

# Advances in Quantitative MRI: Acquisition, Estimation, and Applications

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**Challenges** (beyond conventional MRI):

- complicated, nonlinear signal models
- more data required, so longer scan times

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- **Acquisition**

[Ch. 4]

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# Signal Model

After reconstruction, single voxel  $y_d$  in  $d$ th image modeled as

$$y_d = s_d(\mathbf{x}; \boldsymbol{\nu}, \mathbf{p}_d) + \epsilon_d \quad (1)$$

- $\mathbf{x} \in \mathbb{R}^L$  latent free parameters
- $\boldsymbol{\nu} \in \mathbb{R}^K$  known parameters
- $\mathbf{p}_d \in \mathbb{R}^A$  acquisition parameters
- $s_d : \mathbb{R}^{L+K+A} \mapsto \mathbb{C}$   $d$ th signal model
- $\epsilon_d \in \mathbb{C}$  noise  $\sim \mathbb{CN}(0, \sigma_d^2)$

# Signal Model

A scan profile contains  $D$  voxels  $\mathbf{y} := [y_1, \dots, y_D]^T$ , modeled as

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**Task:** design  $\mathbf{P}$  to enable precise unbiased estimation of  $\mathbf{x}$

## Towards an Objective Function

When  $\mathbf{s}$  is analytic in  $\mathbf{x}$  (as is typical),

**Fisher information** characterizes unbiased estimator precision:

$$\mathbf{F}(\mathbf{x}; \boldsymbol{\nu}, \mathbf{P}) := (\nabla_{\mathbf{x}} \mathbf{s}(\mathbf{x}; \boldsymbol{\nu}, \mathbf{P}))^H \boldsymbol{\Sigma}^{-1} \nabla_{\mathbf{x}} \mathbf{s}(\mathbf{x}; \boldsymbol{\nu}, \mathbf{P}). \quad (2)$$

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When  $\mathbf{F}$  is invertible, Cramér-Rao Bound (CRB) [Cramér, 1946] ensures covariance of unbiased estimates  $\hat{\mathbf{x}}$  of  $\mathbf{x}$  satisfy

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**Idea:** choose  $\mathbf{P}$  such that imprecision matrix  $\mathbf{F}^{-1}$  “small”

**Idea:** choose  $\mathbf{P}$  to minimize the objective

$$\Psi(\mathbf{x}; \nu, \mathbf{P}) = \text{tr}(\mathbf{W}\mathbf{F}^{-1}(\mathbf{x}; \nu, \mathbf{P})\mathbf{W}^T), \quad (4)$$

where  $\mathbf{W} \in \mathbb{R}^{L \times L}$  is a pre-selected diagonal matrix of weights.

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**Two problems considered:**

- min-max scan design [Nataraj et al., 2017]

$$\check{\mathbf{P}} \in \left\{ \arg \min_{\mathbf{P} \in \mathbb{P}} \max_{\substack{\mathbf{x} \in \mathbb{X}^t \\ \boldsymbol{\nu} \in \mathbb{N}^t}} \Psi(\mathbf{x}; \boldsymbol{\nu}, \mathbf{P}), \right\} \quad (5)$$

where  $\mathbb{X}^t \subseteq \mathbb{R}^L$  and  $\mathbb{N}^t \subseteq \mathbb{R}^K$  are “tight” ranges of interest and  $\mathbb{P}$  is defined by acquisition/timing constraints

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## Detailed Example Study

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- Consider scan profiles consisting of two fast pulse sequences
  - Spoiled Gradient-Recalled Echo (SPGR) [Zur et al., 1991]
  - Dual-Echo Steady-State (DESS) [Redpath and Jones, 1988]

