



ESAKI PORTAL, SCHOOL MAGAZINE (2022-23)



Best wishes !!!



ESAKI MAHAL

**TENKASI - TIRUNELVELI MAIN ROAD,
PHONE : 04633-2931229**

Best wishes !!!



CHANDRA INN

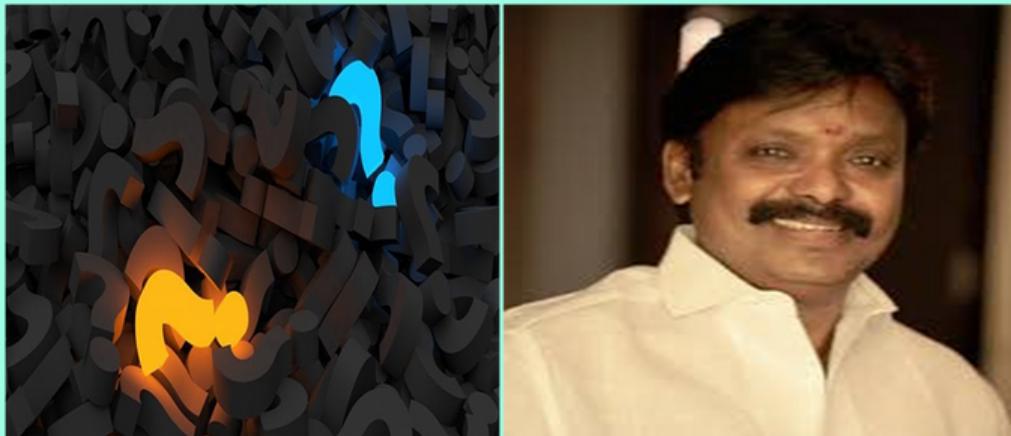
**OLD COURTALLAM MAIN ROAD,
OLD COURTALLAM,
TENKASI DISTRICT
PHONE : 04633-296191**

FOUNDER, ESAKI VIDHYAASHRAM



Shri. S. Esakki Pandian

Message



WARM GREETINGS!

Dear Esakians,

"Life is not about finding ourselves.

Life is about creating ourselves" -George Bernard Shaw

All people have problems, big or small. All problems have tremendous positive power in them. Those who surrender their problems to their God can avail this hidden positive power.

Esaki Vidyaashram is a different school. Here, we help students to invest their interest in studies.

Let students like their studies, love their studies, enjoy their studies and make their studies a celebration.

A calm sea will never produce an expert navigator.

A teacher shall not teach what the students already know, as it leads to waste of time. A teacher shall not teach what the student can study by himself because it leads to wastage of classroom time.

Then what shall a teacher do?

The teacher shall teach how to study.

A teacher is a facilitator. He has to help students to bring out the best in him / her

Be proud of being an Easkian !

Best Wishes!!

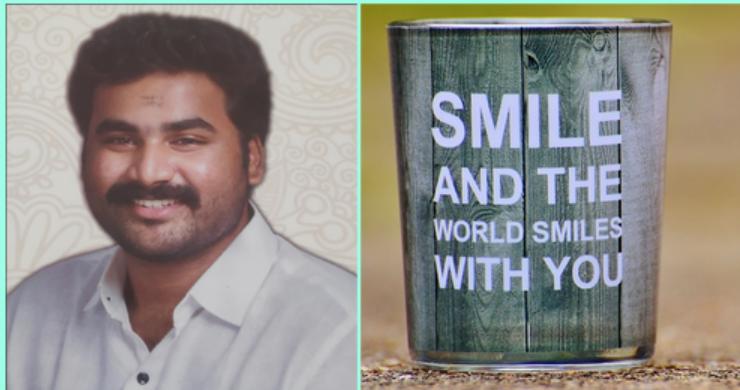
Dr. Esaki Subaya, M.A, M.L, Ph.D

(The Chairman Esaki Group)

M. L. A, (Anbasamudiram constituency)

(Formerly) Law Minister Govt. of Tamilnadu.

MESSAGE



GREETINGS TO ALL ESAKIANS!!

I am very happy to jot down about the Esakians who are studying under the roof of Esaki Vidyaashram, Tenkasi. We endeavour to create a purposeful and friendly environment in which everyone is assured of individual care and attention. This school embraces diversity and strives to provide an academically challenging environment in order to foster intellectual curiosity and sense of responsibility. It is a different school, that is its beauty and we like our own identity. The aim of education is the knowledge, not of facts, but of values, says William S. Burroughs

We care about the Esakians, with our first priority always being to make sure they are happy and safe; so that they are able to learn well.

We believe strongly in a good comprehensive education and our all teachers are equipped with it.

Best of Luck !

Mr. Esakki Durai
(Managing Director)
Secretary All India Private Schools and Children Welfare Association



Message



Warm Greetings to all!

"Education plus character - that is the goal of true education", said Martin Luther King Jr.

Every child is gifted, but some of them never open that gift packet which is given by God. If we do not use our talents, we may lose them.

You can find your talent in your skills acquired during education. It may be in the form of singing, dancing, painting, drawing, speaking, writing, programming, cooking, acting etc. Never ignore your talent, always appreciate them. You never know where your talent will take you in your life. With ordinary talents and extra ordinary perseverance, all things are attainable, and then no one can defeat you.

It is equally important that you to be the embodiment of a good character. Being good requires having more than one good character trait. A good character possesses a number of positive traits, as well as strong moral principles that benefit the universe they exist in.

Kindness, Empathy, Courage, integrity, self awareness etc are good character traits. May God help the Esakians to be the owners of good character and always be first in all levels!

BEST WISHES!

I congratulate the entire editorial team and all budding writers for making this magazine vibrant.

