AGENDA VAISHNAVA GPLAN

Gaurabda 528 / 529

Rio Branco

2015

Uma agenda transcendental, para você não perder de vista o que realmente importa.

Versão 12.02

वेणुझ क्वणन्तमरविन्ददलधायताक्षझ बर्हावतझसमसिताम्बुदसुन्दरीम् कान्दर्पकोतिकामिनाथयविशेषशोभझ गोविन्दमादिपुरूषझ तमहझ भजामि

> veņum kvaņantam aravinda-dalāyatākṣam barhāvatamsam asitāmbuda-sundarāngam kandarpa-koti-kaminīya-viśeṣa-śobham govindam ādi-puruṣam tam aham bhajāmi

Adoro Govinda, o Senhor primordial, que é perito em tocar Sua flauta, que tem olhos exuberantes como pétalas de lótus e a cabeça ornada com uma pluma de pavão. Sua bela forma apresenta o matiz de nuvens azuladas, e Seu encanto incomparável cativa milhões de cupidos (Brahma Samhita 5.30)

आनि यस्य सकालेधन्दित्रयवृत्तामन्ति पश्यन्ति पान्ति कालधयन्ति चिरझ जागन्ति आनन्दिचन्मयसदुज्ज्वलधविगत्रहस्य गोविन्दमादिप्रूषझ तमहझ भजामि

> aṅgāni yasya sakalendriya-vṛttimanti paśyanti pānti kalayanti ciraṁ jaganti ānanda-cin-maya-sad-ujjvala-vigrahasya govindam ādi-puruṣaṁ tam ahaṁ bhajāmi

Adoro Govinda, o Senhor primordial, cuja forma é plena de bemaventurança, verdade, substancialidade, possuindo o mais deslumbrante esplendor. Cada um dos seus membros trancendentais possui as funções de todos os demais órgãos, e vê, mantém e manifesta eternamente infinitos universos, tanto espirituais quanto materiais. (Brahma Samhita 5.32)

AGENDA VAISHNAVA GPLAN

Apresentação

O presente trabalho visa facilitar a elaboração, pelos devotos vaishnavas⁽¹⁾, de uma agenda impressa com as seguintes características:

- semanal;
- personalizada;
- que facilite o planejamento e controle dos resultados das atividades, e não só do tempo corrido;
- que inclua as informações referentes às festividades, eventos e jejuns do calendário vaishnava, geradas pelo programa "GCAL - Gaurabda Calendar"⁽²⁾;
- que apresente citações⁽³⁾ dos textos védicos⁽⁴⁾, inclusive o sânscrito⁽⁵⁾, facilitando a meditação, o estudo e a memorização dos ensinamentos dos acharvas⁽⁶⁾.
- que traga as demais informações comuns às agendas⁽⁷⁾ e calendários normais.

Nos sentiremos exitosos em nossa intenção caso pelo menos um servo do Senhor tenha encontrado maior facilidade na execução do seu serviço graças a este documento.

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O arquivo eletrônico no formato da planilha Excel[®] e as amostras em meio "transparente" podem ser acessadas em http://www.gopala.blog.br e www.gopaladasa.xpg.com.br

Mais esclarecimentos e orientações quanto ao uso e adaptações deste documento podem ser obtidas através do e-mail: agendavaishnava@harekrishna.org.br

Esperamos com isto ter criado as condições para que um elevado número de devotos sintam-se livres não só para utilizar o documento, mas também para contribuir com o aperfeiçoamento do mesmo, num processo contínuo.

Gopala Dasa Adhikari (HDG) (Paulo Sergio de Araujo) Editor Recife - Brasil, 07 de dezembro de 2005. (Última revisão em 28 de julho de 2012)

(*)Notas na contracapa

DADOS PESSOAIS 2015

| Nome | | |
|---------------|-----------------------|--|
| Endereço | | |
| Cidade | CEP Estado | |
| Fone | Celular | |
| E-mail | | |
| RG | CPF | |
| T. Eleitor | Zona Seção | |
| Passaporte | Validade / / | |
| Cart. Militar | Certif. Reservista | |
| Habilitação | Vcto. Ex. Saúde / / | |
| Veículo | Placa | |
| Nº Chassi | Cód. Renavam | |
| Cia. Seguro | Vcto. Seguro Obr. / / | |

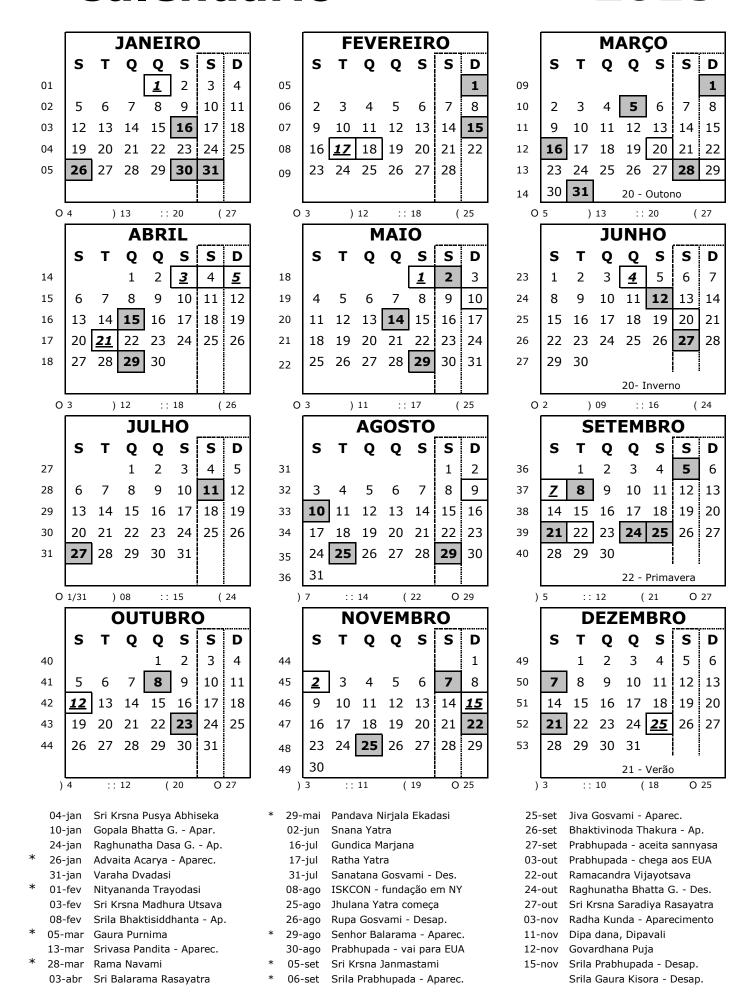
DADOS COMERCIAIS

| Nome | | | |
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| Endereço | | | |
| Cidade | | CEP | Estado |
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| E-mail 1 | | E-mail 2 | |
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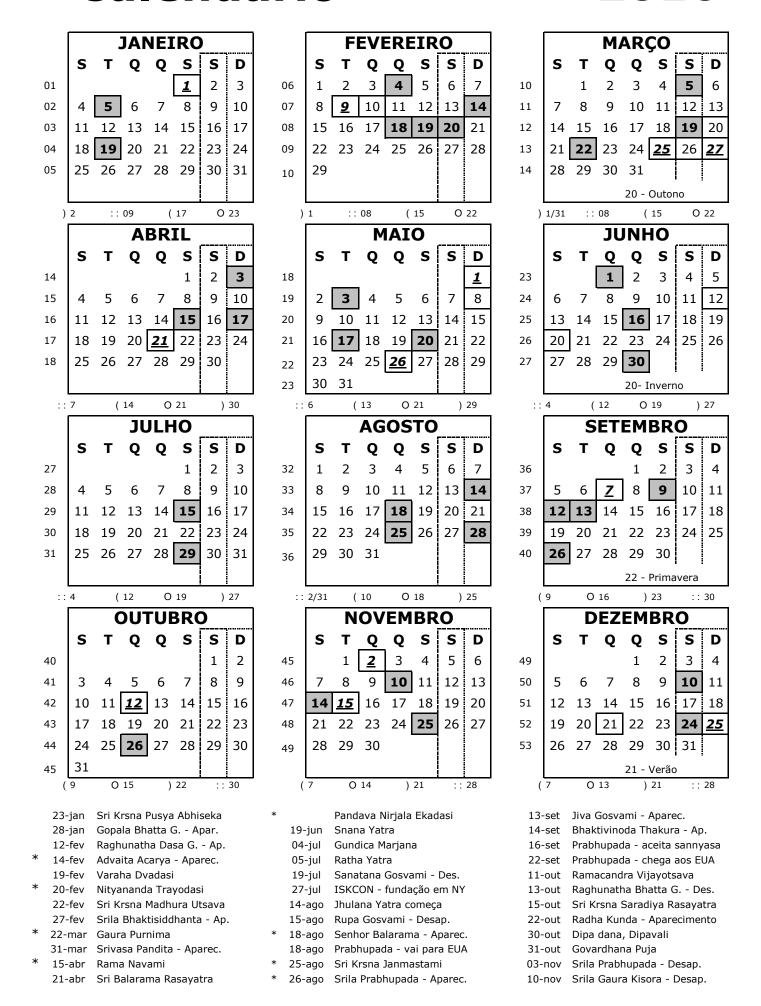
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| Grupo Sangüíneo | | | Tipo RH | | | |
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| Tel. Consultório | | | Tel. Residência | | | |
| Plano Saúde | | | Fone | | | |
| Hospital | | | | | | |
| Sou alérgico à | | | | | | |
| Vacinação contra tétano: | (|) | sim | (|) | não |
| Sofro de: | | | | | | |
| () Coração | (|) | Hemofilia | (|) | |
| () Eplepsia | (|) | Diabetes | (|) | |
| Em caso de emergência avisar: | | | | | | |
| Nome: | | | Fone: | | | |
| Nome: | | | Fone: | | | |

Calendário



Calendário



FERIADOS, COMEMORAÇÕES E ANIVERSÁRIOS

| | TAD. | oo, come | HOKAÇOLO E ANTALKOAKI | | 2013 |
|----------|----------|------------------|-----------------------------------------------------------------------|------------------------|----------------------|
| Dia | Mês | Data | Nome | Dia Sem. | Tipo |
| FIXOS | 3 | | | | |
| 01 | 01 | 01/01/2015 | Confraternização Universal | Quinta | 1-Feriado |
| 21 | 04 | 21/04/2015 | | Terça | 1-Feriado |
| 01 | 05 | | Dia do Trabalho | Sexta | 1-Feriado |
| 12 | 06 | | Dia dos Namorados | Sexta | 2-Evento |
| 07 | 09 | | Independência | Segunda | 1-Feriado |
| 12 | 10 | | Dia das Crianças / N. Sra. Aparecida | Segunda | 1-Feriado |
| 02 | 11 | 02/11/2015 | | Segunda | 1-Feriado |
| 15 | 11 | | Proc. da República | Domingo | 1-Feriado |
| 25 | 12 | | | Sexta | 1-Feriado |
| 23 | 12 | 25/12/2015 Natal | | Sexta | 1-renado |
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| MÓVF | TS COM | A PÁSCOA | | | |
| 17 | 02 | | 03-Terça-feira de Carnaval | Terça | 1-Feriado |
| 18 | 02 | | 04-Quarta-feira de Cinzas | Quarta | 2-Evento |
| 29 | 03 | | 05-Domingo de Ramos | Domingo | 2-Evento |
| 03 | 04 | | 07-Paixão de Cristo | Sexta | 1-Feriado |
| 04 | 04 | | 08-Sábado de Aleluia | Sábado | 2-Evento |
| 05 | 04 | | 09-Domingo de Páscoa | Domingo | 1-Feriado |
| 04 | 06 | 04/06/2015 | 14-Corpus Christi | Quinta | 1-Feriado |
| | | | | | |
| MÓVE | IS - CE | RTO DIA DA SE | MANA DE CERTO MÊS | | |
| 02 02 | 05 08 | | Dia das Mães (2º domingo de maio) Dia dos Pais (2º domingo de agosto) | 1-Domingo 1-Domingo | 2-Evento 2-Evento |
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FERIADOS, COMEMORAÇÕES E ANIVERSÁRIOS

| Dia | Mês | 11272 | | | |
|-------|---------|---------------|--------------------------------------|-------------|-----------|
| | | Data | Nome | Dia Sem. | Tipo |
| FIXOS | | | | | |
| 01 | 01 | 01/01/2016 | Confraternização Universal | Sexta | 1-Feriado |
| 21 | 04 | 21/04/2016 | Tiradentes | Quinta | 1-Feriado |
| 01 | 05 | 01/05/2016 | Dia do Trabalho | Domingo | 1-Feriado |
| 12 | 06 | 12/06/2016 | Dia dos Namorados | Domingo | 2-Evento |
| 07 | 09 | 07/09/2016 | Independência | Quarta | 1-Feriado |
| 12 | 10 | 12/10/2016 | Dia das Crianças / N. Sra. Aparecida | Quarta | 1-Feriado |
| 02 | 11 | 02/11/2016 | | Quarta | 1-Feriado |
| 15 | 11 | | Proc. da República | Terça | 1-Feriado |
| 25 | 12 | 25/12/2016 | | Domingo | 1-Feriado |
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| MÓVEI | S COM | A PÁSCOA | | | |
| 09 | 02 | 09/02/2016 | 03-Terça-feira de Carnaval | Terça | 1-Feriado |
| 10 | 02 | · · | 04-Quarta-feira de Cinzas | Quarta | 2-Evento |
| 20 | 03 | | 05-Domingo de Ramos | Domingo | 2-Evento |
| 25 | 03 | | 07-Paixão de Cristo | Sexta | 1-Feriado |
| 26 | 03 | | 08-Sábado de Aleluia | Sábado | 2-Evento |
| 27 | 03 | | 09-Domingo de Páscoa | Domingo | 1-Feriado |
| 26 | 05 | 26/05/2016 | 14-Corpus Christi | Quinta | 1-Feriado |
| | | | | | |
| MÓVEI | S - CEI | RTO DIA DA SE | MANA DE CERTO MÊS | | |
| 02 | 05 | | Dia das Mães (2º domingo de maio) | 1-Domingo | 2-Evento |
| 02 | 08 | 14/08/2016 | Dia dos Pais (2º domingo de agosto) | 1-Domingo | 2-Evento |
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Anotações

