

# **Shrinkage methods for regression**

# Motivation

more accurate predictions

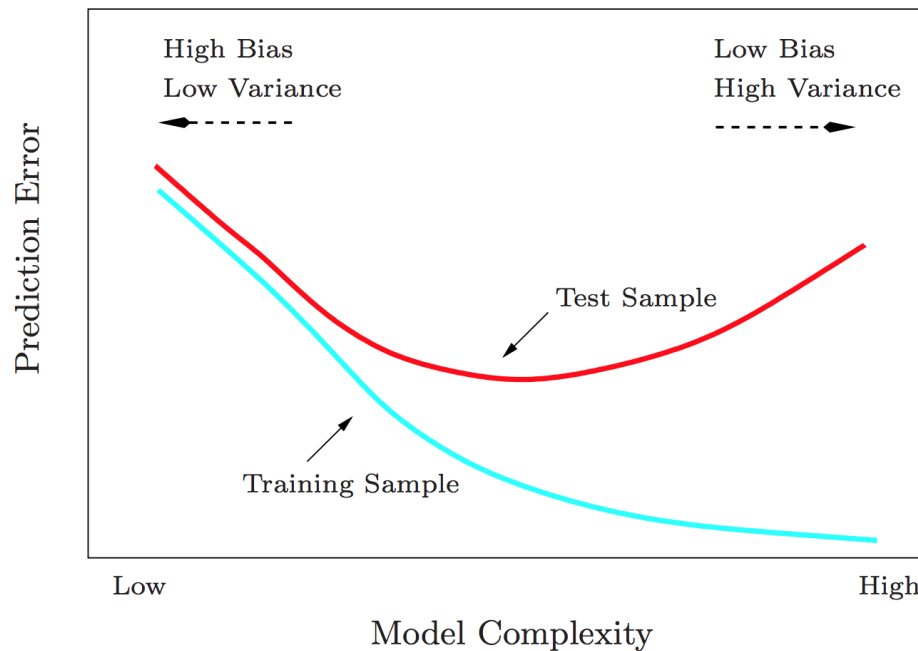


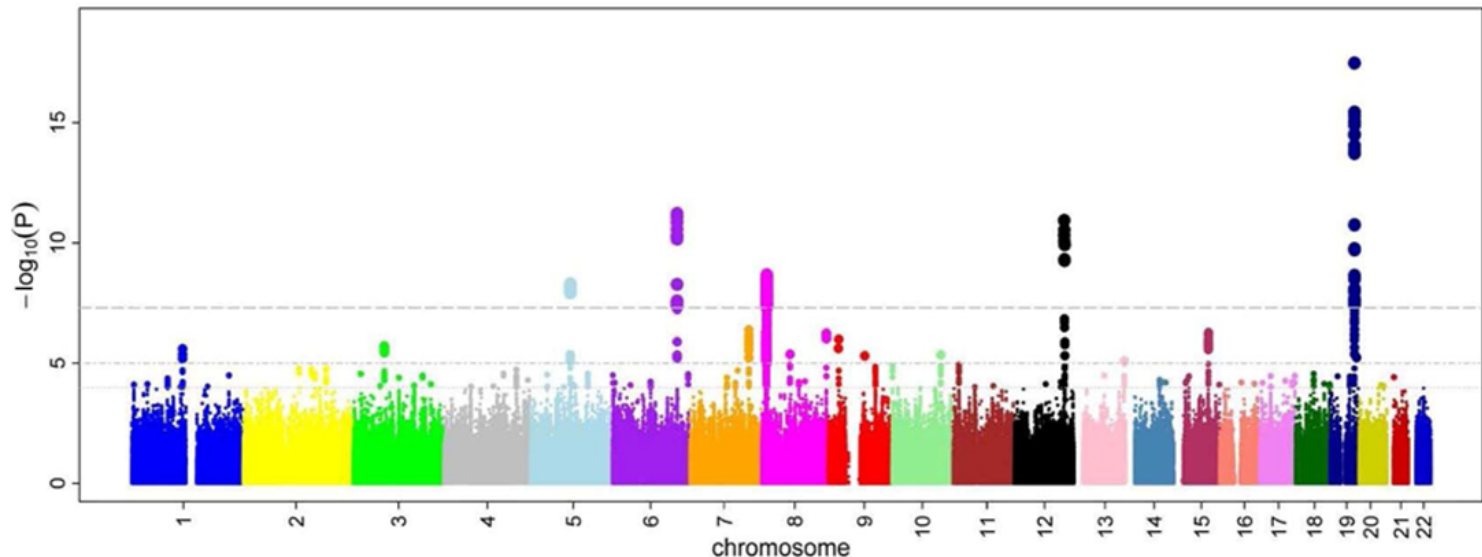
Image credit: [Elements of Statistical Learning](#)