Thank You all

Dr. MONICA D' SOUZA

(Principal)

**City Coordinator of Tenkasi and Tirunelveli Districts
of CBSE Board Examinations**

MESSAGE



WARM GREETINGS TO ALL!

"The education is the most powerful weapon which you can use to change the world", Nelson Mandela said.
In the present day education, technological advancement has considerably influenced our life.
Hence, it becomes essential that our education system must be restructured. In this context, modernization aims at necessary training required by industry which will help them in doing routine tasks more efficiently.
We think modern education emphasis creative skills. It ensures all round development different positive strength like arts, sports, community services etc.

Personality development is one of the aims of Esaki Vidyaashram, to face challenges in day- to- day life. It also brings out the hidden potentials for social good.

WISH YOU ALL THE BEST!

**Mr. RAMAKUMAR .T
(EXECUTIVE DIRECTOR)**



EDITORIAL



When Dronacharya was teaching archery to the Pandavas, he once asked them to shoot a bird on the tree by aiming its eye. He called them one by one and showing the bird, he asked them what they saw. Everyone except Arjuna, said that they saw the tree, the branches, the bird etc and so everyone missed the target.

When Arjuna's turn came Drona asked, "What do you see?". "I see the eye of the bird", Arjuna replied.

"Do you see the tree?", Drona asked again. "No" , was the answer

"Don't you see the branch?"

"No"

"Do you see the bird?", Drona asked again

"No"

"Then what else do you see, Arjuna?", Drona enquired

"Nothing.

Saying so Arjuna released the arrow and it just hit the target straight.

The biggest problem we face is controlling the mind from wandering about.

For success in any job, focus and one-pointed unwavering attention of the mind on the job is a must.

"Thus, when one's consciousness is completely fixed on the Absolute Truth, the Supreme Personality of God, no one sees duality, or internal and external reality. The example is given of the arrow maker who was so absorbed in making a straight arrow that he did not even see or notice the king himself, who was passing right next to him."

Likewise you have to concentrate in your studies focusing your target. Then great success is yours. You will never fail.

BEST WISHES!

**CHANDRAN. M.K
(Staff Editor)**

SCHOOL REPORT (2022-23)



As the curtain draws up on 7th Annual Day celebrations of Esaki Vidyaashram, Tenkasi, a kaleidoscope of image flit through my mind.

I, Monica D'Souza with immense pleasure join the management, parents, students and faculty members thanking God for all the success we have attained throughout the year. A school which has good reputation always runs the risk of complacency. So we are reminded about the fact that the excellence is not a destination but an unending journey.

Excellence is a relentless pursuit towards better performance and higher goals. With proud gratitude to the Lord Almighty and sincere appreciation for all management team and Esaki Vidyaashram family, I present the Annual Report for the academic year

2022-23

VACATION CLASSES

Vacation classes for X and XII started on May 25th, 2022.

THE STAFF

We have teachers, who are aptly motivated, dedicated and empathetic to the needs of the students who upgrade their knowledge and methodologies in teaching in accordance to the changing trends of modern education.

We have a vibrant team of co-curricular teachers for yoga, drawing karate, skating, silambam, art and crafts.

REOPENING DAY

The school reopened for the academic year 2022-23 on 1st June 2022. Reopening Day programme was inaugurated by Mr. Ramakumar T, the Executive Director. Dr. Monica D'Suza, the Principal gave guidelines to the teachers.

WORLD ENVIRONMENT DAY

On 5th June 2022, World Environment Day was celebrated by planting tree saplings in the school campus. Students as well as the principal planted tree saplings

e-MAGAZINES

We published three e -Magazines in the school website titled 'The Esaki Infotainment'. Infotainment means Information and Entertainment. It is the mouthpiece of the school where students and teachers can show their different talents.

THE SCHOOL ELECTION

In a democratic set up we held School Parliament Election through secret ballot system on

Class rooms were transformed into election booths. From the elected members Head Boy and Head Girl were nominated.

HOUSES

There are four houses namely Ruby, Citrine Emerald and Sapphire. Each house has Captain and a Vice Captain. Seeing the merit in the past both academic as well as sports the best one was nominated as Captain and Vice Captain.

INDEPENDENCE DAY

Independence Day was celebrated with much Zeal and enthusiasm. The Principal hoisted the flag and inaugurated the function. It was well organized by the Physical Education Department with the help of other teachers.

SPECIAL DAYS

Green Day, Red Day, Orange Day and Blue Day were celebrated showing respective colours in their attire and also they decorated the class rooms with balloons, charts and ribbons.

UNITY RALLY HELD

As per the instruction of Human Resource Ministry of India and CBSE, students from classes 8, 9 and 11 did a rally for cementing National Integration. The rally started from the school and went up to the RC Church of Tenkasi showing placards and banners on the birth anniversary of Sardar Vallabhai Patel.

TEACHERS' DAY CELEBRATED

We celebrated Teachers' Day on 4th Sept 2022. All teachers were given Bonus on the day. Teachers were motivated by our beloved Esaki Durai, the Managing Director.

ANNUAL SPORTS DAY

Annual Sports Meet was celebrated on 4th August '22. The Hockey Legend Dr. Dhanraj Pillai, was the Chief Guest. He gave away the trophies and certificates to the winners.

CONSTITUTION DAY

On Nov 26th the school celebrated Constitution Day. Advocate Mr. Chinnaraj was the Chief Guest who delivered the key note address stating the importance of Indian Constitution. Advocate Stalin Joseph, the faculty of Legal studies spoke on CRPC, CPC and Indian penal code. Dr. Monica D 'Souza, the Principal welcomed the audience and Mrs. Rita Mary , Psychology Faculty bade vote of thanks

MENTAL HEALTH DAY HELD

The school celebrated Mental Health Day on Oct 10th with a vision to instill the mental health among the students. They should be equipped with adequate courage to face any hard situation. Dr. Karthik Durai Samy, Consultant Psychiatrist, Bodhi Mind Hospital, Tenkasi did the class and delivered Chief Guest note. Dr. Neela Veni, Psychologist (Women and Child) interacted with the students. It was held in a part of Humanities Forum of the school.

