Title: My Scientific Life Theory and Psychic Abilities

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Introduction

In this paper, I apply my Scientific Life Theory to examine whether various reported psychic abilities are scientifically and logically possible. Psychic abilities—such as telepathy, clairvoyance, and energy healing—are often claimed to operate beyond the limits of traditional physics. Therefore, if any of these abilities are real, they must involve not just matter and energy, but the *life element* or *life spirit*, as proposed in my theory.

I evaluate these abilities through both scientific reasoning and the lens of life theory, classifying which are consistent with physical laws and which contradict them.

Categorizing Psychic Abilities

Psychic abilities are commonly grouped into several categories:

1. "Clair" Abilities (Non-Physical Perception)

- Clairvoyance: Seeing images or visions not perceived by normal sight
- Clairaudience: Hearing sounds beyond physical hearing
- Clairsentience: Sensing others' emotions or energies
- Claircognizance: Deep intuitive knowing
- Clairalience / Clairgustance: Smelling or tasting non-physical impressions

2. Mental Communication and Empathy

- **Telepathy**: Mind-to-mind communication
- Empathy: Deep emotional sensing
- **Psychometry**: Reading energy from objects by touch

3. Time and Space Perception

- **Precognition**: Sensing future events
- Retrocognition: Sensing past events
- Remote Viewing: Perceiving unseen or distant places

4. Mind Over Matter

- Telekinesis: Moving objects with the mind
- Energy Healing: Healing through personal energy
- Astral Projection: Consciousness leaving the body
- Aura Reading: Sensing another's energy field

5. Spirit Communication

• **Mediumship**: Contacting spirits or deceased individuals

Abilities Incompatible with Physics and Life Theory

XClairvoyance, Clairaudience, Remote Viewing, Astral Projection € 1.00 € 2.00

To see an image, light must reflect from the object, pass through a lens system, and be detected by a sensor (like an eye or camera). The *life element* is not matter and lacks these physical functions. Therefore, the life spirit cannot see, hear, or taste in the physical sense. This rules out: - Clairvoyance - Clairaudience - Clairalience - Clairgustance - Remote Viewing - Astral Projection

XPrecognition (Seeing the Future)

In my Scientific Life Theory, the future is **not predetermined**. It depends on dynamic interactions among life forms and environments. Therefore, the future cannot be precisely known in advance—ruling out true precognition.

XTelekinesis (Psychokinesis)

Telekinesis violates the **conservation of momentum**, a fundamental law of physics. Moving an object without an equal and opposite reaction is physically impossible. Therefore, this ability cannot occur through life spirit or physical means.

Abilities Plausible via Life Spirit Communication

⟨Clairsentience, Telepathy, Empathy

These abilities may be explained through *life spirit to life spirit* communication. Each person's conscience can connect to their own life spirit, which can then communicate with another's life spirit—bypassing physical matter.

Touching an object may allow a person's life spirit to connect with subtle life-related energy patterns or memory residues stored in the object's field.

∀Healing (Revised Explanation)

The commonly used term "energy healing" is misleading. A better explanation is: > "The person's **conscience communicates with their own life spirit**, which then **communicates with the patient's life spirit**, and that life spirit **modulates biochemical processes** in the affected area to promote healing."

This aligns with a personal experience I described in my life theory—healing my sister-in-law's back pain via life spirit interaction.

Real-World Case Study: Nina Kulagina

Nina Kulagina, a Russian woman, was reported to stop a frog's beating heart with her mind. This could be understood in life theory terms as: - Her conscience communicated with her life spirit - Her life spirit influenced the frog's life spirit - The frog's life spirit stopped the heart's biochemical processes

This makes the event possible without violating physical laws, provided life spirits exist and can interact at that level.

Conclusion

Based on my Scientific Life Theory: - Many psychic abilities are impossible due to physical laws (e.g., seeing without light, moving objects without momentum exchange). - However, certain **emotional or spiritual communication abilities**—like empathy, telepathy, clairsentience, psychometry, and spirit-based healing—are **logically possible** if we accept life spirit communication.

These abilities are likely present in **every normal person**, though some may have more talent or sensitivity. They can be cultivated through intentional practice, empathy, and care. For example, to improve empathy: > "Think deeply about your family and friends. Care for them sincerely. Your life spirit will reach theirs, and they will feel your warmth."

Let us study and use these abilities **not as magic**, but as real expressions of the life element that connects all living beings.