# Motivation

sift through many candidate predictors

enable inference when  $p \gg n$ , e.g:

- Feature engineering
- Genome Wide Association Studies (GWAS)



# The idea

we want a model that fits the data, but we also don't want coefficients to be too big

we don't care about obtaining an unbiased estimator of the coefficients

*shrink* coefficients toward zero by adding a penalty on their size

# The idea

linear regression:

$$\hat{\beta} = \underset{\beta}{\operatorname{argmin}} \{\operatorname{RSS}(\beta)\}$$

$$\operatorname{RSS}(\beta) = \sum_{i=1}^N (y_i - \hat{y}_i)^2$$

$$\hat{\mathbf{y}} = \alpha + \mathbf{X}\beta$$

penalized regression:

$$\hat{\beta}^{\text{penalized}} = \underset{\beta}{\operatorname{argmin}} \{\operatorname{RSS}(\beta) + f(\beta)\}$$

# Two penalties:

## Ridge regression

Hoerl & Kennard (1970) - [link](#)

## The lasso

Tibshirani (1996) - [link](#)

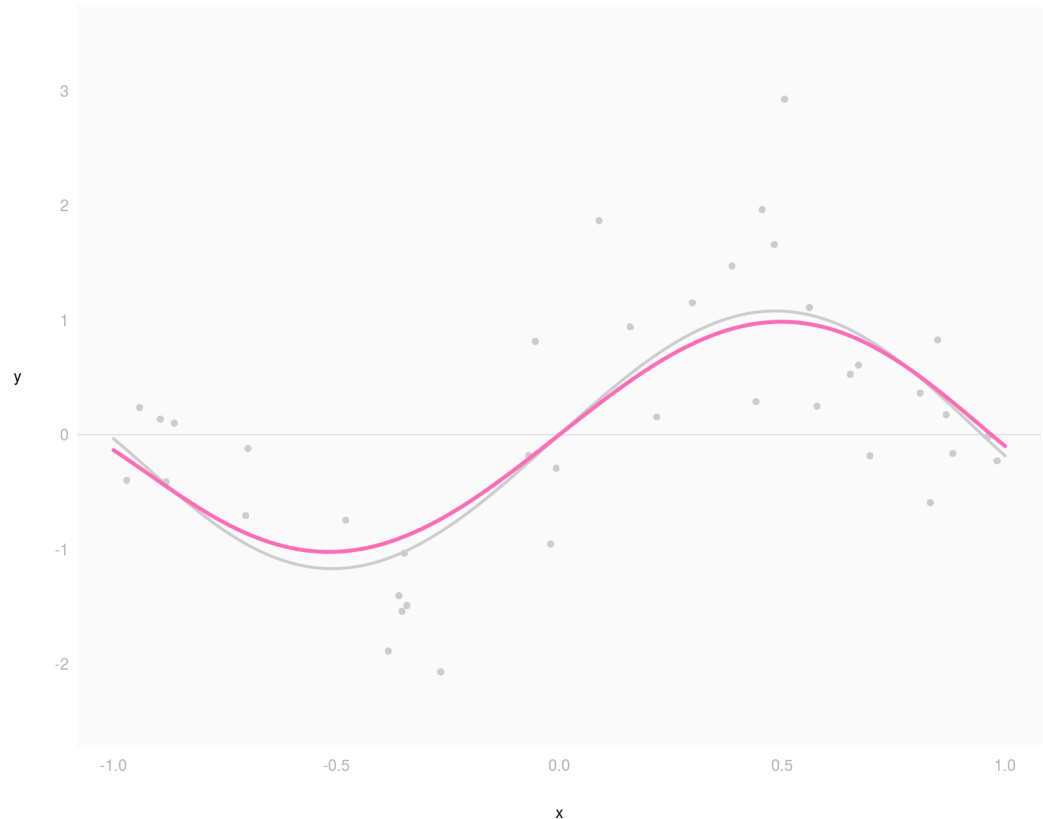
# Ridge regression

penalise *sum of beta squared* (the  $L^2$ -norm)

$$f(\beta) = \lambda \sum_{i=1}^p \beta^2$$

$$\hat{\beta}^{\text{ridge}} = \underset{\beta}{\operatorname{argmin}} \left\{ \text{RSS}(\beta) + \lambda \sum_{i=1}^p \beta^2 \right\}$$

