

# Cellular hysteresis as a principle to maximize the efficacy of antibiotic therapy

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Antibiotic resistance has become one of the most dramatic threats to global health. While novel treatment options are urgently required, most attempts focus on finding new antibiotic substances. However, their development is costly, and their efficacy is often compromised within short time periods due to the enormous potential of microorganisms for rapid adaptation. Here, we developed a strategy that uses the currently available antibiotics. Our strategy exploits cellular hysteresis, which is the long-lasting, transgenerational change in cellular physiology that is induced by one antibiotic and sensitizes bacteria to another subsequently administered antibiotic. Using evolution experiments, mathematical modeling, genomics, and functional genetic analysis, we demonstrate that sequential treatment protocols with high levels of cellular hysteresis constrain the evolving bacteria by (i) increasing extinction frequencies, (ii) reducing adaptation rates, and (iii) limiting emergence of multidrug resistance. Cellular hysteresis is most effective in fast sequential protocols, in which antibiotics are changed within 12 h or 24 h, in contrast to the less frequent changes in cycling protocols commonly implemented in hospitals. We found that cellular hysteresis imposes specific selective pressure on the bacteria that disfavors resistance mutations. Instead, if bacterial populations survive, hysteresis is countered in two distinct ways, either through a process related to antibiotic tolerance or a mechanism controlled by the previously uncharacterized two-component regulator CpxS. We conclude that cellular hysteresis can be harnessed to optimize antibiotic therapy, to achieve both enhanced bacterial elimination and reduced resistance evolution.

experimental evolution | antibiotic resistance | *Pseudomonas aeruginosa* | cellular hysteresis | sequential treatment

Natural environments are often temporally dynamic. They produce continuously changing selective constraints that are a particular challenge for organisms to adapt to (1). Similar dynamic conditions may be used in human therapy to limit the ability of pathogens for resistance evolution. Antibiotic resistance is a global threat (2), enhanced by the ongoing emergence of new resistance mechanisms (3, 4). Sequential treatments may be one option to counter emerging resistance: The alternation of antibiotics may produce the challenging selection conditions that are known from many fluctuating natural environments. Indeed, previous evolution experiments consistently identified reduced resistance evolution and increased extinction at sublethal drug concentrations in sequential treatment protocols (5–8). The efficacy of sequential treatments has generally been attributed to the evolution of collateral sensitivity (9, 10), i.e., genetic trade-offs. Collateral sensitivity describes the case where resistance mutations pleiotropically increase sensitivity to other antibiotics. Intriguingly, collateral sensitivity only occasionally explains the observed dynamics of resistance evolution (5), indicating the activity of unknown selective pressures.

An alternative selective pressure may be caused by antibiotic-induced physiological changes in bacterial cells. Such inducible changes can affect motility (11), biofilm formation (12), and heat shock response (13). Moreover, certain bacterial responses can

be stabilized across generations. For example, the lactose utilization response in *Escherichia coli* is maintained for >10 generations after removal of lactose, by the inheritance of stable proteins (14). Positive autoregulation, a common feature of two-component sensors, can similarly stabilize responses for several days, as observed with PhoQ/PhoP (15). Upon specific environmental change, these inherited responses can have deleterious fitness effects. For example, salt-induced expression of the PhoE porin increases sensitivity to acid (16). Furthermore, structural damage from past stress encounters may be amplified in new environments. We here use the term “cellular hysteresis” (17) to summarize the inducible and long-lasting physiological effects on cellular integrity and function, spanning both discrete and quantitative changes. The term is more general than phenotypic memory, as it comprises positive and negative fitness effects induced by previous exposures. Although cellular hysteresis likely determines pathogen survival during sequential antibiotic treatments, it is not part of current treatment concepts. Consideration of negative hysteresis may enhance treatment efficacy when exposure to one antibiotic temporarily increases susceptibility to a subsequently administered second antibiotic.

