

Patient information from BMJ

Last published: Dec 20, 2017

Varicose veins: questions to ask your doctor

If you've been diagnosed with varicose veins, you may want to talk to your doctor to find out more. Here are some questions that you might want to ask.

- Which veins in my legs are causing the problem? Where are they?
- Will my varicose veins get worse?
- What might have caused my varicose veins?
- Will my varicose veins cause medical problems? How likely is this?
- Do I need to see a specialist?
- What treatment choices do I have?
- Will treatment make my varicose veins go away?
- Will treatment ease my tired, aching legs?
- What are the risks of treatment?
- Will I need to take time off work?
- Will my varicose veins come back after treatment? How likely is this? How soon might they come back?
- Will I get other varicose veins?

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