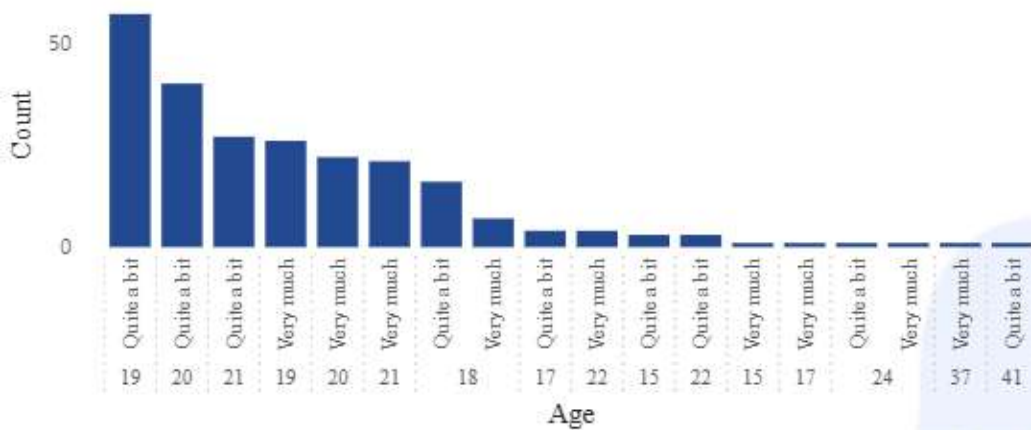


The Stress Spectrum: Student Edition

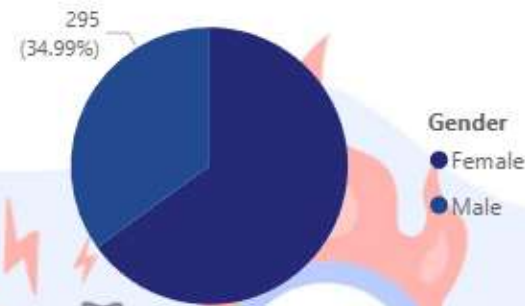
Learning Environment

Student Support & Peer Relations

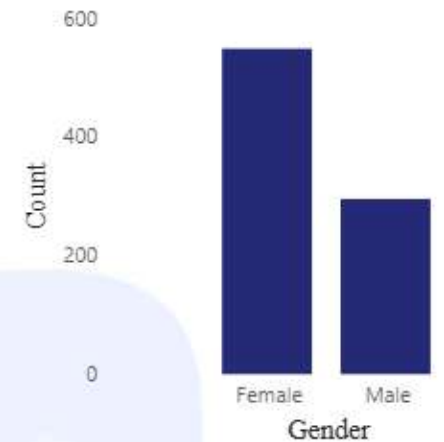
Stress by Age Group



feeling sadness or low mood



