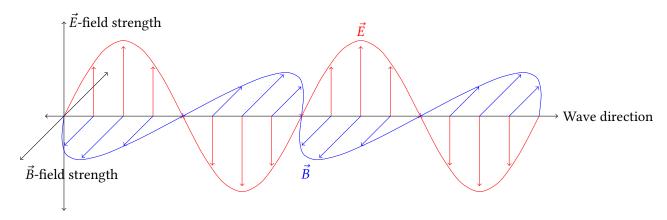
# Radiation

## **Electromagnetic Waves**

An electromagnetic wave is a transverse wave consisting of an electric field  $\vec{E}$  and a magnetic field component  $\vec{B}$ , each oscillating perpendicular to the direction of the wave's motion. Electromagnetic waves travel at the speed of light c and require no medium to travel through, as the oscillation of an electromagnetic wave is entirely related to the changing field strength of its electric and magnetic field.



Electromagnetic waves are emitted whenever charged particles are accelerated. This is either achieved by means of an alternating current within a hertz-dipole (antenna) or through discrete emissions of electrons performing quantum jumps between the energy levels of an atom. At this atomic and nuclear level electromagnetic waves are best described as *quanta* or *photons*, discrete packages of energy with particle-like properties. Thus, electromagnetic waves can be said to have wave-like properties, such as an amplitude, a wavelength  $\lambda$ , a frequency f or the fact that an interference pattern is created when light is diffracted in a double slit experiment, superposes and intereres. But electromagnetic radiation also has particle-like properties in the sense that photons can carry and transfer energy in discrete quantities. This is known as the *wave-particle-duality* of electromagnetic radiation. The wave model works well for low-frequency radiation, while the particle properties become more obvious in higher frequency ranges and thus on the atomic level. The frequency f of the photon emitted is dependent on the energy E of the quantum jump, according to a relationship defined by Max Planck:

$$E = h \cdot f$$

where h is the Planck constant and equals  $6.6 \cdot 10^{-34} J s$ . Visible light is caused by electrons making quantum jumps in atoms involving photon energies of about 2-3 eV (electron-volts). Nuclear energy changes involve much larger energy quantities and generate photons of much higher frequency and thus shorter wavelength, such as  $\gamma$  rays. All electromagnetic radiation beyond the visible range is potentially dangerous to humans because the energy carried by the photons can cause damage to cells.

## The Electromagnetic Spectrum

The spectrum of electromagnetic radiation covers frequency ranges between  $3 \cdot 10^4$  and  $3 \cdot 10^{23}$  Hertz (cycles per second) and correspondingly wavelength ranges between  $10^4$  and  $10^{-15}$  meters. The relationship between wavelength and frequency is defined as  $c = \lambda \cdot f$  where c is the speed of light.

#### • **Radio Waves:** $3 \cdot 10^4 \, Hz - 3 \cdot 10^9 \, Hz$

Radio waves are among the waves of the electromagnetic spectrum with the lowest frequency and longest wavelength. They are commonly used for communication and transmission of TV and radio signals. There are several subcategories of radio waves, mainly those where the data is transmitted via Frequency Modulation (around  $3 \cdot 10^8$  Hz) and those where Amplitude Modulation is used (around  $3 \cdot 10^6$  Hz).

#### • Microwaves: $3 \cdot 10^9 \, Hz - 3 \cdot 10^{11} \, Hz$

Microwaves operate at higher frequencies than those of radio waves and are typically employed for heating food in microwave ovens. Other important areas of use include communication and data transmission, with protocols such as WiFi, Bluetooth as well as satellite transmission relying on them. Moreover, they can be used for speed radar controls. They are created by a *magnetron*. Microwave radiation is not ionizing. Also, it is only a myth that food heated in a microwave loses nutrients — it has yet to be proven.

#### • Infrared Waves: $3 \cdot 10^{11} Hz - 3 \cdot 10^{15} Hz$

All warm bodies radiate infrared rays. Moreover, infrared detectors are often used for rescue missions where individuals may be detected under conditions of smoke and dust by measuring the infrared radiation of the surrounding area. Humans in need, will, of course emit more infrared radiation than walls or non-living things, making it possible to detect and rescue individuals in situations of decreased visibility. This is called *thermal imaging*. Moreover, infrared light is used for remote controls.

