dukkhūpasama-gāminam

dukkhaṁ	n	nt.ac.s	suffering, pain, unease, unsatisfactory, problem, trouble
dukkha-samuppāc	laṁ	n m.ac.	s origin of suffering, arising of discomfort
dukkhassa	n	nt.gen.s	of suffering, pain, unease, unsatisfactory, problem
ca	ind		and
atikkamaṁ	n	m.ac.s	surpassing, transcending, going beyond, overcoming
ariyam-	adj	n.ac.s	noble, distinguished

ca-	ind		and
aṭṭh'aṅgikaṁ	adj	m.ac.s	with eight parts; eight-limbed
maggaṁ	n	m.ac.s	road, path, way
dukkhūpasama-	n		calming of suffering, relief from suffering, alleviation
			of suffering
gāminaṁ	adj	m.ac.s	going, leading to

# Suffering and its origin, and that which going beyond the suffering, the noble eightfold path leading to relief from suffering.

[Dhp 192] etaṁ kho saraṇaṁ khemaṁ – etaṁ saraṇam-uttamaṁ etaṁ saraṇam-āgamma – sabba-dukkhā pamuccati

etaṁ	pn	nt.n.s	this
kho	ind		indeed, surely, certainly, truly
saraṇaṁ	n	nt.n.s	shelter, refuge, help, lit. protection
khemaṁ	adj	nt.n.s	safe, secure
etaṁ	pn	nt.n.s	this
saraṇaṁ-	n	nt.n.s	shelter, refuge, help, lit. protection
uttamaṁ	adj	nt.n.s	best, highest, ultimate, supreme, top
etaṁ	pn	nt.n.s	this
saraṇaṁ-	n	nt.ac.s	shelter, refuge, help, lit. protection
āgamma	V	ger	coming (to), arriving (at), meeting (with)
sabbadukkhā	n	nt.abl.s	from all suffering, all pain, all stress, all discomfort
pamuccati	V	pr.3.s	is freed (from), is liberated (from)

This refuge is secure, this refuge is supreme, arriving to this refuge one is liberated from all suffering.

### THE PATIMOKKHA EXHORTATION

Ovāda-pāṭimokkha-gāthā [Dhp 183]

sabba-pāpassa akaraṇam, kusalassūpasampadā. sacitta-pariyodapanam, etam buddhāna sāsanam

sabba-	adj		all, every, whole, entire, complete
pāpassa	n	m.gen.s	of evil, criminal, wrong, bad, vicious
akaraṇaṁ	n	nt.n.s	non-doing, non-action, absence of action
kusalassa-	n	nt.gen.s	of benefit, merit, good deed, doing good
ūpasampadā	n	f.n.s	attaining (of), acquiring (of), undertaking (of),
			taking up (of)
sacitta-	n	nt	one's own mind
pariyodapanam,	n	nt.n.s	purification, refinement, cleansing
etaṁ	pn	nt.n.s	this
buddhānaṁ	n	m.gen.pl	of Buddhas
sāsanaṁ	n	nt.n.s	teaching, instruction

# Not doing of all evil, acquiring of the good, purification of one's mind. This is the Teaching of Buddhas.

### [Dhp 184]

khantī paramam tapo tītikkhā, nibbānam paramam vadanti buddhā. na hi pabbajito parūpaghātī, samaņo hoti param viheṭhayanto

khantī	n	f.n.s	patience, endurance, tolerance
paramaṁ	adj	nt.n.s	very highest, ultimate, superior, sublime, most
			extreme, lit. furthest
tapo	n	nt.n.s	spiritual practice, religious practice, lit. burning
tītikkhā,	n	f.n.s	endurance, long-sufferance, forgiveness
nibbānaṁ	n	nt.n.s	Nibbāna, going out (of a lamp), extinguishing (of a
			fire), quenching
paramaṁ	adj	nt.n.s	very highest, ultimate, superior, sublime, most
			extreme, lit. furthest
vadanti	V	pr.3.pl	they say, speak, tell

buddhā.	n	m.n.pl	the Buddhas, Awakened Ones
na	ind		not
hi	ind		indeed, certainly, truly, definitely
pabbajito	pp	m.n.s	ordained, renounced, gone forth
parūpaghātī,	adj	m.n.s	who harms others, injures others
samaṇo	n	m.n.s	ascetic, renunciant, holy man, monk, recluse
hoti	V	pr.3.s	there is, he is
paraṁ	pn	m.ac.s	other, another (person)
viheṭhayanto	prp	m.n.s	harming, vexing, annoying, troubling

Patient and forgiveness are the highest spiritual practice, the Buddhas say Nibbāna is supreme. Indeed who harms others is not a gone forth, who troubles others is not a monk.

### [Dhp 185]

anūpavādo anūpaghāto, pāṭimokkhe ca saṁvaro. mattaññutā ca bhattasmiṁ, pantañ-ca sayan'āsanaṁ. adhicitte ca āyogo, etaṁ buddhāna sāsanaṁ

anūpavādo	n	m.n.s	not blaming, not insulting, nor abusing
anūpaghāto,	n	m.n.s	not harming, not hurting, non-violence
pāṭimokkhe	n	m.loc.s	in precepts, training rules
ca	ind		and
saṁvaro.	n	m.n.s	control (according to), restraint (according to),
			holding back (according to)
mattaññutā	n	f.n.s	moderation (in), knowing the correct amount (of),
			temperance (in)
ca	ind		and
bhattasmiṁ,	n	nt.loc.s	food, meal
pantañ-	adj	nt.n.s	secluded, isolated, solitary
ca	ind		and
sayana-āsanaṁ.	n	nt.n.s	living place, lit. sleeping and sitting
adhicitte	n	nt.loc.s	in mediation, mental development, lit. higher mind
ca	ind		and
āyogo,	n	m.n.s	devotion (to), practice (of), exertion (in), pursuit
etaṁ	pn	nt.n.s	this

buddhānam n m.gen.pl of Buddhas sāsanam n nt.n.s teaching, instruction

Not blaming and not harming, restraining by training rules, moderation in food, secluded living place, devotion to the mental development, these are the Teachings of the Buddhas.

### **THE THREE CHARACTERISTICS**

Ti-lakkhaṇā

### [Dhp 277]

sabbe sankhārā aniccā'ti, yadā paññāya passati. atha nibbindati dukkhe, esa maggo visuddhiyā.

sabbe		adj	m.n.pl	all; every; whole; entire
saṅkhārā		n	m.n.pl	conditioned things, constructions, fabrications,
				formations
aniccā		adj	m.n.pl	not stable; impermanent
iti		ind		thus, ""
yadā		ind	adv	whenever; when
paññāya		V	abs	knowing, understanding
	(or)	n	f.ins.s	with understanding
passati		V	pr.3.s	he sees

### 'all conditioned things are impermanent' - when he sees it with understanding

atha	ind	adv	then; and also
nibbindati	V	pr.3.s	gets wearied of; is disgusted with
dukkhe	n	nt.loc.s	in suffering; pain; misery
esa	pn	m.n.s	that, he
maggo	n	m.n.s	path, way
visuddhiyā	n	f.dat.s	to purity or purification

### then he becomes disgusted with misery, this is the path to purity.

### [Dhp 278]

sabbe sankhārā dukkhā'ti, yadā paññāya passati. atha nibbindati dukkhe, esa maggo visuddhiyā.

sabbe	adj	m.n.pl	all; every; whole; entire
saṅkhārā	n	m.n.pl	conditioned things, constructions, fabrications,
			formations

dukkhā adj m.n.pl uncomfortable, painful, unpleasant, causing misery, unsatisfactory

### 'all conditioned things are unsatisfactory' - when he sees it with understanding then he becomes disgusted with misery, this is the path to purity.

### [Dhp 279]

sabbe dhammā anattā'ti, yadā paññāya passati. atha nibbindati dukkhe, esa maggo visuddhiyā.

sabbe	adj	m.n.pl	all; every; whole; entire
dhammā	n	m.n.pl	things, mental phenomena
anattā	adi	m.n.pl	have no self, impersonal, void of self

### 'everything is void of self' - when he sees it with understanding then he becomes disgusted with misery, this is the path to purity.

### [Dhp 85] appakā te manussesu — ye janā pāra-gāmino athāyaṁ itarā pajā — tīram-evānudhāvati

appakā	n	m.n.pl	few things, few people, small amount
te	pn	m.n.pl	they, those
manussesu	n	m.loc.pl	in (among) people
ye	pn	m.n.pl	those who
janā	n	m.n.pl	the people
pāragāmino	n	m.n.pl	who going beyond, cross over, to the other shore
atha-	ind		then; and also, but
ayaṁ	pn	f.n.s	this, the
itarā	pn	f.n.s	rest, common, ordinary
pajā	n	f.n.s	people, population, generation, mankind
tīram-	n	nt	shore, bank
eva-	ind		only, even, just
anudhāvati	V	pr.3.s	run along, run up and down, run back and forth

## Few are those among people, who are going to the other shore, but the rest of the people just running along (this) shore.

### [Dhp 86] ye ca kho sammad-akkhāte — dhamme dhammānuvattino te janā pāram-essanti — maccu-dheyyaṁ sud'uttaraṁ

ye	pn	m.n.pl	those who, whoever
ca	ind		and
kho	ind		indeed; really; surely
sammadakkhāte	adj	m.loc.s	in well preached , well-taught
dhamme	n	m.loc.s	in Dhamma, in li
dhammānuvattino	n	m.n.pl	following the Dhamma, acting according to the
			teaching
te	pn	m.n.pl	those
janā	n	m.n.pl	men, people, population
pāram-	ind		beyond, on the other side (of)
essanti	V	fut.3.pl	they will go (to), will come (to), will reach
maccudheyyaṁ	n	m.ac.s	realm of death, sphere of death, power of death
sud'uttaram	adj	m.ac.s	extremely difficult to cross, very hard to escape

## And those who in the well-taught Dharma acting according to the Teaching, those people will go beyond the realm of Death, so difficult to cross.

### [Dhp 87]

kaṇhaṁ dhammaṁ vippahāya – sukkaṁ bhāvetha paṇḍito okā anokam-āgamma – viveke yattha dūramaṁ

kaṇhaṁ	adj	m.ac.s	dark, black, evil
dhammaṁ	n	m.ac.s	state of mind
vippahāya	V	ger	completely abandoning, totally renouncing
sukkaṁ	adj	m.ac.s	pure, bright, good
bhāvetha	V	opt.refl.3.s	should cultivate, could develop
paṇḍito	n	m.n.s	sage, intelligent person, wise man
okā	n	nt.abl.s	from home, abode
anokam-	n	nt.ac.s	homelessness; independence

āgamma	V	ger	coming (to), arriving (at), meeting (with)
viveke	n	m.loc.s	in seclusion, solitude
yattha	ind		wherever, where
dūramam	adj	nt.ac.s	difficult to delight (in), hard to enjoy

Abandoning the bad states, wise man should develop the good states. Coming from home into homelessness, into solitude, where difficult to delight.

[Dhp 88] tatrābhiratim-iccheyya — hitvā kāme akiñcano pariyodapeyya attānam, cittaklesehi paṇḍito.

tatra-	ind		there, in that place
abhiratim-	n	f.ac.s	pleasure, delight, contentment, happiness
iccheyya	V	opt.3.s	should wish, want, desire
hitvā	V	abs	having left, having left behind, having
			abandoned
kāme	n	m.ac.pl	pleasures, sensual pleasures
akiñcano	adj	m.n.s	with nothing, is nothing, having no, possession-
			less
pariyodapeyya	V	opt.3.s	should cleanse, refine, purify
attānaṁ,	n	m.ac.s	self, himself, herself, itself, yourself, oneself
cittaklesehi	n	m.abl.pl	from mental defilements, mental impurities
paṇḍito.	n	m.n.s	sage, intelligent person, wise man

The wise one should wish delight there, having abandoned sensual pleasures, without anything and purify himself from mental defilements.

#### **THE BURDENS**

Bhārā

[sn 22.22]

bhārā have pañcakkhandhā — bhāra-hāro ca puggalo bhār'ādānaṁ dukkhaṁ loke — bhāra-nikkhepanaṁ sukhaṁ

bhārā	n	m.n.pl	burdens, loads, weights
have	ind		indeed, surely
pañcakkhandhā	n	m.n.pl	five aggregates (of clinging)
bhār'ahāro	n	m.n.s	load-bearer, carrier of the burden
ca	ind		and
puggalo	n	m.n.s	person, individual
bhār'ādānaṁ	n	nt.n.s	picking up the burden, taking up the weight
dukkhaṁ	n	nt.n.s	discomfort, suffering, pain, unease, problem, trouble
loke	n	m.loc.s	in the world
bhāra-	n		burden, load, weight
nikkhepanaṁ	n	nt.n.s	discarding, dropping, throwing down, casting off
sukhaṁ	n	nt.n.s	ease, comfort, happiness, pleasure

# The five aggregates indeed are burdens, the carrier of the burdens is a man, in this world to take up burdens is suffering, dropping burden is ease.

nikkhipitvā garum bhāram — aññam bhāram anādiya samūlam taṇham abbuyha — nicchāto parinibbuto

nikkhipitvā	V	abs	having discarded, having put down, having set aside
garuṁ	adj	m.ac.s	heavy, onerous, weighty
bhāraṁ	n	m.ac.s	burden, load, weight
aññaṁ	adj	m.ac.s	another, other, different
bhāraṁ	n	m.ac.s	burden, load, weight
anādiya	V	ger	not taking up
samūlaṁ	adj	f.ac.s	with the root, including the root
taṇhaṁ	n	f.ac.s	craving, thirst
abbuyha	V	ger	pulling up, pulling out, tearing up, uprooting
nicchāto	adj	m.n.s	satiated, satisfied, lit. not hungry

parinibbuto adj m.n.s who is extinguished, who's fire is out

A heavy burden cast away, not taking on another load, pulling up craving with the root, one is satisfied and extinguished.

#### FROM THE ELDER RATTHAPĀLA

Raṭṭhapāla-thera-gāthā [TH 251 / MN 82]

passa cittakatam bimbam – arukāyam samussitam āturam bahusankappam – yassa natthi dhuvam ṭhiti

passa	V	imp.2.s	see! look (at)!
cittakataṁ	adj	m.ac.s	made by the mind, adorned
bimbaṁ	n	nt.ac.s	form, image, doll, puppet, i.e. body
arukāyaṁ	n	m.ac.s	collection of wounds, mass of sores
samussitaṁ	pp	m.ac.s	elevated, propped up, lit. supported up together
āturaṁ	adj	m.ac.s	sick, diseased, ill, unhealthy
bahusaṅkappaṁ	adj	m.ac.s	full of plans, with many intentions
yassa	pn	m.dat.s	for that, for whoever
n'atthi	V	pr.3.s	is not, it is not, there is not, there is no, there is
			nothing
dhuvam	ind		permanently, continuously, constantly, always, at
			all
țhiti	n	f.n.s	stability, constancy, endurance, long lasting,
			lit. standing

# Look at this mind-created image (adorned puppet), a collection of wounds, propped up, diseased, with many plans. There is no stability for that at all.

passa cittakatam rūpam – maṇinā kuṇḍalena ca aṭṭhim tacena onaddham – saha vatthehi sobhati

passa	V	imp.2.s	see! look (at)!
cittakataṁ	adj	m.ac.s	made by the mind, adorned
rūpaṁ	n	nt.ac.s	body, physical body, bodily form
maṇinā	n	m.ins.s	by gem; jewel
kuṇḍalena	n	nt.ins.s	by ring, earring
ca	ind		and
aṭṭhiṁ	n	nt.n.s	bone
tacena	n	m.ins.s	with skin

onaddhaṁ	pp	nt.n.s	enveloped (with), covered (with), wrapped
saha	ind		with, together (with), accompanied (by)
vatthehi	n	nt.ins.s	because of cloth, clothes, robe
sobhati	V	pr.3.s	shines, radiates, looks beautiful

# Look at this mind-created materiality (adorned body), with gems and earrings. The bones wrapped in skin looks beautiful because of clothes.

alattakakatā pādā – mukham cuṇṇakamakkhitam alam bālassa mohāya – no ca pāragavesino

alattaka-	n	m	lac, a red animal dye, henna dye
katā	pp	m.n.pl	done, made
pādā	n	m.n.pl	feet
mukhaṁ	n	nt.n.s	mouth, face
cuṇṇaka-	n		powder
makkhitaṁ	pp	nt.n.s	smeared, stained
alaṁ	ind		enough
bālassa	n	m.gen.s	of fool, idiot, immature person
mohāya	n	m.dat.s	for illusion, delusion, confusion
no	ind		not
ca	ind		but
pāragavesino	n	m.gen.s	of who is looking for salvation, seeking the beyond, lit. seeking the far shore

## Feet adorned with henna dye, face smeared with powder. It is enough for illusion of a fool, but not of a seeker the far shore.

aṭṭha-pada-katā kesā — nettā añjana-makkhitā alaṁ bālassa mohāya — no ca pāragavesino

aṭṭha-	adj		eight (8)
pada-	n		way, place, position
katā	pp	m.n.pl	done, made, arranged
kesā	n	m.n.pl	hair
nettā	n	nt.n.pl	eyes

añjana-	n		eyeliner, cosmetic for the eyes, made of antimony
makkhitā	pp	nt.n.pl	smeared, stained

Hair arranged in eight ways, eyes smeared with eyeliner. It is enough for illusion of a fool, but not of a seeker the far shore.

añjanīva navā cittā — pūtikāyo alaṅkato alaṁ bālassa mohāya — no ca pāragavesino

añjanī'va	n	f.n.s	like a box for ointment, a collyrium pot
navā	adj	f.n.s	new, fresh
cittā	adj	f.n.s	decorated, beautiful, adorned
pūtikāyo	n	m.n.s	putrid body, disgusting body
alaṅkato	adj	m.n.s	dressed up, decorated, adorned, lit. made suitable

Like an unguent pot freshly painted, (this) dressed up disgusting body. It is enough for illusion of a fool, but not of a seeker the far shore.

passāmi loke sadhane manusse laddhāna vittaṁ na dadanti mohā luddhā dhanaṁ sannicayaṁ karonti bhiyyova kāme abhipatthayanti

passāmi	V	pr.1.s	I sees, finds, understands
loke	n	m.loc.s	in the world
sadhane	adj	m.ac.pl	rich, wealthy, lit. with wealth
manusse	n	m.ac.pl	people
laddhāna	V	abs	having got, having obtained
vittaṁ	n	m.ac.s	wealth, property, power
na dadanti	V	pr.3.pl	they not give, offer, donate
mohā.	n	nt.abl.s	from illusion, delusion, confusion
luddhā	adj	m.n.pl	who is greedy, who wants
dhanaṁ	n	nt.ac.s	wealth, riches, treasure
sannicayaṁ	n	m.ac.s	hoard, pile, cache, stash, accumulation
karonti	V	pr.3.pl	they make, do, arrange

bhiyyo-eva	ind		even more (than), and just more (than)
kāme	n	m.ac.pl	pleasures, sensual pleasures
abhipatthayanti	V	pr.3.pl	they long (for), hope (for), crave (for), aspire

I see rich people in the world, who having obtained wealth do not give, because of delusion. Greedy they accumulate wealth, crave for ever more sense pleasures.

rājā ca aññe ca bahū manussā avītataṇhā maraṇaṁ upenti ūnāva hutvāna jahanti dehaṁ kāmehi lokamhi na hatthi titti

rājā	n	m.n.s	king
ca	ind		and
aññe	pn	m.n.pl	others, other people, the rest
ca	ind		and
bahū	adj	m.n.pl	many
manussā	n	m.n.pl	human beings, men, people
avītataņhā	adj	m.n.pl	not free from desire, not free from passion,
			not without craving
maraṇaṁ	n	nt.ac.s	death
upenti	V	pr.3.pl	they go to, approach, enter
ūnā-eva	adj	m.n.pl	still wanting, lacking
hutvāna	V	abs	having become, having been
jahanti	V	pr.3.pl	they give up, leave, abandon, renounce
dehaṁ	n	m.ac.s	body
kāmehi	n	m.ins.pl	with pleasures, sense pleasures
lokamhi	adj	m.ins.pl	with worldly
na	ind		not
h'atthi	V	pr.3.s	indeed there is
titti	n	f.n.s	satisfaction (in), contentment (from)

King and many other people, not without craving, approach the death. Still having been wanting, they leave (their) body. There is no satisfaction in worldly sense pleasures.

na dīghamāyum labhate dhanena na cāpi vittena jaram vihanti appam hidam jīvitamāhu dhīrā asassatam vippariņāma-dhammam

na	ind		not
dīgham-	adj	nt.ac.s	long (in space or time), tall
āyuṁ	n	nt.ac.s	life
labhate	V	pr.refl.3.s	one gets, one obtains
dhanena	n	nt.ins.s	by wealth, riches, treasure
na	ind		not
cāpi	ind		or even, and even, as well as
vittena	n	m.ins.s	by wealth, property, power
jaraṁ	n	m.ac.s	old age, growing old, decay
vihanti	V	pr.3.s	strikes, wards off, banish
appaṁ	adj	nt.n.s	short, small, insignificant
h'idaṁ	pn	nt.n.s	this indeed
jīvitam-	n	nt.n.s	life, life span
āhu	V	perf.3.s	they said
dhīrā	n	m.n.pl	wise man, sage
asassataṁ	adj	nt.n.s	not eternal, endless, perpetual
vippariṇāma-dhamm	aṁ	adj nt.n.s	changing nature, changing character, subject
			to change

One can not gain long life by riches, even can not wards off decay by wealth. Indeed this life span is short, wise said, it is not eternal and subject to change.

tasmā hi paññāva dhanena seyyā yāya vosānamidhādhigacchati abyositattā hi bhavābhavesu pāpāni kammāni karoti mohā

"tasmā	ind		from that, therefore, that is why, lit. from that
hi	ind		indeed, certainly, truly, definitely
paññā-	n	f.n.s	wisdom, knowledge, intelligence, intellect,
			understanding, insight

eva	ind		only, just, so, even
dhanena	n	m.ins.s	with wealth, riches, treasure
seyyā	adj	f.n.s	better, better than, preferable
yāya	pn	f.ins.s	by whichever, with which (woman)
vosānam-	n		(relative) achievement, perfection, accomplishment
idha-	ind		here, now, in this world
adhigacchati.	V	pr.3.s	gets, finds, obtains, attains
abyositattā	n	nt.abl.s	from (state) not perfected, not accomplished
			(comm) - not attained perfection
hi	ind		indeed
bhav'ābhavesu	n	m.loc.pl	in this or that life, any form of existence, some
			sort of existence
pāpāni	adj	nt.ac.pl	evil, criminal, wrong, bad, vicious
kammāni	n	nt.ac.pl	actions, deeds, doing
karoti	V	pr.3.s	does, makes, acts, performs, builds
mohā	n	m.abl.s	because of illusion, delusion, confusion

Therefore indeed wisdom better than wealth, by which one reach perfection in this world. Beacuse of not attained perfection, indeed from life to life, one do evil deeds because of ignorance.

kāmā hi citrā madhurā manoramā virūparūpena mathenti cittam ādīnavam kāmaguņesu disvā tasmā aham pabbajitomhi rāja

kāmā	n	m.n.pl	pleasures, sensual pleasures
hi	ind		indeed, certainly, truly, definitely
citrā	adj	m.n.pl	decorated, beautiful, adorned
madhurā	adj	m.n.pl	sweet, lovely
manoramā	adj	m.n.pl	delightful, attractive, lit. mind pleasing
virūparūpena	ind	adv	in different ways, in various ways, differently
mathenti	V	pr.3.pl	they agitate, shakes about, harass, upset
cittaṁ	n	nt.ac.s	mind
ādīnavaṁ	n	m.ac.s	danger (in), disadvantage (of), risk (of), peril (in)

kāmaguņesu	n	m.loc.pl	in objects of sensual pleasure, sensual
			stimulation, lit. sensual strings
disvā	V	abs	having seen, having understood, having found
tasmā	ind		therefore, that is why, lit. from that
ahaṁ	pn	1.n.s	I
pabbajito-	n	m.n.s	monk, monastic, renunciant
amhi	V	pr.1.s	I am
rāja	n	m.voc.s	o king

Indeed sensual pleasures are beautiful, sweet and delightful, in various ways they agitate the mind. Having seen danger in objects of sensual pleasure, therefore, I am a monk, o king!

dumapphalānīva patanti māṇavā daharā ca vuḍḍhā ca sarīrabhedā etampi disvā pabbajitomhi raja apaṇṇakaṁ sāmaññameva seyyo

duma-	n		tree
phalānī-	n	nt.n.pl	fruits
va	ind		like, as
patanti	V	pr.3.pl	they fall
māṇavā	n	m.n.pl	young men, young gentlemen, young Brahmans
daharā	adj	m.n.pl	young
ca	ind		and
vuḍḍhā	adj	m.n.pl	old, elderly, senior
ca	ind		and
sarīra-	n		body
bhedā	n	m.abl.s	because of breaking-up (of), breaking apart (of)
etampi	pn	m.ac.s	just this, this alone, this
disvā	V	abs	having seen, having understood, having found
pabbajito-	n	m.n.s	monk, monastic, renunciant
amhi	V	pr.1.s	I am
rāja	n	m.voc.s	o king
apaṇṇakaṁ	ind		surely; certainly
sāmaññam-	n	nt.n.s	monkhood, state of being a monk

eva ind only, just, so, even, also seyyo ind better

As fruits from a tree, people fall, young and old, because of breaking-up of the body, just having seen this, I am a monk, o king. Certainly only monkhood is better.

#### FROM THE ELDER PĀRĀPARIYA

Pārāpariya-thera-gāthā [TH 257]

aññathā loka-nāthamhi, tiṭṭhante purisuttame. iriyaṁ āsi bhikkhūnaṁ, aññathā dāni dissati.

aññathā	ind	adv	in a different manner, otherwise, differently
loka-nāthamhi,	n	m.loc.s(abs)	when the Protector, Lord of the world
			(Epithet of the Buddha)
tiṭṭhante	pr.p	m.loc.s(abs)	when remaining, persisting, lit. standing
purisa-uttame.	n	m.loc.s(abs)	when the Greatest Man

### differently, when the Protector of the world, the Greatest Man was remaining (here),

iriyaṁ	n	f.ac.s	deportment, behaviour
āsi	V	aor.3.s	it was
bhikkhūnaṁ,	n	m.gen.pl	of monks
aññathā	ind	adv	in a different manner, otherwise, differently
dāni	ind	adv	now
dissati.	V	pr.3.s	seems; appears, is seen

### deportment of monks was (different), it seems otherwise now

sīta-vāta-parittānam, hirikopīna-chādanam. matt-aṭṭhiyam abhuñjimsu, santuṭṭhā itarītare.

sītavātaparittānam,		nt.n.s	protection from cold and wind
>sīta-	n		cool; cold.
>vāta-	n		wind
>parittānaṁ	n	nt.n.s	protection, refuge, safety
hirikopīnachādanam.		nt.n.s	covering that which arouses shyness
>hirikopīna-	n		that which arouses shyness, private parts
>chādanaṁ	n	nt.n.s	covering; clothing

### (their robs) were protection from cold and wind, and covering private parts

mattaṭṭhiyaṁ	n	m.ac.s	desirous of moderation (moderate)
>mattā-	n		moderation
>aṭṭhiyaṁ	adj	m.ac.s	desirous of; seeking for, having a purpose of
abhuñjiṁsu,	V	aor.3.pl	they ate
santuṭṭhā	pp	m.n.pl	satisfied, pleased, content
itarītare.	adj	m.loc.s	in any whatsoever, any kind of,
			lit: in another and another

### they ate in moderation, were satisfied in any kind of (offerings)

paṇītaṁ yadi vā lūkhaṁ, appaṁ vā yadi vā bahuṁ. yāpan-atthaṁ abhuñjiṁsu, agiddhā n'ādhimucchitā.

paṇītaṁ	adj	nt.n.s	excellent; delicious
yadi	ind		if, even, even if, perhaps
vā	ind		or, either
lūkhaṁ,	adj	nt.n.s	rough, coarse, poor quality
appaṁ	adj	nt.n.s	small; little; insignificant
vā	ind		or, either
yadi	ind		if, even, even if, perhaps
vā	ind		or, either
bahum.	adj	nt.n.s	much; many

### if excellent or even poor quality, if many or even little

yāpanatthaṁ			
> yāpana-	n		nourishment, sustenance, preservation,
			upkeep, support (of the body), lit. cause to go
> atthaṁ	n	m.ac.s	purpose, use, function
abhuñjiṁsu,	V	aor.3.pl	they ate
agiddhā	adj	m.n.pl	without greed, without desire
nādhimucchitā.			
>na-	neg		not
>adhimucchitā	pp	m.n.pl	highly greedy, fixated on, infatuated with

### they are for the purpose of nourishment (of the body), without greed and without infatuation.

jīvitānam parikkhāre, bhesajje atha paccaye. na bāļham ussukā āsum, yathā te āsavakkhaye.

jīvitānaṁ	n	nt.gen.pl	of life, living, livelihood		
parikkhāre,	n	nt.loc.s	in requisite, requirement, accessory		
bhesajje	n	nt.loc.s	in medicine		
atha	ind		then, also, and so, after that		
paccaye.	n	m.loc.s	in support, requisites, necessities		

### in the requirements of life, (such as) medicine and also (other) support

na	neg		not
bāļhaṁ	ind	adv	strongly; excessively; very much
ussukā	adj	m.n.pl	endeavoring, zealous, active; eager for;
			attached to; restless, 'uneasy'
āsum,	V	aor.3.pl	they were
yathā	ind		as; like; in relation to; just as
te	pn	m.n.pl	those, they
āsavakkhaye.	adj	m.ac.pl	with extinction of the effluents, defilements

### they were not strongly eager, just as those who destroy the defilements

"araññe rukkhamūlesu, kandarāsu guhāsu ca. vivekam'anubrūhantā, vihaṁsu tap'parāyanā.

araññe	n	nt.loc.s	in forest
rukkhamūlesu,	n	nt.loc.pl	in the foots of a tree
kandarāsu	n	m.loc.pl	in grottoes, gorges
guhāsu	n	f.loc.pl	in caves; caverns.
ca.	conj		and

in the forest, at the foots of trees, in grotto and caves,

vivekam'anubrūhantā pr.p m.n.pl			continuously developing mental seclusion
>vivekaṁ-	n	m.ac.s	seclusion
>anubrūhantā,	pr.p	m.n.pl	continuously increasing, spreading,
			cultivating, developing
vihaṁsu	V	aor.3.pl	they lived
tap'parāyanā.	adj	m.n.pl	devoted to that
>taṁ-	pn	m.ac.s	that, it
>parāyanā	adj	m.n.pl	destined for, culminating in, sloping to,
			lit. going beyond

### continuously developing mental seclusion, they lived culminating in it.

nīcā niviṭṭhā subharā, mudū a't'thaddha-mānasā. abyāsekā amukharā, attha-cintā vas-ānugā.

nīcā	adj	m.n.pl	humble
niviṭṭhā	adj	m.n.pl	established in, settled in, entrenched in
subharā,	adj	m.n.pl	easy to support
mudū	adj	m.n.pl	flexible, pliable, malleable, plastic, soft, mild
atthaddhamānasā.	adj		not with arrogant mind
>a-	neg		not
>thaddha-	adj		proud, arrogant, selfish; lit. stiff, hard
>mānasā	n	m.ins.s	with mind

### humble, settled, easy to support and not with arrogant mind

abyāsekā	adj	m.n.pl	un-defiled, untouched, unimpaired
amukharā,	adj	m.n.pl	not garrulous; not talkative
attha-			goal, welfare, benefit
cintā	n	f.n.pl	"the act of thinking", thought
vas'ānugā	adj	m.n.pl	obedient (to); subservient (to); under the
			control (of); subject (to)

undefiled, not talkative, they subject to beneficial thoughts.

tato pāsādikam āsi, gatam bhuttam nisevitam. siniddhā tela-dhārā'va, ahosi iriyāpatho.

tato	ind	adv	therefore, lit: from there
pāsādikaṁ	adj	nt.n.s	inspiring confidence
āsi,	V	aor.3.s	was
gataṁ	n	nt.n.s	walking, moving
bhuttaṁ	n	nt.n.s	eating
nisevitam.	n	nt.n.s	practicing

### therefore (their) walking, eating and practicing were inspiring confidence,

siniddhā	pp	m.n.pl	smooth, pliable; soft
teladhārāva,			as stream of oil
>tela-	n	nt.	oil
>dhārā-	n	f.n.s	stream, flow
>va	ind		like, as
ahosi	V	aor.3.s	it was
iriyāpatho.	n	m.n.s	way of carrying oneself, range of postures,
			mode of deportment

### (their) way of deportment was smooth, like the flow of oil

"yathā kaṇṭaka-ṭ'ṭhānamhi, careyya anupāhano. satiṁ upaṭṭhapetvāna, evaṁ gāme munī care.

yathā	ind		as; like; just as.
kaṇṭaka-	n		thorn, thorny
ṭ'ṭhānamhi,	n	nt.loc.s	in place; locality
careyya	V	opt.3.s	could walk, move
anupāhano.	adj	m.n.s	without shoes

### like one without shoes could walk in thorny place,

satim	n	f.ac.s	mindfulness

upaṭṭhapetvāna,	V	abs	having caused to attend, having set up, having
			made sure is present
evaṁ	ind		thus; in this way
gāme	n	m.loc.s	in village
munī	n	m.n.s	sage, monk, hermit
care.	V	opt.3.s	could walk, should move

### he establishes mindfulness, in this way a monk should walk in the village

"saritvā pubbake yogī, tesam vattam-anussaram. kiñcāpi pacchimo kālo, phuseyya amatam padam.

saritvā	V	abs	having remembered
pubbake	adj	m.ac.pl	ancient, of old, former
yogī,	n	m.ac.pl	meditators, practitioners
tesaṁ	pn	m.gen.pl	of them, their
vattam-	n		custom, practice, way of life, behavior
anussaram.	pr.p	m.n.s	remembering, recollecting

### having remembered former meditators, recollecting their behavior

kiñcāpi	ind		however much, even if, even though
pacchimo	adj	m.n.pl	latest, last, final
kālo,	n	m.n.s	time, occasion
phuseyya	V	opt.3.s	could touche; reach; attain
amataṁ	n	nt.ac.s	deathless
padam.	n	nt.ac.s	place, position, state

even if there is a last moment, one could reach the Deathless state

#### **ON PROTECTION**

Tāyana-gāthā [sn 2.8]

chinda sotam parakkamma, kāme panuda brāhmaṇa. nappahāya munī kāme, n'ekattam'upapajjati.

chinda	V	imp.2.s	you cut, cut off, sever
sotaṁ	n	m.ac.s	stream, river, current
parakkamma	V	ger	making continuous effort, striving, persevering,
			persisting
kāme	n	m.loc.s	in pleasures, sensual pleasures
panūda	V	imp.2.s	you dispel, drive out, reject, push away
brāhmaṇa	n	m.voc.s	o saint, holy man, paragon, sage
nappahāya	V	ger	not leaving behind, not giving up, not abandoning
muni	n	m.n.s	monk, sage, seer, hermit, silent sage
kāme	n	m.loc.s	in pleasure, sensual pleasure
na-	in	d	not
ekattaṁ-	n	nt.ac.s	unity; identity; integration
upapajjati	V	pr.3.s	enters upon, enters (a state)

# Persist, cut off the stream and dispel sensual pleasures, o Holy man! Having not abandoned (them) a sage can not enter the state of unity.

kayirā ce, kayirāth'enam, daļham'enam parakkame. sithilo hi paribbājo, bhiyyo ākirate rajam.

kayirā	V	opt.3.s	on should do, one could make, one wishes to do
ce	ind		if
kayirātha-	v op	ot.refl.3.s	one by oneself should make
enaṁ	n	m.ac.s	this, it
daḷham-	ind		firmly, strongly, unwaveringly
enaṁ	n	m.ac.s	this, it
parakkame	V	opt.3.s	should undertake, would go for, advance towards,
			make an effort
sithilo	adj	m.n.s	loose, lax, slack

hi	ind		indeed, certainly, truly, definitely
paribbājo	n	m.n.s	homeless spiritual seeker, wandering monk
bhiyyo	ind		more (than), and more (than), even more (than)
ākirate	V	opt.3.s	could stir up, should heap up, kick up
rajaṁ	n	m.ac.s	(mental) impurity, defilement, lit: dust, dirt

# If one should do (something), he should do this by himself and undertake it firmly. Indeed loose wandering monk could stir up even more defilements.

akatam dukkaṭam seyyo, pacchā tappati dukkaṭam, katam ca sukatam seyyo, yam katvā n'ānutappati.

akataṁ	adj	nt.n.s	not done, not made, not created
dukkaṭaṁ	n	nt.n.s	bad deed, wrong action
seyyo	ind		better (than)
pacchā	ind		afterwards, later, in the future
tappati	V	pr.3.s	regrets, suffers remorse, lit. is burned
dukkaṭaṁ	n	nt.ac.s	bad deed, wrong action
kataṁ'ca	pp	nt.n.s	and done, made
sukataṁ	n	nt.n.s	good deed, right action
seyyo	ind		better (than)
yaṁ	pn	nt.ac.s	that which, whichever
katvā	V	abs	having done, having made
nānutappati	V	pr.3.s	does not regret, does not suffer remorse, lit. is not
			burned

### Better (when) bad deed is not done, afterwards one regrets (on account of) bad deed. Better (when) good deed is done. Having made which, one does not regret.

kuso yathā duggahito, hattham'ev'ānukantati, sāmaññam dupparāmaṭṭham, nirayāy'upakaḍḍhati.

kuso	n	m.n.s	Kusa grass
yathā	ind		like, just as
duggahito	adj	m.n.s	wrongly held, grasped in the wrong way
hattham-	n	m.ac.s	hand

eva-	ind		only, just, so, even
anukantati	V	pr.3.s	cuts, slashes, slices, shears
sāmaññaṁ	n	nt.n.s	monkhood, state of being a monk
dupparāmaṭṭhaṁ	pp	nt.n.s	wrongly held, incorrectly grasped
nirayāya-	n	m.dat.s	to hell, lit. gone down
ūpakaḍḍhati	V	pr.3.s	drags towards, pulls to

# Just as Kusa grass, when wrongly held, only cuts the hand. Wrongly held monkhood drags towards hell.

yam kiñci sithilam kammam, sankiliṭṭhañ'ca yam vatam, sankassaram brahmacariyam, na tam hoti mahapphalan'ti

yaṁ-	pn	nt.n.s	whatever, that which
kiñci	pn	nt.n.s	some, something, anything
sithilaṁ	adj	nt.n.s	loose, lax, slack
kammaṁ	n	nt.n.s	action, deed, doing
saṅkiliṭṭhañ'ca	adj	nt.n.s	tarnished, defiled, tainted, corrupted, impure, dirty,
			stained, soiled
yaṁ	pn	nt.n.s	whatever, that which
vataṁ	n	nt.n.s	religious practice, spiritual practice, ritual observance
saṅkassaraṁ	adj	nt.n.s	suspect, dodgy, doubtful
brahmacariyaṁ	n	nt.n.s	spiritual path, holy life, celibacy
na	ind		not
taṁ	pn	nt.n.s	that
hoti	V	pr.3.s	is, there is
mahapphalan-ti	adj	nt.n.s	of great fruit, yielding good results

Whatever deed is slack, whatever observance is corrupted, (whatever) holy life is doubtful – that is not yielding good results.

#### **MISCELLANEOUS VERSES**

Pakiṇṇaka-gāthā [sn 22.43]

attadīpā, bhikkhave, viharatha attasaraṇā anaññasaraṇā, dhammadīpā dhammasaraṇā anaññasaraṇā.

attadīpā,	adj	m.n.pl	self-reliant, independent, oneself as foundation,
			lit. island for oneself or lamp for oneself
viharatha	V	imp.2.pl	you should live, stay, remain, continue
attasaraņā	adj	m.n.pl	helping oneself, one's own refuge
anaññasaraṇā,	adj	m.n.pl	who does not depend on another
dhammadīpā	adj	m.n.pl	with Dhamma as one's support, with Dhamma as
		one's fo	undation, lit. with Dhamma as an island or as a lamp
dhammasaraṇā	adj	m.n.pl	who relies on the Dhamma, who's support is the
			Dhamma
anaññasaraṇā.	adj	m.n.pl	who does not depend on another

# O Monks! You should live independent, with yourselves as a refuge, not depending on others, relying on the Dhamma, not depending on anything else.

[Dhp 152] appassut'āyam puriso, balibaddho'va jīrati, mamsāni tassa vaḍḍhanti, paññā tassa na vaḍḍhati.

appassuta-	adj		ignorant, uneducated, unlearned, lit. heard little
ayaṁ	pn	m.n.s	this, this person
puriso	n	m.n.s	man, person
balibaddho'va	n	m.n.s	like an ox, bull
jīrati <b>.</b>	V	pr.3.s	ages, grows old
maṁsāni	n	nt.n.pl	meat, flesh
tassa	pn	m.gen.s	his
vaḍḍhanti	V	pr.3.pl	increase, grow, develop
paññā	n	f.n.s	wisdom, knowledge, intelligence, intellect,
			understanding, insight
tassa	pn	m.gen.s	his

na	ind	not
----	-----	-----

vaḍḍhati. v pr.3.s increases, grows, develops

# The man of little learning grows old like a bull. His flesh increase. His wisdom does not grow.

### [Dhp 91]

uyyuñjanti satīmanto, na nikete ramanti te, haṁsā'va pallalaṁ hitvā, okam'okaṁ jahanti te.

uyyuñjanti	V	pr.3.pl	they strive, make effort
satīmanto	adj	m.n.s	mindful, fully present, attentive
na	ind		not
nikete	n	nt.loc.s	in home, house
ramanti	V	pr.3.pl	they enjoy, find pleasure (in), take delight (in), like
te.	pn	m.n.pl	they, those
haṁsā'va	n	m.n.s	like swan, goose, flamingo, water bird
pallalaṁ	n	nt.ac.s	lake, pond, marsh
hitvā	V	abs	having left, having left behind, having abandoned
okamokaṁ	n	nt.ac.s	all homes, lit. home after home
jahanti	V	pr.3.pl	they give up, leave, abandon, renounce
te.	pn	m.n.pl	they, those

### The mindful ones exert themselves. They are not delight in home. Like swans that abandon the lake, they leave home after home behind.

### Snp 66 [v 949]

yam pubbe tam visosehi, pacchā te m'āhu kiñcanam, majjhe ce no gahessasi, upasanto carissasi.

yaṁ	pn	m.ac.s	whatever, that which
pubbe	ind		before, previously, formerly, in the past, in a
			previous life
taṁ	pn	m.ac.s	that
visosehi	V	imp.2.s	you should dry up, desiccate, make wither,
			evaporate
pacchā	ind		afterwards, later, in the future

te	pn	2.dat.s	for you, to you
m'āhu	v+ine	d aor.3.s	may there not be, don't let there be
kiñcanam.	n	nt.ac.s	something, anything, a tiny bit
majjhe	ind		in the present, lit. in the middle
ce	ind		if
no	ind		not
gahessasi	V	fut.2.s	you will grasp
upasanto	adj	m.n.s	still, calm, at peace, tranquil
carissasi.	V	fut.2.s	you will live, lead (one's life), conduct oneself

# Whatever in the past that you should dry up! Don't let there be anything for you in the future! If you do not grasp in the present, you will live at peace.

### Snp 49 [v 874]

na saññasaññī na visaññasaññī, no'pi asaññī na vibhūtasaññī. evam sametassa vibhoti rūpam, saññānidānā hi papañcasankhā.

na	ind		not
saññasaññī	adj	m.n.s	aware of perceptions, conceiving concepts, with
			normal perception
na	ind		not
visaññasaññī	adj	m.n.s	with distorted perception, with deranged conception
no'pi	ind		nor, nor even
asaññī	adj	m.n.s	without perception, unconscious, unaware
na	ind		not
vibhūtasaññī.	adj	m.n.s	with vanished perception, with perception
			disappeared
evaṁ	ind		thus, this, like this, just as, such
sametassa	pp	m.dat.s	for attained, come to, arrived at (a state of being)
vibhoti	V	pr.3.s	ceases, vanishes, disappears, stops existing
rūpaṁ	n	nt.n.s	matter, material form
saññā-	n	f	perception, conception, recognition
nidānā	adj	f.n.s	originating from, caused by, founded on
hi	ind		indeed
papañcasaṅkhā.	n	f.n.s	proliferation of concepts, conceptual proliferation

Not with normal perception, not with distorted perception, nor even with nonperception, not with vanished perception. Material form is cease for one who attained thus. Proliferation of concepts has perception as its cause.

### Snp 22 [v 333]

uṭṭhahatha nisīdatha, ko attho supitena vo, āturānañ'hi kā niddā, sallaviddhāna ruppataṁ.

uṭṭhahatha	V	imp.2.pl	get up! get out of bed! arouse oneself!
nisīdatha	V	imp.2.pl	sit!
ko	pn	m.n.s	who? what? which?
attho	n	m.n.s	benefit, profit, good, welfare, goal
supitena	n	nt.ins.s	with sleep
vo;	pn	2.dat.pl	to you all, for you all
āturānañ'hi	adj	m.dat.pl	for sick, diseased, ill, unhealthy
kā	pn	f.n.s	what? which?
niddā,	n	f.n.s	sleep
sallaviddhānaṁ	adj	m.dat.pl	for pierced by an arrow
ruppataṁ.	prp	m.dat.pl	for being hurt, being oppressed, suffering

# Get up! Sit up! What benefit for you in sleeping? What sleep for the afflicted, for those pierced by an arrow, for those being oppressed?

### Snp 22 [v 334]

uṭṭhahatha nisīdatha, daļhaṁ sikkhatha santiyā, mā vo pamatte viññāya, maccurājā amohayittha vasānuge.

uṭṭhahatha	V	imp.2.pl	get up! get out of bed! arouse oneself!
nisīdatha	V	imp.2.pl	sit!
daḷhaṁ	ind		firmly, strongly, unwaveringly
sikkhatha	V	imp.2.pl	train! (for the purpose of), practice! (for the sake of)
santiyā;	V	f.dat.s	for peace, calm, tranquillity
mā	ind		do not, may one not, don't let
V0	pn	2.ac.pl	you all
pamatte	pp	m.ac.pl	careless, heedless, negligent, inattentive
viññāya,	V	ger	knowing, understanding, being conscious (of)
maccurājā	n	m.n.s	King of Death

amohayittha	V	aor.2.pl	confused, misled, misguided, deceived
vasānuge.	adj	m.ac.pl	obedient to, subservient to, under the control of,
			subject to

## Get up! Sit up! Practice firmly for the sake of peace! Don't let the King of Death, knowing you heedless, deceive you under his control.

### Snp 22 [v 335]

yāya devā manussā ca, sitā tiṭṭhanti atthikā, tarath'etaṁ visattikaṁ, khaṇo vo mā upaccagā, khaṇ'ātītā hi socanti, nirayamhi samappitā.

yāya	pn	f.ins.s	by whichever, with which (woman)
devā	n	m.n.pl	deities
manussā	n	m.n.pl	people, human beings
ca	ind		and
sitā	pp	m.n.pl	bound, tied to, attached to
tiṭṭhanti	V	pr.3.pl	they last, remain, persist, lit. stand
atthikā;	adj	m.n.pl	wanting, needing, desiring, seeking
taratha-	V	imp.2.s	cross over! go through!
etaṁ	pn	f.ac.s	this, this thing (subject)
visattikaṁ	n	f.ac.s	attachment, entanglement, ensnarement
khaṇo	n	m.n.s	moment, instant, point in time
V0	pn	2.dat.pl	to you all, for you all
mā	ind		do not, may one not, don't let
upaccagā	V	imper.3.s	it passed by, it escaped
khaņ'ātītā	adj		who has missed the chance, who lost the
			opportunity, lit. moment passed by
hi	ind		indeed
socanti	V	pr.3.pl	they sorrow, grief, mourn
nirayamhi	n	m.loc.s	in hell, lit. gone down
samappitā.	pp	m.n.pl	ended up (in), consigned (to), delivered (to),
			committed (to)

Cross over this attachment, by which deities and humans remain bound and desiring. Do not let the moment passed by you. Indeed who has missed the chance they sorrow, ended up in hell.

Snp 22 [v 336]

pamādo rajo pamādo, pamād'ānupatito rajo, appamādena vijjāya, abbahe sallam'attano'ti.

pamādo	n	m.n.s	carelessness, negligence, heedlessness
rajo	n	m.n.s	(mental) impurity, defilement, lit: dust
pamādo	n	m.n.s	carelessness, negligence, heedlessness
pamāda-	n		carelessness, negligence, heedlessness
anupatito	pp	m.n.s	fallen (into), immersed (in), afflicted (with),
			stricken (by), following, accompanying
rajo	n	m.n.s	(mental) impurity, defilement, lit: dust
appamādena	n	m.ins.s	by carefulness, caution, vigilance, diligence,
			conscientiousness, heedfulness, lit. not heedless
vijjāya	n	f.ins.s	by knowledge, wisdom, understanding
abbahe	V	opt.3.s	should pull out, should pluck out, should extract
sallaṁ-	n	m.ac.s	(any sharp pointed object which causes pain) arrow,
			spike, dagger, dart, barb
attano'ti.	n	m.gen.s	of self, of oneself, one's own, my own

# Heedlessness is defilement, defilement follows upon heedlessness. By heedfulness and wisdom one should pull out one's own arrow.

## [Dhp 212]

piyato jāyatī soko, piyato jāyatī bhayam, piyato vippamuttassa, n'atthi soko kuto bhayam.

n	m.abl.s	from love, affliction
V	pr.3.s	arises, is produced
n	m.n.s	grief, sorrow, sadness
n	m.abl.s	from love, affliction
V	pr.3.s	arises, is produced
n	nt.n.s	fear, fright, terror, dismay
n	m.abl.s	from love, affliction
pp	m.dat.s	for freed (from), released (from), saved (from)
V	pr.3.s	is not, it is not, there is not, there is no
n	m.n.s	grief, sorrow, sadness
ind		let alone, not to mention, what to say of
	v n n v n n pp v n	v pr.3.s n m.n.s n m.abl.s v pr.3.s n nt.n.s n m.abl.s v pr.3.s n m.abl.s pp m.dat.s v pr.3.s

bhayam n nt.n.s fear, fright, terror, dismay

# From affliction arises grief, from affliction arises fear. For one who released from affliction there is no grief, not to mention fear.

#### [MN 107]

tiṭṭhat'eva nibbānam, tiṭṭhati nibbānagāmī maggo, maggakkhāyī'ham tathāgato

tiṭṭhati-	V	pr.3.s	lasts, remains, persists, exists, lit. stand
eva	ind		only, just, so, even
nibbānam,	n	nt.n.s	going out (of a lamp), extinguishing (of a fire),
			quenching
tiṭṭhati	V	pr.3.s	lasts, remains, persists, exists, lit. stand
nibbānagāmī	adj	m.n.s	leading to putting out the fire, conducive to Nibbāna
maggo,	n	m.n.s	road, path, track, way
maggakkhāyī-	adj	m.n.s	one who shows a path, announcing the way
ahaṁ	pn	1.n.s	I
tathāgato	n	m.n.s	the Such Become, Realised, being in such a state

# Extinguishing is exists, the path leading to putting out the fire is exists, I am the Such Become who announcing the way.

[Dhp 276]

tumhehi kiccam'ātappam

tumhehi	pn	m.ins.pl	by you (all)
kiccam-	ptp	nt.n.s	should be made, ought to be done
ātappaṁ	n	nt.n.s	effort, exertion

### By you effort should be made.

### [MN 19]

yam, bhikkhave, satthārā karaṇīyam sāvakānam hitesinā anukampakena anukampam upādāya, katam vo tam mayā.

yam pn m.ac.s whatever

satthārā	n	m.ins.s	by the teacher, with the master
karaṇīyaṁ	ptp	m.ac.s	should be done, must be done, ought to be made
sāvakānaṁ	n	m.dat.pl	for disciples, pupils, lit. hearers
hitesinā	adj	m.ins.s	by well wishing, desiring another's welfare
anukampakena	adj	m.ins.s	by compassionate, kind
anukampaṁ	n	f.ac.s	compassion, pity
upādāya	ind		referring (to), on account (of), because (of), out of
kataṁ	pp	m.ac.s	done
VO	pn	2.dat.pl	to you all, for you all
taṁ	pn	m.ac.s	that
mayā	pn	1.ins.s	by me

Whatever should be done by well wishing kind teacher out of compassion for disciples, that was done for you by me.

etāni, bhikkhave, rukkhamūlāni, etāni suññāgārāni. jhāyatha, bhikkhave, mā pamād'attha, mā pacchā vippaṭisārino ahuvattha. ayaṁ vo amhākaṁ anusāsanī'ti.

etāni	pn	nt.n.pl	these
rukkhamūlāni	n	nt.n.pl	foots of a trees, bases of a trees
etāni	pn	nt.n.pl	these
suññāgārāni	n	nt.n.pl	empty dwellings, uninhabited places
jhāyatha	V	imp.2.pl	meditate!, contemplate!
mā pamād'attha	ind+	m+imp	don't be negligent!
mā	ind		do not, may one not, don't let
pacchā	ind		afterwards, later, in the future
vippațisārino	adj	m.n.pl	remorseful, regretful, sorry
ahuvattha.	V	aor.2.pl	you all were
ayaṁ	n	f.n.s	this
VO	pn	2.dat.pl	to you all, for you all
amhākaṁ	pn	1.gen.pl	our, of us (royal plural)
anusāsanī'ti	n	f.n.s	advice, instruction, teaching

There are these foots of a tree, there are these empty dwellings. Meditate! Don't be negligent! Don't be remorseful afterwards! This is my instruction for you.

#### **A SINGLE EXCELLENT NIGHT**

Bhadd'eka-ratta [Mn 131]

atītam n'ānvāgameyya, nappaṭikankhe anāgatam. yad-atītam pahīnan tam, appattañ ca anāgatam.

atītaṁ	adj	nt.ac.s	past, gone past
n'ānvāgameyya	V	opt.3.s	could not follow; should not return, chase after, run
			back
nappaṭikaṅkhe	V	opt.3.s	could not wishe for, should not long for, live in
			expectation, place expectations
anāgataṁ	n	nt.ac.s	future, lit. not come
yad	pn	nt.ac.s	whichever, whatever, that which (object)
atītam-	n	nt.ac.s	past
pahīnaṁ	pp	nt.ac.s	abandoned, dispelled, eliminated, removed,
			given up
taṁ	pn	nt.ac.s	that
appattaṁ-	pp	nt.ac.s	not attained, not reached, not gained, not found
ca	ind		and
anāgataṁ	n	nt.ac.s	future, lit. not come

# One should not follow the past, one should not wishe for the future. Whatever past that given up, future - not (yet) attained.

paccuppannañ'ca yaṁ dhammaṁ, tattha tattha vipassati. asaṁhiraṁ asaṅkuppaṁ, taṁ vidvā m-anubrūhaye.

paccuppannañ-	adj	m.ac.s	present, existing, current
ca	ind		and
yaṁ	pn	m.ac.s	whatever, whichever, that which
dhammaṁ	n	m.ac.s	mental state
tattha tattha	ind		in each and every case, lit. there and there
	ind		right there, here and now, lit. there and there
vipassati	V	pr.3.s	sees deeply (into), sees in detail, understands with
			insight

asaṁhiraṁ	adj	m.ac.s	immovable, unconquerable, irrefutable
asaṅkuppaṁ	adj	m.ac.s	not to be shaken; immovable; steady
taṁ	pn	m.ac.s	that
vidvā	m	m.n.s	wise
m-anubrūhaye	V	opt.3.s	should foster, nurture, develop, lit. cause to
			increase

# And whoever present state right there one (should) understand with insight. Immovable, unshakable. That (state) the wise should develop.

ajj'eva kiccam'ātappam, ko jaññā maraṇam suve. na hi no sangaran'tena, mahā-senena maccunā.

ajja-	ind		today, now
eva	ind		only, just, so, even
kiccam-	ptp	nt.n.s	should be made, ought to be done
ātappaṁ	n	nt.n.s	effort, exertion
ko	pn	m.n.s	who? what? which?
jaññā	V	opt.3.s	could know, must understand
maraṇaṁ	n	nt.ac.s	death
suve	ind		tomorrow
na	ind		not
hi	ind		indeed, certainly, truly, definitely
no	ind		then, now, indeed
saṅgaran-	n		promise, agreement
tena	pn	m.ins.s	with him, with that, by that
mahā-	adj		great, large, powerful, grand, vast, extensive
senena	n	m.ins.s	with army
maccunā	n	m.ins.s	with death, Death, Mara

Just today effort should be made. Who could know, death (may come) tomorrow. Indeed there is no agreement with Death and (his) great army.

evam vihārim'ātāpim, ahorattam'atanditam. tam ve bhadd'eka-ratto'ti, santo ācikkhate muni.

evaṁ	ind		thus, this, like this, just as, such
vihārim-	adj	m.ac.s	who lives (in a state of), living
ātāpiṁ	adj	m.ac.s	ardent, zealous, with continuous effort, lit. burning
ahorattam-	n	nt	day and night
atanditaṁ	adj	m.ac.s	energetic, effortful, active, alert, lit. not lazy
taṁ	pn	m.ac.s	that, him
ve	ind		indeed, truly, really
bhadda-	adj		good, lucky, auspicious
eka-	adj		one
ratto-	n		night
ti –	ind		<i>(63)</i>
santo	adj	m.n.s	still, calm, at peace, tranquil
ācikkhate	V	opt.3.s	could tell about, describe, point out, teach
muni	n	m.n.s	monk, sage, seer, hermit, silent sage

Thus staying ardent day and night effortful – he (have) indeed auspicious night – the peacefull sage could tell.

### **TEACHINGS**

#### **SETTING IN MOTION THE WHEEL OF DHAMMA**

Dhamma-cakkappavattana [sn 56.11]

dve'me bhikkhave antā pabbajitena na sevitabbā

dve-	adj	m.n.pl	two (2)
ime	pn	m.n.pl	these
antā	n	m.n.pl	ends, sides, extremes
pabbajitena	m	m.ins.s	by monk, one who has gone forth
na	ind		not
sevitabbā	pp	m.n.pl	should be associated with, affiliated, pursued
			with

# Monks there are these two extremes that should not be pursued by one who has gone forth

yo c'āyam kāmesu kāma-sukh'allik'ānuyogo hīno gammo pothujjaniko anariyo anattha-sañhito,

yo	pn	m.n.s	whatever
c'āyaṁ	pn	m.n.s	and this
kāmesu	n	m.loc.pl	in pleasures, sensual pleasures, in sensuality
kāmasukha-	n		comfort of sense pleasures, happiness of sense
			pleasure
allika-	?	?	clinging to, sticking to
anuyogo	n	m.n.s	praxis, practice of, devotion to, pursuit of, doing
hīno	adj	m.n.s	low, inferior, deficient
gammo	adj	m.n.s	vulgar, common, lit. of the village
pothujjaniko	adj	m.n.s	common, ordinary, coarse, lit. belonging to the
			ordinary man
anariyo	adj	m.n.s	ignoble, vulgar, coarse
anattha-sañhito	adj	m.n.s	unprofitable, pointless, not connected to goal

That is whatever is pursuit for happiness of sense pleasure withing sensuality which is low, common, ordinary, ignoble and pointless.

yo c'āyam atta-kilamath'ānuyogo dukkho anariyo anattha-sañhito.

yo	pn	m.n.s	whatever
c'āyaṁ	pn	m.n.s	and this
atta-kilamath'ānuyogo		adj m.n.s	connected with self-mortification
dukkho	adj	m.n.s	uncomfortable, painful, unpleasant
anariyo	adj	m.n.s	ignoble, vulgar, coarse
anattha-sañhito	adj	m.n.s	unprofitable, pointless, not connected to goal

# And there is whatever is connected with self-mortification, which is painful, ignoble and pointless.

ete kho, bhikkhave, ubho ante anupagamma majjhimā paṭipadā tathāgatena abhisambuddhā

ete	pn	m.ac.pl	these
kho	ind		indeed
ubho	pn	m.ac.pl	both
ante	n	m.ac.pl	ends, sides, extremes
anupagamma	V	ger	avoiding, not going near, lit. not approaching
majjhimā	adj	f.n.s	middle
paṭipadā	n	f.n.s	way, path of progress, path of practice
tathāgatena	n	m.ins.s	by the Such Become, Realised
abhisambuddhā	pp	f.n.s	realised (by), discovered (by)

# Monks avoiding both of these extremes, there is the middle way of practice, realised by the Such Become.

cakkhukaraṇī ñāṇa-karaṇī upasamāya abhiññāya sambodhāya nibbānāya samvattati

cakkhukaraṇī	adj	f.n.s	which produces vision
ñāṇakaraṇī	adj	f.n.s	which produces understanding
upasamāya	n	m.dat.s	for calmness, peace, tranquillity
abhiññāya	n	f.dat.s	for direct knowledge, higher understanding

sambodhāya	n	m.dat.s	for enlightenment, full awakening, perfect
			understanding
nibbānāya	n	nt.dat.s	for going out (of a lamp), extinguishing (of a
			fire), quenching
saṁvattati	V	pr.3.s	leads (to)

Which produces vision, produces understanding, leading to calmness, to higher understanding, to enlightenment, to extinguishing.

katamā ca sā bhikkhave majjhimā paṭipadā

#### And what bhikkhus is that middle way of practice?

ayam-eva ariyo aṭṭhaṅgiko maggo seyyathīdaṁ — sammā-diṭṭhi sammā-saṅkappo sammāvācā sammā-kammanto sammā-ājīvo sammā-vāyāmo sammā-sati sammā-samādhi

ayam-	pn	m.n.s	this
eva	ind		only, just, so, even
ariyo	adj	m.n.s	noble, distinguished
aṭṭhaṅgiko	adj	m.n.s	with with eight parts; eight-limbed, eight-fold
maggo	n	m.n.s	road, path, track
seyyathīdaṁ	ind		as follows, i.e.
sammādiţţhi	n	f.n.s	correct outlook, right view
sammāsaṅkappo	n	m.n.s	correct intention, right thoughts
sammāvācā	n	f.n.s	correct speech
sammākammanto	n	m.n.s	correct behaviour, right actions
sammāājīvo	n	m.n.s	correct livelihood
sammāvāyāmo	n	m.n.s	correct effort
sammāsati	n	m.n.s	correct awareness, right mindfulness
sammāsamādhi.	n	m.n.s	correct composure, stability of mind

this is the noble eight-fold path, as follows: right view, right intention, right speech, right actions, right livelihood, right effort, right mindfulness, right stability of mind.

ayam kho sā bhikkhave majjhimā paṭipadā tathāgatena abhisambuddhā

Monks, this is the middle way of practice, realised by the Such Become.

cakkhu-karaṇī ñāṇa-karaṇī upasamāya abhiññāya sambodhāya nibbānāya samvattati

# Which produces vision, produces understanding, leading to calmness, to higher understanding, to enlightenment, to extinguishing.

idam kho pana bhikkhave dukkham ariya-saccam

### Monks, this is the noble truth of suffering.

jātipi dukkhā, jarāpi dukkhā, byādhipi dukkho, maraṇampi dukkhaṁ, soka-parideva-dukkha-domanassupāyāsāpi dukkhā

jāti	n	f.n.s	birth, rebirth, conception
pi	ind		also, and also, even so
dukkhā,	adj	f.n.s	uncomfortable, painful, unpleasant, causing
			misery
jarā	n	f.n.s	old age, growing old, decay, ageing
pi	ind		also, and also, even so
dukkhā,	adj	f.n.s	uncomfortable, painful, unpleasant, causing
			misery; unsatisfactory
byādhi-	n	m.n.s	sickness, disease, lit. upset
pi	ind		also, and also, even so
dukkhā,	adj	f.n.s	uncomfortable, painful, unpleasant, causing
			misery; unsatisfactory
maraṇaṁ	n	nt.n.s	death
pi	ind		also, and also, even so
dukkhaṁ,	adj	nt.n.s	uncomfortable, painful, unpleasant;
			unsatisfactory
soka-	n		grief, sorrow, sadness
parideva-	n		mourning, lament, wail, cry
dukkha-	n		discomfort, suffering, pain, unease,
			something unsatisfactory, problem, trouble
domanassa-	n		(mental) suffering, distress, dissatisfaction

upāyāsā	n	m.n.pl	irritation, mental disturbance, mental
			affliction
pi	ind		also, and also, even so
dukkhā,	adj	f.n.s	uncomfortable, painful, unpleasant;
			unsatisfactory

birth is suffering, ageing is suffering, sickness is suffering, death is suffering, grief, mourning, pain, distress, mental affliction is suffering.

appiyehi sampayogo dukkho,

appiyehi	adj	m.ins.pl	with not dear, unloved, disliked
sampayogo	n	m.n.s	connection, contact with, association,
			affiliation, interaction
dukkho,	adj	m.n.s	uncomfortable, painful, unpleasant, causing
			misery; unsatisfactory

### association with the disliked is suffering

piyehi vippayogo dukkho

piyehi	adj	m.ins.pl	with dear, beloved, lovely
vippayogo	n	m.n.s	separation, detachment, breakup (of a
			relationship)
dukkho,	adj	m.n.s	uncomfortable, painful, unpleasant, causing
			misery; unsatisfactory

## separation with dears is suffering

yampiccham na labhati tampi dukkham

yam-(p)-icchaṁ		m.ac.s	that with desiring
>yaṁ	pron.	m.ac.s	which, that which, who, one who
>icchaṁ	adj	m.ac.s	wishing for, desiring, wanting
na	ind		not
labhati	V	pr.3.s	gets, receives, obtains
tam'pi	pn	m.ac.s	that too, even that, just that, that very thing

dukkhaṁ	adj	nt.n.s	uncomfortable, painful, unpleasant
			unsatisfactory

### Not getting what is desiring is also suffering

sankhittena pancupadanakkhandha dukkha

saṅkhittena	ind	adv	in brief, concisely, briefly
pañca-	adj		five (5)
upādāna-	n		acquisition, grasping, clinging; fuel (for fire)
khandhā	n	m.n.pl	aggregates, combinations, conglomerations
dukkhā	adj	f.n.s	uncomfortable, painful, unpleasant,
			unsatisfactory

## In brief the five aggregates of clinging are suffering

idam kho pana bhikkhave dukkha-samudayo ariya-saccam

## Monks this is the noble truth of the origin of suffering.

yā'yam taṇhā ponobbhavikā nandi-rāga-sahagatā tatra-tatrābhinandinī seyyathīdam kāma-taṇhā bhava-taṇhā vibhava-taṇhā

yā-	pn	f.n.s	whatever, that which
ayaṁ	pn	f.n.s	this
taṇhā	n	f.n.s	craving, wanting, desire, lit. thirst
ponobbhavikā	adj	f.n.s	repeated existence, leading to rebirth
nandi-rāga-	n		delight and desire
sahagatā	adj	f.n.s	connected (with), associated (with), lit. going (with)
tatra-tatra-	ind		here and there, everywhere
abhinandinī	adj	f.n.s	taking delight (in), getting pleasure (from) thoroughly
			enjoying, relishing
seyyathīdaṁ	ind		i.e., as follows, lit. (like) that like this
kāmataņhā	n	f.n.s	craving for sensual pleasure
bhavataṇhā	n	f.n.s	craving for becoming, craving for existence
vibhavataṇhā	n	f.n.s	craving for non-existence, craving for annihilation

It is this craving which leads to rebirth connected with delight and lust, thoroughly enjoying here and there, as follows - craving for sensuality, craving for becoming, craving for non-becoming.

idam kho pana bhikkhave dukkha-nirodho ariya-saccam

### Monks, this is the noble truth of the cessation of suffering.

yo tassāyeva tanhāya asesa-virāga-nirodho cāgo patinissaggo mutti anālayo

yo	pn	m.n.s	whatever, that which
tassā-y-eva	idiom		of that very, of that exact, of that
taṇhāya	n	f.gen.s	of craving, wanting, desire, lit. thirst
asesa-virāga-nirod	ho	n m.n.s	complete fading away and ending, remainderless
			dispassion and cessation
cāgo	n	m.n.s	giving up, relinquishing, abandoning
paṭinissaggo	n	m.n.s	giving up, relinquishing, dropping, abandoning
mutti	n	f.n.s	liberation, freedom, emancipation, release
anālayo	n	m.n.s	non-clinging, non-attachment

It is the complete fading away and ending of that very craving its relinquishing, letting go, release and non-clinging.

idam kho pana bhikkhave dukkha-nirodha-gāminī-paṭipadā ariya-saccam

### Monks, this is the noble truth of the way leading to the cessation of suffering.

ayam-eva ariyo aṭṭh'aṅgiko maggo seyyathīdaṁ sammā-diṭṭhi sammā-saṅkappo sammā-vācā sammā-kammanto sammā-ājīvo sammā-vāyāmo sammā-sati sammā-samādhi

this is the noble eightfold path, as follows: right view, right intention, right speech, right actions, right livelihood, right effort, right mindfulness, right stability of mind.

idam dukkham ariya-saccan-ti me bhikkhave pubbe ananussutesu dhammesu cakkhum udapādi ñāṇam udapādi paññā udapādi vijjā udapādi āloko udapādi

idaṁ	pn	nt.n.s	this
dukkhaṁ	n	nt.ac.s	discomfort, suffering, pain, unease, something
			unsatisfactory, problem, trouble
ariyasaccam'ti	n	nt.n.s	truth of the Buddha, noble truth
me	pn	1.dat.s	to me, for me
pubbe	ind		before, previously, formerly, in the past
ananussutesu	adj	m.loc.pl	with regard to not heard
dhammesu	n	m.loc.pl	with regard to things
cakkhuṁ	n	nt.n.s	seeing, power of seeing; vision
udapādi	V	aor.3.s	arose, sprung up
ñāṇaṁ	n	nt.n.s	knowledge, understanding, insight
udapādi	V	aor.3.s	arose, sprung up
paññā	n	f.n.s	wisdom, knowledge, intelligence, intellect,
			understanding, insight
udapādi	V	aor.3.s	arose, sprung up
vijjā	n	f.n.s	knowledge, wisdom, understanding
udapādi	V	aor.3.s	arose, sprung up
āloko	n	m.n.s	light, brightness, clarity
udapādi	V	aor.3.s	arose, sprung up

"This is the noble truth of suffering." Monks, in regard to things unheard of before vision arose insight arose wisdom arose knowledge arose light arose to me.

tam kho pan'idam dukkham ariya-saccam pariñneyyan-ti

taṁ	pn	nt.n.s	that
kho	ind		indeed, surely, certainly, truly
pana-	ind		moreover, and now, but
idaṁ	pn	nt.n.s	this
dukkhaṁ	n	nt.ac.s	discomfort, suffering, pain, unease, something
			unsatisfactory, problem, trouble
ariya-saccaṁ	n	nt.n.s	truth of the Buddha, noble truth
pariññeyyan'ti	ptp	nt.n.s	should be completely comprehended, should be fully
			understood

#### Indeed now this noble truth of suffering should be completely understood.

tam kho pan'idam dukkham ariya-saccam pariññātan-ti

taṁ	pn	nt.n.s	that
kho	ind		indeed, surely, certainly, truly
pana-	ind		moreover, and now, but
idaṁ	pn	nt.n.s	this
dukkhaṁ	n	nt.ac.s	discomfort, suffering, pain, unease, something
			unsatisfactory, problem, trouble
ariya-saccaṁ	n	nt.n.s	truth of the Buddha, noble truth
pariññātan'ti	pp	nt.n.s	completely comprehended, fully understood

### Indeed now this noble truth of suffering has been completely understood.

idam dukkha-samudayo ariya-saccan-ti me bhikkhave pubbe ananussutesu dhammesu cakkhum udapādi ñāṇam udapādi paññā udapādi vijjā udapādi āloko udapādi

"This is the noble truth of the origin of suffering." Monks, in regard to things unheard of before vision arose insight arose wisdom arose knowledge arose light arose to me.

tam kho pan'idam dukkha-samudayo ariya-saccam pahātabban-ti

pahātabban'ti ptp nt.n.s should be given up, should be abandoned

#### Indeed now this noble truth of the origin of suffering should be abandoned.

tam kho pan'idam dukkha-samudayo ariya-saccam pahīnan-ti

pahīnan'ti pp nt.n.s abandoned, dispelled, eliminated, removed, given up

#### Indeed now this noble truth of the origin of suffering has been abandoned.

idam dukkha-nirodho ariya-saccan-ti me bhikkhave pubbe ananussutesu dhammesu cakkhum udapādi ñāṇam udapādi paññā udapādi vijjā udapādi āloko udapādi

"This is the noble truth of the cessation of suffering." Monks, in regard to things unheard of before vision arose insight arose wisdom arose knowledge arose light arose to me.

tam kho pan'idam dukkha-nirodho ariya-saccam sacchi-kātabban-ti

sacchi- ind personally, lit. see for oneself

kātabban'ti ptp nt.n.s should be done, must be done, ought to be made

Indeed now this noble truth of the cessation of suffering should be experienced directly.

tam kho pan'idam dukkha-nirodho ariya-saccam sacchikatan-ti

sacchikatan'ti pp nt.n.s personally experienced, personally realized

Indeed now this noble truth of the origin of suffering has been personally experienced.

idam dukkha-nirodha-gāminī-paṭipadā ariya-saccan-ti me bhikkhave pubbe ananussutesu dhammesu cakkhum udapādi ñāṇam udapādi paññā udapādi vijjā udapādi āloko udapādi.