Anotações

| PRIORIDADES | SEGUNDA | | TERÇA | QUARTA | |
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| | Sri Locana Dasa Thakura - Desaparecimento | | | Ganga Sagara Mela Makara Sankranti (Sol entr | |
| | Desaparecimento | | | em Capricórnio 14 jan, às 08:40 hora local) | u |
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| | Sri Advaita Acarya - | 19 | Bhismastami 20 | Sri Madhvacarya - | 21 |
| | Aparecimento (Jejum hoje) | | | Desaparecimento | |
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| QUINTA | | SEXTA | | SÁBADO | | DOMINGO | | . |
|-----------------------------------------------------------------------------------------------------------------------|----------|----------------------------------------------------------------------------------|---|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------------------------------------------------------------------------------|-----|---------------------|
| Quebra de jejum 05:13 - 09:27 (hora local) Sri Jagadisa Pandita - Aparecimento Confraternização Universal | | | | | | Sri Krsna Pusya Abhisek | a | JANEIRC |
| 1 | <u>.</u> | 2 | | | 3 | | 4 |) |
| | | | | Sri Ramacandra Kaviraja - Desaparecimento Srila Gopala Bhatta Gosva Aparecimento | | Sri Jayadeva Gosvami - Desaparecimento | , | 2015 |
| Γ, | 8 | 9 | | | 10 | | 11 | 15 |
| | | (adequado para jejum) Jejum por Sat-tila Ekadasi | | Quebra de jejum 05:22 - 09:34 (hora local) | 120 | | 122 | |
| 1 | .5 | 16 | 6 | | 17 | | 18 | |
| | | | | Vasanta Pancami Srimati Visnupriya Devi - Aparecimento Sarasvati Puja Srila Visvanatha Cakravart Thakura - Desapareciment Sri Pundarika Vidyanidhi - Aparecimento Sri Raghunandana Thakura Aparecimento Srila Raghunatha Dasa Gosvami - Aparecimento | :0 | | | |
| | 22 | 23 | | | 24 | | 25 | |
| Sri Ramanujacarya - Desaparecimento | | (adequado para jejum) Jejum por Bhaimi Ekadasi (Jejum hoje por Varahadeva) | | Quebra de jejum 05:28 - 09:39 (hora local) Varaha Dvadasi: Aparecimento do Senhor Varahadeva (O jejum foi feito ontem) | | Nityananda Trayodasi: Aparecimento de Sri Nityananda Prabhu (Jejum hoje) | | PLANEJAM |
| 2 | 29 | 30 | 0 | | 31 | | 1 | E١ |
| | | | | | | | | PLANEJAMENTO MENSAL |

PLANEJAMENTO MENSAL

2014/15

Semana 53 /1 528 Gaurabda

Gaura Paksa Navami Tithi

Segunda

Cresc **Terça**

Gaura Paksa

Dasami Tithi

30

Cresc

Dezembro /

Narayana Masa

| Jane | | r | | | |
|-------------|------------------|-----------|-----------------------------------------|--------------------------------|----------|
| Aperfei | çoamento Pessoal | Important | | | |
| Espiritual | | Ŏ | | | |
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| | | 20 | Versa Periole | Va ana Ciara | 264 |
| | | | Yoga: Parigha 363 Naksatra: Revati 2 | Yoga: Siva Naksatra: Asvini | 364 1 |



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| | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 10 | | | | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| | | | | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 11 | | | | 22 | 23 | 24 | <u>25</u> | 26 | 27 | 28 |
| | : | * | * | * 29 | 30 | 31 | | | | |
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| 13 | | | | S 5 12 | T 6 13 | Dar Q 7 14 | Q <u>1</u> 8 | S 2 9 | S 3 10 | 4 11 18 |
| 13 | | | | S 5 12 19 | T 6 13 20 | Dar Q 7 14 | Q 1 8 15 22 | S 2 9 | 3 10 17 | 4 11 18 |
| 13 14 | | | | 5 12 19 26 | T 6 13 20 27 | Q 7 14 21 28 | Q 8 15 22 29 | S 2 9 16 23 | 3 10 17 24 | 4 11 18 25 |
| 13 14 | | | | \$ 5 12 19 26 | T 6 13 20 27 र्मक्षेत्रे | Q [7 14 21 28 क्रास्क्षे | Q <u>1</u> 8 15 22 29 जि सम | \$ 2 9 16 23 30 विता यु | \$ 3 10 17 24 31 युत्साव | 4 11 18 25 |
| 13 14 15 | | | | \$ 5 12 19 26 | T 6 13 20 27 र्मक्षेत्रे कााः प | Par Q 7 14 21 28 क्युरूक्षे | Q | \$ 2 9 16 23 30 विता युक्तामकुष्याप-kşutsava | \$ 3 10 17 24 31 युत्सव वर्वत सार | 4 11 18 25 |
| 13 14 15 | | | | 5 12 19 26 शा मामार | T 6 13 20 27 मंक्षेत्रे क्रााः प | Q 7 14 21 28 क्रास्क्षे गण्डवाश गण्डवाश गण्डवाश गण्डवाश | Q 1 8 15 22 29 । जो समा | S 2 9 16 23 30 कोगक्ता यु | \$ 3 10 17 24 31 डिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्स्टिंग्सिंग्सिंग्सिंग्सिंग्सिंग्सिंग्सिंग्स | 4 11 18 25 |
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| Tritiya Tithi | Tritiya Tithi | Caturthi Tithi | Pancami Tithi |
| | | | Sri Ramacandra Kaviraja - Desaparecimento Srila Gopala Bhatta Gosvami - Aparecimento |
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| 5 | | | Sasti Tithi Sri Jayadeva Gosvami - Desaparecimento |
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| 5 | | | यच्छेंयः स्यान् निष्ठितक्ष बत्रूहि तन् मे शिष्यस्तेऽहक्ष शांक्षि मास्र तुआक्ष प्रपप्त |
| | | | kärpanya-dosopahata-svabhävah prcchämi tväm dharma-sammüdha-cetäl |
| 7 | | | yac chreyaḥ syān niścitaṁ brūhi tan me śiṣyas te 'haṁ śādhi māṁ tuāṁ Agora estou confuso sobre meu |
| 3 | * | * | dever e perdi toda a compostura * por causa da fraqueza. Nesta condição, peço que Você me diga |
| 9 | | | claramente o que é melhor para mim. Agora sou seu discípulo, e uma alma rendida a Você. Por favor, instrua-me. (Bg. 2.7) |
| | | | |
| Yoga: Viskumba | 7 Yoga: Priti | 8 Yoga: Ayusmana | |

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Semana 3 528 Gaurabda

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Sri Locana Dasa Thakura Desaparecimento

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| | | | 20 | Yoga: Atiganda 12 | Yoga: Sukarma | 13 |
| | | | | Naksatra: Hasta 353 | Naksatra: Citra | 352 |

Ming Quarta Ming Ming **Sexta** Sábado Ming Quinta Krsna Paksa Krsna Paksa Krsna Paksa Krsna Paksa Navami Tithi Dasami Tithi Ekadasi Tithi * Dvadasi Tithi Ganga Sagara Mela (adequado para jejum) Quebra de jejum 05:22 -Makara Sankranti (Sol entra Jejum por Sat-tila Ekadasi 09:34 (hora local) em Capricórnio 14 jan, às 08:40 hora local)

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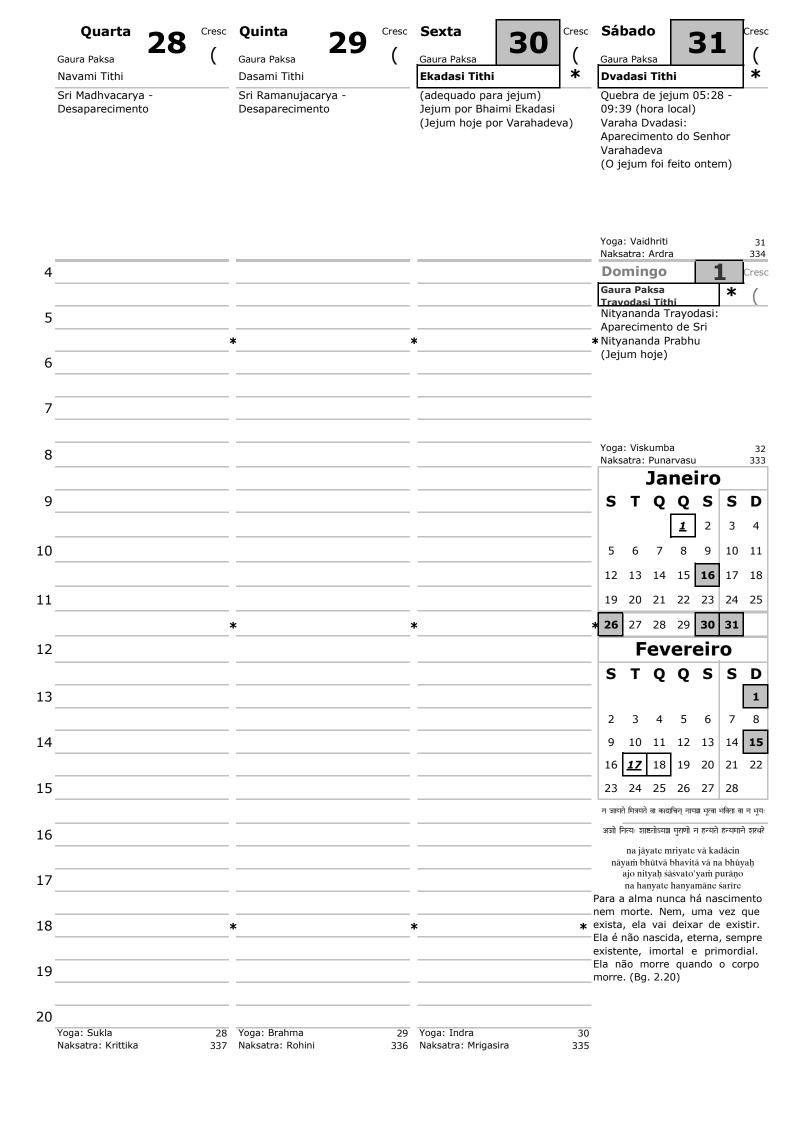
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Govinda Masa

Yoga: Sukarma 38 Naksatra: Uttara-phalguni 327 **Domingo** Cheia Krsna Paksa Pancami Tithi Sri Purusottama Das Thakura -Desaparecimento *Srila Bhaktisiddhanta Sarasvati Thakura -Aparecimento Yoga: Dhriti 8 Naksatra: Hasta Fevereiro QQS D 1 5 6 7 10 10 11 12 13 11 16 18 19 20 21 22 23 24 25 26 27 28 Março 12 S Q Q SS D 13 30 31 1 5 6 10 11 12 14 14 13 15 17 18 19 20 21 22 29 15 23 24 25 26 27 28 यजिशिष्ट्वाशिनः सन्तो मुच्यन्ते सर्विकारिबषएः भुञते ते त्वगाझ पापा ये पचन्त्यात्मक॥रणात् 16 yajña-śiṣṭāśinaḥ santo mucyante sarva-kilbişaih bhuñjate te tv agham pāpā 17 ye pacanty ātma-kāraņāt Os devotos do Senhor se liberam de toda classe de pecados porque 18 * comem alimentos que são primeiro oferecidos em sacrifício. Os demais, que preparam os alimentos para o gozo pessoal 19 dos sentidos, em verdade só comem pecado. (Bg. 3.13) 20 Yoga: Saubhagya 35 Yoga: Sobana 36 Yoga: Atiganda 37 Naksatra: Aslesa 330 Naksatra: Magha 329 Naksatra: Purva-phalguni 328

Semana 7 528 Gaurabda

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Semana 8 528 Gaurabda

Segunda Krsna Paksa

Trayodasi Tithi

Ming **16**

Terça

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Govinda Masa

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Caturdasi Tithi Siva Ratri

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Terça-feira de Carnaval

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Quarta Quinta Nova **Sexta** Sábado Nova Nova Nova Krsna Paksa Gaura Paksa Gaura Paksa Gaura Paksa Amavasya Tithi Pratipat Tithi Dvitiya Tithi Tritiya Tithi Quarta-feira de Cinzas Srila Jagannatha Dasa Babaji -Desaparecimento

Sri Rasikananda -Desaparecimento

Naksatra: Dhanista

316 Naksatra: Satabhisa

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315 Naksatra: Purva-bhadra

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| | | | Sri Govinda Ghosh - Desaparecimento | | | |
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| OLITATA | CEVTA | | SÁBADO | | DOMINGO | |
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| QUINTA | SEXTA | | SABADO | | DOMINGO (adequado para jejum) Vyanjuli Mahadvadasi Jejum por Amalaki vrata Ekadasi Sri Madhavendra Puri - Desaparecimento | |
| Gaura Purnima: Aparecimento | Festival de Jagannatha Misr | -a | | | | 1 |
| de Sri Caitanya Mahaprabhu (Jejum hoje) | Visnu Masa | | | | | |
| 5 | Cui Cuiva a Bandita | 6 | | 7 | Mina Canlunati (Callantus | 8 |
| | Sri Srivasa Pandita - Aparecimento | | | | Mina Sankranti (Sol entra Peixes 14 mar, às 18:31 h local) | |
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| 26 | Г | | Rama Navami: Aparecimer do Senhor Sri Ramacandra (Jejum hoje) | | Domingo de Ramos | 20 |
| 26 | Sri Balarama Rasayatra | 27 | Sábado de Aleluia | | Madhusudana Masa | 29 |
| | Sri Krsna Vasanta Rasa Sri Vamsivadana Thakura - Aparecimento Sri Syamananda Prabhu - Aparecimento Paixão de Cristo | | | | Domingo de Páscoa | |
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PLANEJAMENTO MENSAL

