



## *Breakfast*

### *Classic Egg Breakfast*

*Two eggs any style with your choice of  
Breakfast Potatoes and Toast, Biscuits & Sausage Gravy or Pancakes  
and your choice of Bacon, Sausage Links or Ham*

### *Laurel Parc Benedict*

*Poached Eggs and Pancetta nested atop buttery biscuits finished with a Sundried Tomato Hollandaise sauce.*

### *Granola, Yogurt and Berry Parfait*

*Layers of granola, yogurt and fresh berries*

### *Pancakes*

*Home-style buttermilk pancakes served with warm maple syrup*

### *French toast*

*Light and fluffy Cinnamon Egg Bread served with powdered Sugar, sliced Strawberries and Maple Syrup.*

### *Omelet of the Day*

*Or choose your own fillings!*

*Tomatoes,  
Bell Peppers  
Spinach,  
Green Onions,*

*Swiss Cheese,  
Cheddar Cheese  
Mushrooms,  
Avocado*

*Bacon  
Ham  
Bay Shrimp  
Sausage*

### *Fresh Fruit Plate*

*Fresh fruit of the day served with cottage cheese*

### *Hot Oatmeal*

*Creamy oatmeal served with your choice of brown sugar, raisins, toasted almonds, butter and hot milk*

### *Beverages*

*Coffee  
Hot or Ice Tea  
Milk (2%, Skim and or Whole)  
Juice (Orange, Cranberry, Apple and Lemonade)  
Hot Chocolate (Sugar Free and Regular)*



## Lunch

*All items available from 11 am to 7 pm*

*Sandwiches are served with a choice of Fries, Small Tossed Salad, Cottage cheese or fruit*

### *Bistro Burger*

*Hand-made Beef Patty with our special seasonings served on a toasted Kaiser Roll with sliced Tomato, Onion, Pickles and Lettuce. Grilled Onions on request*

### *Turkey Gobbler Croissant*

*Natural Roasted Turkey with Cranberry Cream Cheese on a Buttery Croissant*

### *Hot Meatloaf Sandwich*

*Home-style Meatloaf served open faced on sour dough bread with Gravy*

### *Grilled Chicken Cordon Bleu*

*Grilled Chicken Breast topped with thin sliced Ham and Swiss Cheese served on a toasted Kaiser roll*

## Soups and Salads

### *Soup of the day*

*Chef inspired creation. Ask your server.*

### *House Soup*

*Rich tomato-basil soup*

### *Soup and Salad*

*Cup of soup and a side house salad*

### *Laurel Parc Spring Salad*

*Spring Greens tossed with dried Cranberries, Bleu Cheese crumbles and toasted Almonds with a Balsamic Vinaigrette*

### *Cobb Salad*

*Diced Tomatoes, Bacon, Hard cooked egg, avocado, and Natural Roasted Turkey served over a bed of Spring Greens. Served with your choice of dressing*

### *Classic Spinach Salad*

*Fresh Baby Spinach, chopped Bacon, hard cooked Egg, and sliced Mushrooms tossed with Honey Mustard Dressing*

### *Chicken Caesar Salad*

*Grilled Chicken Breast on a bed of Romaine Lettuce with Croutons, Parmesan Cheese and our house made Creamy Caesar Dressing*

## Beverages

Coffee, Hot or Ice Tea, Milk (2%, Skim and or Whole), Juice (Orange, Cranberry, Apple and Lemonade)  
Hot Chocolate (Sugar Free and Regular), Soda (Coke, Diet Coke and Sprite)



## Dinner

*Available after 4:30*

*All entrees are served with a house salad*

### *Chicken Broccoli Alfredo*

*Tender chunks of Chicken and Broccoli Florets in a Creamy Alfredo Sauce over Fettucine.  
Pasta may be ordered al fresco – tossed in olive oil instead of Alfredo sauce*

### *Salmon Gremolata*

*Salmon Fillet topped with a buttery crust of Bread Crumbs, Herbs and Lemon Zest on a bed of Sautéed Spinach and served with Garlic Mashed Potatoes and a Balsamic Reduction.  
Salmon may be ordered plain, poached or grilled instead of crusted*

### *Grilled New York Filet Steak*

*Tender grilled New York Filet Steak topped with melted Gorgonzola Cheese served with Wild Mushroom Risotto, Vegetable of the day and Red Onion Marmalade*

### *Pot Roasted Beef*

*Fork Tender Beef simmered in a Red Wine sauce with served with Red Potatoes,  
Baby Carrots and sautéed Vegetables*

### *Sautéed Tilapia Catalan*

*Pan Seared Tilapia simmered with Tomatoes, Olives and White Wine and  
served with Saffron Rice Pilaf and Sautéed Vegetables*

## Dessert

### *Berry Crisp*

*Strawberries, Raspberries, and Blueberries baked with a streusel topping. Served warm A la Mode*

### *Cheesecake*

*Creamy New York Cheese Cake with Raspberry Sauce*

### *Cappuccino Crème Brûlée*

### *Chocolate Mousse Cake*

## Beverages

Coffee

Hot or Ice Tea

Milk (2%, Skim and or Whole)

Juice (Orange, Cranberry, Apple and Lemonade)

Hot Chocolate (Sugar Free and Regular)

Soda (Coke, Diet Coke and Sprite)