## Detailed Example Study

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- Consider scan profiles consisting of two fast pulse sequences
  - Spoiled Gradient-Recalled Echo (SPGR) [Zur et al., 1991]
  - Dual-Echo Steady-State (DESS) [Redpath and Jones, 1988]
- For each scan profile feasible under total time constraint:
  1. Let  $\mathbf{s}$  model corresponding single-component signal
    - $\mathbf{x} \leftarrow [m_0, T_1, T_2]^T$ , where  $m_0$  is a scale factor
    - $\nu \leftarrow$  flip angle variation
    - $\mathbf{P} \leftarrow$  nominal flip angles, repetition times
  2. Optimize  $\mathbf{P}$  subject to flip angle, sequence timing constraints
    - $\mathbf{W} \leftarrow \text{diag}(0, 0.1, 1)$  emphasizes  $T_1, T_2$  est roughly equally
    - $\mathbb{X}^t$  chosen to focus on WM/GM at 3T field strength
    - $\mathbb{N}^t$  chosen to allow 10% flip angle variation

## Scan Profile Comparison

(#SPGR, #DESS) Profiles	(2, 1)	(1, 1)	(0, 2)
SPGR nom. flip (deg)	(15, 5)	15	–
DESS nom. flip (deg)	30	10	(35, 10)
SPGR rep. times (ms)	(12.2, 12.2)	13.9	–
DESS rep. times (ms)	17.5	28.0	(24.4, 17.5)
Optimized Cost	4.0	4.9	<b>3.5</b>

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**Main finding:** 2 DESS sequences can yield  $T_1, T_2$  WM/GM estimates that are at least as precise as  $T_1, T_2$  estimates from SPGR/DESS scan profiles, under this competitive time constraint.

## Numerical Simulation

- Simulated many WM-like, GM-like voxel realizations
- Studied sample statistics of  $T_1, T_2$  ML estimates  $\hat{T}_1^{\text{ML}}, \hat{T}_2^{\text{ML}}$

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Profile	(2, 1)	(1, 1)	(0, 2)	Truth
WM $\hat{T}_1^{\text{ML}}$	$830 \pm 17$	$830 \pm 15$	$830 \pm 14$	832
GM $\hat{T}_1^{\text{ML}}$	$1330 \pm 30.$	$1330 \pm 24$	$1330 \pm 24$	1331
WM $\hat{T}_2^{\text{ML}}$	$80. \pm 1.0$	$80. \pm 2.1$	$79.6 \pm 0.94$	79.6
GM $\hat{T}_2^{\text{ML}}$	$110. \pm 1.4$	$110. \pm 3.0$	$110. \pm 1.6$	110

**Table 1:**  $\hat{T}_1^{\text{ML}}, \hat{T}_2^{\text{ML}}$  sample means  $\pm$  sample standard deviations

## Experimental Setup

Candidate  $(2, 1)$ ,  $(1, 1)$ ,  $(0, 2)$  SPGR/DESS scan profiles

- Prescribed optimized nominal flip angles, repetition times
- Used  $256 \times 256 \times 8$  3D matrix over  $24 \times 24 \times 4$ cm FOV
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- Four inversion recovery (IR) scans for  $T_1$  estimation
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Bloch-Siebert (BS) acquisition for separate flip angle calibration

- Acquired 2 BS-shifted SPGR scans in 1m40s total



## Phantom Precision Results

- Repeated each profile 10 times
- Estimated  $T_1$ ,  $T_2$  std dev of typical voxel across repetitions