MARÇO

Semana 9 528 Gaurabda

SegundaGaura Paksa

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Sasti Tithi

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Terça

Gaura Paksa

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24

Nova

Fevereiro / Março

Govinda Masa

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| | | | Yoga: Brahma 54 Naksatra: Asvini 311 | Yoga: Indra Naksatra: Bharani | 55 310 |

| Quarta | 25 | Cresc | Quinta | 26 | Cresc | Sexta | 27 | Cresc | Sábado | 28 | Cresc |
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| Astami Tithi | | | Navami Tithi | | | Dasami Tithi | | | Ekadasi (not su | litable for | |

| | | | Yoga: Ayusmana 59 Naksatra: Ardra 306 |
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| 4 | | | Domingo 1 Cresc |
| | | | Gaura Paksa Dvadasi Tithi |
| 5 | | | (adequado para jejum) |
| | * | * | ————— Vyanjuli Mahadvadasi ∗ Jejum por Amalaki vrata |
| 6 | | | Ekadasi Sri Madhavendra Puri - |
| | | | Desaparecimento |
| 7 | | | |
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| 8 | | | Yoga: Saubhagya 60 Naksatra: Punarvasu 305 |
| | | | Fevereiro |
| 9 | | | STQQSSD |
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| | | | ैवझ परम्पराघ्रामुमिमझ राजार्षयो व्यदुः |
| 16 | | | अस्काालेधनोह महता योगो नष्तः परन्तप |
| | | | evam paramparā-prāptam imam rājarṣayo vyduḥ |
| 17 | | | as kāleneha mahatā yogo naṣtaḥ parantapa |
| | | | Esta ciência suprema foi assim recebida através da corrente de |
| 18 | * | * | * sucessão discipular, e os reis |
| | | | santos compreenderam-na desta maneira. Mas com o passar do |
| 19 | | | tempo a sucessão se rompeu e por isso a ciência como ela é |
| | | | parece estar perdida. (Bg. 4.2) |
| 20 | | | |
| Yoga: Vaidhriti | 56 Yoga: Viskumba | 57 Yoga: Priti | 58 |
| Naksatra: Krittil | ka 309 Naksatra: Rohini | 308 Naksatra: Mrigasira | 307 |

Semana 10 528 / 529 Gaurabda Gaura Paksa

Segunda

Cresc **Terça**

Gaura Paksa

Trayodasi Tithi

Cresc

Março

Govinda / Visnu Masa

Dvadasi Tithi

Quebra de jejum 05:34 -05:37 (hora local)

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| | | Yoga: Sobana 6 Naksatra: Pusyami 30 | | 62 303 |

Quarta Cresc Quinta Cheia Sexta Cheia **Sábado** Cheia O 0 0 Gaura Paksa Krsna Paksa Gaura Paksa Krsna Paksa * Caturdasi Tithi Purnima Tithi Pratipat Tithi Dvitiya Tithi Gaura Purnima: Aparecimento Festival de Jagannatha Misra de Sri Caitanya Mahaprabhu Visnu Masa

(Jejum hoje)

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| 16 | | | | - प्रकृ। | तिझ स्व | गमज्ञाष | थाय स | म्भवाम् | यात्मम | ायया |
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| 17 | | | | - | prak | cṛtiṁ s | vām a | dhisth | āya | |
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| 18 | | * | * * | e Me nunca | | | | | | |
| 10 | | | | seja c | Sen | hor o | de to | dos d | os se | eres |
| 10 | | | | vivos, todo | milên | nio e | m N | 1inha | for | ma |
| 19 | | | | transo | ende | ntal d | origir | nal. (E | 3g. 4 | .6) |
| ~ ~ | | | | - | | | | | | |
| 20 | Yoga: Sukarma 63 | Yoga: Dhriti 64 | Yoga: Sula 65 | - | | | | | | |
| | Naksatra: Magha 302 | Naksatra: Purva-phalguni 301 | Naksatra: Uttara-phalguni 300 | | | | | | | |

Semana 11 529 Gaurabda Segunda Krsna Paksa

Caturthi Tithi

Naksatra: Citra

0

Cheia **Terça**

Krsna Paksa

Pancami Tithi

Cheia 0

Março

Espiritual Emocional Intelectual

Físico

Áreas

Visnu Masa

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| | | | Yoga: Dhruva 68 | Yoga: Vyagata | 69 |

297 Naksatra: Swati

Quarta Cheia Cheia **Sexta** Ming Sábado Quinta Ming 0 0 Krsna Paksa Krsna Paksa Krsna Paksa Krsna Paksa Sasti Tithi Saptami Tithi Astami Tithi Navami Tithi

> Sri Srivasa Pandita -Aparecimento

| | | | Yoga: Vyatipata 73 Naksatra: Mula 292 |
|---------------|----------------|----------------|-----------------------------------------------------------------|
| 4 | | | Domingo 15 Ming |
| | | | Krsna Paksa |
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| 5 | | | Peixes 14 mar, às 18:31 hora |
| | * | * | *local) |
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| 0 | | | Yoga: Variyana 74 |
| 8 | | | Naksatra: Purva-asadha 291 |
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| | | | जन्म कार्म च मे दिव्यमेवझ यो वेति। ततवतः |
| 16 | | | त्यऊ॥ देहझ पुनार्जन्म नएति मामेति सोऽर्जुन |
| | | | janma karma ca me divyam evam yo vetti tattvatah |
| 17 | | | tyaktvā deham punar janma |
| | | | naiti mām eti so'rjuna Ó Arjuna, aquele que conhece a |
| | | | natureza transcendental de Meu |
| 18 | * | * | ★ aparecimento e atividades, ao deixar o corpo, não nasce outra |
| | | | vez neste mundo material, mas |
| 19 | | | alcança Minha morada eterna. (Bg. 4.9) |
| | | | <u> </u> |
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| Yoga: Harsana | 70 Yoga: Vajra | 71 Yoga: Siddh | ni 72 |

Semana 12 529 Gaurabda

Gaurabda Krsna Paksa

16 | Ming |) | *

Terça Krsna Paksa

Dvadasi Tithi

17

Ming

Março

Visnu Masa

(adequado para jejum) Jejum por Papamocani Ekadasi

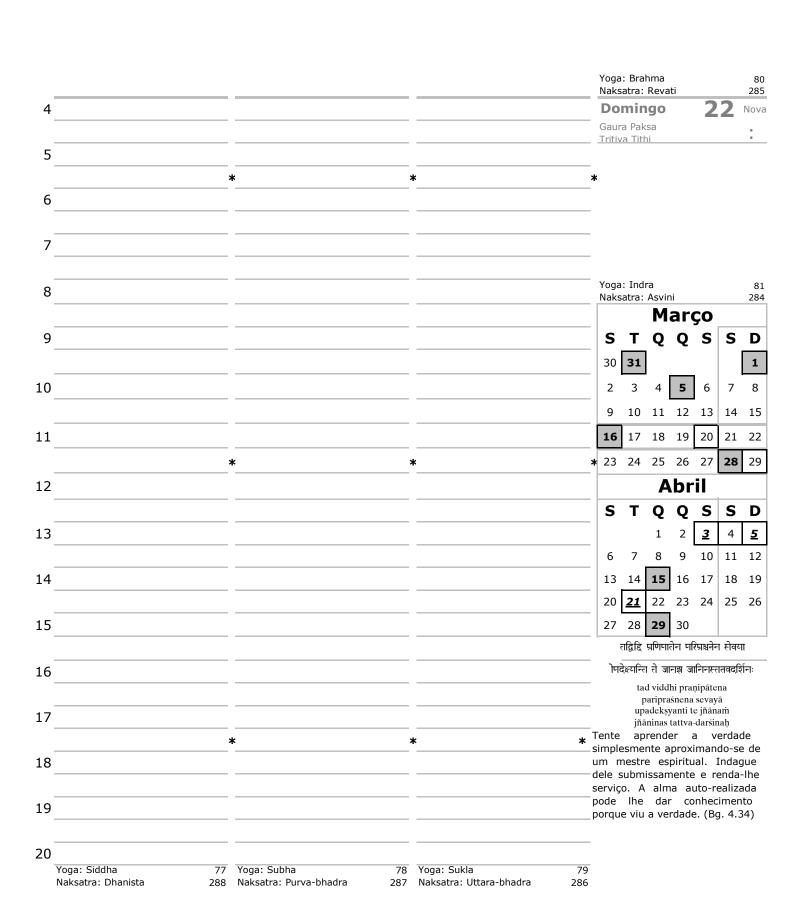
Segunda

Ekadasi Tithi

Quebra de jejum 05:35 -09:38 (hora local) Sri Govinda Ghosh -Desaparecimento

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| | | | Yoga: Parigha 75 Naksatra: Uttara-asadha 290 | Yoga: Siva Naksatra: Sravana | 76 289 |
| | | _ | | | 207 |

Sábado Ming Ming Sexta Quarta Quinta Nova Nova Krsna Paksa Krsna Paksa Gaura Paksa Gaura Paksa Trayodasi Tithi Caturdasi Tithi Pratipat Tithi Dvitiya Tithi Outono



Semana 13 529 Gaurabda Segunda

Nova

Terça

Nova

Março

Gaura Paksa Caturthi Tithi

Pancami Tithi Sri Ramanujacarya -Aparecimento

Gaura Paksa

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| | | | Yoga: Vaidhriti 82 Naksatra: Bharani 283 | Yoga: Priti 83 Naksatra: Krittika 282 |

Quarta Sexta Cresc Sábado Nova Quinta Nova Gaura Paksa Gaura Paksa Gaura Paksa Gaura Paksa * Sasti Tithi Saptami Tithi Astami Tithi Navami Tithi Rama Navami: Aparecimento

do Senhor Sri Ramacandra (Jejum hoje)

| | | | | | : Atiga atra: | | rvasu | | | 87 278 |
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| FRIORIDADES | SEGUNDA | | ILNYA | Quebra de jejum 05:35 - | |
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| | Senhor Sri Rama) - | | | Jejum por Mohini Ekadasi | |
| | Aparecimento Sri Madhu Pandita - | | | | |
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| QUINTA | | SEXTA Sri Balarama Rasayatra | | SÁBADO Sábado de Aleluia | | DOMINGO Madhusudana Masa | |
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| | | | | Sri Abhirama Thakura - Desaparecimento | | | |
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| Quebra de jejum 05:34 - 09:32 (hora local) | | | | Sri Gadadhara Pandita - Aparecimento | | | |
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| | | Jahnu Saptami | | | | | |
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| Quebra de jejum 05:35 - 09:30 (hora local) Rukmini Dvadasi | | Sri Jayananda Prabhu - Desaparecimento Dia do Trabalho | | Nrsimha Caturdasi: Aparecimento do Senhor Nrsimhadeva (Jejum hoje) | | Krsna Phula Dola, Salila Vi Sri Paramesvari Dasa Thak - Desaparecimento Sri Sri Radha-Ramana Dev Aparecimento Sri Madhavendra Puri - Ap Sri Srinivasa Acarya - Ap. | kura /aji - |
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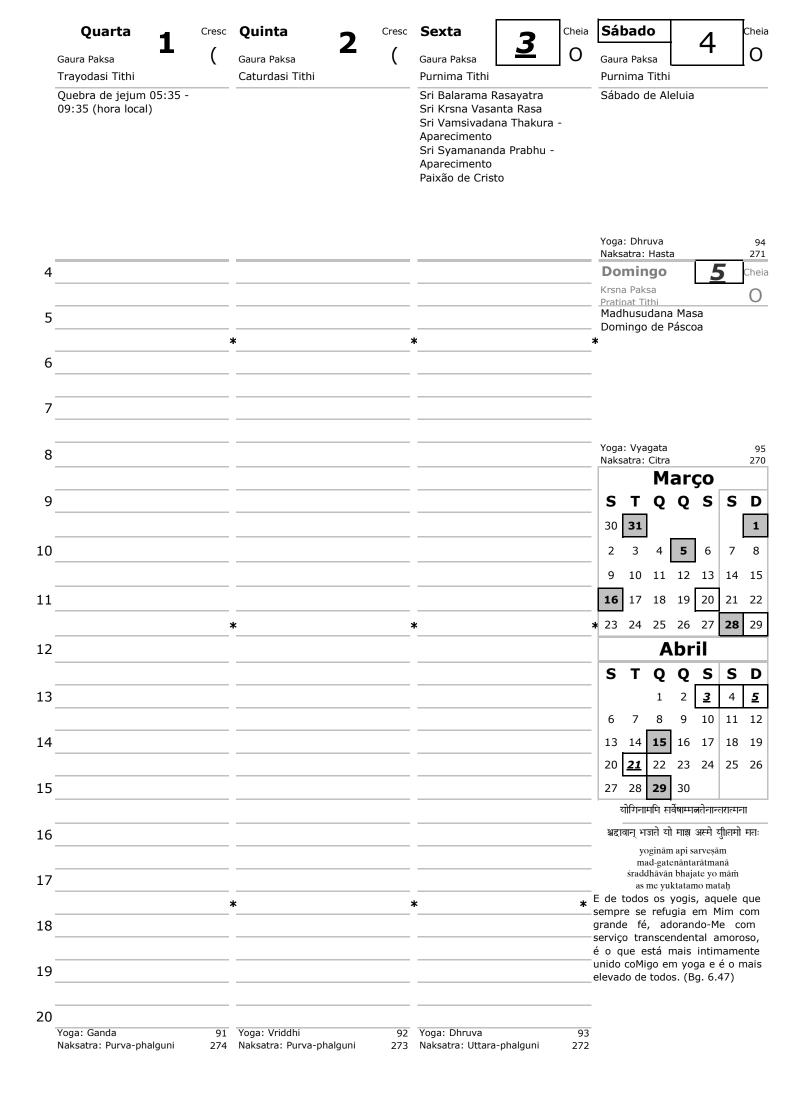
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Semana 15 529 Gaurabda