## Significance

Rapid evolution is central to the current antibiotic crisis. Sustainable treatments must thus take account of the bacteria's potential for adaptation. We identified cellular hysteresis as a principle to constrain bacterial evolution. Cellular hysteresis is a persistent change in bacterial physiology, reminiscent of cellular memory, which is induced by one antibiotic and enhances susceptibility toward another antibiotic. Cellular hysteresis increases bacterial extinction in fast sequential treatments and reduces selection of resistance by favoring responses specific to the induced physiological effects. Fast changes between antibiotics are key, because they create the continuously high selection conditions that are difficult to counter by bacteria. Our study highlights how an understanding of evolutionary processes can help to outsmart human pathogens.

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The authors declare no conflict of interest.

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Data deposition: The sequences reported in this paper have been deposited in the NCBI Sequence Read Archive (SRA) database, <https://www.ncbi.nlm.nih.gov/sra> (Bioproject no. PRJNA484297).

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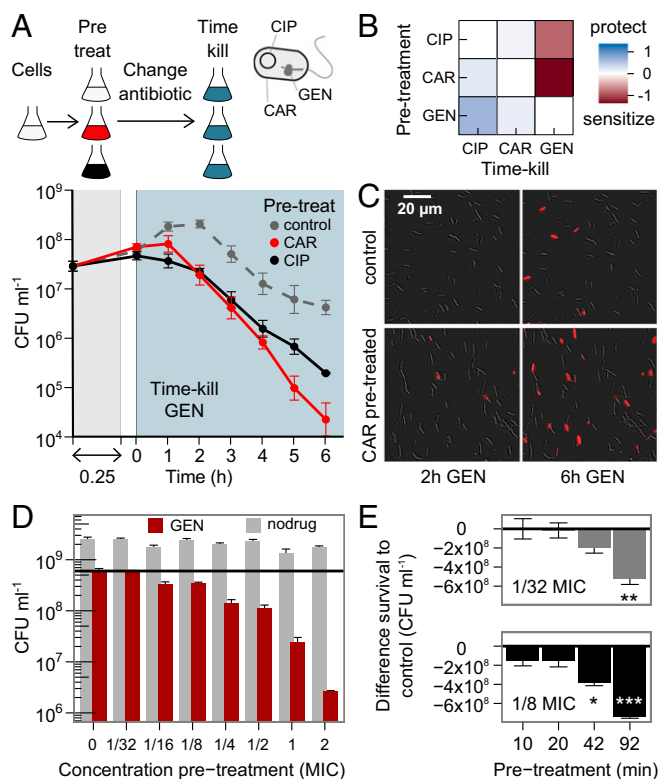
The objectives of our study were to test the potential of negative hysteresis to enhance efficacy of sequential therapy. We used the pathogen *Pseudomonas aeruginosa* as a model—the second-most critical threat of a multidrug-resistant pathogen (18). We first characterized the hysteresis landscape for *P. aeruginosa* for three clinically relevant, bactericidal antibiotics with distinct cellular targets: ciprofloxacin (CIP), gentamicin (GEN), and carbenicillin (CAR). We then investigated how different levels of cellular hysteresis modulate the evolutionary adaptive response to sequential treatment using high-throughput experimental evolution, mathematical modeling, whole-genome sequencing, and functional genetic analysis of potential targets of selection. Finally, we validated the potential of antibiotic hysteresis for the inhibition and prediction of resistance evolution by second-order experimental evolution.