"This is the noble truth of the way leading to the cessation of suffering." Monks, in regard to things unheard of before vision arose insight arose wisdom arose knowledge arose light arose to me.

tam kho pan'idam dukkha-nirodha-gāminī-paṭipadā ariya-saccam bhāvetabban-ti

bhāvetabban'ti ptp nt.n.s should be cultivated, should be developed

Indeed now this noble truth of the cessation of suffering should be developed.

tam kho pan'idam dukkha-nirodha-gāminī-paṭipadā ariya-saccam bhāvitan-ti

bhāvitan'ti pp nt.n.s cultivated, developed, lit. caused to be

Indeed now this noble truth of the origin of suffering has been developed.

yāva-kīvañ-ca me bhikkhave imesu catūsu ariya-saccesu evan-ti-parivaṭṭaṁ dvādasʾākāraṁ yathā-bhūtaṁ ñāṇa-dassanaṁ na suvisuddhaṁ ahosi

yāvakīvañ'ca	ind		and as long as
me	pn	1.gen.s	my
imesu	pn	nt.loc.pl	in these
catūsu	adj	nt.loc.pl	in four
ariyasaccesu	n	nt.loc.pl	truth of the Buddha, noble truth
evaṁ-	ind		thus, this, like this, just as, such
ti-parivaṭṭaṁ	n	nt.ac.s	three circles
dvādasa-	adj		twelve (12)
ākāraṁ	n	m.ac.s	way, manner, method, lit. way of making
yathābhūtaṁ	adj	nt.n.s	as it is, in reality, lit. like it has become
ñāṇadassanaṁ	n	nt.n.s	total understanding, knowing and seeing, knowledge
			and vision
na	ind		not
suvisuddhaṁ	adj	nt.n.s	well cleansed, perfectly purified, completely pure
ahosi	V	aor.3.s	it was

Monks, as long as my knowledge and understanding, as it actually is, with regard to these four noble truths with their three circles and twelve methods, was not perfectly purified,

n'eva tāvāham bhikkhave sadevake loke samārake sabrahmake sassamaṇa-brāhmaṇiyā pajāya sadeva-manussāya anuttaram sammā-sambodhim abhisambuddho'ti paccaññāsim

n'eva	ind		not even, not only
tāva-	ind		that much, as long as, to that extent, until, at least
ahaṁ	pn	1.n.s	I
sadevake	adj	m.loc.s	in with devas, with gods
loke	n	m.loc.s	in the world
samārake	adj	m.loc.s	with mara(s)
sabrahmake	adj	m.loc.s	including gods, with Brahmā(s)
sassamaņa-brāhmaņiyā adj		adj f.l	oc.s with recluse(s) and priest(s)
pajāya	n	f.loc.s	in population, generation, mankind

with kings and commoners, with gods and sadevamanussāya adj m.loc.s men anuttaram adj f.ac.s highest (of), unsurpassed (by), incomparable (to), superior (to) sammā-sambodhim perfect awakening n f.ac.s abhisambuddho'ti pp completely realised, discovered, lit. woken up to m.n.s I admitted, I claimed paccaññāsiṁ v aor.1.s

That long, I did not claim that I perfectly understood the unsurpassed perfect awakening, in this world with devas, Māras and Brahmas, among population with its priests and renunciants, kings and commoners

yato ca kho me bhikkhave imesu catūsu ariya-saccesu evan-ti-parivaṭṭaṁ dvādas'ākāraṁ yathā-bhūtaṁ ñāṇa-dassanaṁ suvisuddhaṁ ahosi

yato ind from where, whence, since, because, as soon as ca ind but

Monks, but as soon as my knowledge and understanding, as it actually is, with regard to these four noble truths with their three circles and twelve methods, was perfectly purified,

ath'āhaṁ bhikkhave sadevake loke samārake sabrahmake sassamaṇa-brāhmaṇiyā pajāya sadeva-manussāya anuttaraṁ sammā-sambodhiṁ abhisambuddho paccaññāsiṁ

atha- ind then, also, and so, after that

Than, I did claim that I perfectly understood the unsurpassed perfect awakening, in this world with devas, māras and brahmas, amongst population with its priests and renunciants, kings and commoners.

ñāṇañ'ca pana me dassanaṁ udapādi - akuppā me vimutti, ayam-antimā jāti, n'atthidāni punabbhavo'ti

ñāṇañ'can nt.n.s and knowledge, understanding, insightpana ind moreover, and now, but

me	pn	1.dat.s	to me
dassanaṁ	n	nt.n.s	insight, realization, spiritual vision
udapādi	V	aor.3.s	arose, sprung up
akuppā	adj	f.n.s	unshakable, unwavering, unassailable
me	pn	1.gen.s	my
vimutti,	n	f.n.s	freedom, liberation
ayaṁ-	pn	f.n.s	this
antimā	adj	f.n.s	very last, final, ultimate
jāti,	n	f.n.s	birth, rebirth
n'atthi-	V	pr.3.s	there is not
dāni	ind		now, at this moment
punabbhavo'ti	n	m.n.s	appearing again, renewed existence, further becoming

Knowledge and vision arose to me - my freedom is unshakable, this is my last birth, now there is no further becoming.

#### **ANUPUBBA-SIKKHĀ**

### The Gradual Training

[MN 27 / 38 / 51]

gahapati vā gahapatiputto vā aññatarasmim vā kule paccājāto. so tam dhammam sutvā tathāgate saddham paṭilabhati. so tena saddhāpaṭilābhena samannāgato iti paṭisañcikkhati:

gahapati	n	m.n.s	householder, landowner, lit. house master
vā	ind		or
gahapati-putto	n	m.n.s	householder's son
vā	ind		or
aññatarasmiṁ	pn	m.loc.s	in a certain, a
vā	ind		or
kule	n	m.loc.s	in family, house, household
paccājāto.	pp	m.n.s	reborn, came to a new existence

# Householder or householder's son, or one who came to a new existence in a certain family.

SO	pn	m.n.s	he
taṁ	pn	m.ac.s	that
dhammaṁ	n	m.ac.s	Teaching
sutvā	V	abs	having heard, having listened
tathāgate	n	m.loc.s	in the Such Become, Realised
saddhaṁ	n	f.ac.s	faith, confidence
paṭilabhati.	V	pr.3.s	obtains, receives, gets

### Having heard the Teaching he obtains confidence in the Such Become.

SO	pn	m.n.s	he
tena	pn	m.ins.s	with that, by that
saddhā-	n		faith, confidence
paṭilābhena	n	m.ins.s	with personal acquisition (of), obtaining (of),
			gaining (of)
samannāgato	adj	m.n.s	possessing, endowed (with), having
iti	ind		thus, this is, and so
paṭisañcikkhati	V	pr.3.s	reflects, considers

#### Possessing that confidence, he considers thus:

'sambādho gharāvāso rajopatho abbhokāso pabbajjā. nayidam sukaram agāram ajjhāvasatā ekantaparipuṇṇam ekantaparisuddham sankhalikhitam brahmacariyam caritum.

'sambādho	adj	m.n.s	oppressive, crowded, inconvenient.
gharāvāso	n	m.n.s	living in a household; household life; family life.
rajo-patho	adj	m.n.s	dusty, dirty, lit: condition of dust, state of dirt
abbhokāso	n	m.n.s	open space, open air
pabbajjā.	n	f.n.s	ordination, renunciation
na-y-idaṁ	pn	nt.nom.s	this is not
sukaraṁ	adj	nt.nom.s	easily done, easy to do
agāraṁ	n	nt.ac.s	dwelling, building, house, hut
ajjhāvasatā	prp	m.ins.s	by living, inhabiting
ekanta-	adj		absolute, total, perfect, complete
paripuṇṇaṁ	pp	nt.ac.s	completed, perfected, fulfilled, accomplished
ekanta-	adj		absolute, total, perfect, complete
parisuddhaṁ	pp	nt.ac.s	clean, pure, bright
saṅkha-likhitaṁ	adj	nt.ac.s	polished like mother-of-pearl, bright, perfect
brahmacariyam	n	nt.ac.s	spiritual path, holy life, celibacy
caritum.	V	inf	to act, to behave, to live

Household life is crowded and dusty, renunciation is an open air. It is not easy, by living in the house, to lead the holy life absolutely perfect, completely pure and polished like mother-of-pearl.

yan'nūn'āham kesamassum ohāretvā kāsāyāni vatthāni acchādetvā agārasmā anagāriyam pabbajeyyan'ti.

yannūnāhaṁ	ind		what if I, maybe I should, let me
kesamassum	n	nt.ac.s	hair and beard
ohāretvā	V	abs	having shaved, lit. having caused to take down
kāsāyāni	adj	nt.ac.pl	brownish, colour of Buddhist monks' robes
vatthāni	n	nt.ac.pl	clothes, robes

acchādetvā	V	abs	having dressed (in), having clothed oneself (in),
			having put on
agārasmā	n	nt.abl.s	from household life, domestic life
anagāriyaṁ	n	nt.ac.s	homelessness
pabbajeyyaṁ	V	opt.refl.1.s	would ordain as monk, could renounce the
			household life, go forth

## What if I shaving hair and beard, putting on brownish robes, could go forth from household life to the homelessness.

so aparena samayena appam vā bhogakkhandham pahāya mahantam vā bhogakkhandham pahāya appam vā ñātiparivaṭṭam pahāya mahantam vā ñātiparivaṭṭam pahāya kesamassum ohāretvā kāsāyāni vatthāni acchādetvā agārasmā anagāriyam pabbajati.

SO	pn	m.n.s	he
aparena samayena	idiom		at another time, later
appaṁ	adj	m.ac.s	short, small, insignificant
vā	ind		or
bhogakkhandhaṁ	n	m.ac.s	mass of wealth, mountain of wealth
pahāya	V	ger	leaving behind, giving up, abandoning
mahantaṁ	adj	m.ac.s	great, large, powerful, grand, mighty, vast
vā	ind		or
bhogakkhandhaṁ	n	m.ac.s	mass of wealth, mountain of wealth
pahāya	V	ger	leaving behind, giving up, abandoning
appaṁ	adj	m.ac.s	short, small, insignificant
vā	ind		or
ñātiparivaṭṭaṁ	n	m.ac.s	the circle of relations.
pahāya	V	ger	leaving behind, giving up, abandoning
mahantaṁ	adj	m.ac.s	great, large, powerful, grand, mighty, vast
vā	ind		or
ñātiparivaṭṭaṁ	n	m.ac.s	the circle of relations.
pahāya	V	ger	leaving behind, giving up, abandoning
kesamassum	n	nt.ac.s	hair and beard
ohāretvā	V	abs	having shaved, lit. having caused to take down
kāsāyāni	adj	nt.ac.pl	brownish, colour of Buddhist monks' robes
vatthāni	n	nt.ac.pl	clothes, robes

acchādetvā	V	abs	having dressed (in), having clothed oneself (in),
			having put on
agārasmā	n	nt.abl.s	from household life, domestic life
anagāriyaṁ	n	nt.ac.s	homelessness
pabbajati	V	pr.3.s	ordains as monk, renounces the household life,
			goes forth

Later leaving behind small or large mass of wealth, leaving behind small or large circle of relations, shaving hair and beard, putting on brownish robes, he goes forth from household life to the homelessness.

[MN 107]

sakkā nu kho bho gotama imasmim'pi dhammavinaye evam'eva anupubbasikkhā anupubbakiriyā anupubbapaṭipadā paññapetun"ti?

sakkā	ind	adv	it is possible
nu kho,	ind		?
bho gotama,	n	m.voc.s	master Gotama
imasmim'pi	pn	m.loc.s	in this too
dhamma-vinaye	n	m.loc.s	in Teaching and Discipline
evameva	ind		similarly, just like this
anupubba-sikkhā	n	f.n.s	gradual training
anupubba-kiriyā	n	f.n.s	gradual action
anupubba-paṭipadā	n	f.n.s	gradual practice
paññapetun"ti?	V	inf	to regulates or make a rule; makes known;
			declares; prepares, define

Is it possible, master Gotama, just like this, to define gradual training, gradual doing, gradual practice in this Teaching and Discipline?

"sakkā imasmimpi dhammavinaye anupubbasikkhā anupubbakiriyā anupubbapaṭipadā paññapetuṁ.

sakkā,	ind	adv	it is possible
imasmim'pi	pn	m.loc.s	in this too
dhamma-vinaye	n	m.loc.s	in Teaching and Discipline

anupubba-sikkhā	n	f.n.s	gradual training
anupubba-kiriyā	n	f.n.s	gradual action
anupubba-paṭipadā	n	f.n.s	gradual practice
paññapetuṁ	V	inf	to regulates or make a rule; makes known;
			declares; prepares, define

# Is it possible to define gradual training, gradual doing, gradual practice in this Teaching and Discipline.

tathāgato purisadammam labhitvā paṭhamam evam vineti.

tathāgato	n	m.n.s	the Tathagata
purisadammaṁ	n	m.ac.s	a person to be trained or converted
labhitvā	V	abs	having got; having obtained; having attained.
paṭhamaṁ	ind	adv	at first; for the first time
evaṁ	ind		like this
vineti	V	pr.3.s	trains, instructs, disciplines

## The Tathagata, having taken on a man to be tamed, first of all disciplines him like this

'ehi tvam bhikkhu sīlavā hohi pātimokkhasamvarasamvuto viharāhi ācāragocarasampanno aņumattesu vajjesu bhayadassāvī samādāya sikkhassu sikkhāpadesū'ti.

ʻehi tvaṁ,	V	imp.2.s	come you!
bhikkhu,	n	m.voc.s	o monk!
sīlavā	n	m.n.s	virtuous; observing the moral practices
hohi,	V	imp.2.s	you must be
pātimokkha-	n		a collection of precepts contained in the Vinaya
saṁvara-	n		restraint
saṁvuto	pp	m.n.s	restrained; shut; covered
viharāhi	V	imp.2.s	you must live; dwell
ācāra-	n		conduct; behaviour; practice
gocara-	n		field of work, suitable place
sampanno	pp	m.n.s	accomplished, fulfilled, completed, become,
			endowed with
aņumattesu	adj	m.loc.pl	in very small size; tiny

vajjesu	n	m.loc.pl	in faults
bhayadassāvī,	n	m.n.s	one, realising the danger
samādāya	V	abs	having accepted
sikkhassu	V	imp.ref.2.s	you must train yourself
sikkhāpadesū'"ti.	n	nt.loc.pl	in precepts; religious rules

Come you, monk, be of moral habit, you must live restrained and controlled by the precepts, you should be accomplished in behaviour and pasture, realising the danger in the slightest fault and, having accepted rules, train yourself in according to them.

[MN 51] so evam pabbajito samāno bhikkhūnam sikkhāsājīvasamāpanno pāṇātipātam pahāya pāṇātipātā paṭivirato hoti

SO	pn	m.n.s	he
evaṁ	ind		thus, this, like this, just as, such
pabbajito	pp	m.n.s	ordained, renounced
samāno	prp	m.n.s	being, existing
bhikkhūnaṁ	n	m.gen.pl	of monks
sikkhā-	n		training, practice
sājīva-	n		mode of living, lifestyle, way of life
samāpanno	pp	m.n.s	undertaken, engaged in
pāṇātipātaṁ	n	m.ac.s	killing living beings
pahāya	V	ger	leaving behind, giving up, abandoning
pāṇātipātā	n	m.abl.s	from killing living beings
paṭivirato	pp	m.n.s	abstained (from), desisted (from)
hoti	V	pr.3.s	he is

Having thus gone forth and undertaken the monks' training and way of life, abandoning the killing of living beings, he abstains from killing living beings

nihitadaņdo nihitasattho, lajjī dayāpanno sabbapāņabhūtahitānukampī viharati.

nihitadaṇḍo	adj	m.n.s	put down a stick
nihitasattho	adj	m.n.s	put down a weapon
lajj <del>ī</del>	adj	m.n.s	who has conscience, sensitive

dayāpanno	adj	m.n.s	compassionate, sympathetic, full of kindness,
			lit. accomplished in kindness
sabba-	adj		all
pāṇabhūta-	n		living beings, lit. breathing beings
hitānukampī	adj	m.n.s	compassionate for the welfare of, concerned for
			the good of
viharati.	V	pr.3.s	lives, stays, remains, continues

# With rod and weapon laid aside, conscientious, full of kindness, he abides compassionate for the welfare of all living beings.

adinnādānam pahāya adinnādānā paṭivirato hoti dinnādāyī dinnapāṭikankhī, athenena sucibhūtena attanā viharati.

adinnādānaṁ	n	nt.ac.s	theft, stealing, lit. taking what is not given
pahāya	V	ger	leaving behind, giving up, abandoning
adinnādānā	n	nt.abl.s	from theft, stealing, lit. taking what is not given
paṭivirato	pp	m.n.s	abstained (from), desisted (from)
hoti	V	pr.3.s	he is
dinnādāyī	adj	m.n.s	taking (only) what is given.
dinnapāṭikaṅkhī	adj	m.n.s	wishing for only what is given.
athenena	adj	m.ins.s	by not stealing
suci-bhūtena	adj	m.ins.s	by being clean, becoming pure
attanā	n	m.ins.s	with oneself, by oneself
viharati.	V	pr.3.s	lives, stays, remains, continues

Abandoning the taking of what is not given, he abstains from taking what is not given; taking only what is given, expecting only what is given, by not stealing he abides in purity.

abrahmacariyam pahāya brahmacārī hoti ārācārī virato methunā gāmadhammā.

abrahmacariyam	n	nt.ac.s	unchasity, uncelibacy
pahāya	V	ger	leaving behind, giving up, abandoning
brahmacārī	n	m.n.s	celibate person, one living the holy life
hoti	V	pr.3.s	he is

ārācārī	adj	m.n.s	living far from, apart
virato	pp	m.n.s	stopped, abstained (from), given up, desisted
methunā	n	m.abl.s	from sexual intercourse, sexual activity
gāmadhammā.	n	m.abl.s	from vulgar practice, vile conduct

# Abandoning uncelibacy, he is a celibate person, living apart, abstaining from the vulgar practice of sexual intercourse.

musāvādam pahāya musāvādā paṭivirato hoti saccavādī saccasandho theto paccayiko avisamvādako lokassa.

musāvādaṁ	n	m.ac.s	lying, false speech, lit. speaking falsely
pahāya	V	ger	leaving behind, giving up, abandoning
musāvādā	n	m.abl.s	from lying, false speech, lit. speaking falsely
paṭivirato	pp	m.n.s	abstained (from), desisted (from)
hoti	V	pr.3.s	he is
saccavādī	adj	m.n.s	one who speaks the truth
saccasandho	adj	m.n.s	reliable
theto	adj	m.n.s	firm; trustworthy; sure, certain
paccayiko	adj	m.n.s	trustworthy
avisaṁvādako	adj	m.n.s	not deceiving, not lying
lokassa.	n	m.dat.s	to the world

# Abandoning false speech, he abstains from false speech; he speaks truth, adheres to truth, is trustworthy and reliable, one who is not deceiving the world.

pisuṇaṁ vācaṁ pahāya pisuṇāya vācāya paṭivirato hoti, ito sutvā na amutra akkhātā imesaṁ bhedāya, amutra vā sutvā na imesaṁ akkhātā amūsaṁ bhedāya

pisuṇaṁ	adj	f.ac.s	divisive, defamatory, slanderous, backbiting
vācaṁ	n	f.ac.s	speech, words, statement
pahāya	V	ger	leaving behind, giving up, abandoning
pisuṇāya	adj	f.abl.s	from divisive, defamatory, slanderous,
			backbiting
vācāya	n	f.abl.s	from speech, words, statement
paṭivirato	pp	m.n.s	abstained (from), desisted (from)

hoti	V	pr.3.s	he is
ito	ind		from here (place)
sutvā	V	abs	having heard, having listened (to)
na	ind		not
amutra	ind		there, in such-and-such a place
akkhātā	n	m.n.s	speaker, who tells
imesaṁ	pn	m.gen.pl	of them, for those
bhedāya	n	m.dat.s	for breaking-up (of), breaking apart (of)
amutra	ind		there, in such-and-such a place
vā	ind		or
sutvā	V	abs	having heard, having listened (to)
na	ind		not
imesaṁ	pn	m.dat.pl	for them, for those
akkhātā	n	m.n.s	speaker, who tells
amūsaṁ	pn	m.gen.pl	for those, so and so
bhedāya	n	m.dat.s	for breaking-up (of), breaking apart (of)

Abandoning backbiting speech, he abstains from backbiting speech; he does not repeat elsewhere what he has heard here in order to divide those people, nor does he repeat to these people what he has heard elsewhere in order to divide those people

iti bhinnānam vā sandhātā sahitānam vā anuppadātā samaggārāmo samaggarato samagganandī samaggakaranim vācam bhāsitā hoti.

iti	ind		thus, this is, and so
bhinnānaṁ	pp	m.gen.pl	of split, split apart, broken, divided
vā	ind		or
sandhātā	n	m.n.s	reconciler, conciliator, lit. who puts together
sahitānaṁ	adj	m.gen.pl	of united, on friendly terms
vā	ind		or
anuppadātā	n	m.n.s	who increases, who gives more
samaggārāmo	adj	m.n.s	delighting in concord, enjoying peace
samaggarato	adj	m.n.s	who enjoys unity, who is fond of concord,
			who likes harmony
samagganandī	adj	m.n.s	who enjoys concord, who delights in peace
samaggakaraṇiṁ	adj	f.ac.s	peace-making

vācaṁ	n	f.ac.s	speech, words, statement
bhāsitā	n	m.n.s	speaker
hoti.	V	pr.3.s	he is

Thus he is reconciler those who are divided, a promoter of friendships, who enjoys concord, rejoices in concord, delights in concord, a speaker of peace-making words.

pharusam vācam pahāya pharusāya vācāya paṭivirato hoti, yā sā vācā nelā kaṇṇasukhā pemanīyā hadayaṅgamā porī bahujanakantā bahujanamanāpā tathārūpim vācam bhāsitā hoti.

pharusaṁ	adj	f.ac.s	(of speech) unkind, harsh, rough
vācaṁ	n	f.ac.s	speech, words, statement
pahāya	V	ger	leaving behind, giving up, abandoning
pharusāya	adj	f.abl.s	from unkind, harsh, rough
vācāya	n	f.abl.s	from speech, words, statement
paṭivirato	pp	m.n.s	abstained (from), desisted (from)
hoti	V	pr.3.s	he is
yā	pn	f.n.s	whatever, whichever
sā	pn	f.n.s	that
vācā	n	f.n.s	speech, words, statement
nelā	adj	f.n.s	polite, gentle, inoffensive, lit. without fault
kaṇṇasukhā	adj	f.n.s	easy on the ear, pleasant to hear
pemanīyā	adj	f.n.s	endearing, friendly, affectionate
hadayaṅgamā	adj	f.n.s	heart warming, from the heart, touching the
			heart, lit. going to the heart
porī	adj	f.n.s	urbane, polite, polished, refined
bahujana-kantā	adj	f.n.s	charming for multitude, pleasant for many
			people
bahujana-manāpā	adj	f.n.s	pleasant for multitude, likable for many
			people
tathārūpiṁ	adj	f.ac.s	such, so formed, of such quality
vācaṁ	n	f.ac.s	speech, words, statement
bhāsitā	n	m.n.s	speaker
hoti.	V	pr.3.s	he is

Abandoning harsh speech, he abstains from harsh speech; he is speaker of such words as are gentle, pleasing to the ear, and lovable, as go to the heart, are courteous, desired by many and agreeable to many.

samphappalāpam pahāya samphappalāpā paṭivirato hoti kālavādī bhūtavādī atthavādī dhammavādī vinayavādī, nidhānavatim vācam bhāsitā kālena sāpadesam pariyantavatim atthasamhitam.

samphappalāpaṁ	n	m.ac.s	frivolous talk, idle chatter, useless talk
pahāya	V	ger	leaving behind, giving up, abandoning
samphappalāpā	n	m.abl.s	from frivolous talk, idle chatter, useless talk
paṭivirato	pp	m.n.s	abstained (from), desisted (from)
hoti	V	pr.3.s	he is
kālavādī	n	m.n.s	who speaks at the proper time
bhūtavādī	n	m.n.s	who speaks what is true
atthavādī	n	m.n.s	who speaks what is beneficial
dhammavādī	n	m.n.s	who speaks about reality, who speaks according
			to the Teaching
vinayavādī	n	m.n.s	who speaks about the discipline, who speaks in
			accordance with the training
nidhānavatiṁ	adj	f.ac.s	worth treasuring, worth recording
vācaṁ	n	f.ac.s	speech, words, statement
bhāsitā	n	m.n.s	speaker
kālena	ind		timely, at the right moment, at a suitable time, at
			the proper time
sāpadesaṁ	adj	f.ac.s	with reason, reasonable
pariyantavatim	adj	f.ac.s	restricted, within limits, with defined purpose
atthasaṁhitaṁ.	adj	f.ac.s	profitable, meaningful, beneficial, lit. connected
			with good

Abandoning idle chatter, he abstains from idle chatter; he speaks at the right time, speaks what is true, speaks what is beneficial, who speaks according to the Teaching and the Discipline; at the right time he speaks such words as are worth recording, reasonable, moderate, and beneficial.

so bījagāmabhūtagāmasamārambhā paṭivirato hoti, ekabhattiko hoti rattūparato virato vikālabhojanā

SO	pn	m.n.s	he
bījagāma-	n		seeds, lit. seed class, seed race
bhūtagāma-	n		plants, lit. collection of beings
samārambhā	n	m.abl.s	from injuring, killing, destroying
pațivirato	pp	m.n.s	abstained (from), desisted (from)
hoti,	V	pr.3.s	he is
ekabhattiko	adj	m.n.s	who eats one meal a day; or eats in one (first)
			part of the day
hoti	V	pr.3.s	he is
rattūparato	adj	m.n.s	abstaining (from eating at) night
virato	pp	m.n.s	stopped, abstained (from), given up, desisted
vikālabhojanā	n	nt.abl.s	from food eaten after midday, lit. wrong time
			food

He abstains from injuring seeds and plants. He practises eating in the first part of the day, abstaining from eating at night and outside the proper time.

nacca-gīta-vādita-visūka-dassanā paṭivirato hoti

nacca-	n		dancing, acting
gīta-	n		song, singing
vādita-	n		(instrumental) music
visūka-	n		shows, lit. twisting, wriggling
dassanā	n	nt.abl.s	from seeing, watching

## He abstains from dancing, singing, music, and theatrical shows.

mālā-gandha-vilepana-dhāraṇa-maṇḍana-vibhūsana-ṭṭhānā paṭivirato hoti

mālā-	n	garland, wreath
gandha-	n	perfume, fragrance, scent
vilepana-	n	oil, unguent, ointment, cosmetics, make-up,
		perfume

dhāraṇa-	n		wearing
maṇḍana-	n		adornment, embellishment
vibhūsana-	n		decoration, adornment
ṭṭhānā	n	nt.abl.s	from practice

## He abstains from wearing garlands, smartening himself with scent, and decorating himself with cosmetics.

uccāsayanamahāsayanā paţivirato hoti

uccāsayana- n high bed, grand bed

mahāsayanā n nt.abl.s from grand chair, grand bed, great couch

#### He abstains from high and large couches.

jātarūparajatapatiggahaņā pativirato hoti;

jātarūpa- n gold, lit. genuine matter

rajata- n silver

paṭiggahaṇā n nt.abl.s from accepting, receiving

### He abstains from accepting gold and silver.

āmakadhaññapaṭiggahaṇā paṭivirato hoti

āmaka- adj raw, uncooked

dhañña- n grain

paṭiggahaṇā n nt.abl.s from accepting, receiving

#### He abstains from accepting raw grain.

āmakamamsapaṭiggahaṇā paṭivirato hoti;

āmaka- adj raw, uncooked maṁsa- n meat, flesh

paṭiggahaṇā n nt.abl.s from accepting, receiving

#### He abstains from accepting raw meat.

itthikumārikapaţiggahaņā paţivirato hoti

itthi- n woman, female

kumārika- n young girl

paṭiggahaṇā n nt.abl.s from accepting, receiving

#### He abstains from accepting women and girls.

dāsidāsapatiggahaņā pativirato hoti

dāsi- n female slave.

dāsa- n slave, servant

paṭiggahaṇā n nt.abl.s from accepting, receiving

#### He abstains from accepting men and women slaves.

ajeļakapaţiggahaņā paţivirato hoti

ajelaka- n goats and sheep

paṭiggahaṇā n nt.abl.s from accepting, receiving

#### He abstains from accepting goats and sheep.

kukkuţasūkarapaţiggahaṇā paţivirato hoti

kukkuṭa- n cock, chicken

sūkara- n pig

paṭiggahaṇā n nt.abl.s from accepting, receiving

#### He abstains from accepting fowl and pigs.

hatthigavassavaļavapatiggahaņā pativirato hoti

hatthi-	n		elephant	
gavassa-	n		cows and horses	
vaļava-	n		mare	
paṭiggahaṇā	n	nt.abl.s	from accepting, receiving	
He abstains from ac	cceptir	ng elephants,	, cattle, horses, and mares.	
khettavatthupaṭiggah	aṇā pa	țivirato hoti		
khetta-	n		field, plot of land	
vatthu-	n		land, property, ground	
paṭiggahaṇā	n	nt.abl.s	from accepting, receiving	
He abstains from accepting fields and land.				
dūteyyapahiṇagamar	ı'ānuy	ogā paṭivirato	o hoti	
dūteyya-	n		errand, message	
pahiṇagamana-	n		running messages, being sent as a messenger	
ānuyogā	n	m.abl.s	from praxis, practice of, devotion to, pursuit of, doing	
He abstains from going on errands and running messages.				
kayavikkayā paţivira	to hoti	;		
kayavikkayā	n	m.abl.s	from buying and selling, trade	
He abstains from buying and selling.				
tulākūṭakaṁsakūṭam	ānakūţ	ā paṭivirato h	noti	
tulākūṭa-	n		false scales	
kamsakūţa-	n		false metal	
mānakūṭā	n	m.abl.s	from false measure, false weight	

## He abstains from false weights, false metals, and false measures.

ukkoṭanavañcananikatisāciyogā paṭivirato hoti

ukkoṭana-	n		taking bribes, bribery, corruption, crooked
			dealing
vañcana-	n		fraud, deception, cheating
nikati-	n		cheating, fraud
sāciyogā	n	m.abl.s	from crooked dealing, deceit

## He abstains from accepting bribes, deceiving, defrauding, and trickery.

chedanavadhabandhanaviparāmosaālopasahasākārā paṭivirato hoti

chedana-	n		cutting, stabbing
vadha-	n		killing, slaughtering
bandhana-	n		tying up, kidnapping (for ransom), binding
viparāmosa-	n		robbery, theft
ālopa-	n		stealing, robbing, plunder
sahasākārā	n	m.abl.s	from violence, forcible activity

## He abstains from wounding, murdering, binding, robbery, plunder, and violence.

so santuṭṭho hoti kāyaparihārikena cīvarena kucchiparihārikena piṇḍapātena. so yena yeneva pakkamati, samādāyeva pakkamati.

SO	pn	m.n.s	he
santuṭṭho	pp	m.n.s	satisfied, pleased, content
hoti	V	pr.3.s	he is
kāyaparihārikena	adj	m.ins.s	with tending the body, looking after the body
cīvarena	n	m.ins.s	with robe
kucchiparihārikena	adj	m.ins.s	with keeping up the belly, serving (only) to
			sustain the belly
piṇḍapātena.	n	m.ins.s	with collection of alms
SO	pn	m.n.s	he
yena yeneva	ind		anywhere, lit. wherever wherever

pakkamati,	V	pr.3.s	goes (from), goes away (from), leaves (from)
samādāy'eva	V	ger	only taking, accepting, undertaking
pakkamati.	V	pr.3.s	goes (from), goes away (from), leaves (from)

He becomes content with robes to protect his body and with almsfood to maintain his stomach, and wherever he goes he sets out taking only these with him.

seyyathāpi nāma pakkhī sakuņo yena yeneva deti, sapattabhārova deti

seyyathapi	ind		just like, as it, imagine it
nāma	ind		certainly, truly, for sure
pakkhī	n	m.n.s	bird; the winged one
sakuņo	n	m.n.s	bird
yena yeneva	ind	adv	anywhere, lit. wherever wherever
ḍeti,	V	pr.3.s	flies
sa-patta-bhāro'va	adj	m.n.s	having one's wings as one's whole burden, just as
ḍeti.	V	pr.3.s	flies

#### Just as a bird, wherever it goes, flies with its wings as its only burden

evameva bhikkhu santuṭṭho hoti kāyaparihārikena cīvarena kucchiparihārikena piṇḍapātena.

evameva	kho	ind	in the same way
bhikkhu	n	m.n.s	monk
santuṭṭho	pp	m.n.s	satisfied, pleased, content
hoti	V	pr.3.s	he is
kāyaparihārikena	adj	m.ins.s	with tending the body, looking after the body
cīvarena	n	m.ins.s	with robe
kucchiparihārikena	adj	m.ins.s	with keeping up the belly, serving (only) to
			sustain the belly
piṇḍapātena.	n	m.ins.s	with collection of alms

so too, the bhikkhu becomes content with robes to protect his body and with almsfood to maintain his stomach.

so yena yeneva pakkamati, samādāyeva pakkamati.

SO	pn	m.n.s	he
yena yeneva	ind		anywhere, lit. wherever wherever
pakkamati,	$\mathbf{V}$	pr.3.s	goes (from), goes away (from), leaves (from)
samādāy'eva	$\mathbf{V}$	ger	only accepting, undertaking, taking up
pakkamati.	V	pr.3.s	goes (from), goes away (from), leaves (from)

## and wherever he goes he sets out taking only these with him.

so iminā ariyena sīlakkhandhena samannāgato ajjhattam anavajjasukham paṭisamvedeti.

SO	pn	m.n.s	he
iminā	pn	m.ins.s	with this, by this
ariyena	adj	m.ins.s	with noble, distinguished
sīlakkhandhena	n	m.ins.s	with combination of ethical behaviours
samannāgato	adj	m.n.s	possessing, endowed (with), having
ajjhattaṁ	ind		internally, inwardly, personally, within himself
anavajjasukhaṁ	n	nt.ac.s	pleasure of being blameless, happiness of being
			faultless
paṭisaṁvedeti.	V	pr.3.s	experiences, undergoes, feels

# Possessing this aggregate of noble virtue, he experiences within himself a bliss that is blameless.

[MN 107]

tam'enam tathāgato uttarim vineti:

tam'enaṁ	pn	m.ac.s	that one, him, her, that
tathāgato	n	m.n.s	the Tathagata
uttariṁ	ind	adv	over; beyond; further; moreover; additional
vineti	V	pr.3.s	he leads; trains; instructs; removes

### The Tathagata trains him further:

'ehi tvaṁ bhikkhu indriyesu guttadvāro hohi cakkhunā rūpaṁ disvā mā nimittaggāhī hohi mānubyañjanaggāhī.

ʻehi tvaṁ,	V	imp.2.s	come you!
indriyesu	n	m.loc.pl	in senses, faculties
guttadvāro	adj	m.n.s	with well-guarded senses.
hohi,	V	imp.2.s	you must be
cakkhunā	n	nt.ins.s	by the eye
rūpaṁ	n	m.ac.s	form
disvā	V	abs	having seen
mā	ind		do not!
nimitta-ggāhī	adj	m.n.s	enticed by appearances, lit. grasping signs
hohi	V	imp.2.s	you must be
mā-	ind		do not!
anubyañjana-ggāhī.	adj	m.n.s	enticed by the details, grasping the secondary
			characteristics

# Come, monk! You should be with well-guarded senses. When you see a sight with your eyes, don't be enticed by appearances or details.

yatvādhikaraṇamenaṁ cakkhundriyaṁ asaṁvutaṁ viharantaṁ abhijjhādomanassā pāpakā akusalā dhammā anvāssaveyyuṁ tassa saṁvarāya paṭipajjāhi

yatvādhikaraṇamenaṁ	ind		on account of which, lit. from which reason
cakkhu-indriyaṁ	n	m.ac.s	faculty of eye, sight
asaṁvutaṁ	pp	m.ac.s	not closed; unrestricted.
viharantaṁ	pr.p	m.ac.s	living; abiding; dwelling; sojourning.
abhijjhā-domanassā	n	m.n.pl	covetousness and displeasure
pāpakā	adj	m.n.pl	wicked; sinful, bad
akusalā	adj	m.n.pl	unskillful
dhammā	n	m.n.pl	states of mind
anvāssaveyyum	V	opt.3.pl	could attack, befall, overwhelm
tassa	pn	m.gen.s	of that
saṁvarāya	n	m.dat.s	for restraint
paṭipajjāhi;	V	imp.2.s	you should practice, follow a course of action,
			follow a method

If the faculty of sight were left unrestrained, bad unskillful states of desire and aversion could overwhelm (you). You should practice restraint of that.

rakkhāhi cakkhundriyam, cakkhundriye samvaram āpajjāhi.

rakkhāhi	V	imp.2.s	protects; guards; observes; preserves
cakkhundriyam,	n	m.ac.s	faculty of eye
cakkhundriye	n	m.loc.s	in faculty of eye
saṁvaraṁ	n	m.ac.s	restraint
āpajjāhi.	V	imp.2.s	you should arouse, exhibit, produce, brings into
			being, make happened, undertake

## Guard the faculty of eye, undertake the restraint of the faculty of eye.

sotena saddam sutvā. ghānena gandham ghāyitvā. jivhāya rasam sāyitvā. kāyena phoṭṭhabbam phusitvā.

sotena	n	m.ins.s	with ear
saddaṁ	n	m.ac.s	sound
sutvā	V	abs	having heard
ghānena	n	m.ins.s	with nose
gandhaṁ	n	m.ac.s	smell, odor
ghāyitvā	V	abs	having smelled
jivhāya	n	f.ins.s	with tongue
rasam	n	m.ac.s	taste, flavor
sāyitvā	V	abs	having tasted
kāyena	n	m.ins.s	with body
phoṭṭhabbaṁ	n	m.ac.s	touch, tangible
phusitvā	V	abs	having touched

Having heard a sound with the ear. Having smelt an odor with the nose. Having tasted a flavor with the tongue. Having touched a tangible with the body.

manasā dhammam viññāya mā nimittaggāhī hohi mānubyañjanaggāhī.

manasā	n	m.ins.s	with mind
dhammaṁ	n	m.ac.s	mind-object
viññāya	V	abs	having known or learnt.
mā	ind		do not!
nimitta-ggāhī	adj	m.n.s	enticed by appearances, lit. grasping signs
hohi	V	imp.2.s	you must be
mā-	ind		do not!
anubyañjana-ggāhī.	adj	m.n.s	enticed by the details, grasping the secondary
			characteristics

## Having cognized a mind-object with the mind, don't be enticed by appearances or details.

yatvādhikaraṇamenam man'indriyam asamvutam viharantam abhijjhādomanassā pāpakā akusalā dhammā anvāssaveyyum tassa samvarāya paṭipajjāhi

mano-indriyam n m.ac.s faculty of mind, intellect

# If the faculty of mind were left unrestrained, bad unskillful states of desire and aversion could overwhelm (you). You should practice restraint of that.

rakkhāhi man'indriyam man'indriye samvaram āpajjāhī'ti.

## Guard the faculty of mind, undertake the restraint of the faculty of mind.

tamenam tathāgato uttarim vineti:

### The Tathagata trains him further:

'ehi tvam bhikkhu bhojane mattaññū hohi. paṭisankhā yoniso āhāram āhāreyyāsi

eni tvam	v + pn	1mp.2.s	come you!
bhojane	n	nt.loc.s	in eating, taking food
mattaññū	adj	m.n.s	knowing the measure or limit; moderate
hohi.	V	imp.2.s	you must be
paṭisaṅkhā	V	abs	reflecting, considering

yoniso	ind	adv	wisely; properly; judiciously.
āhāraṁ	n	m.ac.s	food; nutriment
āhāreyyāsi	V	opt.2.s	you should take (food)

## Come you, monk, you have to be moderate in eating, reflecting wisely, you should take a food

neva davāya na madāya na maṇḍanāya na vibhūsanāya yāvadeva imassa kāyassa ṭhitiyā yāpanāya vihiṁsūparatiyā brahmacariyānuggahāya—iti purāṇañca vedanaṁ paṭihankhāmi navañca vedanaṁ na uppādessāmi yātrā ca me bhavissati anavajjatā ca phāsuvihāro cā'ti.

neva	ind		neither
davāya	n	m.dat.s	for fun, play
na madāya	n	m.dat.s	nor for intoxication, pleasure
na maṇḍanāya	n	nt.dat.s	nor for adornment; decoration,
			beautification, appearance
na vibhūsanāya	n	nt.dat.s	nor for ornament; decoration, attractiveness
yāva'd'eva	ind		just up to; as far as
imassa	pn	m.gen.s	of this
kāyassa	n	m.gen.s	of body
țhitiy <b>ā</b>	n	f.dat.s	for persistence, keeping up
yāpanāya	n	nt.dat.s	for sustenance; nourishment;
			keeping up of the body, feeding
vihiṁsa-	n	f.	hurting, harm, injury
uparatiyā	n	f.dat.s	for abstaining, stopping
brahmacariya-	n	nt	holy live
anuggahāya	n	nt.dat.s	for help; assistance
iti	ind		thus, therefore
purāṇañ'ca	adj	f.ac.s	old; former and
vedanaṁ	n	f.ac.s	painful sensation, suffering, pain
paṭihaṅkhāmi	V	fut.1.s	I will destroy, will put an end to,
			will terminate
navañ'ca	adj	f.ac.s	new, fresh and
vedanaṁ	n	f.ac.s	painful sensation, suffering, pain
na-uppādessāmi	v.caus	fut.1.s	I will not produce; cause to arise

yātrā	n	f.n.s	going on, livelihood, support of life,
			way of going on, vehicle, carry on
ca	ind		and
me	pn	1.dat.s	for me
bhavissati	V	fut.3.s	it will be
anavajjatā ca	n	f.n.s	blamelessness, faultlessness and
phāsuvihāro cā'ti	n	m.n.s	living in ease, comfortable mode of life

Neither for fun, nor for intoxication, nor for adornment or decoration, just up to keeping up sustenance of this body, for avoiding harm, for assistance of holy live. thus (should think): I will put an end of former (painful) sensations, and I will not produce a new (painful) sensations, it will be support of life, blamelessness and easy dwelling for me.

tamenam tathāgato uttarim vineti:

### The Tathagata trains him further:

'ehi tvam bhikkhu jāgariyam anuyutto viharāhi,

ʻehi tvaṁ,	V	imp.2.s	come you!
jāgariyaṁ	n	f.ac.s	keeping awake, watchfulness, vigilance
anuyutto	pp	m.n.s	applying oneself to, dealing with, practising,
			given to, intent upon
viharāhi,	V	imp.s.s	you must stay

### Come you, monk, dwell intent on vigilance!

divasam cankamena nisajjāya āvaraņīyehi dhammehi cittam parisodhehi,

divasaṁ	ind	adv	by day, during the day
caṅkamena	n	m.ins.s	by walking up and down
nisajjāya	n	f.ins.s	by sitting down
āvaraṇīyehi	adj	m.abl.pl	from obstructive, impeding, hindering
dhammehi	n	m.abl.pl	from mental states
cittaṁ	n	m.ac.s	mind

parisodhehi, v	imp.2.s	you must clean
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## During the day while walking up and down, while sitting down, you must clean the mind from obstructive mental states.

rattiyā paṭhamam yāmam cankamena nisajjāya āvaraṇīyehi dhammehi cittam parisodhehi

rattiyā	n	f.gen.s	of night
paṭhamaṁ	adj	m.ac.s	first
yāmaṁ	n	m.ac.s	a watch of the night; 1/3 of a night
caṅkamena	n	m.ins.s	by walking up and down
nisajjāya	n	f.ins.s	by sitting down
āvaraṇīyehi	adj	m.abl.pl	from obstructive, impeding, hindering
dhammehi	n	m.abl.pl	from mental states
cittaṁ	n	m.ac.s	mind
parisodhehi,	V	imp.2.s	you must clean

# During the first watch of the night while walking up and down, while sitting down, you must clean the mind from obstructive mental states.

rattiyā majjhimam yāmam dakkhiņena passena sīhaseyyam kappeyyāsi pāde pādam accādhāya sato sampajāno uṭṭhānasaññam manasikaritvā

rattiyā	n	f.gen.s	of night
majjhimaṁ	adj	m.ac.s	medium, middle
yāmaṁ	n	m.ac.s	a watch of the night; 1/3 of a night
dakkhiṇena	adj	m.ins.s	by right (hand side)
passena	n	m.ins.s	by side of the body
sīhaseyyaṁ	n	f.ac.s	sleeping posture of a lion, lit. sleeping lion
kappeyyāsi	V	opt.2.s	could prepare; trim; make
pāde	n	m.loc.s	on foot
pādaṁ	n	m.ac.s	foot
accādhāya	V	abs	having placed one (leg) upon the other
sato	pp	m.n.s	mindful
sampajāno	pp	m.n.s	fully aware
uṭṭhānasaññaṁ	n	f.ac.s	perception of getting up; rising

having made in mind

manasi karitvā

V

abs

During the middle watch of the night, lie down on the right side in the lion posture, foot resting on foot, mindful, clearly conscious, reflecting on the thought of getting up.

rattiyā pacchimam yāmam paccuṭṭhāya cankamena nisajjāya āvaraṇīyehi dhammehi cittam parisodhehī'ti.

rattiyā	n	f.gen.s	of night
pacchimam	adj	m.ac.s	latest; last
yāmaṁ	n	m.ac.s	a watch of the night; 1/3 of a night
paccuṭṭhāya	V	abs	rising, getting up
caṅkamena	n	m.ins.s	by walking up and down
nisajjāya	n	f.ins.s	by sitting down
āvaraṇīyehi	adj	m.abl.pl	from obstructive, impeding, hindering
dhammehi	n	m.abl.pl	from mental states
cittaṁ	n	m.ac.s	mind
parisodhehi,	V	imp.2.s	you must clean

During the last watch of the night, after getting up, while walking up and down, while sitting down, you must clean the mind from obstructive mental states.

tamenam tathāgato uttarim vineti:

#### The Tathagata trains him further:

'ehi tvam bhikkhu satisampajaññena samannāgato hohi abhikkante paṭikkante sampajānakārī ālokite vilokite sampajānakārī samiñjite pasārite sampajānakārī sanghāṭipattacīvaradhāraṇe sampajānakārī

ehi tvaṁ	V	imp.2.s	come you!
satisampajaññena	n	m.ins.s	with mindfulness and clear knowing
samannāgato	adj	m.n.s	endowed with; possessed of.
hohi,	V	imp.2.s	you must be
abhikkante	n	nt.loc.s	in going forward

paṭikkante	n	nt.loc.s	in going back, returning
sampajānakārī	adj	m.n.s	attentive (to); alert (to); mindful (of); cultivating
			attention (with regard to); lit. making awareness (in)
ālokite	n	nt.loc.s	in looking forward
vilokite	n	nt.loc.s	in looking around
sampajānakārī	adj	m.n.s	attentive (to); alert (to); mindful (of); cultivating
			attention (with regard to); lit. making awareness (in)
samiñjite	n	nt.loc.s	in bending back, folding back
pasārite	n	nt.loc.s	in stretching out
sampajānakārī	adj	m.n.s	attentive (to); alert (to); mindful (of); cultivating
			attention (with regard to); lit. making awareness (in)
saṅghāṭi-patta-cīv	ara- n		outer robe, bowl, robe
dhāraņe	n	nt.loc.s	in wearing, carrying
sampajānakārī	adj	m.n.s	attentive (to); alert (to); mindful (of); cultivating
			attention (with regard to); lit. making awareness (in)

Come you, monk, be possessed of mindfulness and clear awareness, cultivating attention in going forward or going back, in looking forward or looking round, in bending or stretching (the limbs), in carrying the outer robe, the bowl or robe

asite pīte khāyite sāyite sampajānakārī uccārapassāvakamme sampajānakārī gate ṭhite nisinne sutte jāgarite bhāsite tuṇhībhāve sampajānakārī'ti.

asite	n	nt.loc.s	in eating
pīte	n	nt.loc.s	in drinking
khāyite	n	nt.loc.s	in chewing
sāyite	n	nt.loc.s	in tasting
sampajānakārī	adj	m.n.s	attentive (to); alert (to); mindful (of); cultivating
		a	ttention (with regard to); lit. making awareness (in)
uccāra-	n		excrement
passāva-	n		urine
kamme	n	nt.loc.s	in acting
sampajānakārī	adj	m.n.s	attentive (to); alert (to); mindful (of); cultivating
		a	ttention (with regard to); lit. making awareness (in)
gate	n	nt.loc.s	in moving; walking
ṭhite	n	nt.loc.s	in standing

nisinne	n	nt.loc.s	in seating
sutte	n	nt.loc.s	in lying down
jāgarite	n	nt.loc.s	in being awake
bhāsite	n	nt.loc.s	in speaking
tuṇhībhāve	n	m.loc.s	in keeping quiet, being silent
sampajānakārī	adj	m.n.s	attentive (to); alert (to); mindful (of); cultivating
			attention (with regard to); lit. making awareness (in)

Cultivating attention in eating, drinking, chewing and tasting.
Cultivating attention in urinating and defecating.
Cultivating attention in walking, standing, sitting, lying down, waking up, talking and being silent.

tamenam tathāgato uttarim vineti:

### The Tathagata trains him further:

'ehi tvam, bhikkhu, vivittam senāsanam bhajāhi araññam rukkhamūlam pabbatam kandaram giriguham susānam vanapattham abbhokāsam palālapuñjan'ti.

vivittaṁ	adj	m.ac.s	separated, secluded, solitary, aloof
senāsanaṁ	n	nt.ac.s	housing, living place, lodging, lit. bed and chair
bhajāhi	V	imp.2.s	you should go (to), resort (to), retire (to),
			lit. associates (with)
araññaṁ	n	nt.ac.s	forest, wood, wilds
rukkhamūlaṁ	n	nt.ac.s	foot of a tree, base of a tree
pabbataṁ	n	nt.ac.s	mountain, hill
kandaraṁ	n	m.ac.s	grotto, gorge, gulley, valley, ravine
giriguhaṁ	n	f.ac.s	mountain cave
susānaṁ	n	nt.ac.s	cemetery, charnel ground
vanapatthaṁ	n	nt.ac.s	forest wilderness, jungle
abbhokāsaṁ	n	nt.ac.s	open space, open air
palālapuñjan'ti.	n	nt.ac.s	heap of straw

You should resort to secluded lodging, or a forest, or a foot of a tree, or a mountain, or a grotto, or a mountain cave, or a cemetery, or a forest wilderness, or an open space or a heap of straw.

so pacchābhattam piṇḍapātapaṭikkanto nisīdati pallankam ābhujitvā ujum kāyam paṇidhāya parimukham satim upaṭṭhapetvā.

SO	pn	m.n.s	he
pacchābhattaṁ	ind	adv	afternoon, after the meal
piṇḍapāta-paṭikka	into pp	m.n.s	returned from collection of alms
nisīdati	V	pr.3.s	sits down
pallaṅkaṁ	n	m.ac.s	cross-legged sitting position
ābhujitvā	V	abs	having bent, having folded
ujuṁ	ind	adv	straightly
kāyaṁ	n	m.ac.s	body
paṇidhāya	V	abs	guiding, directing, determining
parimukhaṁ	ind	adv	as first priority, to the fore, in front
satiṁ	n	f.ac.s	mindfulness
upaṭṭhapetvā	v.caus	abs	having caused to attend, having set up,
			having made sure is present

Afternoon, he returned from collection of alms, sat down, folded cross-legged sitting position, directing body straightly, and established mindfulness to the fore.

so abhijjham loke pahāya vigatābhijjhena cetasā viharati, abhijjhāya cittam parisodheti;

SO	pn	m.n.s	he
abhijjhaṁ	n	f.ac.s	covetousness, greed
loke	n	m.loc.s	in the world
pahāya	V	abs	having left or given up; having renounced
vigatābhijjhena	pp	m.ins.s	with being without greed
cetasā	n	m.ins.s	with mind
viharati	V	pr.3.s	lives; abides; dwells
abhijjhāya	n	f.abl.s	from greed
cittaṁ	n	nt.ac.s	mind
parisodheti	V	pr.3.s	cleanses; purifies

Giving up greed for the world, he dwells with a mind free from greed, cleansing the mind from greed.

byāpāda-padosam pahāya abyāpannacitto viharati sabbapāṇabhūta-hitānukampī byāpādapadosā cittam parisodheti

byāpādapadosaṁ	n	m.ac.s	ill will and anger
abyāpannacitto	adj	m.n.s	with mind free from ill will
sabba-	adj		all
pāṇabhūta-	n		living beings, lit. breathing beings
hitānukampī	adj	m.n.s	compassionate for the welfare of, concerned for
			the good of

Giving up ill will and malevolence, he dwells with a mind free from ill will, compassionate for the welfare of all living beings, cleansing the mind from ill will and anger.

thina-middham pahāya vigatathinamiddho viharati ālokasaññī sato sampajāno thinamiddhā cittam parisodheti

thinamiddham	n	nt.ac.s	dullness and drowsiness, sloth and torpor
vigata-thinamiddho	adj	m.n.s	free from dullness and drowsiness
ālokasaññī	adj	m.n.s	perceptive of light, conscious of brightness
sato	adj	m.n.s	mindful
sampajāno	adj	m.n.s	fully attentive

Giving up dullness and drowsiness, he dwells with a mind free from dullness and drowsiness, perceiving light, mindful and fully attentive, cleansing the mind from dullness and drowsiness.

uddhacca-kukkuccam pahāya anuddhato viharati ajjhattam vūpasanta-citto uddhaccakukkuccā cittam parisodheti

uddhaccakukkuccam n nt.ac.s agitation and uneasiness, distraction and worry

anuddhato	adj	m.n.s	calm, gentle, subdued, not agitated
ajjhattaṁ	ind	adv	inwardly
vūpasantacitto	adj	m.n.s	with calmed mind, settled mind

# Giving up restlessness and worry, he dwells calm, with settled mind inwardly, cleansing the mind from restlessness and remorse.

vicikiccham pahāya tiṇṇavicikiccho viharati akathamkathī kusalesu dhammesu vicikicchāya cittam parisodheti.

vicikicchaṁ	n	f.ac.s	doubt
tiṇṇa-vicikiccho	adj	m.n.s	who has crossed beyond doubt, who has
			overcome doubt
akathaṁkathī	adj	m.n.s	not confused, without doubt, lit. not asking how
kusalesu	adj	m.loc.s	in skillful
dhammesu	n	m.loc.s	qualities

# Giving up doubt, he dwells crossed beyond doubt, not confused about skillful qualities, cleansing the mind from doubt.

## [MN 39]

bhikkhu yathā iṇaṁ yathā rogaṁ yathā bandhanāgāraṁ yathā dāsabyaṁ yathā kantāraddhānamaggaṁ, ime pañca nīvaraṇe appahīne attani

bhikkhu	n	m.n.s	monk
yathā	ind		like, as
iṇaṁ	n	nt.ac.s	debt
yathā	ind		like, as
rogaṁ	n	m.ac.s	disease; illness.
yathā	ind		like, as
bandhanāgāraṁ	n	nt.ac.s	prison, jail
yathā	ind		like, as
dāsabyaṁ	n	nt.ac.s	state of slavery, servitude
yathā	ind		like, as
kantāraddhānamaş	ggaṁ	n m.ac.s	long journey on a desert road

ime	pn	m.ac.pl	these
pañca	adj	ac.pl	five (5)
nīvaraņe	n	m.ac.pl	obstacles, obstructions, barriers, hindrances
appahīne	pp	m.ac.pl	not removed, not given up, not abandoned
attani	n	m.loc.s	in oneself, for oneself
samanupassati	V	pr.3.s	regards, considers, sees as

Monk considers these not-removed in himself five hindrances as a debt, a disease, a prison, slavery, and a long journey on a desert road.

seyyathāpi, bhikkhave, āṇaṇyaṁ yathā ārogyaṁ yathā bandhanāmokkhaṁ yathā bhujissaṁ yathā khemantabhūmiṁ; evameva bhikkhu ime pañca nīvaraṇe pahīne attani samanupassati.

seyyathāpi,	ind		just like, as if, imagine if
āṇaṇyaṁ	n	nt.ac.s	freedom from debt, being debt-free, being out of
			debt
ārogyaṁ	n	nt.ac.s	health, freedom from disease
bandhanā-	n	nt.abl.s	from bondage, imprisonment
mokkhaṁ	n	m.ac.s	release, freedom
bhujissaṁ	n	m.ac.s	freed slave, free man
khemantabhūmiṁ	n	f.ac.s	place of safety; a peaceful, secure region
evameva	ind		similarly, in the same way, so too, just so
pahīne	pp	m.ac.pl	abandoned, dispelled, eliminated, removed,
			given up

Monks, just like freedom from debt, freedom from disease, release from imprisonment, freedom from slavery and place of safety; in the same way monk considers these removed in himself five hindrances.

so tatonidānam labhetha pāmojjam adhigaccheyya somanassam.

SO	pn	m.n.s	he
tatonidānaṁ	ind	adv	on account of that
labhetha	V	opt.3.s	could get
pāmojjaṁ	n	nt.ac.s	delight; joy; happiness

adhigaccheyya	V	opt.3.s	(he) would attain or get.
somanassaṁ	n	nt.ac.s	(mental) pleasure, happiness

### On account of that he could get delight and mental pleasure.

so ime pañca nīvaraņe pahāya cetaso upakkilese paññāya dubbalīkaraņe paṭhamaṁ jhānaṁ dutiyaṁ jhānaṁ tatiyaṁ jhānaṁ catutthaṁ jhānaṁ upasampajja viharati.

SO	pn	m.n.s	he
ime	pn	m.ac.pl	these, them
pañca	adj	ac.pl	5
nīvaraņe	n	m.ac.pl	obstacles, obstructions, barriers, hindrances
pahāya	V	abs	having left or given up;
cetason	n	m.gen.s	of mind
upakkilese	n	m.ac.pl	impurities; defilements;
paññāya	n	f.gen.s	of understanding, wisdom
dubbalīkaraņe	adj	m.ac.pl	which weaken, lit. weak making
paṭhamaṁ	adj	nt.ac.s	the first
jhānaṁ	n	nt.ac.s	state of meditation
dutiyaṁ	adj	nt.ac.s	the second
jhānaṁ	n	nt.ac.s	state of meditation
tatiyaṁ	adj	nt.ac.s	the third
jhānaṁ	n	nt.ac.s	state of meditation
catutthaṁ	adj	nt.ac.s	the fourth
jhānaṁ	n	nt.ac.s	state of meditation
upasampajja	V	abs	reaching, attaining, arriving at
viharati	V	pr.3.s	lives; abides; dwells;

He gives up these five hindrances, corruptions of the mind which weaken wisdom. Reaching he dwells in the first state of meditation, ..., the second state of meditation, ..., the third state of meditation, ..., the fourth state of meditation.

so evam samāhite citte parisuddhe pariyodāte anangaņe vigatūpakkilese mudubhūte kammaniye thite āneñjappatte pubbe-nivāsānussati-ñāṇāya sattānam cutūpapāta-ñāṇāya āsavānam khaya-ñāṇāya cittam abhininnāmeti.

SO	pn	m.n.s	he, this
evaṁ	ind		thus; in this way
samāhite	pp	nt.loc.s	when settled; composed
citte	n	nt.loc.s	when mind, when mind
parisuddhe	pp	nt.loc.s	when become clean; purified
pariyodāte	pp	nt.loc.s	when very clean; pure, cleansed
anaṅgaṇe	adj	nt.loc.s	when passionless; blameless, flawless
vigatūpakkilese	pp	nt.loc.s	when being without impurity; defilement
mudubhūte	adj	nt.loc.s	when supple; malleable, pliable
kammaniye	adj	nt.loc.s	when ready, workable, suitable for use
ṭhite	pp	nt.loc.s	when stood; stayed; stationary; immovable,
			steadfast
āneñja-ppatte	pp	nt.loc.s	attained imperturbable
pubbenivāsa-	n		previous life, former existence
anussati-	n		memory (of), recollection (of)
ñāṇāya	n	nt.dat.s	to knowledge, understanding, insight
sattānaṁ	n	m.gen.pl	of living beings
cutūpapāta-	n		falling and arising, death and rebirth
ñāṇāya	n	nt.dat.s	to knowledge, understanding, insight
āsavānaṁ	n	m.gen.pl	of impurities, taints
khaya-	n		exhaustion (of), extinction (of), depletion (of),
			annihilation (of), destruction (of)
ñāṇāya	n	nt.dat.s	to knowledge of destruction
cittaṁ	n	nt.ac.s	mind
abhininnāmeti.	V	aor.3.s	he turned or directed

When mind had become composed like this, purified, cleansed, flawless, rid of corruptions, pliable, workable, steady, and imperturbable, he directed mind to the knowledge of recollection of former existence, knowledge of death and rebirth of the living beings, knowledge of the destruction of impurities.

so 'idam dukkhan'ti yathābhūtam pajānāti 'ayam dukkha- samudayo'ti yathābhūtam pajānāti 'ayam dukkhanirodho'ti yathābhūtam pajānāti 'ayam dukkhanirodhagāminī paṭipadā'ti yathābhūtam pajānāti.

