

STRAVA Fitness Analytics Dashboard

Total Steps

7M

Sum of Calories

2M

Count of ID

33

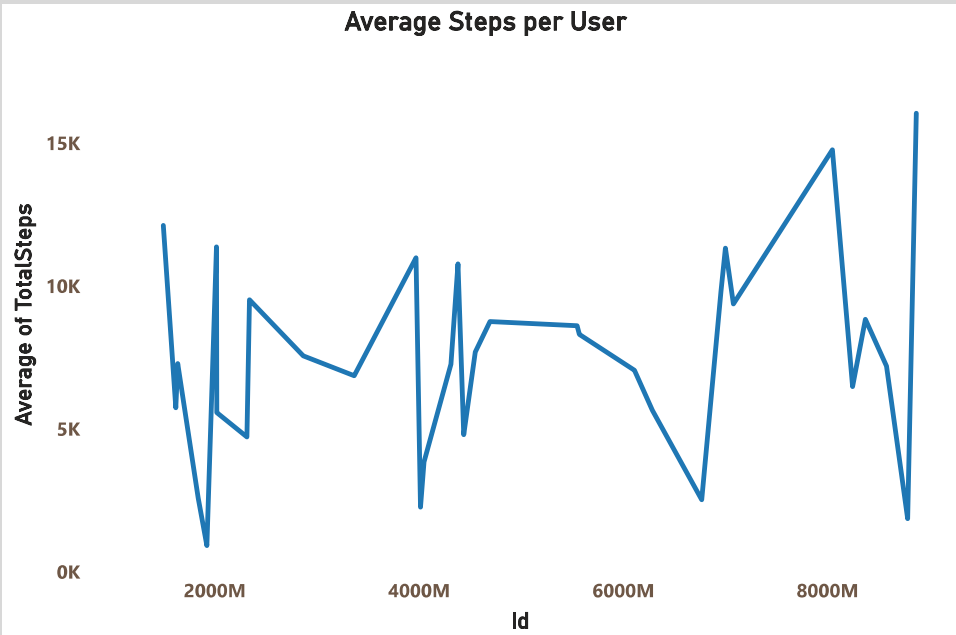
Avg SleepEfficiency

0.92

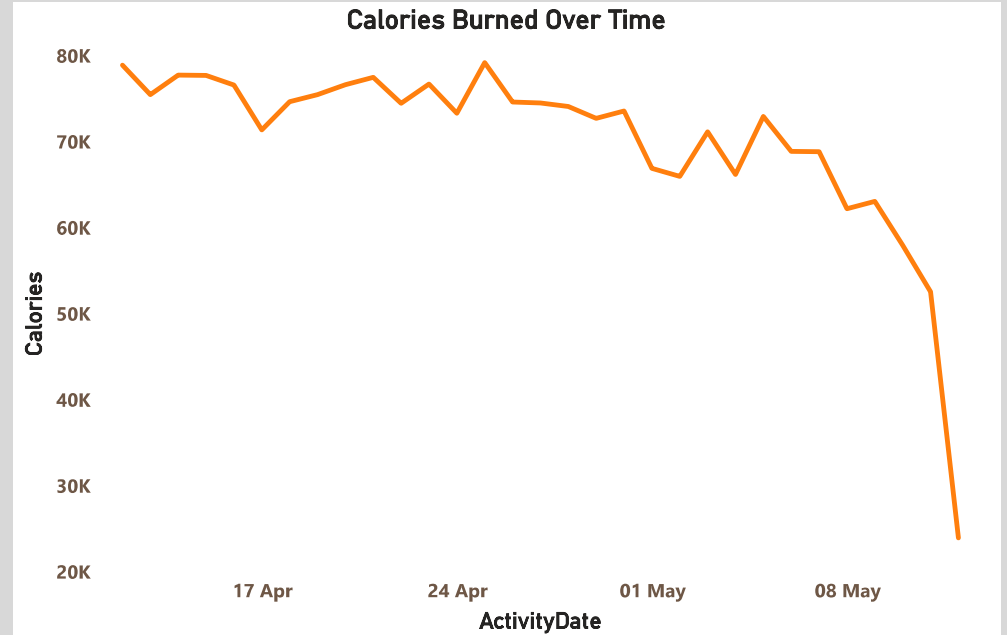
AVG of TotalSteps

7652.19

