

**Title: My Scientific Life Theory**

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## **Introduction**

I believe that life cannot be explained by current physical and chemical laws alone. Although I fully support the conservation laws—like the conservation of energy, mass, and momentum—I believe that these laws cannot fully account for the origin and behavior of living things. Something is missing. I call this missing factor “**life elements**” or “**life spirit.**”

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## **Key Arguments**

1. **Life is too complex to form by chance.**  
A living organism requires many complex molecules working together. It's extremely unlikely that all these molecules would randomly form in the same place and time from basic elements and known physical laws.
  2. **Molecules must follow organized processes.**  
These complex molecules don't just exist—they must work together in coordinated steps. It's hard to imagine these processes developing themselves purely by chance.
  3. **Life requires proper food to survive.**  
When a new life form appears, it must have a food source that suits it exactly. It's unlikely that the right food would randomly be available when life first forms.
  4. **DNA does not evolve through random error.**  
DNA duplication errors usually damage or destroy life. It is highly doubtful that copying mistakes alone could lead to better, more advanced life forms.
  5. **But life does exist.**  
Despite all these impossibilities, life exists. This suggests there's something beyond physics and chemistry helping guide the formation and function of life.
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## **What Are Life Elements?**

I believe **life elements** are invisible components that interact with matter, but they themselves are not matter or energy. They cannot be created or destroyed, but they can **accumulate**, **guide**, and **recycle**.

- Life elements **guide the biochemical processes** inside living things to keep them alive.
  - They can **communicate** between life forms.
  - They **obey the conservation of momentum** and do not break physical laws, but they can convert matter into energy in subtle ways to cause motion or changes.
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## Personal Evidence

### 1. The Palm Test

I often ask people to raise their hand, palm facing mine, with about 6 inches of space between our hands. I then wave my palm gently. Many people report feeling a warm or tingling sensation—even from a distance of several feet. But when I bring my hand close or touch theirs, my palm feels cooler than theirs.

If it were just heat transfer, this would be impossible—heat can't flow from a colder object to a warmer one. Therefore, this effect must be caused by something else—something that behaves like a **life field**, not just temperature.

### 2. Healing My Sister-in-Law's Back Pain

In another case, I helped my sister-in-law relieve her back pain. I used three fingers to gently touch the top center of her head (C7 point), and placed my palm over the painful area of her back—through her clothing. She reported feeling intense warmth. Later, she looked in the mirror and saw a red palm-shaped mark on her back. This showed that **something beyond simple heat transfer** had affected her body—possibly her own life spirit being activated by communication with mine.

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## How Life Elements Work

- When a person grows, they accumulate life elements. When they die, their life spirit breaks down into basic life elements again, which are then recycled into other life forms.
  - This may explain why **souls** are sometimes seen shortly after death. They are **not made of matter**, so they don't reflect light normally. But they might convert small amounts of matter into dim light to be seen briefly.
  - I believe I once saw the soul of my grandmother's sister. She appeared floating in a dim room and faded slowly after a few seconds. Her form was gray and didn't touch the ground—consistent with something that doesn't obey gravity like normal matter.
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## The Role of Life Elements in Evolution

- Life elements may carry **memories or information** from past life forms.
  - When a new life form develops, it can use this information to build a more advanced form.
  - This could explain why life started simple and became more complex—not just through random mutation, but guided by the recycling of intelligent life elements.
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## Free Will and the Future

Many scientists think the future is completely determined by physics—just particles following predictable laws. But if life elements exist, they can make choices by influencing matter. That means the **future is not fixed**. Free will exists because of life elements.

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## Conclusion

My theory does not reject science. I deeply support the basic physical laws of nature. But I believe that those laws alone are **not enough** to explain life. Something else—something subtle but powerful—must be involved. That something is what I call **life elements or life spirit**.

I have developed this theory through more than 50 years of thinking, observation, and personal experience. I do not expect everyone to agree, but I hope some people will find this useful, expand on it, or use it to explain things that science can't fully answer yet.