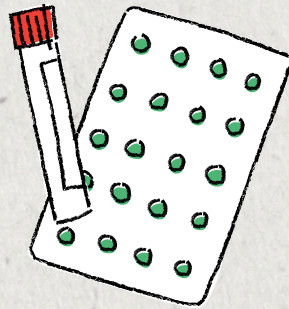


Causes of PCOS

Understanding what contributes to PCOS helps in managing the condition more effectively — through lifestyle changes, medications, and early intervention.

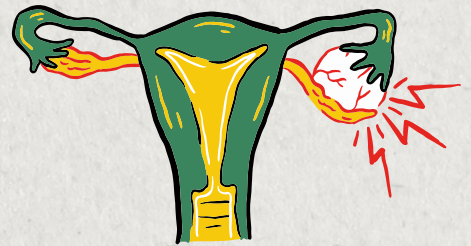
post pills



chronic stress



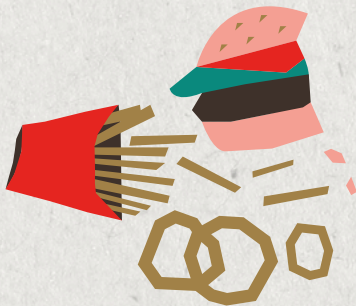
hormone imbalance



genetic factors



junk food



sedentary lifestyle



bad sleep cycle



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