'idam pn nt.n.s this

dukkhan'ti	n	nt.n.s	discomfort, suffering, unease
yathābhūtaṁ	ind		as it truly is, in reality, lit. like it has become
pajānāti	V	pr.3.s	he knows, understands
'ayaṁ	pn	m.n.s	this
dukkhasamudayo'	'ti n	m.n.s	arising of suffering, source of suffering
'ayaṁ	pn	m.n.s	this
dukkhanirodho'ti	n	m.n.s	cessation of suffering, disappearance of suffering
'ayaṁ	pn	m.n.s	this
dukkhanirodhagār	ninī n	f.n.s	leading to the extinction of suffering.
paṭipadā'ti	n	f.n.s	path, way, method

He understands as it truly is: 'This is suffering' ... 'This is the origin of suffering' ... 'This is the cessation of suffering' ... 'This is the path that leads to the cessation of suffering'.

'ime āsavā'ti yathābhūtam pajānāti 'ayam āsavasamudayo'ti yathābhūtam pajānāti 'ayam āsavanirodho'ti yathābhūtam pajānāti 'ayam āsavanirodhagāminī paṭipadā'ti yathābhūtam pajānāti.

'ime	pn	m.n.pl	these
āsavā'ti	n	m.n.pl	impurities, effluents
āsavasamudayo	n	m.n.s	source of the effluents
āsavanirodho	n	m.n.s	cessation of the effluents
āsavanirodha-gāminī		dj m.n.s	leading to the cessation of the effluents

He understands as it truly is: 'This is effluents' ... 'This is the origin of effluents' ... 'This is the cessation of effluents' ... 'This is the path that leads to the cessation of effluents'.

tassa evam jānato evam passato kāmāsavāpi cittam vimuccati bhavāsavāpi cittam vimuccati avijjāsavāpi cittam vimuccati.

tassa	pn	m.gen.s	when he
evaṁ	ind		thus, this, like this, just as, such
jānato	prp	m.gen.s	when knows
evaṁ	ind		thus, this, like this, just as, such

passato	prp	m.gen.s	when sees
kāmāsavā'pi	n	m.abl.s	also from effluent of sensual pleasure
cittaṁ	n	nt.n.s	mind
vimuccati	V	pr.3.s	is released (from), becomes free (from)
bhavāsavā'pi	n	m.abl.s	also from effluent of becoming, effluent of being
cittaṁ	n	nt.n.s	mind
vimuccati	V	pr.3.s	is released (from), becomes free (from)
avijjāsavā'pi	n	m.abl.s	also from effluent of ignorance
cittaṁ	n	nt.n.s	mind
vimuccati	V	pr.3.s	is released (from), becomes free (from)

# When he knows and sees thus, mind becomes free from effluent of sensual pleasure, from effluent of becoming and from effluent of ignorance.

vimuttasmim vimuttamiti ñāṇam hoti: 'khīṇā jāti vusitam brahmacariyam katam karaṇīyam nāparam itthattāyā'ti pajānātī ti.

vimuttasmim	pp	m.loc.s	when freed, liberated, emancipated
vimuttam-	pp	nt.n.s	freed, liberated, emancipated
iti	ind		this is
ñāṇaṁ	n	nt.n.s	knowledge, understanding, insight
hoti	V	pr.3.s	there is
'khīṇā	pp	f.n.s	exhausted; wasted
jāti,	n	f.n.s	birth
vusitaṁ	pp	nt.nom.s	fulfilled, accomplished
brahmacariyam,	n	nt.nom.s	religious life; complete chastity
kataṁ	pp	nt.n.s	done, worked, made.
karaṇīyaṁ,	n	nt.n.s	duty, obligation, something to be done
n'āparaṁ	adj	nt.nom.s	not another, after, further, next
itthattāyā'ti	n. abstr.	nt.dat.s	the present state; this life, this world, such a state
pajānātī"ti.	V	pr.3.s	knows clearly

When liberated, there is understanding "This is liberated". He knows clearly: 'Birth is exhausted. The holy life fulfilled. What have to be done – is done. There is nothing further of this life.

or can be translated as well: "There is nothing (to do more) for such a (liberated) state"

#### **REQUISITES FOR AWAKENING**

Bodhipakkhiya-dhammā [DN 16.21]

bhikkhave, ye te mayā dhammā abhiññā desitā, te vo sādhukam uggahetvā āsevitabbā bhāvetabbā bahulīkātabbā

ye	pn	m.n.pl	whatever, whichever
te	pn	m.n.pl	those
mayā	pn	1.ins.s	by me
dhammā	n	m.n.pl	Teachings, things
abhiññā	V	ger	directly knowing, understanding
			experientially
desitā,	pp	m.n.pl	preached, taught, explained, instructed
te	pn	m.n.pl	they
V0	pn	2.ins.pl	by you all, with you all
sādhukaṁ	ind		well, thoroughly, fully
uggahetvā	V	abs	having learned, having grasped
āsevitabbā	ptp	m.n.pl	should be practiced, should be pursued
bhāvetabbā	ptp	m.n.pl	should be cultivated, should be developed
bahulīkātabbā,	ptp	m.n.pl	should be practiced often, should be
			developed

O monks, there are those Teachings, that were explained by me, after understanding experientially. Having thoroughly learned them, you should practice them, you should cultivate them and you should develop them.

yatha'y-idam brahmacariyam addhaniyam assa ciraṭṭhitikam, tadassa bahujanahitāya bahujanasukhāya lok'ānukampāya atthāya hitāya sukhāya devamanussānam.

yathayidam	pn	nt.n.s	such as this
brahmacariyam	n	nt.n.s	spiritual path, holy life
addhaniyaṁ	adj	nt.n.s	lasting a long period, lasting, enduring
assa	V	opt.3.s	it may be, it could be, it should be
ciraṭṭhitikaṁ	adj	nt.n.s	long lasting, lit. long standing
tad-	pn	nt.n.s	that

assa	V	opt.3.s	it may be, it could be, it should be
bahujana-	n		multitude, many people, mass of people
hitāya	n	nt.dat.s	for welfare, good, benefit, blessing
bahujanasukhāya	n	nt.dat.s	for the happiness of many people
lokānukampāya	n	f.dat.s	for the compassion for the world
atthāya	n	m.dat.s	for benefit, profit, good, welfare
hitāya	n	nt.dat.s	for welfare, good, benefit, blessing
sukhāya	n	nt.dat.s	for ease, comfort, happiness, pleasure
devamanussānam	n	m.gen.pl	of gods and humans

Such as this holy life may be enduring and long lasting, that would be for the benefit of mass of people, for the happiness of many people, out of compassion for the world, for the good, for the benefit, for the happiness of gods and humans.

katame ca te, bhikkhave, dhammā mayā abhiññā desitā,

## And what, o monks, are those Teachings, that were explained by me, after understanding experientially?

seyyath'īdam — cattāro satipaṭṭhānā cattāro sammappadhānā cattāro iddhipādā pañc'indriyāni pañca balāni satta bojjhangā ariyo aṭṭh'angiko maggo.

seyyathīdaṁ	ind		i.e., as follows, lit. (like) that like this
cattāro	adj	m.n.pl	four
satipaṭṭhānā	n	m.n.pl	establishing mindfulness, setting up attention,
			foundations of mindfulness
cattāro	adj	m.n.pl	four
sammappadhānā	n	nt.n.pl	correct applications of effort
cattāro	adj	m.n.pl	four
iddhipādā	n	m.n.pl	bases for psychic power, lit. bases for success
pañc'indriyāni	n	nt.n.pl	five faculties (confidence, effort,
		mind	fulness, mental composure and understanding)
pañca	adj	n.pl	five (5)
balāni	n	nt.n.pl	strengths, powers
satta	adj	n.pl	seven (7)

bojjhaṅgā	n	m.n.pl	elements of awakening, factors of
			enlightenment
ariyo	adj	m.n.s	noble, distinguished
aṭṭh'aṅgiko	adj	m.n.s	with eight parts; eight-limbed, eight-fold,
			having eight constituents
maggo.	n	m.n.s	road, path, way

They are as follows: four foundations of mindfulness, four correct applications of effort, four basis for psychic power, five faculties, five powers, seven factors of enlightenment and noble eight-fold path.

#### THE SEVEN FACTORS OF AWAKENING

Satta-sambojjhaṅgā [SN 46.19]

satt'ime, bhikkhave, bojjhangā bhāvitā bahulīkatā ariyā niyyānikā nīyanti takkarassa sammā dukkhakkhayāya.

satta-	adj		seven
ime,	pn	m.n.pl	these
bojjhaṅgā	n	m.n.pl	elements of awakening, factors of
		_	enlightenment
bhāvitā	pp	m.n.pl	cultivated, developed, lit. caused to be
bahulīkatā	adj	m.n.pl	practised often, devoted oneself to,
			lit. made much of
ariyā	adj	m.n.pl	noble, distinguished
ariyā	adj	f.n.s	noble, distinguished
niyyānikā	adj	f.n.s	redemptive, salvatory, leading to deliverance,
			lit. leading out
nīyanti	V	pr.3.pl	go out, go forth (to); leading to
takkarassa	adj	m.dat.s	for who does that, doing that, who practices
			in accordance with that
sammā	ind		completely, thoroughly, fully, totally
dukkhakkhayāya	n	m.dat.s	for destruction of suffering, termination of
			misery

O monks, these seven factors of awakening, cultivated and practised often, are noble and redemptive, and lead one who practises in accordance with that to the complete destruction of suffering.

### [SN 46.3]

ye te, bhikkhave, bhikkhū sīlasampannā samādhisampannā ñāṇasampannā vimuttišampannā vimuttiñāṇadassana-sampannā, dassanampāhaṁ, bhikkhave, tesaṁ bhikkhūnaṁ bahukāraṁ vadāmi

ye	pn	m.n.pl	whoever, whichever
te,	pn	m.n.pl	those, they

bhikkhū	n	m.n.pl	monks
sīlasampannā	adj	m.n.pl	accomplished in virtue, of excellent morality
samādhisampannā	adj	m.n.pl	accomplished in stability of mind, skilled in mental stillness
ñāṇasampannā	adj	m.n.pl	accomplished in understanding, skilled in insight
vimuttisampannā	adj	m.n.pl	accomplished in emancipation, skilled in
			liberation
vimuttiñāṇadassana-	n	nt to	tal understanding of emancipation, knowing
		and seeing	of release, knowledge and vision of liberation
sampannā,	adj	m.n.pl	succeeded, prospered, accomplished
dassanam-	n	nt.ac.s	sight (of), vision (of), appearance (of)
api	ind		even, even then
ahaṁ,	pn	1.n.s	I
tesaṁ	pn	m.gen.pl	their, of these, of them, of those
bhikkhūnam	n	m.gen.pl	of monks, mendicants, lit. beggars
bahukāram	adj	nt.ac.s	very useful, extremely helpful, of great
			service, lit. doing much
vadāmi	V	pr.1.s	I say, I tell, I speak

Those monks, who are accomplished in virtue, accomplished in stability of mind, accomplished in understanding, accomplished in emancipation, accomplished in knowledge and vision of liberation. Even the sight of those monks is extremely helpful, I say.

savanam'p'āham, upasankamanam'p'āham, payirupāsanam'p'āham, anussatim'p'āham, anupabbajjam'p'āham

savanam-	n	nt.ac.s	hearing, listening (to)
api	ind		even, even then
ahaṁ,	pn	1.n.s	I
upasaṅkamanam-	n	nt.ac.s	approaching, visiting
api	ind		even, even then
ahaṁ,	pn	1.n.s	I
payirupāsanam-	n	nt.ac.s	associating closely (with), attending (to),
			lit. sitting around near

api	ind		even, even then
ahaṁ,	pn	1.n.s	I
anussatim-	n	f.ac.s	memory (of), recollection (of)
api	ind		even, even then
ahaṁ,	pn	1.n.s	I
anupabbajjam-	n	f.ac.s	following into the monastic life, going forth
			after
api	ind		even, even then
ahaṁ,	pn	1.n.s	I

# even listening to (them), even approaching (them), even associating closely with (them), even recollecting (them), even going forth after (them is helpful)

tam kissa hetu? tathārūpānam, bhikkhave, bhikkhūnam dhammam sutvā dvayena vūpakāsena vūpakaṭṭho viharati — kāyavūpakāsena ca cittavūpakāsena ca.

taṁ	pn	m.ac.s	that
kissa	pn	m.gen.s	of who? of what? of which?
hetu	n	m.n.s	reason, cause

## what's the reason for that? why is that?

1 = = = :	1.	. 1	
tathārūpānaṁ,	adj	m.gen.pl	of such, so formed, of such quality
bhikkhūnaṁ	n	m.gen.pl	of monks
dhammaṁ	n	m.ac.s	the Teaching, Doctrine
sutvā	V	abs	having heard, having listened (to)
dvayena	n	nt.ins.s	by two kinds, pair, couple, dyad
vūpakāsena	n	m.ins.s	by seclusion, isolation, solitude
vūpakaṭṭho	adj	m.n.s	secluded, isolated, withdrawn
viharati	V	pr.3.s	lives, stays, remains, continues
kāyavūpakāsena	n	m.ins.s	by physical seclusion, bodily isolation
ca	ind		and
cittavūpakāsena	n	m.ins.s	by mental seclusion, mental isolation
ca.	ind		and

Having heard the Teaching of such monks, one dwells secluded by two kinds of solitude, by physical seclusion and by mental seclusion.

so tathā vūpakaṭṭho viharanto tam dhammam anussarati anuvitakketi.

SO	pn	m.n.s	he
tathā	ind		so, thus, in such a way, likewise, similarly
vūpakaṭṭho	adj	m.n.s	secluded, isolated, withdrawn
viharanto	prp	m.n.s	living, staying, remaining, continuing
taṁ	pn	m.ac.s	that
dhammaṁ	n	m.ac.s	the Teaching, Doctrine
anussarati	V	pr.3.s	remembers, recollects, bears in mind
anuvitakketi.	V	pr.3.s	ponders (over), reflects (on), rethinks,
			reconsiders

### Dwelling secluded in such a way, he recollects and reflects on that teaching.

so tathā sato viharanto tam dhammam paññāya pavicinati pavicarati parivīmamsam'āpajjati.

SO	pn	m.n.s	he
tathā	ind		so, thus, in such a way, likewise, similarly
sato	adj	m.n.s	mindful, present, attentive
viharanto	prp	m.n.s	living, staying, remaining, continuing
taṁ	pn	m.ac.s	that
dhammaṁ	n	m.ac.s	the Teaching, Doctrine
paññāya	n	f.ins.s	by wisdom, with intelligence, by
			understanding, with insight
pavicinati	V	pr.3.s	investigates, examines, tests
pavicarati	V	pr.3.s	examines, investigates, considers carefully
parivīmaṁsaṁ-	n	f	thorough investigation, complete
			examination, lit. all around investigation
āpajjati.	V	pr.3.s	arouses, exhibits, produces, engages in,
			brings into being

Dwelling mindful in such a way, he investigates with wisdom this teaching, considers carefully, and produces a complete examination.

tassa tam dhammam paññāya pavicinato pavicarato parivīmamsamāpajjato āraddham hoti vīriyam asallīnam.

tassa	pn	m.dat.s	for one
taṁ	pn	m.ac.s	that
dhammaṁ	n	m.ac.s	the Teaching, Doctrine
paññāya	n	f.ins.s	by wisdom, with intelligence, by
			understanding, with insight
pavicinato	prp	m.dat.s	for investigating, examining, testing
pavicarato	prp	m.dat.s	for examining, investigating, considering
			carefully
parivīmaṁsaṁ-	n	f	thorough investigation, complete
			examination, lit. all-around investigation
āpajjato.	prp	m.dat.s	for arousing, exhibiting, producing,
			bringing into being
āraddhaṁ	pp	nt.n.s	aroused, applied
hoti	V	pr.3.s	there is
vīriyaṁ	n	nt.n.s	effort, energy, might, power
asallīnaṁ.	adj	nt.n.s	active, without sluggishness

For one who investigates with wisdom this teaching, considers carefully, and produces complete examination, there is effort arises without sluggishness.

āraddhavīriyassa uppajjati pīti nirāmisā

āraddhavīriyassa	adj	m.dat.s	for energetic (in), with energy aroused (to),
			applying energy (to), making an effort (to)
uppajjati	V	pr.3.s	appears, arises, takes place
pīti	n	f.n.s	delight, joy, rapture, bliss
nirāmisā	adj	f.n.s	not worldly, spiritual, non-physical,
			lit. not fleshly

For one who is energetic, spiritual delight arises.

pītimanassa kāyopi passambhati cittampi passambhati

pītimanassa	adj	m.dat.s	for delighted, exhilarated, thrilled,
			lit. enraptured mind
kāyo-	n	m.n.s	body
api	ind		and, even, even then
passambhati	V	pr.3.s	calms down, relaxes
cittam-	n	nt.n.s	mind
api	ind		and, even, even then
passambhati	V	pr.3.s	calms down, relaxes

## For one with delighted mind, body calms down and mind calms down.

passaddhakāyassa sukhino cittam samādhiyati

passaddhakāyassa	adj	m.dat.s	for one with relaxed body, calm body
sukhino	adj	m.dat.s	for one at ease, happy, comfortable
cittaṁ	n	nt.n.s	mind, heart
samādhiyati	V	pr.3.s	is calmed, becomes collected, becomes
			composed, becomes stable

## For one with relaxed body and who at ease, mind becomes composed.

so tathāsamāhitam cittam sādhukam ajjhupekkhitā hoti

SO	pn	m.n.s	he
tathā-	ind		so, thus, in such a way, likewise, similarly
samāhitaṁ	adj	m.n.s	composed, centered, settled, collected
cittaṁ	n	nt.n.s	mind, heart
sādhukaṁ	ind		well, thoroughly, fully
ajjhupekkhitā	n	m.n.s	who looks on indifferently, who observes
			equanimously
hoti	V	pr.3.s	is

He is one who looks on with equanimity at the mind thus composed.

[SN 46.22] ime kho bhikkhave satta bojjhaṅgā ti

O monks, these are the seven factors of awakening.

#### THE NOBLE EIGHTFOLD PATH

Ariy'aṭṭhaṅgika-magga [DN 22.18]

ayam-eva ariyo aṭṭh'aṅgiko maggo seyyathīdaṁ sammā-diṭṭhi sammā-saṅkappo sammā-vācā sammā-kammanto sammā-ājīvo sammā-vāyāmo sammā-sati sammā-samādhi.

ayaṁ-	pn	m.n.s	this
eva	ind		only, just, so, even
ariyo	adj	m.n.s	noble, distinguished
aṭṭhaṅgiko	adj	m.n.s	with eight parts; eight-limbed, eight-fold
maggo	n	m.n.s	road, path, track
seyyathīdaṁ	ind		as follows, i.e.
sammādiṭṭhi	n	f.n.s	correct outlook, right view
sammāsaṅkappo	n	m.n.s	correct intention, right thoughts
sammāvācā	n	f.n.s	correct speech
sammākammanto	n	m.n.s	correct behaviour, right actions
sammāājīvo	n	m.n.s	correct livelihood
sammāvāyāmo	n	m.n.s	correct effort
sammāsati	n	m.n.s	correct awareness, right mindfulness
sammāsamādhi.	n	m.n.s	correct composure, stability of mind

this is the noble eightfold path, as follows: right view, right intention, right speech, right actions, right livelihood, right effort, right mindfulness, right stability of mind.

katamā ca bhikkhave sammā-diţţhi?

### And what monks is right view?

yam kho bhikkhave dukkhe ñāṇam, dukkha-samudaye ñāṇam, dukkha-nirodhe ñāṇam, dukkha-nirodha-gāminiyā paṭipadāya ñāṇam, ayam vuccati bhikkhave sammā-diṭṭhi.

katamā ca	pn	f.n.s	and what?
sammādiţţhi	n	f.n.s	correct outlook, right view
yaṁ	pn	nt.n.s	that which, what
kho	ind		indeed

dukkhe	n	nt.loc.s	in discomfort, suffering, pain, unease,
			something unsatisfactory, problem, trouble
ñāṇaṁ,	n	nt.n.s	knowledge, understanding, insight
dukkhasamudaye	n	m.loc.s	in origin of suffering, source of
			unsatisfactory
ñāṇaṁ,	n	nt.n.s	knowledge, understanding, insight
dukkhanirodhe	n	m.loc.s	in cessation of suffering, disappearance of
			suffering
ñāṇaṁ,	n	nt.n.s	knowledge, understanding, insight
dukkhanirodha-	n		cessation of suffering, disappearance of
			suffering
gāminiyā	adj	f.loc.s	leading to
paṭipadāya	n	f.loc.s	way, path of progress, path of practice
ñāṇaṁ,	n	nt.n.s	knowledge, understanding, insight
ayaṁ	pn	f.n.s	this
vuccati	V	pr.3.s	is said to be, is called
sammādiţţhi.	n	f.n.s	correct outlook, right view

Understanding of suffering, understanding of the origin of suffering, understanding of the cessation of suffering, understanding of the path leading to the cessation of suffering, this monks is called right view.

katamo ca bhikkhave sammā-sankappo?

## And what monks is right intention?

nekkhamma-saṅkappo, abyāpāda-saṅkappo, avihiṁsā-saṅkappo, ayaṁ vuccati bhikkhave sammā-saṅkappo.

nekkhamma-	n		renunciation, giving up (worldly things)
saṅkappo,	n	m.n.s	intention, volition, thought
abyāpāda-	n		goodwill, kindness, friendliness, benevolence,
			lit. not ill-will
saṅkappo,	n	m.n.s	intention, volition, thought,
avihimsā-	n		non-violence, non-cruelty, non-harm
saṅkappo,	n	m.n.s	intention, volition, thought

The intention of renunciation, the intention of non-ill-will, the intention of non-cruelty, this monks is called right intention.

katamā ca bhikkhave sammā-vācā?

### And what monks is right speech?

musā-vādā veramaṇī, pisuṇāya vācāya veramaṇī, pharusāya vācāya veramaṇī, samphappalāpā veramaṇī, ayaṁ vuccati bhikkhave sammā-vācā

musāvādā	n	m.abl.s	from lying, false speech; lit. speaking falsely
veramaṇī,	n	f.n.s	abstinence, abstaining from
pisuṇāya	adj	f.abl.s	from divisive, defamatory, slanderous
vācāya	n	f.abl.s	from speech, words, statement
veramaṇī,	n	f.n.s	abstinence, abstaining from
pharusāya	adj	f.abl.s	unkind, harsh, rough
vācāya	n	f.abl.s	from speech, words, statement
veramaṇī,	n	f.n.s	abstinence, abstaining from
samphappalāpā	n	m.abl.s	frivolous chatter, talking rubbish, idle chatter
veramaṇī,	n	f.n.s	abstinence, abstaining from

Abstaining from false speech, abstaining from divisive speech, abstaining from harsh speech, abstaining from idle chatter. This monks is called right speech.

katamo ca bhikkhave sammā-kammanto?

## And what monks is right actions?

pāṇātipātā veramaṇī, adinnādānā veramaṇī, kāmesu-micchācārā veramaṇī, ayaṁ vuccati bhikkhave sammā-kammanto.

pāṇātipātā	n	m.abl.s	from killing living beings
adinnādānā	n	m.abl.s	from theft, stealing, lit. taking what is not
			given

kāmesumicchācārā	n	nt.abl.s	sexual misconduct, wrong behaviour in
			sexual matters

# Abstaining from killing living beings, abstaining from taking what is not given, abstaining from sexual misconduct. This monks is called right actions.

katamo ca bhikkhave sammā-ājīvo?

### And what monks is right livelihood?

idha bhikkhave ariya-sāvako micchā-ājīvam pahāya sammā-ājīvena jīvitam kappeti, ayam vuccati bhikkhave sammā-ājīvo.

idha	ind		here, in this regard, in this case
ariyasāvako	n	m.n.s	disciple of the noble ones
micchā-	ind		wrongly, falsely, incorrectly, improperly
ājīvaṁ	n	m.ac.s	livelihood, way of earning a living
pahāya	V	ger	leaving behind, giving up, abandoning
sammāājīvena	n	m.ins.s	correct livelihood
jīvitaṁ	n	nt.ac.s	livelihood, lifestyle, way of life
kappeti	V	pr.3.s	prepares, makes, forms, fashions, constructs

Here disciple of the noble ones abandoning improper way of earning a living, makes his lifestyle by correct livelihood. this monks is called right livelihood.

katamo ca bhikkhave sammā-vāyāmo?

### And what monks is right effort?

idha bhikkhave bhikkhu anuppannānam pāpakānam akusalānam dhammānam anuppādāya chandam janeti vāyamati vīriyam ārabhati cittam pagganhāti padahati

idha	ind		here, in this regard, in this case
bhikkhu	n	m.n.s	monk
anuppannānaṁ	pp	m.gen.pl	of unborn, unarisen, not yet existent
pāpakānaṁ	adj	m.gen.pl	of bad, wicked, wrong, worthless

akusalānaṁ	adj	m.gen.pl	of unskillful, unbeneficial, useless
dhammānaṁ	n	m.gen.pl	of states of mind
anuppādāya	n	nt.dat.s	for non arising, non-appearance, not coming
			into existence
chandaṁ	n	m.ac.s	desire, wish, intention, impulse
janeti	V	pr.3.s	generates, produces, lit. causes production of
vāyamati	V	pr.3.s	tries, makes an effort, strives for,
			exerts oneself
vīriyaṁ	n	nt.ac.s	effort, energy, might, power
ārabhati	V	pr.3.s	begins, starts, undertaking, arouses
cittaṁ	n	nt.ac.s	mind
paggaṇhāti	V	pr.3.s	applies effort, strives on, goes for it,
			endeavours, exerts
padahati	V	pr.3.s	exerts oneself, strives, applies oneself,
			lit. put forward

Here monks a monk generates intention for the non-arising of unarisen worthless, unskillful states of mind, he exerts oneself, arouses energy, exerts his mind and strives.

uppannānam pāpakānam akusalānam dhammānam pahānāya chandam janeti vāyamati vīriyam ārabhati cittam paggaṇhāti padahati

uppannānaṁ	pp	m.gen.pl	of arisen, appeared, come into existence
pāpakānaṁ	adj	m.gen.pl	of bad, wicked, wrong, worthless
akusalānaṁ	adj	m.gen.pl	of unskilful, unbeneficial, useless
dhammānaṁ	n	m.gen.pl	of states of mind
pahānāya	n	nt.dat.s	for giving up, letting go, removal, abandoning

He generates intention for the abandoning of arisen worthless, unskillful states of mind, he exerts oneself, arouses energy, exerts his mind and strives.

anuppannānam kusalānam dhammānam uppādāya chandam janeti vāyamati vīriyam ārabhati cittam paggaṇhāti padahati

anuppannānaṁ	pp	m.gen.pl	of unborn, unarisen, not yet existent
kusalānaṁ	adj	m.gen.pl	of beneficial, useful, good, wholesome

dhammānaṁ	n	m.gen.pl	of states of mind
uppādāya	n	m.dat.s	for arising, appearing, coming into being

He generates intention for the arising of unarisen worthless, unskilful states of mind, he exerts oneself, arouses energy, exerts his mind and strives.

uppannānam kusalānam dhammānam ṭhitiyā asammosāya bhiyyobhāvāya vepullāya bhāvanāya pāripūriyā chandam janeti vāyamati vīriyam ārabhati cittam paggaṇhāti padahati

uppannānaṁ	pp	m.gen.pl	of arisen, appeared, come into existence
kusalānaṁ	adj	m.gen.pl	of beneficial, useful, good, wholesome
dhammānaṁ	n	m.gen.pl	of states of mind
ṭhitiyā	n	f.dat.s	for stability, constancy, endurance, long
			lasting, strengthening, lit. standing
asammosāya	n	m.dat.s	for not forgetting, non-confusion
bhiyyobhāvāya	n	m.dat.s	for growth, increase, multiplication
vepullāya	n	nt.dat.s	for full development, maturity
bhāvanāya	n	f.dat.s	for development, cultivation, meditation
pāripūriyā	n	f.dat.s	for fulfillment, completion, culmination,
			maturity

He generates intention for the strengthening, not forgetting, increase, maturity, cultivation and fulfilment of arisen unskilful states of mind, he exerts oneself, arouses energy, exerts his mind and strives.

ayam vuccati bhikkhave sammā-vāyāmo

### this monks is called right effort

katamā ca, bhikkhave, sammāsati?

## and what monks is right mindfulness?

idha, bhikkhave, bhikkhu kāye kāyānupassī viharati ātāpī sampajāno satimā, vineyya loke abhijjhā-domanassam

idha-	ind		here
bhikkhu	n	m.n.s	monk
kāye	n	m.loc.s	in body
kāya-	n		body
anupassī	n	m.n.s	observer; one who contemplates
viharati	V	pr.3.s	he stays
ātāpī	adj	m.n.s	ardent; strenuous, with continuous
			effort, lit. burning
sampajāno	adj	m.n.s	thoughtful, clearly aware, attentive,
			knowing
satimā	adj	m.n.s	mindful, fully present, attentive
vineyya	V	ger	removing, getting rid (of)
loke	n	m.loc.s	in world
abhijjhā-	n	f.	wishing, wanting, covetousness, greed
domanassam	n	nt.ac.s	(mental) suffering, distress,
			dissatisfaction

Here a monk stays with the body, contemplating the body, resolute, clearly aware and fully present, removing greed and dissatisfaction towards the world.

vedanāsu vedanānupassī viharati ātāpī sampajāno satimā, vineyya loke abhijjhādomanassam

vedanāsu	n	m.loc.pl	in feelings, sensations
vedanānupassī	n	m.n.s	observer of feelings

Here a monk stay with the feelings, contemplating the feelings, resolute, clearly aware and fully present, removing greed and dissatisfaction towards the world.

citte cittānupassī viharati ātāpī sampajāno satimā, vineyya loke abhijjhā-domanassam

citte n m.loc.pl in mind cittānupassī n m.n.s observer of mind

Here a monk stays with the mind, contemplating the mind, resolute, clearly aware and fully present, removing greed and dissatisfaction towards the world.

dhammesu dhammānupassī viharati ātāpī sampajāno satimā, vineyya loke abhijjhādomanassam.

dhammesu	n	m.loc.pl	in mental phenomena, Dhammas
dhammānupassī	n	m.n.s	observer of mental phenomena,
			of Dhammas

Here a monk stays with the mental phenomena (Dhammas), contemplating the mental phenomena (Dhammas), resolute, clearly aware and fully present, removing greed and depression towards the world.

ayam vuccati bhikkhave sammā-sati

## this moks is called right mindfulness

katamo ca bhikkhave sammā-samādhi

katamo	pn	m.n.s	what? which (of the many)?
ca	ind		and
bhikkhave	n	m.voc.pl	o monks
sammā-	ind		perfectly, rightly, correctly
samādhi	n	m.n.s	perfect peace of mind, stability of
			mind, stillness of mind

## and what monks is right stability of mind?

idha bhikkhave bhikkhu vivicc'eva kāmehi vivicca akusalehi dhammehi,

idha	ind		here, in this regard, in this case
bhikkhave	n	m.voc.pl	o monks
bhikkhu	n	m.n.s	monk
vivicca-	V	ger	separating oneself from, aloof from
eva	ind		just
kāmehi	n	m.abl.pl	from pleasures, sensual pleasures
vivicca	V	ger	separating oneself from, aloof from

akusalehi	adj	m.abl.pl	from unskillful, unbeneficial, useless
dhammehi	n	m.abl.pl	from mental states

# Here, monks, monk separating oneself from sensual pleasures, separating oneself from unskillful mental states

savitakkam savicāram vivekajam pītisukham paṭhamam jhānam upasampajja viharati

savitakkaṁ	adj	nt.ac.s	with thinking, with reflection
savicāraṁ	adj	nt.ac.s	with investigation, with consideration
vivekajaṁ	adj	nt.ac.s	born from seclusion, born from
			discrimination
pītisukhaṁ	adj	nt.ac.s	with joy and happiness, delight and
			ease
paṭhamaṁ	adj	nt.ac.s	the first
jhānaṁ	n	nt.ac.s	state of meditation
upasampajja	V	ger	reaching, attaining, arriving at
viharati	V	pr.3.s	lives; abides; dwells

# he attaining and remains in the first state of meditation, (which) with thinking, with investigation and with the delight and ease born from seclusion.

vitakkavicārānam vūpasamā ajjhattam sampasādanam cetaso ekodibhāvam avitakkam avicāram samādhijam pītisukham dutiyam jhānam upasampajja viharati.

vitakkavicārānam	n	m.gen.pl	thinking and investigation(s)
vūpasamā	n	m.abl.s	from peace, calming, subsiding, settling
ajjhattaṁ	adj	nt.n.s	inner; subjective; within oneself; what is
			internal; oneself.
sampasādanaṁ	adj	nt.n.s	with calmness, tranquillity, serenity
cetaso	n	m.gen.s	of mind
ekodibhāvaṁ	adj	m.ac.s	with singleness; integration; unification
			lit. unified state
avitakkaṁ	adj	nt.ac.s	free from thinking
avicāram	adj	nt.ac.s	free from investigation
samādhijaṁ	adj	nt.ac.s	produced by stability of mind

pītisukhaṁ	adj	nt.ac.s	with joy and happiness, delight and ease
dutiyaṁ	adj	nt.ac.s	the second
jhānaṁ	n	nt.ac.s	state of meditation
upasampajja	V	ger	reaching, attaining, arriving at
viharati	V	pr.3.s	lives; abides; dwells

from the settling of thinking and investigation, he attaining and remains in the second state of meditation, (which) with internal tranquillity, with unification of mind, free from thinking, free from investigation, with delight and ease produced by stability of mind.

pītiyā ca virāgā upekkhako ca viharati, sato ca sampajāno, sukhañ'ca kāyena paṭisaṁvedeti, yaṁ taṁ ariyā ācikkhanti — 'upekkhako satimā sukhavihārī'ti tatiyaṁ jhānaṁ upasampajja viharati.

pītiyā	n	f.gen.s	of joy, delight
ca	ind		and
virāgā	n	m.abl.s	from waning, fading, lit. de-colouring
upekkhako	adj	m.n.s	mental poised, mentally balanced,
			equanimous, looking on, disregarding
ca	ind		and
viharati	V	pr.3.s	stays, dwells
sato	adj	m.n.s	mindful, present, attentive
ca	ind		and
sampajāno	adj	m.n.s	clearly aware, attentive, knowing
sukham-	n	nt.ac.s	ease; comfort
ca	ind		and
kāyena	n	m.ins.s	with, by body
pațisamvedeti,	V	pr.3.s	feels, experiences, undergoes
yaṁ	pn	m.ac.s	whoever, who, which
taṁ	pn	m.ac.s	him
ariyā	n	m.n.pl	noble people, men of integrity
ācikkhanti —	V	pr.3.pl	tell about, describe, point out, teach
'upekkhako	adj	m.n.s	mental poised, mentally balanced,
			equanimous, looking on, disregarding
satimā	adj	m.n.s	mindful, fully present, attentive

sukhavihārī'ti	adj	m.n.s	who lives at ease, who lives comfortably
tatiyaṁ	adj	nt.ac.s	the third
jhānaṁ	n	nt.ac.s	state of meditation
upasampajja	V	ger	reaching, attaining, arriving at
viharati	V	pr.3.s	lives; abides; dwells

from fading away of delight, he stays mentally balanced, mindful and clearly aware, experiencing ease by body, he attaining and remains in the third state of meditation, about him noble people tell: "mentally balanced and mindful he is one who lives at ease"

sukhassa ca pahānā dukkhassa ca pahānā, pubbeva somanassa-domanassānaṁ atthaṅgamā, adukkhamasukhaṁ upekkhā-sati-pārisuddhiṁ catutthaṁ jhānaṁ upasampajja viharati.

sukhassa	n	nt.gen.s	of happiness; ease
ca	ind		and
pahānā	n	nt.abl.s	from giving up, letting go, removal, abandoning
dukkhassa	n	nt.gen.s	of suffering; pain; misery
ca	ind		and
pahānā	n	nt.abl.s	from giving up, letting go, removal, abandoning
pubb'eva	ind		just in front of, just before, previous,
			as before, as earlier
somanassadomanassāna	ṁ n	nt.gen.pl	of (mental) pleasure and displeasure,
			satisfaction and dissatisfaction
atthaṅgamā	n	m.abl.s	from disappearance, vanishing, settling
			down, subsiding, lit. going home
adukkhamasukham	adj	m.ac.s	neutral, neither unpleasant nor pleasant,
			neither comfortable nor uncomfortable
upekkhā-	n		mental poise, mental balance, equanimity,
			composure
sati-	n		mindfulness, presence, recollection,
			awareness
pārisuddhim	n	f.ac.s	purity, purification
catuttham	adj	nt.ac.s	the fourth

jhānaṁ	n	nt.ac.s	state of meditation
upasampajja	V	ger	reaching, attaining, arriving at
viharati	V	pr.3.s	lives; abides; dwells

from letting go of happiness, from letting go of suffering, as from earlier disappearance satisfaction and dissatisfaction, he attaining and remains in the fourth state of meditation, (which) neither unpleasant nor pleasant, with purification of awareness by equanimity

ayam vuccati bhikkhave sammā-samādhi

this monks is called right stability of mind

ayam-eva ariyo aṭṭh'aṅgiko maggo

this is the noble eightfold path

#### MINDFULNESS OF BREATHING

Ānāpānassati

[MN 118]

ānāpānassati bhikkhave bhāvitā bahulī-katā mahapphalā hoti mahā-nisamsā

ānāpānassati	n	f.n.s	attention to in and out breathing,
			mindfulness of inhalation and exhalation
bhāvitā	pp	f.n.s	cultivated, developed, lit. caused to be
bahulīkatā	adj	f.n.s	practised often, devoted oneself to, lit. made
			much of
mahapphalā	adj	f.n.s	of great fruit, yielding good results
hoti	V	pr.3.s	is
mahānisaṁsā	adj	f.n.s	of great benefit, highly profitable

Monks, (when) mindfulness of inhalation and exhalation is developed and practised often, it is of great fruit and great benefit.

ānāpānassati bhikkhave bhāvitā bahulī-katā cattāro satipaṭṭhāne paripūreti

cattāro	adj	m.ac.pl	four (4)
satipaṭṭhāne	n	m.ac.pl	establishing mindfulness, setting up
			attention, foundations of mindfulness
paripūreti	V	pr.3.s	fills up, suffuses, lit. causes to fill

Monks, (when) mindfulness of inhalation and exhalation is developed and practised often, it is fills up four foundations of mindfulness

cattāro satipaṭṭhānā bhāvitā bahulī-katā satta-bojjhaṅge paripūrenti

adj		seven (7)
n	m.ac.pl	elements of awakening, factors of
		enlightenment
V	pr.3.pl	fill up, suffuse, lit. cause to fill
	adj n v	n m.ac.pl

# four foundations of mindfulness, (when) developed and practised often, they fill up seven factors of awakening.

satta-bojjhangā bhāvitā bahulī-katā vijjā-vimuttim paripūrenti

vijjā-	n		knowledge, wisdom, understanding
vimuttim	n	f.ac.s	freedom, liberation

# seven factors of awakening, (when) developed and practised often, they fill up liberation by understanding.

katham bhāvitā ca bhikkhave ānāpānassati katham bahulī-katā mahapphalā hoti mahānisamsā?

katham ind how? why?

# And how monks mindfulness of inhalation and exhalation is developed? How practised often it is of great fruit and great benefit?

idha, bhikkhave, bhikkhu araññagato vā rukkhamūlagato vā suññāgāragato vā nisīdati, pallaṅkaṁ ābhujitvā, ujuṁ kāyaṁ paṇidhāya, parimukhaṁ satiṁ upaṭṭhapetvā.

idha-	ind		here
bhikkhu	n	m.n.s	monk
arañña-gato	pp	m.n.s	gone to a forest
vā	ind		or
rukkha-mūla-gato	pp	m.n.s	gone to the foot of a tree
vā	ind		or
suñña-agāra-gato	pp	m.n.s	gone to the empty dwelling
vā	ind		or
nisīdati	V	pr.3.s	sits down
pallaṅkaṁ	n	m.ac.s	cross-legged sitting position
ābhujitvā	V	abs	having bent, having folded
ujuṁ	ind	adv	straightly, erectly
kāyaṁ	n	m.ac.s	body

paṇidhāya	V	ger	guiding, directing, determining
parimukhaṁ	ind	adv	as first priority, to the fore, in front of
satim	n	f.ac.s	mindfulness, presence, awareness
upaṭṭhapetvā	v.caus	abs	having caused to attend, having set up,
			having made sure is present

Here monk, having gone to the forest, to the root of a tree, or to an empty dwelling, sits down, having folded cross-legged sitting position, directing body erectly and having set up mindfulness in front of him.

so sato'va assasati, sato'va passasati. dīgham vā assasanto 'dīgham assasāmī'ti pajānāti, dīgham vā passasanto 'dīgham passasāmī'ti pajānāti

SO	pn	m.n.s	he
sato-eva	adj	m.n.s	just mindful
assasati	V	pr.3.s	breathes in; inhales
sato-eva	adj	m.n.s	just mindful
passasati	V	pr.3.s	breathes out

## just mindful, he breathes in, just mindful, he breathes out.

dīghaṁ	ind	adv	long, deeply
vā	ind		or
assasanto	pr.p	m.n.s	breathing in
'dīghaṁ	ind	adv	deeply
assasāmī'ti	V	pr.3.s	I breathe in; inhale
pajānāti	V	pr.3.s	knows clearly

# breathing in deeply he knows clearly: 'I'm breath in deeply.'

dīghaṁ	ind	adv	long, deeply
vā	ind		or
passasanto	pr.p	m.n.s	breathing out
'dīghaṁ	ind	adv	deeply
passasāmī'ti	V	pr.3.s	I breathes out
pajānāti	V	pr.3.s	knows clearly

# or breathing out deeply he knows clearly: 'I'm breath out deeply.'

rassam vā assasanto 'rassam assasāmī'ti pajānāti, rassam vā passasanto 'rassam passasāmī'ti pajānāti

rassaṁ	ind	adv	short, shortly
vā	ind		or
assasanto	pr.p	m.n.s	breathing in
'rassaṁ	ind	adv	shortly
assasāmī'ti	V	pr.3.s	I breathe in; inhale
pajānāti	V	pr.3.s	knows clearly

# or breathing in shortly he knows clearly: 'I'm breath in shortly.'

rassaṁ	ind	adv	short, shortly or
vā	ind		or
passasanto	pr.p	m.n.s	breathing out
'rassaṁ	ind	adv	shortly
passasāmī'ti	V	pr.3.s	I breathe out
pajānāti	V	pr.3.s	knows clearly

# or breathing out shortly he knows clearly: 'I'm breath out shortly.'

'sabbakāyapaṭisaṁvedī assasissāmī'ti sikkhati, 'sabbakāyapaṭisaṁvedī passasissāmī'ti sikkhati

sabba-	adj		all, whole
kāya-	n		body
paṭisaṁvedī	adj	m.n.s	who experiences, feels
assasissāmī'ti	V	fut.3.s	I will breathe in; inhale
sikkhati	V	pr.3.s	learns; trains himself; practises

# he trains: "I will breathe in experiencing the whole body."

sabba-	adj	all, whole
kāya-	n	body

paṭisaṁvedī	adj	m.n.s	who experiences, feels
passasissāmī'ti	V	fut.3.s	I will breathe out
sikkhati	V	pr.3.s	learns; trains himself; practises

# he trains: "I will breathe out experiencing the whole body."

'passambhayam kāyasankhāram assasissāmī'ti sikkhati, 'passambhayam kāyasankhāram passasissāmī'ti sikkhati.

passambhayaṁ	pr.p.c	aus m.n.s	calming, stilling, settling	
kāya-	n	m	body	
saṅkhāraṁ	n	m.ac.s	condition, construction, formation,	
			intention	
assasissāmī'ti	V	fut.3.s	I will breathe in; inhale	
sikkhati,	V	pr.3.s	learns; trains himself; practises	

# he trains: "I will breathe in calming the bodily formation."

passambhayaṁ	pr.p.cau	s m.n.s	calming, stilling, settling	
kāya-	n	m	body	
saṅkhāraṁ	n	m.ac.s	condition, construction, formation,	
			intention	
passasissāmī'ti	V	fut.3.s	I will breathe out	
sikkhati,	V	pr.3.s	learns; trains himself; practises	

# he trains himself: "I will breathe out calming the bodily formation."

pīti-paṭisaṁvedī assasissāmī'ti sikkhati, 'pīti-paṭisaṁvedī passasissāmī'ti sikkhati;

pīti-	n	f	joy; delight; emotion
paţisaṁvedī	n	m.n.s	who experiences, feels

He trains: 'I will breathe in experiencing rapture.' He trains: 'I will breathe out experiencing rapture.

'sukha-paṭisaṁved	ī assasissān	nī'ti sikkhati, '	sukha-paṭisaṁvedī passasissāmī'ti sikkhati;
sukha-	n		pleasure, ease, happiness
He trains: 'I will be experiencing pleas		experiencing p	pleasure.' He trains: 'I will breathe out
'cittasaṅkhāra-paṭi passasissāmī'ti sikl		sasissāmī'ti sil	kkhati, 'cittasaṅkhāra-paṭisaṁvedī
citta-saṅkhāra-	n		mental activity, thought formation
He trains: 'I will be experiences menta		experiencing i	nental activity.' He trains: 'I will breathe out
'passambhayaṁ cit passasissāmī'ti sikl		n assasissāmī'	ti sikkhati, 'passambhayaṁ cittasaṅkhāraṁ
passambhayaṁ citta-saṅkhāra-	pr.p n	m.n.s	calming, lit. causing to be calm mental activity, thought formation
He trains: 'I will b		calming menta	al activity.' He trains: 'I will breathe out
cittapațisaṁvedī as	sasissāmī'ti	i sikkhati, 'citt	apaṭisaṁvedī passasissāmī'ti sikkhati;
citta-	n	m	mind
He trains: 'I will be experiences the m		experiences th	e mind.' He trains: 'I will breathe out
ʻabhippamodayaṁ sikkhati;	cittaṁ assa	sissāmī'ti sikk	hati, 'abhippamodayaṁ cittaṁ passasissāmī'ti
abhippamodayaṁ	pr.p	m.n.s	gladdening, satisfying, making please

He trains: 'I will breathe in gladdening the mind.' He trains: 'I will breathe out gladdening the mind.'					
'samādahaṁ cittaṁ as	ssasissāmī'ti	sikkhati, 'sar	nādaham cittam passasissāmī'ti sikkhati;		
samādahaṁ	pr.p	m.n.s	composing, stabilizing, collecting		
He trains: 'I will bre stabilizing the mind.		ilizing the m	ind.' He trains: 'I will breathe out		
'vimocayam cittam as	ssasissāmī'ti	sikkhati, 'vin	nocayam cittam passasissāmī'ti sikkhati.		
vimocayaṁ	pr.p	m.n.s	releasing; freeing		
He trains: 'I will bre the mind.	athe in relea	asing the mir	nd.' He trains: 'I will breathe out releasing		
'anicc-ānupassī assasī	issāmī'ti sikk	khati, 'anicc-ā	īnupassī passasissāmī'ti sikkhati;		
anicca- anupassī	n adj	m.n.s	impermanence, unsuitability observer; one who contemplates.		
He trains: 'I will breathe in observing impermanence.' He trains: 'I will breathe out observing impermanence.'					
'virāgānupassī assasis	ssāmī'ti sikkl	nati, 'virāgān	upassī passasissāmī'ti sikkhati;		
virāga-	n		fading away of desire, waning of passion		
He trains: 'I will breathe in observing fading away of desire.' He trains: 'I will breathe out observing fading away of desire.'					
'nirodhānupassī assas	issāmī'ti sikl	khati, 'nirodh	ānupassī passasissāmī'ti sikkhati;		
nirodha-	n		ending, cessation, finishing		

He trains: 'I will breathe in observing cessation.' He trains: 'I will breathe out observing cessation.

'paṭinissaggānupassī assasissāmī'ti sikkhati, 'paṭinissaggānupassī passasissāmī'ti sikkhati.

paṭinissagga- n giving up; rejection; relinquishment

He trains himself, 'I will breathe in observing relinquishment.' He trains himself, 'I will breathe out observing relinquishment.'

evam bhāvitā kho, bhikkhave, ānāpānassati evam bahulīkatā mahapphalā hoti mahānisamsā.

evaṁ	ind		thus, this, like this, just as, such
bhāvitā	pp	f.n.s	cultivated, developed, lit. caused to be
kho	ind		indeed
ānāpānassati	n	f.n.s	attention to in and out breathing,
			mindfulness of inhalation and exhalation
evaṁ	ind		thus, this, like this, just as, such
bahulīkatā	adj	f.n.s	practised often, devoted oneself to, lit. made
			much of
mahapphalā	adj	f.n.s	of great fruit, yielding good results
hoti	V	pr.3.s	is
mahānisaṁsā	adj	f.n.s	of great benefit, highly profitable

In this way cultivated indeed, monks, in this way mindfulness of inhalation and exhalation practised often, it is of great fruit and great benefit.

#### **DEPENDENT ORIGINATION**

Paṭicca-samuppāda [SN 12.2 / Abhi Vibh 6.1 / Abhi Vibh 4.1.1]

avijjā-paccayā sankhārā; sankhāra-paccayā viñnānam; vinnāna-paccayā nāmarūpam; nāmarūpa-paccayā saļāyatanam; saļāyatana-paccayā phasso; phassa-paccayā vedanā;

avijjāpaccayā	n	m.abl.s	from ignorance as condition
>avijjā-	n	f.	ignorance
>paccayā	n	m	cause, supporting condition, prerequisite
saṅkhārā	n	m.n.pl	formations
saṅkhārapaccayā	n	m.abl.s	from volitional formations as condition
viññāṇaṁ	n	nt.n.s	consciousness
viññāṇapaccayā	n	m.abl.s	from consciousness as condition
nāmarūpaṁ	n	nt.n.s	name and form, mind and body
nāmarūpapaccayā	n	m.abl.s	from mind and body as condition
saļāyatanaṁ	n	nt.n.s	six (internal) fields, six (internal sense) bases,
			six sense organs
saļāyatanapaccayā	i n	m.abl.s	from six (internal) fields as condition
phasso	n	m.n.s	contact, touch
phassapaccayā	n	m.abl.s	from contact as condition
vedanā	n	f.n.s	feeling, sensation, felt experience

From ignorance as condition formations arise, from formations as condition consciousness arises, from consciousness as condition mind and body arise, from mind and body as condition six (internal) fields arise, from six (internal) fields as condition contact arises, from contact as condition feelings arise,

vedanā-paccayā taṇhā; taṇhā-paccayā upādānam; upādāna-paccayā bhavo; bhava-paccayā jāti; jāti-paccayā jarāmaraṇam soka-parideva-dukkhadomanass'upāyāsā sambhavanti.

vedanāpaccayā	n	m.abl.s	from felt experience as condition
taṇhā	n	f.n.s	craving, desire; lit: thirst
taṇhāpaccayā	n	m.abl.s	from craving as condition
upādānaṁ	n	nt.n.s	grasping, clinging
upādānapaccayā			from grasping as condition

bhavo	n	m.n.s	becoming, being, existence
bhavapaccayā	n	m.abl.s	from becoming as condition
jāti	n	f.n.s	birth
jātipaccayā	n	m.abl.s	from birth as condition
jarāmaraṇaṁ	n	nt.n.s	aging and death
soka-	n		grief, sorrow, sadness
parideva-	n		mourning, lament, wail, cry
dukkhadomanass-	n		pain and stress, physical pain and mental
			suffering
upāyāsā	n	m.n.pl	afflictions, agitations, troubles
sambhavanti.	V	pr.3.pl	are produced, come together, arise together

From felt experience as condition craving arises, from craving as condition clinging arises, from clinging as condition becoming arise, from becoming as condition birth arise, from birth as condition – aging and death, sorrows, laments, pains, stress and troubles arise.

evametassa kevalassa dukkhakkhandhassa samudayo hoti.

evaṁ-	ind		thus, this, like this, just as, such
etassa	pn	m.gen.s	of this
kevalassa	adj	m.gen.s	of whole, altogether, total, entire
dukkhakkhandhassa		n m.gen.s	of heap of suffering, mountain of suffering
samudayo	n	m.n.s	arising, appearance
hoti.	V	pr.3.s	there is

## such is arising of this whole heap of suffering.

tattha katamā avijjā?

tattha	ind		in that regard, in that case
katamā	pn	f.n.s	what? which (of the many)?
avijjā	n	f.n.s	ignorance

## What is 'ignorance' in that regard?

dukkhe aññāṇaṁ, dukkhasamudaye aññāṇaṁ, dukkhanirodhe aññāṇaṁ, dukkhanirodhagāminiyā paṭipadāya aññāṇaṁ.

dukkhe	n	nt.loc.s	in discomfort, suffering, pain, unease,
			something unsatisfactory, problem, trouble
aññāṇaṁ,	n	nt.n.s	ignorance (of), lack of understanding (of), not
			knowing (about)
dukkhasamudaye	n	m.loc.s	in origin of suffering, source of
			unsatisfactory
aññāṇaṁ,	n	nt.n.s	ignorance (of), lack of understanding (of), not
			knowing (about)
dukkhanirodhe	n	m.loc.s	in cessation of suffering, disappearance of
			suffering
aññāṇaṁ,	n	nt.n.s	ignorance (of), lack of understanding (of), not
			knowing (about)
dukkhanirodha-	n		cessation of suffering, disappearance of
			suffering
gāminiyā	adj	f.loc.s	leading to
paṭipadāya	n	f.loc.s	way, path of progress, path of practice
aññāṇaṁ,	n	nt.n.s	ignorance (of), lack of understanding (of), not
			knowing (about)

not knowing suffering, not knowing the origin of suffering, not knowing the cessation of suffering, not knowing the path leading to the cessation of suffering.

ayam vuccati avijjā.

ayaṁ	pn	f.n.s	this
vuccati	V	pr.3.s	is said to be, is called

# this is called 'ignorance'.

tattha katame avijjā-paccayā sankhārā?

what are 'formations', with ignorance as a condition, in that regard?

puññ'ābhisankhāro, apuññ'ābhisankhāro, āneñj'ābhisankhāro; kāyasankhāro, vacīsankhāro, cittasankhāro.

puñña-	adj		meritorious, good, wholesome
abhisaṅkhāro,	n	m.n.s	construction, fabrication, formation
apuñña-	adj		demeritorious, bad, unwholesome
abhisaṅkhāro,	n	m.n.s	construction, fabrication, formation
āneñja-	adj		immovable, imperturbable
abhisaṅkhāro;	n	m.n.s	construction, fabrication, formation
kāyasaṅkhāro,	n	m.n.s	physical activity, bodily formations
vacīsaṅkhāro,	n	m.n.s	verbal formations (in the mind), thoughts in
			language, internal dialogue
cittasaṅkhāro.	n	m.n.s	mental activity, thought formation

Wholesome formation, unwholesome formation, immovable formation, bodily formations, verbal formations, mental formation.

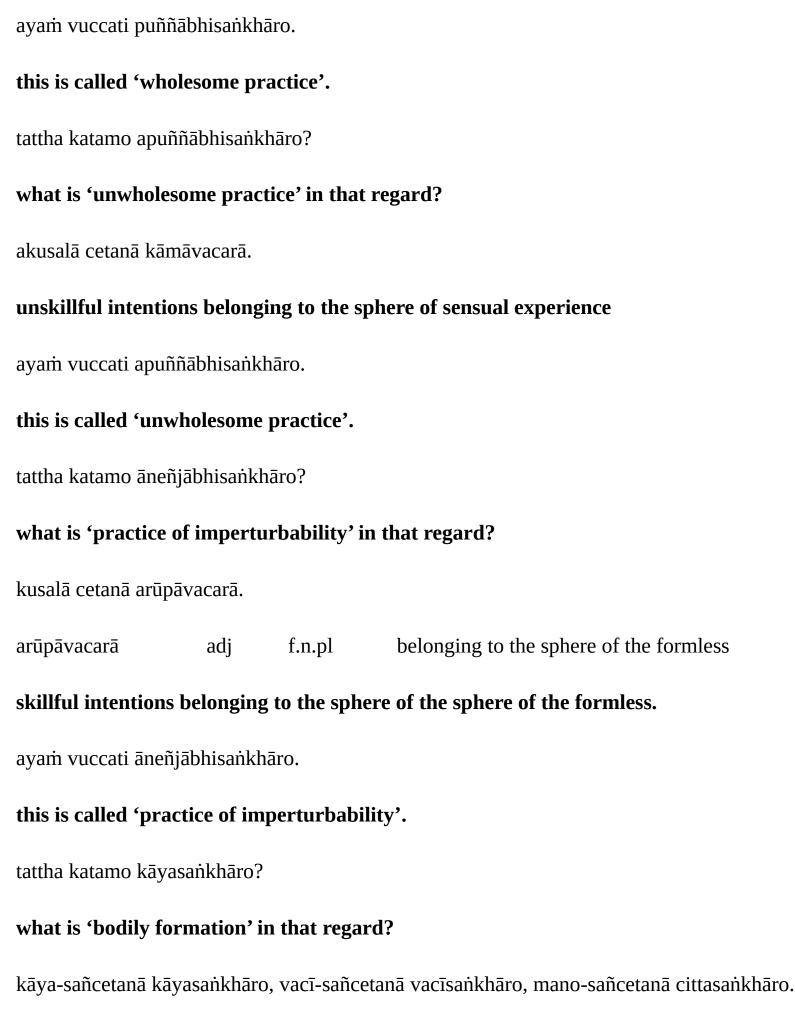
tattha katamo puññābhisankhāro?

# what is 'wholesome practice' in that regard?

kusalā cetanā kāmāvacarā, rūpāvacarā; dānamayā, sīlamayā, bhāvanāmayā.

kusalā	adj	f.n.pl	beneficial, skillful, good, wholesome
cetanā	n	f.n.pl	intentions, will
kāmāvacarā,	adj	f.n.pl	belonging to the sphere of sensual experience
rūpāvacarā;	adj	f.n.pl	belonging to the world of (subtle material)
			form.
dānamayā,	adj	f.n.pl	made by giving, produced by charity
sīlamayā,	adj	f.n.pl	made by morality, produced by behaviour
bhāvanāmayā.	adj	f.n.pl	made by cultivation, produced by meditation

skillful intentions belonging to the sphere of sensual experience, belonging to the world of (subtle material) form, produced by giving, produced by morality, produced by meditation.



sañcetanā n f.n.s volition, intention, will

volition associated with the body is the bodily formation, volition associated with speech is the verbal formation, volition associated with the mind is the mental formation.

ime vuccanti avijjā-paccayā sankhārā.

these are called 'formations', with ignorance as a condition.

tattha katamam sankhāra-paccayā viññāṇam?

what is 'consciousness', with formations as a condition, in that regard?

cakkhuviññāṇam, sotaviññāṇam, ghānaviññāṇam, jivhāviññāṇam, kāyaviññāṇam, manoviññāṇam.

cakkhuviññāṇaṁ,	n	nt.n.s	eye consciousness, visual awareness, seeing
sotaviññāṇaṁ,	n	nt.n.s	ear consciousness, auditory awareness,
			hearing
ghānaviññāṇaṁ,	n	nt.n.s	nose consciousness, olfactory awareness,
			smelling
jivhāviññāṇaṁ,	n	nt.n.s	tongue consciousness, gustatory awareness,
			tasting
kāyaviññāṇaṁ,	n	nt.n.s	body consciousness, tactile awareness,
			touching
manoviññāṇaṁ.	n	nt.n.s	mind consciousness, mental awareness,
			thinking

eye-consciousness, ear-consciousness, nose-consciousness, tongue-consciousness, body-consciousness, mind-consciousness.

idam vuccati sankhāra-paccayā viñnāṇam.

this is called 'consciousness', with formations as a condition.

tattha katamam viññāṇa-paccayā nāmarūpam?

## what is 'mind-and-body', with consciousness as a condition, in that regard?

atthi nāmam, atthi rūpam.

atthi	V	pr.3.s	there is, there exists
nāmaṁ,	n	nt.n.s	mind, lit. name
atthi	V	pr.3.s	there is, there exists
rūpaṁ.	n	nt.n.s	body, physical body, bodily form

## there is 'the mind', there is 'the body'.

tattha katamam nāmam?

### what is 'the mind' in that regard?

vedanākkhandho, sankhārakkhandho.

vedanākkhandho	n	m.n.s	aggregate of sensations, combination of feelings
saññākkhandho,	n	m.n.s	aggregate of perceptions, combination of
			conceptions
saṅkhārakkhandho	n	m.n.s	aggregate of volition, combination of
			intentions

the aggregate of feelings, the aggregate of perceptions, the aggregate of intentions.

idam vuccati nāmam.

# this is called 'the mind'.

tattha katamam rūpam?

# what is 'the body' in that regard?

cattāro mahābhūtā, catunnañ'ca mahābhūtānam upādāya rūpam.

cattāro	adj	m.n.pl	four (4)
mahābhūtā,	n	m.n.pl	primary elements, earth water fire wind, lit.
			great element
catunnañ'ca	adj	m.gen.pl	of four (4)
mahābhūtānaṁ	n	m.gen.pl	of primary elements, earth water fire wind,
			lit. great element
upādāya	V	ger	derived (from), dependent (on),
			lit. grasping (onto)
rūpaṁ.	n	nt.ac.s	body, physical body, bodily form

## the four great elements and the body dependent on the four great elements.

idam vuccati rūpam.

#### this is called 'the body'.

iti idañ'ca nāmam, idañ'ca rūpam.

# thus is this mind and this body.

idam vuccati viññāṇa-paccayā nāmarūpam.

# this is called 'mind-and-body', with consciousness as a condition.

tattha katamam nāmarūpa-paccayā saļāyatanam?

## what is 'six internal sense fields', with mind-and-body as a condition, in that regard?

cakkhāyatanam, sotāyatanam, ghānāyatanam, jivhāyatanam, kāyāyatanam, manāyatanam.

cakkhāyatanaṁ,	n	nt.n.s	field of vision, seeing base, eye
sotāyatanaṁ,	n	nt.n.s	field of hearing, auditory base, ear
ghānāyatanaṁ,	n	nt.n.s	field of smelling, olfactory base, nose
jivhāyatanam,	n	nt.n.s	field of tasting, base of taste, tongue
kāyāyatanaṁ,	n	nt.n.s	field of touching, somatic base, body

manāyatanam. n nt.n.s field of intellect, base of mental, mind

field of the eye, field of the ear, field of the nose, field of taste, field of the body, field of mind.

idam vuccati nāmarūpa-paccayā saļāyatanam.

this is called 'six internal sense fields', with mind-and-body as a condition.

tattha katamo saļāyatana-paccayā phasso?

what is 'contact', with the six internal sense fields as a condition, in that regard?

cakkhusamphasso, sotasamphasso, ghānasamphasso, jivhāsamphasso, kāyasamphasso, manosamphasso.

cakkhusamphasso,	n	m.n.s	contact with the eye, visual impression
sotasamphasso,	n	m.n.s	contact with the ear, auditory impression
ghānasamphasso,	n	m.n.s	contact with the nose, olfactory impression
jivhāsamphasso,	n	m.n.s	contact with the tongue, taste impression
kāyasamphasso,	n	m.n.s	physical contact, somatic impression
manosamphasso.	n	m.n.s	contact with the mind, mental impression

contact with the eye, contact with the ear, contact with the nose, contact with the tongue, physical contact, contact with the mind.

ayam vuccati saļāyatana-paccayā phasso.

this is called 'contact', with the six sense fields as a condition.

tattha katamā phassa-paccayā vedanā?

what is 'feeling', with contact as a condition, in that regard?

cakkhusamphassajā vedanā, sotasamphassajā vedanā, ghānasamphassajā vedanā, jivhāsamphassajā vedanā, kāyasamphassajā vedanā, manosamphassajā vedanā.

cakkhu-samphassa-jā	adj	f.n.s	caused by eye contact, produced by visual
			impression
sotasamphassajā	adj	f.n.s	caused by contact with the ear, produced by
			from auditory impression
ghānasamphassajā	adj	f.n.s	caused by contact with the nose, produced by
			olfactory impression
jivhāsamphassajā	adj	f.n.s	produced by contact with the tongue, born
			from taste impression
kāyasamphassajā	adj	f.n.s	caused by physical contact, produced by
			somatic impression
manosamphassajā	adj	f.n.s	caused by mental contact, produced by
			mental impression

feeling caused by eye contact, feeling caused by contact with the ear, feeling caused by contact with the nose, feeling produced by contact with the tongue, feeling caused by physical contact, feeling caused by mental contact.

ayam vuccati phassa-paccayā vedanā.

this is called 'feeling', with contact as a condition.

tattha katamā vedanā-paccayā taṇhā?

### what is 'craving', with feeling as a condition, in that regard?

rūpataņhā, saddataņhā, gandhataņhā, rasataņhā, phoṭṭhabbataṇhā, dhammataṇhā.

rūpataņhā	n	f.n.s	craving for material form
saddataṇhā	n	f.n.s	craving for sound
gandhataṇhā	n	f.n.s	craving for smell
rasataṇhā	n	f.n.s	craving for taste
phoṭṭhabbataṇhā	n	f.n.s	craving for physical sensation
dhammataṇhā	n	f.n.s	craving for mental phenomena

craving for material form, craving for sound, craving for smell, craving for taste, craving for physical sensation, craving for mental phenomena.

ayam vuccati vedanā-paccayā taņhā.

this is called 'craving', with feeling as a condition.

tattha katamam tanhā-paccayā upādānam?

### what is 'clinging', with craving as a condition?

kāmupādānam, ditthupādānam, sīlabbatupādānam, attavādupādānam.

kāmupādānaṁ	n	nt.n.s	grasping sensual pleasures, clinging to
			objects of sensual delight
diṭṭhupādānaṁ	n	nt.n.s	grasping views, clinging to beliefs
sīlabbatupādānaṁ	n	nt.n.s	grasping precepts and practices, clinging to
			ethics and observances, addiction to rites and
			rituals
attavādupādānam	n	nt.n.s	grasping a theory of self, clinging to a self-
			concept, attachment to a soul theory

clinging to objects of sensual delight, clinging to views, clinging to rites and rituals, clinging to a self-concept.

idam vuccati tanhā-paccayā upādānam.

this is called 'clinging', with craving as a condition.

tattha katamo upādāna-paccayā bhavo?

#### what is 'becoming', with clinging as a condition, in that regard?

bhavo duvidhena – atthi kammabhavo, atthi upapattibhavo.

bhavo n m.n.s becoming, being, existence

duvidhena –	ind		in two ways; as of two kinds; in a twofold
			way.
atthi	V	pr.3.s	there is, there exists
kamma-	n		action, deed, doing
bhavo,	n	m.n.s	becoming, being, existence
atthi	V	pr.3.s	there is, there exists
upapatti-	n		rebirth, re-arising
bhavo.	n	m.n.s	becoming, being, existence

## becoming is twofold – there is action-becoming, there is rebirth-becoming.

tattha katamo kammabhavo?