Krsna Paksa Dvitiya Tithi

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Madhusudana **Abril** Masa

Krsna Paksa Navami Tithi

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Quarta Ming Quinta Ming **Sexta** Sábado Ming Nova Krsna Paksa Krsna Paksa Krsna Paksa Krsna Paksa * **Dvadasi Tithi** Trayodasi Tithi Caturdasi Tithi Amavasya Tithi Quebra de jejum 05:34 -Sri Gadadhara Pandita -(adequado para jejum) Fasting for Varuthini Ekadasi 09:32 (hora local) Aparecimento

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| 13 14 15 16 17 | | * | * * | S 4 11 18 25 वएक मामेर | T Q 5 6 12 13 19 20 26 27 थ }षा गुण् व ये प्रमाह daivi l mama măm ev măyâr inha e e nos a mat c. Mas | प्रिकास के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रमुख के प्रम | S 1 8 15 22 29 मा मारा गामेताझ प्राक्रमा विशेषा diviri moo é di eles m | 9 16 23 30 ा दुरत्य तारन्ति। yi ya nnte te na, o los fícil que | 3 10 17 24 31 ज्या ते |
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Semana 17 529 Gaurabda

Gaura Paksa Dvitiya Tithi

Segunda

Nova

Terça

Gaura Paksa

Tritiya Tithi

Aksaya Trtiya. Candana Yatra

Nova

Abril

Madhusudana Masa

| ADI | II Ma | Importante leos | | começa. (Continua por 21 dias) Tiradentes |
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| Aperfei | çoamento Pess | soal \bar{z} | | |
| - Espiritual | • | 0 | | |
| Emocional | | <u>2</u> | | |
| Intelectual | | — Ā | | |
| Físico | | | | |
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| | | | Yoga: Ayusmana 110 Naksatra: Krittika 255 | Yoga: Saubhagya 111 Naksatra: Rohini 254 |

Quarta
Gaura Paksa
Pancami Tithi

Quinta
Soura Paksa
Pancami Tithi

Pova
Soura Paksa

Jahnu Saptami

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| , | | | | 18 25 अन्तव | 19 26 ਗ਼ਲੇਖ | 20 27 च मामे | 21 28 विस्मार | 29 न् मुऊ | | 31 धवरम् |
| 15 16 | | | | 18 25 अन्तव | 19 26 गालेध गाति अ _{ar} | 20 27 च मामे सम्मद्धाव nta-kā | 21 28 विस्मार इस्मार इस्मारि | 29 न् मुऊ ते नास्त | 30 1 काले यत्र सङ् | 31 धवरम् |
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| 16 | | * | * | 18 25 अन्तव यः प्र | 19 26 ह्याति अ याति अ प्रवाति yaḥ J yāt m qu | 20 27 च मामे तस्मद्भाव nta-kāl ran mu prayāt i nāsty er qu | 21 28 विस्मार इस्मार e ca m uktyā l i as ma v atra s e, no | म् मुऊ न् मुऊ nām ev kaleva ad-bhā samsay | 30 ा काले यत्र सङ् a ram vam rah nento | 31 धवरम् झशयः |
| 16 | | * | * | 18 25 अन्तव यः प्र * E que morte lembr | 26 गालेध याति उ प्राति उ yatı yatı yatı n quo ando | 20 27 च मामे सस्मद्भाव nta-kāl ran mu prayāt i nāsty er qu bando -se | 21 28 विस्मार विस्मार विस्ता विस्ता विस्ता विस्ता विस्मार विस्ता विस्मार विस्ता विस्मार विस्ता विस्मार विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता विस्ता व व व व व व व व व व व व व व व व व व व | म् मुक न मुक ते नास्त् nām ev kaleva ad-bhā amsay mon seu amen | 30 I काले यत्र सङ् a ram vam ah nento corp te c | 31 धवरम् झशयः o da oo, de |
| 16 17 | | * | * | 18 25 अन्ताव याः प्रा * E quel morte lembr Mim, imedia | 26 गालेध याति उ श्वम् yat yat m qu , ab ando alcan | 20 27 च मामे तस्मद्भाव nta-kāl ran mu prayāt i nāsty er qu bando -se nça M Quan | 21 28 वि स्मर हि शावि हि ca m li as ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at m i at | न् मुऊ न मुऊ nām ev kaleva ad-bhā samsay mon seu amen natu | 30 ा काले यत्र साइ a ram vam rah nento corp te c ireza | 31 धवरम् झरायः o da oo, de de |
| 16 17 | | * | * | 18 25 अन्तव यः प्र * E que morte lembr Mim, | 26 गालेध याति उ श्वम् yat yat m qu , ab ando alcan | 20 27 च मामे तस्मद्भाव nta-kāl ran mu prayāt i nāsty er qu bando -se nça M Quan | 21 28 वि स्मर हि शावि हि ca m li as ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at ma i at m i at | न् मुऊ न मुऊ nām ev kaleva ad-bhā samsay mon seu amen natu | 30 ा काले यत्र साइ a ram vam rah nento corp te c ireza | 31 धवरम् झरायः o da oo, de de |
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| ū | | Sri Jayananda Prabhu - Desaparecimento Dia do Trabalho | | Nrsimha Caturdasi: Aparecimento do Senhor Nrsimhadeva (Jejum hoje) | | Krsna Phula Dola, Salila V Sri Paramesvari Dasa Tha - Desaparecimento Sri Sri Radha-Ramana De Aparecimento Sri Madhavendra Puri - Ap Sri Srinivasa Acarya - Ap. | kura vaji - o. | MAIO |
| | | Sri Ramananda Raya - | <u>1</u> | | 2 | Dia das Mães (2º domingo | 3 o de | |
| | | Desaparecimento | | | | maio) | | |
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| (adequado para jejum) Jejum por Apara Ekadasi Tulasi Jala Dan termina. | | Quebra de jejum 05:37 - 06:42 (hora local) Srila Vrndavana Dasa Tha - Aparecimento Vrsabha Sankranti (Sol en em Touro 14 mai, às 23:5 hora local) | itra | | | | | |
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Semana 18 529 Gaurabda **Segunda**Gaura Paksa

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Senhor Sri Rama) -

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Srimati Sita Devi (consorte do

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Semana 19 529 Gaurabda Segunda

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Desaparecimento

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Semana 20 529 Gaurabda

Segunda Krsna Paksa

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Semana 21 529 Gaurabda

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Gaura Paksa Astami Tithi

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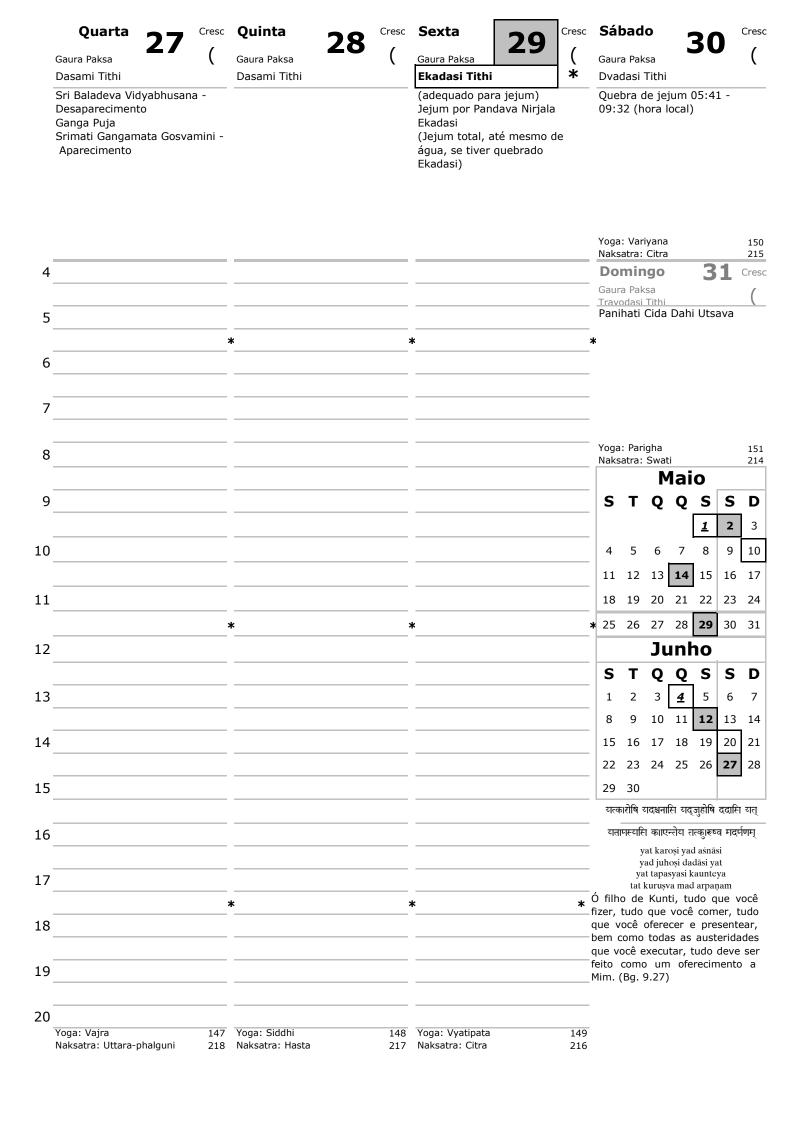
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Semana 23 529 Gaurabda

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Trivikrama / Snana Yatra Junho Vamana Masa Sri Mukunda Datta -**Importante** Desaparecimento Sri Sridhara Pandita -**Aperfeiçoamento Pessoal** Desaparecimento Espiritual Emocional Intelectual Físico **Objetivos Áreas** 8 10 11 12 13 14 15 16 17

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Yoga: Siva

Naksatra: Visakha

152 Yoga: Siddha

213 Naksatra: Anuradha

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Mithuna Sankranti (Sol entra em Gêmeos 15 jun, às 06:29 tante hora local)

Sri Gadadhara Pandita -Desaparecimento Srila Bhaktivinoda Thakura -Desaparecimento

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| 13 14 15 16 17 18 19 | Yoga: Vriddhi 168 Naksatra: Ardra 197 | * Yoga: Dhruva Naksatra: Punarvasu | 169 Yoga: Vyagata | 6 13 20 27 तेषा ददा | 7 14 21 28 इस सत्तर पि बुद्धि teş bha dadā ye aqu antern m co | Q 1 8 15 22 29 प्रिगाना योगस् | Q 2 9 16 23 30 ह्म भज त्राह्म टें ddhi-ya ddhi-ya ddwi-ya mor nsão | S 3 10 17 24 31 ताझ प्रश् | 4 11 18 25 ध्यितिपूर्व पुण्यान्ति ini am tam te estã os e tico, | 5 12 19 26 काम् त ते o Me Eu qual |

Semana 26 529 Gaurabda

SegundaGaura Paksa

Sasti Tithi

Nova

Terça

Gaura Paksa

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23

Nova

Junho

Purusottamaadhika Masa

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Yoga: Siva 178 Naksatra: Swati 187 **Domingo** Gaura Paksa Dvadasi Tithi Quebra de jejum 06:21 -09:39 (hora local) Yoga: Siddha 179 8 Naksatra: Visakha Junho S D 3 5 7 1 2 6 10 11 12 13 10 14 15 16 17 18 20 19 21 22 23 24 25 26 28 11 ***** 29 30 Julho 12 Q S S D 13 2 3 4 5 9 10 11 12 14 13 14 15 16 17 18 19 20 21 22 23 24 25 26 28 29 30 31 15 तेषामेवानुकाम्पार्थमहमजानाजञ्ज तामः नाशयाम्यात्मभावस्थो जानद्थपेन भास्वता 16 teşām evānukampārtham aham ajñāna-jam tamaḥ nāśayāmy ātma-bhāvastho 17 jñāna-dīpena bhāsvatā * Por compaixão por eles, Eu, morando em seus corações, 18 destruo com a luz brilhante do conhecimento a escuridão nascida da ignorância. (Bg. 10.11) 19 20 Yoga: Variyana 175 Yoga: Variyana 176 Yoga: Parigha 177 Naksatra: Uttara-phalguni 190 Naksatra: Hasta 189 Naksatra: Citra 188

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| | (adequado para jejum) Jejum por Sayana Ekadasi | | Quebra de jejum 05:48 - 09:41 (hora local) | | | |
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| Vamana (Second half) Masa | Sri Svarupa Damodara Gosvami - Desaparecimento | | |
| | Sri Sivananda Sena - Desaparecimento | | |
| | Karka Sankranti (Sol entra em Câncer 16 jul, às 17:21 hora | | |
| | local) | | |
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| | | Retorno do Ratha (8 dias após o Ratha Yatra) | |
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| | Srila Sanatana Gosvami - Desaparecimento Sridhara Masa | | |
| | Primeiro mês de Caturmasya | | |
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JULHO

2015

PLANEJAMENTO MENSAL

Semana 27 529 Gaurabda

Gaura Paksa Trayodasi Tithi

Segunda

Cresc **Terça**(Gaura Paksa

Caturdasi Tithi

30

Cresc

Junho / Julho

Purusottamaadhika Masa

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| Purnima Tithi | | | Pratipat Tithi | | | Dvitiya Tithi | | | Tritiya Tithi | | |

