**LAPORAN**

Nama : {{nama}}

Umur : {{umur}}

Gender : {{gender}}

Berat Badan : {{bb}}

Tinggi Badan : {{tb}}

* **HASIL ANALISA**

|  |  |
| --- | --- |
| DATA | HASIL |
| IMT | {{imt}} |
| BBI | {{bbi}} |
| BMR / BEE | {{bmr}} |
| ENERGI / TEE | {{energi}} |
| PROTEIN | {{protein}} |
| LEMAK | {{lemak}} |
| KARBOHIDRAT | {{karbo}} |

* **KEBUTUHAN PER MAKAN**

|  |  |  |  |
| --- | --- | --- | --- |
|  | MAKAN PAGI | MAKAN SIANG | MAKAN MALAM |
| ENERGI | {{energi\_pagi}} | {{energi\_siang}} | {{energi\_malam}} |
| PROTEIN | {{protein\_pagi}} | {{protein\_siang}} | {{protein\_malam}} |
| LEMAK | {{lemak\_pagi}} | {{lemak\_siang}} | {{lemak\_malam}} |
| KARBOHIDRAT | {{karbo\_pagi}} | {{karbo\_siang}} | {{karbo\_malam}} |