



SERMON OUTLINE NOTES

I. WHAT IS OUR HEART'S TREASURE? (MATTHEW 6:21)

- A. Our hearts are calibrated toward what we treasure most
 - 1. We live toward what we love (**Proverbs 4:23**)
 - 2. What we love and desire, we become (**1 John 2:15-17**)
 - 3. Whatever we love desire most is what we worship (**Deuteronomy 6:5; Luke 10:27**)
- B. The gap between what we know and what we do (**Matthew 15:7-9**)
 - 1. Hypocrisy is to say and do different things
 - 2. The gap cannot be reduced by more information and know-how (**James 1:22**)
 - 3. The heart, our love and desires, is the chief problem that has been shaped by what we do repeatedly (**Romans 12:1-2 NIV; Ephesians 4:17-19**)
- C. Our heart's treasure is oriented to our envisioned "good life" (**Luke 12:13-21**)
 - 1. The "good life" is the way we think things should be—our "telos"
 - 2. Most often, our vision of the "good life" is self-referential (**Luke 12:21**)
 - 3. Our habits form and share our loves and longings so that our whole lives are aimed at our vision of the "good life"

II. REVISITING JESUS' CALL TO DISCIPLESHIP (MATTHEW 11:28-30)

- A. Discipleship is coming to Jesus (**Luke 9:23-25**)
 - 1. Coming to Jesus involves self-denial (**Luke 9:23**)
 - 2. Coming to Jesus and finding true life (**Luke 9:24**)
 - 3. Coming to Jesus means weighing your love (**Luke 9:25; John 1:38-39**)
 - 4. Coming to Jesus means embracing new habits that will renew our hearts and create new loves and desires (**Matthew 11:29-30; Hebrews 5:15; 1 Timothy 4:7-8**)
- B. Discipleship is learning Jesus in order to be mature in Christ (**Ephesians 4:20-24**)
 - 1. It involves learning (**Colossians 1:28-29**)
 - 2. It also involves practices that form our habits (**Romans 13:14**)
- C. Treasure the "Good Life" in life to learn and practice that our developed habits will shape our loves and desires (**Galatians 5:5-6, 13:26**)
 - 1. Christ is our example, and we must walk as he walked (**1 John 2:4-6**)
 - 2. Rest in silence, pray, be attentive and present, pursue friendship, listen, read scripture, behold beauty, be with God's people

SERMON REFLECTIONS

1. What is the relationship between what we love and worship? What does it mean that our hearts are calibrated to what we treasure?
2. Why is the acquisition of information unlikely to change the way we live? In your experience, is that true? Why, or why not?
3. How do our habits shape and form our loves? How have your loves and desires been shaped by your habits?
4. What would you describe as the “good life”? How does that vision affect your choices and behaviors?
5. Discipleship is learning Jesus in order to be mature in Him. What does that involve?
6. Brainstorm some practices you could do to create habits that will rightly order your loves.

MATTHEW 6:21

For where your treasure is, there your heart will be also.

MATTHEW 11:28-30

Come to me, all who labor and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For my yoke is easy, and my burden is light.”