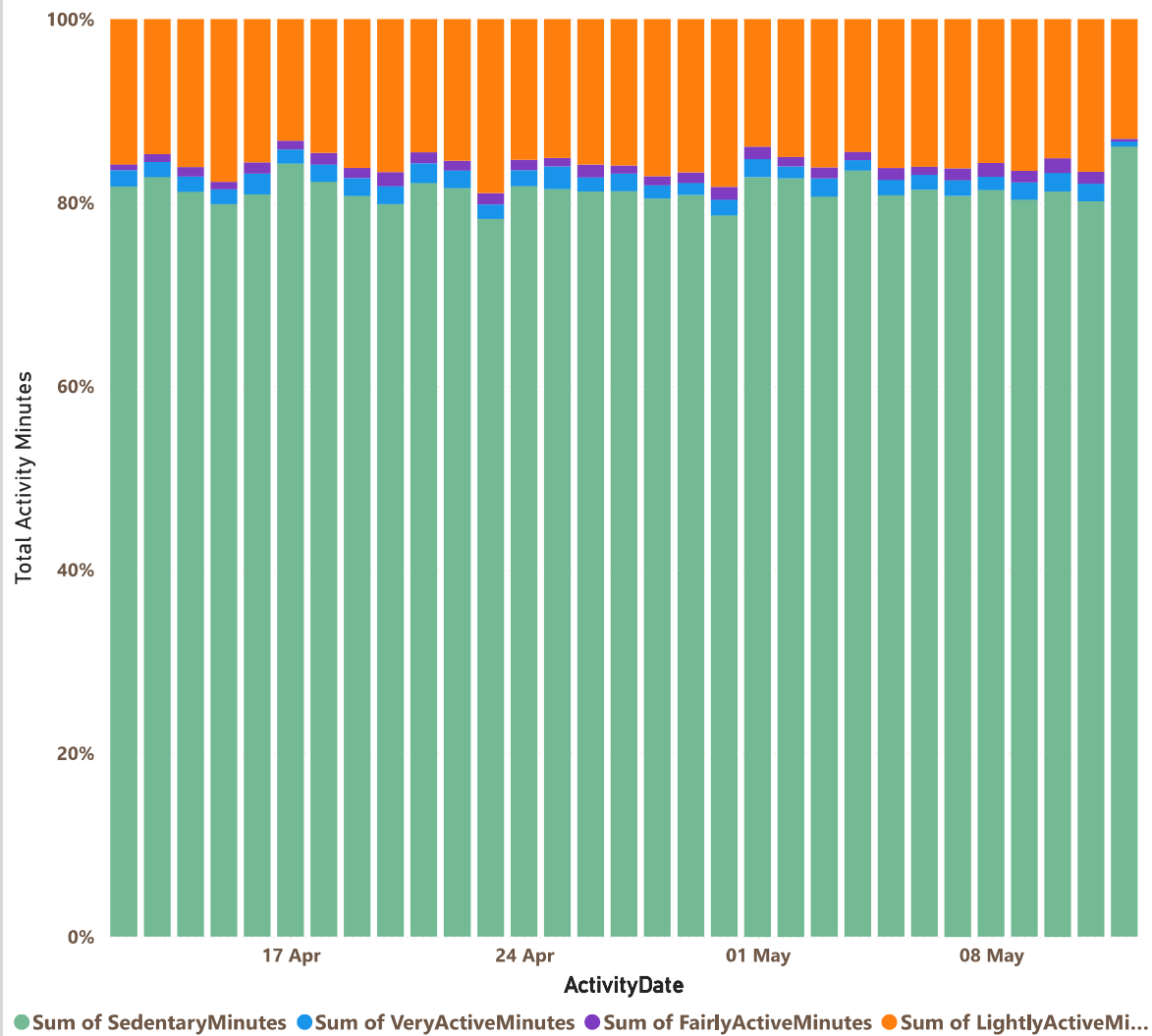
Average Steps per User



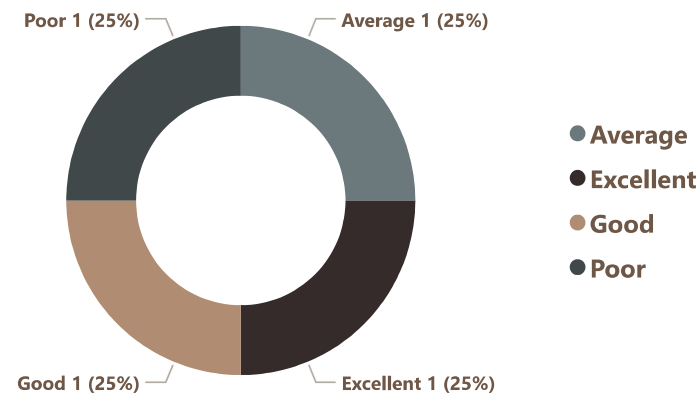
Calories Burned Over Time



Daily Activity Minutes Breakdown



Sleep Efficiency Groups



Sleep Efficiency Over Time

