

INFERTILITY

WHAT IS INFERTILITY?

- INFERTILITY IS THE INABILITY TO CONCEIVE AFTER 12 MONTHS OF REGULAR, UNPROTECTED SEX (OR 6 MONTHS IF THE WOMAN IS OVER 35).
- IT AFFECTS BOTH MEN AND WOMEN AND MAY CAUSE EMOTIONAL, PHYSICAL, AND SOCIAL STRESS.

CAUSES OF INFERTILITY



Ovulation Disorders



Age



Uterine fibroids & Endometrial polyps



Hormone Imbalances



Infections



Varicocele



Types of Infertility

Primary:

Never conceived before

SECONDARY:
DIFFICULTY
CONCEIVING AGAIN

Male factor:
Sperm-related
issues

Unexplained:
No clear
cause found

INFERTILITY: MEN VS WOMEN

INFERTILITY RISKS / CAUSES



Alcohol



Obesity



Exposure to toxin



Smoke



Infections



Old age

Men

1. Low sperm count/motility
2. Hormonal disorders
3. Genetics
4. Lifestyle factors (smoking, alcohol, obesity, stress)

Women

1. PCOS / Hormonal issue
2. Tubal blockages
3. Egg quality decline with age
4. Uterine abnormalities



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