ANNUAL DAY

9th Annual Day of the school was held on 4th Feb'23. Dr. K. Sivan, formerly the Chairman ISRO, Secretary Department of space and distinguished Professor in DOS/ ISRO delivered Key note and gave away prizes. Students staged variety entertainments including skits.

The Annual Day in any school has traditionally been signified as the day when co scholastic activities take precedence over academics.

ACKNOWLEDGEMENT

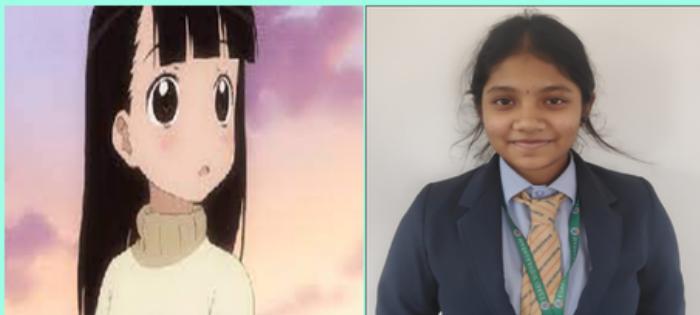
Excellence is not a destination but an endless journey. The Principal, staff, parents and students of Esaki Vidyaashram, Tenkasi owe our gratitude to Respected Dr. Esaki Subaya, the Chairman Esaki Group, beloved Esaki Durai, the Managing Director and Dr. Chandra, the Director who have bestowed their love, faith and confidence on us in all our ventures for the development of this temple of learning. I bow my head with love and gratitude to my teaching and non-teaching for their dedication and commitment to the duties entrusted to them.

Once again I extend my heartfelt thanks to all
Dr. MONICA D'SOUZA

Principal

SCHOOL PARLIAMENT

A SHORT STORY



BY ESAKI VALLY, GRADE XII A.

ON A GALLANTRY DEED

Zyna and I just ran up to the bed and bumped our heads onto the pillow; then tucked our body with bed sheets within a split second before Amma came to our room.

It was mid night, and all inhabitants of that Ashram were in deep sleep.

But Zyna and I were packing her dress; she was my best friend and roommate.

She came from a Muslim family but Amma brought her up. She was unbelievably beautiful with such wide eyes and long black hair. But she was a shy type.

"Would you miss me? ", she asked me when Amma left.

I didn't utter anything.

"Ten years back I came to this Ashram. But... now..... ", words were choked in her throat and died.

Again I ate silence.

"In one way I feel happy that I got parents atlast" I looked down and she said in a low pitch.

Yes, she was adopted. She came to that Ashram ran by mother Teresa at her age of two after her parents' demise in a car accident. She became an orphan, no relatives tried to help her.

"I am happy for her", Amma rolled the beads of the rosary and said, the next day morning.

When her adopted parents came, she ran to me and hugged; tears rolled down from her large eyes. I could feel her heart beating speedly when we embraced.

“Don’t cry, all for the best. Now you have father and mother. They will look after you, cheer up.....chic”

I couldn’t control myself. I kissed on her pinky cheeks.

“Mohamed Malik, her father and Mumthaj Malik ,her mother are really good”, Amma consoled me when she left with them .

On her 18th birthday they invited all the inhabitants of the Ashram and cooked mutton biryani for us. Omg! It was delicious.

Zyna seemed to be as a princess. In their beautiful house she moved as a mermaid

Because of Zyna’s recommendation her father helped me to get admission in a top women’s college. They paid my fees, bought books and uniforms.

Years passed by

“Papa is having a really bad time and he is looking for some other job” Zyna stood the other end of the phone and said.

It was a thunderstruck to me.

“But he is not wholeheartedly accepting the fact that he has a great loss in his business which made him to lock down his entire firm”, she continued.

I had to hang up my phone because Amma asked us to go for dinner.

Zyna’s words were still sounded in her ears even when she was at the dining table, “Esaki Valli, we are planning to open a small shop, without which we can’t earn our meal ticket”

Oh, what a tragedy! What a rich family they were!!, Esaki thought The red face of the sun was slowly unveiled and a cool breeze embraced Esaki. The telephone sounded with a holy prayer. She woke up and picked it up. “We leased a shop and going to open it tomorrow” Zyna’s happy words dragged Esaki in a pool of pleasure. Esaki’s presence at their new shop was considered to be a grace to them.

It was a blissful day. All were happy. But happiness did not last long.

An angry mob rushed into the shop. One of them caught the neck of Zyna's father. Actually no one understood what the matter was!

"Your shop should not be here near our temple. A Mohammed's shop should not be fit by the side of a Hindu temple", one tall hungry looking man shouted.

"We are not selling caste in this shop", cried Esaki Valli.

The mob became silent for a short while, and then they banged on the tables, threw all goods out mercilessly.

All the four sat under a tree next to their shop when they left.

"Now what?" was their question.

"No, we should not be silent. We've right to open a shop anywhere. We have to book these fanatics under the law. It is purely a violation of the law", Esaki vally said.

She caught the hand of Zyna and went to the police station. They registered a complaint against them.

But the police didn't offer help and justice; they were the part and parcel of the mob that destroyed the shop.

"Where is justice? Where is the government?", Esaki asked herself

Renuka, her friend was an advocate. She rushed to her office and detailed everything about the incident. She filed a case against them.

It took approximately one year for the verdict. They were happy when they heard the verdict; they got back their shop and an equal amount for the goods that they had destroyed.

