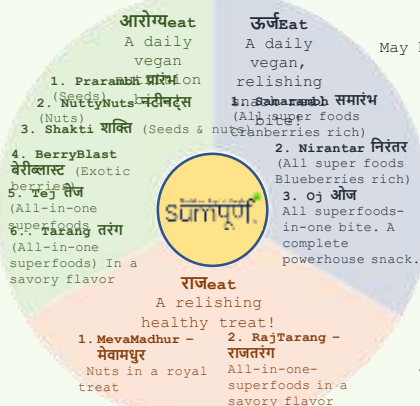


SumPoornam™ - Natural Nutrients & Health benefits in each bite

Natural Nutrients from the ingredients in each SumPoornam™ bite

- Omega-3, Omega-6
- Vitamins (B1, B2, B3, B6, E, C, Niacin, Folate)
- Antioxidants -Phytochemicals, anthocyanins, ellagic acid, resveratrol
- Dietary protein & fiber, Amino acids
- Minerals (magnesium, zinc, plant iron, calcium, copper, selenium, phosphorus, potassium)
- Healthy mono/polyunsaturated fats
- Good Energy and electrolytes
- Cinnamaldehyde, Eugenol, Piperine, Crocin, crocetin, safranal, kaempferol



Natural Benefits from the ingredients in each SumPoornam™ bite

- May help in improving
- Health of - Heart, Liver, Eye, Stomach, Oral, Gut, Brain
 - Lifestyle concerns-Diabetes, Hypertension, Cholesterol, Triglycerides, Cancer
 - Immunity boost: Anti-inflammatory, bacterial, fungal, viral, microbial
 - Oral health - Bad Breath, Cavities
 - Weight management
 - Neurodegenerative, muscle contractions, libido, fluid balance, bones health, osteoporosis
 - Skin wrinkling, aging, digestion, acidity, bloating, constipation, stomach ulcers, nerve signaling, fighting
 - Oxidative stress, lowering anxiety, depression



Seeds
Pumpkin,
Sunflower,
Sesame,
Flaxseeds, Chia

Nuts
Walnut,
Almond,
Pistachio,
Cashew,
Hazelnut,
Peanut

Super fruits
Blueberry,
Raspberry,
Cranberry,
Raisin, Dates,
Apricot

Super Spices
Cinnamon,
Cardamom, Black
pepper, Clove,
Saffron, Rock
salt, Black salt

Super Grains
Oats,
Legumes
(Daal)

Virgin cold press coconut oil

Pure Ghee
Khus-khus

आरोग्यEat - A daily vegan nutrition bite!

1. Prarambhh प्रारंभ	✓✓✓✓	✓	✓✓	✓
2. NuttyNuts नटीनट्स	✓✓✓✓	✓✓✓✓	✓✓	✓✓
3. Shakti शक्ति	✓✓✓✓	✓✓✓✓	✓✓	✓✓
4. BerryBlast बेरीब्लास्ट	✓✓	✓✓	✓✓✓✓	✓✓
5. Tej तेज	✓✓✓✓	✓✓✓✓	✓✓✓✓	✓✓
6. Tarang तरंग	✓✓✓✓	✓✓✓✓	✓✓✓✓	✓✓

उर्जEat - A daily vegan, relishing snack meal bite!

1. Samarambh समारंभ	✓✓✓✓	✓✓	✓✓	✓✓
2. Nirantar निरंतर	✓✓✓✓	✓✓	✓✓	✓✓
3. Oj ओज	✓✓✓✓	✓✓	✓✓✓✓	✓✓

राजEat - A relishing healthy treat!

1. MevaMadhur मेवामधुर	✓✓	✓	✓✓	✓✓
2. RajTarang राजतरंग	✓✓✓✓	✓✓✓✓	✓✓✓✓	✓✓

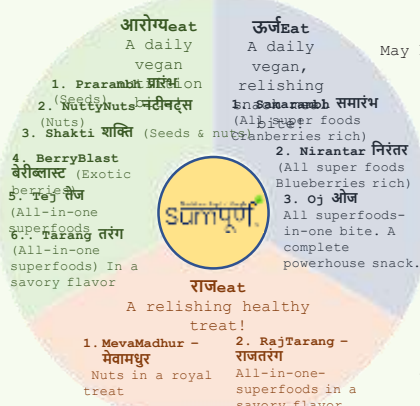
SumPoornam Enterprises

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