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Semana 28 529 Gaurabda

Krsna Paksa Pancami Tithi

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| 20 | | | | | | | | | | | | | |
| 20 | a: Atiganda | | Yoga: Sukarma | | Yoga: Dhriti | 191 | | | | | | | |

Julho

Semana 29 529 Gaurabda

Purusottamaadhika / Vamana (Second half) Masa **Segunda** Krsna Paksa

Trayodasi Tithi

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Terça

Krsna Paksa

Caturdasi Tithi

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| | | | Gundica Marjana Vamana (Second | | a | Ratha Yatra Sri Svarupa Damoda Gosvami - Desapare Sri Sivananda Sena Desaparecimento Karka Sankranti (So Câncer 16 jul, às 17 local) | cimento - I entra em | | | | | | | |
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| | Yoga: Vyagata | 196 | Yoga: Harsana | | 197 | Yoga: Vajra | 198 | (pg. I | J. | , | | | | |
| | Naksatra: Punarvasu | 169 | Naksatra: Pusyami | | 168 | Naksatra: Pusyami | 167 | | | | | | | |

Julho

Semana 30 529 Gaurabda

Vamana (Second

Gaura Paksa Pancami Tithi

Segunda

Nova Terça

Hera Pancami (4 dias após o

Gaura Paksa

Sasti Tithi

Nova

| Juillo | half) Masa | Importante | | Ratha Yatra) Sri Vakresvara Pandita - Desaparecimento | |
|-------------|--------------|------------|--------------------|-------------------------------------------------------------|-----|
| Aperfeiçoam | ento Pessoal | 두 | | 2 Godpan Gommonto | |
| Espiritual | | _ 8 | | | |
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| | | 20 | Yoga: Variyana 201 | Yoga: Parigha | 202 |

Naksatra: Purva-phalguni

164 Naksatra: Uttara-phalguni

Quarta Quinta Gaura Paksa Gaura Paksa Gaura Paksa Gaura Paksa Sasti Tithi Saptami Tithi Astami Tithi Navami Tithi Retorno do Ratha (8 dias após o Ratha Yatra) Yoga: Subha 206 Naksatra: Visakha **Domingo** Cresc Gaura Paksa Dasami Tithi 6 Yoga: Sukla 207 8 Naksatra: Anuradha 158 S D 3 4 5 2 8 9 10 12 10 11 13 14 15 16 17 18 19 11 20 21 22 23 24 25 26 28 29 30 31 12 Agosto S QQ S S D 13 31 2 1 6 8 9 10 14 11 12 13 14 15 16 17 18 19 20 21 22 23 26 27 28 29 15 सर्वयोनिषु काएन्तेय मूर्तयः सम्भवन्ति याः तासाझ बन्नह्व महद्योनिरहञ्ज बथजाप्रदः पिता 16 sarva-vonisu kaunteva mūrtayaḥ sambhavanti yāḥ tāsām brahma mahad yonir 17 aham bīja-pradaḥ pitā filho de Kunti, deve-se compreender que todas as 18 espécies de vida aparecem devido a seu nascimento nesta natureza material, e que Eu sou o pai que

204 Yoga: Sadhya

161 Naksatra: Swati

Sexta

Nova

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19

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Yoga: Siva

Naksatra: Hasta

203 Yoga: Siddha

162 Naksatra: Citra

Cresc Sábado

dá a semente. (Bg. 14.4)

205

160

Cresc

| PRIORIDADES SEGUNDA TERÇA QUARTA | |
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| Srila Gopala Bhatta Gosvami - Desaparecimento | |
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| Simha Sankranti (Sol entra Sri Raghunandana Thakura - em Leão 17 ago, às 01:46 Desaparecimento | |
| hora local) Sri Vamsidasa Babaji - Desaparecimento | |
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| Radha Govinda Jhulana Yatra Srila Rupa Gosvami - começa Desaparecimento | |
| Sri Gauridasa Pandita - Desaparecimento | |
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| QUINTA | SEXTA | SÁBADO | DOMINGO | |
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| | | 1 | 2 | AGOSTO |
| | Srila Lokanatha Gosvami - Desaparecimento | Fundação da ISKCON em Nova Iorque | Dia dos Pais (2º domingo de agosto) | 2015 |
| 13 | 14 | | 16 | |
| 20 | 21 | | | |
| | Último dia do primeiro mês de Caturmasya [SISTEMA PURNIMA] | Jhulana Yatra termina Senhor Balarama - Aparecimento (Jejum hoje) Segundo mês de Caturmasya começa [SISTEMA PURNIMA] (jejum de iogurte por um mês) | Partida de Srila Prabhupada para os Estados Unidos Hrsikesa Masa | PLANEJAME |
| 27 | 20 | Sri Krsna Janmastami: Aparecimento do Senhor Sri Krsna (Jejum hoje) | Nandotsava Srila Prabhupada - Aparecimento | PLANEJAMENTO MENSAI |
| 3 | 4 | 5 | 6 | |

PLANEJAMENTO MENSAL

Semana 31 529 Gaurabda

Vamana (Second half) / Sridhara

| Segunda |
|-------------|
| Gaura Paksa |

Ekadasi Tithi

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Cresc **Terça**

Cresc

Julho / Agosto

(adequado para jejum) Jejum por Sayana Ekadasi Masa

Gaura Paksa Dvadasi Tithi Quebra de jejum 05:48 -

09:41 (hora local)

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| | | | | 20 | Yoga: Brahma 208 Naksatra: Jyestha 157 | Yoga: Indra Naksatra: Mula | 209 |

| Quarta Gaura Paksa Trayodasi Tithi | 29 | Cresc (| Quinta Gaura Paksa Caturdasi Tithi | 30 | Cresc (| Krsna Paksa Pratipat Tithi | 31 | Cheia | Sál Krsna Dviti | a Pak | sa | | 1 | | Che |
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| Yoga: Vaidhriti | | 210 | Yoga: Viskumba | | 211 | Yoga: Ayusmana | | 212 | | | | | | | |

Semana 32 529 Gaurabda

Segunda Krsna Paksa

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Cheia **Terça**

Krsna Paksa

Pancami Tithi

Cheia

0

Agosto

Caturthi Tithi

Srila Gopala Bhatta Gosvami -Desaparecimento

| Agos | sto Sri | idhara Masa | Importante | | Srila Gopala Bhatta Gosvami - Desaparecimento |
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| | | | 20 | Yoga: Atiganda 215 | Yoga: Sukarma 216 |
| | | | | Naksatra: Purva-bhadra 150 | Naksatra: Uttara-bhadra 149 |

| Quarta | E | Cheia | Quinta | 6 | Cheia | Sexta | 7 | Ming | Sábado | 0 | Ming |
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| Krsna Paksa Sasti Tithi |) | O | Krsna Paksa Saptami Tithi | O | O | Krsna Paksa Astami Tithi Srila Lokanatha Desaparecimen | |) | Krsna Paksa Navami Tithi Fundação da IS Nova Iorque | SKCON em |) |

| | | | Yoga: Dhruva Naksatra: Krittika | 22 14 |
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| 4 | | | Domingo | 9 Min |
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| 5 | | | Dia dos Pais (2º dagosto) | domingo de |
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| 18 | | | que tem suas raíze ————seus galhos para | |
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Semana 33 529 Gaurabda

Krsna Paksa

10

Ming

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Terça Krsna Paksa

Dvadasi Tithi

Ming

Agosto

Sridhara Masa

Ekadasi Tithi (adequado para jejum) Jejum por Kamika Ekadasi

Segunda

Quebra de jejum 05:44 -06:31 (hora local)

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| | | | Yoga: Harsana 222 Naksatra: Mrigasira 143 | Yoga: Vajra 3 Naksatra: Ardra | 223 142 |

Quarta Ming Quinta Ming **Sexta** Sábado Nova Nova Krsna Paksa Krsna Paksa Krsna Paksa Gaura Paksa Trayodasi Tithi Caturdasi Tithi Amavasya Tithi Pratipat Tithi

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| 20 | Yoga: Siddhi 224 | Yoga: Vyatipata 225 | Yoga: Variyana 226 | | | | | | | |
| | Naksatra: Punaryasu 141 | = | Naksatra: Aslesa 130 | | | | | | | |

140 Naksatra: Aslesa

139

Naksatra: Punarvasu

141 Naksatra: Pusyami

Semana 34 529 Gaurabda

Segunda

Gaura Paksa

Tritiya Tithi

17 Nova

Terça

Gaura Paksa Caturthi Tithi 18

Nova

Agosto

Sridhara Masa

Simha Sankranti (Sol entra em Leão 17 ago, às 01:46 hora local) Sri Raghunandana Thakura -Desaparecimento Sri Vamsidasa Babaji -Desaparecimento

| Α | per | feiçoamento Pessoal | Importar | | Desaparecimento |
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| | | | | Yoga: Siddha 229 Naksatra: Uttara-phalguni 136 | Yoga: Sadhya 230 Naksatra: Hasta 135 |

Quarta
Gaura Paksa
Pancami Tithi

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| Yoga: Sı Naksatra | | Yoga: Sukla 232 Naksatra: Citra 133 | Yoga: Brahma 233 Naksatra: Swati 132 | | | | | | | |

Semana 35 529 Gaurabda

Gaura Paksa Dasami Tithi

Segunda

Cresc Gaura Paksa

Terça

Ekadasi Tithi

(adequado para jejum)

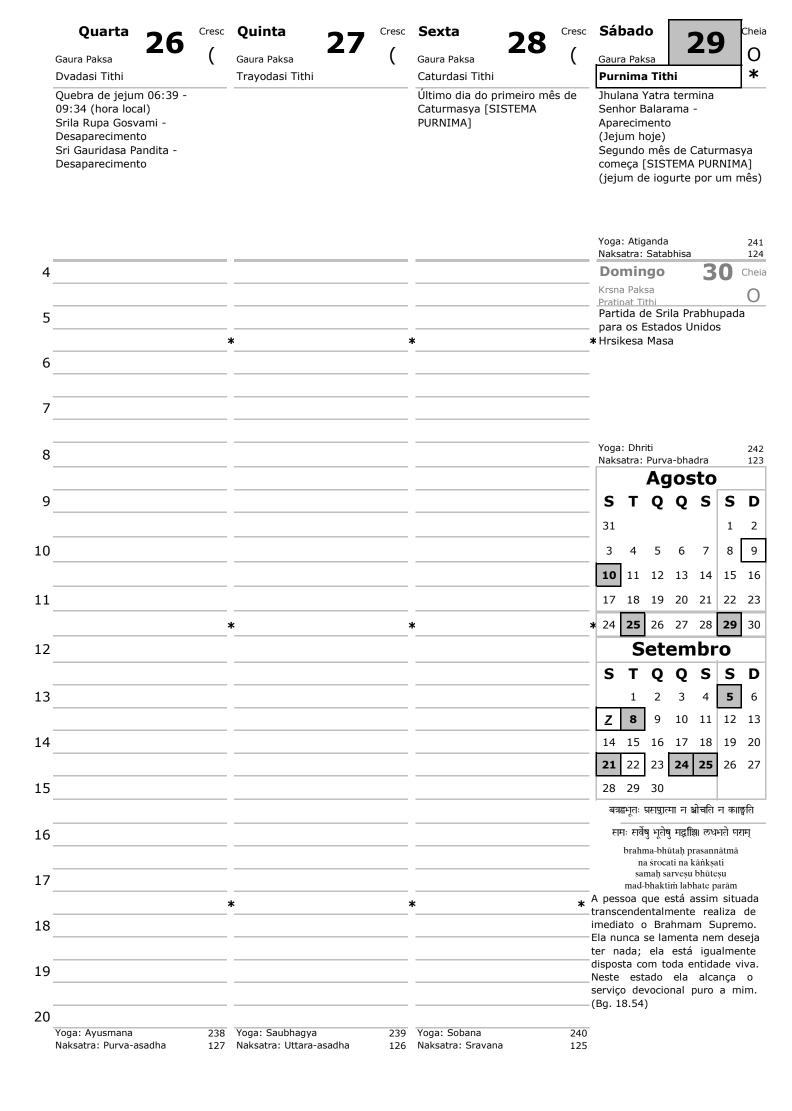
Jejum por Pavitropana Ekadasi Radha Govinda Jhulana Yatra

Cresc *

Agosto

Sridhara / Hrsikesa Masa

| | Αį | per | feiçoamento Pessoal | Importar | | começa | |
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| | | | | | Yoga: Viskumba 236 Naksatra: Jyestha 129 | Yoga: Priti Naksatra: Mula | 237 128 |



| PRIORIDADES | SEGUNDA | TERÇA | QUARTA |
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| | Independência | (adequado para jejum) Jejum por Annada Ekadasi | Quebra de jejum 05:29 - 09:28 (hora local) |
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| | Radhastami: Aparecimento de Srimati Radharani | rrimavera | |
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| QUINTA | | SEXTA | | SÁBADO | | DOMINGO | |
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| | | | | Sri Krsna Janmastami: Aparecimento do Senhor S Krsna | Sri | Nandotsava Srila Prabhupada - Aparecimento | |
| | | | | (Jejum hoje) | | | |
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| : Kanya Sankranti (Sol entra | 10 | Srimati Sita Thakurani | 11 | Lalita sasti | 12 | | 13 |
| em Virgem 17 set, às 01:43 hora local) | 3 | (Consorte de Sri Advaita) Aparecimento | - | Lanta sasti | | | |
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| (adequado para jejum) Jejum por Parsva Ekadasi | | Quebra de jejum 05:19 - 08:31 (hora local) | 1 | Srila Bhaktivinoda Thakura Aparecimento | - | Sri Visvarupa Mahotsava Aceitação de sannyasa poi | r |
| (Jejum hoje por Vamanadev | | Sri Vamana Dvadasi: Aparecimento do Senhor Vamanadeva | | Ananta Caturdasi Vrata Srila Haridasa Thakura - Desaparecimento | | Srila Prabhupada Terceiro mês de Caturmas começa [SISTEMA PURNIN | |
| | | (O jejum foi feito ontem) Srila Jiva Gosvami - Aparecimento | | Último dia do segundo mês Caturmasya [SISTEMA PURNIMA] | s de | (jejum de leite por um mê | |
| | | 7 (2011) | | | | | |
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| | | | | Chegada de Srila Prabhupa aos Estados Unidos | | | 1=- |
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PLANEJAMENTO MENSAL