Esaki Valli's gallantry deed against cruelty and castes won in the end.

Fight against castiesm and violation of laws. We can be a part of Ministry of Defense to uphold justice.



Hockey Legend of the world, Mr. Dhanraj Pillai is welcomed by Dr. Monica D'Souza, the Principal and Mr. T. Ramkumar, Executive Director of the school on the unforgettable day of the school, 7th Annual Sports Meet.



**Short story
GALLANTRY AWARD WINNER**



**ANGELINRYTHANYA,
GRADE IX A**

He tried to stamp upon knees of his own shadow which moved as fast as it could along with his movements; that zigzagged and snaked on the golden sand of Mareena beach.

The sun was in its death bed with a high feverish pallor. There were many people colourfully dressed and a few bikini foreign tourists enjoying the beach dusk and its cool wind. Many wavelets secretly hugged the shore pasting their foams and ripples on the wet lips of the soft golden sand.

He sat under a neon light and watched the half died sun at the far end of the sea. It would go deep into the bottom of bottomless sea soon, inviting the darkness, he thought.

He sat on the vast golden sand for long thinking nothing. He couldn't see either the bikini clad foreign tourists or colourfully dressed natives.

Then he curiously searched a face among the moving clouds at the far end of the western sky that he longed to see. But they didn't become the shape of the face what he cherished in his heart of heart; instead they shaped some cruel beasts and unknown bearded men. No sooner did he scrutinize them than they disguised into some shapeless shapes and moved along with the fast blowing wind.

"Bill", he looked back from where the sound came. He couldn't believe his eyes and a faint smile lingered on his lips.

"I know that you'll be here on all Fridays", she smiled and sat beside him.

He looked down, took a handful of sand aimlessly and let them down among his fingers.

What happened to you? You said that you were to town hall library!" She placed her soft and beautiful fingers upon his shoulder and slowly made them move to his ears.

He looked down, the still born words chocked in his throat and he struggled hard to set forth a few fumbled sounds out.

"Bill, don't be sad Bill. Am I with you no...? Am I your mother, sister, wife ...and all? If you cry; how can I bear it?"

"You don't know anything about my past. It was", Bill sobbed uncontrollably.

"I don't want to know that, Bill. You're my loveable and tender hearted, gazette".

"Ann, I haven't yet had courage to unveil it..... even to you, though you're my wife. I am afraid, that I'm a coward....".

"No my sweet naughty lad, you're my best strong boy", she murmured softly in his ear.

He gazed at her dark blue oceanic eyes as she's seen the first time. But he couldn't see her nose, lips, cheeks and all, shining in the yellow neon light.

When the sun knowingly vanished down into the lap of the sea to take rest at night from the day, there blanketed thick darkness everywhere. There were no stars in the sky as they were shyly veiled by thick rain clouds.

It started drizzling.

"Let's go, Bill. You may get cold and fever. This first rain is very dangerous", she covered his head with the end of her saree tail. There blew a cool breeze followed by a heavy downpour. Red muddy water canalled down. The sudden lightening and thundering put off all the street lights.

Many people shouted along with the drumming rain, some yelled and some others cried fiercely on the other end of the dark road. Some people were challenging loudly and some others shouting slogans of their political party.

Bill and Ann stood up; her dress thickly adhered to her beautifully carved body.

He placed his hand upon her shoulder and slowly walked towards the tarred road where the head lights of many vehicles splashed and died.

Heavy drops of water strongly hit on their faces and heads. It pained her. Suddenly a heavy truck turned towards them.

A sudden splash!

In order to save a street boy, she jumped in front of the truck and pushed the boy out!

All the street lights opened their eyes.

Bill couldn't believe his eyes. His Ann was lying in a pool of blood. The street boy and the truck ran away into the darkness. She sacrificed her life to save a small boy.

Later her mother was given "Gallantry Award" on behalf of Ann, the brave. Ann was truly brave. "She will never die. She becomes a thing of beauty, and she will never pass into nothingness. She will be a joy forever" as John Keats said.



CORRUPTION FREE INDIA: FOR A DEVELOPED NATION



Somesh Bharathwaj, Grade XII A

Corruption is a fraudulent behaviour of misusing power. It is a criminal offence. It soars high defeating all ethics of life for personal gain. Now-a-days most of the government and private offices seem to be the embodiment of corruption. This cancer blocks the progress of sustainable development.

In order to gain illicit benefits for personal gain crooked minded people practice it as a cat closes its eyes and drinks milk, thinking none can see its action. It takes off privileges and fundamental rights. Corruption paves the way for inequality and poverty. Hence, it has to be rooted out from the mind of our society.

Corruption is seen in all the realms of life, including education. The Kerala High Court recently stays the appointment of Priya Varghees, wife of K.K.Ragesh, private secretary to Chief Minister Pinarayi Vijayan as Associate Professor at the department of Malayalam in Kannur University (Tag: Kerala High Court, Justice Devan Ramachandran: Dr. Joseph Skariah V. Vice Chancellor)

First of all, teachers have to be trained to teach moral values and professional ethics. In the junior classes students should be imparted moral science, but not theology. The Central Vigilance Commission has to ensure integrity in administration. The Commission has been implementing multi - pronged plan to combat corruption. But it doesn't bear sweet fruits. Punishing the corrupt is one way to threat the budding corruptors, but it may not work to wipe out corruption fully.

One of the most important aims of education is to inculcate moral values among students so that they develop into responsible and committed citizens. In the world of responsible and committed people there will not be corruption. Our next aim should be to create awareness on evils of corruption among students.

School syllabus must be modified. While modifying there should not be bias and prejudice as well as vested political interests. Office to office awareness campaign must be held to mould the officers, bureaucrats and politicians to be human and humane. Now-a-days people lack love and compassion; they become stone headed and hard hearted. Here, the government has to be vigilant for implementing strict law and order.

