

**Important: Please note only data that has clinical mapping will be shared/transmitted.**

This health record is for date range : 11/01/2023 to 11/13/2023

Please note that below sections represents the most current data on record and are not specific to the date range :Demographics, Social History, Problems, Medications, Allergies, Immunizations, Health Concerns, and Medical Equipment (UDI).

## Patient Details

### Patient name

Lei Yu

### Contact info

160 Morgan St.  
Apt 1711  
Jersey City, NJ 07302, US

### Patient IDs

**46633**

**46633**

January 13, 1983

tel:571-668-0790

**Sex**

### LANGUAGE

Information not available

### RACE

### ETHNICITY

### Care Giver

Douglas Bailyn

### Contact Info

111 Broadway  
SUITE 504  
New York, NY 10006-1935, US  
Tel: 212-571-3331

### Care Giver

Tim Pierce

### Contact Info

111 BROADWAY  
RM 504  
NEW YORK, NY 10006-1982, US  
Tel: 212-571-3331

## ALLERGIES

No Known Allergies

## RESULTS

| Component  | Value | Reference Range | Notes                 |
|--|-------|-----------------|-----------------------|
| Lipid Panel  |       |                 |                       |
| Reviewed date:11/13/2023 08:17:12 AM   |       |                 |                       |
| Interpretation:  |       |                 |                       |
| Performing Lab:Z99, Quest Diagnostics-Clifton 1 Insights Drive, Clifton NJ 07012-2355 Peter E Fisher |       |                 |                       |
| Notes/Report:  |       |                 |                       |
| NON-FASTING  |       |                 |                       |
| NON-FASTING NON-FASTING NON-FASTING  |       |                 |                       |
| CHOLESTEROL, TOTAL   | 184   | <200 mg/dL      |                       |
| HDL CHOLESTEROL  | 56    | > OR = 40 mg/dL |                       |
| TRIGLYCERIDES  | 189   | <150 mg/dL      |                       |
|  |       |                 | Reference range: <100 |

|   |      |                      |  |
|---|------|----------------------|--|
| LDL-CHOLESTEROL   | 100  |                      | Desirable range <100 mg/dL for primary prevention;<br><70 mg/dL for patients with CHD or diabetic patients<br>with > or = 2 CHD risk factors.<br><br>LDL-C is now calculated using the Martin-Hopkins<br>calculation, which is a validated novel method<br>providing<br><br>better accuracy than the Friedewald equation in the<br>estimation of LDL-C.<br><br>Martin SS et al. JAMA. 2013;310(19): 2061-2068<br>( <a href="http://education.QuestDiagnostics.com/faq/FAQ164">http://education.QuestDiagnostics.com/faq/FAQ164</a> ) |
| CHOL/HDLC RATIO   | 3.3  | <5.0 (calc)          |  |
| NON HDL CHOLESTEROL   | 128  | <130 mg/dL (calc)    | For patients with diabetes plus 1 major ASCVD risk<br>factor, treating to a non-HDL-C goal of <100 mg/dL<br>(LDL-C of <70 mg/dL) is considered a therapeutic<br>option.  |
| TSH with Reflex to Free T4<br>Reviewed date:11/13/2023 08:17:13 AM<br>Interpretation:<br>Performing Lab:Z99, Quest Diagnostics-Clifton 1 Insights Drive, Clifton NJ 07012-2355 Peter E Fisher<br>Notes/Report:<br>NON-FASTING<br>NON-FASTING NON-FASTING NON-FASTING                |      |                      |  |
| TSH W/REFLEX TO FT4   | 1.15 | 0.40-4.50 mIU/L      |  |
| CBC (Includes Differential and Platelets)<br>Reviewed date:11/13/2023 08:17:13 AM<br>Interpretation:<br>Performing Lab:Z99, Quest Diagnostics-Clifton 1 Insights Drive, Clifton NJ 07012-2355 Peter E Fisher<br>Notes/Report:<br>NON-FASTING<br>NON-FASTING NON-FASTING NON-FASTING |      |                      |  |
| WHITE BLOOD CELL<br>COUNT   | 6.2  | 3.8-10.8 Thousand/uL |  |
| RED BLOOD CELL COUNT  | 4.44 | 4.20-5.80 Million/uL |  |
| HEMOGLOBIN  | 13.6 | 13.2-17.1 g/dL       |  |
| HEMATOCRIT  | 39.4 | 38.5-50.0 %          |  |
| MCV   | 88.7 | 80.0-100.0 fL        |  |
| MCH   | 30.6 | 27.0-33.0 pg         |  |
| MCHC  | 34.5 | 32.0-36.0 g/dL       |  |
| RDW   | 12.3 | 11.0-15.0 %          |  |
| PLATELET COUNT  | 257  | 140-400 Thousand/uL  |  |
| MPV   | 10.4 | 7.5-12.5 fL          |  |
| ABSOLUTE NEUTROPHILS  | 3422 | 1500-7800 cells/uL   |  |
|   |      |                      |  |