# therein what is action-becoming?

puññābhisankhāro, apuññābhisankhāro, āneñjābhisankhāro.

puñña-	adj		meritorious, good, wholesome
abhisaṅkhāro,	n	m.n.s	construction, fabrication, formation
apuñña-	adj		demeritorious, bad, unwholesome
abhisaṅkhāro,	n	m.n.s	construction, fabrication, formation
āneñja-	adj		immovable, imperturbable
abhisaṅkhāro;	n	m.n.s	construction, fabrication, formation

# wholesome formation, unwholesome formation, imperturbable formation

ayam vuccati kammabhavo.

# this is called 'action-becoming'.

sabbam'pi bhava-gāmi-kammam kamma-bhavo.

sabbam-	adj	nt.n.s	all
api	ind		just, only
bhava-	n		becoming, being, existence
gāmi-	adj		leading to, going to, heading to

kammaṁ	n	nt.n.s	action, deed, doing
kamma-	n		action, deed, doing
bhavo,	n	m.n.s	becoming, being, existence

# all action(s) that leads to existence is 'action-becoming'.

tattha katamo upapattibhavo?

# what is rebirth-becoming, in that regard?

kāmabhavo, rūpabhavo, arūpabhavo; saññābhavo, asaññābhavo, nevasaññānāsaññābhavo; ekavokārabhavo, catuvokārabhavo, pañcavokārabhavo.

kāmabhavo	n	m.n.s	becoming in the realm of sense desire, sensual sphere becoming
rūpabhavo	n	m.n.s	becoming in the realm of (subtle material) form, (subtle material) form sphere becoming
arūpabhavo	n	m.n.s	becoming in the immaterial realm, formless sphere becoming
saññā-	n		perception, conception, recognition
bhavo,	n	m.n.s	becoming, being, existence
asaññā-	n		non perception, non conception
bhavo,	n	m.n.s	becoming, being, existence
nevasaññānāsaññā-	n		neither perception nor non-perception
bhavo,	n	m.n.s	becoming, being, existence
eka-	adj		one
vokāra-	n		detail, constituent, factor, component
bhavo,	n	m.n.s	becoming, being, existence
catu-	adj		four
vokāra-	n		detail, constituent, factor, component
bhavo,	n	m.n.s	becoming, being, existence
pañca-	adj		five
vokāra-	n		detail, constituent, factor, component
bhavo,	n	m.n.s	becoming, being, existence

existence in the realm of sense desire, existence in the realm of form, existence in the formless realm, becoming with perception, becoming with non-perseption, becoming with neither-perception-nor-non-perception; becoming with one-component, becoming with four-components, becoming with five-components.

ayam vuccati upapattibhavo.

## this is called 'rebirth-becoming'.

iti ayañ'ca kammabhavo, ayañ'ca upapattibhavo.

# thus is this action-becoming and this rebirth-becoming.

ayam vuccati upādāna-paccayā bhavo.

# this is called 'becoming', with clinging as a condition.

tattha katamā bhava-paccayā jāti?

# therein what is 'birth', with becoming as a condition?

yā tesam tesam sattānam tamhi tamhi sattanikāye jāti; sañjāti, okkanti, abhinibbatti, khandhānam pātubhāvo, āyatanānam paṭilābho.

yā	pn	f.n.s	whatever, that which
tesaṁ	pn	m.dat.pl	for them
tesaṁ	pn	m.dat.pl	for them
sattānaṁ	n	m.dat.pl	for living beings
tamhi	pn	m.loc.s	in it, in that
tamhi	pn	m.loc.s	in it, in that
satta-nikāye	n	m.loc.s	in group of living beings
jāti	n	f.n.s	birth, rebirth, conception
sañjāti,	n	f.n.s	birth, origin, arising
okkanti,	n	f.n.s	conception, coming down (into a womb),
			lit. descent
abhinibbatti,	n	f.n.s	birth, becoming, production

khandhānaṁ	n	m.gen.pl	of aggregates, combinations, conglomerations
pātubhāvo,	n	m.n.s	appearance (of), manifestation (of)
āyatanānaṁ	n	m.gen.pl	of sense organs, sense fields
paṭilābho.	n	m.n.s	personal acquisition (of), obtaining (of),
			gaining (of)

whatever birth, arising, conception, production, appearance of the aggregates, obtaining of the sense fields for various beings among the various classes of beings.

ayam vuccati bhava-paccayā jāti.

this is called 'birth', with becoming as a condition.

tattha katamam jāti-paccayā jarāmaraṇam?

therein what is 'aging-and-death', with birth as a condition?

atthi jarā, atthi maraņam.

there is aging, there is death.

tattha katamā jarā?

### therein what is aging?

yā tesam tesam sattānam tamhi tamhi sattanikāye jarā jīranatā khandiccam pāliccam valittacatā āyuno samhāni indriyānam paripāko; ayam vuccati jarā.

jarā	n	f.n.s	decay; old age, aging
jīraṇatā	n	f.n.s	(state of) old age, decrepitude, deterioriation
khaṇḍiccaṁ	n	nt.n.s	breaking apart, broken teeth
pāliccaṁ	n	nt.n.s	hoariness, gray hair
valittacatā	n	f.n.s	(state of) wrinkled skin, wrinkles, wrinkliness
āyuno	n	m.gen.s	of life force, life energy
saṁhāni	n	f.n.s	shrinking, decrease, dwindling away
indriyānaṁ	n	m.gen.pl	of faculties; senses

Whatever aging, decrepitude, breaking apart, hoariness, wrinkliness, dwindling away of life-force, deterioration of faculties for various beings among the various classes of beings.

tattha katamam maranam?

#### therein what is death?

yā tesam tesam sattānam tamhā tamhā sattanikāyā cuti cavanatā bhedo antaradhānam maccu maraṇam kālakiriyā khandhānam bhedo kaļevarassa nikkhepo jīvitindriyass'upacchedo, idam vuccati maraṇam.

tamhā	pn	m.abl.s	from it, from that
cuti	n	f.n.s	falling away, passing away, vanishing
cavanatā	n	f.n.s	falling away, passing away
bhedo	n	m.n.s	breaking-up, breaking apart
antaradhānam	n	nt.n.s	disappearance, fading away, vanishing
maccu	n	m.n.s	death, dying
maraṇaṁ	n	nt.n.s	death
kālakiriyā	n	f.n.s	dying, death, completion of time, lit. time is
			done, black deed
khandhānaṁ	n	m.gen.pl	of aggregates, combinations, conglomerations
bhedo	n	m.n.s	breaking-up (of), breaking apart
kaļevarassa	n	m.gen.s	of dead body, corpse
nikkhepo,	n	m.n.s	discarding (of), dropping (of), putting down,
			throwing away (of)
jīvitindriyassa-	n	nt.gen.s	of life faculty, life force, power of life
upacchedo	n	m.n.s	severing (of), cutting off, breaking off,
			complete stopping (of)

Whatever falling away, passing away, breaking apart, disappearance, dying, death, completion of time, breaking of the aggregates, discarding of the body, complete stopping of the power of life of for various beings from the various classes of beings.

iti ayañ'ca jarā, idañ'ca maraṇam.

## thus is this aging and this death.

idam vuccati jāti-paccayā jarāmaraņam.

## this is called 'aging-and-death', with birth as a condition.

tattha katamo soko?

#### therein what is sorrow?

ñāti-byasanena vā phuṭṭhassa, bhoga-byasanena vā phuṭṭhassa, roga-byasanena vā phuṭṭhassa, sīla-byasanena vā phuṭṭhassa, diṭṭhi-byasanena vā phuṭṭhassa; aññataraññatarena byasanena samannāgatassa, aññataraññatarena dukkhadhammena phuṭṭhassa; soko, socanā, socitattaṁ; antosoko, antoparisoko, cetaso parijjhāyanā, domanassaṁ, sokasallaṁ.

ñāti-	n		family, relative, kinsman
byasanena	n	m.ins.s	by misfortune, disaster, calamity, loss
vā	ind		or
phuṭṭhassa,	pp	m.gen.s	of afflicted (with), suffering (from), lit.
			touched (by)
bhoga-	n		wealth, possessions, property, riches
byasanena	n	m.ins.s	by misfortune, disaster, calamity, loss
roga-	n		disease, illness
byasanena	n	m.ins.s	by misfortune, disaster, calamity, loss
sīla-	n		behaviour, conduct, integrity
byasanena	n	m.ins.s	by misfortune, disaster, calamity, loss
diṭṭhi-	n		view, belief, opinion, concept, theory,
			opinion, attitude
byasanena	n	m.ins.s	by misfortune, disaster, calamity, loss
aññataraññatarena	adj	m.ins.s	by one or other; all kinds
byasanena	n	m.ins.s	by misfortune, disaster, calamity, loss
samannāgatassa,	adj	m.gen.s	of possessing, endowed (with), having,
			lit. going together (with)

aññataraññatarena	adj	m.ins.s	by one or other; all kinds
dukkhadhammena	n	nt.ins.s	by misfortune, painful experience,
			state of suffering
phuṭṭhassa	pp	m.gen.s	of afflicted (with), suffering (from), lit.
			touched (by)
soko,	n	m.n.s	grief, sorrow, sadness
socanā,	n	f.n.s	grief, sorrow, sadness
socitattaṁ;	n	nt.n.s	bereavement, state of grief, state of sorrow,
			state of sadness, sorrowfulness
antosoko,	n	m.n.s	internal grief, personal sadness, heartache
antoparisoko,	n	m.n.s	severe internal grief, severe personal sadness,
			severe heartache
cetaso	n	m.gen.s	of mind
parijjhāyanā,	n	m.n.s	thorough burning
domanassam,	n	nt.n.s	(mental) suffering, distress, dissatisfaction
sokasallam.	n	nt.n.s	the dart of sorrow

grief, sadness, sorrowfulness, heartache, severe internal grief, the mind's thorough burning, displeasure, the dart of sorrow; of one affected by the loss of relatives, or loss of wealth, or misfortune of sickness, or loss of virtue, or misfortune on account of beliefs; of one who endowed with all kinds of calamity, of one affected by all kinds of painful experience.

ayam vuccati soko.

### this is called 'sorrow'.

tattha katamo paridevo?

#### therein what is lamentation?

ñātibyasanena vā phuṭṭhassa, bhogabyasanena vā phuṭṭhassa, rogabyasanena vā phuṭṭhassa, sīlabyasanena vā phuṭṭhassa, diṭṭhibyasanena vā phuṭṭhassa; aññataraññatarena byasanena samannāgatassa, aññataraññatarena dukkhadhammena phuṭṭhassa; ādevo paridevo, ādevanā paridevanā, ādevitattaṁ paridevitattaṁ; vācā, palāpo, vippalāpo; lālappo, lālappanā, lālappitattaṁ.

ādevo	n	m.n.s	mourning, lamenting, wailing, crying
paridevo,	n	m.n.s	mourning, lament, wail, cry
ādevanā	n	f.n.s	mourning, lamenting, wailing, crying
paridevanā,	n	f.n.s	mourning, lament, wail, cry
ādevitattaṁ	n	nt.n.s	(state of) mourning, lamenting, wailing,
			crying, bewailing
paridevitattaṁ;	n	nt.n.s	state of mourning, lamentation, wailing,
			crying etc
vācā,	n	f.n.s	speech, words, statement
palāpo,	n	m.n.s	chattering, gossip
vippalāpo;	n	m.n.s	confused talk, wailing
lālappo,	n	m.n.s	murmur
lālappanā,	n	f.n.s	murmuring,
lālappitattam.	n	nt.n.s	murmuration.

lament, mourning, wailing, crying, bewailing, lamentation; (sorrowful) speech, chattering, confused talk, murmur, murmuring, murmuration; of one affected by the loss of relatives, or loss of wealth, or misfortune of sickness, or loss of virtue, or misfortune on account of beliefs; of one who endowed with all kinds of calamity, of one affected by all kinds of painful experience.

ayam vuccati paridevo.

#### this is called 'lamentation'.

tattha katamam dukkham?

## therein what is pain?

yam kāyikam asātam, kāyikam dukkham; kāyasamphassajam asātam dukkham vedayitam; kāyasamphassajā asātā dukkhā vedanā.

yam	n	nt.n.s	whatever, that which
kāyikaṁ	adj	nt.n.s	bodily, physical, in relation to the body
asātaṁ,	n	nt.n.s	pain, suffering, unpleasantness

kāyikaṁ	adj	nt.n.s	bodily, physical, in relation to the body
dukkhaṁ;	n	nt.n.s	discomfort, suffering, pain, unease,
			something unsatisfactory, problem, trouble
kāyasamphassajaṁ	adj	nt.n.s	caused by physical contact, produced by
			somatic experience
asātaṁ	adj	nt.n.s	disagreeable, unpleasant, unappealing
dukkhaṁ	adj	nt.n.s	uncomfortable, painful, unpleasant
vedayitam;	n	nt.n.s	feeling, experience, impression,
			lit. sensed, felt
kāyasamphassajā	adj	f.n.s	caused by physical contact, produced by
			somatic experience
asātā	adj	f.n.s	disagreeable, unpleasant, unappealing
dukkhā	adj	f.n.s	uncomfortable, painful, unpleasant
vedanā.	n	f.n.s	felt experience, feeling, sensation

whatever bodily unpleasantness, physical suffering; what is felt as uncomfortable, disagreeable, caused by physical contact; the uncomfortable painful feeling that is born of body-contact.

idam vuccati dukkham.

## this is called 'pain'.

tattha katamam domanassam?

## therein what is displeasure?

yam cetasikam asātam, cetasikam dukkham; cetosamphassajam asātam dukkham vedayitam; cetosamphassajā asātā dukkhā vedanā.

yaṁ	n	nt.n.s	whatever, that which
cetasikaṁ	adj	nt.n.s	mental, related to mind
asātaṁ,	n	nt.n.s	pain, suffering, unpleasantness
cetasikaṁ	adj	nt.n.s	mental, related to mind
dukkhaṁ;	n	nt.n.s	discomfort, suffering, pain, unease,
			something unsatisfactory, problem, trouble

cetosamphassajaṁ	adj	nt.n.s	caused by mental contact, produced by
			mental experience
asātaṁ	adj	nt.n.s	disagreeable, unpleasant, unappealing
dukkhaṁ	adj	nt.n.s	uncomfortable, painful, unpleasant
vedayitaṁ;	n	nt.n.s	feeling, experience, impression,
cetosamphassajā	adj	f.n.s	caused by mental contact, produced by
			mental experience
asātā	adj	f.n.s	disagreeable, unpleasant, unappealing
dukkhā	adj	f.n.s	uncomfortable, painful, unpleasant
vedanā.	n	f.n.s	felt experience, feeling, sensation

whatever mental discomfort, mental pain; what is felt as uncomfortable, painful, that is caused by mental contact; the uncomfortable painful feeling that is caused by mental contact.

idam vuccati domanassam.

## this is called 'displeasure'.

tattha katamo upāyāso?

## therein what is despair?

ñātibyasanena vā phuṭṭhassa, bhogabyasanena vā phuṭṭhassa, rogabyasanena vā phuṭṭhassa, sīlabyasanena vā phuṭṭhassa, diṭṭhibyasanena vā phuṭṭhassa; aññataraññatarena byasanena samannāgatassa, aññataraññatarena dukkhadhammena phuṭṭhassa; āyāso upāyāso, āyāsitattaṁ upāyāsitattaṁ.

āyāso	n	m.n.s	trouble, trial, tribulation, affliction, adversity
upāyāso,	n	m.n.s	affliction, agitation, trouble
āyāsitattaṁ	n	nt.n.s	(state of) affliction, adversity
upāyāsitattam.	n	nt.n.s	(state of) affliction, adversity

trouble, agitation, state of affliction and state of adversity; for affected by the loss of relatives, or loss of wealth, or misfortune of sickness, or loss of virtue, or misfortune

on account of beliefs; for endowed all kinds of calamity, for affected by all kinds of painful experience.

ayam vuccati upāyāso.

## this is called 'despair'.

evametassa kevalassa dukkhakkhandhassa samudayo hotī ti:

## "such is the origin of this whole mass of suffering" means this:

evametassa kevalassa dukkhakkhandhassa saṅgati hoti, samāgamo hoti, samodhānaṁ hoti, pātubhāvo hoti.

saṅgati	n	f.n.s	union, coming together, meeting
samāgamo	n	m.n.s	assembly, meeting, gathering
samodhānaṁ	n	nt.n.s	combining, fitting togethe,
			lit. putting down together
pātubhāvo	n	m.n.s	appearance (of), manifestation (of)

such is the combination, composition, collocation, manifestation of this whole mass of suffering.

tena vuccati evametassa kevalassa dukkhakkhandhassa samudayo hotī"ti.

therefore it is called "such is the origin of this whole mass of suffering".

#### THE DHAMMA IN BRIEF

Saṅkhitta-dhamma [AN 8.53]

ekam samayam bhagavā vesāliyam viharati mahāvane kūṭāgārasālāyam

mahāvane	n	m.loc.s	in the Great Wood
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kūṭāgārasālāyaṁ n f.loc.s in the hall with a peaked roof

## On one occasion the Blessed One was dwelling at Vesālī in the hall with the peaked roof in the Great Wood

atha kho mahāpajāpatī gotamī yena bhagavā tenupasaṅkami; upasaṅkamitvā bhagavantaṁ abhivādetvā ekamantaṁ aṭṭhāsi. ekamantaṁ ṭhitā kho sā mahāpajāpatī gotamī bhagavantaṁ etadavoca

atha kho	ind		and then
mahāpajāpatī	n	f.n.s	Mahāpajāpatī
gotamī	n	f.n.s	Gotamī
yena	ind		where
bhagavā	n	m.n.s	the Blessed One
ten'upasaṅkami	idiom	aor.3.s	approached there, went to that place
upasaṅkamitvā	V	abs	having approached
bhagavantaṁ	n	m.ac.s	Fortunate One, the Buddha
abhivādetvā	V	abs	having paid homage, saluted, greeted,
ekaṁantaṁ	ind		on one side; aside
aṭṭhāsi.	V	aor.3.s	stood; stayed
ekamantaṁ	ind		on one side; aside
ṭhitā	pp	f.n.s	stood, standing
kho	ind		indeed
sā	pn	f.n.s	that, she
mahāpajāpatī gotamī	n	f.n.s	Mahāpajāpatī Gotamī
bhagavantaṁ	n	m.ac.s	Fortunate One, the Buddha
etadavoca	idiom	aor.3.s	said this

Then mahāpajāpatī gotamī where the Bhessed One there approached. Having approached, having paid homage to the Bhessed One, she stood on one side. Standing on one side, that Mahāpajāpatī Gotamī said this to the Bhessed One.

sādhu me, bhante, bhagavā samkhittena dhammam desetu, yamaham bhagavato dhammam sutvā ekā vūpakaṭṭhā appamattā ātāpinī pahitattā vihareyyan"ti.

ind		it is good
pn	1.dat.s	for me
n	m.voc.s	Venerable Sir
n	m.n.s	the Buddha, Blessed One
ind	adv	in brief
n	m.ac.s	the Teaching
V	imp.3.s	he would teach
pn	m.ac.s	whatever, that which
pn	1.n.s	I
n	m.gen.s	of the Buddha, Blessed One
n	m.ac.s	the Teaching
V	abs	having heard
adj	f.n.s	one, alone
adj	f.n.s	secluded; lit: taken away
adj	f.n.s	vigilant; careful; alert
adj	f.n.s	ardent; strenuous, active
adj	f.n.s	resolute, with intention
V	opt.ref.1.s	I could stay, I might dwell
ind		<i>""</i>
	pn n ind n v pn pn n v adj adj adj adj adj	pn 1.dat.s n m.voc.s n m.n.s ind adv n m.ac.s v imp.3.s  pn m.ac.s pn 1.n.s n m.gen.s n m.ac.s v abs adj f.n.s adj f.n.s adj f.n.s adj f.n.s adj f.n.s adj f.n.s opt.ref.1.s

Venerable Sir, It would be good if the Blessed One would teach me the Dhamma in brief, whatever having heard the Teaching of the Blessed One, I might dwell alone, secluded, vigilant, ardent and resolute.

ye ca kho tvam, gotamī, dhamme jāneyyāsi

ye	pn	m.ac.pl	whichever, whatever
ca	ind		but, and

kho	ind		indeed, definitely
tvaṁ	pn	2.n.s	you
gotamī	n	f.v.s	Gotami
dhamme	n	m.ac.pl	qualities
jāneyyāsi	V	opt.2.s	you might know, find

## Gotami, whatever qualities you might know

'ime dhammā virāgāya samvattanti, no sarāgāya

ime	pn	m.n.pl	these, they
dhammā	n	m.n.pl	qualities
virāgāya	n	m.dat.s	to dispassion; absence of desire
saṁvattanti	V	pr.3.pl	they are lead (to)
no	ind	neg	no
sarāgāya;	n	m.dat.s	to lust, passion

### these qualities lead to dispassion, not to passion,

visamyogāya samvattanti, no samyogāya

visaṁyogāya	n	m.dat.s	to detachment, separation, unconstraint
saṁvattanti	V	pr.3.pl	they are lead (to)
no	ind	neg	no
saṁyogāya;	n	m.dat.s	to attachment, association

## lead to detachment, not to attachment

apacayāya samvattanti, no ācayāya

apacayāya	n	m.dat.s	to decrease, reduction, dismantling
saṁvattanti	V	pr.3.pl	they are lead (to)
no	ind	neg	no
ācayāya;	n	m.dat.s	to accumulation, increase, building up

### lead to decrease, not to accumulation

appicchatāya samvattanti, no mahicchatāya

appicchatāya	n	f.dat.s	to contentment, being satisfied with little;
			lit. fewness of desires
saṁvattanti,	V	pr.3.pl	they are lead (to)
no	ind	neg	no
mahicchatāya;	n	f.dat.s to	greediness, lit.: having many wishes,
			or strong desires

## lead to fewness of desires, not to many wishes.

santuṭṭhiyā samvattanti, no asantuṭṭhiyā

santuṭṭhiyā	n	f.dat.s	to satisfaction, contentment
saṁvattanti,	V	pr.3.pl	are lead (to)
no	ind	neg	no
asantuṭṭhiyā;	n	f.dat.s	to discontentment, displeasure

## lead to contentment, not to discontentment

pavivekāya samvattanti, no sanganikāya

pavivekāya	n	m.dat.s	to retirement, solitude, seclusion
saṁvattanti,	V	pr.3.pl	are lead (to)
no	ind	neg	no
saṅgaṇikāya;	n	f.dat.s	to association, company, socializing

## lead to seclusion, not to company

vīriyārambhāya samvattanti, no kosajjāya

vīriyārambhāya	n	m.dat.s	to arousing of energy, making an effort
saṁvattanti,	V	pr.3.pl	are lead (to)
no	ind	neg	no
kosajjāya;	n	nt.dat.s	to idleness; indolence, sloth

## lead to the arousing of energy, not to laziness

subharatāya samvattanti, no dubbharatāyā'ti

subharatāya	n	m.dat.s	to being easy to support
saṁvattanti,	V	pr.3.pl	are lead (to)
no	ind	neg	no
dubbharatāya	n	m.dat.s	to being difficult to support
ti,	ind		· · · · · · ·

## lead to being easy to support, not to being difficult to support

ekamsena, gotami, dhāreyyāsi — 'eso dhammo, eso vinayo, etam satthusāsanan'ti

ekaṁsena,	ind		certainly, absolutely, definitely
gotami,	n	m.voc.s	o Gotami
dhāreyyāsi	V	opt.2.s	you should bear in mind, could keep in mind,
			remember
eso	n	m.n.s	this
dhammo,	n	m.n.s	Teaching
eso	n	m.n.s	this
vinayo,	n	m.n.s	Discipline
etaṁ	n	nt.n.s	this
satthusāsanar	n'ti. n	nt.n.s	Teacher's instruction, Teacher's message,
			Teacher's Doctrine

Gotami, you should definitely remember: this is the Teaching, this is the Discipline, this is the Teacher's instruction.

#### **THE FOUR GREAT REFERENCES**

Cattāro mahāpadesā [AN 4.180]

ekam samayam bhagavā bhoganagare viharati ānandacetiye

## On one occasion the Blessed One was dwelling at Bhoganagara near the Ānanda shrine.

katame bhikkhave cattāro mah'āpadesā?

mahā-	adj		great, large, powerful
apadesā	n	m.n.pl	reasons, causes, arguments, statements,
			references

## What monks are the four great references?

idha, bhikkhave, bhikkhu evam vadeyya — 'sammukhā metam, āvuso, bhagavato sutam sammukhā paṭiggahitam — ayam dhammo, ayam vinayo, idam satthusāsanan'ti.

idha	ind		here, in this regard, in this case
bhikkhu	n	m.n.s	monk
evaṁ	ind		thus, this, like this, just as, such
vadeyya	V	opt.3.s	could say, speak, call
'sammukhā	ind		face to face (with), in front (of)
me	pn	1.ins.s	by me
etaṁ,	pn	nt.nom.s	this
āvuso,	n	m.voc.pl	brother(s), friend(s)
bhagavato	n	m.gen.s	of the Buddha
sutaṁ	pp	nt.nom.s	heard
sammukhā	ind		face to face (with), in front (of)
paṭiggahitaṁ	pp	nt.nom.s	received, got, accepted, appropriated, taken
ayaṁ	n	m.n.s	this
dhammo,	n	m.n.s	Teaching
ayaṁ	n	m.n.s	this
vinayo,	n	m.n.s	Discipline

idaṁ	n		nt.n.s	this
satthusāsai	nan'ti.	n	nt.n.s	Teacher's instruction, Teacher's message,
				Teacher's doctrine

Here a monks could say thus: this was heared by me in the presence of the Buddha, in (his) presence was received, this is the Teaching, this is the Discipline, this is the teacher's instruction.

asukasmim nāma āvāse sangho viharati sathero sapāmokkho. tassa me sanghassa sammukhā sutam sammukhā paṭiggahitam.

asukasmiṁ	adj	m.loc.s	in such and such; so and so; a certain.
nāma	ind		called, by the name of, namely
āvāse	n	m.loc.s	in home, dwelling place, residence
saṅgho	n	m.n.s	Community, assembly of monks
viharati	V	pr.3.s	lives, stays, remains, continues
sathero	adj	m.n.s	including the elders
sapāmokkho.	adj	m.n.s	including chiefs, first, excellents, eminents
tassa	pn	m.gen.s	of that
me	pn	1.ins.s	by me
saṅghassa	n	m.gen.s	of Community, assembly of monks
sammukhā	ind		face to face (with), in front (of)
sutaṁ	pp	nt.n.s	heard
sammukhā	ind		face to face (with), in front (of)
paṭiggahitaṁ	pp	nt.n.s	received, got, accepted, appropriated, taken

In a certan residence the Community stays, including the elders and eminent monks. In the presence of that Community this was heared by me, in (its) presence this was received by me.

asukasmim nāma āvāse sambahulā therā bhikkhū viharanti bahussutā āgatāgamā dhammadharā vinayadharā mātikādharā tesam me therānam sammukhā sutam sammukhā paṭiggahitam

asukasmiṁ	adj	m.loc.s	in such and such; so and so; a certain.
nāma	ind		called, by the name of, namely
āvāse	n	m.loc.s	in home, dwelling place, residence

sambahulā	adj	m.n.pl	many, numerous, plenty of, lit. lots together
therā	adj	m.n.pl	old, elderly, senior
bhikkhū	n	m.n.pl	monks
viharanti	V	pr.3.pl	live, stay, remain, continue
bahussutā	adj	m.n.pl	well learned, knowledgeable, lit. much heard
āgatāgamā	adj	m.n.pl	to whom scriptures has been arrived, heir to the
			heritage, who has mastered the tradition
dhammadharā	adj	m.n.pl	who knows the Dhamma by heart, lit. Dhamma
			bearer
vinayadharā	adj	m.n.pl	expert in vinaya, lit. vinaya bearer
mātikādharā	adj	m.n.pl	expert in tabulated summary, in Abhidhamma,
			lit. tabulations bearer
tesaṁ	pn	m.gen.s	of that
me	pn	1.ins.s	by me
therānaṁ	n	m.gen.pl	of elders
sammukhā	ind		face to face (with), in front (of)
sutaṁ	pp	nt.n.s	heard
sammukhā	ind		face to face (with), in front (of)
paṭiggahitaṁ	pp	nt.n.s	received, got, accepted, appropriated, taken

In a certan residence many senior monks stay. Who knowledgeable, heir of the heritage, who knows the Dhamma by heart, expert in vinaya and expert in tabulated summary. In the presence of that elders this was heared by me, in (their) presence this was received by me.

asukasmim nāma āvāse eko thero bhikkhu viharati bahussuto āgatāgamo dhammadharo vinayadharo mātikādharo tassa me therassa sammukhā sutam sammukhā paṭiggahitam

In a certan residence one senior monk stays. Who knowledgeable, heir of the heritage, who knows the Dhamma by heart, expert in vinaya and expert in tabulated summary. In the presence of that elder this was heared by me, in (his) presence this was received by me.

ayam dhammo ayam vinayo idam satthusāsanan'ti

this is the Teaching, this is the Discipline, this is the teacher's instruction.

tassa bhikkhave bhikkhuno bhāsitam n'eva abhinanditabbam nappaṭikkositabbam.

tassa	pn	m.gen.s	of that
bhikkhuno	n	m.gen.s	of monks
bhāsitaṁ	n	nt.n.s	saying, speech, statement, utterance, talk, words,
			lit. what was said
neva	ind		neither
abhinanditabbam	ptp	nt.n.s	can be delighted in, should be approved of,
			applauded
na-	ind		not
paṭikkositabbaṁ.	ptp	nt.n.s	should be rejected, should be disdained

### Statement of that monk neither should be approved nor should be rejected.

anabhinanditvā appaṭikkositvā padabyañjanāni sādhukaṁ uggahetvā sutte otāretabbāni, vinaye sandassetabbāni.

anabhinanditvā	V	abs	having not approved (of), having not applauded
appaṭikkositvā	V	abs	having not disapproved, having not rejected
pada-	n		word, phrase, sentence, saying
byañjanāni	n	nt.ac.pl	words, terms, expressions, name
sādhukaṁ	ind		well, thoroughly, fully
uggahetvā	V	abs	having learned, having grasped
sutte	n	nt.loc.s	in discourse
otāretabbāni,	ptp	nt.n.pl	should be gone into, should be checked
vinaye	n	m.loc.s	in discipline, training
sandassetabbāni.	prp	nt.n.pl	should be compared, verified; lit: should be
			caused to be seen together with

Having not approved or not disapproved (them), having thoroughly learned (those) words and phrases, they should be checked in discourses, should be compared with discipline.

tāni ce sutte otāriyamānāni vinaye sandassiyamānāni na ceva sutte otaranti na vinaye sandissanti, nitthamettha gantabbam:

tāni	pn	nt.n.pl	those
ce	ind		if
sutte	n	nt.loc.s	in discourse
otāriyamānāni	prp	nt.n.pl	being causing to go into, being checked
vinaye	n	m.loc.s	in discipline, training
sandassiyamānāni	prp	nt.n.pl	being compared, verified; lit: being caused to
			be seen together with
na	ind		not
ceva	ind		only if, if just
sutte	n	nt.loc.s	in discourse
otaranti	V	pr.3.pl	descend (into), go down (into), flow down,
			fit
na	ind		not
vinaye	n	m.loc.s	in discipline, training
sandissanti	V	pr.3.pl	are agree with, live conformably with,
			lit. 'is seen together with'
niṭṭham-	n	f.ac.s	end, conclusion, perfection, height, summit
ettha	ind		here, in this place, in this regard
gantabbaṁ	ptp	nt.n.s	should be made, lit. should be gone

If those (statements) being checked in discourses and being compared with discipline, if those (statements) does not fit to the discourses, does not agree with discipline, in this regard conclusion should be made.

addhā idam na ceva tassa bhagavato vacanam arahato sammāsambuddhassa; tassa ca therassa duggahitan'ti. iti hetam bhikkhave chaḍḍeyyātha.

addhā	ind		most certainly! for sure! definitely!
idaṁ	pn	nt.n.s	this, this thing
na	ind		not
ceva	ind		and even, as well as
tassa	pn	m.gen.s	of that
bhagavato	n	m.gen.s	of the Buddha
vacanaṁ	n	nt.n.s	word, utterance, talk, statement
arahato	n	m.gen.s	of the arahant, of the worthy one

sammāsambuddhassa	a; n	m.gen.s	of perfectly awakened one, fully enlightened
tassa	pn	m.gen.s	of that
ca	ind		but
therassa	n	m.gen.s	of elder
duggahitan'ti	adj	nt.n.s	incorrectly understood, poorly grasped, taken
			in the wrong wayincorrectly understood,
iti	ind		thus, this is, and so
h'etaṁ	ind+pn	nt.ac.s	indeed this, certainly this
chaḍḍeyyātha	V	opt.2.pl	you should throw away, discard, drop

Definitely this is not the word of the Blessed One, the worthy one, the perfectly enlightened one, but incorrectly understood by that elder. Thus indeed you should discard it.

sutte ceva otaranti vinaye ca sandissanti, niṭṭhamettha gantabbaṁ – addhā, idaṁ tassa bhagavato vacanaṁ arahato sammāsambuddhassa;

sutte	n	nt.loc.s	in discourse
ceva	ind		only if, if just
otaranti	V	pr.3.pl	descend (into), go down (into), flow down,
			fit
vinaye	n	m.loc.s	in discipline, training
ca	ind		and
sandissanti	V	pr.3.pl	are agree with, live conformably with,
			lit. 'is seen together with'
niṭṭham-	n	f.ac.s	end, conclusion, perfection, height, summit
ettha	ind		here, in this place, in this regard
gantabbaṁ	ptp	nt.n.s	should be made, lit. should be gone
addhā	ind		certainly, surely
idaṁ	pn	nt.n.s	this, this thing
tassa	pn	m.gen.s	of that
bhagavato	n	m.gen.s	of the Buddha
vacanaṁ	n	nt.n.s	word, utterance, talk, statement
arahato	n	m.gen.s	of the arahant, of the worthy one
sammāsambuddhass	a; n	m.gen.s	of perfectly awakened one, fully enlightened

Only if (those statements) are fit the discourses, and agree with discipline, in this regard conclusion should be made: "Surely this is the words of the Blessed One, the worthy one, the perfectly enlightened one"

imassa ca bhikkhuno suggahitam

imassa	pn	m.gen.s	of this, his
ca	ind		and
bhikkhuno	n	m.gen.s	of monk
suggahitaṁ	adj	nt.n.s	well learned, well grasped

### It has been learned well by that monk.

tassa ca sanghassa suggahitam

### It has been learned well by that Community.

tesañ'ca therānam suggahitam

### It has been learned well by those elders.

tassa ca therassa suggahitan'ti

### It has been learned well by that elder.

ime kho bhikkhave cattāro mahāpadesā ti

Indeed, o monks, these are the four great references.

### **PRINCIPLES OF CORDIALITY**

Cha sāraṇīya-dhammā

[MN 48]

ekam samayam bhagavā kosambiyam viharati ghositārāme

ekaṁ samayaṁ	idiom		at one time, on one occasion
bhagavā	n	m.n.s	the Sublime One, Blessed One, Fortunate One,
			Buddha
kosambiyaṁ	n	f.loc.s	in Kosambī
viharati	V	pr.3.s	lives, stays, remains, continues
ghosita-	n		Ghosita; lit: shouted, announced, proclaimed
arāme	n	m.loc.s	in park, parkland, nature reserve

## On one occasion the Blessed One was living in Kosambī, in Ghosita's park.

chayime bhikkhave dhammā sāraņīyā

cha-	card		six (6)
ime	pn	m.n.pl	these
dhammā	n	m.n.pl	principles, law
sāraņīyā	adj	m.n.pl	polite, pleasant, charming, lit. can be delighted

## Monks, there are these six principles of cordiality

piya-karaṇā garu-karaṇā saṅgahāya avivādāya sāmaggiyā ekībhāvāya saṁvattanti

piya-	n		love, friendship
karaṇā	adj	m.n.pl	doing, making, causing, effecting
garu-	n		respect, honour
karaṇā	adj	m.n.pl	doing, making, causing, effecting
saṅgahāya	n	m.dat.s	for friendliness, collaboration, favour,
			lit. holding together
avivādāya	n	m.dat.s	for no quarrel, non-dispute, no argument
sāmaggiyā	n	f.dat.s	for concord; unity.
ekībhāvāya	n	m.dat.s	for unity, state of oneness
saṁvattanti	V	pr.3.pl	they lead (to), conduce to

## that making friendship and respect, and conduce to collaboration, to non-dispute, to concord and unity.

katame cha?

#### what are the six?

idha bhikkhave bhikkhuno mettam kāyakammam vacīkammam manokammam paccupatthitam hoti sabrahmacārīsu āvi c'eva raho ca

mettaṁ	adj	nt.ac.s	friendly, benevolent, kind
kāyakammaṁ	n	nt.ac.s	physical action, bodily action
vacīkammaṁ	n	nt.ac.s	verbal action, vocal act, speech
manokammaṁ	n	nt.ac.s	mental action, thought, intention, lit. mind action
paccupaṭṭhitaṁ	pp	nt.ac.s	is present (for), is ready (for), is standing by (for)
hoti	V	pr.3.s	there is
sabrahmacārīsu	n	m.loc.pl	in spiritual companions
āvi	ind		openly, in full view
c'eva	ind		and even, as well as
raho	ind		in private, in secret, in seclusion
ca	ind		and

# Here for a monks there are bodily actions, verbal actions and mental actions, full of friendliness present towards (his) spiritual companions openly and even in private.

bhikkhu ye te lābhā dhammikā dhammaladdhā antamaso pattapariyāpannamattampi, tathārūpehi lābhehi appaṭivibhattabhogī hoti sīlavantehi sabrahmacārīhi sādhāraṇabhogī.

bhikkhu	n	m.n.s	monk
ye	pn	m.ac.pl	whatever
te	pn	m.ac.pl	those
lābhā	n	m.n.pl	gains, profits, acquisitions
dhammikā	adj	m.n.pl	legal, legitimate, righteous, just
dhammaladdhā	adj	m.n.pl	justly acquired, honestly gained, legally
			obtained, legitimately acquired

antamaso	ind		even so much as, even with, even down to,
			with as little as
patta-	n		bowl, alms bowl
pariyāpanna-	adj		"gone completely into," included in,
			belonging to, got into
mattam'pi	adj		just merely, the fact of, by virtue of
tathārūpehi	adj	m.ins.pl	with such, so formed, of such quality
lābhehi	n	m.ins.pl	with gains, profits, acquisitions
hoti	V	pr.3.s	is, there is
sīlavantehi	adj	m.ins.pl	with virtuous, ethical, moral,
sabrahmacārīhi	n	m.ins.pl	with fellow monks, spiritual companions
appaṭivibhatta-	adj		not for onself dividing, without reservations,
			not without sharing with others
bhogī	adj		enjoying, using, experiencing, partaking in
sādhāraṇa-	adj		in common, together
bhogī	adj		enjoying, using, experiencing, partaking in

Whatever a monk gains, that has been righteously and legally obtained, even including the mere contents of his bowl, such gains he does not using without sharing, but using in common with his virtuous spiritual companions.

bhikkhu yāni tāni sīlāni akhaṇḍāni acchiddāni asabalāni akammāsāni bhujissāni viñnuppasatthāni aparāmaṭṭhāni samādhisamvattanikāni tathārūpesu sīlesu sīlasāmañnagato viharati sabrahmacārīsu āvi ceva raho ca.

bhikkhu	n	m.n.s	monk
yāni	pn	nt.ac.pl	whatever
tāni	pn	nt.ac.pl	those
sīlāni	n	nt.ac.pl	behaviour, conduct, morality
akhaṇḍāni	adj	nt.ac.pl	unbroken, unfragmented, whole
acchiddāni	adj	nt.ac.pl	unbroken, flawless
asabalāni	adj	nt.ac.pl	not spotted, not mottled
akammāsāni	adj	nt.ac.pl	unblemished, spotless, pure, lit. not spotted
bhujissāni	adj	nt.ac.pl	cleansing, freeing, liberating
viññuppasatthāni	adj	nt.ac.pl	praised by the wise
aparāmaṭṭhāni	adj	nt.ac.pl	irreproachable, untouchable, untarnished

samādhi-	n		perfect peace of mind, stability of mind,
			stillness of mind
saṁvattanikāni	adj	nt.ac.pl	leading to, conducive to
tathārūpesu	adj	nt.loc.pl	in such, so formed, of such quality
sīlesu	n	nt.loc.pl	in behaviour, conduct, morality
sīla-	n		behaviour, conduct, morality
sāmaññagato	adj	m.n.s	possessing, endowed (with), having,
			lit. going together (with)
viharati	V	pr.3.s	lives, stays, remains, continues
sabrahmacārīsu	n	m.loc.pl	among spiritual companions
āvi ceva raho ca	idion	n	openly and even in private

Monk dwells both in public and in private possessing in common with his companions in the holy life those virtues that are unbroken, flawless, not spotted, unblemished, liberating, praised by the wise, untarnished and conducive to stability of mind.

bhikkhu yāyam diṭṭhi ariyā niyyānikā niyyāti takkarassa sammā dukkhakkhayāya tathārūpāya diṭṭhiyā diṭṭhisāmaññagato viharati sabrahmacārīsu āvi ceva raho ca

bhikkhu	n	m.n.s	monk
yā + ayaṁ	pn	f.n.s	that which, whatever, whichever
diṭṭhi	n	f.n.s	view, belief, opinion, concept, theory, opinion,
			attitude
ariyā	adj	f.n.s	noble, distinguished
niyyānikā	adj	f.n.s	redemptive, salvatory, leading to deliverance,
			lit. leading out
niyyāti	V	pr.3.s	goes out, goes forth (to); leading to
takkarassa	adj	m.dat.s	for who does that, doing that, who practices in
			accordance with that
sammā	ind		completely, thoroughly, fully, totally
dukkhakkhayāya	n	m.dat.s	for destruction of suffering, termination of
			misery
tathārūpāya	adj	f.loc.s	in such, so formed, of such quality
diṭṭhiyā	n	f.loc.s	in view, belief, opinion, concept, theory,
			opinion, attitude

diṭṭhi-	n		view, belief, opinion, concept, theory, opinion,
			attitude
sāmaññagato	adj	m.n.s	possessing, endowed (with), having,
			lit. going together (with)
viharati	V	pr.3.s	lives, stays, remains, continues
sabrahmacārīsu	n	m.loc.pl	among spiritual companions
āvi ceva raho ca	idior	n	openly and even in private

Monk dwells both in public and in private possessing in common with his companions in the holy life that view that is noble and redemptive, and leads one who practises in accordance with that to the complete destruction of suffering.

### [MN 104]

ime kho bhikkhave cha sāraṇīyā dhammā piyakaraṇā garukaraṇā saṅgahāya avivādāya sāmaggiyā ekībhāvāya saṁvattanti

Monks, there are these six principles of cordiality that making friendship and respect, and conduce to collaboration, to non-dispute, to concord and unity.

ime ce tumhe cha sāraṇīye dhamme samādāya vatteyyātha,

ime	pn	m.n.pl	these
ce	ind		if
cha	card	pl	six (6)
sāraṇīye	adj	m.ac.pl	polite, pleasant, charming, lit. can be delighted
dhamme	n	m.ac.pl	principles, law
samādāya	V	ger	accepting, undertaking, taking up
vatteyyātha	V	opt.2.pl	you should proceed, continue, go forward,
			practice

## If you could undertake and practice these six principles of cordiality,

passatha no tumhe tam vacana-patham anum vā thūlam vā yam tumhe n'ādhivāseyyāthā'ti

passatha	V	pr.2.pl	you see
no	ind	interr	?
tumhe	pn	2.n.pl	you all, you

taṁ	pn	m.ac.s	that
vacana-	n		saying; expressing, speech
pathaṁ	n	m.ac.s	way; course; means, manner
aņum vā	adj	m.ac.s	or tiny; trivial; small
thūlaṁ vā	adj	m.ac.s	or gross; coarse
yaṁ	pn	m.ac.s	that which
tumhe	pn	2.n.pl	you all, you
n'ādhivāseyyāthā'	ti v	opt.2.pl	could not accept, should not endure

### do you see any manner of speech trivial or gross that you could not endure?

no h'etam bhante

no ind not

hi- ind indeed, certainly, truly, definitely

etam pn nt.n.s this

## 'This is definitely not, Venerable Sir.'

tasmā't'iha ime cha sāraṇīyesāra dhamme samādāya vattatha

tasmā't'iha ind therefore here

vattatha v imp.2.s you must proceed, continue, go forward, practice

### Therefore you must undertake and practice these six principles of cordiality.

tam vo bhavissati dīgharattam hitāya sukhāyā'ti

taṁ	pn	nt.n.s	that
VO	pn	2.gen.pl	your
dīgharattaṁ	ind	adv	for a long time, a long time
hitāya	n	nt.dat.s	for welfare, good, benefit, blessing
sukhāya	n	nt.dat.s	for ease, comfort, happiness, pleasure

### That is for your welfare and happiness for a long time

### **PRINCIPLES OF NON-DECLINE**

Aparihāniya-dhammā [AN 7.23]

katame ca bhikkhave satta aparihāniyā dhammā?

katame	pn	m.ac.pl	what? which (of the many)?
bhikkhave	n	m.voc.s	o monks!
satta	adj	n.pl	seven
aparihāniyā	adj	m.n.pl	not connected with loss, deterioration, decrease,
			decline
dhammā	n	m.n.pl	principles, laws

## and what bhikkhus are the seven principles, not connected with loss?

yāvakīvañca bhikkhave bhikkhū abhinham sannipātā bhavissanti sannipātabahulā

yāvakīvañca	ind		and as long as
bhikkhave	n	m.voc.s	o monks!
bhikkhū	n	m.n.pl	monks
abhiṇhaṁ	ind		continuously, repeatedly, regularly, often
sannipātā	n	m.n.pl	assembly, congregation, gathering
bhavissanti	V	pr.3.pl	will be
sannipāta-	n	m.	assembly, congregation, gathering
bahulā	adj	m.n.pl	abundant, full of, frequent

## o monks, and as long as monks will have regularly gathering, frequent assembly.

vuddhiyeva pāṭikaṅkhā no parihāni

vuddhi-	n	f.n.s	growth, increase
yeva	ind		just, only, even, even so, yet, also
pāṭikaṅkhā	adj	f.n.s	to be expected (for), certain (for), should be
			expected, can be anticipated
no	ind		not
parihāni	n	f.n.s	loss, deterioration, decrease, decline

### only growth is to be expected not decline.

yāvakīvañca bhikkhave bhikkhū samaggā sannipatissanti, samaggā vuṭṭhahissanti, samaggā saṅghakaraṇīyāni karissanti

yāvakīvañca	ind		and as long as
bhikkhave	n	m.voc.s	o monks!
bhikkhū	n	m.n.pl	monks
samaggā	adj	m.n.pl	unified, in concord, harmonious
sannipatissanti,	V	fut.3.pl	will gather together, assemble
samaggā	adj	m.n.pl	unified, in concord, harmonious
vuṭṭhahissanti,	V	fut.3.pl	will stand above, rise above, withdraw (from),
			emerge (from)
samaggā	adj	m.n.pl	unified, in concord, harmonious
saṅgha-	n		Community, assembly of monks
karaṇīyāni	n	nt.ac.pl	duties, obligations, what should be done, which
			should have been done
karissanti	V	fut.3.pl	will make, do, perform

o monks, and as long as monks will gather together harmoniously, will emerge (from gathering) harmoniously, will perferm duties of Community harmoniously

vuddhiyeva pāṭikaṅkhā no parihāni

#### only growth is to be expected not decline.

yāvakīvañca bhikkhave bhikkhū apaññattaṁ na paññāpessanti, paññattaṁ na samucchindissanti, yathāpaññattesu sikkhāpadesu vattissanti

ind		and as long as
n	m.voc.s	o monks!
n	m.n.pl	monks
pp	m.ac.s	not formulated, not prescribed, not decreed,
		not declared
ind		not
	n n pp	n m.voc.s n m.n.pl pp m.ac.s

paññāpessanti,	V	fut.3.pl	define as, assert, declare
paññattaṁ	pp	m.ac.s	formulated, prescribed, decreed, declared
na	ind		not
samucchindissant	i, v	fut.3.pl	cut off completely, uproot, eradicate
yathā-	ind		like, as, according to, on account of, because of,
			how
paññattesu	pp	m.loc.pl	in formulated, prescribed, decreed, declared
sikkhāpadesu	n	nt.loc.pl	in precepts, instructions, training rules
samādāya	V	ger	accepting, undertaking, taking up
vattissanti	V	fut.3.pl	proceed, continue, go forward, practice

o monks, and as long as monks will not assert what has not been declared, will not eradicate what has been declared, undertaking training rules as they has beed formulated will practice (them).

vuddhiyeva pāṭikaṅkhā no parihāni

### only growth is to be expected not decline.

yāvakīvañca bhikkhave bhikkhū ye te bhikkhū therā rattaññū cirapabbajitā saṅgha-pitaro saṅgha-pariṇāyakā te sakkarissanti garuṁ karissanti mānessanti pūjessanti tesañca sotabbaṁ maññissanti

yāvakīvañca	ind		and as long as
bhikkhave	n	m.voc.s	o monks!
bhikkhū	n	m.n.pl	monks
ye	pn	m.n.pl	that which, whoever
te	pn	m.n.pl	those
bhikkhū	n	m.n.pl	monks
therā	adj	m.n.pl	old, elderly, senior
rattaññū	adj	m.n.pl	of long standing
cirapabbajitā	adj	m.n.pl	having long since become a monk
saṅgha-pitaro	n	m.n.pl	fathers of the Community
saṅgha-pariṇāyak	ā n	m.n.pl	leaders, guides, advisers of Community
te	pn	m.ac.pl	them
sakkarissanti	V	fut.3.pl	will honour, esteem, respect

garuṁ karissanti	idiom	fut.3.pl	will respects; reveres.
mānessanti	V	fut.3.pl	will honour; revere; think highly.
pūjessanti	V	fut.3.pl	will honour; respect; worship, revere
tesaṁ	pn	m.gen.pl	of them
ca	ind		and
sotabbaṁ	ptp	m.ac.s	should be heard
maññissanti	V	fut.3.pl	will consider (to be), take, regard, view (as)

as long as the bhikkhus will honour those monks - who senior, of long standing, having long since become a monk, fathers of the Community, leaders of the Community - will make respect, revere, and will consider that what should be heard from them

vuddhiyeva pāṭikaṅkhā no parihāni

### only growth is to be expected not decline.

yāvakīvañca bhikkhave bhikkhū uppannāya taņhāya ponobhavikāya na vasam gacchissanti

yāvakīvañca	ind		and as long as
bhikkhave	n	m.voc.s	o monks!
bhikkhū	n	m.n.pl	monks
uppannāya	adj	f.gen.s	arisen, appeared, come into existence
taṇhāya	n	f.gen.s	craving (for), wanting, desire (for), lit. thirst (for)
ponobhavikāya	adj	f.gen.s	repeated existence, leading to rebirth
na	ind		not
vasaṁ	n	m.ac.s	control, authority, power, mastery
gacchissanti	V	fut.3.pl	will go, walk, move

# o monks, and as long as monks will not come under the control of arisen craving, which leading to rebirth

vuddhiyeva pāṭikaṅkhā no parihāni

### only growth is to be expected not decline.

yāvakīvañca bhikkhave bhikkhū āraññakesu senāsanesu sāpekkhā bhavissanti

yāvakīvañca	ind		and as long as
bhikkhave	n	m.voc.s	o monks!
bhikkhū	n	m.n.pl	monks
āraññakesu	adj	nt.loc.pl	in belonging to or living in a forest.
senāsanesu	n	nt.loc.pl	in housings, living places, lodgings
sāpekkhā	adj	m.n.pl	hopeful; expecting; looking for.
bhavissanti	V	fut.3.pl	they will be

## o monks, and as long as monks will be looking for living places belonging to a forest

vuddhiyeva pāṭikaṅkhā no parihāni

## only growth is to be expected not decline.

yāvakīvañca bhikkhave bhikkhū paccattaññeva satim upaṭṭhāpessanti: 'kinti anāgatā ca pesalā sabrahmacārī āgaccheyyum āgatā ca pesalā sabrahmacārī phāsum vihareyyun'ti

yāvakīvañca	ind		and as long as
bhikkhave	n	m.voc.s	o monks!
bhikkhū	n	m.n.pl	monks
paccattam-	ind		for oneself, individually, personally, exclusively
yeva	ind		just, only, even, even so, yet, also
satiṁ	n	f.ac.s	mindfulness, presence, recollection, awareness
upaṭṭhāpessanti:	V	fut.3.pl	will cause to attend, set up, make sure is present
'kinti	ind	inter.	how then? in what way?
anāgatā	adj	m.n.pl	not yet come, future
ca	ind		and
pesalā	adj	m.n.pl	lovable, pleasant, well-behaved amiable
sabrahmacārī	n	m.n.pl	fellow monks, spiritual companions
āgaccheyyuṁ	V	opt.3.pl	they would come
āgatā	adj	m.n.pl	come, arrived
ca	ind		and
pesalā	adj	m.n.pl	lovable, pleasant, well-behaved amiable
sabrahmacārī	n	m.n.pl	fellow monks, spiritual companions
phāsuṁ	n	m.ac.s	ease, comfort

vinarey yun u v opt.3.pi they would stay, in	hareyyun'ti	3.pl they would stay,	v opt.3.pl	live
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o monks, and as long as monks just individually will set up mindfulness: "how then not yet come well-behaved fellow monks would come? And (how then) arrived well-behaved fellow monks would stay at ease?"

vuddhiyeva pāṭikaṅkhā no parihāni

### only growth is to be expected not decline.

yāvakīvañca bhikkhave ime satta aparihāniyā dhammā bhikkhūsu ṭhassanti

yāvakīvañca	ind		and as long as
bhikkhave	n	m.voc.s	o monks!
ime	pn	m.n.pl	these
satta	adj	n.pl	seven
aparihāniyā	adj	m.n.pl	not connected with loss, deterioration, decrease,
			decline
dhammā	n	m.n.pl	principles, law
bhikkhūsu	n	m.loc.pl	in monks, among monks
ṭhassanti	V	fut.3.pl	will last, remain, persist, lit. stand

## o monks, and as long as these seven principles, not connected with loss, will remain among monks

imesu ca sattasu aparihāniyesu dhammesu bhikkhū sandississanti

imesu	pn	m.loc.pl	in these
ca	ind		and
sattasu	adj	loc.pl	in seven
aparihāniyesu	adj	m.loc.pl	in not connected with loss, deterioration,
			decrease, decline
dhammesu	n	m.loc.pl	in principles, law
bhikkhū	n	m.nom.pl	monks, among monks
sandississanti	V	fut.3.pl	will be seen together with, will be engaged in,
			agree with, live conformably to

## and monks will live conformably in these seven principles, not connected with loss

vuddhiyeva bhikkhave bhikkhūnam pāṭikankhā no parihānī ti

vuddhi-	n	f.n.s	growth, increase
yeva	ind		just, only, even, even so, yet, also
bhikkhave	n	m.voc.pl	o monks
bhikkhūnaṁ	n	m.dat.pl	for monks
pāṭikaṅkhā	adj	f.n.s	to be expected (for), certain (for), should be
			expected, can be anticipated
no	ind		not
parihāni	n	f.n.s	loss, deterioration, decrease, decline

### o monks, only growth is to be expected for monks, not decline.

### [AN 7.27]

yāvakīvañ'ca, bhikkhave, bhikkhū aniccasaññaṁ bhāvessanti; anattasaññaṁ bhāvessanti; asubhasaññaṁ bhāvessanti; ādīnavasaññaṁ bhāvessanti; pahānasaññaṁ bhāvessanti; virāgasaññaṁ bhāvessanti; nirodhasaññaṁ bhāvessanti

aniccasaññaṁ	n	f.ac.s	recognition of impermanence, perception of instability
bhāvessanti	V	fut.3.pl	they will cultivate, develop
anattasaññaṁ	n	f.ac.s	recognition of impersonality; perception of not self
asubhasaññaṁ	n	f.ac.s	recognition of unattractiveness, perception of ugliness
ādīnavasaññaṁ	n	f.ac.s	recognition of danger, perception of disadvantages
pahānasaññaṁ	n	f.ac.s	recognition of giving up, perception of letting go
virāgasaññaṁ	n	f.ac.s	recognition of fading away of passion, perception of absence of desire
nirodhasaññaṁ	n	f.ac.s	recognition of termination, perception of cessation

As long as the monks develop the perception of impermanence, the perception of notself, the perception of ugliness; the perception of danger; the perception of letting go; the perception of fading away of passion; the perception of cessation

vuddhiy'eva, bhikkhave, bhikkhūnam pāṭikankhā, no parihāni.

### Monks, only growth is to be expected for monks, not decline.

#### [AN 7.25]

yāvakīvañ'ca bhikkhave bhikkhū hirimanto bhavissanti; ottappino bhavissanti; bahussutā bhavissanti; āraddhavīriyā bhavissanti; satimanto bhavissanti; paññavanto bhavissanti;

hirimanto	adj	m.n.pl	has a conscience, conscientious
ottappino	adj	m.n.pl	afraid of wrong, feeling shame
bahussutā	adj	m.n.pl	well learned; knowledgeable
āraddhavīriyā	adj	m.n.pl	vigorous, with energy aroused, applying energy,
			making an effort
satimanto	adj	m.n.pl	mindful; fully present; attentive
paññavanto	adj	m.n.pl	wise; intelligent; insightful; percipient

## As long as the monks develop conscience, shame of wrong; learnedness; aroused energy; mindfulness and wisdom;

## [AN 7.24] na oramattakena vises'ādhigamena antarāvosānaṁ āpajjissanti

na	ind		not
oramattakena	adj	m.ins.s	lesser; insignificant; of small value or importance
visesa-	n		distinction, attainment
adhigamena	n	m.ins.s	with discovery (of); finding (of); attainment (of);
			achievement (of)
antarā-	ind		in between, mid-way, along the way
vosānaṁ	n	nt.ac.s	stopping, ceasing
āpajjissanti	V	fut.3.pl	they will come to, reach; enter upon, fall into

### Do not come to a stop midway because of some minor achievement of distinction

vuddhiy'eva, bhikkhave, bhikkhūnam pāṭikankhā, no parihāni.

### Monks, only growth is to be expected for monks, not decline.

### [AN 8.79]

ime bhikkhave dhammā sekhassa bhikkhuno aparihānāya samvattanti.

sekhassa	n	m.gen.s	of trainee, belonging to training
bhikkhuno	n	m.gen.s	of monk
aparihānāya	n	nt.dat.s	to the non-decline, not deterioration, not decrease
saṁvattanti	V	pr.3.pl	they lead (to), conduce to

### Monks, these qualities lead to the non-decline of a monk who is a trainee.

na kamm'ārāmatā, na bhass'ārāmatā, na nidd'ārāmatā, na saṅgaṇik'ārāmatā, indriyesu guttadvāratā, bhojane mattaññutā, asaṁsagg'ārāmatā, nippapañc'ārāmatā.

kamm'ārāmatā	n	f.n.s	pleasure of work; enjoyment of activity
bhass'ārāmatā	n	f.n.s	pleasure of speech; enjoyment of talk
nidd'ārāmatā	n	f.n.s	pleasure of sleep
saṅgaṇik'ārāmatā	n	f.n.s	pleasure of company; enjoyment of society
indriyesu	n	m.loc.pl	in senses, faculties
guttadvāratā	n	f.n.s	control over one's senses
bhojane	n	nt.loc.s	in eating, taking food
mattaññutā	n	f.n.s	moderation (in), knowing the measure or limit
asaṁsagg'ārāmatā	n	f.n.s	pleasure of non-association; enjoyment of
			detachment
nippapañc'ārāmatā	i. n	f.n.s	pleasure of non-proliferation, enjoyment of non-
			manifoldness (opinions, thoughts)

not taking pleasure in work, in talk, in sleep, in company, guarding the doors of the sense faculties, moderation in eating, delight in non-association, pleasure of non-proliferation.

[AN 6.22]	
sovacassatā, k	alvānamittat

sovacassatā	n	f.n.s	suavity, gentleness (in speech), obedience
kalyāṇamittatā	n	f.n.s	beneficial friendship, spiritual companionship

## obedience and beneficial friendship

[AN 8.79]

ime kho bhikkhave dhammā sekhassa bhikkhuno aparihānāya samvattantī"ti

Monks, these qualities lead to the non-decline of a monk who is a trainee.

### **STRIVING ACCORDING TO THE DHAMMA**

Dhamma-pahaṁsāna [sn 12.22]

[handa mayam dhamma-pahamsāna-pāṭham bhaṇāmase]

evam svākkhāto bhikkhave mayā dhammo

evaṁ	ind		thus; in this way
svākkhāto	adj	m.n.s	well preached
bhikkhave	n	m.voc.pl	o monks
mayā	pn	1.ins.s	by me
dhammo	n	m.n.s	Teaching

## o monks, the Teaching thus been well preached by me

uttāno vivaţo pakāsito chinnapilotiko.

uttāno	adj	m.n.s	clear, manifest, open, evident
vivațo	adj	m.n.s	uncovered, open
pakāsito	pp	m.n.s	explained, manifested, made known
chinna-	pp		cut; destroyed, stripped
pilotiko	n	m.n.s	a small piece of cloth, a rag,
			a bandage, patchwork

PTS: with torn rags, or without rags

## evident, uncovered, manifested, without rags

alam-eva saddhā-pabbajitena kula-puttena vīriyam ārabhitum

alam-	ind		enough
eva	ind		just, only
saddhā-	adj		faithful; with confidence
pabbajitena	pp	m.ins.s	has gone forth
kulaputtena	n	m.ins.s	by young man of a good family.
vīriyaṁ	n	nt.ac.s	energy; effort; strength

ārabhitum	V	inf	to arose, to begin, start
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## just this is enough to arose energy by the young man of a good family, who has gone forth from confidence.

## kāmam taco ca nahāru ca aṭṭhi ca avasissatu

kamam	ind	adv	surely; certainly, willingly
taco	n	m.n.s	skin
ca	ind		and
nahāru	n	m.n.s	a sinew; a tendon
ca	ind		and
aṭṭhi	n	nt.n.s	bone
ca	ind		and
avasissatu	V	imp.3.s	let left over; may remain over

### willingly let skin sinews and bones remain

## sarīre upasussatu mamsa-lohitam

sarīre	n	nt.loc.s	in the body
upasussatu	V	imp.3.s	let become dry
maṁsa-	n		flesh
lohitaṁ	n	nt.ac.s	blood

## let the flesh and blood in this body become dry

yam tam purisa-thāmena purisa-vīriyena purisa-parakkamena pattabbam na tam apāpuṇitvā vīriyassa saṇṭhānam bhavissatī-ti

yaṁ	pn	m.ac.s	whatever
taṁ	pn	m.ac.s	that
purisa-	n		man, human
thāmena	n	m.ins.s	by strength; power; vigour
purisa-	n		man, human

vīriyena	n	nt.ins.s	by vigour; energy; effort; strength
purisa-	n		man, human
parakkamena	n	m.ins.s	by exertion; endeavour; effort
pattabbaṁ	ptp	m.ac.s	what should be gained, attained or reached
na	ind		not
taṁ	pn	m.ac.s	that
a'pāpuṇitvā	V	abs	having not reached; having not attained;
			having not arrived at.
vīriyassa	n	nt.gen.s	of vigour; energy; effort; strength.
saṇṭhānaṁ	n	nt.ac.s	ending, stopping, cessation, stilling
bhavissatī-ti	V	fut.3.s	will be

whatever by human strength, by human effort, by human endeavour can be attained, that having not reached, will be not stilling of effort.

dukkham bhikkhave kusīto viharati

dukkhaṁ	n	nt.ac.s	discomfort, suffering, pain, unease,
			unsatisfaction, problem, trouble
bhikkhave	n	m.voc.pl	o monks!
kusīto	adj	m.n.s	lazy, slack, inactive, apathetic
viharati	V	pr.3.s	lives; abides; dwells

### o monks, the lazy (person) dwells in suffering

vokiņņo pāpakehi akusalehi dhammehi

vokiņņo	pp	m.n.s	covered with, drenched (with); mixed up,
			full of, soiled
pāpakehi	adj	m.ins.pl	by bad, wicked, worthless
akusalehi	adj	m.ins.pl	by unbeneficial, useless, unskilful
dhammehi	n	m.ins.pl	by states of mind

### soiled by evil unwholesome states of mind

mahantañ-ca sadattham parihāpeti

mahantañ-	adj	m.ac.s	great, extensive, big, important, large
ca	ind		and
sadatthaṁ	n	m.ac.s	one's own benefit, personal welfare
parihāpeti	V	pr.3.s	sets aside, abandons, neglects, omits

## and he neglects the great personal welfare

āraddha-vīriyo ca kho bhikkhave sukham viharati

āraddhavīriyo	adj	m.n.s	with energy aroused, applying energy,
			making an effort
ca	ind		but
kho	ind		indeed
bhikkhave	n	m.voc.pl	o monks!
sukhaṁ	ind		easily, comfortably, without difficulty
viharati	V	pr.3.s	lives; abides; dwells;

## but one with energy aroused dwells comfortably

pavivitto pāpakehi akusalehi dhammehi

pavivitto	adj	m.n.s	separated, secluded, solitary, detached
pāpakehi	adj	m.abl.pl	from bad, wicked, worthless
akusalehi	adj	m.abl.pl	from unbeneficial, useless, unskilful
dhammehi	n	m.abl.pl	from states of mind

## separated from evil unwholesome states of mind

mahantañ-ca sadattham paripūreti

mahantañ- ca	adj ind	m.ac.s	great, extensive, big, important, large and
sadatthaṁ	n	m.ac.s	one's own benefit, personal welfare
paripūreti	V	pr.3.s	is swelling, is filling up, is increasing

## and increasing the great personal welfare

na bhikkhave hīnena aggassa patti hoti

na	ind		not
bhikkhave	n	m.voc.pl	o monks!
hīnena	adj	m.ins.s	by low, inferior, deficient
aggassa	adj	m.gen.s	of highest, topmost, foremost
patti	n	f.n.s	reaching, attainment (of), getting
hoti	V	pr.3.s	it is, exists, there is

## monks, it is not by that which is low, there is attainment of highest

aggena ca kho bhikkhave aggassa patti hoti

adj	m.ins.s	by highest, topmost, foremost, supreme
ind		but, rather
ind		indeed
n	m.voc.pl	o monks!
adj	m.gen.s	of highest, topmost, foremost, supreme
n	f.n.s	reaching, attainment (of), getting
V	pr.3.s	it is, exists, there is
	ind ind n adj n	ind ind n m.voc.pl adj m.gen.s n f.n.s

## but, monks, it is by the supreme that there is attainment of highest

maṇḍapeyyam-idam bhikkhave brahmacariyam

maṇḍapeyyaṁ-	adj	nt.n.s	of the best quality; lit: to be drunk like cream
idaṁ	pn	nt.n.s	this
bhikkhave	n	m.voc.pl	o monks!
brahmacariyaṁ	n	nt.n.s	spiritual path, holy life, celibacy

## o monks! this holy life is of the best quality

satthā sammukhī-bhūto

satthā	n	m.n.s	teacher, master, the Buddha
sammukhībhūto	adj	m.n.s	become face to face, is present

### the teacher is present

tasmā'tiha bhikkhave vīriyam ārabhatha

tasmātiha	ind		therefore here
bhikkhave	n	m.voc.pl	o monks!
vīriyaṁ	n	nt.ac.s	vigour; energy; effort; strength.
ārabhatha	V	imp.2.pl	you should begin, start, arouse oneself

### therefore, o monks, here start to arouse your energy

appattassa pattiyā

appattassa	pp	m.gen.s	of not attained, not reached, not gained,
			not found
pattiyā	n	f.dat.s	for reaching, attainment (of), getting

### for the attainment of the unattained

anadhigatassa adhigamāya

anadhigatassa	pp	m.gen.s	of not attained, what has not been attained
adhigamāya	n	m.dat.s	for arrival (at), attainment (of), reaching (of)

#### for the achievement of unachieved

asacchikatassa sacchikiriyāya

asacchikatassa	adj	m.gen.s	of not experienced for oneself
sacchikiriyāya	n	m.dat.s	for personal experience, personal realization

## for the personal realization of not experienced

'evam no ayam amhākam pabbajjā avankatā avannā bhavissati saphalā saudrayā

evaṁ	ind		so in this way; in such a way; like this.
no	ind		then, now, indeed
ayaṁ	pn	m.n.s	this
amhākaṁ	pn	1.gen.s	our
pabbajjā	n	f.n.s	ordination, renunciation, becoming a
			monastic, 'going forth'
avaṅkatā	adj	f.n.s	not crooked, non-dishonest
avañjhā	adj	f.n.s	not barren, not sterile
bhavissati	V	fut.3.s	will be
saphalā	adj	f.n.s	fruitful, productive, efficacious
saudrayā	adj	f.n.s	advantageous, profitable, lit. with result,
			with coming forth

# indeed in such a way our renunciation will be not-dishonest, not barren, (it will be) fruitful and profitable.

yesam mayam paribhuñjāma cīvara-piṇḍapāta-senāsana-gilānappaccaya-bhesajja-parikkhāram tesam te kārā amhesu mahapphalā bhavissanti mahānisamsā'ti

yesaṁ	pn	m.gen.pl	of whoever, those who
mayaṁ	pn	1.n.pl	we
paribhuñjāma	V	pr.1.pl	we eat; use; enjoy
cīvara-	n		robe of a Buddhist monk
piṇḍapāta-	n		alms food, alms round, lit. lump dropping
senāsana-	n		housing, living place, lodging,
			lit. bed and chair
gilāna-	adj		sick; unwell
paccaya-	n		support, requisite
bhesajja-	n		medicament, medicine
parikkhāraṁ	n	nt.ac.s	requisite; accessory; equipment; utensil
tesaṁ	pn	m.gen.pl	of them
te	pn	m.n.pl	those
kārā	n	m.n.pl	actions, deeds, services
amhesu	pn	m.loc.s	in us

mahapphalā	adj	m.n.pl	rich in result, great result
bhavissanti	pt	fut.3.pl	will be
mahānisaṁsā	adj	m.n.pl	rich in profit; merit; good result

of those, whose robes, alms-food, lodging, supports for the sick and medicinal requisites we use, those actions to us will bring them grate result and grate merit.

evam hi vo bhikkhave sikkhitabbam. attattham vā hi bhikkhave sampassamānena alam-eva appamādena sampādetum

evaṁ	ind		thus, this, like this, just as, such
hi	ind		indeed, certainly, truly, definitely
VO	pn	2.ins.pl	by you all
bhikkhave	n	voc.pl	o monks!
sikkhitabbaṁ	ptp	nt.n.s	should be learned, should be practised,
			should be trained

#### like this indeed, o monks, should be practised by you all.

attatthaṁ	n	m.ac.s	one's own welfare, personal benefit, personal profit
vā	ind		or
hi	ind		indeed, certainly, truly, definitely
bhikkhave	n	voc.pl	o monks!
sampassamānena	pr.p	m.ins.s	with seeing, considering
alam-	ind		enough
eva	ind		only, just, so, even
appamādena	n	m.ins.s	with carefulness, caution, vigilance,
			diligence, conscientiousness, heedfulness
sampādetum	V	inf	to presse on, cause to accomplish, strive to achieve, trie to accomplish one's purpose
			achieve, the to accomplish one's purpose

indeed or considering personal benefit, it is just enough to strive with heedfulness.

parattham vā hi bhikkhave sampassamānena alam-eva appamādena sampādetum

parattham n m.ac.s benefit of others

indeed or considering benefit of others, it is just enough to strive with heedfulness.

ubhaya'ttham vā hi bhikkhave sampassamānena alam-eva appamādena sampādetun'ti

ubhaya- pn both, referring to two things

attham n m.ac.s benefit, profit, good, welfare, goal

indeed or considering benefit of both, it is just enough to strive with heedfulness.