#### Visible Light

The range of visible light on the electromagnetic spectrum is defined as the span between the wavelength of red light, which has the greatest wavelength with  $\lambda \approx 700$  nm, and that of violet light, which has the greatest frequency and the shortest wavelength of the spectrum of visible light, with  $\lambda \approx 400$  nm.

### • Ultraviolet Light: $3 \cdot 10^{15} Hz - 3 \cdot 10^{16} Hz$

Ultraviolet (UV) radiation is a form of radiation that reaches us from the sun and causes skin to wrinkle and sag. The ozone layer in the earth's atmosphere protects us from most of the sun's UV radiation, but some may still penetrate this layer and reach the surface of the earth. Sunscreen can be used to protect against it.

• **X-Rays:** 
$$3 \cdot 10^{16} Hz - 3 \cdot 10^{19} Hz$$

X-rays were discovered by Wilhelm Röntgen in 1895. They are produced when high energy electrons collide with a heavy metal target, usually tungsten, and transfer some or all of their kinetic energy to X-ray photons, though around 99% percent of the incident energy is lost to thermal energy. They find extensive use in medical areas as well as airports.

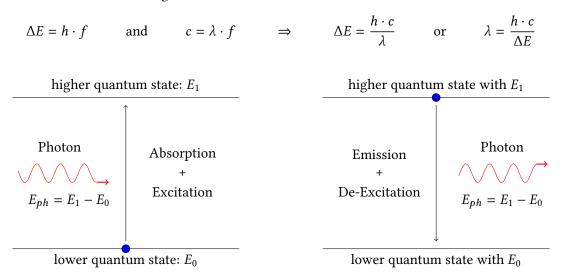
## • Gamma ( $\gamma$ ) rays: $3 \cdot 10^{19} Hz - 3 \cdot 10^{23}$

Gamma rays are emitted when excited nuclei make quantum jumpts to lower energy states, usually as a by product of alpha or beta radiation.  $\gamma$ -ray spectra give information about nuclear energy structure. They are highly penetrating and dangerous to humans as they can cause severe cell damage and may induce mutations.

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### Spectra

A spectrum is a band of colors produced by decomposition of light into its constituent wavelengths. There are multiple forms of spectra: emission, absorbtion, line and band spectra. All of these spectra result from quantum jumps of electrons within the energy levels of atoms. An electron *excites* and performs a quantum jump to a higher energy level (*quantum state*) if it *absorbs* a photon of exactly the right, discrete amount of energy  $\Delta E$ . In turn, when *de-exciting* and performing a quantum jump from a higher energy level to a lower energy level, the difference in energy between the initial and final state of the electron is *emitted* as a photon. The discrete amount of energy  $\Delta E$  determines the frequency and wavelength of the photon emitted, according to the Planck relationship  $E = h \cdot f$  and the fact that the velocity v of a wave is equal to its wavelength  $\lambda$  multiplied by its frequency f, where v is the speed of light c in the case of electromagnetic waves:



It should be re-emphasized that an electron only perfoms a quantum leap to a higher energy level when the photon it absorbs contains *exactly* the right amount of energy  $\Delta E$ . Any discrete value below or above this necessary difference is ignored. Moreover, it is clear that large energy jumps produce short-wavelength and high-frequency photons, while smaller energy jumps produce photons of longer wavelenght and higher frequency. The emission of  $\gamma$ -ray involves the greatest possible quantum leap from a higher energy state to a lower one, while the absorbtion of such a high-frequency ray must involve an *equally* large jump to a higher energy level. Moreover, it should be noted that the range of energy jumps for a particular type of atom is unique to that element. This gives a distinct spectrum, i.e. a distinct set of photon wavelengths emitted, that can be used to identify it. As such, a helium atom produces a different spectrum than, say, hydrogen.

#### **Emission Spectrum**

An emission spectrum is the result of light photons being emitted by electrons performing quantum leaps from higher energy levels to lower quantum states. As explained, the frequency of the photons emitted is dependent on the difference in energy  $\Delta E$  between the emitting electron's initial and final energy state. The frequency of the photon in turn determines its wavelength  $\lambda$  and, if  $\lambda$  is within the visible spectrum of 700 nanometers (red) to 400 (violet) nanometers, the color of the light emitted. There are two main types of spectra in this case: *line spectra* and *band* or *continuous spectra*. The former type, line spectra, are produced by single excited atoms or molecules and thus by single, discrete quantum jumps. A line spectrum displays only few colors specific to the element of the atom. For example, the line spectrum produced by sodium includes only two yellow spectral lines. Hydrogen on the other hand emits violet, cyan and red light in the visible spectrum and ultraviolet as well as infrared in the non-visible spectrum (the emission spectrum of hydrogen is investigated in detail further

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below). A band spectrum, on the other hand, is produced by solid bodies consisting of many atoms and molecules. These invididual atoms interact strongly with one another and produce a continuous spectrum of colors.

