



Locally Owned
by Ed Watson

400 Gilkey Road, Burlington, WA 98233
360-755-5550
www.creeksideretirement.com

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Winner of the
People's Choice
Award for Best
Retirement
Community
2008 & 2010



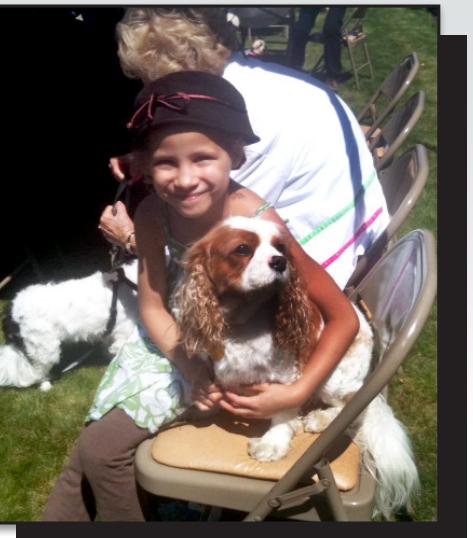
Pet Day

Saturday, July 23rd was a great day!

Beautiful weather, happy dogs and lots of help from the Creekside Staff and residents.
(Betty Erickson, Lee Stacey and Juanda Schatz).

Shirley & Daisy





Amy & Dolly

Thank You!

We would like to thank **Soapy Dog Shoppe and Bakery** for the donation of dog shampoo.

Also a special 'Thank you' to **Dr. MacInnes DMV, Mobil Veterinary Services**, for nail clipping and exams.



And a BIG THANKS to all that helped make Pet Day a huge success!

CREEKSIDE GURIER
Locally Owned by Ed Watson
10th Anniversary Edition
2001 - 2011
www.creeksideretirement.com

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August
2011

call. The need was for me to be the Front Desk Receptionist which has been a fun job but it gets a little harried sometimes. I enjoy talking to residents and their families and getting to know them all. Hopefully I will be here long enough to become a resident myself!

Both Vicky and Jerry have been important fixtures at Creekside Retirement Community over the past ten years. They have been here to answer the all important call to assist our residents and staff to make this community a better place. Vicky and Jerry work hard to represent our community in a professional and caring manner. Vicky has worked as Front Desk Reception since day one and like Jerry, she has worn many hats. With the opening of our 68 new apartments in November of 2009, our marketing department was looking for an extra hand in promoting the community. Vicky jumped right in to the marketing position and also helped out with chauffeuring when needed. We are very grateful to have both Vicky and Jerry as part of the Creekside Family and hope that they are with us another ten years! ☺

Creekside in Review: Through the eyes of our Fantastic Four!

We have four fabulous people who have been at Creekside since its doors opened ten years ago. Jerry Berendsen and Vicky Gonzalez were two of our first employees here at Creekside. Ruth Smiley and John Brown were some of the first residents at Creekside.

Ruth Smiley & John Brown

Ruth and John were some of our founding residents here at Creekside. They both have many fond memories over the past ten years. John says that he has enjoyed living here at Creekside. He especially loves the scenic rides.

When asked about what Ruth has enjoyed the most about living in her cottage here at Creekside, she replied, "this is the best place that I could be because of the amenities including chauffeur service, the bus and activities." Ruth also added, "I feel safe here." Ruth began to discuss some of the changes in the past ten years. She talked about the first anniversary party and they tried to have a dance and rented a dance floor. Well there were only about three or four male residents, so no one was dancing.

Vicky Gonzalez

What a whirlwind it has been! It is hard to believe that 10 years have come and gone in what feels like a blink of an eye. We opened our Creekside doors on



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A Decade of Change... And it all started here.



The first picture was taken on July 29th, 2000, this was the land that Ed Watson purchased where Creekside sits today.

The next picture was taken on October 4th, 2000, this was the first phase of Construction.

These pictures show us the transformation of an empty grassy area into what Creekside looked like when it opened ten years ago.

The final picture is from Google Maps and it is one of the latest pictures of Creekside Retirement Community with the new additions.

How Is Your Balance?