#### **THE BUDDHA'S FINAL INSTRUCTION**

Buddha-pacchima-ovāda [DN 16.36]

yo vo ānanda mayā dhammo ca vinayo ca desito paññatto so vo mam'accayena satthā

yo	pn	m.n.s	whatever
VO	pn	2.dat.pl	for you all
ānanda	n	m.voc.s	o Ānanda
mayā	pn	1.ins.s	by me
dhammo	n	m.n.s	Teaching
ca	ind		and
vinayo	n	m.n.s	Discipline
ca	ind		and
desito	pp	m.n.s	preached, taught, explained, instructed
paññatto	pp	m.n.s	formulated, prescribed, decreed, declared
SO	pn	m.n.s	that
VO	pn	2.dat.pl	for you all
mama-	pn	1.gen.s	of me, my
accayena	ind		after the passing (of), after the lapse (of),
			lit. with gone past
satthā	n	m.n.s	master, teacher

Ānanda, whatever Teaching and Discipline was explained and formulated by me, that will be a teacher for you after my passing away.

#### [DN 16.21]

handa dāni bhikkhave āmantayāmi vo vayadhammā saṅkhārā appamādena sampādetha ayaṁ tathāgatassa pacchimā vācā

handa	ind		come on! come now!
dāni	ind		now, immediately
bhikkhave	n	voc.pl	o monks!
āmantayāmi	V	pr.1.s	I addresse, speak (to), tell, inform

VO	pn	2.ac.pl	you all
vayadhammā	adj	m.n.pl	naturally disappearing, liable to disintegrate
saṅkhārā	n	m.n.pl	condition, construction, fabrication
appamādena	n	m.ins.s	with carefulness, caution, vigilance,
			diligence, conscientiousness, heedfulness
sampādetha	V	imp.2.pl	you presse on, cause to accomplish, strive to
			achieve, trie to accomplish one's purpose
ayaṁ	pn	m.n.s	this
tathāgatassa	n	m.gen.s	of Such Become, thus gone
pacchimā	adj	f.n.s	last, final
vācā	n	f.n.s	speech, words, statement

come now, o monks! I declare to you: "condition phenomena are of the liable to disintegrate, strive for a goal with heedfulness". This is final statement of the Tathāgata.

#### **REFLECTIONS**

## **THE FOUR REQUISITES**

Cattaro parikkhāra [MN 2.4]

paṭisaṅkhā yoniso cīvaraṁ paṭisevāmi yāvadeva sītassa paṭighātāya uṇhassa paṭighātāya ḍaṁsa-makasa-vātātapa-siriṁsapa-samphassānaṁ paṭighātāya yāvadeva hirikopīna-paṭicchādan-atthaṁ

paṭisaṅkhā	V	abs	reflecting, considering
yoniso	ind	adv	wisely; properly; judiciously.
cīvaraṁ	n	nt.ac.s	robe of a Buddhist monk
pațisevāmi	V	pr.1.s	uses, makes use (of)
yāvadeva	ind		as much as, only as much as
sītassa	n	nt.gen.s	of cool; cold
paṭighātāya	n	m.dat.s	for warding off, repelling, counteract; lit:
			beating off
uṇhassa	n	nt.gen.s	of hot, heat
paṭighātāya	n	m.dat.s	for warding off, repelling, counteract; lit:
			beating off
ḍaṁsa-	n	m	gadfly
makasa-	n	m	mosquito
vātātapa-	n	m	wind and heat
siriṁsapa-	n	m	creeping animal, serpent, a reptile
samphassānaṁ	n	m.dat.pl	for touches; contacts
paṭighātāya.	n	m.dat.s	for purpose of warding off, staying,
			repulsion, beating off
yāvadeva	ind		as much as, only as much as
hirikopina-	n		that which arouses shyness, private shameful
			parts
paṭicchādaṁ-	n		covering, clothes, clothing
atthaṁ	n	m.ac.s	use, function, purpose

wisely reflecting I use the robe only to ward off cold, for ward off heat, for ward off the touch of flies, mosquitoes, wind & heat, and creeping animals, only for the sake of covering private shameful parts.

paṭisaṅkhā yoniso piṇḍapātaṁ paṭisevāmi neva davāya na madāya na maṇḍanāya na vibhūsanāya yāvadeva imassa kāyassa ṭhitiyā yāpanāya vihiṁsūparatiyā brahmacariyānuggahāya iti purāṇañ'ca vedanaṁ paṭihaṅkhāmi navañ'ca vedanaṁ na-uppādessāmi yātrā ca me bhavissati anavajjatā ca phāsuvihāro cā'ti

paṭisaṅkhā	V	abs	reflecting, considering
yoniso	ind	adv	wisely; properly; judiciously.
piṇḍapātaṁ	n	m	alms food, alms round, lit. lump dropping
paṭisevāmi	V	pr.1.s	uses, makes use (of)
neva	ind		neither
davāya	n	m.dat.s	for fun, play
na madāya	n	m.dat.s	nor for intoxication, pleasure
na maṇḍanāya	n	nt.dat.s	nor for adornment; decoration,
			beautification, appearance
na vibhūsanāya	n	nt.dat.s	nor for ornament; decoration, attractiveness
yāva'd'eva	ind		just up to; as far as
imassa	pn	m.gen.s	of this
kāyassa	n	m.gen.s	of body
ṭhitiyā	n	f.dat.s	for persistence, keeping up
yāpanāya	n	nt.dat.s	for sustenance; nourishment;
			keeping up of the body, feeding
vihiṁsa-	n	f.	hurting, harm, injury
uparatiyā	n	f.dat.s	for abstaining, stopping
brahmacariya-	n	nt	holy live
anuggahāya	n	nt.dat.s	for help; assistance
iti	ind		thus, therefore
purāṇañ'ca	adj	f.ac.s	old; former and
vedanaṁ	n	f.ac.s	painful sensation, suffering, pain
paṭihaṅkhāmi	V	fut.1.s	I will destroy, will put an end to,
			will terminate
navañ'ca	adj	f.ac.s	new, fresh and
vedanaṁ	n	f.ac.s	painful sensation, suffering, pain

na-uppādessāmi	v.caus	fut.1.s	I will not produce; cause to arise
yātrā	n	f.n.s	going on, livelihood, support of life,
			way of going on, vehicle, carry on
ca	ind		and
me	pn	1.dat.s	for me
bhavissati	V	fut.3.s	it will be
anavajjatā ca	n	f.n.s	blamelessness, faultlessness and
phāsuvihāro cā'ti	n	m.n.s	living in ease, comfortable mode of life

reflecting wisely I use almsfood, neither for fun, nor for intoxication, nor for adornment or decoration, just up to keeping up sustenance of this body, for avoiding harm, for assistance of holy live. thus (should think): I will put an end of former (painfull) sensations, and I will not produce a new (painfull) sensations, it will be support of life, blamelessness and easy dwelling for me.

paṭisaṅkhā yoniso senāsanaṁ paṭisevāmi yāvadeva sītassa paṭighātāya uṇhassa paṭighātāya ḍaṁsa-makasa-vātātapa-siriṁsapa-samphassānaṁ paṭighātāya yāvadeva utuparissaya-vinodanaṁ paṭisallānārāmatthaṁ

paṭisaṅkhā	V	abs	reflecting, considering
yoniso	ind	adv	wisely; properly; judiciously.
senāsanaṁ	n	nt.ac.s	housing, living place, lodging,
			lit. bed and chair
pațisevāmi	V	pr.1.s	uses, makes use (of)
yāvadeva	ind		as much as, only as much as
sītassa	n	nt.gen.s	of cool; cold
paṭighātāya	n	m.dat.s	for warding off, repelling, counteract; lit:
			beating off
uṇhassa	n	nt.gen.s	of hot, heat
paṭighātāya	n	m.dat.s	for warding off, repelling, counteract; lit:
			beating off
ḍaṁsa-	n	m	gadfly
makasa-	n	m	mosquito
vātātapa-	n	m	wind and heat
siriṁsapa-	n	m	creeping animal, serpent, a reptile
samphassānaṁ	n	m.dat.pl	for touches; contacts

n	m.dat.s	for purpose of warding off, staying,
		repulsion, beating off
ind		as much as, only as much as
n		inclement weather, harsh climate,
		lit. danger of the season
n	nt.ac.s	driving out, dispelling, removal
n		privacy, seclusion, solitude,
		lit. sticking to oneself
n		enjoyment, delight, pleasureenjoyment,
		delight, pleasure
n	m.ac.s	use, function, purpose
	ind n n n	ind n n nt.ac.s n

wisely reflecting I use the lodging only to ward off cold, for ward off heat, for ward off the touch of flies, mosquitoes, wind & heat, and creeping animals, only for the sake of removal the danger of the season and delight in seclusion.

paṭisaṅkhā yoniso gilāna-paccaya-bhesajja-parikkhāraṁ paṭisevāmi yāvadeva uppannānaṁ veyyābādhikānaṁ vedanānaṁ paṭighātāya abyāpajjha-paramatāyā ti

paṭisaṅkhā	V	abs	reflecting, considering
yoniso	ind	adv	wisely; properly; judiciously.
gilāna-	adj		sick; unwell
paccaya-	n		support, requisite
bhesajja-	n		medicament, medicine
parikkhāraṁ	n	nt.ac.s	requisite; accessory; equipment; utensil
paṭisevāmi	V	pr.1.s	uses, makes use (of)
yāvadeva	ind		as much as, only as much as
uppannānaṁ	pp	m.dat.pl	for reborn, arisen, produced
veyyābādhikānam	adj	m.dat.pl	for oppressive, disturbing, painful
vedanānaṁ	n	f.gen.pl	painful sensation, suffering, pain
paṭighātāya	n	m.dat.s	for purpose of warding off, staying,
			repulsion, beating off
abyāpajjha-	adj		freedom from oppressive pain, relief
paramatāyā	adj	m.dat.s	maximum, lit. extreme state
ti	ind		<b>((3)</b>

wisely reflecting I use supports for the sick and medicinal requisites only to ward off arisen oppressive painful sensation, for maximum freedom from oppressive pain

#### THE REPULSIVENESS OF FOOD

Āhāra-paţikūla-paccavekkhaņa-pāţho

[AN 7.49]

āhāre paṭikūlasaññāparicitena, bhikkhave, bhikkhuno cetasā bahulaṁ viharato, rasataṇhāya cittaṁ patilīyati patikuṭati pativattati, na sampasāriyati, upekkhā vā pāṭikulyatā vā saṇṭhāti.

āhāre	n	m.ac.pl	food, sustenances, nutriments
paṭikūlasaññā-	n	f	recognition of repulsiveness, perception of
			unpleasantness
paricitena	pp	m.ins.s	practised; rehearsed; accustomed, familiarized
bhikkhuno	n	m.gen.s	of monk
cetasā	n	m.ins.s	with a mind, with thought, by intention
bahulaṁ	ind	adv	often, frequently
viharato	prp	m.gen.s	of living , abiding, dwelling
rasataṇhāya	n	f.abl.s	from craving for taste
cittaṁ	n	nt.n.s	mind
patilīyati	V	pr.3.s	draws back, keeps away from; withdraws;
			lit. sticks back (from)
patikuṭati	V	pr.3.s	shrinks from, refuses (something); lit. bents back
pativattati,	V	pr.3.s	rolls back (from); moves back (from), turns away
na sampasāriyati	V	pr.3.s	does not become extended (to), drawn (to);
			lit. does not caused to go forward
upekkhā vā	n	f.n.s	mental poise, balance, equanimity, equipoise;
			lit. onlooking
pāṭikulyatā vā	n	f.n.s	aversion (to); disgust (for); revulsion (toward)
saṇṭhāti.	V	pr.3.s	remains, continues, is established; lit. stands

When a monk often dwells with a mind familiarized with the perception of the repulsiveness of food, his mind shrinks away from craving for tastes, turns back from it, rolls away from it, and does not drawn towards it; either equanimity or disgust is established in him.

[Trad]

yathā paccayam pavattamānam dhātu-mattam-ev'etam

yathā	ind		because; since
paccayaṁ	adj	nt.n.s	based (on); supported (by); founded (on)
pavattamānaṁ	pr.p	nt.n.s	existing; happening; occurring, continuing
dhātu-	n	f	element
mattam-	adj		merely, the fact of, by virtue of
eva-	ind		just, only
etaṁ	ind		thus

# Since this existing supported just by elements,

yad idam cīvaram tad upabhuñjako ca puggalo

yad	pn	nt.n.s	whatever, that which
idaṁ	pn	nt.n.s	this
cīvaraṁ	n	nt.n.s	robe of Buddhist monk
tad	pn	nt.ac.s	that, it
upabhuñjako	adj	m.n.s	one who eats, enjoys or undergoes, using
ca	ind		and
puggalo	n	m.n.s	person, man

# this robe and the person using it

dhātu-mattako nissatto nijjīvo suñño

dhātu-	n	f	element
mattako	adj	m.n.s	only as much as, mere
nissatto	adj	m.n.s	without a soul, without substance
nijjīvo	adj	m.n.s	soulless
suñño	adj	m.n.s	empty, void

# merely elements, without substance, soulless, empty.

sabbāni pana imāni cīvarāni a'jigucchanīyāni

sabbāni	adj	nt.n.pl	all
pana	ind		and; yet; but; moreover.

imāni	pn	nt.n.pl	these
cīvarāni	n	nt.n.pl	robes of Buddhist monk
a'jigucchanīyāni	pt.p	nt.n.pl	should not be shunned, should not be
			disgusted, should not be detested

#### yet all these robes should not be disgusted

imam pūti-kāyam patvā ativiya jigucchanīyāni jāyanti

imaṁ	pn	m.ac.s	this
pūti-	adj		rotten; putrid; stinking
kāyaṁ	n	m.ac.s	body
patvā	V	abs	having reached; attained or obtained
ativiya	ind		very much
jigucchanīyāni	pt.p	nt.n.pl	should be shunned, should be disgusted,
			should be detested
jāyanti	V	pr.3.pl	born; arises

#### having reached this putrid body, arise those what should be disgusted very much

yathā paccayam pavattamānam dhātu-mattam-ev'etam yad idam piṇḍapāto tad upabhuñjako ca puggalo

piṇḍapāto n m.n.s alms food, alms round, lit. lump dropping

# just as flowing the causes, just thus merely elements, this alms food and the person using it

dhātu-mattako nissatto nijjīvo suñño sabbo panāyaṁ piṇḍapāto ajigucchanīyo

sabbo	adj	m.n.s	all
pana-	ind		and; yet; but; moreover.
ayaṁ	pn	m.n.s	this
piṇḍapāto	n	m.n.s	alms food, alms round, lit. lump dropping

a'jigucchanīyo pt.p m.n.s should not be shunned, should not be disgusted, should not be detested

merely elements, without substance, soulless, empty. yet all this alms food should not be disgusted

imam pūti-kāyam patvā ativiya jigucchanīyo jāyati

having reached this putrid body, arise those what should be disgusted very much

#### **UNIVERSAL WELL-BEING**

#### Mettā-pharaņa

aham sukhito homi niddukkho homi avero homi abyāpajjho homi anīgho homi sukhī attānam pariharāmi

ahaṁ	pn	1.n.s	I
sukhito	pp	m.n.s	happy; blest; glad, easeful
homi	V	imp.1.s	may I be
niddukkho	adj	m.n.s	free from discomfort, suffering, pain,
			unsatisfactory, problem
homi	V	imp.1.s	may I be
avero	adj	m.n.s	peaceable, mild, friendly, not enmity
homi	V	imp.1.s	may I be
abyāpajjho	adj	m.n.s	free from oppressive pain, relief
		or	free from ill will, not malicious
homi	V	imp.1.s	may I be
anīgho	adj	m.n.s	untroubled, undisturbed, calm,
			lit. not trembling
homi	V	imp.1.s	may I be
sukhī	n	m.n.s	who is happy, at ease
attānaṁ	n	m.ac.s	oneself, myself
pariharāmi	V	imp.1.s	may I take care (of), look after, maintain,
			lit. carries around

# May I be happy, may I be free from suffering, may I be peaceable, may I be free from ill will, may I be undisturbed, may I maintain myself at ease.

sabbe sattā sukhitā hontu sabbe sattā averā hontu sabbe sattā abyāpajjhā hontu sabbe sattā anīghā hontu sabbe sattā sukhī attānaṁ pariharantu

sabbe	adj	m.n.pl	all
sattā	n	m.n.pl	living beings
sukhitā	pp	m.n.pl	happy; blest; glad, easeful
hontu	V	imp.3.pl	may they be
sabbe	adj	m.n.pl	all

sattā	n	m.n.pl	living beings
averā	adj	m.n.pl	peaceable, mild, friendly, not enmity
hontu	V	imp.3.pl	may they be
sabbe	adj	m.n.pl	all
sattā	n	m.n.pl	living beings
abyāpajjhā	adj	m.n.pl	free from oppressive pain, relief
		or	free from ill will, not malicious
hontu	V	imp.3.pl	may they be
sabbe	adj	m.n.pl	all
sattā	n	m.n.pl	living beings
anīghā	adj	m.n.pl	untroubled, undisturbed, calm,
			lit. not trembling
hontu	V	imp.3.pl	may they be
sabbe	adj	m.n.pl	all
sattā	n	m.n.pl	living beings
sukhī	n	m.n.pl	who is happy, at ease
attānaṁ	n	m.ac.s	oneself, self
pariharantu	V	imp.3.pl	may they take care (of), look after, maintain,
			lit. carries around

May all beings be happy, may all beings be peaceable, may all beings be free from ill will, may all beings be undisturbed, may all beings maintain themselves at ease.

sabbe sattā sabbadukkhā pamuccantu sabbe sattā laddha-sampattito mā vigacchantu

ng, all pain, all problems,
ed (from),
om)
d, won, received
tainment; happiness, bliss,
(

mā	ind		do not
vigacchantu	V	imp.3.pl	may they disappear, lost, go to waste

## may all beings be freed from all suffering, may all beings do not lost gained fortune.

sabbe sattā kammassakā kammadāyādā kammayonī kammabandhū kammapaṭisaraṇā yaṁ kammaṁ karissanti kalyāṇaṁ vā pāpakaṁ vā tassa dāyādā bhavissanti

sabbe	adj	m.n.pl	all
sattā	n	m.n.pl	living beings
kamma-	n		action, deed, work
sakā-	n	m.n.pl	one's own (property, possessions, etc)
kamma-	n		action, deed, work
dāyādā	n	m.n.pl	heir, inheritor, lit. receiver of what is given
kamma-	n		action, deed, work
yonī	n	f.n.pl	conception, birth, womb, origin
kamma-	n		action, deed, work
bandhū	n	m.n.pl	relative, relation, lit. tied to
kamma-	n		action, deed, work
pațisaraņoā	n	m.n.pl	protection, shelter, refuge
yaṁ	pn	nt.ac.s	whatever
kammaṁ	n	nt.ac.s	action, deed, work
karissanti	V	fut.3.pl	they will do
kalyāṇaṁ	adj	nt.ac.s	good, favourable, propitious, beneficial
vā	ind		or
pāpakaṁ	adj	nt.ac.s	evil, criminal, wrong, bad, vicious
vā	ind		or
tassa	pn	m.gen.s	of that
dāyādā	n	m.n.pl	heir, inheritor, lit. receiver of what is given
bhavissanti	V	fut.3.pl	they will be

All living beings are possessing of actions, inheriting of actions, born from actions, bound by actions, protected by actions, whatever actions they will do - good or bad – of that they will be the heirs.

#### **THE DIVINE ABIDINGS**

Brahmavihāra [DN 13.8]

mettā-sahagatena cetasā ekam disam pharitvā viharati

mettā-	n		friendliness
sahagatena	pp	nt.i.s	full of
cetasā	n	nt.i.s	with a mind
ekaṁ	adj	f.ac.s	one
disaṁ	n	f.ac.s	direction
pharitvā	V	abs	having filled
viharati	V	pr.3.s	he lives

# he lives having filled one direction with a mind full of friendliness

tathā dutiyam tathā tatiyam tathā catuttham

tathā	ind	adv	like this, likewise
dutiyaṁ	adj	f.ac.s	the second
tathā	ind	adv	like this, likewise
tatiyaṁ	adj	f.ac.s	the third
tathā	ind	adv	like this, likewise
catutthaṁ	adj	f.ac.s	the fourth

# likewise the second, likewise the third, likewise the fourth.

iti uddhamadho tiriyam sabbadhi sabbattatāya

iti	ind		thus
uddhamadho	ind	adv	above and below
tiriyaṁ	ind	adv	across; transversely
sabbadhi	ind	adv	everywhere
sabbattatāya	adj	m.dat.s	to all encompassing, all pervading,
			lit. all spread out

#### and so above, below, across and everywhere, and to all pervading,

sabbāvantam lokam mettā-sahagatena cetasā vipulena mahaggatena appamāņena averena abyāpajjhena pharitvā viharati

sabbāvantaṁ	adj	m.ac.s	entire, whole
lokaṁ	n	m.ac.s	world, universe
mettāsahagatena	pp	nt.ins.s	full of friendliness
cetasā	n	nt.ins.s	with a mind
vipulena	adj	nt.ins.s	extensive; great; large
mahaggatena	adj	nt.ins.s	become great; lofty
appamāṇena	adj	nt.ins.s	boundless; unlimited
averena	adj	nt.ins.s	kind, free from enmity
abyāpajjena	adj	nt.ins.s	without ill will, with goodwill
pharitvā	V	abs	having pervaded; having suffused;
			having filled.
viharati;	V	pr.3.s	he stays, lives, dwells

# he dwells suffusing the entire universe with mind full of friendliness, great, lofty, boundless and free from enmity and ill will.

karuṇā-sahagatena cetasā ekam disam pharitvā viharati ...

karuṇā-sahagatena pp nt.ins.s full of compassion

#### he lives having filled one direction with a mind full of compassion ...

muditā-sahagatena cetasā ekam disam pharitvā viharati ...

muditā-sahagatena pp nt.ins.s full of empathetic joy

#### he lives having filled one direction with a mind full of empathetic joy ...

upekkhā-sahagatena cetasā ekam disam pharitvā viharati ...

upekkhā-sahagatena pp nt.ins.s full of equanimity

he lives having filled one direction with a mind full of equanimity			

#### **FIVE SUBJECTS FOR FREQUENT RECOLLECTION**

Pañca-abhiṇha-paccavekkhaṇā [AN 5.57]

#### jarā-dhammo'mhi jaram anatīto

jarā-	n	f	decay; old age
dhammo-	n	m.n.s	nature
amhi	V	pr.1.s	I am
jaraṁ	n	f.ac.s	decay; old age
anatīto	pp	m.n.s	not pasted, not free from, unavoidable

# i am of the nature to age, i am not free from ageing.

#### byādhi-dhammo'mhi byādhim anatīto

byādhi-	n	nt	sickness, disease
dhammo-	n	m.n.s	nature
amhi	V	pr.1.s	I am
byādhiṁ	n	nt.ac.s	sickness, disease
anatīto	pp	m.n.s	not pasted, not free from, unavoidable

## i am of the nature to sick, i am not free from sickness

## maraṇa-dhammo'mhi maraṇam anatīto

maraṇa-	n	nt	death
dhammo-	n	m.n.s	nature
amhi	V	pr.1.s	I am
maraṇaṁ	n	nt.ac.s	death
anatīto	pp	m.n.s	not pasted, not free from, unavoidable

# i am of the nature to die, i am not free from dying

sabbehi me piyehi manāpehi nānābhāvo vinābhāvo

sabbehi	adj	m.abl.pl	from all; every
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me	pn	1.dat.s	to me
piyehi	adj	m.abl.pl	from dear; amiable
manāpehi	adj	m.abl.pl	from pleasing; charming
nānābhāvo	n	m.n.s	separation, parting, differentiation,
			lit. become different
vinābhāvo	n	m.n.s	separation, loss, lit. state of being without

## there is separation and parting from all that dear and pleasing to me.

kamma-s'sako'mhi kamma-dāyādo kamma-yoni kamma-bandhu kamma-paṭisaraṇo. yaṁ kammaṁ karissāmi - kalyāṇaṁ vā pāpakaṁ vā - tassa dāyādo bhavissāmi.

kamma-	n		action, deed, work
sako-	n	m.n.s	one's own (property, possessions, etc)
amhi	V	pr.1.s	i am
kamma-	n		action, deed, work
dāyādo	n	m.n.s	heir, inheritor, lit. receiver of what is given
kamma-	n		action, deed, work
yoni	n	f.n.s	conception, birth, womb, origin
kamma-	n		action, deed, work
bandhu	n	m.n.s	relative, relation, lit. tied to
kamma-	n		action, deed, work
paṭisaraṇo	n	m.n.s	protection, shelter, refuge
yaṁ	pn	nt.ac.s	whatever
kammaṁ	n	nt.ac.s	action, deed, work
karissāmi	V	fut.1.s	I will do
kalyāṇaṁ	adj	nt.ac.s	good, favourable, propitious, beneficial
vā	ind		or
pāpakaṁ	adj	nt.ac.s	evil, criminal, wrong, bad, vicious
vā	ind		or
tassa	pn	m.gen.s	of that
dāyādo	n	m.n.s	heir, inheritor, lit. receiver of what is given
bhavissāmi	V	fut.1.s	I will be

I am possessing of actions, inheriting of actions, born from actions, bound by actions, protected by actions, whatever action I will do - good or bad - of that I will be the heir.

# evam amhehi abhinham paccavekkhitabbam

evaṁ	ind		thus
amhehi	pn	1.ins.pl	by us
abhiṇhaṁ	ind	adv	often; repeatedly
paccavekkhitabbam	pt.p	nt.n.s	should be considered; contemplated

thus by us repeatedly should be contemplated.

#### TEN SUBJECTS FOR FREQUENT RECOLLECTION BY ONE WHO HAS GONE FORTH

Dasadhammā pabbajita-abhiņha-paccavekkhaņā [AN 10.48]

dasa ime bhikkhave dhammā pabbajitena abhinham paccavekkhitabbā. katame dasa?

dasa	adj	m.n.pl	ten
ime	pn	m.n.pl	these
bhikkhave	n	m.voc.pl	o monks!
dhammā	n	m.n.pl	truths, realities, principles, laws
pabbajitena	n	m.ins.s	by monk, a one who has gone forth
abhiṇhaṁ	ind	adv	often; repeatedly
paccavekkhitabbam	pt.p	m.ac.s	should be reflected; contemplated
katame	pn	m.n.pl	what? which (of the many)?
dasa?	adj	m.n.pl	ten

# o monks, these are ten principles should often be reflected by a one who has gone forth. which ten?

'vevaṇṇiy-amhi ajjhupagato'ti, pabbajitena abhiṇham paccavekkhitabbam

vevaṇṇiya-	adj		state of having no caste, who change
			appearance, social order; lit. discoloured
amhi	V	pr.1.s	I am
ajjhūpagato' ti	pp	m.n.s	arrived, reached

# I have reached a state of castelessness.

'para-paṭibaddhā me jīvikā'ti, pabbajitena abhinham paccavekkhitabbam.

para-	adj		other, another
paṭibaddhā	adj	f.n.s	dependent on, connected to, tied up with,
			supported by
me	pn	1.gen.s	my
jīvikā'ti	n	f.n.s	livelihood, way of life

# my way of life is dependent on others

'añño me ākappo karaṇīyo'ti, pabbajitena abhiṇham paccavekkhitabbam.

añño	adj	m.n.s	another, other, different
me	pn	1.gen.s	my
ākappo	n	m.n.s	deportment, behavior
karaṇīyo'ti	pt.p	m.n.s	ought to be done, should be made

# My behavior should be (done) different

'kacci nu kho me attā sīlato na upavadatī'ti, pabbajitena abhiṇhaṁ paccavekkhitabbaṁ.

kacci	ind		I hope, I trust, I doubt, I suspect, I wonder
nu kho	ind		does? is? would?
me	pn	1.ac.s	me
attā	n	m.n.s	self, myself
sīlato	n	m.abl.s	as (in regard to) moral practice, virtue
na	ind		not
upavadatī'ti,	V	pr.3.pl	blames, insults, criticizes, finds fault (with)

# does the self not criticize me in regard to virtue?

'kacci nu kho mam anuvicca viññū sabrahmacārī sīlato na upavadantī'ti

kacci	ind		I hope, I trust, I doubt, I suspect, I wonder
nu kho	ind		does? is? would?
maṁ	pn	1.ac.s	me
anuvicca	V	ger	investigating, finding out, learning about,
			knowing about
viññū	adj	m.n.pl	wise
sabrahmacārī	n	m.n.pl	fellow monks
sīlato	n	m.abl.s	as (in regard to) moral practice, virtue
na	ind		not
upavadantī'ti	V	pr.3.pl	blame, insult, criticize, find fault (with)

## Do wise fellow monks not criticize me, investigating in regard to virtue?

'sabbehi me piyehi manāpehi nānābhāvo vinābhāvo' ti

#### there is separation and parting from all that dear and pleasing to me.

'kamma-s'sako'mhi kamma-dāyādo kamma-yoni kamma-bandhu kamma-paṭisaraṇo. yaṁ kammaṁ karissāmi - kalyāṇaṁ vā pāpakaṁ vā - tassa dāyādo bhavissāmī'ti

# I am possessing of actions, inheriting of actions, born from actions, bound by actions, protected by actions, whatever action I will do - good or bad - of that I will be the heir.

'katham-bhūtassa me rattindivā vītivattantī'ti;

kathambhūtassa	adj	m.gen.s	of how? of what kind? what way?
			lit. how become?
me	pn	1.gen.s	my
rattindivā	n	m.n.pl	nights and days
vītivattantī'ti;	V	pr.3.pl	they spend (time), pass

#### of what kind my days and nights pass?

'kacci nu kho'ham suññ'āgāre abhiramāmī'ti,

kacci	ind		I hope, I trust, I doubt, I suspect, I wonder
nu kho	ind		does? is? would?
ahaṁ	pn	1.n.s	I
suñña-	adj		empty, uninhabited
āgāre	n	m.loc.s	in dwelling
abhiramāmī'ti	V	pr.1.s	I enjoy; find pleasure in

# Do I delight in an empty dwelling?

'atthi nu kho me uttari-manussa-dhammo alam'ariya-ñāṇa-dassana-viseso adhigato, so'ham pacchime kāle sabrahmacārīhi puṭṭho na maṅku bhavissāmī'ti,

ʻatthi	V	pr.3.s	there is
nu kho	ind		does? is? would?
me	pn	1.dat.s	to me
uttari-			over; beyond; further; moreover; additional
manussa-	n		human being
dhammo	n	m.n.s	mental state
alam'	ind		suitable
ariya-	n		noble
ñāṇa-dassana-	n		knowledge & vision
viseso	n	m.n.s	attainment
adhigato,	pp	m.n.s	attained; obtained; understood
SO-	pn	m.n.s	that
ahaṁ	pn	1.n.s	I
pacchime	adj	m.loc.s	in latest, hindmost
kāle	n	m.loc.s	in time
sabrahmacārīhi	n	m.ins.pl	by a fellow monks
puṭṭho	pp	m.n.s	asked, questioned
na	ind		not
maṅku	adj	m.n.s	confused; downcast; in low spirits, abashed
bhavissāmī'ti,	V	fut.1.s	I will be

Is there (any) superior human attainment suitable for a noble one, distinction of knowledge & vision obtained? That in the last days, questioned by fellow monks, I will not be abashed.

ime kho bhikkhave dasa dhammā pabbajitena abhinham paccavekkhitabbā' ti

o monks, these is ten principles should often be reflected by a one who has gone forth.

#### **THE THIRTY-TWO PARTS**

Dvattims'ākāra-paccavekkhaṇa [dn 22.5]

ayam kho me kāyo uddham pādatalā adho kesa-matthakā taca-pariyanto pūro nānappakārassa asucino

ayaṁ	pn	m.n.s	this
kho	ind		indeed
me	pn	1.gen.s	my
kāyo	n	m.n.s	body
uddhaṁ	ind	prep	upwards (+ abl.)
pādatalā,	n	nt.abl.s	from the sole of the foot
adho	ind	prep	downwards (+ abl. )
kesa-	n		hair on head
matthakā,	n	m.abl.s	from the top, head, crown
taca-	n		skin
pariyantaṁ	adj	m.ac.s	enclosed with, surrounded by, encircled by
pūro	adj	m.n.s	full; full of
nānappakārassa	adj	m.gen.s	of various, many different, manifold
asucino	n	m.gen.s	impurity

# indeed this my body from the soles of the feet upwards, from the crown of the head downwards, enclosed with skin and full of various kinds of impurity:

'atthi imasmim kāye kesā lomā nakhā dantā taco, mamsam nhāru aṭṭhi aṭṭhimiñjam vakkam, hadayam yakanam kilomakam pihakam papphāsam, antam antaguṇam udariyam karīsam, pittam semham pubbo lohitam sedo medo, assu vasā kheļo singhāṇikā lasikā muttam, matthalungan'ti

atthi	V	pres.3.pl	there are
imasmiṁ	pn	m.loc.s	in this
kāye	n.	m.loc.s	in body
kesā	n	m.n.pl	hairs of the head
lomā	n	m.n.pl	hairs of the body
nakhā	n	m.n.pl	nails

dantā	n	nt.n.pl	teeth
taco	n	m.n.s	skin
maṁsaṁ	n	nt.n.s	flesh
nhāru	n	m.n.s	sinew
aṭṭhi	n	nt.n.s	bone
aṭṭhimiñjaṁ	n	nt.n.s	marrow of the bone
vakkaṁ	n	nt.n.s	kidney
hadayam	n	nt.n.s	heart
yakanaṁ	n	nt.n.s	liver
kilomakaṁ	n	nt.n.s	pleura
pihakaṁ	n	nt.n.s	spleen
papphāsaṁ	n	nt.n.s	lungs
antaṁ	n	nt.n.s	intestine
antaguṇaṁ	n	nt.n.s	mesentery
udariyaṁ	n	nt.n.s	stomach, undigested food
karīsaṁ	n	nt.n.s	excrement
matthaluṅgaṁ	n	nt.n.s	the brain
pittaṁ	n	nt.n.s	bile
semhaṁ	n	nt.n.s	phlegm
pubbo	n	m.n.s	pus; matter
lohitaṁ	n	nt.n.s	blood
sedo	n	m.n.s	sweat
medo	n	m.n.s	the fat
assu	n	nt.n.s	tear
vasā	n	f.n.s	the fat; grease.
kheļo	n	m.n.s	saliva
siṅghāṇikā	n	f.n.s	mucus of the nose
lasikā	n	f.n.s	synovic fluid
muttaṁ	n	nt.n.s	the urine
matthaluṅgaṁ	n	nt.n.s	brain

'in this body there are head hairs, body hairs, nails, teeth, skin, flesh, tendons, bones, bone marrow, kidneys, heart, liver, pleura, spleen, lungs, large intestines, small intestines, undigested food, feces, bile, brain, phlegm, pus, blood, sweat, fat, tears, skin-oil, saliva, mucus, fluid in the joints, urine, brain'

evam-ayam me kāyo uddham pādatalā adho kesamatthakā tacapariyanto pūro nānappakārassa asucino

like this indeed this my body from the soles of the feet upwards, from the crown of the head downwards, enclosed with skin and full of various kinds of impurity:

#### **RECOLLECTION OF IMPERMANENCE**

Anicc'ānussati

sabbe saṅkhārā aniccā

sabbe adj m.n.pl all; every; whole; entire

sankhārā n m.n.pl conditioned things, constructions,

fabrications, formations

aniccā adj m.n.pl not stable; impermanent

#### all conditioned things are impermanent

sabbe sankhārā dukkhā

sabbe adj m.n.pl all; every; whole; entire

sankhārā n m.n.pl conditioned things, constructions,

fabrications, formations

dukkhā adj m.n.pl uncomfortable, painful, unpleasant,

causing misery, unsatisfactory

# all conditioned things are unsatisfactory

sabbe dhammā anattā

sabbe adj m.n.pl all; every; whole; entire

dhammā n m.n.pl things, mental phenomena

anattā adj m.n.pl have no self, impersonal, void of self

#### everything is void of self

addhuvam jīvitam

addhuvam adj nt.n.s changing, unstable, impermanent

jīvitam n nt.n.s life; span of life

#### life is unstable

#### dhuvam maranam

dhuvaṁ	adj	nt.n.s	stable, constant, permanent; fixed, regular
			certain, sure
maraṇaṁ	n	nt.n.s	death

#### death is certain

avassam mayā maritabbam

avassaṁ	ind		inevitably, certainly, against one's will
mayā	pn	1.ins.s	by me, with me
maritabbaṁ	pt.p	nt.n.s	should be died, can die, to be dead

## inevitable by me to be dead

maraṇa-pariyosānam me jīvitam

maraṇa-	n		death
pariyosānaṁ	n	nt.n.s	end, finish, conclusion, culmination
me	pn	1.gen.s	my, of me
jīvitaṁ	n	nt.ac.s	life; span of life

# death is the culmination of my life

jīvitam me aniyatam

jivitam	n	nt.n.s	life; span of life
me	pn	1.gen.s	my, of me
aniyataṁ	adj	nt.n.s	not settled, uncertain, doubtful

# my life is uncertain

maraṇam me niyatam

maraṇaṁ	n	nt.n.s	death
me	pn	1.gen.s	my, of me
niyataṁ	adj	nt.n.s	certain, assured, necessary

#### my death is certain

vata ayam kāyo aciram apeta-viññāṇo chuḍḍho adhisessati paṭhavim kalingaram iva nirattham

vata	ind		indeed
ayaṁ	pn	m.n.s	this
kāyo	n	m.n.s	body
aciraṁ	ind		soon, before long
apeta-	pp		gone away; rid of; without.
viññāṇo	n	m.n.s	consciousness
chuḍḍho	pp	m.n.s	thrown away, discarded, spat out
adhisessati	V	fut.3.s	it will lie
paṭhaviṁ	n	f.ac.s	the ground
kaliṅgaraṁ	n	nt.n.s	log, rotten piece of wood
iva	ind		like; as
niratthaṁ	adj	nt.n.s	useless, groundless, unproficient, vain

# indeed this body soon, it will lie on the ground, thrown away, without consciousness, useless like a rotten piece of wood.

[DN 16.37] aniccā vata saṅkhārā

vata	ind		indeed
aniccā	adj	m.n.pl	not stable; impermanent
saṅkhārā	n	m.n.pl	conditioned things, constructions,
			fabrications, formations

# indeed conditioned things are impermanent

uppāda-vaya-dhammino

uppāda-	n		rising; coming into existence, appearance
vaya-	n		disintegration, decay, disappearance
dhammino	adj	m.n.pl	have a nature, quality, characteristic

# their nature is appearance and disappearance

# uppajjitvā nirujjhanti

uppajjitvā	V	abs	having born; arisen, appears
nirujjhanti	V	pr.3.pl	they cease; dissolve; vanish

# having arisen they cease

# tesam vūpasamo sukho

tesam	pn	m.gen.pl	of them, their
vūpasamo	n	m.n.s	subsiding, settling, calming
sukho	n	m.n.s	happiness, comfort, ease

# their settling is happiness

#### **CARDINAL SUTTAS**

# ANATTA-LAKKHANA-SUTTA

#### The Discourse on the Characteristic of Not-Self

[SN 22.59]

'bhadante'ti

n

m.voc.s

evam me sutam — ekam samayam bhagavā sāvatthiyam viharati jetavane anāthapiṇḍikassa ārāme. tatra kho bhagavā pañcavaggiye bhikkhū āmantesi — 'bhikkhavo'ti. 'bhadante'ti te bhikkhū bhagavato paccassosum. bhagavā etadavoca.

evam-	ind		thus; in this way
me	pn	m.ins.s	by me
sutam:	pp	m.ac.s	heard
ekaṁ	adj	m.ac.s	one
samayaṁ	n	m.ac.s	time; occasion
bhagavā,	n	m.n.s	Fortunate One, the Buddha
sāvatthiyaṁ	n	f.loc.s	in sāvatthi
viharati,	V	pr.3.s	stays, abides, dwells, lives
jeta-vane	n	m.loc.s	in jetavana (jets's grove)
anāthapiṇḍikassa	n	m.gen.s	of anāthapindika
ārāme.	n	m.loc.s	in park

# Thus was heard by me: on one occasion the Fortunate One staying in sāvatthi in jets's grove in anāthapindika's park.

tatra	ind		there, in that place
kho	ind		indeed
bhagavā	n	m.n.s	the Sublime One, Blessed One, Fortunate One,
			Buddha
pañca-	adj		five (5)
vaggiye	adj	m.ac.pl	part of a group, belonging to a collection
bhikkhū	n	m.ac.pl	monks, mendicants, lit. beggars
āmantesi	V	aor.3.s	addressed, said (to)
'bhikkhavo'ti.	n	m.voc.pl	o monks

o venerable, reverend

te	pn	m.n.pl	they, those
bhikkhū	n	m.nom.pl	monks, mendicants, lit. beggars
bhagavato	n	m.dat.s	to the Buddha, for the Buddha
paccassosum.	V	aor.3.pl	they replied, assented, agreed
bhagavā	n	m.n.s	the Sublime One, Blessed One, Fortunate One,
			Buddha
etad-avoca	V	aor.3.s	said this

There the Blessed One addressed group of five monks: 'O monks!'; 'O Venerable!' those monks replied to the Blessed One. The Blessed One said this.

'rūpam, bhikkhave, anattā. rūpan'ca h'idam, bhikkhave, attā abhavissa, nayidam rūpam ābādhāya samvatteyya, labbhetha ca rūpe — 'evam me rūpam hotu, evam me rūpam mā ahosī'ti.

'rūpaṁ,	n	nt.n.s	matter, material thing, materiality, experience of material world
anattā.	n	m.n.s	that which is impersonal, without an essence, non-self
rūpañ'ca	n	nt.n.s	and matter, material form, materiality, experience of
			material world
h'idaṁ	idion	n	that indeed
attā	n	m.n.s	self, oneself
abhavissa,	V	cond.3.s	if would be, if could have been
nayidaṁ	idion	n	not that
rūpaṁ	n	nt.n.s	matter, material form, materiality, experience of material
			world
ābādhāya	n	m.dat.s	to disease, sickness, illness, affliction
saṁvatteyya,	V	opt.3.s	could lead (to), would lead
labbhetha	v.pas	s opt.re	efl.3.s it could be gained by onself, reached, got, obtained
			is be permitted, is be possible or proper
ca	ind		and
rūpe	n	nt.loc.s	with regard to matter, material form, materiality,
			experience of material world
'evaṁ	ind		thus; in this way
me	pn	1.gen.s	my

rūpaṁ	n	nt.n.s	matter, material form, materiality, experience of material
			world
hotu,	V	imp.3.s	may it be
evaṁ	ind		thus; in this way
me	pn	1.gen.s	my
rūpaṁ	n	nt.n.s	matter, material form, materiality, experience of material
			world
mā	ind		not
ahosī'ti.	V	aor.3.s	but pr may it be,

The form is non-self, if the form would be self, than form could not lead to affliction, and it could be gained by onself with regard to form: 'May my form be like this. May my form not be like this'.

yasmā ca kho, bhikkhave, rūpam anattā, tasmā rūpam ābādhāya samvattati, na ca labbhati rūpe — 'evam me rūpam hotu, evam me rūpam mā ahosī'ti.

yasmā	ind	because, since
ca	ind	but
kho,	ind	indeed
saṁvattati	v pr.3.s	leads (to)
tasmā	ind	therefore, that is why, lit. from that
no labbhati	v.pass pr.3.s	is obtained, is acquired, is received, is possible, is
		proper

But because form is non-self, therefore form leads to affliction, and it is not possible with regard to form: 'May my form be like this. May my form not be like this'.

'vedanā anattā. vedanā ca h'idam, bhikkhave, attā abhavissa, nayidam vedanā ābādhāya samvatteyya, labbhetha ca vedanāya — 'evam me vedanā hotu, evam me vedanā mā ahosī'ti.

vedanā	n	f.n.s	felt experience, feeling
vedanāya	n	f.loc.s	with regard to felt experience, feeling

The feeling is non-self, if the feeling would be self, than feeling could not lead to affliction, and it could be gained by onself with regard to feeling: 'May my feeling be like this. May my feeling not be like this'.

yasmā ca kho, bhikkhave, vedanā anattā, tasmā vedanā ābādhāya samvattati, na ca labbhati vedanāya — 'evam me vedanā hotu, evam me vedanā mā ahosī'ti.

But because feeling is non-self, therefore feeling leads to affliction, and it is not possible with regard to feeling: 'May my feeling be like this. May my feeling not be like this'.

'saññā anattā. saññā ca h'idam, bhikkhave, attā abhavissa, nayidam saññā ābādhāya samvatteyya, labbhetha ca saññāya — 'evam me saññā hotu, evam me saññā mā ahosī'ti.

saññā	n	f.n.s	perception, conception, recognition
saññāya	n	f.loc.s	with regard to perception, conception, recognition

The perception is non-self, if the perception would be self, than perception could not lead to affliction, and it could be gained by onself with regard to perception: 'May my perception be like this. May my perception not be like this'.

yasmā ca kho, bhikkhave, saññā anattā, tasmā saññā ābādhāya saṁvattati, na ca labbhati saññāya — 'evaṁ me saññā hotu, evaṁ me saññā mā ahosī'ti.

But because perception is non-self, therefore perception leads to affliction, and it is not possible with regard to perception: 'May my perception be like this. May my perception not be like this'.

sankhārā anattā. sankhārā ca hidam, bhikkhave, attā abhavissamsu, nayidam sankhārā ābādhāya samvatteyyum, labbhetha ca sankhāresu — 'evam me sankhārā hontu, evam me sankhārā mā ahesun'ti.

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sankhārā n m.n.pl intentions, volitional formations
abhavissamsu v cond.3.pl if they would be, if they could be
samvatteyyum v opt.3.pl could lead (to), would lead
sankhāresu n m.loc.pl with regard to intentions, volitional formations
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hontu	V	imp.3.pl	may they be
ahesun'ti	V	aor.3.pl	but pr may they be,

The volitional formations are non-self, if the volitional formations would be self, than volitional formations could not lead to affliction, and it could be gained by onself with regard to volitional formations: 'May my volitional formations be like this. May my volitional formations not be like this'.

yasmā ca kho, bhikkhave, saṅkhārā anattā, tasmā saṅkhārā ābādhāya saṁvattanti, na ca labbhati saṅkhāresu — 'evaṁ me saṅkhārā hontu, evaṁ me saṅkhārā mā ahesun'ti.

But because volitional formations are non-self, therefore volitional formations lead to affliction, and it is not possible with regard to volitional formations: 'May my volitional formations be like this. May my volitional formations not be like this'.

'viññāṇaṁ anattā. viññāṇañ'ca hidaṁ, bhikkhave, attā abhavissa, nayidaṁ viññāṇaṁ ābādhāya saṁvatteyya, labbhetha ca viññāṇe — 'evaṁ me viññāṇaṁ hotu, evaṁ me viññāṇaṁ mā ahosī'ti.

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viññāṇaṁ n nt.n.s consciousness, awareness, sentience, knowing viññāṇe n nt.loc.s with regard to consciousness, awareness, sentience, knowing
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The consciousness is non-self, if the consciousness would be self, then consciousness could not lead to affliction, and it could be gained by onself with regard to consciousness: 'May my consciousness be like this. May my consciousness not be like this'.

yasmā ca kho, bhikkhave, viññāṇaṁ anattā, tasmā viññāṇaṁ ābādhāya saṁvattati, na ca labbhati viññāṇe — 'evaṁ me viññāṇaṁ hotu, evaṁ me viññāṇaṁ mā ahosī'ti.

But because consciousness is non-self, therefore consciousness leads to affliction, and it is not possible with regard to consciousness: 'May my consciousness be like this. May my consciousness not be like this'.

'tam kim maññatha, bhikkhave, rūpam niccam vā aniccam vā'ti?

taṁ	pn	m.ac.s	that
kiṁ	pn	m.ac.s	who? what? which?
maññatha	V	pr.2.pl	you think
rūpaṁ	n	nt.n.s	matter, material form, materiality, experience of
			material world
niccaṁ	adj	nt.n.s	permanent, constant, stable, reliable
vā	ind		or
aniccaṁ	adj	nt.n.s	impermanent, unstable, unreliable
vā'ti?	ind		or

## Monks, what do you think: 'Is form permanent or impermanent?'

aniccam bhante.

## Impermanent venerable Sir.

'yam pan'āniccam dukkham vā tam sukham vā'ti? 'dukkham, bhante'.

yaṁ	pn	nt.n.s	which, whoever, whatever, that which
pana-	ind		moreover, and now, but
aniccaṁ	adj	nt.n.s	impermanent, unstable, unreliable
dukkhaṁ	adj	nt.n.s	uncomfortable, painful, unpleasant
taṁ	pn	nt.n.s	that
sukhaṁ	adj	nt.n.s	easy, comfortable, pleasant, good

## 'Is what is impermanent satisfactory or unsatisfactory?' 'Unsatisfactory, venerable Sir.'

'yam pan'āniccam dukkham vipariṇāmadhammam, kallam nu tam samanupassitum — 'etam mama, esohamasmi, eso me attā'ti?

yaṁ	pn	nt.n.s	which, whoever, whatever, that which
pana-	ind		moreover, and now, but
aniccaṁ	adj	nt.n.s	impermanent, unstable, unreliable
dukkhaṁ	adj	nt.n.s	uncomfortable, painful, unpleasant
vipariņāma-	n		change, alteration, lit. completely bending around

dhammaṁ	adj	nt.n.s	subject to, of nature, of character
kallaṁ	ind		it is suitable (to), it is proper (to), it is fit (for)
nu	ind		?
taṁ	pn	nt.n.s	that
samanupassitu	m v	inf	to see, to regard, to consider
etaṁ	pn	nt.n.s	this
mama,	pn	1.gen.s	my, mine
eso-	pn	m.n.s	this
ahaṁ	pn	1.n.s	I
asmi,	V	pr.1.s	I am
eso	pn	m.n.s	this
me	pn	1.gen.s	my
attā'ti	n	m.n.s	self

'Is what is impermanent, unsatisfactory and subject to change, fit to be regarded thus: 'This is mine, this I am, this is my self?'

no h'etam, bhante.

no	ına		not
hi-	ind		indeed, certainly, truly, definitely
etaṁ	pn	nt.n.s	this

## 'This is definitely not, venerable Sir.'

taṁ kiṁ maññatha, bhikkhave, vedanā niccā vā aniccā vā'ti? aniccā bhante.

## Monks, what do you think: 'Is feeling permanent or impermanent?' Impermanent venerable Sir.

yam pan'āniccam dukkham vā tam sukham vā'ti? dukkham bhante.

'Is what is impermanent satisfactory or unsatisfactory?' 'Unsatisfactory, venerable Sir.'

'yam pan'āniccam dukkham vipariṇāmadhammam, kallam nu tam samanupassitum — 'etam mama, esohamasmi, eso me attā'ti? no h'etam bhante.

'Is what is impermanent, unsatisfactory and subject to change, fit to be regarded thus: 'This is mine, this I am, this is my self?'
'This is definitely not, venerable Sir.'

taṁ kiṁ maññatha, bhikkhave, saññā niccā vā aniccā vā'ti? aniccā bhante.

Monks, what do you think: 'Is perception permanent or impermanent?' Impermanent venerable Sir.

yam pan'āniccam dukkham vā tam sukham vā'ti? dukkham bhante.

'Is what is impermanent satisfactory or unsatisfactory?' 'Unsatisfactory, venerable Sir.'

'yam pan'āniccam dukkham vipariṇāmadhammam, kallam nu tam samanupassitum — 'etam mama, esohamasmi, eso me attā'ti? no h'etam bhante.

'Is what is impermanent, unsatisfactory and subject to change, fit to be regarded thus: 'This is mine, this I am, this is my self?'

'This is definitely not, venerable Sir.'

tam kim maññatha, bhikkhave, sankhārā niccā vā aniccā vā'ti? aniccā bhante.

Monks, what do you think: 'Are volitional formations permanent or impermanent?' Impermanent venerable Sir.

yam pan'āniccam dukkham vā tam sukham vā'ti?

dukkham bhante.

'Is what is impermanent satisfactory or unsatisfactory?' 'Unsatisfactory, venerable Sir.'

'yam pan'āniccam dukkham vipariṇāmadhammam, kallam nu tam samanupassitum — 'etam mama, esohamasmi, eso me attā'ti?
no h'etam bhante.

'Is what is impermanent, unsatisfactory and subject to change, fit to be regarded thus: 'This is mine, this I am, this is my self?'
'This is definitely not, venerable Sir.'

taṁ kiṁ maññatha, bhikkhave, viññāṇaṁ niccaṁ vā aniccaṁ vā'ti? aniccaṁ bhante.

Monks, what do you think: 'Is conscience permanent or impermanent?' Impermanent venerable Sir.

yam pan'āniccam dukkham vā tam sukham vā'ti? dukkham bhante.

'Is what is impermanent satisfactory or unsatisfactory?' 'Unsatisfactory, venerable Sir.'

'yam pan'āniccam dukkham vipariṇāmadhammam, kallam nu tam samanupassitum — 'etam mama, esohamasmi, eso me attā'ti? no h'etam bhante.

'Is what is impermanent, unsatisfactory and subject to change, fit to be regarded thus: 'This is mine, this I am, this is my self?'

'This is definitely not, venerable Sir.'

'tasmātiha, bhikkhave, yam kiñci rūpam atīt'ānāgata-paccuppannam ajjhattam vā bahiddhā vā oļārikam vā sukhumam vā hīnam vā paṇītam vā yam dūre santike vā, sabbam rūpam —

'n'etam mama, n'eso'ham'asmi, na m'eso attā'ti evam'etam yathābhūtam sammappaññāya daṭṭhabbam.

- 45	. 1		.1 C
tasmā-(t)	ind		therefore
iha	ind		here
bhikkhave	n	m.v.s	o monks!
yaṁ	pn	nt.n.s	whatever
kiñci	pn	nt.n.s	something, anything
rūpaṁ	n	nt.n.s	form, matter
atīta-	adj		past; gone by. (m.), the past
anāgata-	adj		not come yet, the future
paccuppannam	adj	nt.n.s	existing; present
ajjhattaṁ	ind	adv	internally
vā	ind		or
bahiddhā	ind	adv	externally
vā	ind		or
oļārikam	adj	nt.n.s	gross; coarse; ample
vā	ind		or
sukhumaṁ	adj	nt.n.s	subtle; minute; fine; exquisite
vā	ind		or
hīnaṁ	adj	nt.n.s	low; inferior
vā	ind		or
paṇītaṁ	adj	nt.n.s	excellent; delicious, superior
vā	ind		or
yaṁ	pn	nt.n.s	whatever
dūre	ind	adv	away from, far away from
santike	ind	adv	in the presence of, near to, nearby
vā	ind		or
sabbaṁ	adj	nt.n.s	all; every; whole; entire
rūpaṁ,	n	nt.n.s	form, matter
na-	ind		not
etaṁ	pn	nt.n.s	this
mama,	pn	1.gen.s	my, mine
na-	ind		not
eso-	pn	m.n.s	this
ahaṁ	pn	1.n.s	I

asmi,	V	pr.1.s	I am
na	ind		not
me	pn	1.gen.s	my
eso	pn	m.n.s	this
attā'ti	n	m.n.s	self
evaṁ	ind	adv	thus; in this way
etaṁ	pn	nt.n.s	this
yathābhūtaṁ	ind	adv	as it truly is, in reality, lit. like it has become
sammā-paññāy	a n	f.ins.s	with correct understanding, with perfect wisdom
daṭṭhabbaṁ	pt.p	nt.n.s	should be regarded, seen as

Therefore, monks, whatever form in the past, future, or present; internally or externally; gross or subtle; inferior or superior; far away or nearby, all form should be seen with perfect wisdom as it truly is - "This is not mine; I am not this, this is not my self".

yā kiñci vedanā atīt'ānāgata-paccuppannā ajjhattam vā bahiddhā vā oļārikā vā sukhumā vā hīnā vā paṇītā vā yā dūre santike vā, sabbā vedanā — 'n'etam mama, n'eso'ham'asmi, na m'eso attā'ti evam'etam yathābhūtam sammappaññāya daṭṭhabbam.

Therefore, monks, whatever feeling in the past, future, or present; internally or externally; gross or subtle; inferior or superior; far away or nearby, all feelings should be seen with perfect wisdom as it truly is - "This is not mine; I am not this, this is not my self".

yā kiñci saññā atīt'ānāgata-paccuppannā ajjhattam vā bahiddhā vā oļārikā vā sukhumā vā hīnā vā paṇītā vā yā dūre santike vā, sabbā saññā — 'n'etam mama, n'eso'ham'asmi, na m'eso attā'ti evam'etam yathābhūtam sammappaññāya daṭṭhabbam.

Therefore, monks, whatever perception in the past, future, or present; internally or externally; gross or subtle; inferior or superior; far away or nearby, all perceptions should be seen with perfect wisdom as it truly is - "This is not mine; I am not this, this is not my self".

yā kiñci saṅkhārā atīt'ānāgata-paccuppannā ajjhattaṁ vā bahiddhā vā oļārikā vā sukhumā vā hīnā vā paṇītā vā yā dūre santike vā, sabbā saṅkhārā — 'n'etaṁ mama, n'eso'ham'asmi, na m'eso attā'ti evam'etaṁ yathābhūtaṁ sammappaññāya daṭṭhabbaṁ.

Therefore, monks, whatever volitional formations in the past, future, or present; internally or externally; gross or subtle; inferior or superior; far away or nearby, all volitional formations should be seen with perfect wisdom as it truly is - "This is not mine; I am not this, this is not my self".

yam kiñci viññāṇam atīt'ānāgata-paccuppannam ajjhattam vā bahiddhā vā oļārikam vā sukhumam vā hīnam vā paṇītam vā yam dūre santike vā, sabbam viññāṇam — 'n'etam mama, n'eso'ham'asmi, na m'eso attā'ti evam'etam yathābhūtam sammappaññāya daṭṭhabbam.

Therefore, monks, whatever consciousness in the past, future, or present; internally or externally; gross or subtle; inferior or superior; far away or nearby, all consciousnesses should be seen with perfect wisdom as it truly is - "This is not mine, I am not this, this is not my self".

'evam passam, bhikkhave, sutavā ariyasāvako rūpasmim'pi nibbindati, vedanāya'pi nibbindati, saññāya'pi nibbindati, saṅkhāresu'pi nibbindati, viññāṇasmim'pi nibbindati. nibbindam virajjati; virāgā vimuccati. vimuttasmim vimuttam'iti ñāṇam hoti.

evaṁ	ind	adv	like this
passaṁ	pr.p	m.n.s	seeing
sutavā	n	m.n.s	one who is learned
ariyasāvako	n	m.n.s	disciple of the noble ones
rūpasmim'pi	n	m.loc.s	in form
nibbindati	V	pr.3.s	is dis-enchanted (by), is disinterested (in), is
			disillusioned (by), loses interest (in)
vedanāya'pi	n	f.loc.s	in feeling
saññāya'pi	n	f.loc.s	in perception
saṅkhāresu'pi	n	m.loc.pl	in volitional formations
viññāṇasmim'pi	n	nt.loc.s	in consciousness
nibbindaṁ	pr.p	m.n.s	being disenchanted (by), being disinterested (in),
			being disillusioned (by), losing interest (in)

virajjati	V	pr.3.s	becomes detached, loses interest, becomes
			dispassionate, gets bored
virāgā	n	abl.s	form absence of rāga, dispassionateness
vimuccati	v.pass	pr.3.s	is released (from), becomes free (from)
vimuttasmim	pp	m.loc.s	when freed, liberated, emancipated
vimuttam-	pp	nt.n.s	freed, liberated, emancipated
iti	ind		this is
ñāṇaṁ	n	nt.n.s	knowledge, understanding, insight
hoti	V	pr.3.s	there is

<sup>&</sup>quot;Seeing thus, the well-instructed disciple of the noble ones grows disenchanted with form, disenchanted with feeling, disenchanted with perception, disenchanted with volitional formations, disenchanted with consciousness. Disenchanted, he becomes dispassionate. Through dispassion, he is fully released. With full release, there is the knowledge: 'Fully released.'

'khīṇā jāti vusitam brahmacariyam katam karaṇīyam n'āparam itthattāyā'ti pajānātī'ti.

'khīṇā	pp	f.n.s	exhausted; wasted
jāti,	n	f.n.s	birth
vusitaṁ	pp	nt.nom.s	fulfilled, accomplished
brahmacariyam,	n	nt.nom.s	religious life; complete chastity
kataṁ	pp	nt.n.s	done, worked, made.
karaṇīyaṁ,	n	nt.n.s	duty, obligation, something to be done
n'āparaṁ	adj	nt.nom.s	not another, after, further, next
itthattāyā'ti	n. abstr.	nt.dat.s	the present state; this life, this world, such a state
pajānātī'ti.	V	pr.3.s	knows clearly

When liberated, there is understanding 'This is liberated'. He knows clearly: 'Birth is exhausted. The holy life fulfilled. What have to be done – is done. There is nothing further of this life.'

or can be translated as well: 'There is nothing (to do more) for such a (liberated) state'

idam'avoca bhagavā. attamanā pañcavaggiyā bhikkhū bhagavato bhāsitam abhinandum.

idamavoca v aor.3.s he said this

bhagavā.	n	m.n.s	Sublime One, Blessed One, Fortunate One,
			the Buddha
attamanā	adj	m.n.pl	pleased, happy, delighted, satisfied
pañcavaggiyā	adj	m.n.pl	belonging to a group of five
bhikkhū	n	m.n.pl	monks
bhagavato	n	m.gen.s	of the Buddha
bhāsitaṁ	n	nt.ac.s	saying, speech, statement, utterance, talk, words,
			lit. what was said
abhinandum.	V	aor.3.pl	they delighted (in), were pleased (with),
			approved (of), were happy (with)

## The Blessed One said this. The group of five bhikkhus were glad and they approved of his words.

imasmiñ'ca pana veyyākaraṇasmiṁ bhaññamāne pañcavaggiyānaṁ bhikkhūnaṁ anupādāya āsavehi cittāni vimucciṁsū'ti.

imasmiñ'ca	pn		while this
pana	ind		moreover, and now, but
veyyākaraṇasmiṁ	n	nt.loc.s	while answer, explanation, exposition
bhaññamāne	prp	nt.loc.s	while being chanted, being preached, being
			recited
pañcavaggiyānaṁ	adj	m.gen.pl	of belonging to a group of five
bhikkhūnaṁ	n	m.gen.pl	of monks
anupādāya	V	ger	not holding, not grasping, detaching
āsavehi	n	m.abl.pl	from impurities, effluents, taints
cittāni	n	nt.ac.pl	minds
vimuccimsū'ti.	V	aor.3.pl	they became free (from), were released (from),
			were liberated (from)

While this exposition has been preached, minds of monks, belonging to a group of five, became free from taints throught not grasping.

