SumPoornam™ - Natural Nutrients & Health benefits in each bite

Natural Nutrients from the ingredients in each SumPoornam™ bite Omega-3, Omega-6

- Vitamins (B1, B2. B3, B6, E, C,
- Niacin, Folate)
 Antioxidants -Phytochemicals, anthocyanins, ellagic acid,
- resveratrol
 Dietary protein & fiber, Amino acids
- Minerals (magnesium, zinc, plant iron, calcium, copper, selenium, phosphorus, potassium)
 • Healthy mono/polyunsaturated fats
- - Good Energy and electrolytes
 - · Cinnamaldehyde, Eugenol, Piperine, Crocin, crocetin, safranal, kaempferol

आरोग्यeat ऊर्जEat

A daily vegan 1. Prarambit Widton 2. (Seeds) Nuts निर्देश

4. BerryBlast वेरीब्लास्ट (Exotic

Superfeeds तरंग

superfoods) In a

berrie तीज

A daily vegan relishing \$naSaharandh समारंभ

(All super foods 3. Shakti शक्ति (Seeds & nutsh 2. Nirantar निरंतर

(All super foods Blueber ies rich) 3. **oj ओज** All superfoods in-one bite. A powerhouse snack.

राजeat A relishing healthy treat

1. MevaMadhur -मेवामधुर Nuts in a royal RajTarang -राजतरंग All-in-one-superfoods in a savory flavor

in each SumPoornam™ bite May help in improving

- Health of Heart, Liver, Eye, Stomach,
 - Oral, Gut, Brain
 Lifestyle concerns-Diabetes, Hypertension, Cholesterol,
 - Triglycerides, Cancer Immunity boost: Antiinflammatory, bacterial, fungal, viral, microbial
 Oral health - Bad Breath,
 - · Weight management
 - · Neurodegenerative, muscle contractions, libido, fluid balance, bones health, osteoporosis

Natural Benefits from the ingredients

- Skin wrinkling, aging, digestion, acidity, bloating, constipation, stomach ulcers,
- nerve signaling, fighting

 Oxidative stress, lowering anxiety, depression

sumy of	Seeds Pumpkin, Sunflower, Sesame, Flaxseeds, Chia	Nuts Walnut, Almond, Pistachio, Cashew, Hazelnut, Peanut	Super fruits Blueberry, Raspberry, Cranberry, Raisin, Dates, Apricot	Super Spices Cinnamon, Cardamom, Black pepper, Clove, Saffron, Rock salt, Black salt	Super Grains Oats, Legumes (Daal)	Virgin cold press coconut oil	Pure Ghee Khus- khus
आरोग्यeat - A daily vegan nu	trition bite!						
1. Prarambh प्रारंभ	4444		V	VV		√	
2. NuttyNuts नटीनट्स		4444A	√	√√		√	
3. Shakti शक्ति	4444	4444	√√	NNN		√	
4. BerryBlast बेरीब्लास्ट	√ √√	44	11111	1444		√	
5. Tej तेज	4444	4444	4444	4444		√	
6. Tarang तरंग	4444	4444	4444	11111		√	
ऊर्णEat - A daily vegan, rel	ishing snack meal bite!						
1. Samarambh समारंभ	4444	44444	N	444	V	√	
2. Nirantar <mark>निरंतर</mark>	4444	44444	N	444	√	√	
3. ०† ओज	4444	4444	√√	11111	44	√	
राजeat - A relishing health	y treat!						
1. MevaMadhur मेवामधर		444	V	44			44
2. Tarang dillicace tor b	mperthethit a Ante	me offers	4444	4444			√
		SumPoorn	am Enterprises				

M: +91 9177780160, 9000027420, 9866228611 E <u>Sumpoornam@gmail.com</u> W: https://www.sumpoornam.com 63, ANTHEM, Gundlapochampally, NH-44, Medchal Road, Hyderabad-500100 Telangana

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आरोग्यeat ऊर्जEat A daily A daily

vegan, 1. Prarambit Midlion relishing

2. NuttyNutsेमंदीनद्स (Nuts)
(Albisuper roods
3. Shakti খালিব (Seeds & nutranberries rich

4. BerryBlast बेरीब्लास्ट (Exotic berrie तीज superfoods तरंग savory flavor

knasamanambh समारंभ (Albistoer foods 2. Nirantar निरंतर (All super foods Blueberries rich) 3. oj ओज All superfoods-in-one bite. A complete powerhouse snack.

राजeat A relishing healthy

treat! 1. MevaMadhur -मेवामधुर

All-in-one-superfoods in a savory flavor

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Oral, Gut, Brain
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Triglycerides, Cancer.
• Immunity boost: Antiinflammatory, bacterial, fungal, viral, microbial
Oral health - Bad Breath,

Cavities • Weight management

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आरोग्यeat - A daily vegan nutri	tion bite!						
1. Prarambh प्रारंभ	4444		4	VV		√	
2. NuttyNuts नटीनट्स		11111	4	√√		√	
3. Shakti शक्ति	4444	4444	√√	444		√	
4. BerryBlast बेरीब्लास्ट	√√	$\sqrt{}$	11111	NNNN		√	
5. Теј तेज	4444	11111	11111	11111		√	
6. Tarang तरंग	4444	11111	11111	NNNN		√	
ऊर्जEat - A daily vegan, relish	ing snack meal bite!						
1. Samarambh समारंभ	4444	11111	V V	444	√	√	
2. Nirantar निरंतर	4444	4444	V V	444	√	√	
3. oj ओज	4444	11111	11	11111	√√	√	
रাजeat - A relishing healthy t	reat!						
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2. Tarang delicace for Sub-	SCTTDCTAM & ACTO	THE OTHERS	am Enterprises	11111			√

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