# Ridge regression demo



[goldingn.shinyapps.io/shrinkage\\_demo](http://goldingn.shinyapps.io/shrinkage_demo)

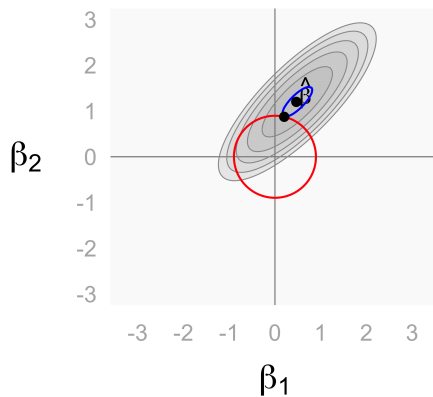


# Ridge regression

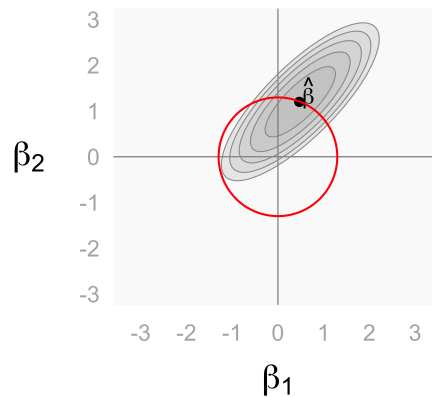
as constrained optimisation

$$\hat{\beta}^{\text{ridge}} = \underset{\beta}{\operatorname{argmin}} \{ \text{RSS}(\beta) \} \quad \text{s. t.} \quad \sum_{i=1}^p \beta^2 < t$$

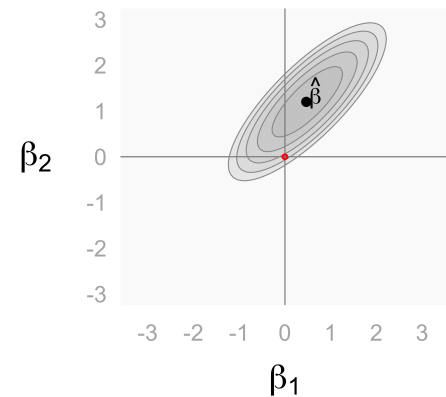
$\lambda = 0.1 \quad t = 0.8$



$\lambda = 0 \quad t = \sum \beta^2$



$\lambda = \infty \quad t = 0$



# The lasso

penalise *sum of modulus of beta* (the L<sup>1</sup>-norm)

$$f(\beta) = \lambda \sum_{i=1}^p |\beta|$$

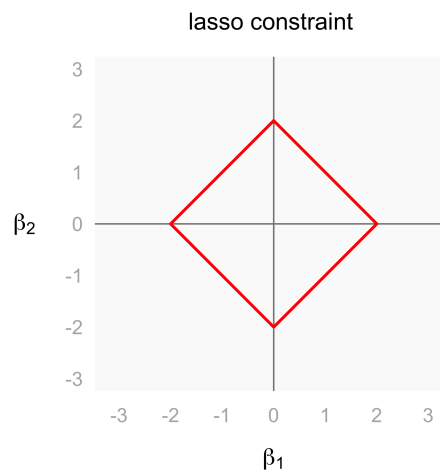
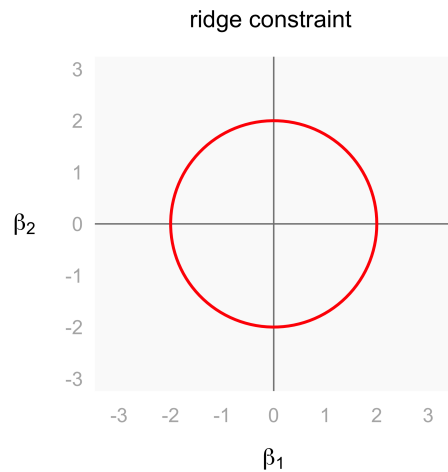
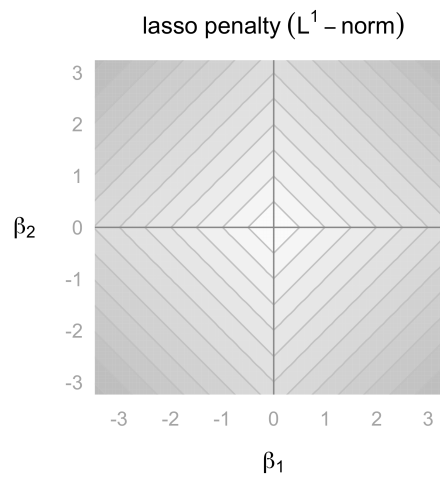
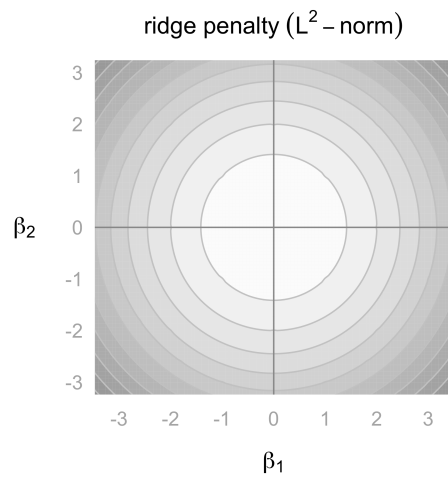
so