SETEMBRO

Semana 36 529 Gaurabda

Segunda Krsna Paksa

Dvitiya Tithi

Cheia **Terça**

Krsna Paksa

Caturthi Tithi

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Cheia 0

Agosto / **Setembro**

Hrsikesa Masa

| Seten | | Importante | | | |
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| | | 20 | Yoga: Sula 243 | Yoga: Ganda | 244 |
| | | 1 | Nakcatra: littara-bhadra 122 | Nakcatra: Dovati | 121 |

Quarta Cheia Quinta Cheia **Sexta** Cheia **Sábado** Ming 0 0 O Krsna Paksa Krsna Paksa Krsna Paksa Krsna Paksa * Pancami Tithi Sasti Tithi Saptami Tithi Astami Tithi Sri Krsna Janmastami: Aparecimento do Senhor Sri Krsna (Jejum hoje)

| | | | Yoga: Vajra Naksatra: Rohir | ni | 248 117 |
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| | | | Krsna Paksa Navami Tithi | |) |
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| Yoga: Vriddhi | 245 Yoga: Dhruva | 246 Yoga: Vyaga | ta 247 | | |

Semana 37 529 Gaurabda

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Ming Terça

Setembro

Aperfeiçoamento Pessoal

Hrsikesa Masa

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| | | | | Yoga: Vyatipata 250 Naksatra: Ardra 115 | Yoga: Variyana Naksatra: Punarvasu | 251 114 |

Quarta Ming Quinta Ming Sexta Ming Sábado Nova) Krsna Paksa Krsna Paksa Krsna Paksa Krsna Paksa Dvadasi Tithi Trayodasi Tithi Caturdasi Tithi Amavasya Tithi

Quebra de jejum 05:29 - 09:28 (hora local)

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| 13 14 15 | | | | 5 19 26 | T 6 13 20 27 सा सर्व | 7 14 21 28 | Q 1 8 15 22 29 ग मिया | 9 16 23 30 | S 3 10 17 24 31 | 4 11 18 25 |
| 13 14 | | | | 5 19 26 | T 6 13 20 27 सा सर्व | Q 7 14 21 28 निपाश्चिकामांशि | Q 1 8 15 22 29 ण मिया स्य मिङ्क | S 2 9 16 23 30 सन्न्याः सार | S 3 10 17 24 31 स्य मत | 4 11 18 25 |
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Semana 38 529 Gaurabda

SegundaGaura Paksa

Dvitiya Tithi

14 Nova

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15

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Setembro

Hrsikesa Masa

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| | | 1 | Yoga: Sukla 257 | Yoga: Sukla | 258 |

Kanya Sankranti (Sol entra em Srimati Sita Thakurani Lalita sasti Virgem 17 set, às 01:43 hora (Consorte de Sri Advaita) local) Aparecimento Yoga: Viskumba 262 Naksatra: Anuradha 103 **20 Domingo** Nova 4 Gaura Paksa Saptami Tithi 5 6 Yoga: Priti 263 8 Naksatra: Jyestha Setembro 9 Q S S D 4 5 6 3 <u>Z</u> 8 9 10 13 10 11 12 14 15 16 17 19 20 18 21 22 23 25 26 27 11 28 29 30 Outubro 12 Q S S D 13 2 3 4 1 9 10 11 13 14 15 14 16 17 18 20 21 22 23 24 25 26 27 28 29 30 15 31 ें ष्टरः सर्वभूतानाझ ह्रद्वेशेऽर्जुन तिस्रति भत्रामयन् सर्वभूतानि यन्त्रालुढानि मायया 16 īśvaraḥ sarva-bhūtānām hṛd-deśe'rjuna tiṣṭhati bhrāmayan sarva-bhūtāni 17 yantrārūḍhāni māyayā * Ó Arjuna, o Senhor Supremo está situado no coração de todo 18 mundo, e dirige as divagações de todas as entidades vivas, que estão sentadas como numa máquina, feita de energia 19 material. (Bg. 18.61) 20 Yoga: Brahma 259 Yoga: Indra 260 Yoga: Vaidhriti 261 Naksatra: Citra

105 Naksatra: Visakha

104

Sexta

Gaura Paksa

Pancami Tithi

Nova

Quarta

Gaura Paksa

Tritiya Tithi

Quinta

Gaura Paksa

106 Naksatra: Swati

Caturthi Tithi

Nova

Sábado

Gaura Paksa

Sasti Tithi

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Semana 39 529 Gaurabda

| Segunda | |
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| Gaura Paksa | |

Astami Tithi

Radhastami: Aparecimento de

Cresc *

Terça Gaura Paksa

Primavera

Cresc Navami Tithi

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Hrsikesa Masa

| Seten | IIDIO IIISIKESA MASA | Importante | Srimati Radharani |
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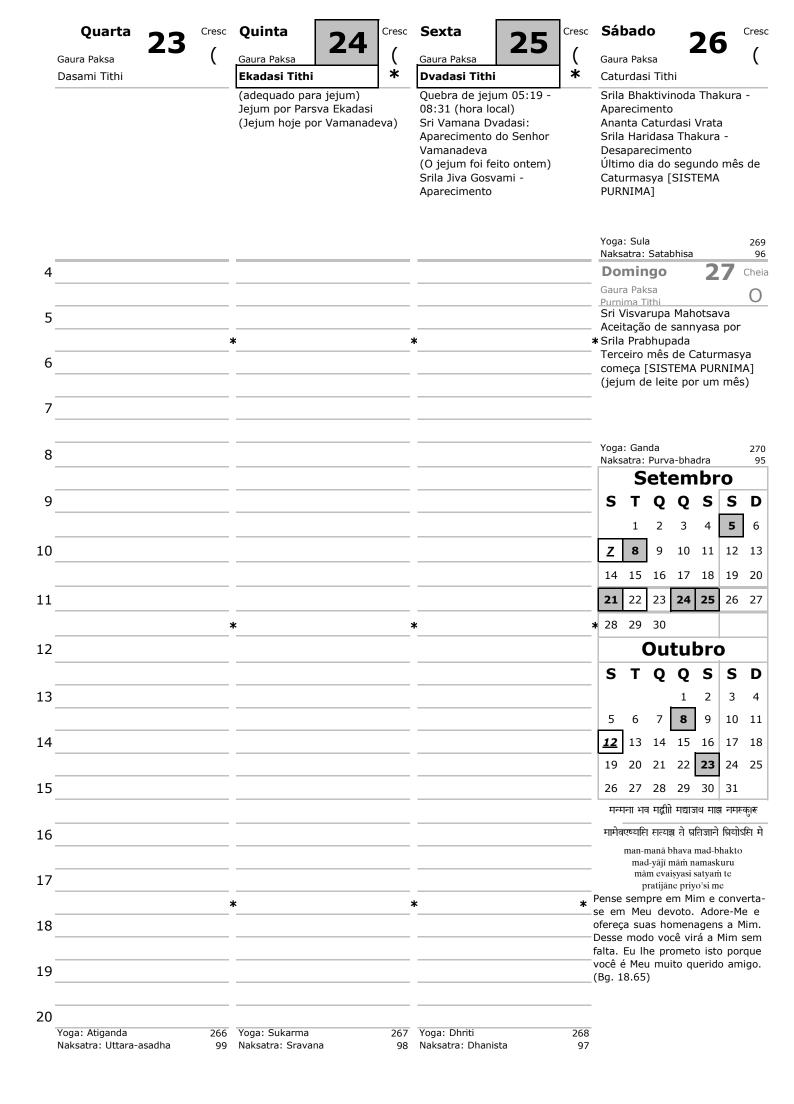
Yoga: Ayusmana

Naksatra: Mula

264 Yoga: Saubhagya

101 Naksatra: Purva-asadha

265



| PRIORIDADES | SEGUNDA | | TERÇA | QUARTA |
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| | Último dia do terceiro mês Caturmasya [SISTEMA | de | Sri Murari Gupta - | Damodara Masa |
| | PURNIMA] | | Desaparecimento Laksmi Puja | |
| | | | Quarto mês de Caturmasya começa [SISTEMA PURNIMA] | |
| | | | (jejum de urad dal por um mês) | |
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| QUINTA | | SEXTA | | SÁBADO | | DOMINGO | |
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| (adequado para jejum) Jejum por Indira Ekadasi | 1 | Quebra de jejum 05:10 - 09:16 (hora local) | 2 | Chegada de Srila Prabhupa aos Estados Unidos | 3 | 4 | DUTUBRO |
| | 8 | | 9 | | 10 | Tula Sankranti (Sol entra em Libra 17 out, às 13:41 hora local) | 2015 |
| Ramacandra Vijayotsava Sri Madhvacarya - Aparecimento | 22 | (adequado para jejum) Jejum por Pasankusa Ekada | 16 assi | Quebra de jejum 05:03 - 09:11 (hora local) Srila Raghunatha Dasa Gosvami - Desapareciment Srila Raghunatha Bhatta Gosvami - Desapareciment Srila Krsnadasa Kaviraja Gosvami - Desapareciment | to | 18 | |
| | 29 | | 30 | Srila Narottama Dasa Thak - Desaparecimento | | 1 | PLANEJAMENTO MENSAL |
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PLANEJAMENTO MENSAL

Semana 40 529 Gaurabda **Segunda** Krsna Paksa

Pratipat Tithi

Padmanabha Masa

Cheia Cheia

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Terça

Krsna Paksa

Dvitiya Tithi

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Cheia

Setembro / Outubro

Padmanabha Masa

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| | | | Yoga: Vriddhi 271 Naksatra: Uttara-bhadra 94 | Yoga: Vyagata Naksatra: Asvini | 272 93 |

aos Estados Unidos Yoga: Vyatipata 276 Naksatra: Mrigasira 89 **Domingo** 4 Ming Krsna Paksa Astami Tithi 5 6 Yoga: Variyana 277 8 Naksatra: Ardra Setembro 9 S D 4 5 6 2 3 10 <u>Z</u> 8 9 10 12 13 11 15 16 17 18 19 20 11 21 22 23 25 26 27 ***** 28 29 30 Outubro 12 Q S S D 13 2 3 4 1 9 10 11 13 14 15 14 16 17 18 20 21 22 23 24 25 15 26 27 29 28 30 31 सर्वज्ञार्मान् परित्यज्य मामेकझ। शरणझ वत्रज अहस्र त्वास्र सर्वपापेभ्यो मोक्षयिष्यामि मा शुचः 16 sarva-dharmān parityajya mām ekam saraņam vraja aham tvām sarva-pāpebhyo 17 mokṣayiṣyāmi mā śucaḥ * Abandone todas as variedades de religião e simplesmente se renda 18 a Mim. Eu libertarei você de todas as reações pecaminosas. Não tema. (Bg. 18.66) 19 20 Yoga: Harsana 274 Yoga: Siddhi 273 Yoga: Vajra 275 Naksatra: Bharani 92 Naksatra: Krittika 91 Naksatra: Rohini 90

Sexta

Krsna Paksa

Pancami Tithi

Cheia

O

Quarta

Krsna Paksa

Tritiya Tithi

Cheia

O

Quinta

Krsna Paksa

Caturthi Tithi

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Chegada de Srila Prabhupada

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Semana 41 529 Gaurabda Segunda Krsna Paksa

Navami Tithi

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Padmanabha Masa

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| Yoga: Siddha Naksatra: Aslesa | 280 85 | Yoga: Sadhya Naksatra: Magha | 281 84 | Yoga: Subha Naksatra: Magha | 282 e 83 (| ncarna Bhag. | para 1.3.28 | prot 3) | eger | os te | eistas. |

Semana 42 529 Gaurabda Segunda

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Gaura Paksa

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Nova

Outubro

Padmanabha Masa

Amavasya Tithi

Dia das Crianças / N. Sra. Aparecida

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Quarta Quinta Nova **Sexta** Nova **Sábado** Nova Nova Gaura Paksa Gaura Paksa Gaura Paksa Gaura Paksa Dvitiya Tithi Tritiya Tithi Caturthi Tithi Pancami Tithi

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| | Yoga: Viskumba 287 | Yoga: Priti 288 | Yoga: Ayusmana 289 | | | | , - | , | | |
| | Naksatra: Swati 78 | Naksatra: Visakha 77 | Naksatra: Anuradha 76 | | | | | | | |