#### **ĀDITTA-PARIYĀYA-SUTTA**

#### The Fire Sermon

[SN 35.28]

evam me sutam ekam samayam bhagavā gayāyam viharati gayāsīse saddhim bhikkhusahassena. tatra kho bhagavā bhikkhū āmantesi:

evaṁ-	ind		thus; in this way
me	pn	m.ins.s	by me
sutaṁ:	pp	m.ac.s	heard
ekaṁ	adj	m.ac.s	one
samayaṁ	n	m.ac.s	time; occasion
bhagavā,	n	m.n.s	Fortunate One, the Buddha
gayāyaṁ	n	f.loc.s	in Gayā
viharati,	V	pr.3.s	stays, abides, dwells, lives
gayāsīse	n	m.loc.s	in Gayā's Head
saddhiṁ	ind		together (with), with
bhikkhusahassena	n	m.ins.s	with thousand of monks
tatra	ind		there, in that place
kho	ind		indeed
bhagavā	n	m.n.s	the Sublime One, Blessed One, Fortunate One,
bhikkhū	n	m.ac.pl	monks, mendicants, lit. beggars
āmantesi	V	aor.3.s	addressed, said (to)

Thus was heard by me: on one occasion the Fortunate One staying in Gayā in Gayā's Head together with thousand of monks. There the Blessed One addressed monks:

sabbam bhikkhave ādittam! kiñca bhikkhave sabbam ādittam?

sabbaṁ	pron	nt.n.s	all, everything
bhikkhave	n	m.voc.s	o monks!
ādittaṁ	adj	nt.n.s	blazing, burning, on fire
kiñca	pn	nt.n.s	and what?

Monks, everything is burning? And what is everything what is burning?

cakkhum bhikkhave ādittam, rūpā ādittā, cakkhuviññāṇam ādittam, cakkhusamphasso āditto. yampidam cakkhusamphassapaccayā uppajjati vedayitam sukham vā dukkham vā adukkhamasukham vā tampi ādittam.

cakkhuṁ	n	nt.n.s	eye
ādittaṁ,	adj	nt.n.s	blazing, burning, on fire
rūpā	n	nt.n.pl	objects of the eye, shapes, sights
cakkhuviññāṇaṁ	n	nt.n.s	eye consciousness
cakkhusamphasso	n	m.n.s	contact with the eye
yampidaṁ	idiom		whatever indeed this
cakkhusamphassa	- n		contact with the eye
paccayā	n	m.abl.s	from cause (for), supporting condition (for),
		preco	ondition (for), prerequisite (for), requirement (for)
uppajjati	V	pr.3.s	appears, arises, takes place
vedayitaṁ	n	nt.n.s	what is felt, experienced
sukhaṁ	adj	nt.n.s	easy, comfortable, pleasant, good
vā	ind		or
dukkhaṁ	adj	nt.n.s	uncomfortable, painful, unpleasant
vā	ind		or
adukkhamasukhar	n adj	nt.n.s	neutral, neither unpleasant nor pleasant, neither
			comfortable nor uncomfortable
vā	ind		or
tam'pi	idion	1	that too, he too, even that, just that, that very
			thing
ādittam.	adj	nt.n.s	blazing, burning, on fire

Eye is burning, shapes are burning, eye consciousness is burning, contact with the eye is burning, whatever arises from contact with the eye as condition, what felt pleasant, unpleasant or neither unpleasant nor pleasant – that too are burning.

kena ādittam? 'rāg'agginā, dos'agginā, moh'agginā ādittam, jātiyā jarāya maraņena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi

kena	pn	m.ins.s	by what? with what? how?
rāg'agginā,	n	nt.ins.s	with the fire of lust, passion

n	nt.ins.s	with the fire of hate, aversion
n	nt.ins.s	with the fire of delusion
n	f.ins.s	with birth, rebirth, conception
n	f.ins.s	with old age, growing old, decay, ageing
n	nt.ins.s	with death
n	m.ins.s	with grief, sorrow, sadness
n	m.ins.s	with mourning, lament, wail, cry
n	nt.ins.pl	with discomforts, sufferings, pains
n	nt.ins.pl	with (mental) sufferings, distresses,
		dissatisfactions
n	m.ins.pl	with irritations, mental disturbances, mental
		afflictions, despairs
adj	nt.n.s	blazing, burning, on fire
V	pr.1.s	I say
	n n n n n n n n n	n nt.ins.s n f.ins.s n f.ins.s n nt.ins.s n m.ins.s n m.ins.s n m.ins.s n m.ins.pl n nt.ins.pl

Burning with what? Burning with the fire of passion, with the fire of aversion, with the fire of delusion. Burning, I tell you, with birth, aging, death, with sorrows, lamentations, pains, distresses and despairs.

sotam ādittam, saddā ādittā, sotaviññāṇam ādittam, sotasamphasso āditto, yampidam sotasamphassapaccayā uppajjati vedayitam sukham vā dukkham vā adukkhamasukham vā tam pi ādittam.

sotaṁ	n	nt.n.s	ear
saddā	n	m.n.pl	sounds, noises
sotaviññāṇaṁ	n	nt.n.s	ear consciousness
sotasamphasso	n	m.n.s	contact with the ear, auditory experience

Ear is burning, sounds are burning, ear consciousness is burning, contact with the ear is burning, whatever arises from contact with the ear as condition, what felt pleasant, unpleasant or neither unpleasant nor pleasant – that too are burning.

kena ādittam? ādittam rāgagginā dosagginā mohagginā, ādittam, jātiyā jarāya maraņena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi

Burning with what? Burning with the fire of passion, with the fire of aversion, with the fire of delusion. Burning, I tell you, with birth, aging, death, with sorrows, lamentations, pains, distresses and despairs.

ghānam ādittam, gandhā ādittā, ghānaviñnāṇam ādittam, ghānasamphasso āditto, yampidam ghānasamphassapaccayā uppajjati vedayitam sukham vā dukkham vā adukkhamasukham vā tam pi ādittam.

ghānaṁ	n	nt.n.s	nose
gandhā	n	m.n.pl	smells, odours
ghānaviññāṇaṁ	n	nt.n.s	nose consciousness
ghānasamphasso	n	m.n.s	contact with the nose

Nose is burning, smells are burning, nose consciousness is burning, contact with the nose is burning, whatever arises from contact with the nose as condition, what felt pleasant, unpleasant or neither unpleasant nor pleasant – that too are burning.

kena ādittam? ādittam rāgagginā dosagginā mohagginā, ādittam, jātiyā jarāya maraņena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi

Burning with what? Burning with the fire of passion, with the fire of aversion, with the fire of delusion. Burning, I tell you, with birth, aging, death, with sorrows, lamentations, pains, distresses and despairs.

jivhā ādittā, rasā ādittā, jivhāviññāṇaṁ ādittaṁ, jivhāsamphasso āditto, yampidaṁ jivhāsamphassapaccayā uppajjati vedayitaṁ sukhaṁ vā dukkhaṁ vā adukkhaṁasukhaṁ vā tam pi ādittaṁ.

jivhā	n	f.n.s	tongue
rasā	n	m.n.pl	tastes, flavours
jivhāviññāṇaṁ	n	nt.n.s	tongue consciousness
jivhāsamphasso	n	m.n.s	contact with the tongue

Tongue is burning, flavours are burning, tongue consciousness is burning, contact with the tongue is burning, whatever arises from contact with the tongue as condition,

what felt pleasant, unpleasant or neither unpleasant nor pleasant – that too are burning.

kena ādittam? ādittam rāgagginā dosagginā mohagginā, ādittam, jātiyā jarāya maraņena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi

Burning with what? Burning with the fire of passion, with the fire of aversion, with the fire of delusion. Burning, I tell you, with birth, aging, death, with sorrows, lamentations, pains, distresses and despairs.

kāyo āditto, phoṭṭhabbā ādittā, kāyaviññāṇaṁ ādittaṁ, kāyasamphasso āditto, yampidaṁ kāyasamphassapaccayā uppajjati vedayitaṁ sukhaṁ vā dukkhaṁ vā adukkhaṁasukhaṁ vā tam pi ādittaṁ.

kāyo	n	m.n.s	body
phoṭṭhabbā	n	m.n.pl	touches, physical sensations
kāyaviññāṇaṁ	n	nt.n.s	body consciousness
kāyasamphasso	n	m.n.s	physical contact

Body is burning, physical sensations are burning, body consciousness is burning, physical contact is burning, whatever arises from physical contact as condition, what felt pleasant, unpleasant or neither unpleasant nor pleasant – that too are burning.

kena ādittam? ādittam rāgagginā dosagginā mohagginā, ādittam, jātiyā jarāya maraņena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi

Burning with what? Burning with the fire of passion, with the fire of aversion, with the fire of delusion. Burning, I tell you, with birth, aging, death, with sorrows, lamentations, pains, distresses and despairs.

mano āditto, dhammā ādittā, manoviñnāṇam ādittam, manosamphasso āditto, yampidam manosamphassapaccayā uppajjati vedayitam sukham vā dukkham vā adukkhamasukham vā tam pi ādittam.

mano	n	m.n.s	mind
dhammā	n	m.n.pl	mental phenomena, thoughts

manoviññāṇaṁ	n	nt.n.s	mind consciousness
manosamphasso	n	m.n.s	contact with the mind

Mind is burning, mental phenomena are burning, mind consciousness is burning, contact with the mind is burning, whatever arises from contact with the mind as condition, what felt pleasant, unpleasant or neither unpleasant nor pleasant – that too are burning.

kena ādittam? ādittam rāgagginā dosagginā mohagginā, ādittam, jātiyā jarāya maraņena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi

Burning with what? Burning with the fire of passion, with the fire of aversion, with the fire of delusion. Burning, I tell you, with birth, aging, death, with sorrows, lamentations, pains, distresses and despairs.

evam passam, bhikkhave, sutavā ariyasāvako cakkhusmim'pi nibbindati, rūpesu'pi nibbindati, cakkhuviññāṇe'pi nibbindati, cakkhusamphasse'pi nibbindati, yampidam cakkhusamphassapaccayā uppajjati vedayitam sukham vā dukkham vā adukkhamasukham vā tasmim'pi nibbindati

evaṁ	ind		thus, this, like this, just as, such
passaṁ,	prp	m.n.s	seeing
sutavā	adj	m.n.s	learned, well-studied, educated, initiated
ariyasāvako	n	m.n.s	disciple of the noble ones
cakkhusmim'pi	n	nt.loc.s	and in the eye
nibbindati,	V	pr.3.s	is dis-enchanted (by), is disinterested (in), is
			disillusioned (by), loses interest (in)
rūpesu'pi	n	nt.loc.pl	and in matter, material forms
cakkhuviññāṇe'pi	n	nt.loc.s	and in eye consciousness
cakkhusamphasse	'pi n	m.loc.s	and in contact with the eye
yampidaṁ	idiom		whatever indeed this
cakkhusamphassa	- n		contact with the eye
paccayā	n	m.abl.s	from cause (for), supporting condition (for),
		preco	ondition (for), prerequisite (for), requirement (for)
uppajjati	V	pr.3.s	appears, arises, takes place
vedayitaṁ	n	nt.n.s	what is felt, experienced

sukhaṁ	adj	nt.n.s	easy, comfortable, pleasant, good
vā	ind		or
dukkhaṁ	adj	nt.n.s	uncomfortable, painful, unpleasant
vā	ind		or
adukkhamasukham adj		nt.n.s	neutral, neither unpleasant nor pleasant, neither
			comfortable nor uncomfortable
vā	ind		or
tasmim'pi	pn	m.loc.s	in that too, even that, just that, that very thing
nibbindati,	V	pr.3.s	is dis-enchanted (by), is disinterested (in), is
			disillusioned (by), loses interest (in)

Seeing thus, well-educated disciple of the noble ones loses interest in the eye, loses interest in material forms, loses interest in the eye consciousness, loses interest in the contact with the eye, whatever arises from contact with the eye as condition, what felt pleasant, unpleasant or neither unpleasant nor pleasant – in that too he loses interest.

sotasmimpi nibbindati, saddesu pi nibbindati, sotaviññāṇe pi nibbindati, sotasamphassepi nibbindati, yampidaṁ sotasamphassapaccayā uppajjati vedayitaṁ sukhaṁ vā dukkhaṁ vā adukkhamasukhaṁ vā tasmimpi nibbindati.

He loses interest in the ear, loses interest in sounds, loses interest in the ear consciousness, loses interest in the contact with the ear, whatever arises from contact with the ear as condition, what felt pleasant, unpleasant or neither unpleasant nor pleasant – in that too he loses interest.

ghānasmimpi nibbindati, gandhesu pi nibbindati, ghānaviññāṇe pi nibbindati, ghānasamphassepi nibbindati, yampidaṁ ghānasamphassapaccayā uppajjati vedayitaṁ sukhaṁ vā dukkhaṁ vā adukkhamasukhaṁ vā tasmimpi nibbindati.

He loses interest in the nose, loses interest in smells, loses interest in the nose consciousness, loses interest in the contact with the nose, whatever arises from contact with the nose as condition, what felt pleasant, unpleasant or neither unpleasant nor pleasant – in that too he loses interest.

jivhāya pi nibbindati, rasesu pi nibbindati, jivhāviññāṇe pi nibbindati, jivhāsamphassepi nibbindati, yampidaṁ jivhāsamphassapaccayā uppajjati vedayitaṁ sukhaṁ vā dukkhaṁ vā adukkhamasukhaṁ vā tasmimpi nibbindati.

He loses interest in the tongue, loses interest in flavours, loses interest in the tongue consciousness, loses interest in the contact with the tongue, whatever arises from contact with the tongue as condition, what felt pleasant, unpleasant or neither unpleasant nor pleasant – in that too he loses interest.

kāyasmimpi nibbindati, phoṭṭhabbesu pi nibbindati, kāyaviññāṇe pi nibbindati, kāyasamphassepi nibbindati, yampidaṁ kāyasamphassapaccayā uppajjati vedayitaṁ sukhaṁ vā dukkhaṁ vā adukkhamasukhaṁ vā tasmimpi nibbindati.

He loses interest in the body, loses interest in physical sensations, loses interest in the body consciousness, loses interest in the physical contact, whatever arises from physical contact as condition, what felt pleasant, unpleasant or neither unpleasant nor pleasant – in that too he loses interest.

manasmimpi nibbindati, dhammesu pi nibbindati, manoviññāṇe pi nibbindati, manosamphasse pi nibbindati, yampidaṁ manosamphassapaccayā uppajjati vedayitaṁ sukhaṁ vā dukkhaṁ vā adukkhamasukhaṁ vā tasmimpi nibbindati.

He loses interest in the mind, loses interest in mental phenomena, loses interest in the mind consciousness, loses interest in the contact with the mind, whatever arises from contact with the mind as condition, what felt pleasant, unpleasant or neither unpleasant nor pleasant – in that too he loses interest.

nibbindam virajjati, virāgā vimuccati, vimuttasmim 'vimuttam' iti ñāṇam hoti:

nibbindaṁ	pr.p	m.n.s	being disenchanted (by), being disinterested (in),
			being disillusioned (by), losing interest (in)
virajjati	V	pr.3.s	becomes detached, loses interest, becomes
			dispassionate, gets bored
virāgā	n	abl.s	form absence of rāga, dispassionateness
vimuccati	v.pass	pr.3.s	is released (from), becomes free (from)
vimuttasmim	pp	m.loc.s	when freed, liberated, emancipated

vimuttam-	pp	nt.n.s	freed, liberated, emancipated
iti	ind		this is
ñāṇaṁ	n	nt.n.s	knowledge, understanding, insight
hoti	V	pr.3.s	there is

Disenchanted, he becomes dispassionate. Through dispassion, he is fully released. With full release, there is the knowledge: 'Fully released.'

'khīṇā jāti vusitam brahmacariyam katam karaṇīyam n'āparam itthattāyā'ti pajānātī'ti.

'khīṇā	pp	f.n.s	exhausted; wasted
jāti,	n	f.n.s	birth
vusitaṁ	pp	nt.nom.s	fulfilled, accomplished
brahmacariyam,	n	nt.nom.s	religious life; complete chastity
kataṁ	pp	nt.n.s	done, worked, made.
karaṇīyaṁ,	n	nt.n.s	duty, obligation, something to be done
n'āparaṁ	adj	nt.nom.s	not another, after, further, next
itthattāyā'ti	n. abstr.	nt.dat.s	the present state; this life, this world, such a state
pajānātī'ti.	V	pr.3.s	knows clearly

When liberated, there is understanding 'This is liberated'. He knows clearly: 'Birth is exhausted. The holy life fulfilled. What have to be done – is done. There is nothing further of this life.'

or can be translated as well: 'There is nothing (to do more) for such a (liberated) state'

idam'avoca bhagavā. attamanā te bhikkhū bhagavato bhāsitam abhinandum

idamavoca	V	aor.3.s	he said this
bhagavā.	n	m.n.s	Sublime One, Blessed One, Fortunate One,
			the Buddha
attamanā	adj	m.n.pl	pleased, happy, delighted, satisfied
te	pn	m.n.pl	those
bhikkhū	n	m.n.pl	monks
bhagavato	n	m.gen.s	of the Buddha
bhāsitaṁ	n	nt.ac.s	saying, speech, statement, utterance, talk, words,
			lit. what was said

abhinandum. v aor.3.pl they delighted (in), were pleased (with), approved (of), were happy (with)

## The Blessed One said this. Those bhikkhus were glad and they approved of his words.

imasmiñ'ca pana veyyākaraṇasmiṁ bhaññamāne tassa bhikkhusahassassa anupādāya āsavehi cittāni vimucciṁsū'ti.

imasmiñ'ca	pn		while this
pana	ind		moreover, and now, but
veyyākaraṇasmiṁ	n	nt.loc.s	while answer, explanation, exposition
bhaññamāne	prp	nt.loc.s	while being chanted, being preached, being
			recited
tassa	pn	m.gen.s	of that
bhikkhusahassassa	n	m.gen.s	of thousand monks
anupādāya	V	ger	not holding, not grasping, detaching
āsavehi	n	m.abl.pl	from impurities, effluents, taints
cittāni	n	nt.ac.pl	minds
vimuccimsū'ti.	V	aor.3.pl	they became free (from), were released (from),
			were liberated (from)

While this exposition has been preached, minds of those thousand monks became free from taints throught not grasping.

### THANKSGIVING RECITATION

### YATHĀ VĀRI-VAHĀ

[khp 7]

yathā vāri-vahā pūrā paripūrenti sāgaram

yathā	ind		like, as
vāri-	n		water
vahā	n	m.n.pl	currents, streams, lit: carrying
pūrā	adj	m.n.pl	full (of), filled (with)
paripūrenti	V	pr.3.pl	they entirely fill up, completely suffuse
sāgaraṁ	n	m.ac.s	ocean

## Just as streams full of water entirely fill up the ocean

evam'eva ito dinnam petānam upakappati

evam'eva	ind		similarly, in the same way, so too, just so
ito	ind		from this (place), from here
dinnaṁ	adj	nt.n.s	given, offered
petānaṁ	n	m.dat.pl	for departed, deceased, dead
upakappati	V	pr.3.s	is beneficial to, is serve for, is accrue

## Likewise that which is given from here, it is beneficial to the departed.

[KN-a Dh.p.1.2.1] icchitaṁ patthitaṁ tumhaṁ khippam'eva samijjhatu

icchitaṁ	pp	nt.n.s	desired, wished; loved; allowed; prescribed
patthitaṁ	pp	nt.n.s	wished for (by), sought after (by), desired (by)
tumhaṁ	pn	2.gen.pl	your
khippaṁ-	ind		quickly, rapidly
eva	ind		only, just, so, even
samijjhatu	V	imp.3.s	may it achieves, succeeds, prospers

#### May your desires and wishes be succeeds only quickly.

sabbe pūrentu sankappā

sabbe adj m.n.pl all

pūrentu v imp.3.pl may they fulfil

sankappā n m.n.pl thoughts, intentions, plans

### May all your wishes be fulfilled

cando panna-raso yathā

cando n m.n.s moon

paṇṇa-raso adj m.n.s on fifteenth day, i.e. on full-moon day

yathā ind like, as

#### Like the moon on the full-moon day.

maņi joti-raso yathā

maṇi n m.n.s jewel, gemstone, crystal

joti-raso n m.n.s certain jewel, wishing stone, wish-fulfilling gem

yathā ind like, as

#### Like a wishing gemstone.

sabb'ītiyo vivajjantu

sabba- adj all

ītiyo n f.n.pl ills, calamities, plagues, distresses

vivajjantu v imp.3.pl may they be avoided, abandoned, forsaked

### May all misfortunes be avoided

sabba-rogo vinassatu

sabba-	adj		all
rogo	n	m.n.s	disease, illness
vinassatu	V	pr.3.s	may disappear, vanish, perish

## May all diseases disappear.

mā te bhavatv'antarāyo

mā	ind		do not, may one not, don't let
te	pn	2.dat.s	for you
bhavatu-	V	imp.3.s	may be, may exist, become
antarāyo	n	m.n.s	obstacle, danger, lit. coming in-between

## May danger does not be for you.

sukhī dīgh'āyuko bhava

sukhī	adj	m.n.s	at ease, happy, comfortable
dīgh'āyuko	adj	m.n.s	long lived
bhava	V	imp.2.s	may you be! you must be!

## May you be happy and live long

## [DHP 109]

abhivādana-sīlissa niccam vuḍḍhāpacāyino cattāro dhammā vaḍḍhanti āyu vaṇṇo sukham balam

abhivādana-	n	nt.	salutation; bowing down, respectful greeting
sīlissa	adj	m.dat.s	in the habit of, accustomed to, of such nature,
			of such character
niccaṁ	ind	adv	constantly; always; perpetually
vuḍḍha-	n		old; venerable
apacāyino	adj	m.dat.s	honoring, paying homage, revering
cattāro	adj	m.n.pl	four
dhammā	n	m.n.pl	qualities
vaḍḍhanti	V	pr.3.pl	they grow; prosper, increase

āyu	n	nt.n.s	duration of life, longevity
vaṇṇo	n	m.n.s	beauty
sukhaṁ	n	nt.n.s	happiness, ease
balaṁ	n	nt.n.s	strength

For one who respectful by habit, constantly honoring the elders, four qualities increase: longevity, beauty, happiness and strength.

#### [Trad]

bhavatu sabba-maṅgalaṁ rakkhantu sabba-devatā sabba-buddh'ānubhāvena sadā sotthī bhavantu te

bhavatu	V	imp.3.s	may it be
sabba-	adj		all; every; whole; entire
maṅgalaṁ	n	nt.n.s	blessing, luck, bliss
rakkhantu	V	imp.3.s	may they protect; guard
sabba-	adj		all; every; whole; entire
devatā,	n	f.n.pl	deities
sabba-	adj		all; every; whole; entire
buddha-	n		the Buddha
ānubhāvena,	n	m.ins.s	by the power, splendor, majesty
sadā	ind		ever; always
sotthī	n	f.n.s	well-being; safety; blessing
bhavantu	V	imp.3.pl	may they be
te.	pn	1.dat.s	for you

May every blessing come to be! May all deities protect (you)! By the power of all Buddhas may safety always be for you!

bhavatu sabba-maṅgalaṁ rakkhantu sabba-devatā sabba-dhamm'ānubhāvena sadā sotthī bhavantu te

May every blessing come to be! May all deities protect (you)! By the power of all Dhammas may safety always be for you!

bhavatu sabba-maṅgalaṁ rakkhantu sabba-devatā sabba-saṅgh'ānubhāvena sadā sotthī bhavantu te

May every blessing come to be! May all deities protect (you)! By the power of all Saṅghas may safety always be for you!

#### RATANATTAYĀNUBHĀV'ĀDI-GĀTHĀ

[thai]

ratanattay'ānubhāvena ratanattaya-tejasā, dukkha-roga-bhayā-verā sokā sattu c'upaddavā anekā antarāyā pi vinassantu asesato.

ratanattaya-	n		three jewels, triple gem, three treasures
ānubhāvena	n	m.ins.s	by splendor, majesty, magnificence, pomp
ratanattaya-	n		three jewels, triple gem, three treasures
tejasā	n	m.ins.s	by radiance, glory, splendor, power
dukkha-	n		discomfort, suffering, pain, unease, something
			unsatisfactory, problem, trouble
roga-	n		disease, illness
bhayā-	n	nt.n.pl	fear, fright, terror, dismay
verā	n	m.n.pl	hatred, ill-will, animosity
sokā	n	m.n.pl	grief, sorrow, sadness
sattu	n	1	enemy, enmity
c'upaddavā	n	m.n.pl	and accidents, misfortunes, calamities
anekā	adj	m.n.pl	many, various, countless, lit. not one
antarāyā	n	m.n.pl	obstacle, danger, lit. coming in-between
pi	ind	-	also, and also, even so
vinassantu	V	imp.3.pl	may they disappear, vanish, perish
asesato	ind		completely, totally, without remain

By the majesty of three jewels, by the power of triple gem, may completely disappear various sufferings, diseases, fears, hatreds, sorrows, enmity, accidents and obstacles.

jaya-siddhi dhanam lābham sotthi bhāgyam sukham balam siri āyu ca vaṇṇo ca bhogam vuḍḍhī ca yasavā sata-vassā ca āyū ca jīva-siddhī bhavantu te.

jaya-	n		victory, conquest, winning
siddhi	n	f.n.s	accomplishment, success, prosperity
dhanaṁ	n	nt.n.s	wealth, riches, treasure
lābhaṁ	n	nt.n.s	gain, profit, acquisition
sotthi	n	f.n.s	safety, well-being
bhāgyaṁ	n	nt.n.s	good luck, fortune

sukhaṁ	]	n	nt.n.s	ease, comfort, happiness, pleasure
balaṁ	]	n	nt.n.s	strength, power, might
siri	]	n	f.n.s	luck, glory, majesty, prosperity
āyu	]	n	nt.n.s	long life, longevity
ca	j	ind		and
vaṇṇo	]	n	m.n.s	beauty, good looks
ca	j	ind		and
bhogaṁ	]	n	nt.n.s	wealth, possessions, property, riches
vuḍḍhī	]	n	f.n.s	increase, growth, furtherance, prosperity
ca	j	ind		and
yasavā	į	adj	m.n.s	famous, renowned, lit.: 'possessing fame'
sata-	·	adj		100
vassā	]	n	m.n.pl	years
ca	j	ind		and
āyū	]	n	m.n.pl	duration of life, life-time
ca	j	ind		and
jīva-	]	n		life
siddhī	]	n	f.n.pl	accomplishment, success, prosperity
bhavantu	1	V	imp.3.pl	may they be
te	]	pn	2.dat.s	for you

May be for you: victory, success, wealth, gain, safety, luck, happiness, strength, glory, long life, beauty, riches, growth, renown, a lifespan of a 100 years, and accomplishment in life.

#### **BHOJANA-DĀNĀNUMODANĀ**

## [Āyasmā Aggacitta]

yo yassa bhojanam deti, so tassa deti pañca'pi āyum balam sukham vaṇṇam, paṭibhānañ'ca pañcamam

yo	pn	m.n.s	whoever, one
yassa	pn	m.dat.s	for whoever; for whatever; for whichever
bhojanaṁ	n	nt.ac.s	food, meal
deti,	V	pr.3.s	gives (to); donates (to); offers (to); hands (to)
SO	pn	m.n.s	he
tassa	pn	m.dat.s	to him, to that
deti	V	pr.3.s	gives (to); donates (to); offers (to); hands (to)
pañca'pi	adj	ac.pl	five also
āyuṁ	n	nt.ac.s	long life, longevity
balaṁ	n	nt.ac.s	strength, power, might
sukhaṁ	n	nt.ac.s	ease, comfort, happiness, pleasure
vaṇṇaṁ,	n	m.ac.s	beauty, good looks
paṭibhānaṁ ca	n	nt.ac.s	and understanding, intelligence, intuition
pañcamaṁ	ordin	nt.ac.s	as fifth

# One who gives food to whoever, he gives to him also five (things) Longevity, strength, ease, beauty and intelligence as fifth.

### [AN 5.37]

āyudo balado dhīro, vaṇṇado paṭibhānado. sukhassa dātā medhāvī, sukhaṁ so adhigacchati. āyuṁ datvā balaṁ vaṇṇaṁ, sukhañ'ca paṭibhānakaṁ, dīgh'āyu yasavā hoti, yattha yatth'ūpapajjatī'ti.

āyudo	adj	m.n.s	giving long life, longevity
balado	adj	m.n.s	giving strength, who gives energy
dhīro,	adj	m.n.s	wise man, sage
vaṇṇado	adj	m.n.s	giving beauty, who gives beauty
paṭibhānado.	adj	m.n.s	giving understanding, who gives intelligence, intuition
sukhassa	n	m.gen.s	of ease, comfort, happiness, pleasure

dātā	adj	m.n.s	one who gives, a giver
medhāvī,	n	m.n.s	intelligent man, wise man, lit. who has wisdom
sukhaṁ	n	nt.ac.s	ease, comfort, happiness, pleasure
SO	pn	m.n.s	he
adhigacchati.	V	pr.3.s	gets, finds, obtains, attains
āyuṁ	n	nt.ac.s	long life, longevity
datvā	V	abs	having given, having offered, having donated
balaṁ	n	nt.ac.s	strength, power, might
vaṇṇaṁ,	n	m.ac.s	beauty, good looks
sukhañ'ca	n	nt.ac.s	and ease, comfort, happiness, pleasure
paṭibhānakaṁ.	n	nt.ac.s	understanding, intelligence, intuition
dīgh'āyu	adj	m.n.s	having long life
yasavā	adj	m.n.s	famous, renowned
hoti,	V	pr.3.s	he is
yattha	ind		wherever, where
yattha-	ind		wherever, where
upapajjatī'ti.	V	pr.3.s	is reborn (in), re-arises (in)

The wise-one is a longevity-giver, strength-giver, beauty-giver, understanding-giver. Intelligent man, who is giver of happiness, he attains happiness.

Having given longevity, strength, beauty, happiness and understanding, he is one who renowned and having long life, wherever he is reborn.

#### CULLA-MANGALA-CAKKA-VĀLA

[MJG]

sabba-buddh'ānubhāvena sabba-dhamm'ānubhāvena sabba-saṅgh'ānubhāvena

sabba-	adj		all
buddha-	n		the Buddha, Awakened One
ānubhāvena	n	m.ins.s	by splendor, majesty, magnificence, power
dhamma-	n		the Teaching
saṅgha-	n		the Community

# By the power of all the Buddhas, the power of all the Dhammas, the power of all the Saṅghas,

buddha-ratanam dhamma-ratanam sangha-ratanamtinnam ratanam anubhavena

buddha-	n		the Buddha, Awakened One
ratanaṁ	n	nt.n.s	jewel, gem, gemstone
dhamma-	n		the Teaching
ratanaṁ	n	nt.n.s	jewel, gem, gemstone
saṅgha-	n		the Community
ratanaṁ	n	nt.n.s	jewel, gem, gemstone
tiṇṇaṁ	adj	m.gen.pl	of three
ratanānaṁ	n	nt.gen.pl	of jewels, gems, gemstone
ānubhāvena	n	m.ins.s	by splendor, majesty, magnificence, power

## the gem of the Buddha, the gem of the Dhamma, the gem of the Saṅgha, by the power of the triple gem

catur'āsīti-sahassa-dhammakkhandh'ānubhāvena piṭakattay'ānubhavena jina-sāvak'ānubhāvena

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catur'āsīti- adj eighty four (84)
sahassa- adj one thousand (1000)
dhammakkhandha- n group of Dhammas (as good practices and attainments)
ānubhāvena n m.ins.s by splendour, majesty, magnificence, power
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piṭakattaya-	n		the three Piṭakas, viz. Vinaya, Sutta, and Abhidhamma.
anubhavena	n	m.ins.s	by splendor, majesty, magnificence, power
jina-sāvaka-	n		disciples of the Victor
ānubhāvena	n	m.ins.s	by splendour, majesty, magnificence, power

# by the power of eighty four thousands groups of Dhammas, by the power of three Piṭakas, ny the power of disciples of the Victor.

sabbe te rogā, sabbe te bhayā, sabbe te antarāyā, sabbe te upaddavā, sabbe te dunnimittā, sabbe te avamaṅgalā vinassantu

sabbe	adj	m.n.pl	all
te	pn	2.gen.s	your, of you
rogā,	n	m.n.pl	diseases, illnesses
bhayā,	n	nt.n.pl	fears, frights, terrors
antarāyā,	n	m.n.pl	obstacles, dangers
upaddavā,	n	m.n.pl	accidents, misfortunes, calamities
dunnimittā,	n	m.n.pl	bad omens
avamaṅgalā	n	m.n.pl	bad lucks, ill omens
vinassantu	V	imp.3.pl	may they disappear, vanish, perish

# All your illnesses, all your fears, all your obstacles, all your misfortunes, all your bad omens and all your bad lucks may disappear.

āyu-vaḍḍhako, dhana-vaḍḍhako, siri-vaḍḍhako, yasa-vaḍḍhako, bala-vaḍḍhako, vaṇṇa-vaḍḍhako, sukha-vaḍḍhako hotu sabbadā

āyu-	n		long life, longevity
vaḍḍhako,	adj	m.n.s	augmenting, increasing
dhana-	n		wealth, riches, treasure
siri-	n		luck, glory, majesty, prosperity
yasa-	n		fame, reputation, renown, honour, glory
bala-	n		strength, power, might
vaṇṇa-	n		beauty, good looks
sukha-	n		ease, comfort, happiness, pleasure
hotu	V	imp.3.s	may it be

increasing of longevity, increasing of wealth, increasing of glory, increasing of reputation, increasing of strength, increasing of beauty, increasing of happiness – may it be always (for you)

dukkha-roga-bhayā verā sokā sattu c'upaddavā anekā antarāyā pi vinassantu ca tejasā

dukkha-	n		discomfort, suffering, pain, unease, something
			unsatisfactory, problem, trouble
roga-	n		disease, illness
bhayā-	n	nt.n.pl	fear, fright, terror, dismay
verā	n	m.n.pl	hatred, ill-will
sokā	n	m.n.pl	grief, sorrow, sadness
sattu	n		enemy, enmity
c'upaddavā	n	m.n.pl	and accidents, misfortunes, calamities
anekā	adj	m.n.pl	many, various, countless, lit. not one
antarāyā	n	m.n.pl	obstacle, danger, lit. coming in-between
pi	ind		also, and also, even so
vinassantu	V	imp.3.pl	may they disappear, vanish, perish
ca	ind		and
tejasā	n	m.ins.s	by radiance, glory, splendor, power

By the power (of three jewels) may completely disappear various sufferings, diseases, fears, hatreds, sorrows, enmity, accidents and obstacles.

jaya-siddhi dhanam lābham sotthi bhāgyam sukham balam siri āyu ca vaṇṇo ca bhogam vuḍḍhī ca yasavā sata-vassā ca āyū ca jīva-siddhī bhavantu te

jaya-	n		victory, conquest, winning
siddhi	n	f.n.s	accomplishment, success, prosperity
dhanaṁ	n	nt.n.s	wealth, riches, treasure
lābhaṁ	n	nt.n.s	gain, profit, acquisition
sotthi	n	f.n.s	safety, well-being
bhāgyaṁ	n	nt.n.s	good luck, fortune
sukhaṁ	n	nt.n.s	ease, comfort, happiness, pleasure

			3 9 7 F - 11 9 1
siri	n	f.n.s	luck, glory, majesty, prosperity
āyu	n	nt.n.s	long life, longevity
ca	ind		and
vaṇṇo	n	m.n.s	beauty, good looks
ca	ind		and
bhogaṁ	n	nt.n.s	wealth, possessions, property, riches
vuḍḍhī	n	f.n.s	increase, growth, furtherance, prosperity
ca	ind		and
yasavā	adj	m.n.s	famous, renowned
sata-	adj		100
vassā	n	m.n.pl	years
ca	ind		and
āyū	n	m.n.pl	duration of life, life-time
ca	ind		and
jīva-	n		life
siddhī	n	f.n.pl	accomplishment, success, prosperity
bhavantu	V	imp.3.pl	may they be
te	pn	2.dat.s	for you

nt.n.s

n

strength, power, might

balaṁ

May be for you: victory, success, wealth, gain, safety, luck, happiness, strength, glory, long life, beauty, riches, growth, renown, a lifespan of 100 years, and accomplishment in life.

#### AGGAPPASĀDA-SUTTA-GĀTHĀ

[AN 5.32]

aggato ve pasannānam, aggam dhammam vijānatam. agge buddhe pasannānam, dakkhiṇeyye anuttare.

aggato	adj	m.abl.s	from highest, topmost, foremost
ve	ind		indeed, truly, really
pasannānaṁ	n	m.dat.pl	for those who have faith, who have confidence
aggaṁ	adj	m.ac.s	highest, topmost, foremost
dhammaṁ	n	m.ac.s	the Teaching
vijānataṁ	prp	m.dat.pl	for those who knowing, understanding,
			comprehending
agge	adj	m.loc.s	in highest, topmost, foremost
buddhe	n	m.loc.s	in Buddha
pasannānaṁ	n	m.dat.pl	for those who have faith, who have confidence
dakkhiṇeyye	adj	m.loc.s	worthy of gifts, worthy of offerings
anuttare	adj	m.loc.s	highest (of), unsurpassed (by), incomparable (to),
			superior (to)

For those who have confidence on account of highest, for those who have understanding of the highest Teaching, for those who have confidence in the highest Buddha, the one unsurpassed and worthy of offerings.

agge dhamme pasannānam, virāg'ūpasame sukhe. agge sanghe pasannānam, puññakkhette anuttare.

agge	adj	m.loc.s	in highest, topmost, foremost
dhamme	n	m.loc.s	in Teaching
pasannānaṁ	n	m.dat.pl	for those who have faith, who have confidence
virāga-	n		dispassion, detachment, indifference
upasame	n	m.loc.s	in calmness, peace
sukhe	n	m.loc.s	in ease, comfort, pleasant, good
agge	adj	m.loc.s	in highest, topmost, foremost
saṅghe	n	m.loc.s	in Community
pasannānaṁ	n	m.dat.pl	for those who have faith, who have confidence

puññakkhette	n	m.loc.s	in field of merit
anuttare	adj	m.loc.s	highest (of), unsurpassed (by), incomparable (to),
			superior (to)

For those who have confidence in the highest Teaching, which is pleasant, dispassion and peace. For those who have confidence in the highest Sangha, which is incomparable field of merit.

aggasmim dānam dadatam, aggam puññam pavaḍḍhati. aggam āyu ca vaṇṇo ca, yaso kitti sukham balam.

	_ 3:	1	in high set to some at Comment
aggasmiṁ	adj	m.loc.s	in highest, topmost, foremost
dānaṁ	n	nt.ac.s	alms, gift, giving, offering, charity
dadataṁ	prp	m.dat.pl	for those who give, offering, bestowing
aggaṁ	adj	nt.n.s	highest, topmost, foremost
puññaṁ	n	nt.n.s	merit, good deed, lit. (mental) purity
pavaḍḍhati	V	pr.3.s	increases, grows
aggaṁ	adj	nt.n.s	highest, topmost, foremost
āyu	n	nt.n.s	long life, longevity
ca	ind		and
vaṇṇo	n	m.n.s	beauty, good looks
ca	ind		and
yaso	n	m.n.s	fame, reputation, renown, honor, glory
kitti	n	f.n.s	fame, renown, celebrity
sukhaṁ	n	nt.n.s	ease, comfort, happiness, pleasure
balaṁ	n	nt.n.s	strength, power, might

For those who give a gift to the highest, the foremost kind of merit increases: the foremost life span, beauty, glory, good reputation, happiness, and strength.

aggassa dātā medhāvī, agga-dhamma-samāhito. deva-bhūto manusso vā, aggappatto pamodatī'ti.

aggassa	adj	m.dat.s	to highest, topmost, foremost
dātā	n	m.n.s	one who gives, a giver

medhāvī	n	m.n.s	intelligent man, wise man, lit. who has wisdom
agga-	adj		highest, topmost, foremost
dhamma-	n		Teaching
samāhito	pp	m.n.s	composed, centered, settled, collected, concentrated
deva-	n		deity
bhūto	pp	m.n.s	become, born
manusso	n	m.n.s	human being, man, person
vā	ind		or
agga-	adj		highest, topmost, foremost
patto	pp	m.n.s	attained, reached, gained, found
pamodatī'ti	V	pr.3.s	is delighted (with), is very happy (with), is jubilant

The wise one who gives to the foremost, who is settled in the foremost Teaching, having become a deity or human being, rejoices, having attained the foremost.

### Kāla-Dāna-Sutta-Gāthā

[AN 5.36]

kāle dadanti sappaññā, vadaññū vītamaccharā. kālena dinnaṁ ariyesu, ujubhūtesu tādisu. vippasannamanā tassa, vipulā hoti dakkhiṇā.

kāle	ind		at the right time, at the proper time
		nr 2 nl	
dadanti	V	pr.3.pl	they give, offer, donate
sapaññā	adj	m.n.pl	wise, intelligent, lit. with wisdom
vadaññū	adj	m.n.pl	generous, giving, liberal
vīta-maccharā	adj	m.n.pl	selfless, not selfish
kālena	ind		timely, at the right moment, at a suitable time, at the
			proper time
dinnaṁ	pp	nt.ac.s	given, offered
ariyesu	n	m.loc.pl	in noble men, men of integrity
uju-bhūtesu	adj	m.loc.pl	in straight, upright, lit. become straight
tādisu	adj	m.loc.pl	in such, of such character, of such quality, like, the
			kind of
vippasanna-manā	adj	m.n.pl	with clear mind, with calm mind
tassa	pn	m.gen.s	his
vipulā	adj	f.n.s	vast, extensive, expansive
hoti	V	pr.3.s	there is
dakkhinā	n	f.n.s	gift, donation

At the right time wise, generous, not selfish, with clear mind – they offer gifts timely to the noble ones, such upright. Their donations become vast.

ye tattha anumodanti, veyyāvaccam karonti vā. na tena dakkhiṇā ūnā, te'pi puññassa bhāgino.

ye	pn	m.n.pl	whoever, whatever, whichever, those who
tattha	ind		there, in that place
anumodanti	V	pr.3.pl	they approve (of), appreciate, applaud, are pleased
veyyāvaccaṁ	n	nt.ac.s	service, assistance
karonti	V	pr.3.pl	they make, do
vā	ind		or

па	Inu		TON
tena	pn	m.ins.s	by that
dakkhiṇā	n	f.n.s	gift, donation
ūnā	adj	f.n.s	deficient, lacking, wanting
te'pi	pn	m.n.pl	they also
puññassa	n	nt.gen.s	of merit, good deed, lit. (mental) purity
bhāgino	n	m.n.pl	shareholders, who share (in), who partake (in)

## Whoever rejoice there or give assistance, they too have a share of the merit, and the offering is not depleted by that.

tasmā dade appaṭivāna-citto, yattha dinnam mahapphalam. puññāni paralokasmim, patiṭṭhā honti pāṇinan'ti.

tasmā	ind		therefore, that is why, lit. from that
dade	V	opt.3.s	he should give
appaṭivāna-	adj		with confidence, without regret, lit. not shrinking
			back
citto	adj	m.n.s	with mind
yattha	ind		wherever, where
dinnaṁ	pp	m.ac.s	given, offered
mahapphalaṁ	adj	m.ac.s	of great fruit, yielding good results
puññāni	n	nt.n.pl	merits, good deeds, lit. (mental) purity
para-lokasmiṁ	n	m.loc.s	in other world, next world, afterlife
patiṭṭhā	n	f.n.pl	supports, foundations, helps
honti	V	pr.3.pl	there are
pāṇinan'ti	n	m.gen.pl	l of living beings

Therefore, with mind without regret, one should give a gift where it yields great fruit. These merits are support for living beings in the other world.

### So Attha-Laddho

[AN 3.156]

te atthaladdhā sukhitā, viruļhā buddhasāsane. arogā sukhitā hotha, saha sabbehi ñātibhī'ti.

te	pn	m.n.pl	those
attha-	n		benefit, profit, good, welfare, goal
laddhā	V	ger	getting, obtaining
sukhitā	adj	m.n.pl	pleased, delighted, blessed, comforted, happy
viruļhā	pp	m.n.pl	grown, spouted, developed
buddha-sāsane	n	nt.loc.s	in Buddha's teaching, Buddha's message, Buddha's
			religion
arogā	adj	m.n.pl	healthy, free from disease
sukhitā	adj	m.n.pl	pleased, delighted, blessed, comforted, happy
hotha	V	imp.2.pl	may you all be!
saha	ind		with, together (with), accompanied (by)
sabbehi	adj	m.ins.pl	with all
ñātibhi	n	m.ins.pl	with family, relatives, kinsmen

Those happy ones who have gained (such) benefits come to growth in the Buddha's teaching. May you and all your relatives be healthy and happy!

## **PROTECTIVE RECITATIONS**

### **D**EVĀ-ĀRĀDHANĀI

[thai]

pharitvāna mettam samettā bhadantā avikkhitta-cittā parittam bhanantu

pharitvāna	V	abs	having suffused, having pervaded, having filled
mettaṁ	n	f.ac.s	goodwill, friendliness, benevolence
samettā	adj	m.n.pl	friendly, benevolent, kind
bhadantā	n	m.n.pl	venerables, reverends
avikkhitta-	pp		not scattered, confused
cittā	adj	m.n.pl	with mind
narittam		C	
parittaṁ	n	f.ac.s	protection, safeguard; protective chant

## Having suffused with friendliness, kind venerable sirs with not scattered mind may proclaim protective chant.

sagge kāme ca rūpe, giri-sikhara-taṭe c'antalikkhe vimāne, dīpe raṭṭhe ca gāme, taru-vana-gahane, geha-vatthumhi khette

sagge	n	m.loc.s	in heaven, state of happiness
kāme	adj	m.loc.s	related to sensuality
ca	ind		and
rūpe	adj	m.loc.s	related to subtle material form
giri-	n		mountain
sikhara-	n		top, summit of a mountain
tațe	n	m.loc.s	in declivity or side of a hill, precipice
c'antalikkhe	ind		and in the sky, in the air
vimāne	n	nt.loc.s	in heavenly mansion, paradise, lit. immeasurable
dīpe	n	m.loc.s	in the island
rațțhe	n	nt.loc.s	in country, land, kingdom, realm
ca	ind		and
gāme	n	m.loc.s	in village, hamlet, collection of houses
taru-	n		tree

vana-	n		wood, forest, jungle
gahane	n	nt.loc.s	in tangle, thicket, impenetrable jungle, dense forest
geha-	n		house, dwelling
vatthumhi	n	m.loc.s	in land, property, ground
khette	n	nt.loc.s	in field, plot of land

In the heaven related to sensuality and related to subtle material form, on peaks and mountain precipices, in palaces floating in the sky, in islands, countries and villages, in groves of trees and thickets, in house areas and fields.

bhummā c'āyantu devā jala-thala-visame yakkha-gandhabba-nāgā tiṭṭhantā santike, yaṁ muni-vara-vacanaṁ sādhavo me suṇantu

bhummā	adj	m.n.pl	earthly, terrestrial
c'āyantu	V	imp.3.pl	and may they come from āyāti
devā	n	m.n.pl	deities
jala-	n		water
thala-	n		dry land, firm ground, terra firma
visame	n	m.loc.s	in rough place, uneven place, badlands
yakkha-	n		supernatural being, spirit, demon
gandhabba-	n		demigod, heavenly musician, class of mythological
			beings
nāgā	n	m.n.pl	snakes, serpents, dragons, Nāga demons
tiṭṭhantā	prp	m.n.pl	standing, lasting, remaining, persisting
santike	ind		to, in the presence (of), near (to), nearby, close (to), on
			the verge (of)
yaṁ	pn	m.ac.s	whoever, whatever, that which
muni-	n		monk, sage, seer, hermit, silent sage
vara-	adj		excellent, best, lit. select
vacanaṁ	n	nt.ac.s	word, utterance, talk, statement
sādhavo	ind		accomplishing, fulfilling, effecting, completing,
			with approval
me	pn	1.imp.s	ny be
suṇantu	V	imp.3.pl	may they listen

May they come: the earth-devas, spirits, demigods and Nāgas in water, on land, in badlands, and nearby. May they listen with approval the utterance of the Excellent Sage (proclaiming) by me.

buddha-dassana-kālo ayam'bhadantā, dhammassavana-kālo ayam'bhadantā, saṅgha-payirupāsana-kālo ayam'bhadantā.

buddha-	n		the Buddha, Awakened One
dassana-	n		seeing, watching
kālo	n	m.n.s	time
ayam-	pn	m.n.s	this
bhadantā	n	m.voc.s	o venerables!, reverends!
dhammassavana-	n		hearing the Teaching, hearing a sermon, listening to
			the Dhamma
saṅgha-	n		Community, assembly of monks
payirupāsana-	n		associating closely (with), attending (to)

This is the time to see to the Buddha, venerable sirs. This is the time to listen to the Dhamma, venerable sirs. This is the time to attend to the Saṅgha, venerable sirs.

## PUBBA-BHĀGA-NAMA-KĀRA-PĀŢHO

namo tassa bhagavato arahato sammā-sambuddhassa

namo	ind		reverence to, veneration, homage
tassa	pn	m.gen.s	to him
bhagavato	n	m.dat.s	to Sublime One, Blessed One, Fortunate One
arahato	n	m.dat.s	to enlightened being, lit. worthy one
sammā-	ind		completely, thoroughly, fully, totally
			perfectly, rightly, correctly
sambuddhassa	n	m.dat.s	to one who has thoroughly understood, being
			enlightened, a Buddha, fully awakened one

Homage to him, to the Blessed One, the worthy one, perfectly awakened one

#### **SARANA-GAMANA-PĀTHO**

buddham saranam gacchāmi. dhammam saranam gacchāmi. sangham saranam gacchāmi

saraṇam n nt.ac.s shelter, refuge, help, lit. protection

gacchāmi v pr.1.s I go

To the Buddha I go for refuge. To the Dhamma I go for refuge. To the Saṅgha I go for refuge.

dutiyam'pi buddham saranam gacchāmi. dutiyam'pi dhammam saranam gacchāmi. dutiyam'pi sangham saranam gacchāmi

dutiyam'pi adv+ind for the second time

For the second time, to the Buddha I go for refuge. For the second time, to the Dhamma I go for refuge. For the second time, to the Saṅgha I go for refuge.

tatiyam'pi buddham saraṇam gacchāmi. tatiyam'pi dhammam saraṇam gacchāmi. tatiyam'pi saṅgham saraṇam gacchāmi

tatiyam'pi adv+ind for the third time

For the third time, to the Buddha I go for refuge. For the third time, to the Dhamma I go for refuge. For the third time, to the Saṅgha I go for refuge.

#### NAMA-KĀRA-SIDDHI-GĀTHĀ

[thai]

yo cakkhumā moha-mal'āpakaṭṭho, sāmaṁ va buddho sugato vimutto, mārassa pāsā vinimocayanto, pāpesi khemaṁ janataṁ vineyyaṁ,

yo	pn	m.n.s	one who, whoever
cakkhumā	adj	m.n.s	who has vision
moha-	n		illusion, delusion, confusion
mala-	n		dirt, impurity, stain, dross, filth, grime, tarnish
apakaṭṭho	pp	m.n.s	drawn away, removed (from); loose
sāmaṁ	ind		oneself, by oneself, for oneself
va = eva	ind		only, just, so, even
buddho	pp	m.n.s	awakened, woke up, understood
sugato	pp	m.n.s	epithet of the Buddha, lit. well gone
vimutto	pp	m.n.s	freed (from), liberated (from), emancipated (from)
mārassa	n	m.gen.s	of death, Death personified, evil one
pāsā	n	m.abl.s	from snare, trap, noose, sling
vinimocayanto	prp	m.n.s	detaching, disengaging, releasing, freed from
pāpesi	V	aor.3.s	let to go; caused to reach or attain.
khemaṁ	n	m.ac.s	safety, security, sanctuary, peace, rest
janataṁ	n	f.ac.s	people
vineyyaṁ	adj	f.ac.s	fit to be trained, tamable

The one with vision, with the stain of delusion removed, awakened by himself, well-gone, released, freed from the snare of the Death, he caused tamable people to reach security.

buddham varan'tam sirasā namāmi. lokassa nāthañ'ca vināyakañ'ca. tan'tejasā te jayasiddhi hotu. sabb'antarāyā ca vināsamentu.

buddhaṁ	n	m.ac.s	the Buddha, Awakened One
varam-	adj	m.ac.s	excellent, best, lit. select
taṁ	pn	m.ac.s	that
sirasā	n	m.ins.s	by head
namāmi	V	pr.1.s	I bend; bow

lokassa	n	m.dat.s	for the world
nāthañ'ca	n	m.ac.s	and protector, lord, refuge
vināyakañ'ca	n	m.ac.s	and leader, guide, teacher, epithet of the Buddha
tam-	pn	m.ac.s	that
tejasā	n	m.ins.s	by radiance, glory, splendor, power
te	n	m.dat.s	for you
jaya-	n		victory, conquest, winning
siddhi	n	f.n.s	accomplishment, success, prosperity
hotu	V	pr.3.s	may it be
sabba-	adj		all, every, whole, entire, complete
antarāyā	n	m.n.pl	obstacle, danger, lit. coming in-between
ca	ind		and
vināsamentu	V	imp.3.pl	may they be destroyed

I pay homage with my head to that excellent Buddha, the protector and guide for the world. By the power of this, may victory and success be for you, and may all dangers be destroyed.

dhammo dhajo yo viya tassa satthu dassesi lokassa visuddhi-maggam, niyyāniko dhamma-dharassa dhārī sāt'āvaho santi-karo suciṇṇo

dhammo	n	m.n.s	the Teaching
dhajo	n	m.n.s	flag, banner, symbol, emblem
yo	pn	m.n.s	that which, whatever, whichever
viya	ind		like, as
tassa	pn	m.gen.s	of him, his,
satthu	n	m.gen.s	of master, teacher
dassesi	V	aor.3.s	showed, exhibited, revealed, lit. caused to see
lokassa	n	m.dat.s	for the world
visuddhi-	n	f	purity (of), purification (of), holiness
maggaṁ	n	m.ac.s	road, path, track, way
niyyāniko	adj	m.n.s	redemptive, salvatory, leading to deliverance, lit.
			leading out
dhamma-dharassa	n	m.gen.s	of those who knows the Dhamma by heart, who
		uphold t	he Dhamma, lit. Dhamma bearer, holder, upholder
dhārī	adj	m.n.s	holding, wearing, keeping, upholding

sāta-	n		pleasure, delight, comfort
āvaho	adj	m.n.s	bringing, conferring, causing
santi-	n		peace, calm, tranquillity
karo	adj	m.n.s	doing, making, producing.
suciṇṇo	n	m.n.s	well practised, made a habit of

The teacher's Dhamma, like a banner, shows the path of purity to the world, leading out, upholding those who uphold it. rightly practised, it brings pleasure, makes peace.

dhammam varan'tam sirasā namāmi. mohappadālam upasanta-dāham. tan'tejasā te jaya-siddhi hotu. sabb'antarāyā ca vināsamentu

moha-	n		illusion, delusion, confusion
padālaṁ	adj	m.ac.s	breaking, piercing, destroying
upasanta-	adj		still, calm, at peace, tranquil
dāhaṁ	n	m.ac.s	burning; fever; heat.

I pay homage with my head to that excellent Dhamma, which pierces delusion and makes fever calm down. By the power of this, may victory and success be for you, and may all dangers be destroyed.

saddhamma-senā sugatānugo, yo lokassa pāp'ūpakilesa-jetā, santo sayaṁ santi-niyojako ca, svākkhāta-dhammaṁ viditaṁ karoti

saddhamma-	n		true Teaching, true Doctrine, true nature of things
senā	n	f.n.s	army
sugata-	n		epithet of the Buddha, lit. well gone
anugo	adj		following, followed by, going after
yo	pn	m.n.s	one who, whoever
lokassa	n	m.gen.s	of the world
pāpa-	n		evil action, crime, sin, wrongdoing, misdeed
upakilesa-	n		stain, soiling; blot, blemish, defilement; impurity
jetā	adj	f.n.s	one who conquers, a victor.
santo	adj	m.n.s	virtuous, good, wise
sayaṁ	ind		by one's own, oneself, one's own, it's own
santi-	n		peace, calm, tranquillity

niyojako	adj	m.n.s	joining down, uniting, providing
ca	ind		and
svākkhāta-	adj		well taught, well explained
dhammaṁ	n	m.ac.s	the Teaching
viditaṁ	pp	m.ac.s	known, understood, experienced
karoti	V	pr.3.s	does, makes, acts, performs, builds

The true dhamma's army, following the one well-gone, who is victor over the evils and corruptions of the world. virtuous, uniting itself in peace, and makes the well-taught Dhamma be known.

saṅghaṁ varan'taṁ sirasā namāmi. buddh'ānubuddhaṁ sama-sīla-diṭṭhiṁ. tan'tejasā te jaya-siddhi hotu. sabb'antarāyā ca vināsamentu

buddha-	pp		awakened, woke up, understood
anubuddhaṁ	adj	m.ac.s	after the Blessed One
sama-	adj		level, even, harmonious
sīla-	n		behaviour, conduct, integrity
diṭṭhiṁ	n	f.ac.s	view, belief, opinion, concept, theory, opinion,
			attitude

I pay homage with my head to that excellent Saṅgha, awakened after the awakened, harmonious in virtue & view. By the power of this, may victory and success be for you, and may all dangers be destroyed.

### NAMO-KĀRA-ĀŢŢHAKA

[thai]

namo arahato sammā-sambuddhassa mahesino, namo uttama-dhammassa svākkhātass'eva ten'idha.

namo	ind		reverence (to), veneration (of), homage (to)
arahato	n	m.dat.s	to enlightened being, lit. worthy one
sammā-	ind		completely, thoroughly, fully, totally
			perfectly, rightly, correctly
sambuddhassa	n	m.dat.s	to one who has thoroughly understood, being
			enlightened, a Buddha, fully awakened one
mahesino	n	m.dat.s	to great sage
namo	ind		reverence (to), veneration (of), homage (to)
uttama-	adj		best, highest, ultimate, supreme, top
dhammassa	n	m.dat.s	to the Teaching
svākkhātass'eva	adj	m.dat.s	just to well taught, well explained
tena-	pn	m.ins.s	by him
idha	ind		here

## Homage to the great seer, the worthy one, perfectly fully awakened; Homage to the highest dhamma, well-taught by him here;

namo mahā-saṅghass'āpi visuddha-sīla-diṭṭhino, namo omāty'āraddhassa ratanattayassa sādhukaṁ

namo	ind		reverence (to), veneration (of), homage (to)
mahā-	adj		great, large, powerful, grand, vast, extensive
saṅghass'āpi	n	m.dat.s	and to the Community
visuddha-	pp		cleansed, purified, refined
sīla-	n		behaviour, conduct, integrity
diṭṭhino	adj	m.dat.s	view, belief, opinion, concept, theory, opinion,
			attitude
namo	ind		reverence (to), veneration (of), homage (to)
omāty-			measures up to; is able, is capable
āraddhassa	adj	m.dat.s	1. taken hold of, undertaken, begun, initiated

			2. accomplished, achieved; pleased; satisfied.
ratanattayassa	n	m.dat.s	to the triple gem
sādhukaṁ	ind		well, thoroughly, fully

And homage to the great sangha, purified in virtue and view. Homage to the triple gem beginning auspiciously with aum.

namo omak'ātītassa tassa vatthuttayassa'pi. namo-kāra-ppabhāvena vigacchantu upaddavā.

namo	ind		reverence (to), veneration (of), homage (to)
omaka-atītassa	adj	m.dat.s	to gone past useless (things)
tassa	pn	m.dat.s	to him, for him, to that, for that
vatthu-ttayassa'pi	n	m.dat.s	to triad of objects, three things (triple gem)
namo-	ind		reverence (to), veneration (of), homage (to)
kāra-	n		deed, action, service
pabhāvena	n	m.ins.s	by might, power, strength, majesty
vigacchantu	V	imp.3.pl	may they disappear, become lost, go to waste
upaddavā	n	m.n.pl	accident, misfortune, calamity

And homage to those three objects, that have gone past useless (things). By the power of this act of veneration, may misfortunes disappear.

namo-kār'ānubhāvena suvatthi hotu sabbadā. namo-kārassa tejena vidhimhi homi tejavā

namo-	ind		reverence (to), veneration (of), homage (to)
kāra-	n		deed, action, service
ānubhāvena	n	m.ins.s	by splendour, majesty, magnificence, power
suvatthi	n	m.n.s	well-being, safety
hotu	V	imp.3.s	may it be
sabbadā	ind		always, at all times
namo-	ind		reverence (to), veneration (of), homage (to)
kārassa	n	m.gen.s	of deed, action, service
tejena	n	m.ins.s	by radiance, glory, splendour, power
vidhimhi	n	m.loc.s	in act, action, performance, method
homi	V	imp.1.s	may I be
tejavā	adj	m.n.s	splendid, powerful, majestic, glorious

By the power of this act of veneration, may there always be well-being. By the splendour this homage, may I be powerful in this performance.				

### **MANGALA-SUTTA**

### [SNP 16]

evam-me sutam: ekam samayam bhagavā, sāvatthiyam viharati, jeta-vane anāthapiṇḍikassa ārāme.

evam-	ind		thus; in this way
me	pn	m.ins.s	by me
sutam:	pp	m.ac.s	heard
ekaṁ	adj	m.ac.s	one
samayaṁ	n	m.ac.s	time; occasion
bhagavā,	n	m.n.s	Fortunate One, the Buddha
sāvatthiyaṁ	n	f.loc.s	in Sāvatthi
viharati,	V	pr.3.s	stays, abides, dwells, lives
jeta-vane	n	m.loc.s	in Jetavana (Jeta's Grove)
anāthapiṇḍikassa	n	m.gen.s	of Anāthapindika
ārāme.	n	m.loc.s	in park

# thus was heard by me: on one occasion the Fortunate One staying in Sāvatthi in Jeta's Grove in Anāthapindika's park.

atha kho aññatarā devatā abhikkantāya rattiyā abhikkanta-vaṇṇā kevalakappaṁ jetavanaṁ obhāsetvā, yena bhagavā ten'upasaṅkami.

atha kho	ind		and then
aññatarā	adj	f.n.s	certain; not well-known
devatā	n	f.n.s	deity
abhikkantāya	adj	f.loc.s	when progressed, gone past, had advanced,
			was waning
rattiyā	n	f.loc.s	when the night
abhikkanta-	adj		superb, surpassing, excellent, lit. gone forward
vaṇṇā	adj	f.n.s	of beauty, good looks
kevalakappaṁ	adj	m.ac.s	almost the whole
jetavanaṁ	n	m.ac.s	Jetavana (Jeta's Grove)
obhāsetvā,	V	abs	having caused to make radiant; having caused to
			illumine.
yena	ind		where

bhagavā	n	m.n.s	Fortunate One, the Buddha
tena-	ind		there
upasaṅkami.	V	aor.3.s	approached

and then, when the night had advanced, a certain deity of excellent beauty having caused to illumine almost the whole Jeta's grove, where the Fortunate One there approached.

upasankamitvā bhagavantam abhivādetvā ekam-antam aṭṭhāsi. ekam-antam ṭhitā kho sā devatā bhagavantam gāthāya ajjhabhāsi:

upasaṅkamitvā	V	abs	having approached
bhagavantaṁ	n	m.ac.s	Fortunate One, the Buddha
abhivādetvā	V	abs	having paid homage, saluted, greeted,
ekaṁantaṁ	ind		on one side; aside
aṭṭhāsi.	V	aor.3.s	stood; stayed
ekaṁantaṁ	ind		on one side; aside
ṭhitā	pp	f.n.s	stood, standing
kho	ind		indeed
sā	pn	f.n.s	that, she
devatā	n	f.n.s	deity
bhagavantaṁ	n	m.ac.s	Fortunate One, the Buddha
gāthāya	n	f.ins.	with verse, stanza, line of poetry
ajjhabhāsi	V	aor.3.s	addressed; spoke

having approached, having paid homage to the Fortunate One, she stood on one side. standing on one side, that deity addressed to the Fortunate One with verse:

bahū devā manussā ca, maṅgalāni acintayuṁ; ākaṅkhamānā sotthānaṁ, brūhi maṅgalam-uttamaṁ.

bahū	adj	m.n.pl	much; many
devā	n	m.n.pl	deities
manussā	n	m.n.pl	human beings

ca,	ind		and
maṅgalāni	n	nt.ac.pl	what is auspicious, blessings, prosperity
acintayum;	V	aor.3.pl	they thought; reflected; considered
ākaṅkhamānā	pr.p	m.n.pl	wishing for; desiring, longing for
sotthānam,	n	nt.ac.s	blessing, well-being
brūhi	V	imp.3.s	you speak, may you say, you shall talk
maṅgalaṁ-	n	nt.ac.s	what is auspicious, blessing, prosperity
uttamaṁ.	adj	nt.ac.s	highest; best; noble; excellent.

## "Many deities and human beings have reflected on blessings, longing for well-being. tall about highest blessing."

asevanā ca bālānam, paṇḍitānañ'ca sevanā; pūjā ca pūjanīyānam, etam maṅgalam-uttamam.

asevanā	n	f.n.s	non-association
ca	ind		and
bālānaṁ,	n	m.dat.pl	to ignorant; fools
paṇḍitānaṁ-	n	m.dat.pl	to wise people
ca	ind		and
sevanā;	n	f.n.s	association
pūjā	n	f.n.s	honor, worship, veneration
ca	ind		and
pūjanīyānaṁ,	adj, ptp	m.dat.pl	to entitled to homage; should be venerated
etaṁ	pn	m.ac.s	this
maṅgalaṁ-	n	nt.n.s	what is auspicious, blessing, prosperity
uttamaṁ.	adj	nt.n.s	highest; best; noble; excellent.