$$\hat{\beta}^{\text{lasso}} = \underset{\beta}{\operatorname{argmin}} \left\{ \text{RSS}(\beta) + \lambda \sum_{i=1}^p |\beta| \right\}$$

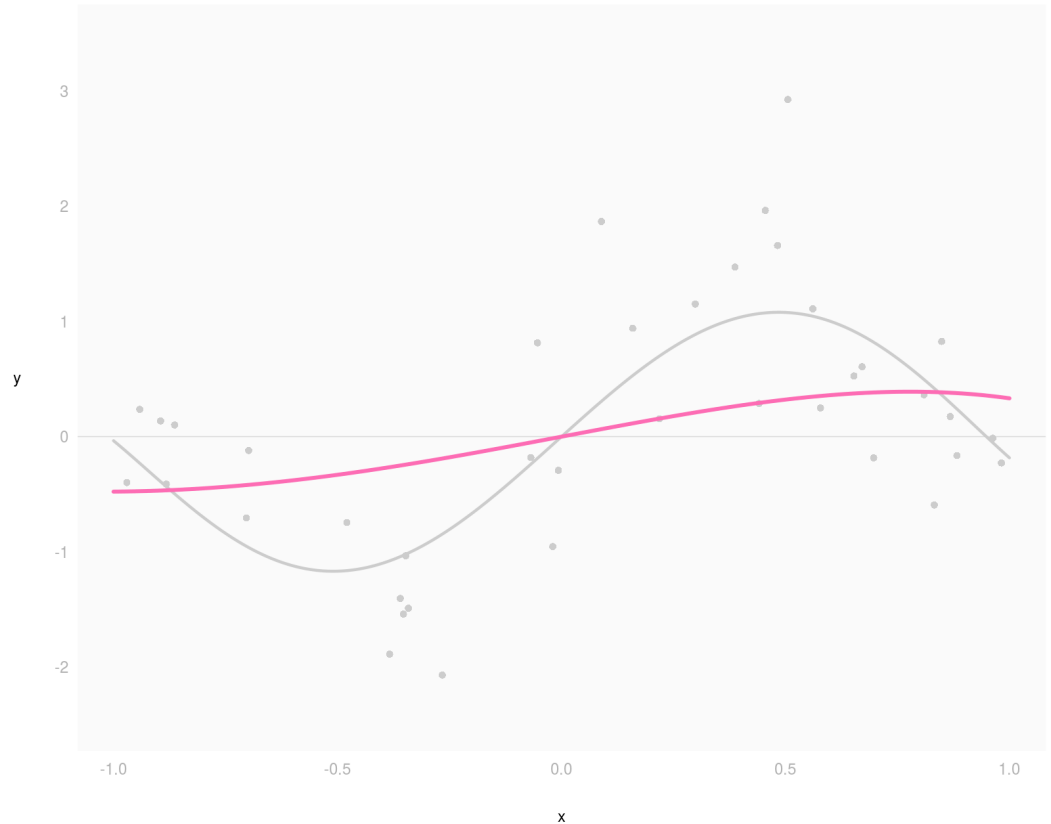
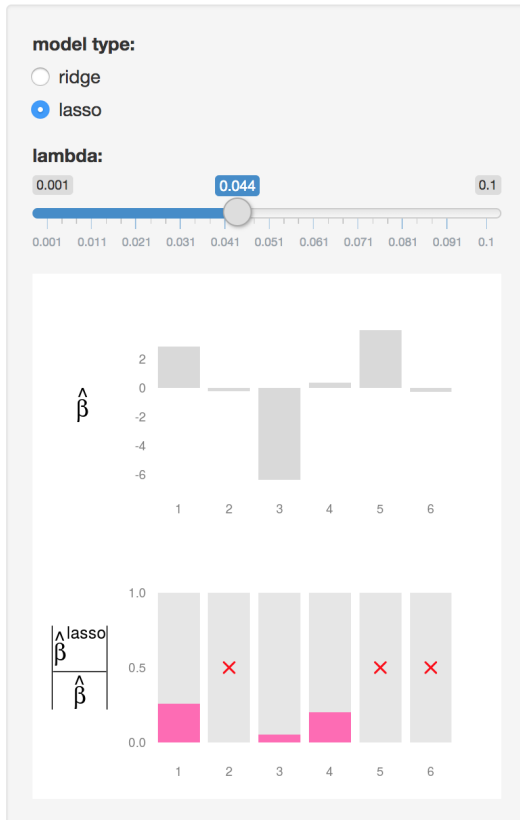
or equivalently

