All Assisted Living communities are not the same. First determine the services you need. Next find the community that best fits your service needs and personality.

## **Services may include:**

Activities of Daily Living (ADL)
Medication management
Assistance with bathing & grooming
Escort services to meals & activities
Incontinence management
Personal laundry
Transportation may include a wheelchair lift
Usually 3 meals daily
Residents bring own furniture
Typically month-to-month rental
Licensed nurse may oversee resident care
May offer respite (temporary) services
Two-person transfer \*
Diabetic care \*
Memory care\*

\* May not be available at all communities



## **Our Communities**

Apple Springs Senior Living 1001 Senna St., Omak, WA 98841 p. 509.826.3590

Columbia Ridge Senior Living 2300 W. 9th St., Washougal, WA 98671 p. 360.335.1238

Fountain Court Senior Living 24200 224th Ave. SE, Maple Valley, WA 98038 p. 425.432.3352

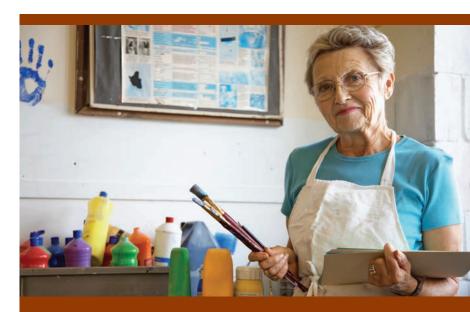
Maple Glen Senior Living 1700 N. 13th Loop Rd., Shelton, WA 98584 p. 360.427.0300 Normandy Park Senior Living 16625 1st Ave. S, Normandy Park, WA 98148 p. 206.241.0821

Parkview Senior Living 240 S. Silke Rd., Colville, WA 99114 p. 509.684.5677

Laurel Parc at Bethany Village 15850 NW Central Drive Portland, OR 97229 p. 503.533.7979 www.laurelparc.com



Celebrating the ART of Life



We hope you find this checklist helpful. Please feel free to call any of our communities for additional information or help. We're happy to be a resource for you as you navigate all the living options.



## **Choosing an Assisted Living Community**

A Checklist to Help You and Your Family Make the Right Decision Choosing an Assisted Living Community isn't an easy task. We've designed this checklist to help ease the process for you when visiting and evaluating assisted living communities.

Visiting a Community - Use Your Senses			Choosing a Community - Do You	ır Rese	earch		
Use Your Eyes			Location				
Does the staff interact well with residents?	☐ Yes	□ No	Is the community close to:				
Do residents appear happy?	☐ Yes	□ No	Family/Friends	☐ Yes	□ No	What is not included?	
Is the community clean?	☐ Yes	□ No	Shopping	☐ Yes	□ No	What is not moradou.	
Are the residents active and socializing?	☐ Yes	□ No	Banking	☐ Yes	□ No	<del></del> ,	
Are the apartment styles the right size?	☐ Yes	□ No	Church	☐ Yes	□ No		
Are the grounds well maintained?	☐ Yes	□ No	<ul> <li>Medical Facilities</li> </ul>	☐ Yes	□ No		
Does the community allow pets?	☐ Yes	□ No	Recreation (Park, Library, Senior Center, etc)	☐ Yes	□ No	Are additional service fees charged by point or level of care?	□ Yes □ No
What Do You Hear?			Reputation			Is the Care Staff licensed?	☐ Yes ☐ No
Is the community too noisy?	☐ Yes	☐ No	Who is the owner/manager?			Ask for a current activity schedule and tra	nsportation schedule.
Is the community too quiet?	☐ Yes	□ No	Length of time in business?				
Are the apartments quiet?	☐ Yes	□ No	Are they well known in the community?	☐ Yes	□ No	Apartment Styles: What is Importa	ant
What Do You Feel?			How did the community do			☐ Independently controlled heating and air	conditioning
Is the community warm and friendly?	□ Yes	□ No	on its last state survey?			□ View □ Square footage	
Is it sterile and uninviting?	☐ Yes	□ No	,			☐ Square rootage ☐ Life safety	
Is your first impression positive?	☐ Yes	□ No	Cost			☐ Easy access to common areas	
io your mot improcessin positive.	00	_ 140	Rental (month-to-month)?			☐ Kitchen/bath features	
Your Dining Experience			Lease (length of time)?			☐ Storage space	
Does the food taste good?	□ Yes	□ No	"Buy-in" with monthly fee?				
Is it served appropriately?	□ Yes	□ No	Rental Increases?			Notes:	
Are there choices? (meals/times)	□ Yes	□ No					
Can the staff accommodate special requests?	☐ Yes	□ No	Fees/Deposit				
Is the staff friendly?	☐ Yes	□ No	Refundable? \$				
•			Non-refundable? \$				
Try It Out			Pets? \$				
Does the community offer an overnight stay?	□ Yes	□ No	Apt. Hold? \$				
Does the community welcome guests to	□ 103	□ 1 <b>10</b>	•				
activities and events both in and out			Move-Out Criteria:				
of the building?	☐ Yes	□ No	When does a resident need to leave?				
			Features:				
Notes:			Common areas				
			Building design				
			Dullullu UCSIUII				

Services:

What is included in the rent?