Education is not meant for employment, but it is a way to employment. The educated must be the chapters of maturity, wisdom and submission. Social media, televisions, magazines, newspapers and voluntary organizations etc should play their vital role to eradicate corruption. The governments have to implement rules and regulations to regulate the members round the clock.

As the part of awareness campaign dramas, movies, debates quiz etc on corruption and its dark space can be staged. Both state government and Central government have to keep fund in their annual budgets to do awareness campaign.

Let's imagine corruption free India, where all the fundamental rights are divinely observed. There are no class segregation, no enmities, no duels and no lopsidedness. The people work together and live together hoisting the flag of true brotherhood. Each one respects one another. They live happily under one sky and they create a heaven in the earth. Then, they will say "Life is beautiful".

Ms Jemimah, English Faculty



**Dear Myself
Don't counterfeit others' ideas
Elude regrettable areas
Ban undesirable team
And emphasis your dream
Say to tell "No"
When you have no desire to know
Embarrass your rival,
And reach to your final**

SIMILE

**River keeps on flowing, as a teacher teaching
It crosses new cities, as a teacher crosses pretties
River polishes stones as teacher polishes pupil
River twists and turns as teacher lifts and warns
River gives water to survive as teacher knowledge
River gives purity as teacher makes clarity
River runs to slops as teacher for hops**

CONGRATULATIONS!!!



CBSE NATIONAL TEAKWONDO 2022-23 (Date 21 Dec 2022 to 5 Jan 2023)

Jaishnavi Grade XI A (GOLD), Prisca, Grade VII C (SILVER)

Zameema Barwin Grade XII C (SHOOTING GOLD)

with Balamurugan, PD and Respected District Collector



AN ATTITUDE OF GRATITUDE

Mrs. Rita Mary Paralogaraj MM

Greetings from my grateful heart!!

Gratitude is the fairest blossom which springs from the Soul” – Henry Ward Beecher.

Wow! What a beautiful meaning the word gratitude has!

Gratitude is the feeling of being grateful. I have a question for you. When did you say thank you to someone or feel grateful for something recently? We people always tend to blame or argue with people or events. That's ok.

I have a lot of surprises for you when you feel grateful for what had happened. The surprising research findings on being grateful include emotional, social, personality, career and health:

Being grateful can enhance our long-term happiness by over 10% (Emmons & McCullough, 2003; Seligman, Steen, Park, & Peterson, 2005)!

Researcher Chih-Che Lin (2017) found that even when controlling for personality, a high level of gratitude has a strong positive impact on psychological well-being.

Gratitude reduces envy, facilitates positive emotions, and makes us more resilient (Amin, 2014).• Gratitude keeps away suicidal thoughts and attempts at bay (Krysinska, Lester, Lyke,• & Corveleyn, 2015).

Those who are more grateful have access to a wider social network, more friends, and better relationships. (Amin, 2014).

A recent study found that expressing gratitude to others improve better quality relationship (Algoe, Fredrickson, & Gable, 2013).

Expressing gratitude to our friends will improve a thick friendships. (Lambert & Fincham, 2011).

Those who are more grateful can have more social support. (Wood, Maltby, Gillett, Linley, & Joseph, 2008)!

Gratitude Strengthen family relationships in times of stress. (Stoeckel, Weissbrod & Ahrens, 2015).

Grateful people are healthy people! (Hill, Allemand & Roberts, 2013).

Gratitude Reduce impatience and improve apt decision-making. (Desteno, Li, Dickens & Lerner, 2014).

Gratitude reduces materialism (Tsang, Carpenter, Roberts, Frisch & Carlisle, 2014).

Being grateful makes us more giving (Desteno, Bartlett, Baumann, Williams & Dickens, 2010).

Gratitude makes us optimists (Amin 2014)

What a wonderful good news right! I would like to share my life example. From my college life, I had had a habit of writing Gratitude Journal. I had got a habit of thanking everyone even for a small help, I started to count blessings that I received and my materialistic policy has been reduced. Finally I become the one who gives more rather than taking from others.

Here, are some suggested ways for you to develop your gratitude:

- 1. Feel grateful for each and everything at every moment.**
- 2. Each day, think of 3 grateful things that you receive from the nature.**
- 3. Start a gratitude journal.**
- 4. Find gratitude in Challenges and Successes.**
- 5. Focus only good at others.**

Whatever our position in life, it's important to maintain an 'attitude of gratitude.

“Practice an Attitude of Gratitude

Gratitude becomes an Attitude of our Practical Life”

Thank You!

With a Grateful Heart!

CONGRATULATIONS, SIR



Mr. Esaki Durai, the Managing Director of the School, was nominated and appointed as Joint Secretary of All India Private Schools' Association and Children Welfare. He has to look after all the states of India as well as Union Territories.



**Group Dance, a refreshment on the Sports Day.
Neither stage nor curtain
or any make up**

SCIENTIFIC LEARNING FOR SCIENCE



By ARUL ALAGUNANDA, NEET CO-ORDINATOR

The following are different methods of teaching science scientifically. All the programmes given below is student centered. Teacher centered method becomes dull. If a teacher deals the class in the olden outdated style, students will dislike him. Hence I am going to share a few points what I have read

PROJECT BASED LEARNING

In this method students involve in a deep dive into the given topic. It is an activity based teaching. Here time is an important factor. Students will be engaged over an extended period of time in researching their topic, designing their experiment or writing a scientific report.

Help students to access resources both within your school and beyond the school. Project Based Learning (PBL) will be helpful for several major works like Research Paper, Working Model, Field Journal etc.