#### **Absorption Spectrum**

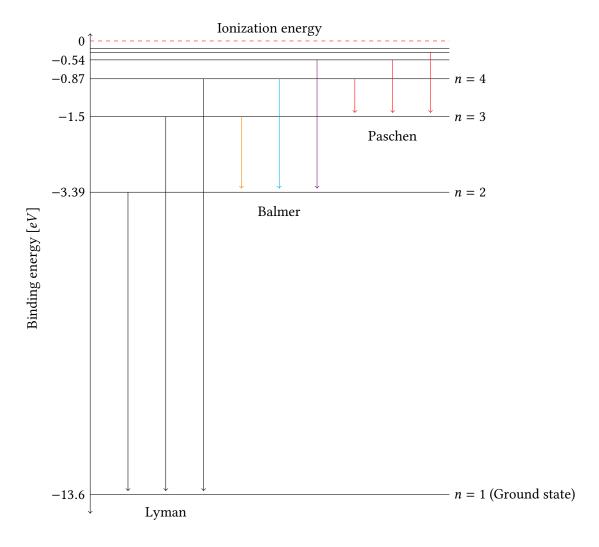
An absorption spectrum is produced when a continuous light spectrum that is emitted by a black body — a physical body that is an ideal radiator and which produces a particular continuous emission spectrum that depends on its temperature — is passed through a certain probe which absorbs a specific set of wavelengths. When the light that is passed through the probe is subsequently dispersed in a prism, the band spectrum that is produced will show black lines at the positions of the wavelengths absorbed by the probe. These wavelengths give information about the frequency f and thus about the energy  $E_{ph}$  of the photons absorbed by the electrons of the probe performing quantum leaps to higher energy states. As the energy of the absorbed photons must equal the difference in energy between the electrons' intitial and final quantum states, this information can also be deduced from the wavelengths absorbed.

## **Spectral Series of Hydrogen**

As was explained, the line spectrum produced by the emissions of electrons performing quantum leaps is particular to each category of atom — to each element. It depends on the difference in energy between the various possible quantum states of an atom. For Hydrogen, these energy values have been determined precisely in the past and classified into three main groups or series, given below. At the ground state, the lowest possible energy level of a Hydrogen atom, electrons have been found to have an energy of  $-13.6 \, eV$ . This energy is binding energy. It should be mentioned here that the energy of electrons at any quantum state of an atom is always a negative value, as the electrons are in a bound state. Thus, when an electron absorbs a light photon and the discrete quantum of energy it carries to perform a quantum leap to a higher energy level, the energy of the electron becomes less negative, as it is now less bound to the nucleus of the atom. When the energy of the photon becomes zero or positive, it is freed from the hydrogen nucleus. This is the process known as ionization. Thus, the zero-energy level of any nucleus is referred to as the ionization-energy. Moreover, it was found that the energy levels of an atom approach each other more and more with each higher level. Thus, the higher the quantum state of an electron, the less is the difference in energy between the current and next highest state of the electron and therefore the energy required to transition to the next highest state (which it may acquire by absorbing a photon of the right discrete amount of energy).

- The **Lyman series** pertains to the highest possible transitions and thus quantum leaps that an electron bound to a Hydrogen atom may perform. These transitions are always to the ground state of the atom and, in the case of Hydrogen, result in the emission of *Ultraviolet (UV)* light.
- The **Balmer series** are the series of transitions to the first energy level or quantum state of the Hydrogen atom. These transitions are never are great as those to the ground state performed by electrons in the Lyman series, thus the energy of the photons emitted in the Balmer series is less than that of the photons of the Lyman series. Consequently, also the frequency of the photons is less and the wavelength accordingly longer. Coincidentally, the wavelengths of the photons in the Balmer series match the wavelengths of three specific colors of the visible spectrum of light: red/orange, blue/green (cyan) and violet. These are the colors seen on an emission spectrum produced by Hydrogen. Such a spectrum is, of course, a line spectrum consisting of discrete lines corresponding to the specific wavelengths of the light emitted.