## Phantom Precision Results

	(2, 1)	(1, 1)	(0, 2)
V5 $\hat{\sigma}_{\hat{T}_1^{\text{ML}}}$	50 $\pm$ 12	40 $\pm$ 10.	39 $\pm$ 9.4
V6 $\hat{\sigma}_{\hat{T}_1^{\text{ML}}}$	70 $\pm$ 18	60 $\pm$ 15	70 $\pm$ 16
V7 $\hat{\sigma}_{\hat{T}_1^{\text{ML}}}$	60 $\pm$ 13	50 $\pm$ 13	50 $\pm$ 13
V5 $\hat{\sigma}_{\hat{T}_2^{\text{ML}}}$	2.6 $\pm$ 0.63	6 $\pm$ 1.4	3.5 $\pm$ 0.84
V6 $\hat{\sigma}_{\hat{T}_2^{\text{ML}}}$	1.9 $\pm$ 0.46	5 $\pm$ 1.1	2.3 $\pm$ 0.54
V7 $\hat{\sigma}_{\hat{T}_2^{\text{ML}}}$	1.4 $\pm$ 0.34	3.4 $\pm$ 0.80	1.5 $\pm$ 0.35

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Similar trends across profiles of empirical vs. theoretical std dev!

## In vivo Results

```
../fig/c,scn-dsgn/2016-05-31,brain,t1-ml,jet.eps
```

```
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**Figure 1:** Colorbar ranges in ms.

## Contributions

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## How to address model mismatch?

- More complete *in vivo* signal models
- More scalable parameter estimation

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- grid search e.g., for 1-compartment relaxivity [Ch. 4]

## Motivation

**Grid search** computational costs

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Can we scale computation with  $L$  more gracefully?

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- design *nonlinear* functions  $\hat{x}_l(\cdot) := \hat{h}_l(\cdot) + \hat{b}_l$  for  $l \in \{1, \dots, L\}$  that map each  $\mathbf{q}_n := [\text{Re}(\mathbf{y}_n)^\top, \text{Im}(\mathbf{y}_n)^\top, \boldsymbol{\nu}_n^\top]^\top \in \mathcal{Q}$  to  $x_{l,n} \in \mathbb{R}$

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$$(\hat{h}_l, \hat{b}_l) \in \left\{ \arg \min_{\substack{h_l \\ b_l \in \mathbb{R}}} \frac{1}{N} \sum_{n=1}^N (h_l(\mathbf{q}_n) + b_l - x_{l,n})^2 \right\}$$



# Machine Learning for QMRI Parameter Estimation

**Idea:** learn a *nonlinear* estimator from simulated training data

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**Solution:** solve a *kernel ridge regression* (KRR) problem

- restrict function space over which we optimize
- include function regularization

# A Function Space over which Optimization is Tractable

**Hilbert space:** complete inner product function space

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## Reproducing kernel Hilbert space (RKHS)

Hilbert space  $\mathbb{H}$  over input space  $\mathcal{Q}$  with *reproducing property*

$$\langle h, k(\cdot, \mathbf{q}) \rangle_{\mathbb{H}} = h(\mathbf{q}), \quad \forall h \in \mathbb{H}, \mathbf{q} \in \mathcal{Q}$$

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## Relevant facts

- Bijection between RKHS  $\mathbb{H}$  and RK  $k$  [Aronszajn, 1950]
- Function  $k(\cdot, \mathbf{q}) \in \mathbb{H}$  called a *feature mapping*

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Choose: RK  $k : \mathcal{Q}^2 \mapsto \mathbb{R}$ , which induces choice of RKHS  $\mathcal{H}$

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- *Nonlinear* kernel corresponds to *nonlinear* estimation
- We use  $k(\mathbf{q}, \mathbf{q}') \leftarrow \exp\left(-\frac{1}{2}\|\Lambda^{-1}(\mathbf{q} - \mathbf{q}')\|_2^2\right)$

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- Optimal  $\hat{h}_l$  over  $\mathbb{H}$  takes form [Schölkopf et al., 2001]

$$\hat{h}_l(\cdot) \equiv \sum_{n=1}^N \hat{a}_{l,n} k(\cdot, \mathbf{q}_n) \quad (10)$$

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- Plug (10) into (9); solve now instead for  $(\hat{a}_l, \hat{b}_l)$ ; construct:

$$\hat{x}_l(\cdot) = \sum_{n=1}^N \hat{a}_{l,n} k(\cdot, \mathbf{q}_n) + \hat{b}_l \quad (11)$$

## MRI Parameter Estimation via KRR

Non-iterative closed-form solution, for  $l \in \{1, \dots, L\}$ :

$$\hat{x}_l(\cdot) = \mathbf{x}_l^\top \left( \frac{1}{N} \mathbf{1}_N + \mathbf{M}(\mathbf{K}\mathbf{M} + N\rho_l \mathbf{I}_N)^{-1} \left( \mathbf{k}(\cdot) - \frac{1}{N} \mathbf{K} \mathbf{1}_N \right) \right) \quad (12)$$

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## KRR as High-Dimensional Affine Regression