HANDS-ON ACTIVITY

Here students follow experimental procedure with a clear set of instructions. They explore the materials themselves to design and test their own experiments. If the teacher explains and shows they will not develop better understanding of the scientific method. If they break out the experiment materials they get a clear cut understanding. There is enough time for the students to complete each activity and that there are bottlenecks in terms of access to resource

PEER - LED LEARNING

Peer-led team learning (PLTL) is about empowering the students to teach the other students. This approach works in schools where it is most effective. Alternatively, PLTL can also be used when pairing students with a high subject aptitude with students needing help.

Poem

WONDERFUL LIFE

I am happy to jot down it
A world better than this
Is truly unknown to me
A life better than this
Is really Greek to me
I am a blessed one
With a caring better half
Wonderful parents,
And many helping friends.
I thank God Almighty
As I am an optimist
And I will not allow negativity
To embrace me.



Mrs. Sanju Sreekanth,
English Faculty

NOSTALGIA

I like the heaviness of my blanket
When I sleep imagining the moon
If I cry, will it be a salty river
As it is a late winter's moon
And I am carrying my own corpse
From morning till night.
My words have been chocked
I can't neither swallow nor gag
I fear that I worn out
Let still a the light of positivity
Lights in the corner of my mind



"UNITY RUN" OBSERVED



Oct 31, Tenkasi, On the National Unity Day (The Rashtriya Ekta Divas) the students and staff of Esaki Vidyaashram observed Unity Run as per the direction of CBSE. October 31 commemorates the birth anniversary of Sardar Vallabhbhai Patel, the Iron Man of India.

The Unity Run reaffirms the inherent strength and resilience of Indians to withstand threats to the security, unity and integrity of the country. Dr. Monica D'Souza , the Principal of the school, volunteered the Unity Run from the school to the R.C Church junction. Madhumitha, a student of class XI administered the pledge of National Unity. M.K Chandran, a faculty spoke about the role of Sardar Vallabhbhai Patel in national integration. Mr. Ram Kumar, Executive Director of the School did special outreach to ensure the participation of general public.



FIRE EXTINGUISHER: DEMO HELD



Tenkasi, 21 Oct '22: Esaki Vidyaashram, Tenkasi held a demonstration to its students on how to handle crackers and similar products during festival days with the help of Fire Force Department of Tenkasi.

Mr.Ramesh, Fireforce Officer demonstrated on how to handle crackers safely. Mr. Madhavan, Mr. Jayaprakash, Mr. Sundaram, Mr.Jayarathina Kumar, Mr. Viswanathan and Mr. Velmurugan from the Fireforce showed different types dummy crackers and the possible danger while handling them carelessly.

Mr. Ramesh, the Fireforce Officer was robed a brocade by Dr.Monica D'Souza, the Principal of the School.

HUMANITIES FORUM INAUGURATED

Tenkasi, 20 Oct '22: Esaki Vidyaashram, Tenkasi inaugurated Humanities Forum for its students to be perfect citizens. Dr. Karthic Duraisamy, the Consultant Psychiatrist of Bodhi Mind Hospital, Nannagram was the chief guest.

Dr. Monica D'Souza, Principal of the school officially inaugurated the forum and boosted up the students and staff to indulge in socially useful deeds.

She said that the present society needs good citizens. Dr. Kartic brought out forum's research paper giving a copy to the principal.

Mrs. Neelaveni, women and child psychologist was the guest of honour. The objectives of the forum are to create awareness on the fundamentals of human thought and behaviour and to promote pink mental health and good behaviour.

Dr. Karthik Duraisami did a class to its students. Mr. Chandran, English teacher welcomed the audience and Prabhakaran, Class XI bade vote of thanks. Mrs. Rita Mary, Psychology teacher recited oath taking to the students.



STUDY TOUR

A study tour is an experience where students study as an alternative to traditional class room based learning. Students of Grade I and II visited Tenkasi Railway Station on 15th Sept 2022. They learnt how to take platform ticket, booking berths, where passengers have to wait etc. Students and teachers who accompanied them remarked in single voice that it was a grand SUCCESS



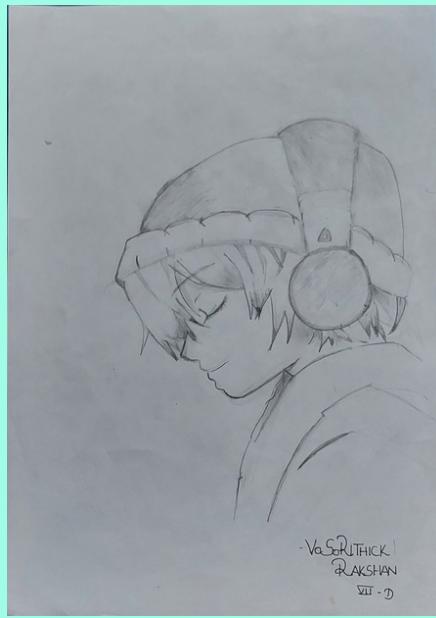
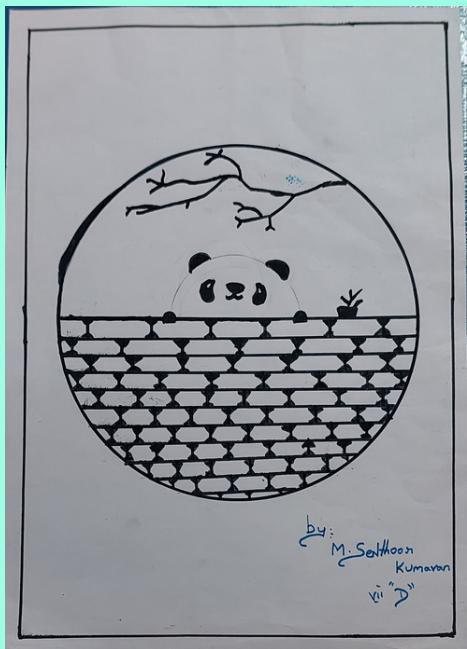
FINE MOTOR SKILL