- The **Paschen series** refer to transitions to the second excited state of the Hydrogen atom. The energy of the photons emitted by these transitions is again less than the energy emitted by the transitions in the previous (Balmer) series (1<sup>st</sup> excited state). The frequency of the photons is accordingly less, this time falling into the range of infrared light.
- The **Bracket series** involve transitions to the third excited state and the **Pfund series** to the fourth.



**Example:** Calculate the energy, frequency and wavelength of the first three Balmer series transitions and determine the color of the light emitted.

For each transition of the Balmer series, the energy difference  $\Delta E = |E_1 - E_0|$  between the initial state  $E_0$  and the final state  $E_1$  is subscripted by a lexically incrementing greek letter, such that  $\Delta E_{\alpha}$  refers to n = 1,  $\Delta E_{\beta}$  to n = 2 and  $\Delta E_{\gamma}$  to n = 3. The energy difference of each transition determines the energy of the photon emitted during the quantum leap. This value is initially in electron-volts, but must be converted into Joules. One electron-volt is approximately equivalent to  $1.6 \cdot 10^{-19} J$ .

$$\Delta E_{\alpha} = |-3.39 \, eV + 1.5 \, eV| = 1.89 \, eV \equiv 3.02 \cdot 10^{-19} \, J$$

$$\Delta E_{\beta} = |-3.39 \, eV + 0.87 \, eV| = 2.52 \, eV \equiv 4.03 \cdot 10^{-19} \, J$$

$$\Delta E_{\gamma} = |-3.39 \, eV + 0.54 \, eV| = 2.85 \, eV \equiv 4.56 \cdot 10^{-19} \, J$$

Subsequently, the frequency of each photon emitted can be determined by means of the Planck relation  $\Delta E = h \cdot f$  and its wavelength  $\lambda$  through the knowledge that the velocity of an electromagnetic wave — the speed of light c — is equal to the product of its wavelength and frequency:  $c = \lambda \cdot f$ . Thus, the wavelength of the photon can be calculated via the following expression:  $\lambda = \frac{h \cdot c}{\Delta E}$ , where h is Planck's constant and equal to  $6.6 \cdot 10^{-34} \, J$  s and c the speed of light, equal to approximately  $3 \cdot 10^8 \, m \, s^{-1}$ .

$$\lambda_{\alpha} = \frac{h \cdot c}{3.02 \cdot 10^{-19}} \approx 656 \, nm$$

$$\lambda_{\beta} = \frac{h \cdot c}{4.03 \cdot 10^{-19}} \approx 491 \, nm$$

$$\lambda_{\gamma} = \frac{h \cdot c}{4.56 \cdot 10^{-19}} \approx 434 \, nm$$

The visible spectrum of light can be found in the range of 700 to 400 nanometers on the electromagnetic spectrum. 700 is the longest wavelength and thus the smallest frequency, corresponding to red light. 400 nanometers is the shortest wavelength and therefore corresponds to a wave with the highest frequency, belonging to violet light (which is why the next highest range on the electromagnetic spectrum, also produced by the greater quantum leaps of the Lyman series, is *ultra*violet light). The first wavelength found,  $\lambda_{\alpha}\approx 656$  nm, from the transition from the second to the first excited state, must accordingly be the wavelength of red or orange light photons.  $\lambda_{\beta}$  falls between the green and blue ranges of light (more on the blue side).  $\lambda_{\gamma}$ , resulting from the greatest quantum leap in the Balmer series, definitely falls into the range of violet light. Thus, if a line spectrum of the photon emissions of Hydrogen (its spectral series) were to be analysed, one would find discrete lines at exactly these wavelengths with exactly these colors. On the other hand, were a continuous spectrum of light from a black body to be passed through a hydrogen probe, the absorption spectrum produced by directing the light through a prism after the probe would show black lines at exactly these wavelengths, at exactly these colors.