Life Care Center of Mt. Vernon is presenting a
“FALLS & BALANCE” Clinic

August 24th at 1:30 pm

Held here at Creekside Retirement Community

One of the leading causes of injury in senior citizens is because of falls due to decreased balance. Come meet with our Therapy Department who will be providing:

- Wii balance testing
- Walking assessments
- Wheelchair assessments
- Walker assessments
- Personalized fall risk analysis

A Decade of Service... Thank You Mona Allquist



Mona has been at the Creekside Beauty Salon since its doors opened in 2001. Her favorite part of working as a hair stylist for the Creekside residents is the residents themselves and listening to their stories. Mona provides a variety of services in the salon such as women and men's haircuts, perms and pedicures. The residents appreciate the salon because of its convenience and the friendly service they receive. We thank Mona for being a part of the Creekside family and the wonderful service that she provides to our residents for the last ten years!



July's employee of the month!

Epi has a very good personality, is very reliable, hard

working and is always willing to go the extra mile. He gets along well with all his co-workers, we all enjoy Epi's presence here in the kitchen.

Thanks Epi for being such a valued employee of Creekside!

Welcome Sarah Jackson!



Sarah Jackson is a new addition to our Creekside Salon. Sarah will be working in the Creekside Salon Wednesday thru Saturday 9:30am to 5:00pm. You can call the Salon or Sarah's cell phone (360)840-8176 to make an appointment with her. Remember that you can call the Salon to make appointments with Mona and that she works Tuesday thru Friday and she starts at 8:30am. Look in September's newsletter for our full article on Sarah Jackson and all the exciting things happening in the Creekside Salon!

Swing Dance Lessons



\$5.00
per person

for 2
sessions!

No charge
for residents

Two Sessions offered:

Tuesday, August 2nd at 11:00 am

Tuesday, August 9th at 11:00 am

R.S.V.P. to
360-755-5550
by August 1st

Creekside Welcomes
Our New Residents!

Please join us as we welcome:

**Joan Anderson,
Naomi Kruger
and Ken Smith**

at a New Residents Social, held
in their honor August 14th
at 2:00 p.m. in the Great Room

*Good Food, Good Friends
and Lively Entertainment!*



August Birthdays

Sam Mehling, Aug 1
Charlotte Semays, Aug 1
Yvonne Howe, Aug 7
Kay Garcia, Aug 7
Dorothy "Dottie" Harrington, Aug 13
Jon Hasenoehrl, Aug 13
Hersel Dickinson, Aug 14
Lacey Stollwerck, Aug 15
Ken Gentry, Aug 16
Jim Larson, Aug 18