|                      |      |                   |  |
|----------------------|------|-------------------|--|
| ABSOLUTE LYMPHOCYTES | 2151 | 850-3900 cells/uL |  |
| ABSOLUTE MONOCYTES   | 434  | 200-950 cells/uL  |  |
| ABSOLUTE EOSINOPHILS | 143  | 15-500 cells/uL   |  |
| ABSOLUTE BASOPHILS   | 50   | 0-200 cells/uL    |  |
| NEUTROPHILS          | 55.2 | 38-80 %           |  |
| LYMPHOCYTES          | 34.7 | 15-49 %           |  |
| MONOCYTES            | 7.0  | 0-13 %            |  |
| EOSINOPHILS          | 2.3  | 0-8 %             |  |
| BASOPHILS            | 0.8  | 0-2 %             |  |

#### Comprehensive Metabolic Panel

Reviewed date:11/13/2023 08:17:13 AM

Interpretation:

Performing Lab:Z99, Quest Diagnostics-Clifton 1 Insights Drive, Clifton NJ 07012-2355 Peter E Fisher

Notes/Report:

NON-FASTING

NON-FASTING NON-FASTING NON-FASTING

|                           |              |                            |   |
|---------------------------|--------------|----------------------------|---|
| GLUCOSE                   | 95           | 65-99 mg/dL                | Fasting reference interval                                      |
| UREA NITROGEN (BUN)       | 14           | 7-25 mg/dL                 |   |
| CREATININE                | 0.85         | 0.60-1.29 mg/dL            |   |
| EGFR                      | 113          | > OR = 60<br>mL/min/1.73m2 |   |
| BUN/CREATININE RATIO      | SEE<br>NOTE: | 6-22 (calc)                | Not Reported: BUN and Creatinine are within<br>reference range. |
| SODIUM                    | 139          | 135-146 mmol/L             |   |
| POTASSIUM                 | 3.6          | 3.5-5.3 mmol/L             |   |
| CHLORIDE                  | 104          | 98-110 mmol/L              |   |
| CARBON DIOXIDE            | 25           | 20-32 mmol/L               |   |
| CALCIUM                   | 9.5          | 8.6-10.3 mg/dL             |   |
| PROTEIN, TOTAL            | 7.4          | 6.1-8.1 g/dL               |   |
| ALBUMIN                   | 4.5          | 3.6-5.1 g/dL               |   |
| GLOBULIN                  | 2.9          | 1.9-3.7 g/dL (calc)        |   |
| ALBUMIN/GLOBULIN<br>RATIO | 1.6          | 1.0-2.5 (calc)             |   |
| BILIRUBIN, TOTAL          | 0.9          | 0.2-1.2 mg/dL              |   |
| ALKALINE PHOSPHATASE      | 28           | 36-130 U/L                 |   |
| AST                       | 18           | 10-40 U/L                  |   |
| ALT                       | 18           | 9-46 U/L                   |   |

## REASON FOR REFERRAL

No Information

## MEDICATIONS

| Medication                 | SIG (Take, Route, Frequency, Duration) | Notes | Start Date | End Date | Status |
|----------------------------|--|-------|------------|----------|--------|
| Vitamin D 25 MCG (1000 UT) | 1 tablet Orally Once a day             |       |            |          | Active |
| Omega 3 1000 MG            | 1 capsule Orally Once a day            |       |            |          | Active |
| Fenofibrate 145 MG         | 1 tablet Orally Once a day             |       |            |          | Active |

## IMMUNIZATIONS

No Information

## SOCIAL HISTORY

Sex Assigned At Birth:

| Social History Observation | Description |
|----------------------------|-------------|
| Sex Assigned At Birth      | Unknown     |