## Microwaves and the Magnetron

## X-Rays

X-Rays are a form of ionizing electromagnetic radiation found in a frequency range of around  $3 \cdot 10^{16}$  Hz to  $3 \cdot 10^{19}$  Hz. While higher-energy and frequency rays of the upper end of this range are referred to as hard X-rays, the lower energy and frequency waves of the lower half of this range are commonly called soft X-rays and may even be absorbed by air or water. Given this information, it can be said that the frequency range of X-rays is positioned between  $\gamma$ -rays, at the top of the electromagnetic spectrum, and ultraviolet light, whose frequency range is below that of X-rays. Therefore, X-Rays also have a much higher frequency and a much shorter wavelength than visible light, which is found in the range of around 400 to 700 nanometers in wavelength.

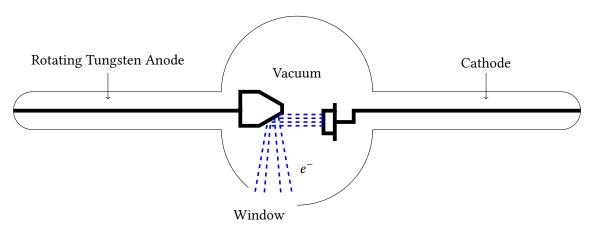
X-rays find extensive use in medical areas, especially for the production of radiograms (X-ray photographs), as they penetrate bones and other dense tissues and bodily structures to a much greater extent than visible or ultraviolet light. There is a certain risk linked to X-rays, as they may ionize atoms and break up molecular bonds, making them potentially harmful to to living tissue. Yet, they ionize less and have less perils associated with them than  $\gamma$ -rays, which have much more energy. This makes use of X-rays a viable trade-off between medical utility and possible harm caused to patients. Other uses of X-rays include the the treatment of cancer cells (as a product of their ability to ionize

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cells) as well as the detection of illegal items carried by people at airports.

#### Creation of X-rays

X-rays are created in so-called *X-ray tubes*, consisting of a vacuum tube, an anode, a cathode and a window through which the X-rays may pass. Due to a high potential difference (voltage) between the cathode and the anode, high-energy electrons are accelerated towards the anode, which is usually a heavy metal such as tungsten due to its high melting point and heat-resistance. This heat resistance is necessary, as only 1% of the energy created by an X-ray tube and the electron beam it creates is actually transferred to X-rays, while the rest goes to waste as thermal energy. One way to further reduce the heat impact on the anode is to continuously rotate it, such that the thermal energy is spread out over the anode and does not concentrate solely on one point. Also, there may be tank of cooling water placed behind the anode.



The X-rays leaving the X-ray tube are produced in one of two ways:

#### 1. Ionization

The first possibility by which an X-ray photon may be produced is ionization of atoms within the metallic lattice of the tungsten anode. In such a case, a high energy and velocity electron that is accelerated towards the anode from the negatively charged cathode knocks away an electron from one of the atom's lower orbitals and thereby ionizes the atom it hit. Subsequently, an electron from a higher quantum state will fall to the lower energy level from which electron was just knocked away (to ensure that the lower orbitals are filled before the higher ones are). As it does so, it emits a photon of high energy and frequency as the quantum leap involved a very big transition in binding energy. This photon is an X-ray photon and leaves the X-ray tube through its window (which is at an appropriate angle to the anode for this to happen).

#### 2. De-acceleration

The second possible situation in which an X-ray photon is emitted from the metal anode is when one of the high energy and velocity electrons coming from the cathode speeds by an atom within the anode and is attracted by its positive nucleus to some extent. This causes the electron to slow down and de-accelerate (also by changing direction), thus lose velocity and momentum. This deacceleration causes the electron to have an excess of energy, which it then emits as an X-ray photon. X-rays produced by this process are referred to as *breaking radiation*.

#### Radiograms

The most important area of application of X-rays is radiograms for medical use. A radiogram is basically an X-ray photograph of an object, often a certain body part of a medical patient, that is produced when X-rays exiting an X-ray tube radiate towards the object (body part) of interest. Depending on the density of the tissue the rays encounter, some will be absorbed entirely in certain areas while other will pass through the body part with little absorbtion. More specifically, bones will absorb X-rays to a greater extent than, say, muscle tissue. When a photographic film is placed behind the body part, the image produced will be very bright where more X-rays were able to pass through the body and darker where X-rays were absorbed. As a result, bones and tissue can be kept apart from each very precisely, due to the sharp contrast. The final radiogram that doctors examine and that patients receive is, however, the negative of the actual photograph. Thus, while bones would manifest themselves as darker spots on the original radiogram (less light let through), they are actually the lighest spots on the negative image. This negative radiogram is then used to look for fractures or even tumors.