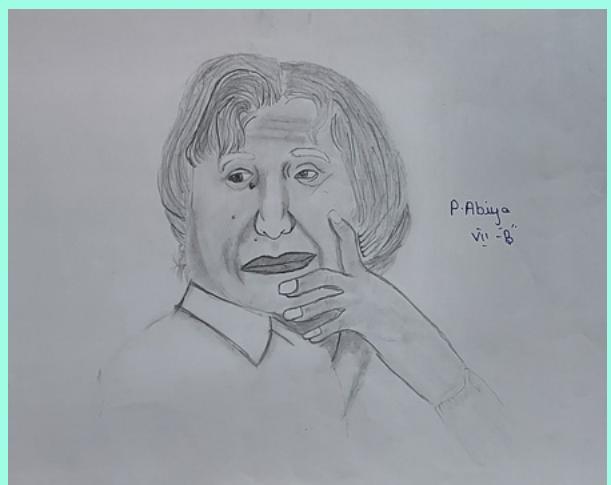
Drawing on a paper is a powerful tool for children's imagination and creativity to go as they take it.

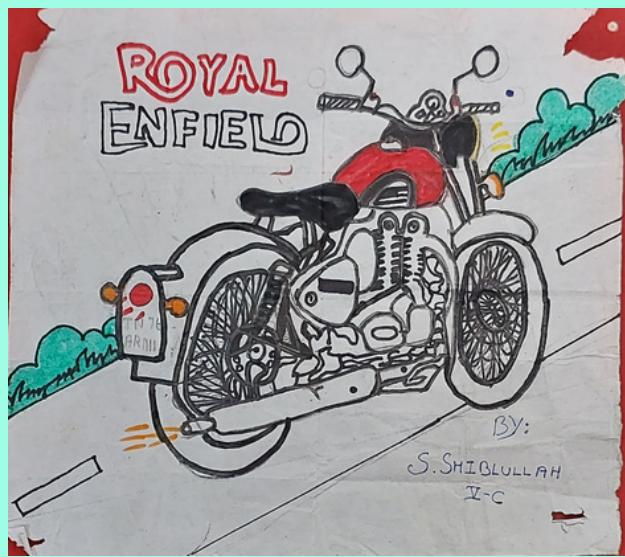
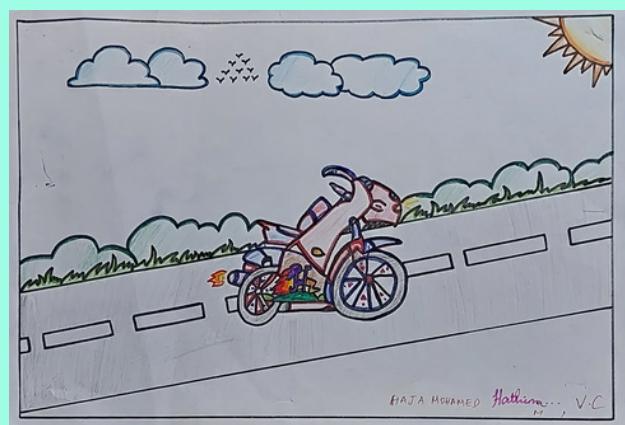
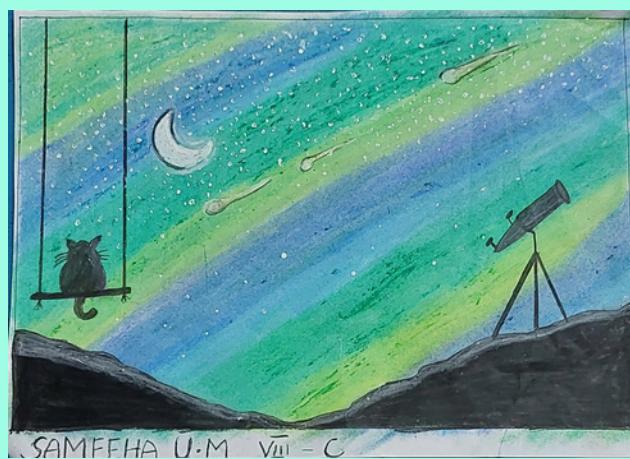
Children are effective communicators and through the creative arts they learn to make meaning and express their ideas and feelings.

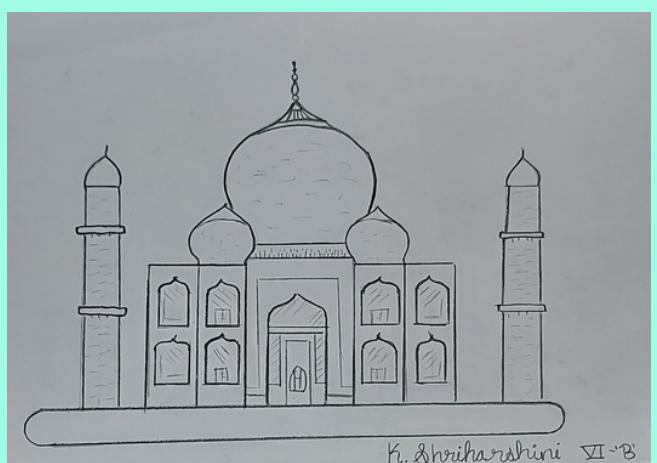
Drawing helps with children's development of fine motor skills as they learn to control their finger grip and movement to the ideas they are expressing. Here are some of the activities of toddlers:

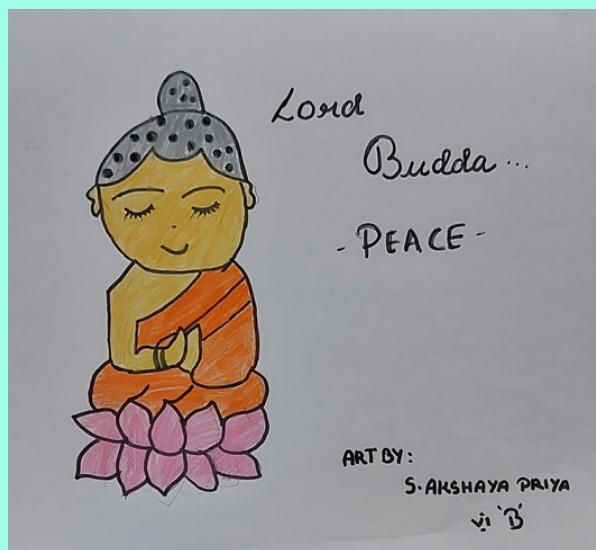
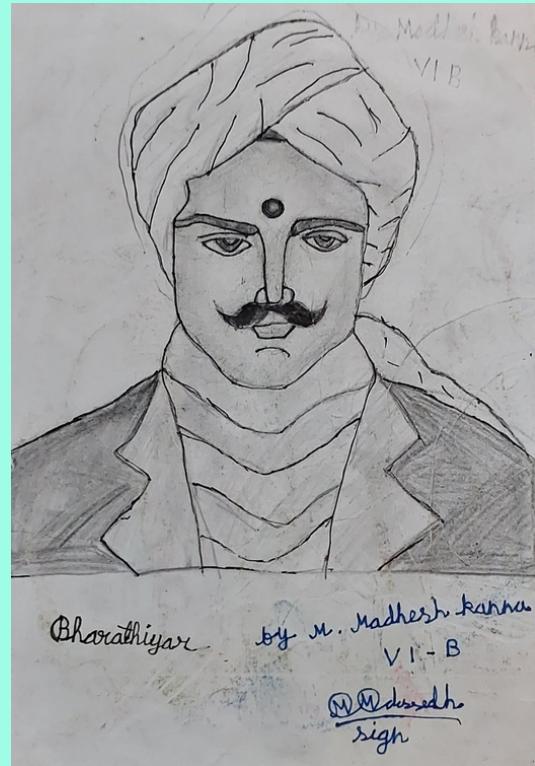
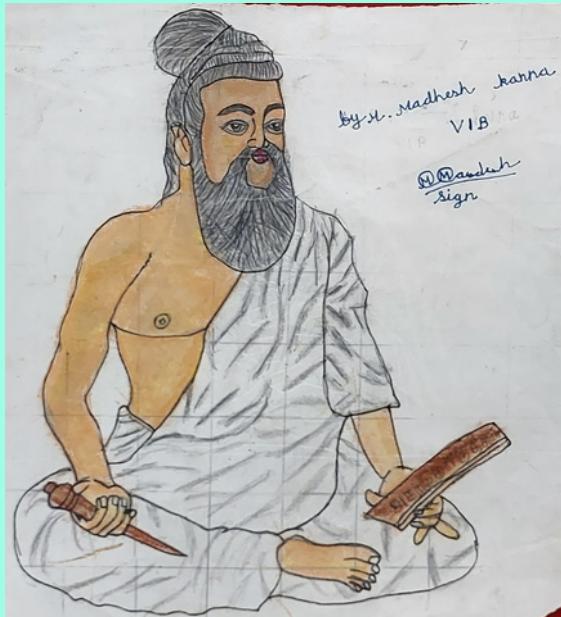












SOLID - WASTE MANAGEMENT



**Mr. H. Mohammed Abdullah, MCA, B.ed
PGT/Robotics**

A class on solid waste management was held on 4th July '22 by Mr. Eswaran, Sanitary Inspector of Tenkasi Municipality. He was assisted by Mr. Madhavan Rajkumar and Mr. Sekar.

Improper disposal of municipal solid waste can create unsanitary conditions, and these conditions in turn can lead to pollution of the environment and to outbreaks of vector borne disease - that is diseases spread by rodents and insects.

Solid waste includes garbage and rubbish. Garbage is mostly decomposable where as rubbish is mostly not. Trash is rubbish that includes e-waste. Waste management deals with all types of wastes, including industrial, biological, household municipal, radioactive etc.

The waste management aims to reduce the dangerous effects on the environment and human health

Reduce, Reuse and Recycle are the present day slogan.



YOGA FOR HUMANITY

21 June, 2022.

The eight edition of the international day of Yoga was organized in Esaki Vidyaashram, Tenkasi, Tamil Nadu on 21 June as per the announcement done by both the Union Ministry of Ayush and CBSE.

" one who practices Yoga will be calm and quiet ; healthy and contented", said Dr. Monica D' Souza, the Principal of the school while inaugurating the programme . Yoga is an Indian way of practicing complete wellness, she added. Some of the photos of the students who practice Pranayama and Suryanamaskar are given below. Mrs. S. Chinnammal, Yoga Instructor handled the class.



Poem

The Truth

By T. Pavithra, VII D

To find a way out of the dark
Stride towards where the truth is
Truth is a powerful tool
That won't make anyone fool.
It is hard and rare to be seen
As it is a precious one
A priceless commodity
To lie is easy
But to say truth is hard
As it died from hardhearted
Time discovers truth
And it discloses bliss

Poem

SOLAR SYSTEM

By K. MOKTHIKA SHREE, Class. VI
(photo)

Planets orbit round the sun
And are made the solar system
It is the sum total of dust and gas.
Moons larger and shorter,
Comets thin and long,
The Sun, Mercury, Venus,
And the Earth and Mars
The main asteroid belt
Lies among the orbit of
Mars and Jupiter
Saturn, Uranus and Neptune
Everything rounds the Sun
They may not run away from
The mighty gravity of him
They are chained and glued
In their orbit circles

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