Suppose there exists “approximate feature mapping”  $\tilde{\mathbf{z}} : \mathcal{Q} \mapsto \mathbb{R}^Z$  such that  $\tilde{\mathbf{Z}} := [\tilde{\mathbf{z}}(\mathbf{q}_1), \dots, \tilde{\mathbf{z}}(\mathbf{q}_N)]$  has for  $\dim(\mathcal{Q}) \ll Z \ll N$

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Does such a  $\tilde{\mathbf{z}}$  exist and work well in practice?

- Yes, e.g. for “shift invariant” kernels (like our Gaussian) of form  $k(\mathbf{q}, \mathbf{q}') \equiv k(\mathbf{q} - \mathbf{q}')$  [Rahimi and Recht, 2007]
- In such cases, can reduce from  $\sim N^2$  to  $\sim NZ$  computations

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*Online* model selection: train *after* observing (unlabeled) test data

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Some parameters still require manual selection...

- Prior on  $\mathbf{x}$  from tissue properties

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## Advances in Quantitative MRI:

- **Acquisition** [Ch. 4]  
How can we assemble fast, informative collections of scans to enable precise biomarker quantification?
- **Estimation** [Ch. 5]  
Given data from an informative acquisition, how can we rapidly and accurately quantify these biomarkers?
- **Application** [Ch. 6]  
Using these tools, can we design a state-of-the-art biomarker?

## Background



`../fig/c,mwf/myelin.ps`

[www.mayoclinic.org](http://www.mayoclinic.org)

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- Proportion of MR signal arising from water trapped within healthy myelin bilayers, relative to total  
[Mackay et al., 1994]




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- Correlates well with myelin content  
[Webb et al., 2003]



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Multi-echo spin-echo (**MESE**)

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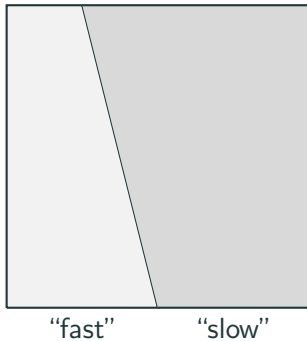
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**Goal:** fast, precise MWF quantification in WM



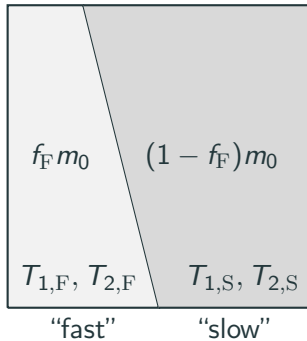
## A voxel-scale MWF model

simple two-compartment model



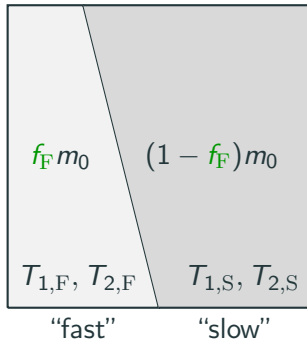
## A voxel-scale MWF model

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Take fast-relaxing fraction  $f_F$  as a simple proxy for MWF

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2-compartment SPGR model [Spencer and Fishbein, 2000]

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**For simplicity, we neglect exchange.**

$$\begin{aligned} \check{\mathbf{P}} &\in \left\{ \arg \min_{\mathbf{P} \in \mathbb{P}} \bar{\Psi}(\mathbf{P}) \right\}, \text{ where} \\ \bar{\Psi}(\mathbf{P}) &:= E_{\mathbf{x}, \nu} \left( \text{tr} \left( \mathbf{W} \mathbf{F}^{-1}(\mathbf{x}; \nu, \mathbf{P}) \mathbf{W}^T \right) \right) \end{aligned} \quad (15)$$

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- $\mathbf{x}$   $[\mathbf{f}_F, T_{1,F}, T_{2,F}, T_{1,S}, T_{2,S}, m_0]^T$
- $\nu$  flip angle variation
- $\mathbf{P}$  SPGR/DESS nominal flip angles, repetition times

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- $\mathbb{P}$  nom flip angle, total scan time constraints

## Optimized SPGR/DESS Acquisition

	Optimized flip angles (deg)	Optimized rep. times (ms)
SPGR	38.1, 12.9, 9.2, 33.5	50.2, 32.4, 16.4, 11.8
DESS	32.0, 40.3, 52.9	17.5, 98.0, 37.6

**Table 3:** Optimized Scan Parameters,  $\check{\mathbf{P}}$

- Predicted MWF relative standard deviation in WM
  - Optimized SPGR/DESS:  $\sqrt{\bar{\Psi}(\check{\mathbf{P}})} = 0.285$
  - mcDESPOT: at least 1 [Lankford and Does, 2013]

# MWF Estimation via KRR

## Simulation Setup

- At each voxel, generate ground-truth  $\mathbf{x}, \nu$
- Using 2-compartment SPGR/DESS model  $\mathbf{s}$  with optimized (and now fixed) parameters  $\check{\mathbf{P}}$ , generate voxel data  $\mathbf{y} \in \mathbb{C}^{10}$



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## Use KRR to estimate just $f_F$

- Separable prior on  $\mathbf{x}$ :  $f_F, m_0$  uniform; others log-uniform
- $N \leftarrow 10^6$  training points
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## Compare against grid search

- unconstrained search would require  $\sim 100^5$  dictionary atoms
- we artificially constrain search here to limit computation

## MWF Simulation Result

Fast-fraction  $f_F$  estimates, in simulation:

