



Arun.v - COIN14J8IB  
Medical Officer

Patient Name : venkatesh GR

Date: 20 Dec 2019

Patient ID : IN901RMUOW

Patient Age : 28Y 11M 24D

Gender : Male

Medicine Name	Form	Strength	Dose	Route	Frequency	Limits	Duration
Domperidone	Tablet	10mg	Half	PO	12 hourly	undefined	10 days

**Advice(s)**

- 1) To avoid lying down within 2 hrs of taking food
- 2) To avoid bending after meals
- 3) To avoid tight fitting dress/Abdominal belts
- 4) To avoid constipation
- 5) To stop Smoking if there is such habit
- 6) To avoid alcohol if used with empty stomach
- 7) To avoid coffee/pastries
- 8) To reduce obesity if there
- 9) To raise head end of bed by 18cm

**10) To take small feeds**

**11) To sleep in Right lateral position**

**12) To walk if awake rather than lying down**

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(Medical Officer)**