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**CIVL 2120**  
**Mechanics of Materials**  
FORMULA SHEET

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## 1 Stress

### 1.1 Normal Stress

$$\sigma = \frac{P}{A} \quad (1)$$

Positive sign indicates tensile stress, negative sign indicates compressive stress.

$$P = \int_A \sigma dA \quad (2)$$

### 1.2 Shearing Stress

$$\tau = \frac{P}{A} \quad (3)$$

### 1.3 Bearing Stress

$$\sigma_b = \frac{P}{A} = \frac{P}{td} \quad (4)$$

where  $t$  is the thickness of the plate and  $d$  is the diameter of the bolt. We use the **projected area** of the bolt on the plate, instead of the curved surface directly.

### 1.4 Stresses on Oblique Plane

Normal Stress

$$\sigma_\theta = \frac{F}{A_\theta} = \frac{P}{A_0} \cos^2 \theta \quad (5)$$

Shearing Stress

$$\tau_\theta = \frac{V}{A_\theta} = \frac{P}{A_0} \sin \theta \cos \theta \quad (6)$$

where  $F = P \cos \theta$  is the force **normal** to the plane,  $V = P \sin \theta$  is the force **tangential** to the plane, and  $\theta$  is the angle between the force  $P$  and the normal of the plane.

### 1.5 Factor of Safety

$$FS = \frac{P_{\text{ultimate}}}{P_{\text{allow}}} = \frac{\sigma_{\text{ultimate}}}{\sigma_{\text{allow}}} \quad (7)$$





## 2 Axial Loading

### 2.1 Normal Strain

$$\epsilon = \frac{\delta}{L} \quad (8)$$

### 2.2 Hooke's Law

$$\sigma = E\epsilon \quad (9)$$

where  $E$  is the Young's modulus.

### 2.3 Deformation

$$\delta = \frac{PL}{EA} \quad (10)$$

For multiple rods in series,

$$\delta = \sum_i \frac{P_i L_i}{E_i A_i} \quad (11)$$

For multiple rods in parallel,

$$\delta = \frac{PL}{\sum_i E_i A_i} \quad (12)$$

### 2.4 Poisson's Ratio

$$\nu = -\frac{\text{lateral strain}}{\text{axial strain}} = -\frac{\epsilon_y}{\epsilon_x} = -\frac{\epsilon_z}{\epsilon_x} \quad (13)$$

$$\begin{cases} \epsilon_x &= \frac{\sigma_x}{E} \\ \epsilon_y &= \epsilon_z = -\frac{\nu\sigma_x}{E} \end{cases} \quad (14)$$

Note that  $0 < \nu < \frac{1}{2}$ .

### 2.5 Generalised Hooke's Law

$$\begin{cases} \epsilon_x = \frac{\sigma_x}{E} - \frac{\nu\sigma_y}{E} - \frac{\nu\sigma_z}{E} \\ \epsilon_y = -\frac{\nu\sigma_x}{E} + \frac{\sigma_y}{E} - \frac{\nu\sigma_z}{E} \\ \epsilon_z = -\frac{\nu\sigma_x}{E} - \frac{\nu\sigma_y}{E} + \frac{\sigma_z}{E} \end{cases} \quad (15)$$

Or in a more compact matrix form

$$\begin{bmatrix} \epsilon_x \\ \epsilon_y \\ \epsilon_z \end{bmatrix} = \frac{1}{E} \begin{bmatrix} 1 & -\nu & -\nu \\ -\nu & 1 & -\nu \\ -\nu & -\nu & 1 \end{bmatrix} \begin{bmatrix} \sigma_x \\ \sigma_y \\ \sigma_z \end{bmatrix} \quad (16)$$



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## Formula Sheet



### 2.6 Dilatation

$$\begin{aligned} e &= \epsilon_x + \epsilon_y + \epsilon_z \\ &= \frac{1-2\nu}{E}(\sigma_x + \sigma_y + \sigma_z) \end{aligned} \quad (17)$$

Under uniform pressure

$$e = -\frac{3(1-2\nu)}{E}p \quad (18)$$

### 2.7 Bulk Modulus

$$k = \frac{E}{3(1-2\nu)} \quad (19)$$

$$e = -\frac{p}{k} \quad (20)$$





### 3 Torsion

#### 3.1 Stress and Torque

$$\int \rho dF = \int \rho \tau dA = T \quad (21)$$

#### 3.2 Shearing Strain

$$\gamma = \frac{\rho \phi}{L} \quad (22)$$

where  $\phi$  is the angle of twist.

$$\gamma_{\max} = \frac{c \phi}{L} \quad (23)$$

where  $c$  is the outer radius.

#### 3.3 Hooke's Law for Twisting

$$\tau = G\gamma \quad (24)$$

c.f. Equation 9

$$\sigma = E\epsilon$$

#### 3.4 Shearing Stress

$$\tau = \frac{T\rho}{J} \quad (25)$$

where  $J$  is the polar moment of inertia.

$$\tau_{\max} = \frac{Tc}{J} \quad (26)$$

#### 3.5 Polar Moment of Inertia

$$J = \int_A r^2 dA \quad (27)$$

For hollow cylinders,

$$J = \frac{1}{2} \pi (c_2^4 - c_1^4) \quad (28)$$





### 3.6 Angle of Twist

$$\phi = \frac{TL}{GJ} \quad (29)$$

where  $G$  is the modulus of rigidity.

c.f. Equation 10

$$\delta = \frac{PL}{EA}$$

For multiple components in series,

$$\phi = \sum_i \frac{T_i L_i}{G_i J_i} \quad (30)$$





## 4 Pure Bending

### 4.1 Strain Due to Bending

$$\epsilon_x = -\frac{y}{\rho} \quad (31)$$

where  $y$  is the signed distance measured from the neutral axis.

### 4.2 Stress Due to Bending

$$\sigma_x = -\frac{My}{I} \quad (32)$$

$$\sigma_{x_{\max}} = -\frac{Mc}{I} \quad (33)$$

### 4.3 Section Modulus

$$S = \frac{I}{c} \quad (34)$$

### 4.4 Radius of Curvature

$$\rho = \frac{EI}{M} \quad (35)$$

The reciprocal  $\frac{1}{\rho}$  is the curvature of the neutral surface.

### 4.5 Eccentric Loading

$$\sigma_x = \frac{P}{A} - \frac{My}{I} \quad (36)$$

For couples acting not on the plane of symmetry,

$$\sigma_x = \frac{P}{A} - \frac{M_z y}{I_z} + \frac{M_y z}{I_y} \quad (37)$$

The negative sign in the  $M_z$  term is due to the compression above the  $xz$  plane (in the positive  $y$  axis) and tension below (in the negative  $y$  axis). The  $M_y$  term is positive because of the tension on the left of the  $xy$  plane (in the positive  $z$  axis) and compression on the right (in the negative  $z$  axis).

### 4.6 Neutral Axis

$$\tan \phi = \frac{I_z}{I_y} \tan \theta \quad (38)$$