## Results and Discussion

**Cellular Hysteresis Depends on the Order of Drug Switches.** We determined how short exposures to nonlethal concentrations of the three considered antibiotics CIP, GEN, and CAR affected later antibiotic treatment, by performing time-kill experiments (Fig. 1A). The inferred hysteresis landscape included negative, positive, and neutral effects and showed strong directionality. For the drug pair CAR/GEN, the sign of hysteresis effects was dependent on drug order (Fig. 1B): Preexposure to GEN, which is known to cause translational stress, protected cells from killing by CAR, while preexposure to CAR, which causes cell envelope stress, increased bactericidal activity of GEN (Fig. 1A–C and Movie S1). Similar directionality was observed for the drug pair CIP/GEN (Fig. 1B). Neutral or mild hysteresis effects were observed for the pair CIP/CAR. Altogether, the hysteresis landscape indicated that population survival during the antibiotic switch is strongly history-dependent, thus emphasizing the importance of drug order for the design of effective treatment. Order dependence and the observation that negative hysteresis can be achieved with drug pairs known to interact either synergistically (GEN+CAR) or antagonistically (CIP+GEN) (19) demonstrate that hysteresis and drug interaction are not necessarily linked. Hysteresis is also distinct from collateral sensitivity, as it occurs immediately, i.e., without acquiring resistance mutations.

Further analysis of negative hysteresis caused by the CAR → GEN switch revealed that pretreatments as short as 15 min (equivalent to 1/3 generation time) and concentrations as low as 3  $\mu\text{g/mL}$  [1/32 of the minimal inhibitory concentration (MIC)] were sufficient for the induction of accelerated killing (Fig. 1D and E). Bactericidal activity increased 400-fold when the 15-min pretreatments were performed with higher concentrations, i.e., 2 $\times$  MIC. These findings indicate a specific and robust physiological effect that may be exploited to increase the efficacy of antibiotic therapy, for example, by using sequential treatment. The increased killing is likely explained by  $\beta$ -lactam-induced acceleration of cellular influx of the aminoglycoside (20). The reduced killing in the reversed direction may be explained by aminoglycoside-induced up-regulation of efflux pumps (21, 22).

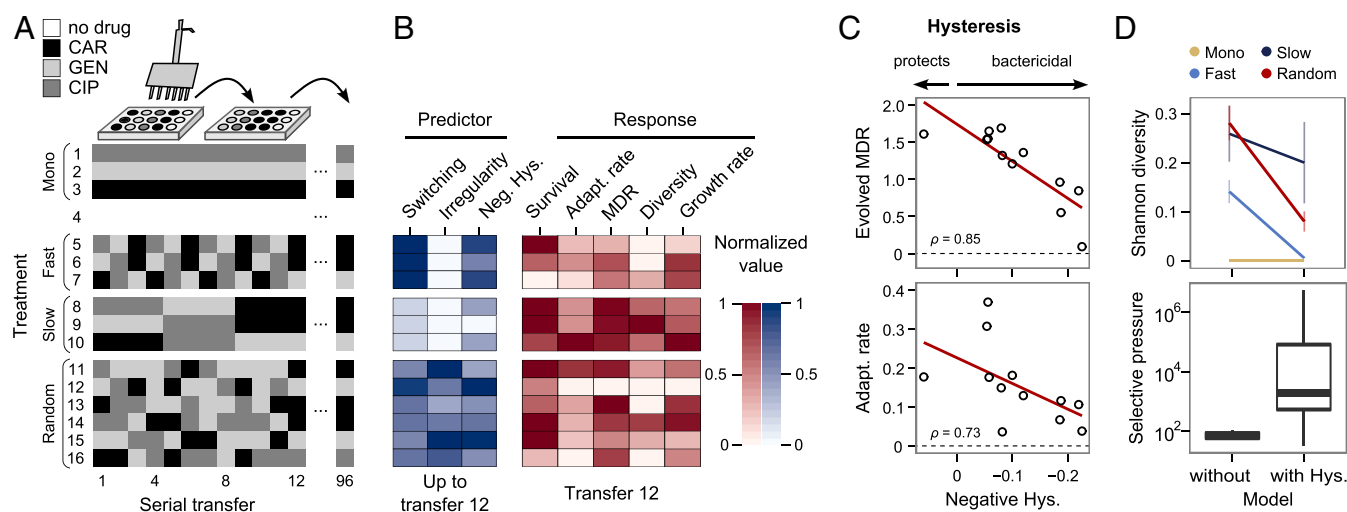
**Negative Hysteresis Increases Treatment Efficacy and Constrains Evolution of Resistance.** By modulating bacterial killing, we hypothesized that cellular hysteresis influences the rate of resistance evolution during sequential treatment dependent on drug order and the resulting cumulative level of hysteresis. To test these predictions, we conducted a high-throughput evolution experiment with 190 replicate populations over a total of 96 transfers (each with 12-h growth intervals; total of ~500 generations; Fig. 2A and SI Appendix, Fig. S2). We included three main types of sequential protocols to disentangle the influence of hysteresis from the frequency and regularity of drug switches (Fig. 2B, columns 1–3). Evolutionary dynamics were tightly monitored, with continuous measurements of population growth (every 15 min). These measurements revealed that the evolutionary dynamics were separated into three main phases across the 96 transfers (Fig. 3A): (i) an initial phase up to roughly transfer 12, during which