$$\hat{\beta}^{\text{lasso}} = \underset{\beta}{\operatorname{argmin}} \{ \text{RSS}(\beta) \} \quad \text{s. t.} \quad \sum_{i=1}^p |\beta| < t$$

# ridge vs. lasso

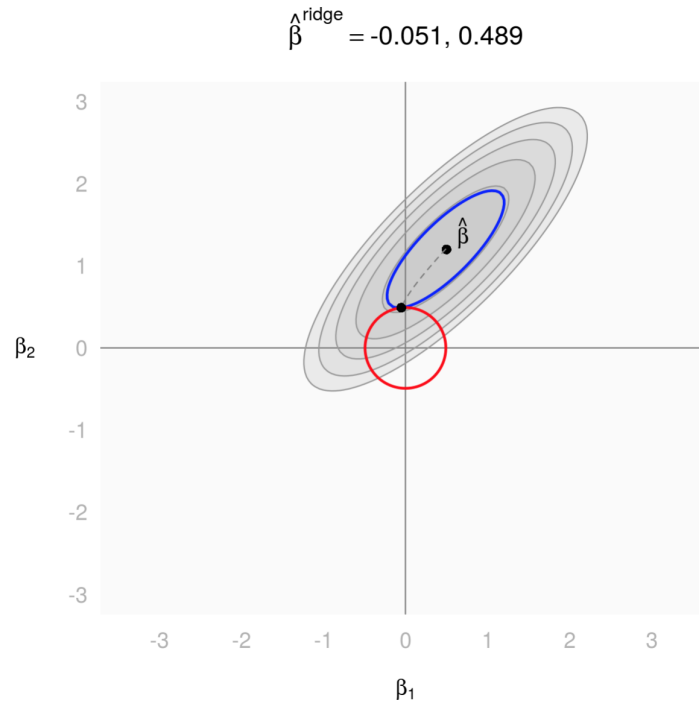
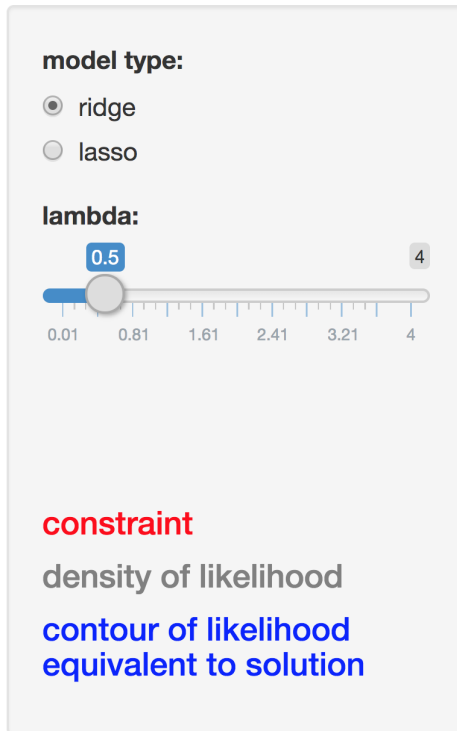