# not association with fools, association with the wise people, and veneration who should be venerated: this is the highest blessing.

paṭirūpa-desa-vāso ca, pubbe ca kata-puññatā; atta-sammā-paṇidhi ca,

paṭirūpa-	adj		fit; proper; suitable
desa-	n		point, part, place, region
vāso	n	m.n.s	living, sojourn
ca,	ind		and
pubbe	ind	adv	formerly; in the past.
ca	ind		and
katapuññatā;	n	f.n.s	(state of) one who has made merit, the fact of
			having done good deeds
atta-	n		oneself, self
sammā-	ind		properly; rightly; thoroughly
paṇidhi	n	m.n.s	aspiration; determination, directing
ca,	ind		and
,			

## living in a suitable place, having a merit done in the past, and directing oneself rightly

bāhu-saccañ-ca sippañ-ca, vinayo ca susikkhito; subhāsitā ca yā vācā,

bāhusaccam-	n	nt.n.s	much learning, profound knowledge
ca	ind		and
sippaṁ-	n	nt.n.s	art, branch of knowledge, craft
ca,	ind		and
vinayo	n	m.n.s	discipline,
ca	ind		and
susikkhito;	pp	m.n.s	well-trained; thoroughly learnt
su'bhāsitā	pp	f.n.s	well said; spoken
ca	ind		and
yā	pn	f.n.s	that what, whatever
vācā,	n	f.n.s	word; speech; saying

much learning, a craft, a well-trained discipline, and well-spoken whatever speech.

mātā-pitu-upaṭṭhānaṁ,
putta-dārassa saṅgaho
anākulā ca kammantā,

mātāpitu-	n		parents; the mother and the father
upaṭṭhānaṁ,	n	nt.n.s	attendance, waiting on, looking after, service,
			care
puttadārassa	n	m.gen.s	of children and wife
saṅgaho	n	m.n.s	support (of), maintenance (of), looking after,
			lit. holding together
anākulā	adj	m.n.pl	not beset, not crowded, not confused,
			unembarrassed, calm, quiet
ca	ind		and
kammantā,	n	m.n.pl	works; businesses, jobs

## care about parents, support of children and wife, and not confused works.

dānañ'ca dhamma-cariyā ca, ñātakānañ'ca saṅgaho; anavajjāni kammāni,

dānam-	n	nt.n.s	gift; charity; alms; alms-giving
ca	ind		and
dhammacariyā	n	f.n.s	observance of righteousness, righteous conduct
ca,	ind		and
ñātakānaṁ-	n	m.dat.pl	to relations, relatives, kinsmans
ca	ind		and
saṅgaho;	n	m.n.s	support (of), maintenance (of), looking after,
			lit. holding together
anavajjāni	adj	nt.n.pl	unblameable; faultless, blameless
kammāni,	n	nt.n.pl	deeds; actions; jobs, works

## charity and righteous conduct, support of relatives, blameless actions

āratī viratī pāpā, majja-pānā ca saññamo; appamādo ca dhammesu,

āratī	n	f.n.s	leaving off, abstinence
viratī	n	f.n.s	abstinence
pāpā,	adj	nt.abl.s	from evil, bad, wicked, sinful
majjapānā	n	nt.abl.s	from intoxicating drink
ca	ind		and
saññamo;	n	m.n.s	restraint; self-control; abstinence, refraining
appamādo	n	m.n.s	carefulness, vigilance, diligence, heedfulness
ca	ind		and
dhammesu,	n	m.loc.pl	in the qualities of the mind

## leaving off and abstaining from evil, refraining from intoxicating drink, heedfulness in the qualities of the mind.

gāravo ca nivāto ca, santuṭṭhī ca kataññutā; kālena dhamma-s'savanaṁ,

gāravo	n	m.n.s	respect; reverence; esteem
ca	ind		and
nivāto	n	m.n.s	lowliness, humbleness, obedience, gentleness
ca,	ind		and
santuṭṭhī	n	f.n.s	satisfaction; contentment; joy
ca	ind		and
kataññutā;	n	f.n.s	gratitude, gratefulness
kālena	ind		in proper time; at the right moment
dhamma-	n		teaching
savanaṁ,	n	nt.n.s	hearing

respect and humbleness, contentment and gratefulness, in proper time listening to the Teaching.

khantī ca sovacassatā, samaṇānañ'ca dassanaṁ; kālena dhamma-sākacchā,

khantī	n	f.n.s	patience; wish; forbearance.
ca	ind		and
sovacassatā,	n	f.n.s	eloquence, suavity, gentleness (in speech),
			obedience
samaṇānaṁ-	n	m.gen.pl	of ascetics, renunciants, holy men, monks,
			recluses
ca	ind		and
dassanam;	n	nt.n.s	seeing, looking; noticing
kālena	ind		in proper time; at the right moment
dhamma-	n		teaching
sākacchā,	n	f.n.s	conversation, talking over, discussing

## patience, gentleness in speech, the seeing of holy men, at the right moment discussing the Teaching

tapo ca brahma-cariyañ'ca, ariya-saccāna-dassanaṁ; nibbāna-sacchikiriyā ca,

tapo	n	m.n.s	spiritual practice, religious practice, lit. burning
ca	ind		and
brahmacariyam-	n	nt.n.s	spiritual path, holy life, celibacy
ca,	ind		and
ariyasaccānam-	n	m.gen.pl	of noble truths.
dassanam;	n	nt.n.s	seeing, looking; noticing
nibbāna-	n		going out (of a lamp), extinguishment (of a fire),
			quenching, peace
sacchikiriyā	n	f.n.s	realisation; experiencing.
ca,	ind		and

spiritual practice and the holy life, seeing of the noble truths, and realization of nibbāna

phuṭṭhassa loka-dhammehi, cittaṁ yassa na kampati; asokaṁ virajaṁ khemaṁ,

pp	m.gen.s	when touched by, contacted by
n	m.ins.pl	by worldly matters, things of the world,
		vicissitudes of life
n	nt.n.s	mind
pn	m.gen.s	of whoever, of one who, his
ind	neg	not
V	pr.3.s	shake, tremble, waver
adj	nt.n.s	free from sorrow, sorrowless
adj	nt.n.s	free from defilement or passion, stainless,
		faultless
adj	nt.n.s	full of peace, safe; tranquil, calm
	n n pn ind v adj adj	n m.ins.pl  n nt.n.s pn m.gen.s ind neg v pr.3.s adj nt.n.s adj nt.n.s

## when touched by worldly matters, his mind not tremble, sorrowless, stainless, calm.

etādisāni katvāna, sabbattha'm-aparājitā; sabbattha sotthiṁ gacchanti, tan-tesaṁ maṅgalam-uttaman'ti.

etādisāni	adj	nt.ac.pl	such like; of this kind
katvāna,	V	abs	having done
sabbattha'm-	ind		everywhere
aparājitā;	adj	m.n.pl	unconquered, undefeated, victorious, triumphant
sabbattha	ind		everywhere
sotthiṁ	ind		in safety, safely
gacchanti,	n	pr.3.pl	they go
taṁ-	pn	nt.n.s	this
tesaṁ	pn	m.gen.pl	their
maṅgalaṁ-	n	nt.n.s	what is auspicious, blessing, prosperity
uttamam.	adj	nt.n.s	highest; best; noble; excellent.
ti.	ind		<i>""</i>

having done things like this, are victorious everywhere; everywhere they go safely. that is their highest blessing.			

### **RATANA-SUTTA**

[SNP 13]

yān'īdha bhūtāni samāgatāni, bhummāni vā yāni va antalikkhe. sabb'eva bhūtā sumanā bhavantu, atho pi sakkacca suṇantu bhāsitaṁ.

### yānīdha

>yāni-	pn	nt.ac.pl	those who, whoever, whatever
>idha	ind		here
bhūtāni	n	nt.ac.pl	beings, ghosts, spirits
samāgatāni,	pp	nt.ac.pl	met together; assembled
bhummāni	adj	nt.ac.pl	belonging to the earth, earthly, terrestrial
vā	ind		or
yāni	pn	nt.ac.pl	those who, whoever
vā	ind		or
antalikkhe.	n	nt.loc.s	in the atmosphere or in the air

## whatever spirits have assembled here, belonging to the earth or in the sky

sabbā	adj	m.n.pl	all
eva	ind		just
bhūtā	n	m.n.pl	beings, ghosts, spirits
sumanā	adj	m.n.pl	glad, happy, pleased, satisfied, cheerful
bhavantu,	V	imp.3.pl	may they be
atho	ind		then; and also
pi	ind		also: and also; even so
sakkacca	ind		carefully, thoroughly, properly
suṇantu	V	imp.3.pl	may they listen, hear
bhāsitam.	n	nt.ac.s	saying, speech, statement, utterance, talk, words,
			lit. what was said

may all spirits be happy and also carefully listen intently (this) speech.

tasmā hi bhūtā nisāmetha sabbe, mettaṁ karotha mānusiyā pajāya.

tasmā	ind		therefore
hi	ind		indeed
bhūtā	n	m.v.pl	o beings, ghosts, spirits
nisāmetha	v.caus	imp.2.pl	may you attend, listen, observe, be careful of
			ni + √sam 3 e(to calm) > sāme
			lit: cause to calm down (and listern)
sabbe,	pn	m.n.pl	all; every; whole; entire
mettaṁ	adj	m.ac.s	friendly
karotha	V	imp.2.pl	may you do; act; make √kar
mānusiyā	adj	f.dat.s	to existing in the human world, belonging to
			human, to human's
pajāya.	n	f.dat.s	to progeny, generation pa + $\sqrt{jan}$

### therefore, spirits, may you all listen and act friendly to the human's generation

divā ca ratto ca haranti ye balim, tasmā hi ne rakkhatha appamattā.

divā ca	ind	adv	and by day
ratto ca	ind	adv	and by night
haranti	V	pr.3.pl	they bring, carry
ye	pn	m.ac.pl	whatever
baliṁ,	n	m.ac.s	religious offering, oblation
tasmā	ind		therefore
hi	ind		indeed
ne	pn	m.ac.pl	them, those
rakkhatha	V	imp.2.pl	may you protect
appamattā.	adj	m.n.pl	vigilant; careful; alert; diligent; not negligent

by day and night, they give offerings, therefore, may you, who are heedful, protect them.

yam kiñci vittam idha vā huram vā, saggesu vā yam ratanam paṇītam. na no samam atthi tathāgatena,

yaṁ	pn	nt.n.s	whatever
kiñci,	pn	nt.n.s	some, something, anything
vittaṁ	n	nt.n.s	wealth; property
idha vā	ind		here or
huraṁ vā,	ind		there, in the other world, in another existence or
saggesu vā	n	m.loc.pl	in heavens, places of happiness and long life
yaṁ	pn	nt.n.s	whatever
ratanaṁ	n	nt.n.s	gem, jewel, treasure
paṇītaṁ.	adj	nt.n.s	superior, sublime, refined; lit. directed towards
na	ind	neg	not
no	pn	1.dat.pl	for us, to us
samaṁ	adj	nt.n.s	even; equal
atthi	V	pr.3.s	there is, it is, it does
tathāgatena,	n	m.ins.s	with / by the Tathāgata, Thus-Gone One.

whatever any wealth, here or in the other world, — whatever superior treasure in the heavens, does not, for us, equal to the Thus-Gone One.

idam'pi buddhe ratanam paṇītam. etena saccena suvatthi hotu.

idam'pi	pn	m.n.s	just this, this too
buddhe	n	m.loc.s	in the Buddha
ratanaṁ	n	nt.n.s	gem, jewel, treasure
paṇītaṁ.	adj	nt.n.s	superior, sublime, refined; lit. directed towards
etena	pn	nt.ins.s	by this
saccena	n	nt.ins.s	by the truth
suvatthi	n		safety, well-being, blessing $su+[v]+\sqrt{as+ti}$
hotu.	V	imp.3.s	may it be

this, too, is a superior treasure in the Buddha. by this truth may there be well-being.

khayam virāgam amatam paṇītam, yad-ajjhagā sakya-munī samāhito. na tena dhammena sam-atthi kiñci,

khayaṁ	n	m.ac.s	waste, destruction, consumption decay
virāgaṁ	n	m.ac.s	dispassion; absence of desire.
amataṁ	n	nt.ac.s	the deathless state
paṇītaṁ,	adj	nt.ac.s	excellent; delicious
yad-	pn	m.ac.s	that which
ajjhagā	V	imperf.3.s	got, obtained, achieved, experienced
sakya-muni	n	m.n.s	the noble sage of the Sakyans.
samāhito.	pp	m.n.s	collected (of mind), settled, composed, firm,
			attentive
na	ind	neg	not
tena	pn	m.ins.s	by that
dhammena	n	m.ins.s	by teaching
sama-	adj		even; equal; level; similar
atthi	V	pr.3.s	there is, it is, it does
kiñci,	pn	nt.n.s	some, something, anything

the excellent deathlessness, destruction, dispassion, that which achieved by the settled sakyan sage. there is no something equal to that Dhamma.

yam buddha-seṭṭho parivaṇṇayī sucim, samādhim-ānantarikañ'ñam-āhu. samādhinā tena samo na vijjati,

yaṁ	pn	m.ac.s	that what
buddha-	n		the Buddha
seṭṭho	adj	m.n.s	foremost; excellent, best
parivaṇṇayi	V	aor.3.s	has praised all around, extolled, described
sucim,	adj	m.ac.s	pure, clean, white
samādhiṁ-	n	m.ac.s	stability of mind; concentration
an'antarikaṁ-	adj	m.ac.s	without interval, immediate
yaṁ-	pn	m.ac.s	that what
āhu.	V	perf.3.pl	they has said, called

samādhinā	n	m.ins.s	by stability of mind; concentration
tena	pn	m.ins.s	by that
samo	adj	m.n.s	even; equal; level; similar
na	ind	neg	not
vijjati,	V	pr.3.s	exists; to be found.

what the excellent awakened one described as pure and called the concentration without interval. no equal to that concentration can be found.

ye puggalā aṭṭha sataṁ pasatthā, cattāri etāni yugāni honti. te dakkhiṇeyyā sugatassa sāvakā, etesu dinnāni mahapphalāni.

ye	pn	m.n.pl	those which
puggalā	n	m.n.pl	an individual; a people
aṭṭha	adj	m.n.pl	eight
sataṁ	n	m.gen.pl	of virtuous people, of good people, of wise
			people, of sages
pasatthā,	pp	m.n.pl	praised; commended; extolled
cattāri	adj	nt.n.pl	four
etāni	pn	nt.n.pl	those
yugāni	n	nt.n.pl	pairs
honti.	V	pr.3.pl	they are, there are
te	pn	m.n.pl	those
dakkhiṇeyyā	adj	m.n.pl	worthy of an offering
sugatassa	n	m.gen.s	of the Buddha, one well-gone
sāvakā,	n	m.n.pl	hearers; disciples
etesu	pn	m.loc.pl	in those, in them
dinnāni	n	nt.n.pl	what is given; offered, gifts
mahapphalāni.	adj	nt.n.pl	rich in result

the eight individuals, praised by the virtuous people, they are those four pairs. they worthy of an offerings, disciples of the one well-gone. what is given to them is rich in result.

ye su'p'payuttā manasā daļhena, nikkāmino gotama-sāsanamhi. te patti-pattā amataṁ vigayha, laddhā mudhā nibbutiṁ bhuñjamānā.

ye	pn	m.n.pl	those who
su'p'payuttā	pp	m.n.pl	well applied, intent on, devoted to
manasā	n	m.ins.s	with mind
daļhena,	adj	m.ins.s	with firm, strong, solid; steady,
nikkāmino	adj	m.ins.s	with effort, endurance, persistence, lit. going out
gotama-	adj		belonging to the Gotama clan, the Buddha
sāsanamhi.	n	m.loc.s	in the Teaching, message
te	pn	m.n.pl	those
patti-	n	f	attainment, acquisition
pattā	pp	m.n.pl	reached; attained; obtained
amataṁ	n	nt.ac.s	deathless state
vigayha,	V	abs	having entered or plunged into
laddhā	V	abs	having got, received, or attained
mudhā	ind		gratis; for nothing, freely
nibbutiṁ	n	f.ac.s	extinguishment; being quenched; being put out;
			going cold
bhuñjamānā.	pr.p	m.n.pl	enjoying

those who with firm mind, with effort, well applied in Gotama's message, reached attainment, having plunged into the Deathlessness, having got, they enjoy the peace freely.

yath-inda-khīlo pathavim sito siyā, catubbhi vātehi asampakampiyo. tath-ūpamam sappurisam vadāmi, yo ariya-saccāni avecca passati.

yathā-	ind		as; like; just as
indakhīlo	n	m.n.s	Indra's column, gate post of a city
pathaviṁ	n	f.ac.s	the earth
sito	pp	m.n.s	dependent on, attached to

siyā,	V	opt.3.s	it could be
catubbhi	adj	m.ins.pl	by four
vātehi	n	m.ins.pl	by winds
asampakampiyo.	pt.p	m.n.s	not can be shaken, not can be moved
tathā-	ind		thus; so; in that way; likewise
upamaṁ	adj	m.ac.s	like, similar, equal
sappurisaṁ	n	m.ac.s	a good, worthy man
vadāmi,	V	pr.1.s	I speak, say
yo	pn	m.n.s	that who
ariyasaccāni	n	nt.ac.pl	noble truths.
avecca	ind		certainly, definitely, absolutely, perfectly
passati.	V	pr.3.s	see, understand

as the indra's post, dependent on the earth, could not be shaken by the four winds, likewise I speak about the worthy man, who perfectly see the noble truths.

ye ariya-saccāni vibhāvayanti, gambhīra-paññena sudesitāni. kiñcāpi te honti bhusa-p'pamattā, na te bhavaṁ aṭṭhamam-ādiyanti.

ye	pn	m.n.pl	those who
ariyasaccāni	n	nt.ac.pl	noble truths.
vibhāvayanti,	V	pr.3.pl	they understand clearly
gambhīra-	adj		deep, profound, unfathomable, well founded
paññena	adj	m.ins.s	by wise, intelligent, learned, knowledgeable,
			skilled
sudesitāni.	pp	nt.ac.pl	well preached
kiñcāpi	ind		however much, even if, even though
te	pn	m.n.pl	they
honti	V	pr.3.pl	they are
bhusam-	ind	adv	exceedingly, extremely
pamattā,	adj	m.n.pl	careless, heedless, negligent, inattentive
na	ind	neg	not
te	pn	m.n.pl	they
bhavaṁ	n	m.ac.s	existence, state of being

aṭṭhamaṁ-	adj	m.ac.s	eighth
adiyanti.	V	pr.3.pl	they take up; seize on, grasp, appropriate

those who understand clearly the noble truths, well-taught by the one of deep wisdom. even if they are exceedingly heedless, do not take up the eighth existence.

sahā'v-assa dassana-sampadāya, taya'ssu dhammā jahitā bhavanti. sakkāya-diṭṭhi vicikicchitañ'ca, sīlabbataṁ vā pi yad-atthi kiñci.

sahā-	ind		with, together, accompanied by
eva	ind		just
assa	pn	m.gen.s	his, one's
dassana-	n		insight, seeing, vision
sampadāya,	n	f.ins.s	with success; attainment
tayo-	adj		three
ssu	ind		certainly; definitely
dhammā	n	m.n.pl	things
jahitā	pp	m.n.pl	left; abandoned.
bhavanti.	V	pr.3.pl	become
sakkāyadiţţhi	n	m.n.s	view of individuality
vicikicchitañ'ca,	n	nt.n.s	and doubt
sīlabbataṁ	n	nt.n.s	ceremonial observances, precepts and practices
vā'pi	ind		or even
yad-	pn	nt.n.s	whatever
atthi	V	pr.3.s	there is
kiñci,	pn	nt.n.s	some, something, anything

together with attainment one's insight, three things can be abandoned: identity-views, doubt and whatever (attachment) to precepts and practices there are.

catūh'apāyehi ca vippamutto, cha c'ābhiṭhānāni abhabbo kātuṁ

catūh-	adj	m.abl.pl	from four
apāyehi	n	m.abl.pl	from hells; states of loss and woe

ca	ind	conj	and
vippamutto,	pp	m.n.s	released, set free, saved
cha	adj	ac.pl	six
ca-	ind		and
abhiṭhānāni	n	nt.ac.pl	great or deadly crimes
abhabbo	adj	m.n.s	impossible, not likely, unable, incapable
kātuṁ	V	inf	to do

### released from the four hells, and incapable to do the six great crimes.

kiñcāpi so kammam karoti pāpakam, kāyena vācāy-uda cetasā vā. abhabbo so tassa paṭicchādāya, abhabbatā diṭṭha-padassa vuttā.

kiñcāpi	ind		however much, even if, even though
SO	pn	m.n.s	he
kammaṁ	n	nt.ac.s	action, deed
karoti	V	pr.3.s	done, performs, makes
pāpakaṁ,	adj	nt.ac.s	bad, wicked; sinful
kāyena	n	m.ins.s	by body
vācāya	n	f.ins.s	by word; speech; saying.
uda	ind		or
cetasā	n	m.ins.s	by mind
vā.	ind		or
abhabbo	adj	m.n.s	impossible, not likely, unable, incapable
SO	pn	m.n.s	he
tassa	pn	m.dat.s	to this
paṭicchādāya,	adj	m.dat.s	to hiding, covering, concealing
abhabbatā	n	f.n.s	impossibility, unlikelihood
diṭṭha-	pp		seen; found; understood
padassa	n	m.dat.s	for way, path
vuttā.	pp	f.n.s	said, ascribed

even if he performs bad deed, by body, speech, or mind, he is incapable to hiding this, an incapability is said about one who has seen the way.

vana-p'pagumbe yathā phussi't'agge, gimhāna-māse paṭhamasmiṁ gimhe. tath-ūpamaṁ dhamma-varaṁ adesayi, nibbāna-gāmiṁ paramaṁ hitāya.

vana-	n		forest; wood
pagumbe	n	m.loc.s	in thicket, bush, clump of trees
yathā	ind		as; like; just as
phussita-	pp		nourished, blossomed, flowering
agge,	adj	m.loc.s	in highest part, in top
gimhāna-	n		summer, summerly, the summer season
māse	n	m.loc.s	in month
paṭhamasmiṁ	adj	m.loc.s	in first
gimhe.	n	m.loc.s	in hot
tathā-	ind		so, thus, in this way, likewise
upamaṁ	adj	m.ac.s	like; similar
dhammavaram	n	m.ac.s	the excellent Doctrine
adesayi,	V	aor.3.s	he taught $a + \sqrt{dis} (aya) + i$
nibbānagāmiṁ	adj	m.ac.s	leading to putting out the fire, to Nibbāna
paramaṁ	adj	m.ac.s	superior; best; excellent, highest
hitāya.	adj	m.dat.s	for benefit

like in the forest thicket the top part is flowering, in the first month of the hot season, in the hot, so is the excellent Doctrine he taught, for the highest benefit, leading to Nibbāna.

varo vara'ññū vara'do var'āharo, anuttaro dhamma-varaṁ adesayi.

varo	adj	m.n.s	excellent; noble
vara'ññū	adj	m.n.s	knower the best, who knowing the best
vara'do	adj	m.n.s	giver the best
var'āharo,	adj	m.n.s	one who bring the best
anuttaro	adj	m.n.s	"nothing higher", without a superior,
			incomparable, unexcelled

dhammavaram	n	m.ac.s	the excellen	t Doctrine.
adesayi.	V	aor.3.s	he taught	a+ $√$ dis (aya) + i

excellent one, who knowing the best, giver the best, who bringing the best, unexcelled, he taught the excellent Doctrine.

khīṇam purāṇam navam natthi sambhavam, viratta-citt-āyatike bhavasmim. te khīṇa-bījā a'virūļhi-chandā, nibbanti dhīrā yathā-yam-padīpo.

khīṇaṁ	pp	nt.n.s	exhausted; wasted
purāṇaṁ	adj	nt.n.s	ancient; old; worn out; used; former.
navaṁ	adj	nt.n.s	new, fresh
natthi	V	pr.3.s	there is no
sambhavaṁ,	n	nt.n.s	origin; birth
viratta-	pp		detached (from); without desire (for);
			become indifferent (to); lost interest (in)
citta-	n		mind
āyatike	adj	m.loc.s	in future
bhavasmiṁ	n	m.loc.s	being, existence, becoming
te	pn	m.n.pl	they
khīṇa'bījā	adj	m.n.pl	with destroyed seed
an-	ind	neg	no, not
virūļhi-	n		growth
chandā,	adj	m.n.pl	with desire, wish
nibbanti	V	pr.3.pl	blow out, put out (the fire), attain Nibbāna, are
			extinguished
dhīrā	n	m.n.pl	wise people
yathā-	ind		like, as
ayaṁ-	pn	m.ac.s	this
padīpo.	n	m.n.s	lamp, light, lighting

former are exhausted, there is no new birth, with detached mind for a future becoming. they with destroyed seed, without desire for growth, wise people are extinguished as this lamp.

tathāgataṁ deva-manussa-pūjitaṁ, buddhaṁ namassāma suvatthi hotu.

tathāgataṁ	n	m.ac.s	such become, realised, being in such a state,
			thus gone or thus came
devamanussa-	n		gods and men
pūjitam,	pp	m.ac.s	worshipped, venerated, honored
buddhaṁ	n	m.ac.s	the Buddha
namassāma	V	imp.1.pl	let us worship, venerate, honor, pay honor
suvatthi	n		safety, well-being, blessing $su+[v]+\sqrt{as+ti}$
hotu.	V	imp.3.s	may it be

let us pay homage to the Buddha, the such become worshipped by humans and gods. may there be well-being.

## **KARANĪYA-METTA-SUTTA**

[SNP 8]

karaṇīyam-attha-kusalena yaṁ taṁ santaṁ padaṁ abhisamecca: sakko ujū ca suhujū ca, suvaco c'assa mudu, anatimānī.

karaṇīyaṁ	pt.p	nt.n.s	should be done, must be done, ought to be made
attha-	n		goal, profit, good, welfare, benefit
kusalena	adj	m.ins.s	by skillful
yaṁ	pn	nt.ac.s	that which
taṁ	pn	nt.ac.s	that, he
santaṁ	pp	nt.ac.s	calmed, tranquil, peaceful
padaṁ	n	nt.ac.s	place, position, state
abhisamecca:	V	abs	realizing, completely understanding

# this is to be done by one skilled in benefit, who realizing that state which is peaceful

sakko	adj	m.n.s	able, capable
ujū	adj	m.n.s	straight; upright, honest
ca	ind		and
suhujū	adj	m.n.s	well, very straight, upright
suvaco	adj	m.n.s	obedient; meek
ca	ind		and
assa	V	opt.3.s	he should be
mudu	adj	m.n.s	soft; mild, gentle
anatimānī	adj	m.n.s	not conceited, humble, without arrogance

## he should be capable, straight, upright, obedient, gentle and not conceited

santussako ca subharo ca, appakicco ca sallahuka-vutti, sant-indriyo ca nipako ca, appagabbho kulesu ananugiddho.

santussako	adj	m.n.s	content; glad
ca	ind		and
subharo	adj	m.n.s	easy to support
ca,	ind		and
appakicco	adj	m.n.s	unencumbered, with few obligations, with few
			duties
ca	ind		and
sallahuka-vutti	adj	m.n.s	with light, frugal conduct or character

# (he should be) content and easy to support, with few duties, with frugal way of living,

sant-indriyo	adj	m.n.s	calm; at peace; lit. with calm faculties
ca	ind		and
nipako	adj	m.n.s	intelligent, clever, judicious, prudent
ca,	ind		and
appagabbho	adj	m.n.s	not cheeky, modest, respectful, courteous, not
			proud or impudent
kulesu	n	nt.loc.pl	in supporters; supporting families, lit. family
an-anugiddho.	pp	m.n.s	not covetous; greedy

# with calm faculties, prudent, not impudent, and without greed for supporters.

na ca khuddam samācare kiñci, yena viññū pare upavadeyyum. sukhino vā khemino hontu, sabbe sattā bhavantu sukhit-attā.

na	ind	neg	not
ca	ind		and; as well as, but
khuddaṁ	adj	m.ac.s	small; insignificant, slight
samācare	V	opt.3.s	he should behave, act, conduct oneself
kiñci,	pn	m.ac.s	some, something, anything

# he should not do anything (even) slight,

yena	ind	adv	by which, because of which
viññū	n	m.n.pl	wise people
pare	pn	m.ac.pl	others
upavadeyyum.	V	opt.3.pl	they could, might blame, find fault with, criticize

# because of which wise people might criticize others.

sukhino	adj	m.n.pl	(has ease) happy, at ease
vā	ind		or, and
khemino	adj	m.n.pl	peaceful, safe, secure
hontu,	V	imp.3.pl	may they be

## may they be happy and secure,

sabbe	pn	m.n.pl	all, every
sattā	n	m.n.pl	a living being, creature
bhavantu	V	imp.3.pl	may they be
sukhita-attā.	adj	nt.n.pl	happy; easygoing; (comm) with pleased mind; lit. pleased self

# may all beings be easygoing.

ye keci pāṇa-bhūt-atthi, tasā vā thāvarā vā anavasesā, dīghā vā ye mahantā vā, majjhimā rassak-āṇuka-thūlā.

ye	pn	m.n.pl	that which, whatever
keci	pn	m.n.pl	whoever, whatever, someone, whichever,
pāṇa-	adj		breathing
bhūta-	n		being, living being
atthi,	V	pr.3.pl	there are

# whatever living beings there are

tasā	adj	m.n.pl	movable or trembling
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vā	ind		or
thāvarā	adj	m.n.pl	immobile or firm, strong
vā	ind		or
anavasesā,	adi	m.n.pl	without exception, without remainder

# whether movable or immobile (trembling or strong), without exception,

dīghā	adj	m.n.pl	long, tall
vā	ind		or
ye	pn	m.n.pl	what which, that are, whatever
mahantā	adj	m.n.pl	great, extensive, big
vā,	ind		or

# those that are long or those that are large

majjhimā	adj	m.n.pl	middle; medium, middling
rassaka-	adj		short
āṇuka-	adj		subtle, tiny, minute, atomic
thūlā.	adj	m.n.pl	massive, large, gross

## middling, short, tiny, or gross.

diṭṭhā vā ye ca adiṭṭhā, ye ca dūre vasanti avidūre bhūtā vā sambhavesī vā, sabbe sattā bhavantu sukhit-attā.

diṭṭhā	pp	m.n.pl	that which is seen
vā	ind		or
ye ca	pn	m.n.pl	and that which, whatever
adiṭṭhā	pp	m.n.pl	not seen

## whether they are seen or unseen,

ye	pn	m.n.pl	whatever, whoever, that which
ca	ind		and

dūre	ind		far distant, remote, far away
vasanti	V	pr.3.pl	they live, dwell
avidūre	ind		not far, near

## whether they dwell far or near,

bhūtā	pp	m.n.pl	become; born, produced; existed
vā	ind		or
sambhavesī	adj	m.n.pl	seeking birth
vā,	ind		or

## whether they born or seeking birth

sabbe sattā bhavantu sukhitattā.

## may all beings be easygoing

whether they are seen or unseen, whether they dwell far or near, whether they have come to be or will come to be, may all beings be easygoing!

na paro param nikubbetha, n'ātimaññetha katthaci nam kañci byārosanā, paṭigha-saññā, nāññam-aññassa dukkham-iccheyya.

na	ind		not
paro	n	m.n.s	other, another (person)
param	n	m.ac.s	other, another (person)
nikubbetha	V	opt.3.s refl.	should cheat; should deceive; should defrauds;
			lit. should make down

## one another should not deceive

na-atimaññetha	V	opt.3.s refl	should not despise, scorn, look down (on), have
			contempt (for), condescending (about);
			lit. should not think too much

katthaci	adv		somewhere, anywhere
naṁ	pn	m.ac.s	that, him
kañci	pn	m.ac.s	someone, anyone

# one should not look down on anyone anywhere

byārosanā,	n	f.n.s	making angry, causing anger, being angry
paṭigha-	n		anger; repulsion; collision, conflict
saññā,	n	f.n.s	label, concept, idea, notion, perception

## (throught) causing anger (or) idea of repulsion

na-	ind		not
aññaṁ-aññassa	adj	m.dat.s	lit. one to another
dukkhaṁ-	n		discomfort, suffering, pain, unease, problem,
			trouble
iccheyya.	V	opt.3.s	could wishes; should desires

# one to another should not wish suffering.

mātā yathā niyam puttam āyusā eka-puttam-anurakkhe, evam'pi sabba-bhūtesu, mānasam-bhāvaye aparimāṇam.

mātā	n	f.n.s	mother
yathā	ind	adv	just like a
niyaṁ	adj	m.ac.s	one's own
puttaṁ	n	m.ac.s	child, son
āyusā	n	nt.ins.s	with vitality, with duration of life, with life
eka-	adj		only
puttam-	n	m.ac.s	child, son
anurakkhe,	V	opt.3.s	could protect, should guard

just like a mother with (her) life could protect her son, her only son.

evam-	ind		thus, this, like this, just as, such
pi	ind		even, just so, also
sabba-	adj		all
bhūtesu	pp	m.loc.s	in born; nature as the result of becoming,

living beings

# just like this toward all living beings

mānasaṁ-	n	nt.ac.s	mind; intention, mental action
bhāvaye	V	opt.3.s	could cultivate, should develop
aparimāṇaṁ.	adj.	nt.ac.s	limitless; immeasurable, without boundaries

## one should develop mind without limits.

mettañ'ca sabba-lokasmim, mānasam-bhāvaye aparimāṇam; uddham adho ca tiriyañ'ca, asambādham, averam, asapattam.

mettam-	n	f.ac.s	goodwill, friendliness, benevolence
ca	ind		and
sabba-	adj		all
lokasmiṁ,	n	m.loc.s	in the world

## and with friendliness toward the whole world

mānasam bhāvaye aparimāṇam

## one should develop mind without limits.

uddhaṁ	ind	adv	above, up, on top
adho	ind	adv	below, under
ca	ind		and
tiriyaṁ-	ind	adv	across; transversely
ca	ind		and

# above, below, and across

asambādhaṁ,	adj	nt.n.s	unobstructed, unhindered, unconfined
averaṁ,	adj	nt.n.s	peaceable, mild, friendly, without enmity
asapattam.	adj	nt.n.s	without enmity, peaceful, without hostility,
			without adversary

# unconfined, without enmity, without hostility

tiṭṭhañ-caraṁ, nisinno vā, sayāno vā, yāvat-assa vigata-middho, etaṁ satiṁ adhiṭṭheyya, brahmam'etaṁ vihāraṁ idha'm'āhu.

prp	m.n.s	standing
prp	m.n.s	walking
pp	m.n.s	seated
ind		or
prp	m.n.s	lying down
ind		or
ind		as long as, as far as, of all, to the extent that
pn	m.dat.s	to him
adj	m.n.s	without drowsiness
	prp pp ind prp ind ind pn	prp m.n.s pp m.n.s ind prp m.n.s ind ind prp m.n.s

# standing, walking, seated or lying down as long as he is without drowsiness

etaṁ	pn	f.ac.s	this
satiṁ	n	f.ac.s	memory, mindfulness, presence, recollection,
			awareness
adhiṭṭheyya,	V	opt.3.s	could stand firmly; would determine, resolve

## one should resolve on this mindfulness:

brahmaṁ	adj	m.ac.s	holy, divine, sublime, highest
etaṁ	pn	m.ac.s	this
vihāraṁ	n	m.ac.s	a dwelling place; an abode

idha-	ind	adv	here in this place, in this regard, in this case
āhu.	V	pref.p.3.pl	they said, they call

## here they call this a sublime dwelling.

diṭṭhiñ'ca anupaggamma, sīlavā dassanena sampanno, kāmesu vineyya gedhaṁ, na hi jātu gabbha-seyyaṁ punar-etī'ti.

diṭṭhiṁ-	n	f.ac.s	view, belief, opinion, concept, theory, attitude
ca	ind		and, but, although
anupaggamma,	V	abs	avoiding, not going near, lit. not approaching
sīlavā	adj	m.n.s	virtuous; observing the moral practices
dassanena	n	nt.ins.s	with vision, seeing, looking; sight of
sampanno,	adj	m.n.s	accomplished, fulfilled; successful, completed,
			perfected, endowed

# avoiding (clinging to) view, possessing good behavior, endowed with vision,

kāmesu	n	m.loc.pl	in lust, desire, on sensual pleasures
vineyya	V	abs	removing
gedhaṁ,	n	m.ac.s	greed

# removing greed for sensual pleasures,

na	ind		not
hi	ind		indeed, surely, definitely!
jātu	ind		surely; undoubtedly
gabbha-	n		womb
seyyaṁ	n	f.ac.s	sleeping, sleeping posture
puna-	ind		again
eti	V	pr.3.s	goes, comes, comes back, returns
ti.	ind		69

one definitely and undoubtedly never again comes back to lying in a womb.					

## **KHANDHA-PARITTAM**

[AN 4.67]

virūpakkhehi me mettam, mettam erāpathehi me; chabyā-puttehi me mettam, mettam kanhā-gotamakehi ca;

virūpakkhehi	n	m.ins.pl	with Virūpakkha snakes - family of snakes
me	pn	1.gen.s	my
mettaṁ,	n	nt.n.s	kindness, amity, sympathy, friendliness
mettaṁ	n	nt.n.s	kindness, amity, sympathy, friendliness
erāpathehi	n	m.ins.pl	with Erāpatha snakes - family of snakes
me;	pn	1.gen.s	my
chabyāputtehi	n	m.ins.pl	with Chabyāputta snakes - family of snakes
me	pn	1.gen.s	my
mettaṁ,	n	nt.n.s	kindness, amity, sympathy, friendliness
mettaṁ	n	nt.n.s	kindness, amity, sympathy, friendliness
kaṇhā-	adj		dark, black
gotamakehi	n	m.ins.pl	with Gotamaka snakes – family of snakes
ca;	ind		and

My friendliness with the Virūpakkha snakes, my friendliness with the Erapatha snakes, my friendliness with the Chabyaputta snakes, and my friendliness with the black Gotamaka snakes.

apādakehi me mettam, mettam dipādakehi me; catuppadehi me mettam, mettam bahuppadehi me.

apādakehi	adj	m.ins.pl	with not having feet, footless, creeping
me	pn	1.gen.s	my
mettaṁ,	n	nt.n.s	kindness, amity, sympathy, friendliness
mettaṁ	n	nt.n.s	kindness, amity, sympathy, friendliness
dipādakehi	adj	m.ins.pl	with having two feet

me;	pn	1.gen.s	my
catuppadehi	adj	m.ins.pl	with having four feet, quadrupeds
me	pn	1.gen.s	my
mettaṁ,	n	nt.n.s	kindness, amity, sympathy, friendliness
mettaṁ	n	nt.n.s	kindness, amity, sympathy, friendliness
bahuppadehi	adj	m.ins.pl	with many-footed
me.	pn	1.gen.s	my

my friendliness with the footless, my friendliness with the two-footed, my friendliness with the four-footed, my friendliness with the many-footed.

mā maṁ apādako hiṁsi, mā maṁ hiṁsi dipādako; mā maṁ catuppado hiṁsi, mā maṁ hiṁsi bahuppado.

mā	ind		may not
maṁ	pn	1.ac.s	me
apādako	adj	m.n.s	not having feet, footless, creeping
hiṁsi,	V	aor.3.s	hurt; injured; teased
mā	ind		may not
maṁ	pn	1.ac.s	me
hiṁsi	V	aor.3.s	hurt; injured; teased
dipādako;	adj	m.n.s	having two feet
mā	ind		may not
maṁ	pn	1.ac.s	me
catuppado	adj	m.n.s	having four feet, quadrupeds
hiṁsi,	V	aor.3.s	hurt; injured; teased
mā	ind		may not
maṁ	pn	1.ac.s	me
hiṁsi	V	aor.3.s	hurt; injured; teased
bahuppado.	adj	m.n.s	many-footed

footless may not harm me, two-footed may not harm me, four-footed may not harm me, many-footed may not harm me.

sabbe sattā sabbe pāṇā, sabbe bhūtā ca kevalā; sabbe bhadrāni passantu, mā kiñci pāpam-āgamā.

sabbe	adj	m.n.pl	all; every
sattā	n	m.n.pl	living beings, creatures
sabbe	adj	m.n.pl	all; every
pāṇā,	n	m.n.pl	living beings, breathing beings
sabbe	adj	m.n.pl	all; every
bhūtā	n	m.n.pl	beings, living beings
ca	ind		and
kevalā;	adj	m.n.pl	whole; entire
sabbe	adj	m.n.pl	all; every
bhadrāni	adj	nt.ac.pl	august; auspicious; lucky; good.
passantu,	V	imp.3.pl	may they see, find, understand
mā	ind		may not
kiñci	pn	m.ac.s	some, something, anything
pāpaṁ-	adj		evil, bad
agamā.	v.refl	aor.3.s	came (to), arrived (at), went

# all creatures, all breathing things, entire beings; may all find fortune; may they not come to any evil.

appamāṇo buddho, appamāṇo dhammo, appamāṇo saṅgho, pamāṇavantāni siriṁsapāni; ahi-vicchikā satapadī uṇṇānābhī sarabhū mūsikā

appamāṇo	adj	m.n.s	boundless; unlimited, immeasurable
buddho,	n	m.n.s	the Buddha
appamāṇo	adj	m.n.s	boundless; unlimited, immeasurable
dhammo,	n	m.n.s	the Dhamma
appamāṇo	adj	m.n.s	boundless; unlimited, immeasurable

saṅgho,	n	m.n.s	the Saṅgha
pamāṇavantāni	adj	nt.n.pl	measured, limited
siriṁsapāni;	n	nt.n.pl	snake, reptile, creepy crawly
ahi-	n		snake
vicchikā	n	m.n.pl	scorpions
satapadī	n	m.n.pl	centipedes
uṇṇānābhī	n	m.n.pl	spiders
sarabhū	n	m.n.pl	house lizards
mūsikā	n	f.n.pl	rats; mouses

the Buddha is immeasurable, the Dhamma is immeasurable, the Saṅgha is immeasurable. measured are creeping things: snakes, scorpions, centipedes, spiders, lizards and rats.

katā me rakkhā, katā me parittā, paṭikkamantu bhūtāni. so'haṁ namo bhagavato namo sattannaṁ sammā-sambuddhānaṁ.

katā	pp	m.n.pl	done, worked, made
me	pn	1.ins.s	by me
rakkhā,	n	f.n.pl	protection; safety; shelter.
katā	pp	m.n.pl	done, worked, made
me	pn	1.ins.s	by me
parittā,	n	m.n.pl	protection, safeguard
paṭikkamantu	V	imp.3.pl	may they step backwards, to return
bhūtāni.	n	nt.n.pl	beings
so'	pn	m.n.s	that, he
ahaṁ	pn	1.n.s	I
namo	n	m.n.s	homage, veneration
bhagavato	n	m.dat.s	to the Blessed One
namo	n	m.n.s	homage, veneration
sattannaṁ	adj	m.dat.pl	to seven
sammā-	ind		properly; rightly; thoroughly
sambuddhānam.	n	m.dat.pl	to those who has thoroughly understood, fully
			enlightened, Buddhas

Protection done by me; safeguard done by me. May the beings step backwards. I pay homage to the Blessed One, homage to the seven rightly self-awakened ones.				

## **BUDDHA-DHAMMA-SANGHA-GUNĀ**

[SN 11.3]

iti'pi so bhagavā araham sammāsambuddho vijjācaraṇasampanno sugato lokavidū anuttaro purisadammasārathi satthā devamanussānam buddho bhagavā'ti.

iti'pi	ind		it is so, thus
SO SO	pron.	m.n.s	he
bhagavā	n	m.n.s	Sublime One, Blessed One, Fortunate One,
			the Buddha
arahaṁ	n	m.n.s	enlightened being, 4th stage of the path,
			lit. worthy one
sammā-	ind		completely, thoroughly, fully, totally
			perfectly, rightly, correctly
sambuddho	n	m.n.s	one who has thoroughly understood, being
			enlightened, a Buddha, fully awakened one
vijjā-	n		knowledge, wisdom, understanding
caraṇa-	n		behaviour, conduct
sampanno,	pp	m.n.s	accomplished, fulfilled, completed, become,
			endowed with
sugato,	adj	m.n.s	epithet of the Buddha, lit. well gone
lokavidū,	n	m.n.s	knower of the world (epithet of the Buddha)
anuttaro	adj	m.n.s	highest, unsurpassed, unexcelled, superior
purisadamma-	n		trainable people
sārathi	n	m.n.s	charioteer, driver
satthā	n	m.n.s	master, teacher
deva-	n		deity(s), god(s)
manussānaṁ	n	m.gen.pl	of humans
buddho	adj	m.n.s	awakened, woke up, understood
bhagavā'ti	adj	m.n.s	fortunate, illustrious, sublime, blessed,
			happy, glorious, auspicious

thus he, who is the realised, the worthy one, perfectly awakened one, accomplished in wisdom and behaviour, well gone, knower of the world, unsurpassed driver of the trainable people, teacher of the gods and men, awakened one, the Fortunate One.

'svākkhāto bhagavatā dhammo sandiṭṭhiko akāliko ehipassiko opanayiko paccattaṁ veditabbo viññūhī'ti.

svākkhāto	adj	m.n.s	well taught, well explained
bhagavatā	n	m.ins.s	by Sublime One, Blessed One, fortunate
			one, the Buddha
dhammo	n	m.n.s	the Teaching, Doctrine
sandiṭṭhiko	adj	m.n.s	visible, evident, presently perceivable
akāliko	adj	m.n.s	immediate, timeless
ehipassiko	adj	m.n.s	open to inspection, lit. come! see!
opanayiko	adj	m.n.s	applicable, relevant, practical, useful, lit.
			leading towards (to the goal)
paccattaṁ	adv	ind	for oneself, individually, personally
veditabbo	ptp	m.n.s	can be known, should be understood, must be
			experienced
viññūhi	n	m.ins.pl	by wise people, sages, intelligent people

the Teaching is well explained by the Blessed One, visible, timeless, open to inspection, relevant, can be known individually by wise people.

'supaṭipanno bhagavato sāvakasaṅgho ujupaṭipanno bhagavato sāvakasaṅgho ñāyapaṭipanno bhagavato sāvakasaṅgho, sāmīcipaṭipanno bhagavato sāvakasaṅgho, yadidaṁ cattāri purisayugāni aṭṭha purisapuggalā esa bhagavato sāvakasaṅgho, āhuneyyo pāhuneyyo dakkhiṇeyyo añjalikaraṇīyo anuttaraṁ puññakkhettaṁ lokassā'ti.

supațipanno bhagavato	adj n	m.n.s m.gen.s	going the right way, practiced well of Sublime One, Blessed One, fortunate one, the Buddha
sāvaka- saṅgho	n n	m.n.s	disciple, pupil, lit. hearer Community, assembly
ujupaṭipanno	adj	m.n.s	practices straightly, living uprightly
ñāyapaṭipanno	adj	m.n.s	following the correct method, walking in the right path

sāmīcipaṭipanno	adj	m.n.s	following the right way, living correctly
yadidam	adv	ind	namely, that is, lit. which this
cattāri	adj	m.n.pl	four (4)
purisayugāni	n	nt.n.pl	pairs of people
aṭṭha	adj	m.n.pl	eight (8)
purisapuggalā	n	m.n.pl	individuals, individual person
esa	pn	m.n.s	this
bhagavato	n	m.gen.s	of Sublime One, Blessed One, fortunate
			one, the Buddha
sāvakasaṅgho	n	m.n.s	Community of disciples
āhuneyyo	adj	m.n.s	worthy of offering, lit. should be offered to
pāhuneyyo	adj	m.n.s	worthy of hospitality, deserving to be a guest
dakkhiṇeyyo	adj	m.n.s	worthy of gifts, worthy of offerings
añjali-karaṇīyo	adj	m.n.s	worthy of reverence, lit. should make anjali to
anuttaraṁ	adj	nt.n.s	highest, unsurpassed, unexcelled, superior
puññakkhettaṁ	n	nt.n.s	field of merit; pts: doing good to whom
			brings benefit to the doer
lokassa	n	m.dat.s	for the world, universe, cosmos

the Community of disciples of the Blessed One, that which practiced well, the Community of disciples of the Blessed One, that living morally upright life, the Community of disciples of the Blessed One, that following the correct method the Community of disciples of the Blessed One, that following the right way that is - four pairs of people and eight individuals this is the Community of disciples of the Blessed One, worthy of offering, worthy of hospitality, worthy of gifts, worthy of reverence, the highest field of merit for the world

#### YAN KINCI RATANAM LOKE

[MJR]

yan kiñci ratanam loke vijjati vividham puthu, ratanam buddha-samam n'atthi. tasmā sotthī bhavantu te.

yaṁ-	pn	m.ac.s	which, whoever, whatever, that which
kiñci	pn	m.ac.s	some, something, anything
ratanaṁ	n	nt.ac.s	jewel, gem, gemstone
loke	n	m.loc.s	in the world
vijjati	V	pr.3.s	exists (in), is found (in), is present (in)
vividhaṁ	adj	m.ac.s	various kinds of
puthu	ind		in many ways, in different ways
ratanaṁ	n	nt.n.s	jewel, gem, gemstone
buddha-	n		the Buddha, Awakened One
samaṁ	adj	nt.n.s	level, even, equal
n'atthi	V	pr.3.s	is not, it is not, there is not, there is no
tasmā	ind		therefore, that is why, lit. from that
sotthī	n	f.n.pl	safety, well-being
bhavantu	V	imp.3.pl	may they be
te	pn	2.dat.s	for you

Whatever various kind of jewel in the world there is found in many ways, a jewel equal to the Buddha does not exist. Therefore may well-being be for you.

yan kiñci ratanam loke vijjati vividham puthu, ratanam dhamma-samam n'atthi. tasmā sotthī bhavantu te.

Whatever various kind of jewel in the world there is found in many ways, a jewel equal to the Dhamma does not exist. Therefore may well-being be for you.

yan kiñci ratanam loke vijjati vividham puthu, ratanam sangha-samam n'atthi. tasmā sotthī bhavantu te.

Whatever various kind of jewel in the world there is found in many ways, a jewel equal to the Sangha does not exist. Therefore may well-being be for you.

sakkatvā buddha-ratanam, osadham uttamam varam, hitam deva-manussānam. buddha-tejena sotthinā nassant'upaddavā sabbe, dukkhā vūpasamentu te.

sakkatvā	V	abs	having honoured; having treated with respect;
			having received hospitably.
buddha-	n		the Buddha, Awakened One
ratanaṁ	n	nt.ac.s	jewel, gem, gemstone
osadhaṁ	n	nt.ac.s	medicine, drug, medicinal herb
uttamaṁ	adj	nt.ac.s	best, highest, ultimate, supreme, top
varaṁ	adj	nt.ac.s	excellent, best, lit. select
hitaṁ	n	nt.ac.s	welfare, good, benefit, blessing
deva-manussānaṁ	n	m.gen.pl	of gods and men
buddha-	n		the Buddha, Awakened One
tejena	n	m.ins.s	by radiance, glory, splendour, power
sotthinā	n	m.ins.s	by safety, well-being
nassantu-	V	imp.3.pl	may they perish, end, get lost, be destroyed
upaddavā	n	m.n.pl	accidents, misfortunes, calamities
sabbe	adj	m.n.pl	all
dukkhā	n	m.n.pl	sufferings
vūpasamentu	V	imp.3.pl	may they settle, become calm, subside
te	pn	2.gen.s	your

Having revered the jewel of the Buddha, the highest, most excellent medicine, the welfare of human and deities. Through the Buddha's might and safety may all obstacles vanish, may your sufferings subside.

sakkatvā dhamma-ratanam, osadham uttamam varam, pariļāh'ūpasamanam. dhamma-tejena sotthinā nassant'upaddavā sabbe, bhayā vūpasamentu te.

pariļāha-	n		discomfort, distress, lit. burning
upasamanaṁ	adj	m.ac.s	quieting, calming, appeasing.
bhayā	n	m.n.pl	fears, frights, terrors, dismays

Having revered the jewel of the Dhamma, the highest, most excellent medicine, calming the distress. Through the Dhamma's might and safety may all obstacles vanish, may your fears subside.

sakkatvā saṅgha-ratanam, osadham uttamam varam, āhuneyyam pāhuneyyam. saṅgha-tejena sotthinā nassant'upaddavā sabbe, rogā vūpasamentu te.

āhuneyyaṁ	adj	m.ac.s	worthy of offerings, lit. should be offered to
pāhuneyyaṁ	adj	m.ac.s	worthy of hospitality, lit. should be received
			as guests
rogā	n	m.n.pl	diseases, illnesses

Having revered the jewel of the Sangha, the highest, most excellent medicine, worthy of offerings, worthy of hospitality. Through the Sangha's might and safety may all obstacles vanish, may your fears subside.

## **BOJJH'ANGA-PARITTAM**

[thai]

bojjh'aṅgo sati-saṅkhāto dhammānaṁ vicayo tathā viriyam'pīti-passaddhi bojjh'aṅgā ca tathā'pare samādh'upekkha-bojjh'aṅgā.

bojjh'aṅgo	n	m.n.s	element of awakening, factor of enlightenment
sati-	n		memory, mindfulness, presence, awareness
saṅkhāto	adj	m.n.s	reckoned, so called, named
dhammānaṁ	n	m.gen.pl	of the qualities
vicayo	n	m.n.s	investigation, examination, probing, analysis,
			discrimination
tathā	ind		so, thus, in such a way, likewise, similarly
viriyaṁ-	n		effort, energy, might, power
pīti-	n		delight, joy, rapture, bliss
passaddhi	n	m.n.s	calmness, tranquillity, peace, stillness, serenity
bojjh'aṅgā	n	m.n.pl	elements of awakening, factors of enlightenment
ca	ind		and
tathā-	ind		so, thus, in such a way, likewise, similarly
apare	adj		another, after, further, next
samādhi-	n		perfect peace of mind, stability of mind, stillness of
			mind
upekkha-	n		mental poise, mental balance, equanimity
bojjh'aṅgā	n	m.n.pl	elements of awakening, factors of enlightenment

# The factors for awakening include mindfulness, investigation of qualities, persistence, rapture, tranquillity, concentration and equanimity factors for awakening.

satt'ete sabba-dassinā muninā sammad-akkhātā bhāvitā bahulī-katā samvattanti abhiññāya nibbānāya ca bodhiyā.

satta-	adj		seven (7)
ete	pn	m.n.pl	these
sabba-	adj		all, every, whole, entire, complete
dassinā	adj	m.ins.s	by seeing, perceiving, knowing, understanding
muninā	n	m.ins.s	by sage

sammā-	ind		completely, thoroughly, fully, totally
akkhātā	pp	m.n.pl	said, told, declared, announced
bhāvitā	adj	m.n.pl	cultivated, developed, lit. caused to be
bahulī-katā	adj	m.n.pl	practised often, devoted oneself to, made much of
saṁvattanti	V	pr.3.pl	they lead (to)
abhiññāya	n	f.dat.s	to the direct knowledge, higher understanding
nibbānāya	n	nt.dat.s	to going out (of a lamp), extinguishing (of a fire),
			quenching
ca	ind		and
bodhiyā	n	f.dat.s	to enlightenment, awakening

These seven, which has been thoroughly told by the sage who understand, when developed and practised often lead to higher knowledge, to extinguishing and to awakening.

etena sacca-vajjena sotthi te hotu sabbadā

etena	pn	m.ins.s	by this
sacca-	n		truth
vajjena	adj	m.ins.s	by speaking, "to be said"
sotthi	n	f.n.s	safety, well-being
te	pn	m.dat.s	for you
hotu	V	imp.3.s	may it be
sabbadā	ind		always, at all times

## By the saying of this truth, may well-being always be for you.

ekasmim samaye nātho moggallānañ'ca kassapam gilāne dukkhite disvā, bojjh'ange satta desayi. te ca tam abhinanditvā rogā muccimsu tan'khane.

ekasmiṁ	adj	m.loc.s	in one
samaye	n	m.loc.s	in time, occasion
nātho	n	m.n.s	protector, lord, refuge
moggallānañ'ca	n	m.ac.s	and Moggallāna
kassapaṁ	n	m.ac.s	Kassapa
gilāne	adj	m.loc.s	in sick, ill

dukkhite	adj	m.loc.s	in when afflicted, miserable, suffering
disvā	V	abs	having seen, having understood, having found
bojjh'aṅge	n	m.ac.pl	elements of awakening, factors of enlightenment
satta	adj	m.ac.pl	seven (7)
desayi.	V	aor.3.s	taught, explained
te	pn	m.n.pl	they
ca	ind		and
taṁ	pn	m.ac.s	that
abhinanditvā	V	abs	having approved (of), having applauded,
			having been pleased (with)
rogā	n	m.abl.s	from disease, illness
mucciṁsu	V	aor.3.pl	they became free
tan'khane	ind		at that moment, immediately

At one time, the Protector having seen that Moggallana and Kassapa were sick and suffering, taught them the seven factors for awakening. They, having been pleased with that, were instantly freed from illness.

etena sacca-vajjena sotthi te hotu sabbadā

# By the saying of this truth, may well-being always be for you.

ekadā dhamma-rājā pi gelaññen'ābhipīļito cundattherena taññeva bhaṇāpetvāna sādaraṁ sammoditvā ca ābādhā tamhā vuṭṭhāsi ṭhānaso.

ekadā	ind		one day, sometimes, at some (unspecified) time
dhamma-rājā	n	m.n.s	just king, righteous ruler
pi	ind		also
gelaññena-	n	nt.ins.s	with sickness, illness
abhipīḷito	pp	m.n.s	oppressed; squeezed, crushed
cunda-ttherena	n	m.ins.s	by elder Cunda
tañ'ñeva = taṁ + eva	pr	n m.ac.s	just that
bhaṇāpetvāna	V	abs	having caused to recite, caused to proclaim
sādaraṁ	ind		affectionately, showing regard and consideration
sammoditvā	V	abs	having rejoiced; having delighted.
ca	ind		and

ābādhā	n	m.abl.s	from disease, sickness, illness, affliction
tamhā	pn	m.abl.s	from that
vuṭṭhāsi	V	aor.3.s	arose (from), emerged (from)
ṭhānaso	ind		on the spot, right there, immediately

Once, when the righteous king was oppressed by sickness, he had the elder Cunda recite that very (teaching) with regard. And having rejoiced, he emerged from that disease.

etena sacca-vajjena sotthi te hotu sabbadā

## By the saying of this truth, may well-being always be for you.

pahīnā te ca ābādhā tiṇṇannam'pi mahesinam, magg'āhata-kilesā va patt'ānuppatti-dhammatam.

pahīnā	pp	m.n.pl	abandoned, dispelled, eliminated, removed,
			given up
te	pn	m.n.pl	they, those
ca	ind		and
ābādhā	n	m.n.pl	disease, sickness, illness, affliction
tiṇṇannam'pi	adj	m.dat.pl	for three
mahesinam	n	m.dat.pl	for great sages
magga-	n		road, path, track, way
āhata-	pp		struck, beaten, stamped, demolished
kilesā	n	m.n.pl	defilements, impurities
va	ind		like, as
patti-	n		reaching, attainment (of), getting
anuppatti-	m		following attainment (of), after getting
dhammataṁ	n	f.ac.s	normal custom, habit; what is to be expected; the
			usual way
			- The state of the

Those diseases were abandoned by the three great seers, just as defilements are demolished by the path, what is to be expected from attainment after attainment.

etena sacca-vajjena sotthi te hotu sabbadā

By the saying of this truth, may well-being always be for you.				

#### **ABHAYA-PARITTAM**

[trad]

yan'dunnimittam avamangalan'ca, yo c'āmanāpo sakunassa saddo, pāpaggaho dussupinam akantam, buddh'ānubhāvena vināsamentu

yan'	pn	nt.n.s	which, whatever, that which
dunnimittaṁ	n	nt.n.s	bad omen
avamaṅgalañ'ca	n	nt.n.s	and bad luck, ill omen
yo	pn	m.n.s	whatever, whichever
c'āmanāpo	adj	m.n.s	and unpleasant, disagreeable, detestable
sakuṇassa	n	m.gen.s	of bird
saddo	n	m.n.s	sound, noise
pāpa-	adj		evil, criminal, wrong, bad, vicious
gaho	n	m.n.s	planet
dussupinam	n	nt.n.s	bad dream, nightmare
akantaṁ	adj	nt.n.s	unpleasant, unwelcome, disagreeable
buddh'ānubhāvena	n	m.ins.s	by the power of the Buddha
vināsamentu	V	imp.3.pl	may they be destroyed

Whatever ill omen and bad luck, and whatever unpleasant bird's sound, evil planets, upsetting nightmares: by the power of the Buddha may they be destroyed.

yan'dunnimittam avamangalan'ca, yo cāmanāpo sakunassa saddo, pāpaggaho dussupinam akantam, dhamm'ānubhāvena vināsamentu

Whatever ill omen and bad luck, and whatever unpleasant bird's sound, evil planets, upsetting nightmares: by the power of the Dhamma may they be destroyed.

yan'dunnimittam avamangalan'ca, yo cāmanāpo sakunassa saddo, pāpaggaho dussupinam akantam, sangh'ānubhāvena vināsamentu

Whatever ill omen and bad luck, and whatever unpleasant bird's sound, evil planets, upsetting nightmares: by the power of the Sangha may they be destroyed.

## **DEVATĀ-UYYOJANA-GĀTHĀ**

## [MJG]

dukkhappattā ca niddukkhā, bhayappattā ca nibbhayā, sokappattā ca nissokā, hontu sabbe pi pāṇino.

dukkhappattā	adj	m.n.pl	being in suffering, afflicted with pain
ca	ind		and
niddukkhā	adj	m.n.pl	free from pain, without suffering
bhayappattā	adj	m.n.pl	being in fear, afflicted with terror
ca	ind		and
nibbhayā	adj	m.n.pl	free from fear, fearless, unafraid
sokappattā	adj	m.n.pl	being in grief, afflicted with sorrow
ca	ind		and
nissokā	adj	m.n.pl	free from sorrow, without grief, not mourning
hontu	V	imp.3.pl	may they be
sabbe	adj	m.n.pl	all
pi	ind		also, and also
pāṇino	n	m.n.pl	living beings, lit. breather

May all living beings who afflicted with suffering be free from pain, may all living beings who afflicted with terror be free from fear, May all living beings who afflicted with sorrow be free from grief.

ettāvatā ca amhehi sambhatam puñña-sampadam sabbe devā anumodantu sabba-sampatti-siddhiyā.

ettāvatā	ind		to this extent, to this degree, so far
ca	ind		and
amhehi	pn	1.ins.pl	by us, with us
sambhataṁ	adj	f.ac.s	brought together, stored up, acquired
puñña-	n		meritorious, good, wholesome, lit. (mental) pure
sampadaṁ	n	f.ac.s	attainment, achievement
sabbe	adj	m.n.pl	all
devā-	n	m.n.pl	deities
anumodantu	V	imp.3.pl	may they rejoice in

sabba	adj	m.n.pl	all
sampatti	n	f.n.s	success, attainment; happiness, bliss, fortune
siddhiyā	n	f.dat.s	for accomplishment, success, prosperity

# May all deities rejoice in meritorious achievement so far acquired by us, for the prosperity of all fortune.

dānam dadantu saddhāya, sīlam rakkhantu sabbadā, bhāvan'ābhiratā hontu, gacchantu devatā-gatā.

nt.ac.s	alms, gift, giving, offering, charity
imp.3.pl	may they give
f.ins.s	with faith, confidence
nt.ac.s	behaviour, conduct, integrity
imp.3.pl	may they protect
	always, at all times
	development, cultivation, meditation
m.n.pl	finding delight (in); content (with), delightful
imp.3.pl	may they be
imp.3.pl	may they go
	deity, god
m.n.pl	become (a certain way), being in (some state),
	gone into (a state)
	imp.3.pl f.ins.s nt.ac.s imp.3.pl m.n.pl imp.3.pl imp.3.pl

# May they give gifts with faith. May they protect virtue always. May they find delight in meditation. May they go the state of deity.

sabbe buddhā balappattā, paccekānañ'ca yaṁ balaṁ, arahantānañ'ca tejena, rakkhaṁ bandhāmi sabbaso.

sabbe	adj	m.n.pl	all
buddhā	n	m.n.pl	the Buddhas, Awakened Ones
balappattā	adj	m.n.pl	come into power; grown strong.
paccekānañ'ca	adj	m.gen.pl	of individual, separate, each
yaṁ	pn	m.ac.s	that which, whatever
balaṁ	n	nt	strength, power, might

arahantānañ'ca	n	m.gen.pl	of enlightened beings, lit. worthy ones
tejena	n	m.ins.s	by radiance, glory, splendour, power
rakkhaṁ	n	f.ac.s	shelter, protection, care
bandhāmi	V	pr.1.s	may I bind, tie up
sabbaso	ind		in every way, completely, altogether

By all Buddhas attained the power, and the power of the solitary ones, and by the might of the worthy ones, may I bind in every way for protection.

## JAYA-MANGALA-ATTHA-GĀTHĀ

[trad]

bāhum sahassam'abhinimmita sāvudhan'tam, grīmekhalam udita-ghora-sasena-māram, dān'ādi-dhamma-vidhinā jitavā mun'indo, tan'tejasā bhavatu te jaya-mangalāni

bāhuṁ	n	m.ac.s	arm
sahassam-	adj		one thousand (1000)
abhinimmita	pp		created, produced, made (by magic)
sāvudhan'	adj	m.ac.s	equipped with a weapon
taṁ	pn	m.ac.s	that
grīmekhalaṁ	n	m.ac.s	Grīmekhala
udita-	pp		spoken, proclaimed, uttered
ghora-	adj		terrible, awful, dreadful, lit. screaming!
sasena-	adj		accompanied by an army.
māraṁ	n	m.ac.s	death, Death personified, evil one
dāna-	n		liberality, generosity
ādi-	n		etc, and so on, lit. beginning with
dhamma-	n		quality
vidhinā	ind		in due method.
jitavā	V	abs	having conquered; having subdued.
mun'indo	n	m.n.s	the great sage.
tan'	pn	m.ac.s	that
tejasā	n	m.ins.s	by radiance, glory, splendor, power
bhavatu	V	imp.3.s	may it be
te	pn	2.dat.s	for you
jaya-	n		victory, conquest, winning
maṅgalāni	n	nt.n.pl	what is auspicious, blessings, good omens,
			prosperity

With thousand created arms, equipped with a weapon, on the elephant Girimekhala, uttered a frightening roar, accompanied by an army, the Evil One. The Great Sage defeated him by means of such qualities as generosity. By the power of that, may the victory and blessings be for you.

mār'ātirekam'abhiyujjhita-sabba-rattim, ghoram'pan'āļavakam'akkhama-thaddha-yakkham, khantī-sudanta-vidhinā jitavā mun'indo.

māra-	n	m.ac.s	death, Death personified, evil one
atirekam-	adj	m.ac.s	more (than); superior, higher
abhiyujjhita-	adj		making war
sabba-	adj		all
rattiṁ	n	f.ac.s	night
ghoram'	adj		terrible, awful, dreadful
pana'	ind		moreover, and now, but
āļavakam'	n	m.ac.s	the yakkha of Āļavī, Āļavaka
akkhama-	adj		impatient (with), intolerant (of), not able to
			endure
thaddha-	adj		proud, arrogant, lit. stiff
yakkhaṁ	n	m.ac.s	supernatural being, spirit, demon, yakkha
khantī-	n		patience, endurance, tolerance
sudanta-	adj		well tamed, well trained, well controlled
vidhinā	ind		in due method.
jitavā	V	abs	having conquered; having subdued.
mun'indo	n	m.n.s	the great sage.

Even more frightful than mara making war all night was Āļavaka, the arrogant impatient demon, the Great Sage defeated him by means of well-trained endurance.

tan'tejasā bhavatu te jaya-maṅgalāni.

