

CURRICULUM VITAE

Name: Lim Kien Mau

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Referees: Mr Steven Quek (NIE Adjunct Lecturer, Contact No: 97563104)



Qualifications

Bachelor of Engineering Degree – Mechanical & Production Engineering with Specialisation in Mechatronics (Nanyang Technological University)

International Association of Athletics Federations (IAAF) - Level 2 (New System)

National Coaching Accreditation Programme (NCAP) – Level 2

Heart Saver (CPR) & AED by National Resuscitation Council

Working Experience

Mileage – Sole Proprietor, Feb 2008 - Current

- Sole Proprietor (www.mileage.sg) - Sports Training and Sports Equipment Services
- Track & Field – Cross Country Coach

Republic Polytechnic – Sports Officer, Dec 2006 - Feb 2008

Fully in-charge of the following:

- Sports Event Management
 - Inaugural Round de campus Relay
 - Inaugural for Invitational Kayaking Competition
 - Institute-Varsity-Polytechnic (IVP) Track & Field and Swimming Championships
- National Physical Fitness Assessment (NAPFA)
 - NAPFA Test
 - NAPFA Workshops (Fitness Program, Sports Science Talks)
- Competency Development
 - Sport Science Holiday Program (Sports Science Workshops)
 - National Coaches Accreditation Program (NCAP) @ RP
- Road Race/Track & Field Interest Group
 - Advisor cum Coach

Self – Employed, Jun 2004 – Dec 2006

- Singapore Sports School - Science Relief Teacher
- Track & Field Coach
- Science & Mathematic Tutor

Awards

Nanyang Technological University Sports Recognition Award 2001-2004, Track & Field and Road Race, Full Colours Award

Coaching Credentials

Republic Polytechnic – Road Race Team 2005 - 2012

- Polytechnic-ITE Road Race Championship 2007, 2008, 2009, 2010, 2011
 - Women's Team / 1st, 1st, -, 2nd, 3rd
 - Men's Team / 2nd, 3rd, 2nd, -

Raffles Girl's School – Cross Country Team 2008 - Current

- National Inter-School Cross Country Championships 2012, 2013
 - C-Division Girl's Team / 2nd, 3rd
 - B-Division Girl's Team / 5th, 3rd
- Akira-Swift Goh Teck Phuan Memorial Age Group Cross Country Championships 2012
 - Girl's Under 14 Team / 1st

Anglo-Chinese Junior College – Cross Country Team 2010 - Current

- National Inter-School Cross Country Championships 2011, 2012, 2013
 - A-Division Girl's Team / 2nd, 3rd, 5th
 - A-Division Boy's Team / 5th, 3rd, 3rd
- Singapore Athletics Association National Cross Country 2012
 - Girl's Under 20 Team / 1st

Anglo-Chinese School (Independent) – Cross Country Team 2012 - Current

- National Inter-School Cross Country Championships 2013
 - C-Division Boy's Team / 1st
- Akira Tan Soo Liat Memorial Age Group Road Relay Championships 2012, 2013
 - Boy's Under 17 Team / 1st, 3rd
 - Boy's Under 15 Team / -, 1st & 2nd
- Akira-Swift Goh Teck Phuan Memorial Age Group Cross Country Championships 2012, 2013
 - Boy's Under 14 Team / 2nd, 1st
 - Boy's Under 20 Team / 2nd, -

Athletic Accomplishments

International Races

- Asean University Games – 5000m / 4th
- Angkor Wat International Half Marathon 2009 – 21.1km / 1h13m26s / 1st
- Taipei Fubon International Marathon 2010 – 21.1km / 1h12m07s / 10th
- Gold Coast Airport International Marathon 2010 – 42.195km / 2h35m37s / 18th

National Level Races

Running – Road Race (Selected Results)

- Run 350 2012 – Men's Open 10km Category / 1st
- Sundown Marathon 2012 – Men's Open 10km Category / 1st
- Waterway PAssion Active Run 2012 – Men's Open Category / 1st

Running – Track & Field (Selected Results)

- Singapore Open Track & Field Championship 2005, 2006 – 5000m / 1st, 1st
- Malaysia Pahang Track & Field Championship 2007 – 10000m / 2nd / 33m59s
- Malaysia Kuala Lumpur Track & Field Meet 2008 – 5000m / 2nd / 16m01s
- Singapore Open Track & Field Championship 2008 – 10000m / 1st

Institute–Varsity–Polytechnic (IVP)

- Road Race 2000, 2001, 2002 – Men's Individual & Team / 2nd, 1st, 1st
- Track & Field 2000, 2001, 2002 – 10000m & 5000m / 1st, 1st, 1st