# Lasso shrinks coefficients to zero!



[goldingn.shinyapps.io/shrinkage\\_demo](http://goldingn.shinyapps.io/shrinkage_demo)

# Why does lasso shrink to zero?



[goldingn.shinyapps.io/constraint\\_app](https://goldingn.shinyapps.io/constraint_app)

# Estimation

linear regression:

$$\hat{\beta} = (\mathbf{X}'\mathbf{X})^{-1}\mathbf{X}'\mathbf{y}$$

ridge regression:

$$\hat{\beta}^{\text{ridge}} = (\mathbf{X}'\mathbf{X} + \lambda\mathbf{I})^{-1}\mathbf{X}'\mathbf{y}$$

lasso has no closed-form solution, so we optimize numerically

# practical issues

ridge and lasso estimates are influenced by scale of covariates, so we usually standardize covariates first

select lambda by cross-validation

```
library (glmnet)

# lasso
cv.glmnet(x, y, alpha = 0, nfolds = 5)

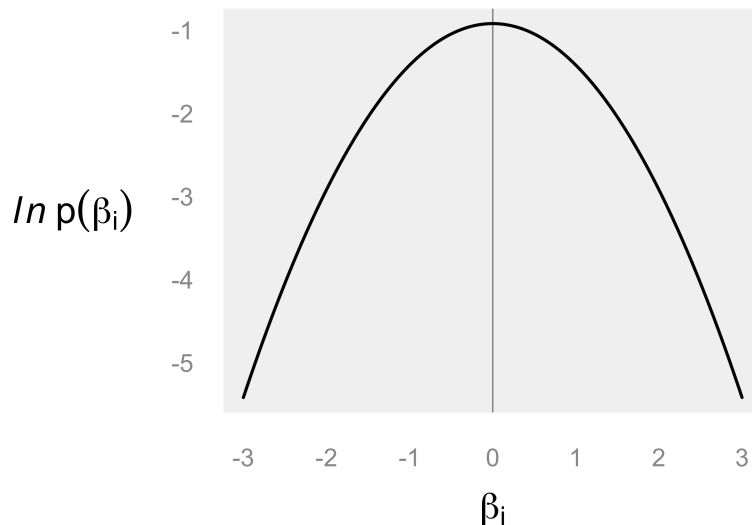
# ridge
cv.glmnet(x, y, alpha = 1, nfolds = 5)
```

# Bayesian equivalence

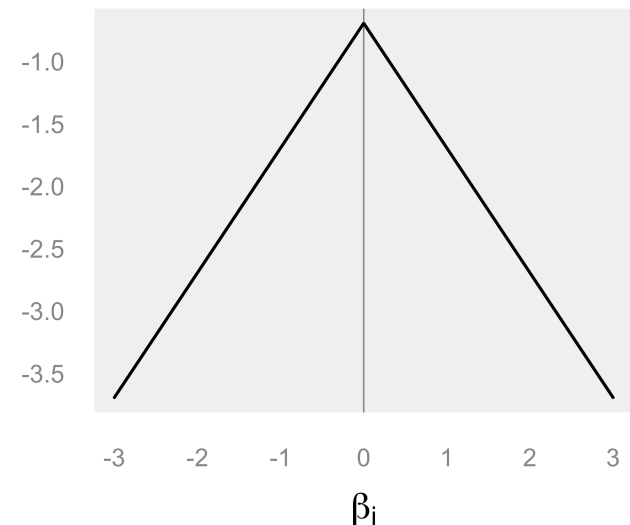
$$p(\beta|\mathbf{X}, y) \propto p(y|\mathbf{X}\beta)p(\beta)$$

$$\hat{\beta}_{MAP}(\mathbf{X}, y) = \underset{\beta}{\operatorname{argmin}} \{RSS(\beta) + -\ln p(\beta)\}$$

$\beta_i \sim N(0, 1)$



$\beta_i \sim Laplace(0, 1)$





# Other shrinkage methods

## Least Angle Regression

closely related to lasso

## Elastic net

a mixture of ridge and lasso penalties

$$f(\beta) = \lambda \sum_{i=1}^p a \beta_i^2 + (1 - a) |\beta_i|$$

# materials

slides, code, interactives

[github.com/goldingn/shrinkage\\_lecture](https://github.com/goldingn/shrinkage_lecture)

glmnet R package

including introductory vignette