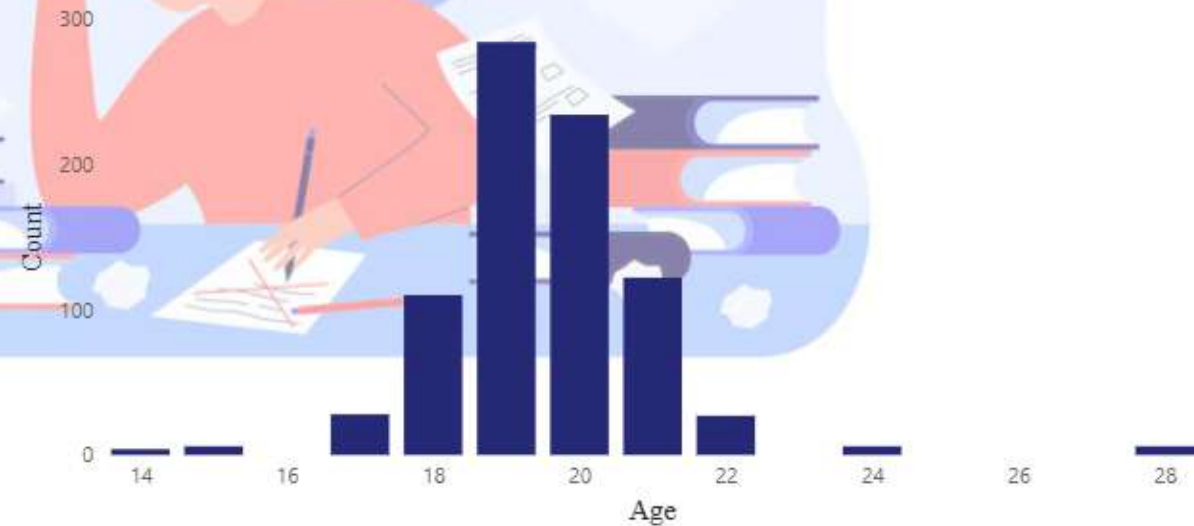
Relationship often causes stress



Type of stress do you primarily experience



Recently experienced stress

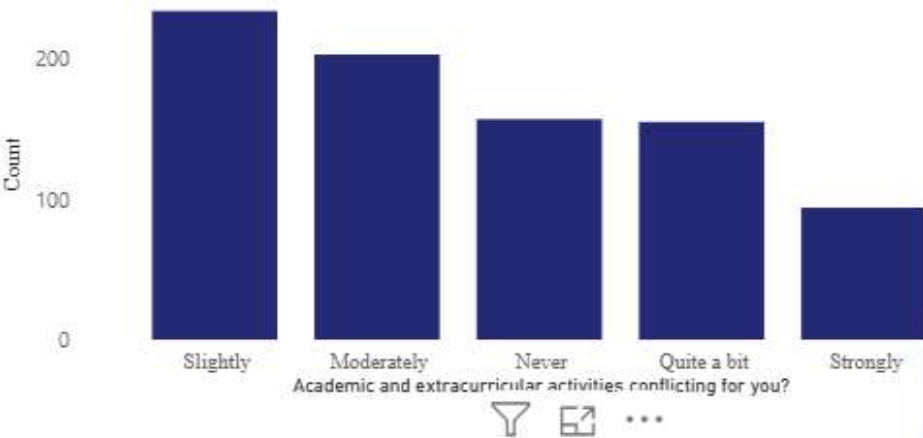


Learning Environment

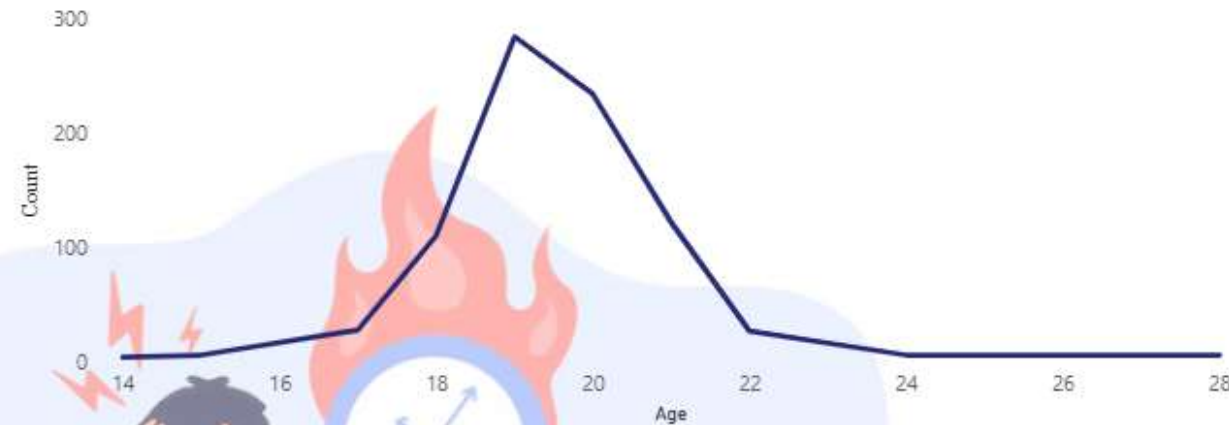
Summary Report

Student Support & Peer Relations