Creekside Retirement Community SWINGS into our
10th Anniversary with a

Black & White
Party

Friday
August 12th, 2011
4:00-7:00 pm

- Cocktails
- Buffet Dinner
- Dancing

Renowned singer

**Trish Hatley
and her trio**

*will be playing
your favorite
swing music!*





Creekside Retirement Community Calendar

August 2011



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 am, Exercise GR 10:00 am, Haggens/Banking 1:30 pm, Resident Meeting GR 3:00 pm, Nickel BINGO GR	2 9:30 am, Exercise GR 10:00 am, Trivia IL 11:00 am, Swing Dance Lessons GR 1:30 pm, Shopping: Dollar Store 3:00 pm, Trivia AL 3:30 pm, Sitting Exercise AL	3 9:30 am, Exercise GR 10:00 am, Ladies Bible Study TR 3:00 pm, BINGO GR 3:30 pm, Sing Along AL 6:00 pm, Midweek Movie TR	4 9:30 am, Exercise GR 11:00 am, Tai Chi GR 1:30 am, Scenic Ride 3:00 pm, Wii Class GAM 3:30 pm, Cooking Hour AL 6:00 pm, Scrabble	5 9:30 am, Exercise GR 10:00 am, Fred Meyer 2:30 pm, BINGO GR 4:00 pm, Fireside Cocktails: Long Island Iced Tea, Music by Ken Fenske	6 9:30 am, Exercise GR 1:00 pm, BINGO GR 2:15 pm, Wii Class GAM 3:30 pm, Spinning Yarn with Joanie AL
7 10:00 am, Church Service TR 12:30 pm, Catholic Service TR 3:00 pm, Sunday Matinee TR	8 9:30 am, Exercise GR 10:00 am, Haggens/Banking 1:30 pm, Scenic Ride 3:00 pm, Nickel BINGO GR	9 9:30 am, Exercise GR 10:00 am, Trivia IL 11:00 am, Swing Dance Lessons GR 1:30 pm, Shopping: Thrift Store 3:00 pm, Trivia AL 3:30 pm, Sitting Exercise AL	10 9:30 am, Exercise GR 10:00 am, Ladies Bible Study TR 11:00 am, Casino Run Residents Choice 3:00 pm, BINGO GR 3:30 pm, Sing Along AL 6:00 pm, Midweek Movie TR Ears 2 U	11 9:30 am, Exercise GR 11:00 am, Tai Chi GR 2:00 pm, AL Resident Council AC 3:00 pm, Wii Class GAM 3:30 pm, Cooking Hour AL 6:00 pm, Scrabble Foot Care Room 218	12 9:30 am, Exercise GR 10:00 am, Fred Meyer Black & White Party	13 9:30 am, Exercise GR 1:00 pm, BINGO GR 2:15 pm, Wii Class GAM 3:30 pm, Spinning Yarn with Joanie AL
14 10:00 am, Church Service TR 12:30 pm, Catholic Service TR 2:00 pm, New Resident Social GR	15 9:30 am, Exercise GR 10:00 am, Haggens/Banking 1:30 pm, Scenic Ride 3:00 pm, Nickel BINGO GR	16 9:30 am, Exercise GR 10:00 am, Trivia IL 11:00 am, Tai Chi GR 1:30 pm, Monthly Birthdays with The Renegades 3:00 pm, Trivia AL 3:30 pm, Sitting Exercise AL	17 9:30 am, Exercise GR 10:00 am, Ladies Bible Study TR 11:00 am, Arts N Crafts AC 3:00 pm, BINGO GR 6:00 pm, Midweek Movie TR	18 9:30 am, Exercise GR 3:00 pm, Wii Class GAM 3:30 pm, Cooking Hour AL 6:00 pm, Scrabble Senior Day In The Park Bus Leaves at 10:30 am	19 9:30 am, Exercise GR 10:00 am, Fred Meyer 1:30 pm, Walking Group IL 2:30 pm, BINGO GR 4:00 pm, Solarium Social SL	20 9:30 am, Exercise GR 1:00 pm, BINGO GR 2:15 pm, Wii Class GAM 3:30 pm, Spinning Yarn with Joanie AL
21 10:00 am, Church Service TR 12:30 pm, Catholic Service TR 2:00 pm, Hometowners: Tom & Joe 3:00 pm, Sunday Matinee TR	22 9:30 am, Exercise GR 10:00 am, Haggens/Banking 1:30 pm, Scenic Ride 3:00 pm, Nickel BINGO GR	23 9:30 am, Exercise GR 10:00 am, Trivia IL 11:00 am, Tai Chi GR 1:30 pm, Shopping: Kohls, Bed Bath & Beyond, Old Navy, etc. 3:00 pm, Trivia AL 3:30 pm, Sitting Exercise AL	24 9:30 am, Exercise GR 10:00 am, Ladies Bible Study TR 1:30 pm, Balance Workshop GR 3:00 pm, BINGO GR 3:30 pm, Sing Along AL 6:00 pm, Midweek Movie TR	25 9:30 am, Exercise GR 11:00 am, Tai Chi GR 1:30 pm, Scenic Ride 3:00 pm, Wii Class GAM 3:30 pm, Cooking Hour AL	26 9:30 am, Exercise GR 10:00 am, Fred Meyer 2:30 pm, BINGO GR 4:00 pm, Happy Hour: Red Robin with Jerry	27 9:30 am, Exercise GR 1:00 pm, BINGO GR 2:15 pm, Wii Class GAM
28 10:00 am, Church Service TR 12:30 pm, Catholic Service TR 3:00 pm, Sunday Matinee TR	29 9:30 am, Exercise GR 10:00 am, Haggens/Banking 1:30 pm, Scenic Ride 3:00 pm, Nickel BINGO GR	30 9:30 am, Exercise GR 10:00 am, Trivia IL 11:00 am, Tai Chi GR 1:30 pm, Shopping: Mall 3:00 pm, Trivia AL 3:30 pm, Sitting Exercise AL	31 9:30 am, Exercise GR 10:00 am, Ladies Bible Study TR 11:30 am, Lunch Date: The New Panda Express 3:00 pm, BINGO GR 6:00 pm, Midweek Movie TR		LOCATIONS IL IL Lobby AL AL Lobby GR Great Room TR Theatre Room	GAM ... Game Room SL Solarium FR Fitness Room AC Arts & Crafts Room (AL 2nd floor)