



**CHRISTIAN MEDICAL COLLEGE  
VELLORE - 4  
DEPARTMENT OF ORTHOPAEDICS UNIT II**

**DISCHARGE SUMMARY**

**Consultants**

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**Name : GOKUL R**

**Hospital Number :897725P**

**Age : 25**

**Sex : Male**

**Ward : B1**

**Admitted On : 14-Dec-2022**

**MRDNo : 825800J**

**Discharged On: 17-Dec-2022**

**Address : 89/100, PAZHAYA BAZAR STREET  
KANNAMANGALAM**

**ARNI T.V.MALAI**

**TAMIL NADU**

**Pincode :**

**Diagnosis: LEFT NECK OF FEMUR CLOSED MIDCERVICAL FRACTURE**

**History**

Mr.Gokul 25 year old male present with pain in the left hip after he sustained an electricution.

Time of Incident : 7:30:00 PM

Date of Incident : 13/12/2022

Place of Incident : KANNAMANGALAM -HOME

he was apparently till he sustined an electric shock while switching on the ups and sustained a closed injury to the left hip. Ever since he has complaints of pain in the left hip and is unable to bear weight on the left lower limb. He was taken to an outisde hospital where analgesics were given and then reffered to higher centre and hence came to CMC for further management.

No H/O ENT bleed, LOC or vomitting

He has no knwon co-morbidities

ADL;-

He was able to do all his daily activities before the incident

**On Examination**

Concious oriented

**VITAL SIGNS**

Respiratory Rate: 22 / min SpO2: 99 % Temperature: 98 F

BP: 130 / 80 mmHg Pulse Rate: 86 / min



Printout Taken on : 17-Dec-2022 14:01

Accredited by the NABH



Total GCS : 15 (E: 4, V: 5, M: 6)  
GRBS: 116

Chest compression test :- negative  
Pelvic compression test :- Positive on the left side  
Spine :- no tenderness or step

#### Local examination

Left Lower limb  
Limb externally rotated with mild shortening

Left hip  
No scars, sinus or engorged vein  
Tenderness over the anterior joint line and GT  
SLR Unable to do due to pain  
Hip ROM restricted due to pain

No distal Neurovascular deficits

Able to move all other limbs. No tenderness present.

#### Investigations

15/12/2022	P.C.V.	34.8	%	
14/12/2022	ECG (ED)	REPORT UPLOADED		
14/12/2022	RAPID BLOOD BORNE VIRUS SCREEN			
	HIV	NEGATIVE		
	HbsAg	NEGATIVE		
	HCV	NEGATIVE		
14/12/2022	CBC PROFILE [SAMPLE IN LAB]			
	NE:79, LY:14, MO:5, EO:2, BA:0			
	MCV	113.4	fL	80-100
	MCH	38.1	pG	26-34
	MCHC	33.6	%	31.4-36.3
	RDW	14.2	%	11.5-14.5
	TOTAL WBC	12400	/CUMM	
4,000-12,000	HB	13.8	g/dL	M 13-17;F
11-15	PLATELET COUNT	393000	/CUMM	
1,50,000-4,50,000	RBC	3.62	MM/cumm	M 4.4-5.9;F
3.8-5.2	HCT (PCV)	41.0	%	M 40-50;F
35-46	RETICS	40.0	%	0.5-2.5
13/12/2022	P.C.V.			
	Bp:Aniso+, macrocytic bp, poikilo prt, macro ovalocytes prt, occ polychromasia prt, Mr. Sheriff/Dr. Meenakshi			
13/12/2022	CREATININE	0.84	mg%	0.5-1.4

#### Operation Done

LEFT NECK OF FEMUR PINNING DONE ON 14/12/2022 .

IMPLANTS USED :

Three 3.5 mm cannulated cortical screws (90, 100, 105mm) with 3 titanium washers .

#### Discussion

Mr. Gokul R was admitted with above mentioned. After obtaining pre anaesthetic clearance he underwent left neck of femur pinning under general anaesthesia on 14/12/2022. He was received in the ward in satisfactory condition with stable vitals. His postoperative Xrays was satisfactory. He was started on ambulation with non weight bearing with crutches and knee ROM exercises. Dressing was done on post operative day 3 and wound was healthy. He remained afebrile and his stay in the ward was uneventful and is currently being discharged in a satisfactory condition.



possibility of AVN in the future explained to the patient and relatives

### **Recommendations**

#### **Physiotherapy:**

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Non weight bearing ambulation with crutches  
Knee ROM exercises .

#### **Prescription:**

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Tab. Cloxacillin 500 g every 6 hours for 10 days.  
Tab. Ciprofloxacin 500 mg twice daily for 10 days.  
Cap. Omez 20 mg twice daily for 10 days.  
Tab. Aceclofenac 100 mg twice daily for 7 days.  
Tab. Paracetamol 1 g whenever required.  
Tab. Vitamin C 500 mg once daily for 1 month.  
Tab. Shelcal 500 mg once daily for 1 month.  
Tab. Neurobion forte 1 tab once daily for 1 month.  
Tab. Chymoral Forte one tab thrice daily for 7 days

To review in Ortho 2 Trauma OPD on 27/12/2022 for wound review and suture removal

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For advance appointment booking - any of the following methods can be used

- a) Patient using credit card may log on to [www.clin.cmcvellore.ac.in](http://www.clin.cmcvellore.ac.in) and follow the link
- b) Email appointments can be obtained by sending mail to [webappointment@cmcvellore.ac.in](mailto:webappointment@cmcvellore.ac.in)

You may come to the Accident and Emergency department/ Orthopaedics Unit II OPD (Tue/Fri) if you have severe pain or fever or unpleasant discharge from the operated site.

For treatment queries, please contact Orthopaedics Unit II Office (Paul Brand Building, 1st Floor, 1105) at 0416-2282081 during working hours or email at [ortho2@cmcvellore.ac.in](mailto:ortho2@cmcvellore.ac.in)  
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**Written By : Dr. JANE S. SATHIAVADIVU**

**Checked By : Dr. PAUL VIJITH P**

**Verified By : Dr. QUINSTON WILSON M**

Dr. JOZY TIMOTHY N (Assistant Professor)

*Dr. J. S. Sathiaivadivu*

DEPARTMENT OF ORTHOPAEDICS UNIT II

**For OPD appointments please visit <https://clin.cmcvellore.ac.in/webapt/telelanding.aspx>**

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In case of any Emergency please report to the Casualty Medical officer in the Accident and Emergency Department, who will inform our duty