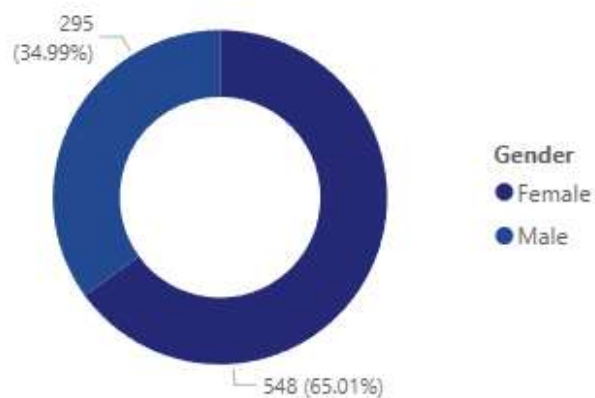
Academic and extracurricular activities conflicting



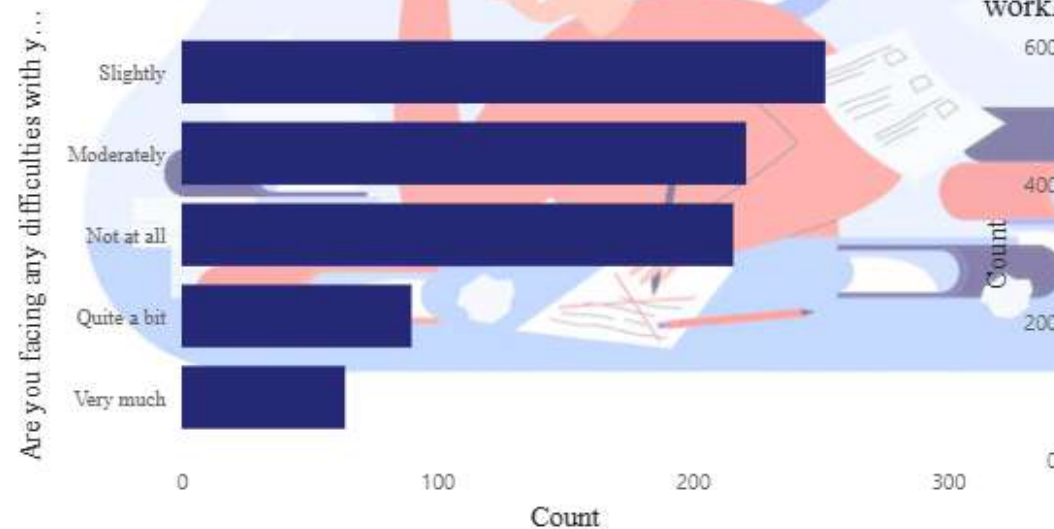
Lack confidence in academic performance



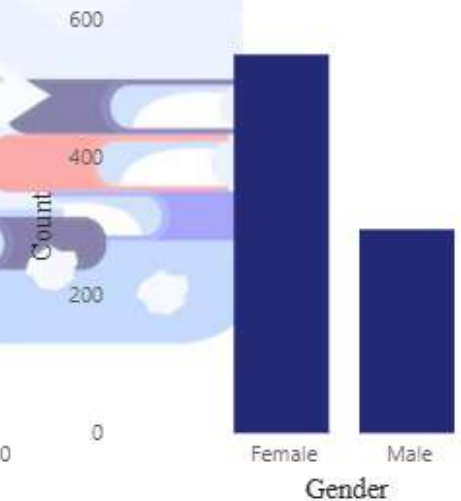
Face any sleep problems or difficulties falling asleep