**Fig. 1.** Antibiotic-induced cellular hysteresis: Short antibiotic exposures affect later killing by other antibiotics. (A) Schematic and example data of time-kill experiment after pretreatment, using *P. aeruginosa* as model. Antibiotics CAR, CIP, and GEN have distinct cellular targets. Short pretreatments with nonlethal concentrations of CIP or CAR accelerate killing by GEN, shown as concentration of viable cells (cfu). Mean  $\pm$  SEM,  $n = 6$ . (B) Antibiotic pretreatment sensitizes or protects bacteria during subsequent time-kill experiment with other antibiotics. (C) Time-lapse microscopy of control and CAR-pretreated bacteria during GEN treatment. Dead cells are stained red by propidium iodide. (D) Influence of CAR 15-min pretreatments with varying concentrations on survival in GEN, and drug-free media. Black line represents survival in GEN without pretreatment. (E) Subinhibitory antibiotic concentrations are sufficient to induce negative hysteresis, if pretreatments are sufficiently long (according to Student's  $t$  test,  $n = 6$ , \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ ).

populations adapted rapidly and treatments varied strongly in evolutionary dynamics; (ii) an optimization phase from transfer 12 up to approximately transfer 48, during which two treatments (monotherapy, slow regular protocol) were almost fully adapted, while the other two (fast regular and random protocols) still produced increases in growth, yet at lower rates as during the first phase; and (iii) the long-term dynamics from transfer 48 onward, during which only small growth increases and little variation among treatments were observed. For a more detailed analysis, we focused on the early dynamics up to transfer 12, because these encompass the strongest differences in the tested variables and cover a clinically relevant time period of 6 d.

For the early dynamics, fast and random sequences led to significant improvements in three independently characterized, complementary measures for treatment efficacy (Fig. 2B; see SI Appendix, Tables S1–S6 for statistics), including (i) higher extinction frequencies (inferred from absence of growth during experimental evolution), (ii) lower adaptation rates (calculated from growth characteristics measured during the evolution experiment), and (iii) lower levels of evolved multidrug resistance (MDR, determined from antibiotic dose–response curves for individual bacterial clones isolated from the evolving populations; SI Appendix, Fig. S3). Importantly, the cumulative



**Fig. 2.** Negative hysteresis can constrain the bacterial evolutionary response during sequential treatment. (A) Schematic of evolution experiment with three main types of sequential treatments plus controls, including a total of 16 individual protocols. Only the first 12 transfers are illustrated. (B) Variation in tested parameters and measured traits up to transfer 12. The tested parameters include cumulative levels of negative hysteresis (Neg. Hys., dark indicates high levels), switching rate, and regularity of change (dark indicates high irregularity). The evolutionary response was measured for population survival (max = 12), adaptation rate (Adapt. rate,  $n \leq 12$ , extinct lineages excluded), evolved MDR ( $n = 35$ ), genotypic diversity ( $n = 20$ ), and exponential growth rate in absence of drugs (weighted mean,  $n = 3$ ). (C) Negative hysteresis levels (high levels toward right) correlated significantly with evolved MDR (red line shows regression line). (D) A mathematical model predicted lower genotypic diversity and higher selection intensities when accounting for cellular hysteresis.

