

**Enhancing Resilience and Social Cohesion among Refugee and Host Community
Women in Turkey - TOT sessions**

First Day: self awareness and gender equality nexus

Time	Topic	Why are we discussing this
9.00 – 9.30	Introduction	Why are we here today
9.30 – 10.30	Self assessment <ul style="list-style-type: none"> • Self awareness/ confidence • Building solidarity with host communities 	The session is intended to help women to identify themselves as active agent of change, solidarity and cohesion in their houses and within their communities, to bring out the best in them
10.30 – 11.30	Case study (to discuss in groups and then present)	If I were to draft the 'Code of co-existence with women from other nationalities, what would I include?
11.30 – 12.00	Break	
12.00 – 13.00	Applying gender concepts <ul style="list-style-type: none"> • Gender Awareness and Gender Equality • Practical vs. strategic gender needs 	Understanding the different terms and concepts related to gender roles and gender equality
13.00 – 14.00	Case study (to discuss in groups and then present)	In what way does gender inequality impact on women/ girls? Write down the main factors
14.00 – 14.30	Wrap Up	What did I like/ dislike? How can I improve?

Second Day: women's Empowerment, factors and impediments, & discrimination

Time	Topic	Why are we discussing this
9.00 – 9.30	Recap	What was the most important information that I learnt yesterday, and what was the least important
9.30 – 10.30	Empowerment <ul style="list-style-type: none"> • Factors vs. Impediments • Discrimination 	What leads to girls/ women's empowerment, and what are the obstacles that stands in the way, and the main discrimination against girls

10.30 – 11.30	Case study (to discuss in groups and then present)	Identify how cultural traditions impact women's lives and if they lead to discrimination against girls/women
11.30 – 12.00	Break	
12.00 – 13.00	GBV <ul style="list-style-type: none"> • Different forms of GBV • Child Marriage • Involving men to end VAW 	Understanding what is considered as violence and how violence come in different forms, including child marriage, and how men can be positive actors of change against violence
13.00 – 14.00	Case study (to discuss in groups and then present)	How does culture and tradition impact on women's lives?
14.00 – 14.30	Wrap Up	What did I like/ dislike? How can I improve?

Third Day: Women's Human Rights

Time	Topic	Why are we discussing this
9.00 – 9.30	Recap	What was the most important information that I learnt yesterday, and what was the least important
9.30 – 10.30	What are Human Rights? <ul style="list-style-type: none"> - HR Charter - CEDAW - ILO Conventions - Beijing PoA 	What HRs are, and what are women's HRs, how they emerged and evolved in different conventions and treaties
10.30 – 11.30	Case study (to discuss in groups and then present)	Which are the HRs that are most difficult to implement, and why?
11.30 – 12.00	Break	
12.00 – 13.00	Basic Training Techniques	Different techniques to use when conducting a training
13.00 – 14.00	Practising	Each participant will prepare 1-2 slides and present it to the rest of the participants
14.00 – 14.30	Wrap Up	What did I like/ dislike? How can I improve?