Semana 43 529 Gaurabda

Segunda Gaura Paksa

Saptami Tithi

Durga Puja

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Terça

Gaura Paksa

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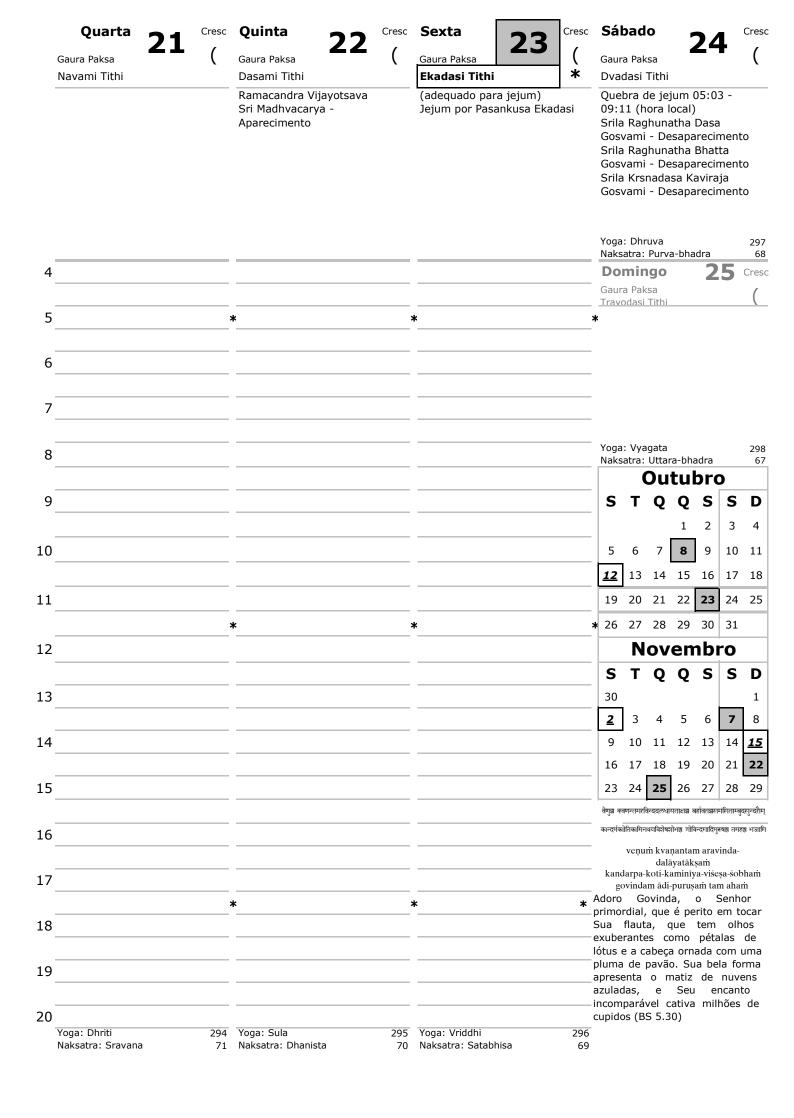
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Cresc

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Padmanabha Masa

| Outu | DIO | Masa | Importante | | | |
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| | | | | Yoga: Atiganda 292 | Yoga: Sukarma | 293 |



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| | | | Vrscika Sankranti (Sol entra em Escorpião 16 nov, às | |
| | | | 13:28 hora local) | |
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| | Quebra de jejum 04:58 - 09:11 (hora local) | | Sri Bhugarbha Gosvami - Desaparecimento | Sri Krsna Rasayatra Tulasi-Saligrama Vivaha |
| | | | Sri Kasisvara Pandita - Desaparecimento | (casamento) Sri Nimbarkacarya - |
| | | | Último dia do quarto mês de Caturmasya [SISTEMA | Aparecimento Último dia de Bhisma Pancaka |
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| | | | | (adequado para jejum) | | Quebra de jejum 04:59 - | 1 |
| | | | | Vyanjuli Mahadvadasi Jejum por Rama Ekadasi | | Quebra de Jejum 04:59 - 06:03 (hora local) | |
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| Go Puja. Go Krda. Govardhana Puja. Bali Daityaraja Puja Sri Rasikananda - Aparecimento | 3 | Sri Vasudeva Ghosh - Desaparecimento | 6 | | | Srila Prabhupada - Desaparecimento Proc. da República | 8 |
| | 12 | | 13 | | 14 | | <u>15</u> |
| Gopastami, Gosthastami Sri Gadadhara Dasa Gosva Desaparecimento Sri Dhananjaya Pandita - Desaparecimento Sri Srinivasa Acarya - Desaparecimento | ami - | Jagaddhatri Puja | | | | (adequado para jejum) Trisprsa Mahadvadasi Jejum por Utthana Ekadas Srila Gaura Kisora Dasa Ba - Desaparecimento Primeiro dia de Bhisma Pancaka | |
| | 19 | | 20 | | 21 | | 22 |
| Katyayani vrata começa Kesava Masa | 26 | | 27 | | 28 | Sri Narahari Sarakara Thal | 29 kura |
| | 3 | | 4 | | 5 | - Desaparecimento | 6 |
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PLANEJAMENTO MENSAL

NOVEMBRO 2015

Semana 44 529 Gaurabda

Gaura Paksa

Segunda

Caturdasi Tithi

26

Último dia do terceiro mês de

Caturmasya [SISTEMA

Cresc

Terça

Gaura Paksa

Purnima Tithi

Sri Murari Gupta -

27

Sri Krsna Saradiya Rasayatra

Cheia

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Outubro / Novembro

Padmanabha / Damodara Masa

| Novembro | | PURNIMA] | Desaparecimento Laksmi Puja |
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| Aperfeiçoamento Pessoal | _ 타 | | Quarto mês de Caturmasya começa [SISTEMA PURNIMA] |
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| | | Yoga: Harsana 299 Naksatra: Revati 66 | Yoga: Vajra 300 Naksatra: Asvini 65 |

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| Damodara Masa | | | | | | | | Srila Narottama - Desaparecima | | akura |

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| 20 | Yoga: Vyatipata 301 Naksatra: Bharani 64 | Yoga: Variyana 302 Naksatra: Krittika 63 | Yoga: Parigha 303 | | em e os | mani univ | festa erso | eter s, | name tante | ente o |

Semana 45 529 Gaurabda

| Segunda |
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| Krsna Paksa |

20

Yoga: Sadhya

Naksatra: Punarvasu

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Cheia **Terça**

Krsna Paksa

Ming

Novembro

Espiritual Emocional Intelectual

Físico

Áreas

Aperfeiçoamento Pessoal

Objetivos

Damodara Masa

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| Importante | Finados | Aparecimento do Radha Kunda, snana dana Bahulastami |
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306 Yoga: Subha

59 Naksatra: Pusyami

307

58

Sábado Quarta Ming Ming Ming Ming Quinta Sexta Krsna Paksa Krsna Paksa Krsna Paksa Krsna Paksa Ekadasi (not suitable for Navami Tithi Dasami Tithi * **Dvadasi Tithi** fastina) Tithi Sri Virabhadra - Aparecimento (adequado para jejum) Vyanjuli Mahadvadasi

Jejum por Rama Ekadasi

Yoga: Vaidhriti 311 Naksatra: Uttara-phalguni **Domingo** 4 Ming Krsna Paksa Dvadasi Tithi * Quebra de jejum 04:59 -06:03 (hora local) 6 Yoga: Viskumba 312 8 Naksatra: Hasta Novembro Q Q S 9 D 30 1 <u>2</u> 5 6 7 8 10 10 11 12 14 <u>15</u> 13 16 17 18 19 20 21 11 26 27 28 29 12 Dezembro S S D 13 3 5 6 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 26 27 15 28 29 30 31 वाचो वेगझ मनासः ुोज्ञावेगझ जि.।वेगझ दिरोपस्थवेगम् ैतान् वेगान् यो विषहेत ज्ञाथरः सर्वामापथमाझ मृथिवथझ स शिष्यात् 16 vāco vegam manasah krodha-vegam jihvā-vegam udaropastha-vegam etān vegān yo visaheta dhīraḥ 17 sarvām apīmām prthivīm sa sisyāt * Uma pessoa sóbria que seja capaz de tolerar o desejo de falar, as exigências da mente, as ações 18 da ira e os impulsos da língua, do estômago e dos órgãos genitais é qualificada para fazer discípulos 19 em todo o mundo. (Upadesamrita - Verso 1) 20 Yoga: Sukla 308 Yoga: Brahma 309 Yoga: Indra 310

56 Naksatra: Purva-phalguni

55

Naksatra: Aslesa

Naksatra: Magha

57

Semana 46 529 Gaurabda Segunda Krsna Paksa

Trayodasi Tithi

Ming

Terça Krsna Paksa

Caturdasi Tithi

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Novembro

Damodara Masa

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| | | 20 | Yoga: Priti 313 | Yoga: Ayusmana | 314 |
| | | | Naksatra: Citra 52 | Naksatra: Swati | 51 |

Quarta Sábado Quinta **Sexta** Nova Nova Nova Nova Krsna Paksa Gaura Paksa Gaura Paksa Gaura Paksa Pratipat Tithi Dvitiya Tithi Tritiya Tithi Amavasya Tithi Dipa dana, Dipavali, (Kali Puja) Go Puja. Go Krda. Govardhana Sri Vasudeva Ghosh -Desaparecimento

Bali Daityaraja Puja

Sri Rasikananda - Aparecimento

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Semana 47 529 Gaurabda Segunda

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Gaura Paksa Sasti Tithi **17**

Nova

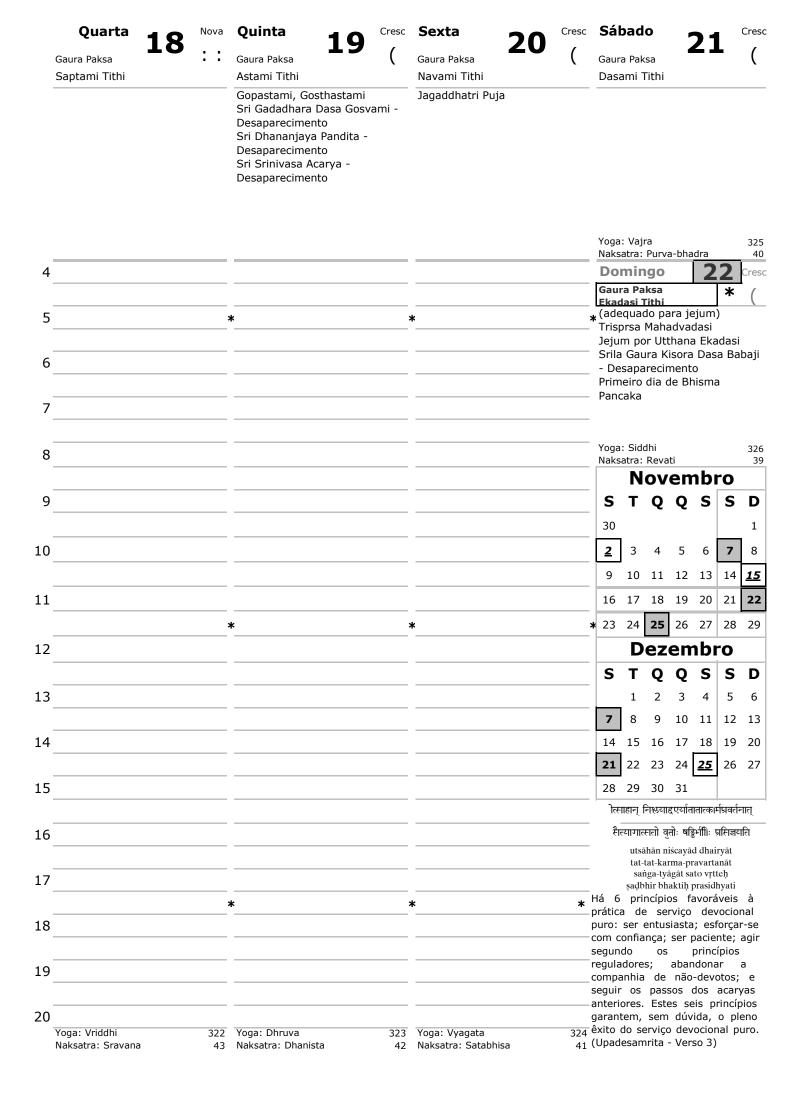
Novembro

Damodara Masa

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Vrscika Sankranti (Sol entra em Escorpião 16 nov, às 13:28 hora local)

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| | | | Yoga: Sula 320 Naksatra: Purva-asadha 45 | Yoga: Ganda 321 Naksatra: Uttara-asadha 44 |



Semana 48 529 Gaurabda

Damodara /

Segunda

Gaura Paksa

Cresc **Terça**

Gaura Paksa

Cresc

Novembro

Kesava Masa

Caturdasi Tithi Trayodasi Tithi Quebra de jejum 04:58 tante 09:11 (hora local)

Sri Bhugarbha Gosvami -Desaparecimento Sri Kasisvara Pandita -Desaparecimento Último dia do quarto mês de

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| | | | | | Yoga: Vyatipata 327 Naksatra: Asvini 38 | Yoga: Variyana 328 Naksatra: Bharani 37 |

Quarta Cheia Quinta Sexta Cheia Sábado Cheia Cheia 0 0 0 0 Gaura Paksa Krsna Paksa Krsna Paksa Krsna Paksa * **Purnima Tithi** Pratipat Tithi Dvitiya Tithi Tritiya Tithi Sri Krsna Rasayatra Katyayani vrata começa Tulasi-Saligrama Vivaha Kesava Masa (casamento)

Sri Nimbarkacarya -Aparecimento

Naksatra: Krittika

36 Naksatra: Rohini

Último dia de Bhisma Pancaka

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| Yoga: Parigha | 329 | Yoga: Siva 33 | 0 Yoga: Sadhya | 331 | | | | | | | |

35 Naksatra: Mrigasira

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| | Jejum por Utpanna Ekadasi Sri Kaliya Krsnadasa - | Sri Saranga Thakura - Desaparecimento | |
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| | | | Dhanus Sankranti (Sol entra em Sagitário 16 dez, às 04:07 |
| | | | hora local) |
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| | (adequado para jejum) | Quebra de jejum 05:08 - | 16 |
| | Jejum por Moksada Ekadasi Advento do Srimad Bhagavad- | 09:22 (hora local) | |
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PLANEJAMENTO MENSAL

DEZEMBRO 2015

Semana 49 529 Gaurabda **Segunda** Krsna Paksa

te

Pancami Tithi

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Cheia **Terça**

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Sasti Tithi

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Novembro / Dezembro

Kesava Masa

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| | | 20 | Yoga: Brahma 334 | Yoga: Indra | 335 |
| | | | Naksatra: Pusyami 31 | Naksatra: Aslesa | 30 |

| Quarta | 7 | Cheia | Quinta | 2 | Ming | Sexta | 1 | Ming | Sábado | _ | Ming |
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| Saptami Tithi | | | Astami Tithi | | | Navami Tithi | | | Dasami Tithi | | |