levels of hysteresis were significantly correlated to both adaptation rates and evolved MDR (Spearman rank correlation,  $\rho \geq 0.73$ ,  $P \leq 0.01$ ; Fig. 2C). Evolved MDR was also significantly associated with switching rate, but to a lesser degree (Spearman rank correlation,  $\rho = 0.66$ ,  $P = 0.019$ ), while there was no significant relationship between switching and adaptation rates (SI Appendix, Fig. S5). Increases in both negative hysteresis level and switching rate led to higher extinction frequencies, even though the effect was not statistically significant. We conclude that, even though switching rate is important, the consideration of negative hysteresis is sufficient to predict treatment efficacy.

Surprisingly, the fast sequential protocols resulted in significantly fewer resistance types and thus less genotypic diversity than the slow regular treatments (Figs. 2B and 3B and SI Appendix, Fig. S4 and Table S3). These findings contrast with expectations from population genetic theory, because fast switching should have prevented competitive exclusion and, instead, caused coexistence of multiple types that continuously varied in relative frequency parallel to antibiotic exposure. To assess these dynamics, we developed and analyzed a mathematical model tailored to the design of the evolution experiment. Under standard conditions (without hysteresis), the model indeed predicted coexistence of several types under fast sequential conditions (Fig. 2D and SI Appendix, Fig. S6). Importantly, when we added hysteresis effects to the model, we found increased selection pressure and a reduction of diversity, especially for the fast and random sequential protocols. These observations suggest that the inducible physiological effects act as a strong selective constraint during sequential treatment and influence diversity within the evolving populations.

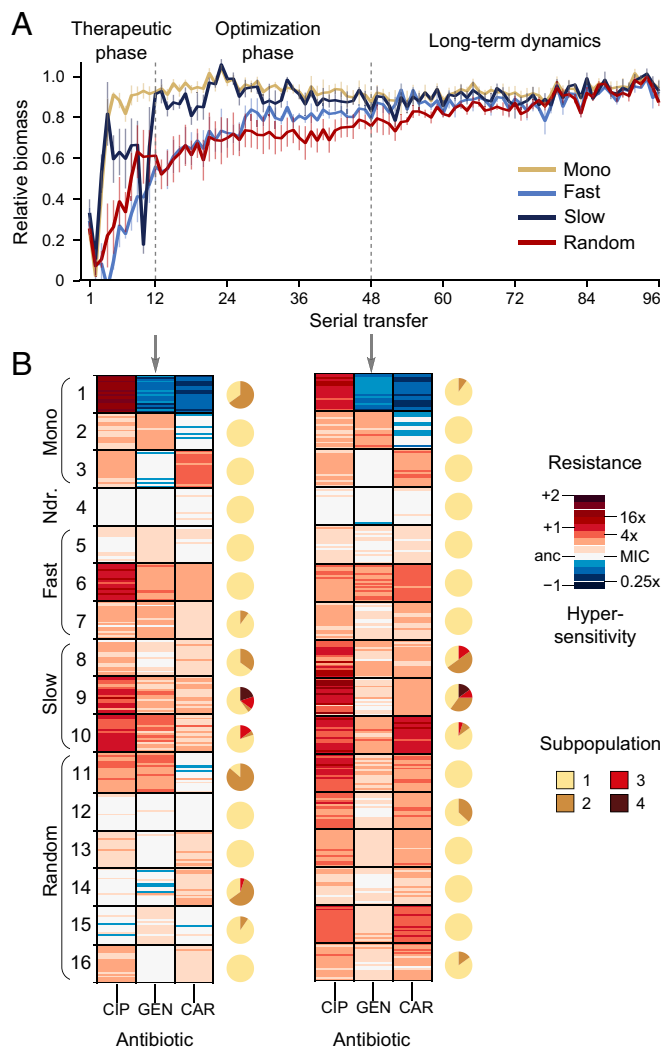
The mathematical model indicated that negative hysteresis increases selection intensity (Fig. 2D), yet the observed outcome was not MDR—as would be expected from competitive release (23)—but rather a constrained ability to evolve MDR (Fig. 2B). Thus, we hypothesized that negative hysteresis selects for traits specifically directed against the inducible physiological effects rather than resistance. This idea was supported by our additional analysis of growth rate. Almost all drug protocols resulted in significantly reduced growth rates under drug-free conditions (Fig. 2B, last column), but the three sequences (#5, #12, #15) with high levels of negative hysteresis and almost no evolved MDR showed the strongest growth reductions of up to 41%. The

