

## *As people age...*

They can develop complex needs for care. Elders and families benefit from having a skilled professional who will help them navigate the often difficult channels of our health care, social financial, and legal systems.

Despite a family's or elder's best efforts to secure care, whether they are near or far away, they may find their time, energy and patience drained.

Having an advocate who works for you and knows how to get the answers and services you need will help.

## *Services...*

- \* Assessment and screening to determine service needs
- \* Care plan development
- \* Links to resources
- \* Monitoring
- \* Consultation and counseling
- \* Home visits
- \* Transportation arrangements
- \* Attendance at medical appointments with elder
- \* Arrangement of home health, medical equipment, physical and therapies
- \* Information and referral to appropriate services
- \* Assistance with placement options; including retirement, assisted living and skilled nursing homes
- \* Assistance with admissions for out-of-home
- \* Ongoing management while placed out-of-home
- \* Education about long-term care issues including dementia, substance abuse and mental health problems

## *Together we can...*

- \* Reduce stress for the elder and their family
- \* Increase safety and bolster independence for the elder
- \* Support and advocate for all parties
- \* Deliver elder sensitive services
- \* Communicate the elder's needs to the appropriate professionals
- \* Give elders a say in their care
- \* Provide family members with the information they need

*Aging Manager*

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