By the power of that, may the victory and blessings be for you.

nāļāgirim gaja-varam atimatta-bhūtam, dāv'aggi-cakkam'asanī'va, sudāruṇan'tam, mett'ambu-seka-vidhinā jitavā mun'indo.

nāļāgirim	n	m.ac.s	Nāļāgiri
gaja-	n		elephant
varaṁ	adj	m.ac.s	excellent, best, lit. select
atimatta-	adj		maddened, over deluded

bhūtaṁ	pp	m.ac.s	become
dāv'aggi-	n		forest-fire
cakkam-	n		a circular missile, a discus
asanī'va	n		like thunderbolt; a lightning flash.
sudāruṇan'	adj		very brutal, savage, vicious, cruel
taṁ	pn	m.ac.s	that
metta'	n		goodwill, friendliness, benevolence
ambu-	n		water
seka-	n		sprinkling
vidhinā	ind		in due method.
jitavā	V	abs	having conquered; having subdued.
mun'indo	n	m.n.s	the great sage.

Nāļāgiri, the excellent elephant, when maddened, was very cruel, like a forest fire, a flaming discus, a lightning bolt. The lord of sages defeated him by sprinkling the water of good will.

tan'tejasā bhavatu te jaya-maṅgalāni.

## By the power of that, may the victory and blessings be for you.

ukkhitta-khaggam-atihattha-sudāruṇan'taṁ, dhāvan'ti-yojana-path'aṅguli-mālavantaṁ. iddhī'bhisaṅkhata-mano jitavā mun'indo.

ukkhitta-	pp		lifted up, drawn up, raised, lit. thrown up
khaggam-	n	m.ac.s	sword
atihattha-	adj		over-hand, expert hand
sudāruṇan'	adj		very brutal, savage, vicious, cruel
taṁ	pn	m.ac.s	that
dhāvam-	m	m.ac.s	running, racing.
ti-	adj		three (3)
yojana-	n		measure of length; approximately twenty
			kilometres
patha-	n		way, path
aṅguli-	n		finger
mālavantaṁ	adj	m.ac.s	garlanded-with

iddhī'	n		psychic power
abhisaṅkhata-	adj		prepared, fixed, made up, arranged, done
mano	n	m.n.s	mind
jitavā	V	abs	having conquered; having subdued.
mun'indo	n	m.n.s	the great sage.

Very cruel, with a sword upraised in his expert hand, Garlanded-With-Fingers ran three yojanas along the path. The lord of sages defeated him with mind-made psychic powers.

tan'tejasā bhavatu te jaya-mangalāni.

## By the power of that, may the victory and blessings be for you.

katvāna kaṭṭḥam'udaraṁ iva gabbhinīyā, ciñcāya duṭṭḥa-vacanaṁ janakāya-majjhe, santena soma-vidhinā jitavā mun'indo

katvāna	V	abs	having done, having made	
kaṭṭham'	n		stick, plank, log, wood, timber	
udaraṁ	n	nt.ac.s	stomach, belly	
iva	ind		like, as	
gabbhinīyā	adj	f.	pregnant	
ciñcāya	n	f.	tamarind tree, Ciñca	
duṭṭha-	adj		wicked, evil, bad, corrupt	
vacanaṁ	n	nt	word, utterance, talk, statement	
janakāya-	n	m	crowd of people, lit. people body	
majjhe	ind		in the middle, in the midst (of)	
santena	adj	m.ins.s	still, calm, at peace, tranquil	
soma-	n		nectar	?
vidhinā	ind		in due method.	
jitavā	V	abs	having conquered; having subdued.	
mun'indo	n	m.n.s	the great sage.	

Having made a wooden belly like a pregnant, Ciñca made an evil statement in the midst of the crowd of people. The lord of sages defeated her with peaceful, gracious means.

tan'tejasā bhavatu te jaya-mangalāni.

## By the power of that, may the victory and blessings be for you.

saccam vihāya mati-saccaka-vāda-ketum, vādābhiropita-manam ati-andha-bhūtam, paññā-padīpa-jalito jitavā mun'indo

saccaṁ		n	nt.ac.s	truth
vihāya		V	ger	abandoning, forsaking, leaving; giving up
mati-		n		mind, opinion, thought, thinking of
	or	adj		believing, thinking, perceiving, -minded
saccaka-		n		Saccaka
vāda-		n		speech, statement, assertion, what is said
ketuṁ		n		pride, arrogance or banner, flag or appearance
vāda-		n		debate, argument, disputation
abhiropita-		adj		put on top, placed, (of an argument) refuted,
				debunked, disproved
manaṁ		n		mind, mental faculty, intellect
ati-		ind		in excess, extremely very, thoroughly
andha-		n		blind person, lit. dark
bhūtaṁ		pp	m.ac.s	become, born
paññā-		n		wisdom, knowledge, intelligence, intellect,
				understanding, insight
padīpa-		n		lamp, light, lighting
jalito		adj	m.n.s	bright, shining, blazing
jitavā		V	abs	having conquered; having subdued.
mun'indo		n	m.n.s	the great sage.

Saccaka, whose provocative views had abandoned the truth, delighting in argument, had become thoroughly blind. The lord of sages defeated him with the shining light of wisdom.

tan'tejasā bhavatu te jaya-mangalāni.

By the power of that, may the victory and blessings be for you.

nandopananda-bhujagam vibudham mah'iddhim, puttena thera-bhujagena dam'āpayanto, iddh'ūpadesa-vidhinā jitavā mun'indo

nandopananda-	n		Nandopananda
bhujagaṁ	n	m.ac.s	snake
vibudhaṁ	n		with distorted wisdom
mah'iddhim	adj		of great supernatural power, magically powerful
puttena	n	m.ins.s	by son
thera-	adj		old, elderly, senior
bhujagena	n	m.ins.s	by snake
dama-	n		taming, restraint, self-control
apayanto	prp	m.n.s	going away; is retreating.
iddhi-	n		psychic power
upadesa-	n		pointing out, indication, instruction, advice
vidhinā	ind		in due method.
jitavā	V	abs	having conquered; having subdued.
mun'indo	n	m.n.s	the great sage.

Nandopananda was a serpent with great power but wrong views. The Lord of Sages defeated him by means of a display of marvels, sending his son, the serpent-elder, to tame him.

tan'tejasā bhavatu te jaya-maṅgalāni.

## By the power of that, may the victory and blessings be for you.

duggāha-diṭṭhi-bhujagena sudaṭṭha-hatthaṁ, brahmaṁ visuddhi-jutim'iddhi-bak'ābhidhānaṁ, ñāṇā-gadena vidhinā jitavā mun'indo

duggāha-	adj		taking hold of wrongly; a bad seizing
diṭṭhi-	n		view, belief, opinion
bhujagena	n	m.ins.s	by snake
sudaṭṭha-	adj		well bitten
hatthaṁ	n	m.ac.s	hand
brahmaṁ	n	m.ac.s	God, creator god, Brahma
visuddhi-	n		purity (of), purification (of), holiness

jutim-	n		effulgence; brightness; splendor.
iddhi-	n		psychic power
baka-	n		Baka
abhidhānaṁ	n	nt.ac.s	name; appellation.
ñāṇā-	n		knowledge, understanding, insight
gadena	n	m.ins.s	by speech, sentence
vidhinā	ind		in due method.
jitavā	V	abs	having conquered; having subdued.
mun'indo	n	m.n.s	the great sage.

His hands were strongly bitten by the serpent of wrongly held views, the Brahma, by name Baka, (thought himself) pure in his radiance & power. The Lord of Sages defeated him by means of his words of knowledge.

tan'tejasā bhavatu te jaya-mangalāni.

#### By the power of that, may the victory and blessings be for you.

etā pi buddha-jaya-maṅgala-aṭṭha-gāthā, yo vācano dina-dine sarate'm'atandī, hitvān'aneka-vividhāni c'upaddavāni, mokkhaṁ sukhaṁ adhigameyya naro sapañño

etā	pn	f.n.pl	these
pi	ind		also, and also
buddha-	n		the Buddha
jaya-	n		victory, conquest, winning
maṅgala-	adj		auspicious, sacred, blessed
aṭṭha-	adj		eight (8)
gāthā	n	f.n.pl	verses, poems, stanzas
yo	pn	m.n.s	whoever
vācano	n	m.n.s	recitation, reading
dina-	n		day
dine	n	m.ac.pl	days
sarate-m'	V	opt.3.s	could remember
atandī	adj		not lazy; active.
hitvāna	V	abs	having left, having left behind, having
			abandoned

aneka-	adj		many, various, countless, lit. not one
vividhāni	adj	nt.ac.pl	various kinds of
c'upaddavāni	n	nt.ac.pl	and accidents, misfortunes
mokkhaṁ	n	m.ac.s	release, freedom
sukhaṁ	n	nt.ac.s	ease, comfort, happiness, pleasure
adhigameyya	V	opt.3.s	could attain
naro	n	m.n.s	man
sapañño	adj	m.n.s	wise, intelligent, lit. with wisdom

These eight verses of the Buddha's auspicious victory. Whoever recites or remember them day after day not lazy, destroying all kinds of obstacles, will attain emancipation & happiness, the man with wisdom.

#### **JAYA-PARITTAM**

[MJG]

mahā-kāruṇiko nātho hitāya sabba-pāṇinam, pūretvā pāramī sabbā, patto sambodhim'uttamam.

mahā-	adj		great, large, powerful, grand, vast, extensive
kāruņiko	adj	m.n.s	compassionate; full of compassion.
nātho	n	m.n.s	protector, lord, refuge
hitāya	n	nt.dat.s	for welfare, good, benefit, blessing
sabba-	adj		all
pāṇinaṁ	n	m.gen.pl	of living beings
pūretvā	V	abs	having filled, having filled up
pāramī	n	f.ac.pl	perfection, transcendental virtue, lit. furthest
sabbā	adj	f.ac.pl	all
patto	pp	m.n.s	attained, reached, gained, found
sambodhim'	n	f.ac.s	full awakening, enlightenment
uttamaṁ	adj	f.ac.s	best, highest, ultimate, supreme, top

The Protector, with great compassion for the welfare of all beings, having fulfilled all the perfections, attained the highest full awakening.

etena sacca-vajjena hotu te jaya-mangalam

etena	pn	m.ins.s	by this
sacca-	n		truth
vajjena	n	m.ins.s	by speaking, utterance
hotu	V	imp.3.s	may it be
te	pn	m.dat.s	for you
jaya-	n		victory, conquest, winning
maṅgaṁ	n	nt.n.s	what is auspicious, blessing, good omen, prosperity

## By the utterance of this truth, may victory and blessing always be for you.

jayanto bodhiyā mūle, sakyānam nandi-vaḍḍhano. evam tvam vijayo hohi, jayassu jayamangale.

jayanto	prp	m.n.s	conquering; surpassing, victorious
bodhiyā	n	f.gen.s	of the tree of wisdom, the sacred Bo tree
mūle	n	m.loc.s	in root, base, foot (of a tree)
sakyānaṁ	n	m.gen.s	of Sakyans
nandi-	n		pleasure, enjoyment, delight
vaḍḍhano	adj	m.n.s	increasing, growing
evaṁ	ind		thus, this, like this, just as, such
tvaṁ	pn	2.n.s	you
vijayo	adj	m.n.s	victorious; conquering, mastering; surpassing
hohi	V	pr.2.s	may you be
jayassu	v imp.reflx.2.s		may you win, attain
jaya-	n		victory, conquest, winning
maṅgale	n	nt.ac.pl	what is auspicious, blessings, good omens, prosperities

Victorious at the foot of the Bodhi tree, he who increased the Sakyans delight. May you be victorious like this, may you attain victory and blessings.

aparājita-pallanke, sīse paṭhavi-pokkhare, abhiseke sabba-buddhānam, aggappatto pamodati.

aparājita-	adj		unconquered, undefeated, victorious, triumphant
pallaṅke	n	m.loc.s	in cross-legged sitting position
sīse	n		head, crown
paṭhavi-	n		earth, ground
pokkhare	n		blue lotus flower, blue lotus petal
abhiseke	n		coronation, inauguration, investiture, lit. anointing
sabba-	adj		all
buddhānaṁ	n	m.gen.pl	of the Buddhas, Awakened Ones
agga-	adj		highest, topmost, foremost
patto	pp	m.n.s	attained, reached, gained, found
pamodati	V	pr.3.s	is delighted, is very happy, is jubilant

In the undefeated cross-legged sitting posture, with (his) head (like) the lotus (above) the ground, and consecrated by all the Buddhas, he is very happy attained the highest.

[AN 3.156] sunakkhattam sumangalam, supabhātam suvuṭṭhitam. sukhaṇo sumuhutto ca, suyiṭṭham brahmacārisu.

sunakkhattaṁ	n	nt.n.s	auspicious occasion
sumaṅgalaṁ	adj	nt.n.s	very auspicious, propitious, beneficial
supabhātaṁ	n	nt.n.s	beautiful sunrise, good dawn
suvuṭṭhitaṁ	n	nt.n.s	good wake up, pleasant rising, lit. well risen
sukhaṇo	n	m.n.s	precious moment
sumuhutto	n	m.n.s	good moment, auspicious time
ca	ind		and
suyiṭṭhaṁ	adj		well given, properly offered, lit. well sacrificed
brahma-cārisu	n	m.loc.pl	in celibate people, those who living the holy life

Truly propitious and auspicious, a beautiful sunrise and a good wake up, a precious moment and a blissful hour. (will come for those who) properly offered to those leading the spiritual life.

padakkhiṇam kāya-kammam, vācā-kammam padakkhiṇam, padakkhiṇam mano-kammam paṇīdhi te padakkhiṇe. padakkhiṇāni katvāna, labhant'atthe padakkhiṇe.

padakkhiṇaṁ	adj	nt.n.s	lucky auspicious, turning out well or favourable
kāya-kammaṁ	n	nt.n.s	bodily action
vācā-kammaṁ	n	nt.n.s	verbal action
padakkhiṇaṁ	adj	nt.n.s	lucky auspicious, turning out well or favourable
padakkhiṇaṁ	adj	nt.n.s	lucky auspicious, turning out well or favourable
mano-kammaṁ	n	nt.n.s	mental action
paṇīdhi	n	f	aspiration, intention, prayer, determination
te	pn	m.n.pl	they
padakkhiņe	adj		lucky auspicious, turning out well or favorable
padakkhiṇāni	adj	nt.ac.pl	what is lucky auspicious, turning out well or
			favorable
katvāna	V	abs	having done, having made
labhanta-	prp		getting; obtaining; attaining.
atthe	n	m.ac.pl	benefits, profits, good, welfare
padakkhiṇe	adj	m.ac.pl	lucky auspicious, turning out well or favorable

Auspicious is bodily action, verbal action is auspicious, auspicious is mental action, (when have) auspicious intention. Having done the auspicious they get auspicious benefits.

#### BHAVATU-SABBA-MANGALAM

bhavatu sabba-maṅgalaṁ rakkhantu sabba-devatā, sabba-buddh-ānubhāvena, sadā sotthī bhavantu te.

bhavatu	V	imp.3.s	may it be
sabba-	adj		all; every; whole; entire
maṅgalaṁ	n	nt.n.s	blessing, luck, bliss
rakkhantu	V	imp.3.s	may they protect; guard
sabba-	adj		all; every; whole; entire
devatā,	n	f.n.pl	deities
sabba-	adj		all; every; whole; entire
buddha-	n		the Buddha
ānubhāvena,	n	m.ins.s	by the power, splendour, majesty
sadā	ind		ever; always
sotthī	n	f.n.pl	well-being; safety; blessing
bhavantu	V	imp.3.pl	may they be
te.	pn	1.dat.s	for you

may every blessing come to be may all deities protect (you), by the power of all Buddhas may safety always be for you.

## **FUNERAL CHANTS**

## PUBBA-BHĀGA-NAMA-KĀRA-PĀŢHO

namo tassa bhagavato arahato sammā-sambuddhassa

namo	ind		reverence to, veneration, homage
tassa	pn	m.gen.s	to him
bhagavato	n	m.dat.s	to Sublime One, Blessed One, Fortunate One
arahato	n	m.dat.s	to enlightened being, 4th stage of the path,
			lit. worthy one
sammā-	ind		completely, thoroughly, fully, totally
			perfectly, rightly, correctly
sambuddhassa	n	m.dat.s	to one who has thoroughly understood, being
			enlightened, a Buddha, fully awakened one

Homage to him, to the Blessed One, the worthy one, perfectly awakened one

#### **DHAMMA-SANGANĪ-MĀTIKĀ**

[Abhi Dhs 1]

kusalā dhammā. akusalā dhammā. abyākatā dhammā

kusalā	adj	m.n.pl	beneficial, useful, good, wholesome
dhammā	n	m.n.pl	dhammas
akusalā	adj	m.n.pl	unskillful, unbeneficial, useless, unwholesome
abyākatā	adj	m.n.pl	undefined, undetermined

#### Wholesome dhammas, unwholesome dhammas, undetermined dhammas

sukhāya vedanāya sampayuttā dhammā. dukkhāya vedanāya sampayuttā dhammā. adukkhamasukhāya vedanāya sampayuttā dhammā.

sukhāya	adj	f.ins.s	with easy, comfortable, pleasant, good
vedanāya	n	f.ins.s	with felt experience, feeling, sensation
sampayuttā	adj	m.n.pl	associated with, connected
dhammā	n	m.n.pl	dhammas
dukkhāya	adj	f.ins.s	with uncomfortable, painful, unpleasant
adukkhamasukhā	ya adj	f.ins.s	with neutral, neither unpleasant nor pleasant,
			neither comfortable nor uncomfortable

## Dhammas associated with pleasant feeling, dhammas associated with unpleasant feeling, dhammas associated with neutral feeling.

vipākā dhammā. vipāka-dhamma-dhammā. n'eva vipāka na vipāka-dhamma-dhammā.

vipākā	adj	m.n.pl	with result, having consequence
dhammā	n	m.n.pl	dhammas
vipāka-dhamma-	adj		subject to consequential, by nature having result
dhammā	n	m.n.pl	dhammas
n'eva	ind		neither, not

Dhammas having consequence, subject to consequential dhammas, neither consequential nor subject to consequential dhammas.

upādinn'upādāniyā dhammā. anupādinn'upādāniyā dhammā. anupādinn'ānupādāniyā dhammā.

upādinna-	pp		grasped, clung to, attached to, taken as "mine",
			acquired
upādāniyā	adj	m.n.pl	which can be grasped, which could be clung to,
			connected with grasping
anupādinna-	pp		not grasped, not clung to, not attached to,
			not taken as "mine", not acquired
anupādāniyā	adj	m.n.pl	which cannot be grasped, which could not be
			clung to, not connected with grasping

## Dhammas clung and can be grasped to, dhammas not clung but can be grasped to, dhammas neither clung nor can be grasped to

saṅkiliṭṭha-saṅkilesikā dhammā. asaṅkiliṭṭha-saṅkilesikā dhammā. asaṅkiliṭṭhʾāsaṅkilesikā dhammā.

saṅkiliṭṭha-	adj		stained, tarnished, impure, corrupt, foul
saṅkilesikā	adj	m.n.pl	baneful, sinful, subject to defilements
asaṅkiliṭṭha-	adj		not stained, not impure, not corrupt, not foul
asaṅkilesikā	adj	m.n.pl	not baneful, not sinful, not subject to defilements

## dhammas defiled and subject to defilements, dhammas undefiled but subject to defilements, dhammas neither defiled and subject to defilements.

savitakka-savicārā dhammā. avitakka-vicāra-mattā dhammā. avitakk'āvicārā dhammā.

savitakka-	adj		with thinking, with reflection
savicārā	adj	m.n.pl	with investigation, with consideration
avitakka-	adj		free from thinking, free from reflection
vicāra-	n		investigation, planning, examination
mattā	adj	m.n.pl	measured
avicārā	adj	m.n.pl	free from planning, investigation, examination

dhammas with thought and examination, dhammas free from thought but measured examination, dhammas free from thought and free from examination.

pīti-sahagatā dhammā. sukha-sahagatā dhammā. upekkhā-sahagatā dhammā. dassanena pahātabbā dhammā. bhāvanāya pahātabbā dhammā. n'eva dassanena na bhāvanāya pahātabbā dhammā.

pīti-sahagatā	adj	m.n.pl	accompanied by joy
sukha-sahagatā	adj	m.n.pl	accompanied by happiness
upekkhā-sahagatā	adj	m.n.pl	accompanied by equanimity
dassanena	n	m.ins.s	by seeing
pahātabbā	ptp	m.n.pl	should be given up, should be abandoned
bhāvanāya	n	f.ins.s	by development, cultivation, meditation

Dhammas accompanied by joy, dhammas accompanied by happiness. Dhammas accompanied by equanimity. Dhammas what should be abandoned by seeing. Dhammas what should be abandoned by development. Dhammas what should be abandoned by neither seeing nor development.

dassanena pahātabba-hetukā dhammā. bhāvanāya pahātabba-hetukā dhammā. n'eva dassanena na bhāvanāya pahātabba-hetukā dhammā

hetukā	adj	m.n.pl	connected with a cause, causing or caused,
			conditioned by, consisting

conditioned dhammas abandoned by seeing. conditioned dhammas abandoned by development. conditioned dhammas abandoned by neither seeing nor development.

ācaya-gāmino dhammā. n'ev'ācaya-gāmino n'āpacaya-gāmino dhammā.

ācaya-gāmino	adj	m.n.pl	leading to accumulation, growth, building up
apacaya-gāmino	adj	m.n.pl	leading to diminution, undoing, dismantling

dhammas leading to accumulation. dhammas leading to dismantling. dhammas leading to neither accumulation nor dismantling.

sekkhā dhammā. n'eva sekkhā n'āsekkhā dhammā.

sekkhā	n	m.n.pl	one who is in the course of perfection, one in
			training
asekkhā	n	m.n.pl	one who does not require any further training, an
			Arahant, one beyond training

## dhammas of one in training. dhammas of one beyond training. dhammas of neither one in training nor one beyond training

parittā dhammā. mahaggatā dhammā. appamāṇā dhammā

parittā	adj	m.n.pl	little; small; tiny; limited
mahaggatā	adj	m.n.pl	exalted, lofty, lit. become great
appamāṇā	adj	m.n.pl	immeasurable, unlimited, limitless, boundless

#### limited dhammas. exhalted dhammas. immeasurable dhammas

paritt'ārammaṇā dhammā. mahaggat'ārammaṇā dhammā. appamāṇ'ārammaṇā dhammā

ārammaṇā n m.n.pl sense-objects, objects

## dhammas from limited sense-objects. dhammas from exhalted sense-objects. dhammas from immeasurable sense-objects.

hīnā dhammā. majjhimā dhammā. paņītā dhammā.

hīnā	adj	m.n.pl	low, inferior, deficient
majjhimā	adj	m.n.pl	middle, middling, medium, medium-sized
paṇītā	adj	m.n.pl	excellent, superior, sublime, fine, refined

#### inferior dhammas. moderate dhammas. superior dhammas

micchatta-niyatā dhammā. sammatta-niyatā dhammā. aniyatā dhammā

micchatta-	n		badness, wrongness, imperfection
niyatā	adj	m.n.pl	determined, fixed. certain, specified
sammatta-	n		goodness, correctness, rightness, perfection
aniyatā	adj	m.n.pl	not settled, uncertain, doubtful

## certain wrong dhammas. certain correct dhammas. uncertain dhammas

magg'ārammaṇā dhammā. magga-hetukā dhammā. magg'ādhipatino dhammā

magga-	n		road, path, track
ārammaņā	n	m.n.pl	sense-objects, objects
hetukā	adj	m.n.pl	connected with a cause, causing or caused,
			conditioned by, consisting
adhipatino	adj	m.n.pl	ruling over, governing, predominant; ruled or
			governed by

## dhammas with the path as object. dhammas with the path as cause. dhammas with the path as predominant factor.

uppannā dhammā. anuppannā dhammā. uppādino dhammā.

uppannā	pp	m.n.pl	arisen, appeared, come into existence
anuppannā	pp	m.n.pl	unborn, unarisen, not yet existent
uppādino	adj	m.n.pl	having an origin, arising, bound to arise

#### Arisen dhammas. Unarisen dhammas. Bound to arise dhammas.

atītā dhammā. anāgatā dhammā. paccuppannā dhammā.

atītā	adj	m.n.pl	past
anāgatā	adj	m.n.pl	not come, future
paccuppannā	adj	m.n.pl	present

### Past dhammas. Future dhammas. Present dhammas

atīt'ārammaṇā dhammā. anāgat'ārammaṇā dhammā. paccuppann'ārammaṇā dhammā.

## dhammas with past sense-objects. dhammas with future sense-objects. dhammas with present sense-objects.

ajjhattā dhammā. bahiddhā dhammā. ajjhatta-bahiddhā dhammā.

ajjhattā	adj	m.n.pl	inner, internal, personal, in oneself
bahiddhā	adj	m.n.pl	external, outward
ajjhatta-bahiddhā	adj	m.n.pl	internal and external

#### internal dhammas. external dhammas. internal and external dhamams

ajjhatt'ārammaṇā dhammā. bahiddh'ārammaṇā dhammā. ajjhatta-bahiddh'ārammaṇā dhammā.

## dhammas with internal sense-objects. dhammas with external sense-objects. dhammas with internal and external sense-objects

sanidassana-sappaṭighā dhammā. anidassana-sappaṭighā dhammā. anidassan'āppaṭighā dhammā.

sanidassana-	adj		visible
sappaṭighā	adj	m.n.pl	producing reaction, reacting
anidassana	adj		non-visible
appaṭighā	adj	m.n.pl	not forming an obstacle, not injuring,
			unobstructive

visible and reactive dhammas. non-visible and reactive dhammas. non-visible and unobstructive dhammas.

#### VIPASSANĀ-BHŪMI-PĀTHO

[MN 109]

pañcakkhandhō; rūpakkhandhō, vedanākkhandhō, saññākkhandhō, saṅkhārakkhandhō, viññāṇakkhandhō.

pañcakkhandhā:	n	m.n.pl	five aggregates
rūpakkhandho,	n	m.n.s	aggregate of form, combination of matter
vedanākkhandho	n	m.n.s	aggregate of sensations, combination of feelings
saññākkhandho,	n	m.n.s	aggregate of perceptions, combination of
			conceptions
saṅkhārakkhandho	n	m.n.s	aggregate of volition, combination of
			mental formations
viññāṇakkhandho.	n	m.n.s	aggregate of consciousness, combination of
			consciousness

the five aggregates: the material form aggregate affected by clinging, the feeling aggregate affected by clinging, the perception aggregate affected by clinging, the formations aggregate affected by clinging, and the consciousness aggregate affected by clinging.

### [PS / MN 148]

dvādas'āyatanāni: cakkhv-āyatanam, rūp'āyatanam, sot'āyatanam, sadd'āyatanam, ghān'āyatanam, gandh'āyatanam, jivh'āyatanam, ras'āyatanam, kāy'āyatanam, phoṭṭhabb'āyatanam, man'āyatanam, dhamm'āyatanam.

dvādasa-	adj	twelve (12)
āyatanāni	n nt.n.pl	sense organ, sense field, bases
cakkhu-	n	eye
rūpa-	n	(object of the eye) material form, shape, sight
sota-	n	ear
sadda-	n	sound
ghāna-	n	nose
gandha-	n	smell

jivhā-	n	tongue
rasa-	n	taste, flavor
kāya-	n	body
phoṭṭhabba-	n	touch, physical sensation
mano-	n	mind
dhamma-	n	mind-object, mental phenomena

12 bases: the eye-base, the form base, the ear-base, the sound-base, the nose-base, the odour-base, the tongue-base, the flavor-base, the body-base, the tangible-base, the mind-base, the mind-object base.

#### [MN 115]

atthārasa dhātuyo:

cakkhu-dhātu rūpa-dhātu cakkhu-viññāṇa-dhātu, sota-dhātu sadda-dhātu sota-viññāṇa-dhātu, ghāna-dhātu gandha-dhātu ghāna-viññāṇa-dhātu, jivhā-dhātu rasa-dhātu jivhā-viññāṇa-dhātu, kāya-dhātu phoṭṭhabba-dhātu kāya-viññāṇa-dhātu, mano-dhātu dhamma-dhātu mano-viññāṇa-dhātu

aṭṭhārasa	adj	m.n.pl	eighteen (18)
dhātuyo	n	f.n.pl	elements, states, conditions, principles
dhātu	n	f.n.s	element, state, condition, principle

eighteen elements: the eye element, the form element, the eye-consciousness element; the ear element, the sound element, the ear-consciousness element; the nose element, the odour element, the nose-consciousness element; the tongue element, the flavour element, the tongue-consciousness element; the body element, the tangible element, the body-consciousness element; the mind element, the mind-object element, the mind-consciousness element.

#### [Abhi Vibh 5.1]

bāvīsat'indriyāni — cakkhu'ndriyam, sot'indriyam, ghān'indriyam, jivh'indriyam, kāy'indriyam, man'indriyam, itth'indriyam, puris'indriyam, jīvit'indriyam, sukh'indriyam, dukkh'indriyam, somanass'indriyam, domanass'indriyam, upekkh'indriyam,

saddh'indriyam, viriy'indriyam, sat'indriyam, samādh'indriyam, paññ'indriyam, anaññātaññassām'īt'indriyam, aññ'indriyam, aññātāv'indriyam.

bāvīsati-	adj	twenty-two (22)
indriyāni	n nt.n.pl	faculties, mental faculties, lit. belonging to Indra
itthī-	n	woman, female
purisa-	n	man
jīvita-	n	life, life span
sukha-	n	ease, comfort, happiness, pleasure
dukkha-	n	discomfort, suffering, pain, unease, something
		unsatisfactory, problem, trouble
somanassa	n	(mental) pleasure, happiness
domanassa-	n	(mental) suffering, distress, dissatisfaction
upekkhā-	n	mental poise, mental balance, equanimity, composure
saddhā-	n	faith, confidence
viriya-	n	effort, energy, might, power
sati-	n	memory, mindfulness, presence, awareness
samādhi-	n	perfect peace of mind, stability of mind, stillness of
		mind
paññā-	n	wisdom, knowledge, intelligence, intellect,
		understanding, insight
anaññāta-	pp	not understood, not known
ñassāmi-iti-	v fut.1.s	"I will understand; know"
aññā-	n	gnosis, spiritual insight, enlightenment
aññātāvī-	n	one who knows or has insight

### twenty-two faculties:

the eye faculty, ear faculty, nose faculty, tongue faculty, body faculty, mind faculty, faculty of femininity, faculty of masculinity, life faculty, pleasure faculty, pain faculty, happiness faculty, displeasure faculty, equanimity faculty, conviction faculty, energy faculty, mindfulness faculty, concentration faculty, wisdom faculty, the 'i am knowing the unknown' faculty, knowledge faculty, the faculty of one with complete knowledge.

### [SN 56.24]

cattāri ariya-saccāni: dukkham ariya-saccam, dukkha-samudayo ariya-saccam, dukkha-nirodho ariya-saccam, dukkha-nirodha-gāminī paṭipadā ariya-saccam.

cattāri	adj	nt.n.pl	four (4)
dukkhaṁ	n	nt.ac.s	discomfort, suffering, pain, unease, something
			unsatisfactory, problem, trouble
ariyasaccaṁ	n	nt.n.s	truth of the Buddha, noble truth
dukkhasamudayo	n	m.n.s	arising of suffering, source of suffering
dukkhanirodho	n	m.n.s	cessation of suffering, disappearance of suffering
dukkhanirodhagān	ninī	n f.n.s	leading to the extinction of suffering.
paṭipadā	n	f.n.s	path, way, method

the four noble truths: the noble truth of suffering, the noble truth of the origin of suffering, the noble truth of the cessation of suffering, the noble truth of the way leading to the cessation of suffering.

[SN 12.1] avijjā-paccayā saṅkhārā; saṅkhāra-paccayā viññāṇaṁ; viññāṇa-paccayā nāmarūpaṁ; nāmarūpa-paccayā saḷāyatanaṁ; saḷāyatana-paccayā phasso; phassa-paccayā vedanā;

avijjāpaccayā	n	m.abl.s	from ignorance as condition
>avijjā-	n	f.	ignorance
>paccayā	n	m	cause, supporting condition, prerequisite
saṅkhārā	n	m.n.pl	formations
saṅkhārapaccayā	n	m.abl.s	from volitional formations as condition
viññāṇaṁ	n	nt.n.s	consciousness
viññāṇapaccayā	n	m.abl.s	from consciousness as condition
nāmarūpaṁ	n	nt.n.s	name and form, mind and body
nāmarūpapaccayā	n	m.abl.s	from mind and body as condition
saļāyatanam	n	nt.n.s	six (internal) fields, six (internal sense) bases,
			six sense organs
saļāyatanapaccayā	i n	m.abl.s	from six (internal) fields as condition
phasso	n	m.n.s	contact, touch
phassapaccayā	n	m.abl.s	from contact as condition
vedanā	n	f.n.s	feeling, sensation, felt experience

From ignorance as condition formations arise, from formations as condition consciousness arises, from consciousness as condition mind and body arise, from mind and body as condition six (internal) fields arise, from six (internal) fields as condition contact arises, from contact as condition feelings arise,

vedanā-paccayā taṇhā; taṇhā-paccayā upādānam; upādāna-paccayā bhavo; bhava-paccayā jāti; jāti-paccayā jarāmaraṇam soka-parideva-dukkhadomanass'upāyāsā sambhavanti.

n	m.abl.s	from felt experience as condition
n	f.n.s	craving, desire; lit: thirst
n	m.abl.s	from craving as condition
n	nt.n.s	grasping, clinging
		from grasping as condition
n	m.n.s	becoming, being, existence
n	m.abl.s	from becoming as condition
n	f.n.s	birth
n	m.abl.s	from birth as condition
n	nt.n.s	aging and death
n		grief, sorrow, sadness
n		mourning, lament, wail, cry
n		pain and stress, physical pain and mental
		suffering
n	m.n.pl	afflictions, agitations, troubles
V	pr.3.pl	are produced, come together, arise together
	n n n n n n n n n n n n n n n n	n f.n.s n m.abl.s n nt.n.s  n m.n.s n m.abl.s n f.n.s n m.abl.s n nt.n.s n m.abl.s

From felt experience as condition craving arises, from craving as condition clinging arises, from clinging as condition becoming arise, from becoming as condition birth arise, from birth as condition – aging and death, sorrows, laments, pains, stress and troubles arise.

evam'etassa kevalassa dukkhakkhandhassa samudayo hoti.

evam-	ind			thus, this, like this, just as, such
etassa	pn		m.gen.s	of this
kevalassa	adj		m.gen.s	of whole, altogether, total, entire
dukkhakkhandha	ssa	n	m.gen.s	of heap of suffering, mountain of suffering

samudayo n m.n.s arising, appearance hoti. v pr.3.s there is

#### such is arising of this whole heap of suffering.

avijjāya tv'eva asesa-virāga-nirodhā, saṅkhāra-nirodho, saṅkhāra-nirodhā, viññāṇa-nirodho, viññāṇa-nirodhā, nāma-rūpa-nirodho, nāma-rūpa-nirodhā, saḥ-āyatana-nirodho, saḥ-āyatana-nirodhā, phassa-nirodho, phassa-nirodhā, vedanā-nirodho, vedanā-nirodhā, taṇhā-nirodho, taṇhā-nirodhā, upādāna-nirodho, upādāna-nirodhā, bhava-nirodho, bhava-nirodhā, jāti-nirodho, jāti-nirodhā, jarā-maraṇaṁ soka-parideva-dukkha-domanass'upāyāsā nirujjhanti.

avijjāya	n	f.gen.s	of ignorance	
tv'eva	ind		however, but, rather, rather than	
asesa-virāga-nirodhā		m.abl.s	from complete fading away and ending,	
			from remainderless dispassion and cessation	
nirodho	n	m.n.s	ending, termination, cessation, finishing	
nirujjhanti	V	pr.3.pl	they finish, stop, cease, vanish, dissolve	

but with the complete fading away and cessation of ignorance comes cessation of volitional formations; with the cessation of volitional formations, cessation of consciousness; with the cessation of consciousness, cessation of name-and-form; with the cessation of name-and-form, cessation of the six sense bases; with the cessation of the six sense bases, cessation of contact; with the cessation of contact, cessation of feeling; with the cessation of feeling, cessation of craving; with the cessation of craving, cessation of clinging; with the cessation of clinging, cessation of existence; with the cessation of existence, cessation of birth; with the cessation of birth, aging-and-death, sorrow, lamentation, pain, displeasure, and despair cease.

evam'etassa kevalassa dukkha-kkhandhassa nirodho hoti.

such is the cessation of this whole mass of suffering.

#### PAŢŢHĀNA-MĀTIKĀ-PĀŢHO

[Abhi-A Dh.s]

hetu-paccayo, ārammaṇa-paccayo, adhipati-paccayo, anantara-paccayo, samanantara-paccayo, sahajāta-paccayo, aññam'añña-paccayo, nissaya-paccayo, upanissaya-paccayo, purejāta-paccayo, pacchājāta-paccayo, āsevana-paccayo, kamma-paccayo, vipāka-paccayo, āhāra-paccayo, indriya-paccayo, jhāna-paccayo, magga-paccayo, sampayutta-paccayo, vipayutta-paccayo, atthi-paccayo, n'atthi-paccayo, vigata-paccayo, avigata-paccayo.

hetu-	n		reason, cause, condition, root
paccayo,	n	m.n.s	cause, supporting condition, precondition, prerequisite,
			requirement
ārammaṇa-	n		sense-object
adhipati-	adj		ruling over, governing, predominant; ruled or
			governed by
anantara-	adj		contiguous, immediate, immediately following,
			lit. no space in between
samanantara-	adj		immediate, nearest, directly immediate
sahajāta-	adj		born together or at the same time, equal in age,
			coexistent
aññam'añña-	adj		one another, mutual, reciprocal
nissaya-	n		dependence, reliance, support
upanissaya-	n		basis, reliance, support, foundation, assurance,
			certainty; esp. sufficing condition or qualification for
			Arahantship
pure-jāta-	adj		born or arisen beforehand, pre-existent
pacchā-jāta-	adj		born or arisen afterwards, post-existent
āsevana-	n		succession, repetition
kamma-	n		action, deed, doing
vipāka-	n		result, consequence, lit. ripening
āhāra-	n		food, fuel, sustenance
indriya-	n		faculty
jhāna-	n		meditation, stage of meditation
magga-	n		road, path, way
sampayutta-	adj		associated with, connected

vippayutta-	adj		separated
atthi-	V	pr.3.s	there is, there exists
n'atthi-	V	pr.3.s	there is not, there not exists
vigata-	adj		gone, departed, stopped, ceased, disappeared
avigata-	adj		non-gone, non-departed, non-stopped, non-ceased,
			non-disappeared

root condition, sense-object condition, predominant condition, immediate condition, directly immediate condition, coexistent condition, reciprocity condition, dependence condition, sufficing condition, pre-existent condition, post-existent condition, repetition condition, action condition, result condition, nutriment condition, faculty condition, jhāna condition, path condition, associated condition, separated condition, existence condition, non-existence condition, disappeared condition, non-disappeared condition.

#### PAMSU-KŪLA FOR THE DEAD [1]

[DN 16.37]

aniccā vata sankhārā

vata ind indeed

aniccā adj m.n.pl not stable; impermanent

sankhārā n m.n.pl conditioned things, constructions,

fabrications, formations

#### indeed conditioned things are impermanent

uppāda-vaya-dhammino

uppāda- n rising; coming into existence, appearance

vaya- n disintegration, decay, disappearance

dhammino adj m.n.pl have a nature, quality, characteristic

#### their nature is appearance and disappearance

uppajjitvā nirujjhanti

uppajjitvā v abs having born; arisen, appears

nirujjhanti v pr.3.pl they cease; dissolve; vanish

#### having arisen they cease

tesam vūpasamo sukho

tesam pn m.gen.pl of them, their

vūpasamo n m.n.s subsiding, settling, calming

sukho n m.n.s happiness, comfort, ease

#### their settling is happiness

### Adāsi-Me Ādi Gāthā

[KHP 7]

adāsi me akāsi me, ñātimittā sakhā ca me. petānam dakkhiṇam dajjā, pubbe katam'anussaram.

adāsi	V	aor.3.s	gave
me	pn	1.dat.s	to me
akāsi	V	aor.3.s	did, made
me	pn	1.dat.s	to me
ñāti-mittā	n	m.n.pl	family and friends
sakhā	n	m.n.pl	friend, companion
ca	ind		and
me	pn	1.gen.s	my
petānaṁ	adj	m.dat.pl	to departed, deceased, dead
dakkhiṇaṁ	n	f.ac.s	gift, donation
dajjā	V	opt.3.s	one would give, one should give
pubbe	ind		before, previously, formerly, in the past
katam-	pp	m.ac.s	done
anussaraṁ	prp	m.n.s	remembering, recollecting, keeping in mind

"He gave to me, he made for me, (he was) my relative, my friend, my companion". One should give gifts for the departed, remembering what was done before.

na hi ruṇṇaṁ vā soko vā, yā v'aññā paridevanā. na taṁ petānam'atthāya, evaṁ tiṭṭhanti ñātayo.

na	ind		not
hi	ind		indeed, certainly, truly, definitely
ruṇṇaṁ	n	nt.n.s	weeping, crying lamentation
vā	ind		or
soko	n	m.n.s	grief, sorrow, sadness
vā	ind		or
yā	pn	f.n.s	whatever, whichever
vā-	ind		or
aññā	adj	f.n.s	another, other, different, someone else, not oneself

paridevanā	n	f.n.s	mourning, lament, wail, cry
na	ind		not
taṁ	pn	m.ac.s	that
petānam-	adj	m.gen.pl	of departed, deceased, dead
atthāya	n	m.dat.s	for the purpose (of), for the sake (of), for the good
evaṁ	ind		thus, this, like this, just as, such
tiṭṭhanti	V	pr.3.pl	last, remain, persist, lit. stand
ñātayo	n	m.n.pl	family, relatives, kinsmen

## Indeed no weeping, or grief, or any other lamentations. That is not for the good of departed just as relatives persist in that way.

ayañ'ca kho dakkhiṇā dinnā, saṅghamhi suppatiṭṭhitā. dīgharattaṁ hitāy'assa, ṭhānaso upakappati.

ayañ'ca	pn	f.n.s	but this
kho	ind		indeed, surely, certainly, truly
dakkhinā	n	f.n.s	gift, donation
dinnā	pp	f.n.s	given, offered
saṅghamhi	n	m.loc.s	in the Community
supatiṭṭhitā	pp	f.n.s	well placed, well established
dīgharattaṁ	ind		for a long time
hitāya-	n	m.dat.s	for the welfare, good, benefit, blessing
assa	V	opt.3.s	may be, could be, should be
ṭhānaso	ind		on the spot, right there, immediately
upakappati	V	pr.3.s	is benefits, is serve, is accrue

## But indeed this gift that has been given, and well placed in the Sangha, could be for the welfare for a long time, it is benefits immediately.

so ñātidhammo ca ayam nidassito, petāna'pūjā ca katā uļārā. balañ'ca bhikkhūnam'anuppadinnam, tumhehi puññam pasutam anappakan'ti.

SO	pn	m.n.s	he, that
ñāti-dhammo	n	m.n.s	the duty of relatives.
ca	ind		and

ayaṁ	pn	m.n.s	this
nidassito	pp	m.n.s	pointed out, defined as, termed, shown
petānam-	adj	m.gen.pl	of departed, deceased, dead
pūjā	n	f.n.s	veneration, homage, honor
ca	ind		and
katā	pp	f.n.s	done, made
uļārā	adj	f.n.s	excellent, lofty, vast, extensive
balañ'ca	n	nt.n.s	and strength, power, might
bhikkhūnam-	n	m.dat.pl	for monks
anuppadinnaṁ	pp	nt.ac.s	given; handed over.
tumhehi	pn	2.ins.pl	by you all
puññaṁ	n	nt.n.s	merit, good deed, lit. (mental) purity
pasutaṁ	adj	nt.n.s	engaged (in), pursuing, doing, pursuing
anappakan'ti	adj	nt.n.s	great, considerable, not insignificant

In this way the duty to relatives has been shown, great honor has been done to the departed, and strength have been given to monks. The merit made by you is not insignificant.

## PAMSU-KŪLA FOR THE LIVING

[based on DHP 41]

aciram vat'ayam kāyo, paṭhavim adhisessati, chuḍḍho apeta-viññāṇo, nirattham va kalingaram

aciraṁ	ind		soon, before long
vata-	ind		indeed
ayaṁ	pn	m.n.s	this
kāyo	n	m.n.s	body
paṭhaviṁ	n	f.ac.s	the ground
adhisessati	V	fut.3.s	it will lie
chuḍḍho	pp	m.n.s	thrown away, discarded, spat out
apeta-	pp		gone away; rid of; without.
viññāṇo	n	m.n.s	consciousness
niratthaṁ	adj	nt.n.s	useless, groundless, unproficient, vain
va	ind		like; as
kaliṅgaraṁ	n	nt.n.s	log, rotten piece of wood

Indeed soon, this body, will lie on the ground cast off, without consciousness, like a useless rotten piece of wood.

## PAMSU-KŪLA FOR THE DEAD [2]

[thai]

sabbe sattā maranti ca marimsu ca marissare, tath'ev'āham marissāmi, n'atthi me ettha samsayo

sabbe	adj	m.n.pl	all
sattā	n	m.n.pl	living beings
maranti	V	pr.3.pl	they die, are dying
ca	ind		and
mariṁsu	V	aor.3.pl	they died
ca	ind		and
marissare	V	fut.refl.3.pl	they will die
tatha'eva-	ind		likewise, in the same way, lit. just like this
ahaṁ	pn	1.n.s	I
marissāmi	V	fut.1.s	I will die
n'atthi	V	pr.3.s	is not, it is not, there is not, there is no
me	pn	1.dat.s	for me
ettha	ind		here, in this place, in this regard
saṁsayo	n	m.n.s	doubt, uncertainty

All living beings are dying, have died, and will die. In the same way, i will die. For me there is no doubt in this regard.

## **SHARING OF MERITS**

## <u>Uddissanādhiţţhānā</u>

[trad]

iminā puñña-kammena upajjhāyā guņ'uttarā,

iminā	pn	nt.ins.s	by this
puñña-kammena	n	nt.ins.s	by meritorious action, good deed
upajjhāyā	n	m.n.pl	preceptors, spiritual teachers
guṇa'	n		quality, virtue, characteristic
uttarā	adj	m.n.pl	higher, superior

## By this meritorious action, (my) preceptors of higher virtue,

ācariy'ūpakārā ca mātāpitā ca ñātakā,

ācariya-	n		teacher
upakārā	adj	m.n.pl	helpful, useful, beneficial, supportive
ca	ind		and
mātā-pitā	n	m.n.s	mother and father, parents
ca	ind		and
ñātakā	n	m.n.pl	kins, kinsmen, relatives, relations, family
			members, lit. known ones

## supportive teachers, parents and relatives,

suriyo candimā rājā, guņavantā narā'pi ca,

n	m.n.s	the Sun
n	m.n.s	the Moon
n	m.n.s	king, sovereign, lord
adj	m.n.pl	who is virtuous, who has good qualities
n	m.n.pl	people, men
ind		also, even
ind		and
	n n adj n ind	n m.n.s n m.n.s adj m.n.pl n m.n.pl ind

### Lords Sun and Moon, and also virtuous people,

brahma-mārā ca indā ca loka-pālā ca devatā,

brahmā-	n	m.n.pl	Gods, Brahmās
mārā	n	m.n.pl	Maras, evil ones
ca	ind		and
indā	n	m.n.pl	Indras, kings of devas
ca	ind		and
loka-pālā	n	m.n.pl	world-protectors, guardians of the world
ca	ind		and
devatā	n	f.n.pl	deities, gods

## Brahmās, Maras, Indras and guardians deities of the world,

yamo, mittā manussā ca majjhattā verikā'pi ca,

yamo	n	m.n.s	ruler of the underworld, king of death, Yama
mittā	adj	m.n.pl	friendly
manussā	n	m.n.pl	human beings, men, people
ca	ind		and
majjhattā	adj	m.n.pl	neutral, impartial, indifferent
verikā-	adj	m.n.pl	inimical; hostile
api	ind		also, even
ca	ind		and

## King of Death and also human beings who are friendly, neutral and hostile (to me)

sabbe sattā sukhī hontu. puññāni pakatāni me

sabbe	adj	m.n.pl	all, every, whole, entire, complete
sattā	n	m.n.pl	being, living being
sukhī	adj	m.n.pl	at ease, happy, comfortable
hontu	V	imp.3.pl	may they be! they must be!
puññāni	n	nt.n.pl	merits, good deeds, lit. (mental) purity
pakatāni	adj	nt.n.pl	done, made, created

me	pn	m.ins.s	by me

### May all living being be at ease! These merits done by me...

sukhañ'ca tividham dentu. khippam pāpetha vo'matam.

sukhañ'ca	n	nt.ac.s	and ease, comfort, happiness, pleasure
tividhaṁ	ind	adv	in three ways; in a threefold way.
dentu	V	pr.3.pl	may they give! make a gift
khippaṁ	ind	adv	quickly, rapidly
pāpetha	V	opt.refl.3.s	it could help (to), bring (to), lead (to), lit. causes
			to go (to)
VO-	pn	2.ac.pl	you all
amataṁ	n	nt.n.s	deathlessness, immortality

## ...may they give happiness in three ways. It should lead you all to the deathlessness!

iminā puñña-kammena, iminā uddissena ca

iminā	pn	nt.ins.s	by this
puñña-kammena	n	nt.ins.s	by meritorious action, good deed
iminā	pn	nt.ins.s	by this
uddissena	n	nt.ins.s	by dedication
ca	ind		and

## By this meritorious action and by this dedication

khipp'āham sulabhe c'eva tanh'ūpādāna-chedanam.

khippam-	ınd		quickly, rapidly
ahaṁ	pn	1.n.s	I
sulabhe	V	imp.reflx.1.s	may I myself easily obtain, easy get
c'eva	ind		and even, as well as
taṇhā-	n		craving (for), wanting, desire (for), lit. thirst (for)
upādāna-	n		acquisition, grasping, clinging
chedanam	n	nt.ac.s	cutting; severing; destruction.

### May I quickly and easily get for myself destruction of grasping and craving.

ye santāne hīnā dhammā, yāva nibbānato mamam

ye	pn	m.n.pl	whoever, whatever, whichever, those who
santāne	n	nt.loc.s	in continuity, continuance, continuum
hīnā	adj	m.n.pl	low, inferior, deficient
dhammā	n	m.n.pl	states of mind
yāva	ind		as long as, as far as, up to, until, from to
nibbānato	n	nt.abl.s	Nibbāna
mamaṁ	n	1.dat.s	to me

### Whatever low states in continuum of (my) mind, until I attain Nibbāna...

nassantu sabbadā yeva. yattha jāto bhave bhave

nassantu	V	imp.3.pl	may perish, end, get lost, be destroyed
sabbadā	ind		always, at all times
yeva	ind		just, only, even, even so, yet, also
yattha	ind		wherever, where
jāto	pp	m.n.s	born, born (in), born (from)
bhave	n	m.loc.s	in being, becoming, existence
bhave	V	imp.reflx.1.s	may I be, may I become

## ... may they always be destroyed. Wherever in existence I will be born, may I be...

uju-citto sati-pañño sallekho viriyavā'minā.

adj		straight, upright
adj	m.n.s	with mind, heart
n		memory, mindfulness, presence, recollection,
		awareness
adj	m.n.s	with wisdom
adj	m.n.s	austere, having higher life
adj	m.n.s	heroic, brave, vigorous, energetic
	adj n adj adj	adj m.n.s n adj m.n.s adj m.n.s

iiiiiid pii iit.iii5.5 by tiii5	iminā	pn	nt.ins.s	by this
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## with upright mind, with mindfulness and wisdom, austere and vigorous, by this (merit).

mārā labhantu n'okāsam kātuñ'ca viriyesu me.

mārā	n	m.n.pl	Maras, evil ones
labhantu	V	imp.3.pl	may they get, receive, obtain
na-	ind		not
okāsaṁ	n	m.ac.s	opportunity, chance
kātuñ'ca	V	inf	and to do, to make
viriyesu	n	nt.loc.pl	in efforts, energy, might, powers
me	pn	m.gen.s	my

### And may Maras do not get a chance to harm my energy.

buddh'ādhipa-varo nātho, dhammo nātho var'uttamo.

buddha-	n		the Buddha, Awakened One
adhipa-	n		lord, master, ruler
varo	adj	m.n.s	excellent, best, lit. select
nātho	n	m.n.s	protector, lord, refuge
dhammo	n	m.n.s	the Dhamma, the Teaching
nātho	n	m.n.s	protector, lord, refuge
vara-	adj		excellent, best, lit. select
uttamo	adj	m.n.s	best, highest, ultimate, supreme, top

## The Lord Buddha is (my) excellent refuge, the Dhamma is (my) excellent and ultimate refuge.

nātho paccekabuddho ca saṅgho nāth'ottaro mamam.

nātho	n	m.n.s	protector, lord, refuge
paccekabuddho	n	m.n.s	Solitary Buddha
ca	ind		and

saṅgho	n	m.n.s	the Community, the Sangha
nātha-	n	m.n.s	protector, lord, refuge
uttaro	adj	m.n.s	higher, superior
mamaṁ	pn	1.gen.s	my

## The Solitary Buddha is (my) protector and the Sangha is my higher refuge.

tes'ottam'ānubhāvena mār'okāsam labhantu mā.

tesam-	pn	m.gen.pl	of them
uttama-	adj		best, highest, ultimate, supreme, top
ānubhāvena	n	m.ins.s	by splendour, majesty, magnificence, power
mārā	n	m.n.pl	Maras, evil ones
okāsaṁ	n	m.ac.s	opportunity, chance
labhantu	V	imp.3.pl	may they get, receive, obtain
mā	ind		do not, may one not, don't let

By their supreme power may Maras do not get a chance (to obstruct me)!

#### SABBA-PATTI-DĀNA

sharing of all merits [thai]

puññass'idāni katassa yān'aññāni katāni me, tesañ'ca bhāgino hontu satt'ānant'āppamāṇakā

puññassa-	n	m.gen.s	of merit, good deed, lit. (mental) purity
idāni	ind		now, soon, at present
katassa	pp	m.gen.s	of done
yāni-'	pn	nt.n.pl	whichever
aññāni	adj	nt.n.pl	another, other, different, someone else, not oneself
katāni	pp	nt.n.pl	done
me	pn	1.ins.s	by me
tesañ'ca	pn	m.gen.pl	of them, to them, to those
bhāgino	n	m.n.p	shareholder, who shares (in), who partakes (in)
hontu	V	imp.3.pl	may they be
satta-	n		living being
ananta-	adj		infinite, endless, boundless, without limit
appamāṇakā	adj	m.n.pl	immeasurable, unlimited, limitless, boundless

## Whichever merit at present done by me, may (all) living beings without limit, without measure partake of those (merits).

ye piyā guṇavantā ca mayhaṁ mātāpit'ādayo, diṭṭhā me c'āpy'adiṭṭhā vā aññe majjhattaverino

ye	pn	m.n.pl	whoever, whatever, whichever, those who
piyā	adj	m.n.pl	dear (to), beloved (by), lovely (for)
guṇavantā	adj	m.n.pl	who is virtuous, who has good qualities
ca	ind		and
mayhaṁ	pn	1.gen.s	my, mine
mātāpitā-	n	m.n.pl	mother and father, parents
ādayo	adj	m.n.pl	beginning
diṭṭhā	pp	m.n.pl	seen, found
me			

cāpy < ca + api	ind		or even, and even, as well as
adiṭṭhā	pp	m.n.pl	not seen, not found
vā	ind		or, either or
aññe	pn	m.n.pl	others, other people, the rest
majjhatta-	adj		neutral, impartial, indifferent
verino	adj	m.n.pl	unfriendly, inimical, hostile

## Those loved and virtuous, beginning with parents, beings seen and unseen, those neutral and averse.

sattā tiṭṭhanti lokasmim te bhummā catu-yonikā, pañc'eka-catu-vokārā samsarantā bhav'ābhave

sattā	n	m.n.pl	living beings
tiṭṭhanti	V	pr.3.pl	they stay (in), live (in)
lokasmiṁ	n	m.loc.s	in the world
te	adj	m.n.pl	three
bhummā	adj	m.n.pl	earthly, terrestrial
catu-	adj		four
yonikā	n	m.n.pl	place of birth, realm of existence
pañca-	adj		five (5)
eka-	adj		one
catu-	adj		four
vokārā	n	m.n.pl	details, constituents, factors
saṁsarantā	prp	m.n.pl	wandering on, moving on continuously,
			transmigrating
bhavābhave	n	m.loc.s	in any state of existence, repeated existence

# Beings lives in the world, from the three planes and four places of birth, with five aggregates or one or four, wandering on in any state of existence.

ñātaṁ ye patti-dānam'me anumodantu te sayaṁ, ye c'imaṁ nappajānanti devā tesaṁ nivedayuṁ

ñātaṁ	pp	m.ac.s	known
ye	pn	m.n.pl	whoever, whatever, whichever, those who

patti-	n		profit, share, lit. what is obtained
dānam-	n	nt.ac.s	alms, gift, giving, offering, charity
me	pn	1.gen.s	my
anumodantu	V	imp.3.pl	may they rejoice in
te	pn	m.n.pl	they
sayaṁ	ind		by one's own, oneself, one's own
ye	pn	m.n.pl	whoever, whatever, whichever, those who
c'imaṁ	pn	m.ac.s	and this
nappajānanti	V	pr.3.pl	they do not know, do not clearly understand
devā	n	m.n.pl	deities
tesaṁ	pn	m.dat.pl	to them
nivedayuṁ	V	opt.3.pl	they could make know, report, announce

Those who know my act of dedication, may they all rejoice by themselves in my sharing of merrit, and whoever do not know about this, may the deities let them know.

mayā dinnāna-puññānaṁ anumodana-hetunā, sabbe sattā sadā hontu averā sukha-jīvino, khemappadañ'ca pappontu tesāsā sijjhataṁ subhā

mayā	pn	1.ins.s	by me
dinnānam-	pp	nt.dat.pl	to given, offered
puññānaṁ	n	nt.dat.pl	to merits, good deeds, lit. (mental) purity
anumodana-	n		rejoicing, satisfaction, thanks, appreciation,
			blessing, thanksgiving.
hetunā	adj	m.ins.s	by reason, cause
sabbe	adj	m.n.pl	all
sattā	n	m.n.pl	living beings
sadā	ind		always, ever, all the time
hontu	V	imp.3.pl	may they be
averā	adj	m.n.pl	kind, friendly, peaceful, free of ill-will
sukha-	adj		ease, comfort, happiness, pleasure
jīvino	n	m.n.pl	who lives at
khema-	adj		well, safe, secure, at peace, at rest
padañ'ca	n	m.ac.s	and place, position, state
pappontu	V	imp.3.pl	may they obtain, attain, get, experience
tesāsā			

sijjhatam=sijjhanam n nt.ac.s happening; success. subhā adj nt.n.pl auspicious, lucky, pleasant

Because of rejoicing in my sharing of merit, may all beings always be free from hostility, live at ease, may they all reach safety and auspicious success.

#### PETA-PATTI-DĀNA

[KN 1.7 / KN 7.5]

idam me ñātinam hotu sukhitā hontu ñātayo idam no ñātinam hotu sukhitā hontu ñātayo idam vo ñātinam hotu sukhitā hontu ñātayo

idaṁ	n	nt.n.s	this, this thing
me	pn	1.gen.s	my
ñātinaṁ	n	n.dat.pl	for family, relatives, kinsmen
hotu	V	imp.3.s	may it be!
sukhitā	pp	m.n.pl	pleased, delighted, blessed, comforted, happy
hontu	V	imp.3.pl	may they be! they must be!
ñātayo	n	m.n.pl	family, relatives, kinsmen
no	pn	1.gen.pl	our
VO	pn	2.gen.pl	your

may this (merit) be for my relatives, happy may the relatives be. may this (merit) be for our relatives, happy may the relatives be. may this (merit) be for your relatives, happy may the relatives be.

#### **DEVATA-PATTI-DĀNA**

[sri lanka]

ettāvatā ca amhehi sambhatam puñña-sampadam sabbe devā anumodantu sabba-sampatti-siddhiyā.

ettāvatā	ind		to this extent, to this degree, so far
ca	ind		and
amhehi	pn	1.ins.pl	by us, with us
sambhataṁ	adj	f.ac.s	brought together, stored up, acquired
puñña-	n		meritorious, good, wholesome, lit. (mental) pure
sampadaṁ	n	f.ac.s	attainment, achievement
sabbe	adj	m.n.pl	all
devā	n	m.n.pl	deities
anumodantu	V	imp.3.pl	may they rejoice in
sabba	adj	m.n.pl	all
sampatti	n	f.n.s	success, attainment; happiness, bliss, fortune
siddhiyā	n	f.dat.s	for accomplishment, success, prosperity
puñña- sampadam sabbe devā anumodantu sabba sampatti	adj n n adj n v adj n	f.ac.s f.ac.s m.n.pl m.n.pl imp.3.pl m.n.pl f.n.s	brought together, stored up, acquired meritorious, good, wholesome, lit. (mental) pure attainment, achievement all deities may they rejoice in all success, attainment; happiness, bliss, fortune

## May all deities rejoice in meritorious achievement so far acquired by us, for the prosperity of all fortune.

ettāvatā ca amhehi sambhatam puñña-sampadam sabbe bhūtā anumodantu sabba sampatti siddhiyā

bhūtā n m.n.pl beings, living beings

## May all living beings rejoice in meritorious achievement so far acquired by us, for the prosperity of all fortune.

ettāvatā ca amhehi sambhatam puñña-sampadam sabbe sattā anumodantu sabba sampatti siddhiyā

sattā n m.n.pl beings, living beings, creatures

May all creatures rejoice in meritorious achievement so far acquired by us, for the prosperity of all fortune.

#### PARAMĀYA PŪJĀYAÑCA PAŅIDHIÑCA

[sri lanka]

buddham jīvita-pariyantam saraņam gacchāmi.

buddhaṁ	n	m.ac.s	the Buddha, Awakened One
jīvita-	n		life, life span
pariyantaṁ	n	m.ac.s	end, limit
saraṇaṁ	n	nt.ac.s	shelter, refuge, help, lit. protection
gacchāmi.	V	pr.1.s	I go, walk, move

### I go to the Buddha for refuge up to the end of the life span.

dhammam jīvita-pariyantam saraņam gacchāmi

dhammam n m.ac.s the Teaching, Doctrine

#### I go to the Dhamma for refuge up to the end of the life span.

sangham jīvita-pariyantam saranam gacchāmi

saṅghaṁ n m.ac.s the Community, assembly of monks

### I go to the Sangha for refuge up to the end of the life span.

iminā puñña-kammena mā me bāla-samāgamo. satam samāgamo hotu, yāva nibbāna-pattiyā.

iminā	pn	nt.ins.s	with this, by this
puñña-	n		merit; righteousness
kammena	n	nt.ins.s	by action, deed
mā	ind		don't, may not
me	pn	1.g.s	to me, for me
bāla-	adj		ignorant; foolish
samāgamo	n	m.n.s	assembly, meeting

### by this righteous action, may I not have a foolish assembly

sataṁ	adj	m.ac.s	virtuous, good, true
samāgamo	n	m.n.s	assembly, meeting
hotu	V	imp.3.s	may it be
yāva	ind		as long as, as far as, up to
nibbāna-	n		extinction, calmness, free from desire (āsava)
pattiyā	n	f.dat.s	to reaching, attainment,

#### may I have a assembly with virtuous people, up to reaching freedom from desire.

#### DN 16.27

yo kho bhikkhu vā bhikkhunī vā upāsako vā upāsikā vā dhamm'ānudhamma-ppaṭipanno viharati sāmīcippaṭipanno anudhammacārī,

yo	pn	m.n.s	whoever
kho	ind		indeed
bhikkhu	n	m.n.s	monk, mendicant, lit. beggar
vā	ind		or
bhikkhunī	n	f.n.s	Buddhist nun
vā	ind		or
upāsako	n	m.n.s	lay disciple, lay devotee, lit. who sits near
vā	ind		or
upāsikā	n	f.n.s	female disciple
vā	ind		or
dhamma-	n		Dhamma
anudhamma-	adj		according to, in line with
paṭipanno	pp	m.n.s	practicing (for), lit. following the way
viharati	V	pr.3.s	lives, stays, remains, continues
sāmīcippaṭipanno	ad	lj m.n.s	following the right way
anudhammacārī,	ad	lj m.n.s	living according to the Dhamma, following the
			Dhamma, practicing according to the Dhamma

Whoever indeed monk or nun or lay devotee or female disciple remains practising in line with Dhamma, following the right way and living according to the Dhamma.

so tathāgatam sakkaroti garum karoti māneti pūjeti apacayati, paramāya pūjāya.

SO	pn	m.n.s	he, that
tathāgataṁ	n	m.ac.s	Such Become, Realised, being in such a state
sakkaroti	V	pr.3.s	honours, esteems, respects
garuṁ karoti	V	pr.3.s	respects, reveres
māneti	V	pr.3.s	honours, reveres, thinks highly
pūjeti	V	pr.3.s	worships, honours, offers (to)
apaciyati = apacayati	, V	pr.3.s	honour respect, pay reverence
paramāya	adj	f.ins.s	very highest, ultimate, superior, sublime, most
			extreme, lit. furthest
pūjāya.	n	f.ins.s	with veneration, homage, religious offering

# He honours, respects, reveres, worships and pays homage to the Such Become with the highest veneration.

[sri lanka]

imāya dhamm'ānudhamma-paṭipattiyā buddham pūjemi paramāya pūjāya

imāya	pn	f.ins.s	by this
dhamm'ānudhamma-		adj	according to Teaching, in line with the Dhamma
paṭipattiyā	n	f.ins.s	by practice, way, method
buddhaṁ	n	m.ac.s	the Buddha, Awakened One
pūjemi	V	pr.1.s	I worship, offers (to), honour
paramāya	adj	f.ins.s	with very highest, ultimate, superior, sublime
pūjāya	n	f.ins.s	with veneration, homage, honour

## By this practice according to the Teaching, I worship the Buddha with the highest veneration.

[sri lanka]

addhā imāya paṭipadāya jāti-jarā-byādhi-maraṇamhā parimuccissāmi

addhā ind most certainly! for sure! definitely!

imāya	pn	f.ins.s	by this
paṭipadāya	n	f.ins.s	by way, path of progress, practice
jāti-jarā-	n		birth and old age, being born and ageing
byādhi-	n		sickness, disease, lit. upset
maraṇamhā	n	nt.abl.s	from death
parimuccissāmi	V	fut.1.s	I will be completely freed (from), totally liberated
			(from), escape (from)

## For sure! By this practice I will be completely free from birth, aging, sickness and death.

idam me puññam āsavakkhayā-vaham hotu

idam	pn	nt.n.s	this
me	pn	1.gen.s	my
puññaṁ	n	nt.n.s	merit, good deed, lit. (mental) purity
āsavakkhayā-	n	m	extinction of the effluents
vahaṁ	adj	nt.n.s	carrying, leading
hotu	V	imp.3.s	may it be!

### May this my merit be leading to extinction of the effluents.

idam me puññam nibbānassa paccayo hotu

nibbānassa	n	nt.dat.s	for going out (of a lamp), extinguishing (of a fire),
			quenching
paccayo	n	m.n.s	cause (for), supporting condition (for), precondition
			(for), prerequisite (for), requirement (for)

May this my merit be supporting condition for extinguishing.