combination of reduced growth and no MDR is indicative of antibiotic tolerance (24), an evolutionary strategy, in which bacteria evade killing by slow growth and which could have been favored through selection by negative hysteresis.

**Negative Hysteresis Favors Genetic Changes Mediating Tolerance and an Unknown Response.** To further assess the selective impact of negative hysteresis, we characterized the genes that have likely been the targets of selection using whole-genome sequencing and functional genetic analysis. The genomic characterization identified different sets of mutations to be favored by the main treatment types (Fig. 4 and Dataset S1). Intriguingly, the single nonresistant isolate from protocol #12 harbored a mutation that mediated a phenotypic response related to antibiotic tolerance. In detail, we followed concepts and methodology described previously (25), to test for tolerance with the help of time-kill experiments. These experiments revealed absence of resistance but reduced killing on all three antibiotics (Figs. 3B and 5B and SI Appendix, Table S7), consistent with antibiotic tolerance. This isolate had two mutations, a point mutation in the *ispA* gene (leading to amino acid change Y249D) and a frame shift in the *gcvT2* gene. Because the *gcvT2* mutation occurred across treatment groups (Fig. 4A), the *ispA* mutation is likely the adaptive change that caused reduced growth, possibly due to the toxic accumulation of isoprenyl diphosphates, as previously recorded for a  $\Delta$ *ispA* *E. coli* mutant (26). Sequence #12 was enriched for CAR-induced sensitization toward GEN (Fig. 2A). A reassessment of the CAR  $\rightarrow$  GEN transition showed that bacterial cells of this isolate could no longer be sensitized (Fig. 5C). We conclude that, in this single case, selection by negative hysteresis in sequence #12 has likely been countered by the emergence of a process related to antibiotic tolerance, mediated through a mutation in *ispA*.

In several other fast sequential protocols, negative hysteresis was countered by mutations in *cpxS* (SI Appendix, Fig. S7). This gene is related to the *E. coli* envelope stress response system CpxA–CpxR, which is activated by misfolded proteins, as caused by aminoglycosides (27), and involved in intrinsic resistance to these drugs in *E. coli* (28). Mutations in *cpxS* were significantly enriched in fast sequential treatments (SI Appendix, Table S6), including those with little indication of antibiotic tolerance (e.g., normal growth under drug-free conditions; protocol #7; Fig. 2B). To explore its function, we reintroduced one prevalent *cpxS*





**Fig. 3.** Overall evolutionary dynamics in response to sequential treatment. (A) Evolutionary dynamics expressed as total growth relative to evolving untreated controls. Mean  $\pm$  2 SEM,  $n = 3$  to 6 protocols per treatment with 12 replicate populations, extinct lineages excluded. Dashed vertical lines indicate time points for isolation of evolved bacterial clones. (B) Resistance profiles of 320 clones isolated after transfer 12 from 16 populations (early isolates) and 320 clones isolated after transfer 48 (late isolates); the clones are indicated by bars within the boxes for a particular treatment. Pie charts indicate frequencies of phenotypic subpopulations, as determined by hierarchical clustering. Different colors denote the distinct types per population. Summary statistics are presented in Fig. 2.