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| 20 | Yoga: Vaidhriti 336 | Yoga: Viskumba 337 | Yoga: Priti 338 | 9- R Senho | ende or - | r-se Eis os | plen s 9 | amer proce | nte ssos | ao do |
| | Yoga: Vaidhriti 336 Naksatra: Magha 29 | Naksatra: Purva-phalguni 28 | Naksatra: Uttara-phalguni 27 | serviç | o dev | vocior | nal. | | | |
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Semana 50 529 Gaurabda

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Dvadasi Tithi

(adequado para jejum) Paksa vardhini Mahadvadasi Jejum por Utpanna Ekadasi Sri Kaliya Krsnadasa -Desaparecimento

Segunda

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Terça

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Quebra de jejum 05:02 -09:16 (hora local) Sri Saranga Thakura - Ming

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| | | | | | Yoga: Sobana 341 Naksatra: Citra 24 | Yoga: Atiganda Naksatra: Swati | 342 23 |

Quarta Ming Quinta Sexta Sábado Nova Nova Nova Krsna Paksa Krsna Paksa Krsna Paksa Gaura Paksa Caturdasi Tithi Amavasya Tithi Amavasya Tithi Pratipat Tithi

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| 16 | | | | यज | रः सल | દથર્તનાદ્ર | ।।यएर्यः | जन्ति हि | हे सुमेह | ज्ञासाः |
| 17 | | | | | sāng yajñ | gopānį iaiḥ sa | gāstra- nkīrta | iṣākṛṣṛ -pārṣad na-prā | lam yair | |
| 17 | | * | | Nesta | era (| de Ka | ali, as | | soas | |
| 18 | | | * | são (suficie execu | nte ção c | ador do sa | arão, nkirta | atra ana-y | ivés ajna | da , ao |
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Semana 51 529 Gaurabda

SegundaGaura Paksa

Caturthi Tithi

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Gaura Paksa

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Nova

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Kesava Masa

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| | | 20 | Yoga: Dhruva 348 | Yoga: Vyagata | 349 |
| | | | Nakcatra: littara-acadha 17 | Nakcatra: Gravana | 16 |

Gaura Paksa Gaura Paksa Gaura Paksa Gaura Paksa Sasti Tithi Saptami Tithi Astami Tithi Navami Tithi Odana sasthi Dhanus Sankranti (Sol entra em Sagitário 16 dez, às 04:07 hora local) Yoga: Vyatipata 353 Naksatra: Uttara-bhadra **Domingo** 20 4 Gaura Paksa Dasami Tithi 5 6 Yoga: Parigha 354 8 Naksatra: Revati 11 Dezembro 9 S D 5 3 4 6 7 9 10 10 11 12 13 14 15 16 17 19 18 20 21 22 23 24 26 27 11 28 29 30 31 Janeiro 12 QQ S S D 13 2 3 5 6 8 9 10 14 14 12 13 15 16 11 17 18 19 20 21 22 23 24 30 31 15 25 26 27 28 29 तृणादिप सुनथचेन तरोरिप सहिष्णुना अमानिना मानदेन कीर्तनथयः सदा हरिः 16 tṛṇād api sunīcena taror api sahiṣṇunā amāninā mānadena 17 kīrtanīyaḥ sadā hariḥ Deve-se cantar o santo nome do Senhor com um estado de 18 * espírito humilde, julgando-se inferior à palha na rua; deve-se ser mais tolerante que uma árvore; desprovido de todo 19 sentido de falso prestígio; e pronto a oferecer todo respeito aos outros. Neste estado de 20 espírito pode-se cantar o santo

351 Yoga: Siddhi

14 Naksatra: Purva-bhadra

Sexta

Nova

Quarta

Yoga: Harsana

Naksatra: Dhanista

350 Yoga: Vajra

15 Naksatra: Satabhisa

Quinta

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Sábado

352 nome do Senhor constantemente.

13 (Siksastaka - verso 3)

Cresc

Cresc

Semana 52 529 Gaurabda

Kesava /

Segunda Gaura Paksa

Cresc **Terça** Gaura Paksa

Cresc

Dezembro

Narayana Masa

| | Ekadasi Tithi | * |
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| ante | (adequado para jejum) Jejum por Moksada Ekadas Advento do Srimad Bhagav gita | |

Quebra de jejum 05:08 -09:22 (hora local)

Dvadasi Tithi

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| | | | Yoga: Siva 355 Naksatra: Asvini 10 | Yoga: Siddha Naksatra: Bharani | 356 9 |

Quarta Cresc **Sexta** Cheia Sábado Cresc Quinta Cheia O Gaura Paksa Gaura Paksa Gaura Paksa Krsna Paksa Trayodasi Tithi Caturdasi Tithi Purnima Tithi Dvitiya Tithi Katyayani vrata termina Narayana Masa

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| 19 | | | | | (| Compl i me | eto t | ambe | ém é | com | pleto | em |
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| Yoga: Sadhya | 357 | Yoga: Subha | 358 You | ga: Sukla | 359 | | | | | | | |

2015/16

Semana 53 /1 529 Gaurabda

Dezembro / Narayana Masa laneiro

Segunda

Srila Bhaktisiddhanta Sarasvati

Thakura - Desaparecimento

Cheia Terça

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Krsna Paksa Krsna Paksa Caturthi Tithi Pancami Tithi

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| | | | Yoga: Viskumba 362 Naksatra: Aslesa 3 | Yoga: Priti 3 Naksatra: Magha | 53 2 |

3 Naksatra: Magha

Sábado Sexta Cheia Ming Quarta Cheia Quinta Cheia O 0 Krsna Paksa Krsna Paksa Krsna Paksa Krsna Paksa Pancami Tithi Sasti Tithi Saptami Tithi Astami Tithi

Confraternização Universal

Yoga: Atiganda Naksatra: Hasta 364 **Domingo** 4 Ming Krsna Paksa Navami Tithi 6 Yoga: Atiganda 8 Naksatra: Citra 363 Dezembro 9 S D 5 3 4 6 7 9 10 11 10 12 13 15 16 17 18 19 20 11 21 22 23 24 26 27 28 29 30 31 Janeiro 12 QQS S D 13 2 3 5 6 8 9 10 14 14 12 13 15 16 11 17 18 19 20 21 22 23 24 15 25 26 27 28 29 30 31 े'शावास्यमिदझ सर्वं यत्कि।ज्ज जागत्याझ जागत् तेन त्यौ।न भुजथथा मा गुज्ञाः कास्य स्विद्दनम् 16 īśāvāsyam idam sarvam yat kiñca jagatyām jagat tena tyaktena bhuñjīthā 17 mā gṛdhaḥ kasya svid dhanam O Senhor controla e possui todas as coisas animadas e inanimadas 18 * que estão dentro do Universo. Portanto, todos devem aceitar apenas as coisas que lhes são necessárias, que foram 19 reservadas como sua cota, e ninguém deve aceitar outras coisas, sabendo bem a quem 20 pertencem. (Iso - Mantra Um) Yoga: Ayusmana 364 Yoga: Saubhagya 365 Yoga: Sobana

0 Naksatra: Uttara-phalguni

365

Naksatra: Purva-phalguni

1 Naksatra: Purva-phalguni

Anotações

Anotações

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| | | (adequado para jejum) | Quebra de jejum 05:16 - |
| | | Jejum por Saphala Ekadasi Sri Devananda Pandita - | 09:30 (hora local) |
| | | Desaparecimento | |
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| | | Srila Jiva Gosvami - Desaparecimento | |
| | | Sri Jagadisa Pandita - Desaparecimento | |
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| | 11 | (adequado para jejum) | Quebra de jejum 05:53 - |
| | | Jejum por Putrada Ekadasi | 09:35 (hora local) Sri Jagadisa Pandita - |
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| Sri Mahesa Pandita - | | I | | 1 | Sri Locana Dasa Thakura - | |
| Desaparecimento | | | | | Aparecimento | |
| Sri Uddharana Datta Thakura - Desaparecimento | | | | | | |
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| | Makara Sankranti (Sol enti | ra | | | | |
| | em Capricórnio 14 jan, às | | | | | |
| | 14:50 hora local) | | | | | |
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| Sri Ramacandra Kaviraja - | Sri Jayadeva Gosvami - | | | | Sri Locana Dasa Thakura - | |
| Desaparecimento Srila Gopala Bhatta Gosvami - | Desaparecimento | | | | Desaparecimento | |
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PLANEJAMENTO MENSAL

JANEIRO

2016

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| | Sri Krsna Madhura Utsava | Govinda Masa | 17 |
| | Srila Narottama Dasa Thakura - Aparecimento | | |
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| QUINTA (adequado para jejum) | | SEXTA Quebra de jejum 05:30 - | | SÁBADO | | DOMINGO | |
| Jejum por Sat-tila Ekadasi | | 09:40 (hora local) | | | | | |
| | 4 | | 5 | | 6 | | 7 |
| | | Vasanta Pancami Srimati Visnupriya Devi - Aparecimento Sarasvati Puja Srila Visvanatha Cakravar Thakura - Desaparecimen Sri Pundarika Vidyanidhi - Aparecimento Sri Raghunandana Thakur Aparecimento Srila Raghunatha Dasa Gosvami - Aparecimento | ti to | Kumbha Sankranti (Sol er em Aquário 13 fev, às 03 hora local) | ntra | Sri Advaita Acarya - Aparecimento (Jejum hoje) | |
| | 11 | | 12 | | 13 | | 14 |
| (adequado para jejum) Jejum por Bhaimi Ekadasi (Jejum hoje por Varahade | | Quebra de jejum 05:33 - 09:41 (hora local) Varaha Dvadasi: Aparecimento do Senhor Varahadeva (O jejum foi feito ontem) | | Nityananda Trayodasi: Aparecimento de Sri Nityananda Prabhu (Jejum hoje) | | | |
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| | | | | Sri Purusottama Das Thak Desaparecimento Srila Bhaktisiddhanta Sarasvati Thakura - Aparecimento | cura - | | |
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| | | | | (adequado para jejum) Trisprsa Mahadvadasi Jejum por Vijaya Ekadasi | | Quebra de jejum 05:35 - 09:39 (hora local) Sri Isvara Puri - Desaparecimento | |
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PLANEJAMENTO MENSAL

FEVEREIRO 2016

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| | Mina Sankranti (Sol entra er Peixes 14 mar, às 00:40 ho | m ra | | | |
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| | | | Gaura Purnima: Aparecimento | Festival de Jagannatha Mis | |
| | | | de Sri Caitanya Mahaprabhu (Jejum hoje) | | |
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| QUINTA | | SEXTA | | SÁBADO | | DOMINGO | | |
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| | | | | (adequado para jejum) Trisprsa Mahadvadasi Jejum por Vijaya Ekadasi | | Quebra de jejum 05:35 - 09:39 (hora local) Sri Isvara Puri - Desaparecimento | | MARÇO |
| | 3 | | 4 | Sri Purusottama Dasa Thaku | 5 ura | | 6 | |
| | | | | - Aparecimento | | | | 2016 |
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| | • | | • | (adequado para jejum) Paksa vardhini Mahadvadasi Jejum por Amalaki vrata Ekadasi Sri Madhavendra Puri - Desaparecimento | i | Quebra de jejum 05:35 - 09:37 (hora local) Domingo de Ramos Outono | • | |
| | 17 | | 18 | | 19 | | 20 | |
| isnu Masa | | Paixão de Cristo | | Sábado de Aleluia | | Domingo de Páscoa | | |
| ri Srivasa Pandita - | 24 | | <u>25</u> | | 26 | (adequado para jejum) Jejum por Papamocani Ek | <u>27</u> | P |
| parecimento | 31 | | 1 | [2 | 2 | Jejum por Papamocani Ek | 3 | PLANEJAMENTO MENSAI |
| | | | | <u></u> | | | | MENSAL |

PLANEJAMENTO MENSAL

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ABCD

| Nome | Endereço | Telefone | Celular |
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EFGH

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| Nome | Endereço | Phone | Mobile |
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MNOP

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| Nome | Endereço | Phone | Mobile |
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QRSTU

| Nome | Endereço | Telefone | Celular |
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VWXYZ

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Anotações

Anotações

Anotações

Apresentação - continuação e notas

- 1) Devotos do Senhor Vishnu, ou Krishna, a Suprema Personalidade de Deus, como o Senhor é conhecido através da tradição, cultura, religião e filosofia védicas⁽³⁾. Este documento também pode ser utilizado, com adaptações, por devotos do Senhor de outras denominações, que precisem de uma ferramenta de gerenciamento de suas atividades que não deixe de lado as atividades espirituais.
- 2) O "Gcal Gaurabda Calendar" é de propriedade da:

ISKCON Society
GBC - Governing Body Commission
Vaisnava Calendar Committee

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3) As citações colocadas como exemplo neste documento foram tiradas das obras de Srila Prabhupada publicadas pela BBTI (The Bhaktivedanta Book Trust International, Inc.): "O Bhagavad Gita Como Ele É" e "Sri Isopanisad" © The Bhaktivedanta Book Trust International.

Para mais informações, consulte os sites:

BBTI: http://www.bbti.org

ISKCON: http://www.krishna.com http://pt.krishna.com

http://www.sankirtana.com.br

- 4) Védico é o que tem relação com os Vedas, escrituras milenares da Índia Antiga.
- 5) As fontes para escrever em sânscrito e devanagari também são de propriedade da BBTI.
- 6) Acharya: aquele que ensina pelo seu próprio exemplo.
- 7) Uma ótima orientação para utilização de agendas semanais se encontra no livro: "Os 7 Hábitos das Pessoas Altamente Eficazes" - Stephen R. Covey -Editora Best Seller - 2004 - 20ª edição.

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