

Gestational Diabetes

Gestational diabetes comes from hormonal changes and the way your body converts food into energy. A hormone called insulin breaks down the glucose (sugar) from food and delivers it to your cells. Insulin keeps the level of glucose in your blood at a healthy level. But if insulin doesn't work right or you don't have enough of it, sugar builds up in your blood and leads to diabetes.

**FREQUENT
URINATION AND
CONSTANT
TIREDNESS
DURING
PREGNANCY?**

***HERE'S
WHAT YOU
NEED TO
KNOW...***



HOW DOES GESTATIONAL DIABETES AFFECT THE BABY?

- Increased birth weight
- Hypoglycemia
- Obesity.
- Premature birth
- Type 2 diabetes later in life.

**DR. MUKESH GUPTA
OBSTETRICIAN &
GYNECOLOGIST**

+917045340141

lenest.india@gmail.com