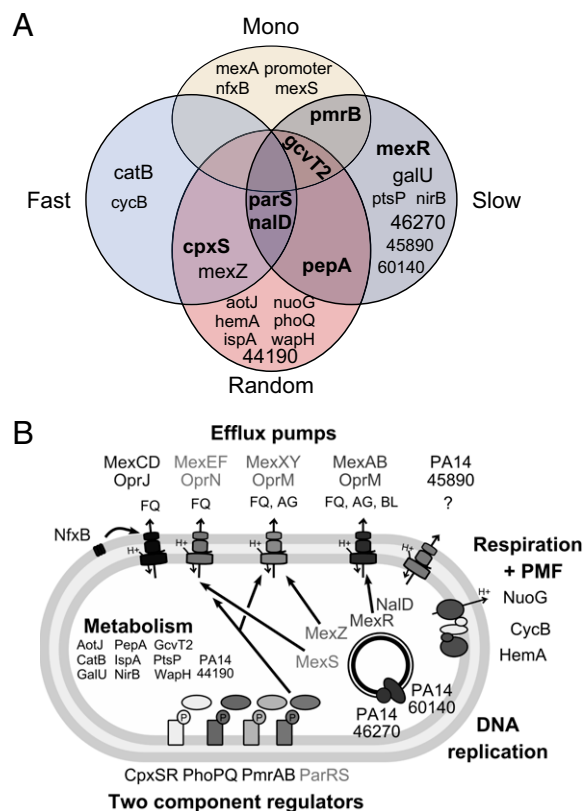
mutation (leading to T163P) into the ancestral background and compared it to the ancestor and the similarly generated *mexR* (T130P) mutant as a control. MexR regulates the multidrug efflux pump MexAB-OprM, which can extrude different drug classes (29), potentially conferring MDR. *MexR* mutations are unlikely favored by negative hysteresis, as this gene was frequently and exclusively mutated in slow sequential treatments (Fig. 4A). Our analysis revealed that resistance against CIP and CAR was moderate for the *cpxS* mutant, but strongly increased for the *mexR* mutant, while neither mutation altered resistance to GEN (Fig. 5A and *SI Appendix*, Fig. S8). Importantly, using two independent methods, we consistently found that the CAR-induced sensitization toward GEN was abolished in the *cpxS* mutant, but still present in the *mexR* mutant (Fig. 5C), which is also consistent with growth rate dynamics in the evolution experiment (*SI Appendix*, Fig. S9). In conclusion, mutations in *cpxS*

were favored in several fast sequential protocols and are thus likely to represent a general response to selection by negative hysteresis, apparently independent of antibiotic tolerance.

The above result for the *mexR* mutant additionally suggests that canonical resistance mechanisms do not abolish negative hysteresis. To further test this point, we characterized CAR  $\rightarrow$  GEN hysteresis for defined mutants in *mexA*, *nalC*, and *nalD*, all affecting the MexAB-OprM multidrug efflux system. Despite their increased resistance to the antibiotic of the pretreatment (i.e., CAR), negative hysteresis and thus enhanced killing by GEN could be readily induced, with high (up to 600  $\mu\text{g/mL}$ ) and also subinhibitory doses (*SI Appendix, Fig. S10*). We conclude that bacteria can suffer from negative hysteresis even if they are resistant against the drug of the sensitizing pretreatment.

**An Independent Experimental Test Validates the Importance of Negative Hysteresis.** To specifically test the consequences of

**Negative Hysteresis.** To specifically test the consequences of negative hysteresis, we took inspiration from Lewontin's theoretical work on evolutionary historicity (30), which highlighted that the order of events influences the evolutionary outcome. We thus repeated evolution experiments with the reversed order of drugs for the most effective sequence, #12, and the least effective sequence, #13 (inferred from evolved MDR; Fig. 2B). The reverse sequences had the same drug proportions and number of switches as the original sequences, but the direction of transitions was opposite. As a consequence, all was equal except that the cumulative level of negative hysteresis was decreased by 10% in the first case and increased by 11% in the second case (Fig. 6A). As expected, reversing #12 decreased extinction frequency (Fig. 6B) and significantly increased resistance (Fig. 6C and SI