## PROBLEMS

No Information

## VITAL SIGNS

|                          |            |            |  |
|--------------------------|------------|------------|--|
| Heart Rate               | 72 /min    | 11/09/2023 |  |
| Oximetry                 | 98         | 11/09/2023 |  |
| Blood pressure diastolic | 72         | 11/09/2023 |  |
| Height                   | 67 in      | 11/09/2023 |  |
| Blood pressure systolic  | 138        | 11/09/2023 |  |
| Weight                   | 174.3 lbs  | 11/09/2023 |  |
| BMI                      | 27.3 kg/m2 | 11/09/2023 |  |

## PROCEDURES

No Information

## Encounters

| Encounter | Location            | Date | Provider | Diagnosis   |
|-----------|---------------------|------|----------|---|
| Douglas H | 111 BROADWAY RM 504 |      |          | Encounter for general adult medical examination without |

|                     |   |            |                   |   |
|---------------------|---|------------|-------------------|---|
| Bailyn              | NEW YORK, NY<br>10006-1982                        | 11/09/2023 | Tim Pierce        | abnormal findings Z00.00 and Elevated blood-pressure reading, without diagnosis of hypertension R03.0 |
| Douglas H<br>Bailyn | 111 BROADWAY RM 504<br>NEW YORK, NY<br>10006-1982 | 11/13/2023 | Douglas<br>Bailyn |   |

## MEDICAL EQUIPMENT

|                |
|----------------|
| No Information |
|----------------|

## ASSESSMENTS

| Encounter Date | Diagnosis   | Treatment Notes  |
|----------------|---|--|
| 11/09/2023     | Encounter for general adult medical examination without abnormal findings (ICD-10 - Z00.00) | Continue healthy lifestyle choices currently in place. Instructed patient to sign up for the patient portal to receive test results.   |
| 11/09/2023     | Elevated blood-pressure reading, without diagnosis of hypertension (ICD-10 - R03.0)         | Instructed to purchase an Omron BP cuff and check BP at home once per day over the next week at different times of the day, write them down and send these results to me through the portal. Discussed lifestyle modifications as a physiological means to reduce blood pressure including DASH diet and exercising for 40min. 3-4x/ week. Avoid smoking and ETOH. |

## PLAN OF TREATMENT

|                |
|----------------|
| No Information |
|----------------|

## Goals Section

|                |
|----------------|
| No Information |
|----------------|

## Health Concerns

|                |
|----------------|
| No Information |
|----------------|

## Insurance Providers

| Payer Name   | Payer Address                             | Payer Phone  | Subscriber Number | Group Number | Insured Name | Patient Relationship to Insured | Coverage Start Date | Coverage End Date |
|--------------|---|--------------|-------------------|--------------|--------------|---------------------------------|---------------------|-------------------|
| AETNA<br>PPO | P O BOX<br>981106 EL<br>PASO, TX<br>79998 | 888-632-3862 | w273786701        |              | Yu, Lei      | Self - patient is the insured   |                     |                   |

## Progress Notes

## Examination

| Date       | Category | Sub-Category     | Detail   | Notes |
|------------|----------|------------------|--|-------|
| 11/09/2023 | General  | HEENT:           | pharynx without edema or exudate, sinuses nontender                          |       |
|            |          | NECK:            | no lymphadenopathy, thyroid symmetrical without enlargement or masses        |       |
|            |          | CV:              | heart rate normal and rhythm regular, no murmurs, click or rubs              |       |
|            |          | RESP:            | clear to auscultation bilaterally, no wheezes/rhonchi/rales                  |       |
|            |          | GI:              | soft and nontender, bowel sounds present x4 quadrants, no hepatosplenomegaly |       |
|            |          | CONSTITUTIONAL:  | well nourished   |       |
|            |          | SKIN:            | no rash or skin lesions  |       |
|            |          | NEURO:           | alert and oriented x 3, no focal deficits                                    |       |
|            |          | GU:              | deferred   |       |
|            |          | MUSCULOSKELETAL: | normal gait, strength equal bilaterally, no limits in ROM                    |       |
|            |          | PSYCH            | appropriate behavior and affect  |       |
|            |          | EYES:            | bilateral sclera white, no drainage or crusting                              |       |