Difficulties with your professors or instructors



Overwhelmed with your academic workload by Gender

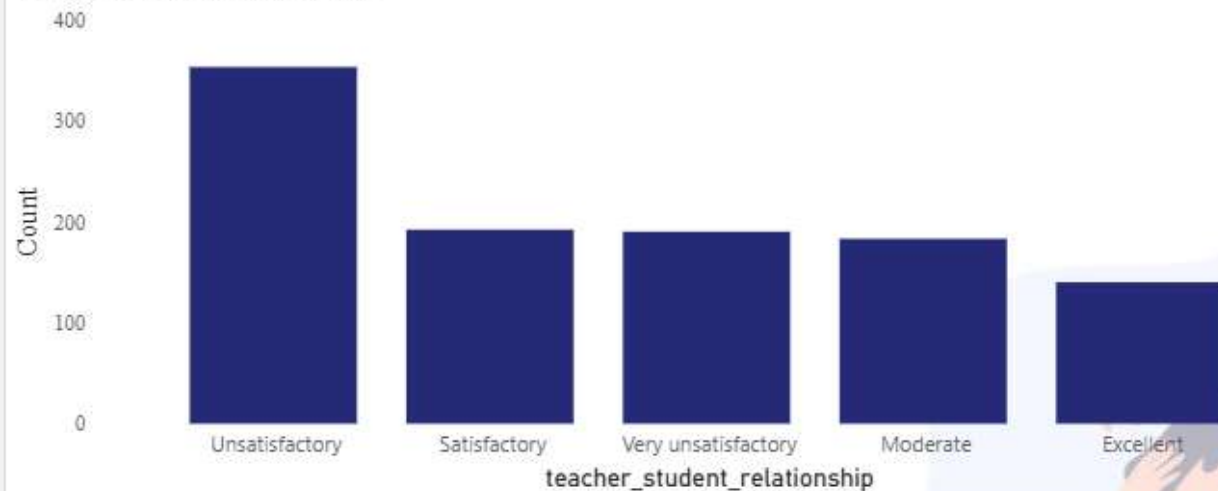


Student Support & Peer Relations

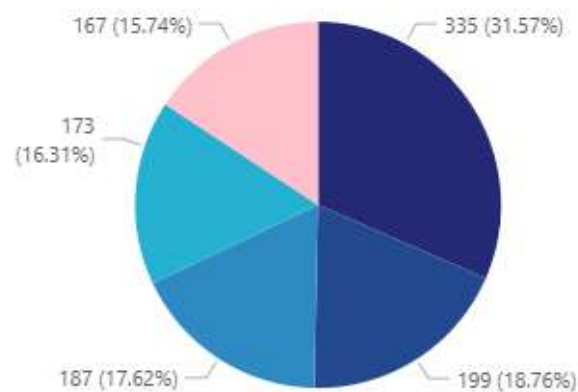
Learning Environment

Summary Report

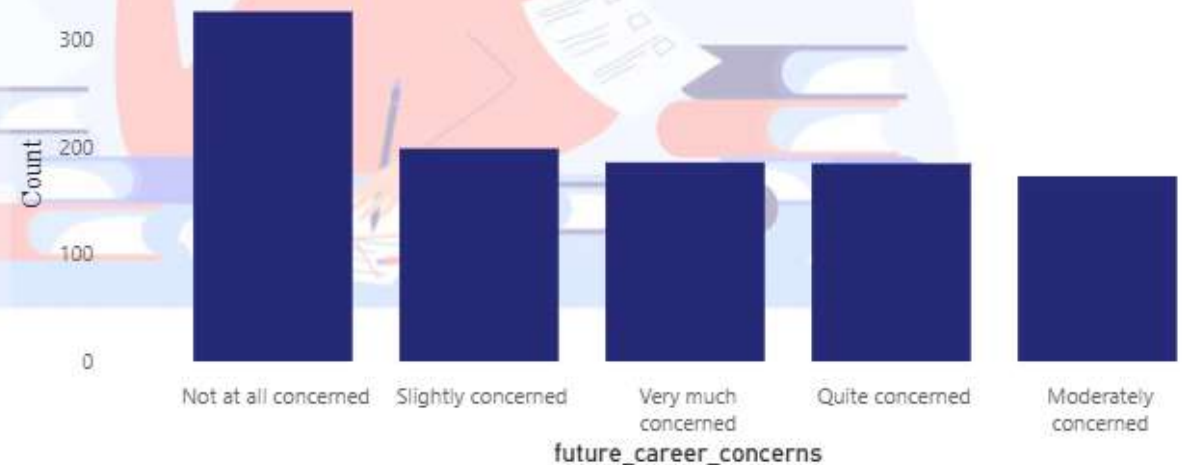
Teacher student relationship



Bullying



Future career concerns



Hostel or home environment causing you difficulties