**Fig. 4.** Genetic basis of adaptation. (A) Overlap of mutated genes among treatment types. Typeface and boldness indicate number of mutations in a gene. (B) Schematic of cellular functions targeted by adaptive evolution. Resistance is mostly achieved by mutations in two-component regulators or transcriptional regulators that control efflux pumps. AG, aminoglycosides; BL,  $\beta$ -lactams; FQ, fluoroquinolones; PMF, proton motive force.



resistant types. We modified a logistic growth model (competition for space) that included mutation,  $\dot{x}_i = (r_i x_i + \sum_{j=1}^n (q_{ji} r_j x_j - q_{ij} r_i x_i)) [1 - (1/K) \sum_{i=1}^n x_i]$ . Different genotypes were included with density  $x_i$  and growth rate  $r_i$ . Each genotype had three growth rates, for each of the possible treatments,  $r_i = \{r_i^{CIP}, r_i^{GEN}, r_i^{CAR}\}$ . The mutation rate  $q_{ji}$  determined the change of genotype  $j$  to another genotype  $i$ . The carrying capacity was defined by  $K$ . To simulate serial transfers, the mixture of types was diluted by a dilution factor  $DF$  at the end of each season. If the density of a genotype fell below the cutoff  $\kappa$  during dilution, it was lost and could only reappear via mutation. Following dilution, treatments could either switch or be repeated. The model was parameterized according to the evolution experiment:  $K = 10^8$  cells,  $DF = 50$  applied every 12 h,  $\kappa = 10$ . Population size was  $K/4$  ( $IC_{75}$ ) directly before the first transfer. Growth dynamics were generated for a simple system with four competing genotypes, the nonresistant wt and three mutants, individually resistant to CIP, GEN, or CAR, parameterized according to the results of the monotreatments #1 to #3 (growth rate table *R*, *SI Appendix*, Fig. S6). Some mutant growth rates were lower than those of the wt on particular antibiotics, denoting collateral sensitivity, consistent with previous results (37). Switches between antibiotics allowed for hysteresis effects, which we included by multiplying the respective growth rates from table *R* with the corresponding entry from table *S*, showing the antibiotic-induced physiological effects, experimentally inferred for the four genotypes (*SI Appendix*, Fig. S6). Using this model, we generated growth dynamics for mixed populations for the different sequential treatments, either with or without hysteresis. From the modeled dynamics, we inferred the selective pressure, as defined by  $K/X_{w,t}$  and the within-population diversity, as calculated from Shannon entropy.

**Genomics and Functional Genetic Analysis.** Whole-genome sequencing was performed for 30 evolved isolates from different subpopulations at the early time point, and the three subpopulations of #8 at the late time point (*SI*

*Appendix*). For defined mutants (*SI Appendix*), we assessed the change in growth upon pretreatment by OD<sub>600</sub> every 15 min. We additionally used flow cytometry (Guava EasyCyte HT Blue-Green; Merck KGaA) with hourly samples, Live/Dead staining, and three technical replicates. For staining, cells were incubated for 10 min with propidium iodide (P4170-25MG; Sigma-Aldrich) and thiazole orange (390062-250MG; Sigma-Aldrich). We assessed antibiotic tolerance for isolate 12-1a-E2-4 (isolated after transfer 12 from sequence #12) via minimal duration of killing (25).

**Replay Evolution Experiment.** The experiment was performed as the main evolution experiment, using sequences #12, #12rev, #13, #13rev, and an untreated control. Sequences #12 and #13 were the same as the first 12 transfers in the main experiment, and #12rev and #13rev were their respective reverse sequences. Resistance was quantified by the fold changes in  $IC_{75}$ .

**Statistical Analyses.** Data analysis was performed with *R* (38). Statistics, *P* values, and explanatory notes are provided in *SI Appendix*, Tables S1–S6.

**Data Availability.** The data are supplied as *Datasets S1–S5*. Sequence data are available from NCBI, BioProject PRJNA484297.

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