```
../fig/c,krr/sim.eps
```

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`../fig/c,krr/sim.eps`

~4h

40s training, 2s testing

## MWF Proof-of-concept Experimental Study

Acquired *in vivo* data using optimized MWF protocol

- Used  $256 \times 256 \times 8$  3D matrix over  $24 \times 24 \times 4$ cm FOV
- Required **11m48s** total (including BS scan)

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Compared (qualitatively) with results in [Zhang et al., 2015]

- GRASE: accelerated MESE acq [Prasloski et al., 2012]
- mcDESPOT: 9 SPGR, 18 bSSFP scans [Deoni, 2011]

## MWF Proof-of-concept In Vivo Result

```
../fig/c,mwf/ff,log2c-0,krr-ml.eps
```

```
../fig/c,mwf/mwf,gr/asig/ep,mwf/mwf,mcdespot.eps
```

## Contributions

- Two-compartment DESS signal model
- Fast acquisition for precise WM MWF estimation
- Proof-of-concept *in vivo* MWF images via KRR

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## Ongoing work

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- Further-optimized MWF acquisition

**Table 4:** Timeline to Defense

start date	task
2017-05	validate KRR estimation
2017-08	prepare KRR journal paper
2017-10	validate $f_{\mathbb{F}}$ estimates from SPGR/DESS acquisition
2018-01	prepare fast MWF imaging journal paper
2018-03	defend dissertation

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### Longer-term research directions

- combine image reconstruction and KRR estimation
- correlate our MWF estimates with other myelin biomarkers
- apply KRR to other problems

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